Enjoy All

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of Rideau Hall, Otla Winning Acclaim for note in Clothes

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EVDIA E. PINKHAM'S COMPOUND?

LIEVE PAIN AND FORT OF A COLD

imple Method Below a Few Minutes When spirin" is Used

1. To ease pain and discomfort and reduce fever take 2 "Aspirin"
Tablets—drink a glass of water.
Repeat in 2 hours.

and Discomfort and t Accompanying Colds most Instantly

way pictured above a samazingly fast relief infort and sore throat ig colds.

Len - see your doctor. He ill tell you to be above.

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y, has largely supplanted tong medicines in easing ms. Perhaps the easiest, the way yet discovered.



Housing Loans Total \$14,641,949

During 1938 Advances To That Amount Were Made to Home Owners in Canada

National Housing Act loans during 1938 were almost double those of the previous year, amounting to \$14,641,949, compared with \$8,006,195, according to a statement issued by Finance Minister Dunning.

Last year's total included advances made under the Dominion Housing Act, which was in operation from October, 1935, to July 31 last, and under the National Housing Act, which superseded the Dominion Housing Act last August.

Loans providing housing accommodation for 4,138 families were approved during the twelve-month period, compared with 1,961 in the year 1937. The average loan perfamily unit was \$3,538, compared with \$4,352 in 1937.

During the year loans were approved in 124 additional communities where previously there had been no Housing Act loans. Communities in which loans have been made now total 293.

TWEED MILITARY REEFER



Ann Rutherford chooses a tweed military reefer for nippy days. Doublebreasted, navy velvet fashions the button trim and turned-down collar. Pill-box blue with tri-colored trim in tones of red and navy accessories are notes of interest.

We're Burning Up Too Much Reserve

Physical And Nervous Energy Needed For Future Years Is Being Used In Worrying About Today's Unimportant Details.

A newspaper feature in which the inquiring reporter asks various people of all walks of life about their ideas and thoughts recently asked the question: "What worries you most?" The answers from intelligent human beings, some of whom were ashamed and others amused at their worries, showed that often the most unimportant things were causing them daily

In other words, these normal, intelligent people were worrying using up their stored nervous energy—about things that were mostly unimportant.

Store Up Nervous Forces

Most visitors to Great Britain notice a calmer, "smoother" expression on the faces there, which I have always attributed to their habit of eating more meals (not more food) than those in the United States or Canada, I felt that the "contented" expression was due to a satisfied or contented stomach. However, William James tells us in Reader's Digest, that "the duller countenances of the British people betoken a better 'scheme of life'—they suggest stores of reserved

nervous force to fall back upon if the occasion should require it."

It is only too true that in these days all of us must be "up on our toes" in the battle of life, but there is no need to be up on our toes about the small or trivial things of life. This tenseness or worry about small things is using up the reserve forces we may need to face the big things of life.

Denmark has honored its great sculptor, Bertek Thorwaldsen, who died in 1844, by issuing three stamps two of which bear his portrait and the third a statue of Jason, his first important work.

Mrs. Sarah England, 105 her first trip in weeks after he automobile and the telephone.

News Parade By Elizabeth Eedy

ESCAPE: It's next to impossible for a German to get out of Germany with enough marks in his pocket to start a new home in another country. He's allowed to carry abroad just enough money for a good holiday, no more.

Now comes to our ears the story of a clever man who outwitted the agents of Hitler and escaped from Germany forever, taking all his money with him. How did he do it? He sold his properties, purchased bonds (negotiable in Great Britain) with the proceeds, made a record of the numbers of the bonds, then took a holiday trip to England. In London he contacted a firm of bond dealers, told them his story. The firm asked for a duplicate record of the numbers of the bonds, sent a lawyer back into Germany with our clever man. The numbers checked, our friend lit a match to the bonds in the presence of the lawyer who later certified that they had been destroyed by fire. Over in England again, the triumphant fugitive was reimbursed in the total amount of the bonds. And life began anew.

