Long Face, Round Face, Beware of Choosing the Wrong Headgear

If you wear glasses, beware of elaborately veiled or lavishly trimmed hats. Too much trimming plus your spectacles is likely to give your face and head a cluttered look. Narrow brims which do not cast a shadow across the glasses. plain turbans of stunning fabrics. neat but not severe tircornes and pill-boxes are your best bet.

If your face is quite long, look for brims, particularly those which sweep downward slightly on one side and up on the other, thereby making the face seem a bit wider. If your face is round and full, look for high, peaked crowns and other effects which add length. Small faces become lost under tremendous brims. And very large, tall, and broad-shouldered figures look pretty silly with doll hats on their lit-

Curtoied At Drawing Room



Baroness Helle Rosenkratz, the daughter of Baron Rosenkratz, Sophiendal, Denmark, and scion of an ancient Danish family, who made her curtsy to Lord and Lady Tweedsmuir at Ottawa last week.

### Holidays Fall On Week-ends

During 1939 There Are At The Least Five Long Week-ends Including Good Friday-Easter Sunday Period.

The year 1939 promises at least five long week-end holidays to those who are in a position to take advantage of them. The week-end holidays come in April, July, August, September and De-

The first week-end holiday is Good Friday. Some people get the Saturday off too. Good Friday comes on April 7 this year and Easter is April 9.

The long July week-end holiday comes on Dominion Day, which falls on a Saturday, leaving the holiday makers two full days before they have to return to the daily grind again. August and September, of

course, have long week-end holidays as the first Monday in each of those months is a holiday. Civic Holiday falls on August 7 and Labor Day on September 4.

The last long week-end holiday comes in December. Christmas Day is on a Monday.

Armistice Day Saturday

There will be another long week-end for those who observe November 11 as a heliday. November 11 falls on a Saturday this

May 24 comes in the middle of the week, on a Wednesday, and the day set aside to mark the King's Birthday, May 20, comes on a Saturday.

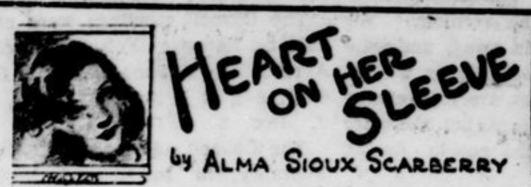
Other holidays and anniversaries marked in some manner during the year fall on the following dates: St. David's Day, March 1; St. Patrick's Day, March 17; St. George's Day. April 23; St. Andrew's Day, November 30.

### Men Mind Babies And Keep House

The native men of Zanzibar have usurped the women's most womanly occupation - minding the baby, the 1937 report of the Protectorate reveals.

" Domestic service is performed by males, a few women being employed as nursemaids, although the service is usually performed by

males," the report says. "The extent to which female labor is employed is best conveyed in the expression that 'even the washerwomen are men.' "



Author of: Thou Shalt Not Love, The Groom was Shy, etc.

The story of a girl who was at the end of her rope, dangling dangerously...but a twist of fate swung her up to safety and happiness.

Next Week in This Newspaper

## "Sportsman Flies High"

by Lawrence Keating

"He's got to come down!" The words were scarcely cut of Colwell's mouth before he and Quillen rose full height with a erk. Lefty gave an eja ulation. Dan's jaw sagged; he was speechless. His eyes like agates followed the sharp swoop of the eircraft, nose foremost, but side-slipping

There was a splinterin; crash. That was the undercarriage and the wing tip. Yet the monoplane like a wounded hard bumped and floundered along with diminishing speed, pushed by her riomentum Another yell from Quillen-trees Looming up close before the shipand a louder rending if metal and wood and fabric.

Quicker of wit. Colwell was dashing for the ship before that fina: catastrophe. It was a hun ired yards that seemed never-ending. His great fear was of a sheet of flame that would burn them all to a crisp and prevent any interference, any saving of life.

