### Textures Get Right Results

Learn Effects to Be Smartly Dressed At All Times

Certain textures accomplish particular results in our wardrobes, and the problem of dressing smartly is made easier by learning what these results are. Rough, shaggy, and mannish fabrics, for instance, express informality, and are, therefore, appropriate for business, shopping and daytimes in the country.

The Rough And the Silky In summer, linen crash, crushresistant linen, cotton tweeds, hopsacking, men's shirtings, men's tropical suitings and their tie silks are important informal fabrics. So far so good, but they must be harmonized with accessories that speak the same language. Hats of summer felts, of stitched fabrics, of rough straws are required, and shoes of rugged leathers such as buckskin, reverse-calf, and the reptiles, or, when these are too warm, of gabardine or heavy linen trimmed with such leathers. Linen, stitched fabric, and string gloves belong to the same family, while bags may take their cue from the shoes or strike out independently in cretonne, chintz, linen or some fabric novel-

Fabrics to wear at luncheons, matinees, late afternoon functions and daylight dinners should, on the other hand, be soft, smooth, and silky. The sheers, silk and rayon jersey, net, lace are the types. With them we assemble in the afternoons and evenings fine straws, shoes of suede, kid or eyeletted linen, suede gloves and soft leather

#### "First-Flighter"



Mrs. Clara Adams, who has won fame as a "first-flighter," is shown waving to her greeters as she anghted from the plane at Newark in which she completed her flight around the world by regularly scheduled airlines in 16 days, 19 hours, to set a new world's record. Mrs. Adams started her recordbreaking trip on June 28, when she flew from Port Washington on the Dixie Clipper to Marseilles, France. From thence Mrs. Adams travelled by regular airlines over Leipzig, Athens, Basra, Jodhpur, Rangoon, Bangkek, Hong Kong, Manila, Honolulu and San Francisco. Among her "first flights" Mrs. Adams numbers that in the Graf Zeppelin in 1928, the Hindenburg in 1936, the DO-X in 1931 and the China Clipper in 1936.

#### Swim Or Walk: Don't Omit It

Exercise Is Essential, Hot Weather Or No

Exerceise is essential for everyone, and there is nothing so good as swimming or walking-for general utility.

When the days are warm, and a swimming pool is near at hand, not one of us should miss an opportunity of taking a dip or a swim.

Can you swim? If not you should learn. Nothing is more invigorating. All the muscles come into play, the chest is expanded, breathing has to be good-with the result that the lungs are fully expanded,

and the water is stimulating. A brisk rub-down and a warm dripk will complete a most pleasant way of taking exercise.

Perhaps that is a bit too strenu ous. Well, what about walking? Get into shorts, or a skirt and sweater, a pair of comfortable shoes with good soles, and short socks. Don't try to walk too far. but





Dr. Gillespie, cantankerous diagnostician chief of the Blair General Hospital, demotes young Dr. James Kildare from duty as his assistant to a field dispensary. He plants young and lovely nurse, Mary Lamont to watch Kildare. Kildare answers an emergency call and finds Nick, sixteen-year-old boy, dying of a gunshot wound in an abandoned cellar. He saves the boy's life. Nick's glamorously beautiful redheaded sister Rocalie pleads with Kildare not to report the case; it will mean prison for Nick. Instinct tells Kildare that Nick is guilty of no crime. Nurse Lamont finds the bullet he extracts from Nick in his medical kit. To help Kildare she reports her finding to Gillospie; and Mary and Gillespie realize he is shielding the boy wanted for the murder of Footsy Garson, gambler. But Kildare remains stubbornly silent, convinced by his instinct that Nick is innocent. Gillespie phones Kildare's mother with the result that Jimmy goes home to Dartford for a visit. He tells his mother he is deeply in love with Rosalic, and cuts his visit short to one day then rushes back to New York.

CHAPTER TEN

Kildare Gets A Clue "Nick?" called young Dr. Kildare as he entered the gloom of the cel-

"Doc!" the boy answered happily. "You came back right away. Have you seen Rosalie?" Kildare smiled and shook his head. "I came here direct from the train - I'll see Rosalie later.

"We'll never be able to pay you for all you're 'ping for us," Nick said fervently.

want to surprise her."

"For you, Nick," Jimmy correct-A sudden noise at the door made

them turn in alarm.

"Easy, boys," called a voice. Kildare jumped to his feet as Detective Flaherty loomed into view. "It's the law, boys," cried Flaherty, his gun pointed at them. He stopped in shocked surprise as he recognized Kildare.

"Well, Doc," he said slowly. "It's a bad jam you're in.'