GREEN LIGHT: A Canadian judge recently ruled that a pedestrian who starts to cross the street when the light is green has the right of way till he gets to the other side, regardless of whether the light changes to red in the meantime or not. That's one to remember, motorists. But if pedestrians stand too rigidly by their rights in the matter, they are likely to run into trouble . . . or be run into.

FREEDOM'S A GIFT: "I have taken the veil for democracy" last week declared former Czech Ambassador to Great Britain, Jan Masaryk, son of Czechoslovakia's founder. Sad but not bitter at the fate of his beloved country, he has come to this continent to do his part in saving what is left of democracy in the world today. He is devoting the rest of his life to serving the cause of freedom.

Addressing a Toronto audience he said: "The only thing that can save the world now is to make people understand that freedom is a great gift. We must do everything we can to preserve it."

FALLEN AMONG THIEVES: We expressed the opinion last week that France is certainly in for it. That stronghold of liberty and democracy on the continent of Europe is gradually being encircled by a ring of thieves and blackmailers. The day will soon arrive

when her position is intolerable.

At the moment, France is reported to have agreed to do nothing to prevent a Fascist victory in Spain—in exchange for a German promise to dissuade Italy from taking slices of France's African empire.

What a promise and what a bar-

Czechoslovakia first. France next will be sold down the river. But she will have helped to sell herself.

THE WEEK'S QUESTION: What does the Federal Government's new relief program involve? Answer: Starting April 1 the Dominion will pay 40 per cent. of direct relief payments (instead of 30 per cent). Each province will be required to pay at least an equal 40 per cent. and the balance will be paid by the municipalities. Under the proposed agreements the Dominion Government will provide for a sharing of the cost of aid given to transients on a 50-50 basis with the provinces. On the strangth of the program newly announced. Canadian cities have already started feeding the jobless single within their gates.

Hitler's New Study Thirty Yards Long

Walls Are 32 Feet High in the German Fuehrer's Office — No Pictures, Few Books

Nine pencils in different colors lie on Adolf Hitler's lesk in his new Chancellery study, probably the largest study maintained by any ruler. There is also a large magnifying glass, indicating intensive study of maps. There are no pictures but the books for daily use including Herr Hitler's own "Mein Kampf," Hans Frank's "Book of German Law." directories of the Reichstag. government offices and youth groups, and - topmost - a volume on British and German lines in the World War. The room is 88 by 45 feet and 32 fet high. At one end is a round table with chairs and sofa under a Lenbach portrait of Bismarck. The desk is at the other end. A bust of the late President Paul von Hindenburg is in one cor-

Mrs. Sarah Adcock, of Wooton, England, 105 years of age, took her first trip in an airplane a few weeks after her first ride in an automobile and her first talk on

Daring Flyer Returns With Russian Bride

A THE LESS THE TAILS HE SHADE

the state of the s



Back on British soil following a daring flight into Russia to bring home his wife from whom he had been separated for four years, Brian Grover is pictured here with Mrs. Grover as they reached London. Grover made headlines a few weeks ago by making an unauthoized trip to the Soviet in a dilapidated old plane. He was detained for six weeks and after paying a fine was allowed to leave the country accompanied by his wife, born a Russian. Grover met his wife while doing scientific work for the government of Russia.

Owls Creep Up On Their Prey

Once the Bird's Talons Have Fastened On Its Victim There Is Small Chance of Escape.

Owls slip up on their prey on silent wings—the feathers being fringed with down to render them noiseless. Once the bird'r strong talons have secured a grip on an animal's flesh, the creature seldom escapes.

Birds are able to see at least 100 times as well as can human beings—yet they cannot see the color blue.

Half the weight of a bird consists of the muscles that move the wings.

Consume Small Creatures
As many as 3,000 skulls of mice, rats and gophers have been found underneath the nests of barn owls. These birds consume small creatures in their entirety, later coughing up the bones and fur.

fur.

Of all living creatures, birds possess most active respiration and require the most oxygen. The reason is that the air they inhale is sent from their lungs into pockets surrounding their internal organs, and even into the inside of some of their bones.