It did not come. In the dying light of the flare which had struck ground somewhere. Colwell saw a form crawl out. "Stick 'me up!" he

The man did — but with a gun in his hand. It lanced fire. Colwell's hat left his head as though wiped off by some invisible hand. The next instant he realized that this chap was not the first to



GIVE YOURSELF A BEAUTY STOCKTAKING!

The New Year is a good time to undergo a Beauty Stocktaking. Consider yourself from head to toe; weigh up your good points and those that are not so good. Resolve to make the most of your appearance during the coming months. And break all your other New Year resolutions, if you must, but persevere with this one!

Is your skin clear and smooth? I am a firm believer in the habit of taking a dash of fruit salt in a glass of water every morning on arising. It helps internal cleanliness and keeps spots and pimples away from the skin.

Have you any "aging" lines or wrinkles? Look especially around the eyes, mouth, chin and forehead. If the signs are only faint, get to work on them. It will save lots of trouble later on. Deep furrows require constant and patient care to eradicate. Uus cleansing cream during the day and, at night, massage with a rich tissue cream. Leave this cream on overnight unless you have an oily skin.

What kind of face powder do you use? Are you using a coarse powder that tarnishes the skin, or do you wisely use the delightfully smooth airspun powder that warms the skin and gives it a youthful ap-

pearance? Do you bite your lips, or do they chap easily? The biting cold of our winters plays havoe with our lips, but a lypsyl salve will smooth

them and keep them lovely. Next week's article will continue this Beauty Stocktaking. In the meantime, write me about your personal beauty problems. You can obtain any of the following interesting leaflets by sending 3c stamp for each one: Facial Care, Bust Development, Underweight, Superfluous Hair, Hand Beauty, Glamorous

Hair, Slimming, Feet Care, Fascinating Eyes and Reducing in Spots. Please address your letter to: Barbara Lynn. Room 421, 73 West Adelaide St., Toronto, Ontario.

light. The first fellow was hidden behind the crumpled wing and had opened fire.

Lefty Quillen's forty-four roared. He was closing in as fast as he could. As he struck ground Dan realized that Inta Doran was on the floor of the partially demolished cabin of tre monoplane helpless though she squirmed and battled her bonds.

Dan groped on his knees, shooting. The second man to alight gave a yell and toppled. Dan saw Quillen locked with the other chap Vael. He rushed for his own quarry. The fellow lay still . . . but when Colwell got within ten feet, his figure dim in the half-covered ship's ground lights still burning.

Graber! Outguessed

They struck. Both heavy, the terrific impact merely jarred them. Graber's square face was contorted into hate and rage that Dan never had seen there before. Perhaps also there was desperation at knowing they had outguessed him to arrive here first and that now he battled the last time, to win or lose.

His stubble of hair felt hard as the bristles of a brush to Dan's hand. They mauled and punched and grappled for the guns. Colwell's twirled from his grasp. It hit wing fabric with a ping. Otto Graber got in a murderous left hook that grazed Dan's paw. Had it landed all would have been over.

But it didn't land, and Colwell put new savagery into his attack. Graber's gun exploded upward and again. In the darkness they could scarcely see each other; there was only feeble light from the wing lamps. They stumbled back against the metal stirrup at the open cabin door. Dan's lucky right flattened Graber's big German nose. Blood spurted from it as water from a fire hydrant.

Otto howled. Colwell tried to wrap both arms around him to bend him back out of control on the floor of the cabin. Graber side stepped, and his terrific blow to the temple stunned Dan. He was aware of shots a distance off and of Lefty Quillen's scream. And that he himself was weakening, that Graber was more powerful than he ever had estimated.