"Him?" cried Nick. "I never saw him before in my life." "It's no use, kid." Flaherty answered, "Sorry, Doc. We've had this place staked out since last night, watching and waiting to grab

whoever was patching him up." Jimmy nodded. "Can you give me a minute to make a phone call?"

he asked. Flaherty shook his head. save you the nicke'. Doc. As soon as I report this, my boys will pick up the redhead in the gro . coupe. Right now my orders are to take you and the kid to the Blair Hospi-

Kildare was ushered into Carew's

"You won't have to go to jail with Flaherty." Carew advised him coldly. "You can thank the prestige of this institution for that. Officially, you're suspended from duty pending the outcome of the investigation. On your conviction, you

i'/ will t dismitiss...... rules of the Medical profession will do the rest." He paused, "Report to Dr. Gillespie at once, please."

"You fool!" stormed Gillespie as Jimmy entered his office. "Yor congenital idiat. I got you out of town, why didn't you stay there." Jimmy looked straight at him.

"Dr. Gillespie, if you'd been in my position and felt the way I feel about that boy, you'd have done what I did.' This hit Gillespie right between

the eyes. "What a pity," he despaired, "Af-

ter doing a blood transfusion with a couple of broom handles and a broken beer bottle, to end up like

"How do you know what I did?" demanded Kildare.

the Stevenson There is not at

f. i. ibilest.

one that got him here - I've some friends in on this. And if it's an satisfaction to you, he'll live to die

Another Angle Jimmy received permission to visit Nick in his hospital room.

"But I've told you what happened a dozen times," Nick whispered. "I came up to Footsy. A blast goes off in my ear. Footsy folds up. turn around and another blast goes right off in my face." .

in the chair."

"But look, Nick," pleaded Kill dare. "We're hooked up together now, Can't you think of any other angle you haven't told me about. Is there anything else at all?"

"Well," the boy began hesitantly, "Well, it really wasn't on account of the money I went after Garson." "What was it then?" Jimmy ask-

ed quickly. "It was on account of what Garson said about Rosalie-" "About Rosalie! What did he

"I don't know exactly. I didn't hear Footsy say, it - he said it to Tom Crandell-"

"Who's Crandell?" "The best friend I ever had next to you. Doctor." "Where can I find Crandell?" Kildare asked sharply.

The Best Friend Kildare waited just long enough to write down Crandell's address before hurrying off in search of Joe Wyman, the ambulance driver. Not finding him, he left a note for Joe containing Crandell's name and his whereabouts. "Be sure to give this to Joe the minute he comes in," he said to Sally, the telephone opera-

In short order a taxi had taken him to Crandell's home. He rang the bell and introduced himself. Crandell welcomed him cordially.

"I'm happy to meet you, Doctor. I know what you've done for Nick. You can imagine how I feel - 1 suppose Nick's told you he is a sort of protege of mine?"

Kildare nodded. "Yes, and Nick's friends have got to help him. He has no real defense. And he told several people about Carson owing him money-"

Crandell took out a well-filled wallet and began counting out the bills. "Will two hundred do for the immediate expenses?"

"Two hundred; That's great of you, Mr. Crandell." He pocketed the bills carefully. "Did Nick tell you about the money Garson owed

"Just between us - he did. I'm afraid he told more people than we know about. I'd better send my own lawyer to see Nick in the morning."

Kildare was thoughtfully silent, "I doubt if your lawyer will get anything more from Nick than I have," he said at last.

"And there's nothing more than you've told me?" Crandell asked carefully.

Kildare shook his head. "Absolutely nothing - except Nick's confused, foggy memory just after the shooting - just affer he was shot he saw a man run past him toward the stairs."

"And I don't suppose there were any witnesses," said Crandell. "I don't suppose anyone saw the man that ran up the stairs."

"Ran up the stairs?" Jimmy asked, suddenly alert. "Why I myself didn't know that he saw the man run up the stairs."

"That's what Nick told me," the other replied quickly. "Your Word Against Mine"

"You haven't seen Nick!" Jimmy cried. "I knew there was something wrong when you blamed the gambling instead of the story about Rosalie-"

The doorbell rang with sudden violence.