Three Millions Being Spent On Northern Roads

Ottawa Is Paying Half the Cost
Of Work On Northern Ontario Highways This Winter
—Trans-Canada Links.

Three million dollars is being spent this winter on Northern Ontario roads, chiefly on the Trans-Canada Highway from North Bay to Sault Ste. Marie and roads running north from it, Ontario Highways Department officials report.

Most of the projects are under

way. All must be completed by March 31 under the terms of two agreements with the Federal Government covering winter relief work up to that date.

Clearing and grading, involving the elimination of hills and curves, constitute the chief works under the agreements with the Federal Government. An advantage of doing this work in the winter is that cleared brush can be burned without danger of causing forest fires. No permanent surfaces will be laid in the winter months.

Clearing And Grading
The Highways Department estimated that upwards of 100 miles of the Trans-Canada Highway between North Bay and the Soo is ready for permanent surfacing any time, a first class roadbed having been laid. No decision has been made on whether any paving is to be done this year, it was stated.

You Can Sleep On Either Side

It was long held that righthanded people generally sleep on
their right side, while left-handed
people go to sleep on the left side.

Careful experiments which have
been carried out recently show
that this is not really the case.
When 150 right-handed persons
were examined it was found that
there was no great preference for
sleeping on one side or the other,
although in the case of left-handed
people the majority preferred the
left side.

When, in the course of experiments, sleepers were asked to go to reat so many nights on their habitual side, it was found that they got to sleep more easily when on their normal side than when they were in the unusual position.

The doctors, therefore, feel that people, whether they be grown-ups or boys or girls, should make a practice of sleeping on the side which they usually favor.

VOICE OF THE PRESS

EXCEPT MONEY

A farmer's wife, after looking over a new recipe book, expresses the opinion that it is possible to make almost anything out of eggs, except money.—Moncton Transcript.

A Toronto woman has written to Vancouver for a husband. The situation in Toronto probably is the same as in Guelph—the dear lady has found out all the nice

men are already married.—Guelph Mercury.

AND THE DOUGH'S ALL SPENT
As the public accounts of Ontario are not distributed until the Legislature meets, and it will assemble late this year, the accounts will be 11 months old before any-

one but members of the Cabinet

see them .- Wodstock Sentinel-Re-

view.

DRIVERS WHO FALL ASLEEP

It may be surprising to learn that drivers who fall asleep at the wheel are the cause of more than 70,000 automobile accidents annually. It pays to have all senses alert when in charge of a motor car.—Chatham News.

BETTER LOOKED AFTER

A very potent fact which restrains emigrants from leaving Great Britain to risk ventures in the Dominions is the social security measure in effect over there. Unemployment insurance and old age pensions are the main benefits which are not offered in all British Dominions:—Brandon Sun.

SPORT AND CRIME

Juvenile crime in Lethbridge has diminished perceptibly. This year there have been only 20 juveniles in court so far as against 58 last year. This, we have no hesitation in saying is greatly due to the encouragement given boys by the facilities provided by community playgrounds and skating rinks and the interest taken in junior Hockey Association, the executive of which is composed of adults.—Lethbridge Herald.

Nonagenarians

For 24 years, C. G. Gabb has been keeping a record of the death notices published daily in The London Times. During that period, reports Gabb, 9,781 persons passed 90 before dying—and most of the nonagenarians were married women. The year 1938, when 489 persons over 90 died, was typical of that total: 154 were men and 335 were women, 213 of them married.

Chemical experts assure the British Government that if the worst came to the worst the people could be fed on tablets which would provide everything necessary except bread and water.

Deer Leaps Into Office By Window

Police of London, Ont., were called at 4.30 one morning last week to arrest a new kind of burglar, a 125-pound deer that leaped through the office window of the Leonard Foundry, when startled by early morning noises.

"We received a call from the

night watchman about 4 o'clock, and he said, 'You may not believe it, but a deer just jumped through the window of the office,'" stated Sergeant Percy Last. P.C.'s W. Clipperton and Charles Shipley were despatched with the black maria to remove the frightened deer from its new found sanctuary. It required four men to capture it and place it in the police transport, in which it was taken to Pond Mills and released.