Desparate Fight

He punched again with both his fists and suddenly grabbed for the gun as it swung nearer a line with his face. Their hands struck; the weapon slipped; it was gone. Graber, panting, jammed Colwell on back. His head hit an iron support just inside the cabin. Things got

Something cold came into his hand. "Dan! Dan!" It was a scream uttered close to his ear. Venomously he swung that cold thing, swung it at Graber's skull. And it landed with a low, hollow sound that thrilled one

clear to the pit of the stomach. Otto crumpled. He twisted and wriggled on the ground, while Colwell slowly collected himself and stood swaying groggily, forced to cling to the open cabin door or to fall. Graber's writhing hand paused there on the dark ground. He raised his arm suddenly-

"Look out!" Graber grasped it just as Lefty Quillen limped up. Dan reached out and with a kick at Graber's arm tried to dislodge the gun. And the first shot did go wild. But the

second took effect. Lefty Quillen, knifer of two men Dan knew about, gave way at the knees. A dot blackened his forehead and an expression of bitter surprise stamped his face. He uttered a low moan-then folded in a heap. Dead.

From Now On Dan straddled Otto Graber. He clouted him with his own automatic until Graber slumped unconscious. Then Colwell, very unsteady and with warm blood trickling down his shoulder went uncertainly to the fellow that Lefty had tussled with. Horace Vael was badly mauled and weeping drunkenly

with the rage that was in his helpless body.

WEIDEN WARRING FET

AND THE PROPERTY OF THE PARTY O

Dan lurched back to the cabin. He had Irita free in a matter of seconds. "We've got to tie them!" He nodded. "Their belts - will do. Until we-can get rope from the cabin. You-all right?" he

"Yes. Oh, Dan, Dan, I -" And shuddering she shook her head. "How did you know? How did you guess they'd fly here? How did you come so fast? We were stalled-motor trouble.

"He meant to kill me. Vael was a little afraid, but he was for it, too. Graber said he's do it be cause you -"

"What?" he asked wearily. Colwell folded the girl in his arms and inhaled the fragrance of her hair. "The snow's in there, eh! All of it? Good. Graber said he'd kill you because I - what?" She nestled closer to him.

'Loved me." Colwell considered a moment. He was growing faint and weaker. "Sure," he said, and with a great effort chuckled. "I do. You know that! I-there hasn't been much-chance to say it. But-" He struggled for breath to go on. "There will be, lots of chance.

From now on!" THE END

#### Make Your Hubby See Your Clothes

Advice for married women: If you want your husband to say something about your clothes encourage him to notice them.

That was the advice given at Winnipeg last week by Mrs. Geo. Black, member of Parliament for Yukon.

"I don't think George would notice mine unless I spoke to him about them," she said. After dinner when friend husband is smoking and quite placid

is the time to talk of clothes. "It is then I talk to him about the trivial things that are important to me," Mrs. Black said.

## Of Interest to Women Readers

SALMON PILAFF AN EXOTIC TOUCH TO - EVERYDAY MEALS

Sometimes even an interesting name for a recipe adds a touch of the unusual, but when you have an interesting name, plus an unusual but delicious recipe, you have something that makes your family come back for a second helping and ask for repeats.

Pilaffs are Turkish in origin. They might be compared to our Canadian fish cakes or hamburgers in popularity. Originally they were very highly seasoned, but you can suit yourself and the tastes of your family on this. As we have given the recipe it is planned for the whole family, which means the seasonings are simple, so children and elderly people may partake of it. Add a bay leaf to the tomatoes, or a teaspoon of curry powder, if you want to make it more exotic.

Salmon Pilaff With Rice

2/3 cup rice

1 tablespoon butter 14 cup grated cheese

3 tablespoons chopped onion 2½ cups canned tomatoes

1 cup Canadian salmon

Boil the rice until tender, and drain. Rinse if desired. Brown the onion in butter and add to the rice. Heat the tomatoes, sweeten with 1/2 teaspoon brown sugar if desired, and add any seasonings you prefer. Stir in the grated cheese. Saute the salmon in butter, removing the skin, but keeping it in as large pieces as possible. (This is best done if it has been previously chilled). Com-

You'll Be Proud To Own This Laura Wheeler Jiffy Crochet Cloth



COPR. 1938, NEEDLECRAFT SERVICE, INC.