"You have company, Mr. Crandell," Kildare said quietly, as he recognized the ring as one peculiar to Wyman, Crandell rose to his feet, "Stay where you are, doctor," he warned. "As I said," Jimmy continued in

a bland tone, "I knew there was some reason why you preferred me to believe you knew nothing more about the killing than Garson's debt to Nick-"

Crandell eyed him narrowly. "So Nick told you everything, then?" "Yes. And there's only one way you could know what you said a moment ago, Crandell - about the man running up the stairs - YOU

were that man. Crandell - you kil-

led Garson - and you thought you killed Nick-" Crandell leaned toward him in a threatening manner. "Even if that was true, Kildare, it's your word as

against mine. You're in a mess already. Nobody will believe you." The door burst open and Wyman towered in the doorway. "Ah, there

you are. Dr. Kildare," he said amiably. He called back over his shoulder, "Okay, Super, Thanks." He grinned in at Jimmy, "Sally gavo me your note. And here I am." "How'd you get in here?" demanded Crandell.

No Proof "The super used his pass key. I told him you were sick. You can't keep an ambulance man out of no place." He stared from Crandell to Kildare, "Any trouble, Doc?"

"Plenty," Kildare answered. "He killed Footsy Garson and framed it on Nick - but I've no proof, Joe except that I know he did it-"

"No proof?" said Yyman meaningly. "Maybe we can get proof." He grabbed Kildare by the arm. "You get out of here, Doc - you're a law-abiding citizen. I'll take care of this gent - and see that he writes down the proof properly-" In another moment Jimmy Kildare found himself outside of the

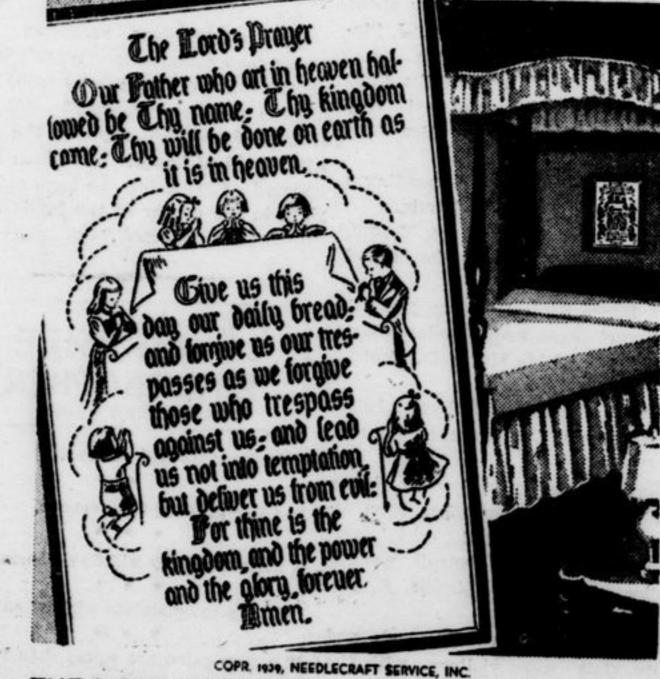
apartment door, listening to the heavy thud of blows and the greans they engendered. (To Be Continued)

Multi-mother

Madame Josephine Rissard, 36year-old Luxemburg housewife, has given birth to her fourth pair of twins in 4 years. She now has 9 children, all under 6.

Do as you would be done by .-Persian.

Lord's Prayer Panel by Laura Wheeler Belongs In Every Home



THE LORD'S PRAYER

PATTERN 2217 The Lord's Prayer in easy stitchery is needlework well worth doing. The finished piece is beautiful. Pattern 2217 contains a transfer pattern

of a picture 13 x 2014 inches; color chart and key; materials required; illustration of stitches. "Because I talked to the boy as Send twenty cents in coins (stamps cannot be accepted) for this pattern soon as I got him here. And I'm the blainly Pattern Number, your Name and Address. of the later than the same of the later than the later the later than the later t

Perfect Grooming Essential

> Beauty and Intelligence Lost If a Woman Neglects Groom-

> Woman's attractiveness, to men at least, depends on two things: The physical characteristics, and the woman herself. Of the two, as the latter is capable of so much more variability, it must necessarily be considered the more important. It can add, or detract, so sharply. To Look Attractive

Perfect grooming is the most important single characteristic any woman can possess, and it is one within the reach of everyone. It consists of conspicuous cleanliness and infinite attention even to the most seemingly insignificant detail. It is the thing which sets a woman apart, and marks her as a finished person. This quality, coupled with a modest amount of good taste, can make anyone look attrac-

To Be Attractive

These things will make a person look attractive, but it takes still more to be attractive, for a keen, active mind enters here. An interesting person is an interested person, a person who possesses skills. a person who likes some things for themselves and is capable of losing herself completely in something. These interests should not be the management of a home, nor the rearing of children, however important this job may be. Everyone, man or woman, needs keen interests outside the job.

Finally, an objective point of view, participation in sports and cheerful unaffectedness are all splendid, but were one thing to be placed at the head of the list, it would be perfect grooming.