Garden Of Eden May Grow Apples

New Hope For Arid Eastern Land Is Seen In The Giant Reservoir Being Build In Iraq By British Engineers.

Women and men may pick apples once more in the Garden of Eden when water flows into the arid country from a giant reservoir built by British engineers.

The Kut Dam irrigation project, designed to bring under cultivation a great tract of land between the Tigris and Euphrates rivers, traditional site of the land from which Adam and Eve were expelled, was completed New Year's eve.

Dam Across Tigris

A 1,500-foot dam across the Tigris will send water down a 2½ mile canal into the Shatt-el-Gharraf river at all seasons of the year. In addition locks will permit vessels to voyage along the Tigris between Baghdad and Basrah.

Work on the project was started in December, 1934, with construction of workers' camps and actual building of the dam and reservoir begun in June, 1935. As many as 2,500 Arabs and Kurds labored day and night removing 1,600,000 cubic yards of soil from the reservoir and placing more than 250,000 cubic yards of concrete in the giant forms that shaped the dam.

In 1936 the highest flood ever known in the Tigris delayed work. Laborers worked under conditions varying from freezing in winter to 125 degrees in the shade in midsummer.

Hundreds in Berlin wore wastepaper baskets over their heads on "Pedestrians' Day" to draw attention to the carelessness that often leads to fatal accidents.

Nazis Inspired By Columbus

Propaganda Minister Goebbels, in an exposition of German and Italian contributions to world progress this week reminded "far away living observers who insult and criticize authoritarian states" that "America was discovered by an Italian."

an Italian."

Goebbels spoke before a concert inaugurating closer radio co-operation with Fascist Italy—the "Rome-Berlin radio axis" as he put it.

Goebbels said "the world of today is not imaginable" without German-Italian accomplishments.

"Not Imaginable" Without Them
"Books and newspapers can be
printed because Gutenberg invented the art of printing. The wireless for all time is connected with
the name of the Italian, Marconi.
The first combustion motors were
made by the Germans, Benz and
Daimler," he summarized.

"The old and new world have taken possession of these accomplishments and benefit therefrom."

Sets World Record With Model Plane

John T. Dilly Galt, model aeroplane designer and builder, has been advised he broke a world's record for model planes. At the Canadian championships in Toronto last September his outdoor stick model stayed aloft four minutes and twenty-two seconds. He lopped sixteen seconds off the world's mark. The Federation Aeronautique International of Paris has now recognized this as an official world's record.



LIFE'S LIKE THAT

By Fred Neher



"Why dont'cha take the striped one . . . It'll make you look taller."

WONDERLAND OF OZ



The owl-man's round eyes blinked fiercely upon the intruder. "What are you doing here?" he demanded, shaking his club. "I've come to see the First and Foremost Phanfasm of Phantastico," replied the General. He did not like the way this creature looked at him, but still was not afraid. "Ah, you shall see him," the man said with a sneering laugh. "The First and Foremost shall decide upon the best way to punish



"He will not punish me," returned Guph, calmly, "for I have come here to do him and his people a rare favor. Lead on and take me directly to your master." The owl-man raised his club with a threatening gesture. "If you try to escape," he said, "beware"—, but here the General interrupted him. "Store your threats," he said, "and do not be impertinent. I will have you severely punished, Lead on and keep silent."



This Guph was really a clever rascal, and it seems a pity he was so bad, for in good cause he might have accomplished much. He realized that he had put himself, into a dangerous position by coming to this dreadful mountain, but he also knew if he showed fear he was lost, so he adopted a bold manner as his best defense. The wisdom of this plan was soon evident, for the Phanfasm with the owl's head turned and led the way up the mountain.



By L. Frank Baum

At the very top of the path with a level plain upon which were heaps of rock that at first glance seemed solid, but on looking closer Guph riseovered that these rock heaps were dwellings, for each had an opening. Not a person was to be seen outside the rock huts. All was silent. The owl-man led the way among the dwellings to one standing in the centre. Outside the entrance the guide gave a low wail that sounded like—'Lee-Ow-Ah!"