JIFFY CROCHET CLOTH PATTERN 1837 Enrich your table with this lovely cloth. A large hook - two strands of string make this 68 inch cloth grow quickly. You can crochet a 40, 46 or 50 inch cloth from the same pattern! Pattern 1837 contains instructions for making cloth; an illustration of it and of stitches;

materials required; photograph of cloth. Send twenty cents in coins (stamps cannot be accepted) for this pattern to Wilson Needlecraft Dept., 73 West Adelaide St., Toronto. Write plainly pattern number, your name and address.

### Household Hints

If the family tires of cooked cereals, dress them up a bit by adding chopped raisins, dates, figs, prunes or apricots.

To dry wet shoes so that they will retain their shape and not become stiff and hard, stuff with crumpler paper and allow them to dry slowly. Never dry them near a hot stove or radiator. Polish thoroughly as soon as they are completely dry.

Wher preparing dates for adding to breads, puddings, etc., cut with seissors or put through a grinder that has been dipped in hot water until completely heated through. They will cut easier and stick less.

Stains from candles dripping on table linen occasionally resist ordinary laundering procedure. Use a dull knife to scrape off as much as possible without injuring the linen. Rubbing lard into the spot often loosens the tallow sufficiently, so that the ordinary soap and

IF YOU FEEL SUNK Read this and cheer up

Are you so blue that life is no longer worth living? Do you cry easily? Do you feel low, mean, depressed—just absolutely SUNK?

Then here's good news for you in case you need a good general system tonic—Just take famous Lydia E. Pinkham's Vegetable Compound. Let its wholesome herbs and roots help Nature build up more physical registance and tone up your system, so that it can more easily throw off the "blues" and give more energy to enjoy life. more energy to enjoy life.
MILLIONS of women have depended upon this Compound and have passed the word along to friends and neighbors, and to their Why not take Pinkham's Compound and go "smiling thru"?

water bath removes it entirely. If it is still stubborn, try a reliable dry-cleaning fluid.

When making berry pies, mix with the fruit measurement for one pie about two tablespoons fine quick-cooking tapioca to make a clear thick juice that should not run out during baking and that will serve neatly.

### Longest Name

The longest name of any organization in the world is that of the Ceylon body, the Sri Gnanawimalagunanusmarana Samitiyia.



At the first sign of a cold, treat it in a simple, direct, and time-proven way. Insert a little Mentholatum well up the nostrils. Its antiseptic vapours will quickly reach to the farthest air passages . . . fight the lurking germs . . . clear your nose and help keep it clear. Get a 30 cent tube or jar of Mentholatum today. Guaranteed to bring quick relief or money back.

Issue No. 4 - '39

# Green Tea At Its Best

bine the rice, tomatoes, salmon and salmon cil, and season if necessary. Serve at once.

Follow with a salad of shredded cabbage, or serve with chopped spinach. Then with a fruit dessert and a beverage, you're all set.

### Learning Type Most Important

Every Woman Who Wants to Be Attractive Should Buy Only the Clothes That Are Flattering

The woman who is determined that she will be more attractive at the end of 1939 than she is right now when the New Year is so very new ought to resolve to study her type more carefully and learn exactly how to buy clothes which are truly flattering.

If, somehow or other, your wardrobe always seems faintly disjointed and you constantly are tired of about half the items in it, perhaps you ought to make a shopping list every four months, actually buying clothes only four times a year, instead of whenever you happen to see something you think you like pretty well.

This way, you won't have a red hat with which not a single dress you own can be worn. Or navy shoes when all of your frocks are

Be Crazy About Your Dresses Seldom is it advisable to buy any thing hurriedly. And remember the dress, which you don't like or are indifferent about until a saleswoman tells you how flattering it is and sthat you certainly should buy it, usually is a dress that you won't like and wear for years.