## Pageboy Hair Style Revived

It's Shorter Than Before, Just Covering Nape of Neck

Millinery buyers in Paris comment on the revived popularity of the pageboy hairfix, but it is a revival with a difference because it is shorter and stops behind the ears, so it just covers the nape of the neck; at front the hair is brushed up in rolls or little pompadour over the temples, says Women's Wear Daily. This coiffure is indicative of the general trend in hair silhouettes. Very similar are other roll or curl arrangements which "furnish" the nape, as the French say, expose the ears, and give little width at the temples, in outline rather reminiscent of the crinoline epoch, as is the revised style of mesh snoods over the back of the hair. Still another way of covering the back of the neck is by a thick knot of hair drawn smoothly down at back; the Duchess of Windsor has been wearing her hair this way lately. Cadogan bows and barrettes are still being used to catch the hair together just at the nape in other arrangements.

Fewer "Brushed-up" There are still a number of smart women who brush their hair up at back, but the mode is not so general as it was. The so-called "French roll," wherein one side is folded over the other up centre back is also seen usually with another roll at either side above the temple. As previously reported, quite a few young girls have revived plaits of hair around the head, coronet style. All of these up arrangements, however, are far less numerous than the down-at-back

# All-White Dress Is Summer "Must"

Monotone Ensemble Carries Off the Honors In Paris' Grand Week of Fashion

Street-length dresses outshine trailing, sweeping skirts. White is by far the first choice. Elegant simplicity behind which lurks all the intricacies of flawless cut and fit, over shadow frills and fussy details. All in all, Paris' greatest social week of the year-la Grande Semaine-was a fabulous pageant of fashion to come.

Le Grande Semaine is the week of all weeks where you can see the season's styles worn by the most beautiful women who make up the international smart set.

Lower Neckline, Softer Sleeves The most frequently seen style was that which massed more or less circular fullness in front, leaving the back plain, or again, skirts which flared slightly toward the hem, Bodices, while still clinging to the body, were softly draped over the bosom; sleeves, too, showed a new softness, and necklines were inclined to be slightly less high.

Monotone ensembles carried off first honors in all of the important events of the week. All-white outfits made their appearance on Derby Day at Chantilly and every woman in the "best-dressers" list has ordered at least one all-white Buffalo Step Necessary Before Botwood



On its way to Felixstowe, England, for delivery to the British air ministry, this 15-ton flying boat built in San Diego, Calif., is being refueled at Buffalo, N.Y. Original plans called for only a stop at Botwood, Nfld. but heavy headwinds encountered in the transcontinental hop delayed the fliers and made the Buffalo stop necessary. After leaving Botwood the machine will cross the Atlantic and fly over Ireland toward its destination. Pilot Russell R. Rogers is in charge.

By SADIE CHAMBERS

Muffins or Coffee Cake, Which Will You Have?

The ideal hostess is one, who caught unawares can with little effort and no fussing make her meals appealing, bring honors to herself and satisfy the appetites of her guests. Then for the folks at home too something wholesome must be prepared on summer days with little labor and in as short a time as possible. I am giving three favorites, which should fill these requirements.

Whole Wheat Muffins 2 cups wholewheat flour

1/4 cup butter 1 cup brown sugar 1 egg 1 cup buttermilk or sour milk

1 level teaspoon soda 4 teaspoon nutmeg 1 teaspoon vanilla Cream butter; add the sugar

then add egg and beat well together. Add the soda dissolved in the buttermilk or sour milk until it reaches the effervescent stage and add to the first mixture, Mix together thoroughly, and add gradually the whole wheat flour and last of all the seasoning. Bake in hot oven. This recipe will make a dozen muffins.

Pecan Muffins 2 cups bread flour 3 teaspoons baking powder 4 teaspoon salt

1 egg cup milk 1/4 cup butter

% cup brown sugar 4 cup corn syrup 1/2 cup chopped or rolled pecans 1/2 cup raisins

1/4 teaspoon nutmeg Cream butter, add sugar and syrup mixing well. Add egg and milk and mix again. Have ready the dry ingredients all sifted to gether and add gradually to the first mixture. Lastly add the raisins and pecans. Have pans well greased. Oven temperature 400. This

will make 12 muffins. Coffee Cake (Cinnamon) Coffee cake has the virtue o bread and the delight of cake and is ever a summer favorite. 1/2 cup shortening

1 cup sugar 2 cup milk 11/4 cups flour

2 teaspoons baking powder 1 teaspoon vanilla 1/2 teaspoon cinnamon 1/2 cup chopped walnuts