Make it a rule not to take any costume that you aren't simply crazy about. Being a polite, considerate customer, doesn't necessarily mean a wishy-washy, easily con vinced one.

### Your Shoes: Give Them Daily Care

Keep a small wire suede bruch, a regular shoe brush, a box of polish and an extra pair of ties for your shoes handy. Make it a rule never to put on shoes which haven't been brushed or polished. Press ribbon ties often and substitute a new pair as soon as the old ones begin to show signs of wear. And get new leather lifts as often as necessary.

Max Hinel, of Boston, ate 75 eggs in ten minutes-raw.

### After Motherhood



IF you are weak, nervous, or have backache, sideache or headaches due to organic disturbances, you will find Dr. Pierce's Favorite Prescription beneficial. It tones the female organs, calms the nerves.

improves nutrition. Mrs. Maurice Tobin, 41 Frank St., Peterboro, Ont., says: "Following motherhood I developed inward weakness that pulled me completely down in health. I was weak, had pains in my sides, my back ached and I was very nervous. After taking five bottles of Dr. Pierce's Favorite Prescription my nerves were in good condition and I had fully regained my health and strength." Ask your druggist today for it in liquid or tablets.



### Mothballs

一般的特别。在第二个特点的特别的

Pestered by deer which nibbled nightly at fruit trees, August Pflaum and C. S. DeGolyer, farmers, near Dale, N.Y., tried everything they could think of to keep the animals away. Finally they hung moth-balls on strings from the trees. Not a deer has shown its muzzle in their orchards since.

Widow Gets Millions



Mrs. Daniel Dodge, former telephone operator of Gore Bay, Ont. and widow of the youthful motor heir who lost his life in an accident last summer, will receive an amount reported from \$2,000,000 to \$8,000,000 from his estate, according to the terms of a settlement announced at Pontiac. Mich.



mild, gentle laxative specially made for babies and growing children. For more than 100 years Mothers everywhere have trusted Steedman's to keep children healthfully regular from infancy to early teens. FREE Sample and Booklet

"Hints to Mothers" on request. Write John Steedman & Co., Dept. 19, 442 St. Gabriel Street

Deething to Jeens POWDERS Look for the double EE symbol on each packat

# TO BRING RELIEF FROM COLDS

This Simple Way Eases Pain and Discomfort and Sore Throat Accompanying Colds with Amazing Speed



1. To ease pain and discomfort and reduce fever take 2 "Aspirin" Tablets - drink a glass of water. Repeat in 2 hours.

Just Be Sure You Use "Aspirin" - Do it the Moment You Feel a Cold Coming on The simple way pictured above often brings amazingly fast relief from discomfort and sore throat

accompanying colds. Try it. Then - see your doctor. He probably will tell you to continue with "Aspirin" because it acts so fast to relieve discomforts of a cold.

And to reduce fever. This simple way, backed by scien-tific authority, has largely supplanted the use of strong medicines in easing cold symptoms. Perhaps the easiest most effective way yet discovered



Calend

Noted Phy Time Sca Raido De Minutes.

Professor Nobel prize noted cosmi compresses t honfold and ing Calenda One to T first men leal stones as tor Last Week the art of sh his needs.

bolic writing Yesterday troduced. Yesterday Greeks devi science. Lust Midn 8.15 This 50 a.m.3 11 a.m.: magnetism T

11,30 a.m

tric power.

11.40 a.m. Fifteen M The Past popular. Now, at h in a wholly science. Covernor

present sessi Surgeo

> Puts Hand Patient's Heart Af

> > geon who pu incision | pumped his stopped bear ing a lung of The operat bade publica tinued hand seconds uni jected into normal puls Dakin, 38 from Ogems

in Winnipes Outside & able pain. I condition at making a E The avera for metcoril from the sig ian Institute a meteorite use of it, the find! It is no

place, he co

meteorites, jest kinds of ing a very it or nickel. It that the In but for stud If you fin wish to sens ful not to d the numero; marks on it information