1/2 cup brown sugar

11/4 teaspoons additional cinnamon Cream the shortening and the sugar together and add the eggs well beaten, Mix well. Sift baking powder and flour together and add

CASA LOMA

Over 24000 visitors this Summer One hour's tour with guide. See this Castle and get new ideas of architecture, fascinating exhibits, pic-tures, decorations, and Toronto, from highest point. Refreshments and Admission 25 cts. Children 15 cents (except Sunday, when 25 cts.). Free parking.

first mixture. Add vanilla and cinnamon. Spread in a shallow baking pan well rubbed with shortening. Sprinkle top with nuts, half cup brown sugar and one and onefourth teaspoons of cinnamon well mixed. Bake 30 minutes in a mod-

alternately with the milk to the

Crumb Coffee Cake 2 cups brown sugar 1/2 cup shortening

21/2 cups flour 1 egg

1 cup sweet milk 1 teaspoon cinnamon 1/2 teaspoon cloves

2 teaspoons baking powder Mix the sugar, shortening and flour together. Measure out one cup of crumbs and set aside. (Use pie pastry blender if possible). To the remainder in the mixing bowl add the egg beaten well, the sweet milk, cinnamon, cloves and baking

powder. Mix thoroughly. Pour into shallow baking pan rubbed with shortening. Sprinkle the top with a cup of crumbs. Press lightly into the surface of the cake with a spatula. Bake thirty to forty-five minutes in a moderate

#### Your Household **Problems**

Have you fussy eaters in your family? Do you have trouble providing a varied and interesting menu? Do your cakes fail? Then write, enclosing a stamped, self-addressed envelope to Miss Sadie B. Chambers, care of this paper, and she will endeavour to solve your problems,

# **Oldest Paper** In Dominion

Is the Quebec Chronicle-Telegraph, Which Has Begun Its 176th Year of Publication

State and business leaders at-

tended a dinner early in July commemorating the 175th anniversary of the Quebec Chronicle-Telegraph, Canada's oldest newspaper. History of the paper from its foundation, June 21, 1764, as the bilingual Quebec Gazette was re-

viewed by speaker who commended

its role in the life of the old capital of French-Canada. They told how William Brown, a Scotsman trained in the printing trade in Philadelphia by a brotherin-law of Benjamin Franklin, had come to Quebec in 1763 and the following year started publication of the Gazette.

The Gazette became the Chronicle-Telegraph through amalgamations with the Morning Chronicle Telegraph in 1925.

# Fiery, Itching Skin

The same is true of Barber's Itch. Salt
Rheum and other skin eruptions.
You can obtain Moone's Emerald Oil (full
strength) at any modern drug store.

Admi First

Could

Essentials You

1. Remove the or remove the pa tact with danger. Examples: A c crust or piece of it ing. The foleign once be hooked u or pushed down th Your patient is room. Open wind ing off the gas, d the room, whilst p self by wet towels mouth

rlothing. 3. Attend first to rhage by pressing spot by pad and bar at pressure points. 4. Treat shock limbs, armpins, etc., if patient is consci-5. Never give at mouth to an uncons 6. Cover any won

2. Always give

towel. 7. If poison has ed it should be ren tralized. 8. Arrange for trar

dry dressing, such a

n handkerchief or

ent to his home, o seriously hurt. 9. The best stimula is conscious, are tea sugar, hot milk, men a teaspoon sal volat tumbler of water. plied to the stomach of the heart are used ministration of alcohol ous in accidents, as t

internal bleeding. Al only be prescribed by 10. The most import tor as soon as possib the patient absolutely

Aerial Route To Au

18,000-Mile Pioneeri

By Way of Africa

Virgin Islands Sho Useful to Great Bri boat Guba sat down of

Bay, N. Y. The 14-ton craft, ca Archbold-New Guinea ex participated in scientiff tions in Dutch New G

ering a total of 40,000 g it took off from San Di June 3, 1938. All Over British Tel Heading the party wi Archbold, owner of the !

oratory" and research a

the museum, The survey flight, he ed that Great Britain in ! could reach Australia flying over only its owl "presumably friendly" F Belgian territory and ser

New Liberal Org



Formerly director of publicity for the Ontari ment, Bar. G. Sullivan, resigned that post to be ganizer for the nations party in Ontario, where Hepburn is currently at heads with the Dominio

A ceremony believed from time of Druid wor celebrated in Kinsteignt land, when villagers roast whole over a fire of log roasting it was sold in

The Argentine post installed special booths one may make a 200-v breakable gramaphone re ter. The record is then mail in the ordinary way.