Vancouver Housewife Plans for "More Abundant Life"

Planning for "a more abundant life," Mrs. June Rothe, of Vancouver, is attending high school with her two children.

Mrs. Rothe, known as "June" to the 1,500 students at King Edward High School, is taking a full matriculation course and is in her fourth

"I am going to school because I wish to broaden my background, to be able to five a more abundant life," she said, "Not just to help my children. I hope neither of them is so dumb as to need help."

She may continue her studies at university and wants to be able to speak and read about five languag-

Mrs. Rothe helps her husband operate a beauty shop between studies and housekeeping duties.

HOLLYWOOD



Household Hints

A large wooden button mould sewn into the corner of a dishcloth will be found useful when cleaning enamel saucepans.

Tighten the sagging cane of a chair by washing in hot water and drying in a strong draught.

A good dustless duster is made by soaking old knitted underwear in kerosene for 24 hours and drying thoroughly.

For appearance sake and to prevent injury to the hands, rub the edges of chipped crockery smooth with emery paper.

After washing cut-glass in warm soapy water, rinse in strong blue water. This will make it easier to polish and gives a sparkling brightness.

To shred soap finely, use a grater instead of a knife.

Clean a red brick fireplace by applying a paste made of Venetian red and water.

One way to prevent the bottom crust of custard or pumpkin pie from becoming soggy is to brush it all over lightly with beaten egg white before adding the filling.

When starching dark colored clothes tint the starch a bit to prevent it from showing white on the dark fabric. Use commercial tints, or bluing for color with a blue cast; coffee for dark browns.

Keep a supply of bouillon cubes on your partry shelf to add to stews, gravies and meat soups which do not have an appetizing brown color. And they add flavor as well.

Howlers

Schoolboys' Prize Errors Picked From Examination Papers

You can always tell a rooster's egg from a hen's because it is

larger.

Blessed are the meek for they shall irritate the earth.

shall irritate the earth.

If you stand facing north, what have you on your left hand? Fin-

Clive committed suicide three times, and the third time they sent him to India.

A widow can marry another man, but a widower can't decently till some time after.

Hon. A. N. McPherson, 80, former judge of the county court of Winnipeg, died after a lengthy

"Sportsman Flies High"

by Lawrence Keating

"You get the snow. I want the girl—alive. But there's to be no killing of Graber, understand?
Not unless it's self defense."

Worriedly, Dan watched the repetition of farms. He berated himself for bungling back there in his office. Over-confidence had ruined the whole game. A swelled head! Otto had certainly been swept off his feet by the news that Irita, known to him as Helen Fane, and Colwell, were Customs Special Agency operatives! It naturally had never occurred to Graber that a Graber-Vael Agency sleuth might also be a representative of Uncle Sam.

Admiration rose in Colwell's blue-grey eyes. Irita had taken chances, insinuating herself with those fellows! It was like walking a tight-rope over Niagara Falls. By astute means known only to her clever, resourceful self, she had prevented the rascals quarreling over her. Yet she had won and maintained their confidence.

That hectic ride lasted five minutes less than an hour. But Ewing Pennsylvania a country town of perhaps a thousand souls was not their goal. As they careened down the main street Dan turned to Lefty.

"Now which way? It's up to you to find the camp!"

Quillen nodded. "Straight ahead buddy" he told the driver. "The second road outside town turn to the left. Hit it up!"

The Tension Heightens
Another thirty minutes dragged
past. Despite his efforts at calm,
Colwell's tension heightened. They
turned off the main road went
two miles down a muddy country

lane, and halted when Quillen or-

dered the driver to do so.

The two men piled out. "Guess you earned the ten-spot." Dan paid the fare and handed it to him. "Suppose you roll back in three hours?"

They waited until the rattly cab was gone. "Come on," Quillen snapped, and led the way into the towering forest. It was rapidly getting dark in fifteen minutes it would be like night. But the killer of McDonald and Catterby seemed to know the way.

Another mile they traversed afoot before Lefty stopped and touched Dan's arm. It's up there. See that cabin?"

Colwell could not at first make it out. Going nearer, they found it dark. The two men exchanged questioning looks at this. Dan felt his hearbeat slow, then go faster. Suppose their guess was wrong? Suppose Graber still was back in the city?

Cautiously they approached the square log structure with the slanting roof extended over a big front porch. There was no light in it, no car nearby, no sign of habitation. Quillen seemed concerned. He walked to a side window and peered in. Then both men went to the front door which they found locked. Again they peered at each other - it was dark now - and again were in wordless agreement. They put their shoulders to the door and after several efforts of their combined power burst the cheap hinge lock.

Dan struck a match. "We won't light that lamp—we don't need it. Just want to see if their things are gone."

gone."
A Plane Overhead

Several matches flickered and died before they convinced themselves that the hunting party had not abandoned the shack for good. Two deer rifles were there one of them identified as Graber's A supply of canned food, coffee, and bacon, was found.

"They're coming back," Colwell

He walked to the door and stared at the black sky. Suddenly, almost a mile of the countryside flared alight, and at the same time he became conscious of the whine of a motor. "Lefty! There's a plane!"

Quillen followed at his heels onto the porch. It was a flare the ship had dropped used when a pilot seeks an emergency landing field. The motor roared loudly now and in the slow-burning three hundred candle power magnesium they found the ship itself circling. It was quite low. A cabin job of the Monogram make with a powerful

Whirlwind motor.

By mutual consent when the flare died at the end of its appointed three minutes, Quillen and Colwell rushed to the fringe of the woods. They judged that Graber, if it was he—intended landing somewhere to the south. Both men ran fast as they could over hard, uneven ground. Until, two minutes later, they burst sudden-

wide, flat clearing.

"Sure! I remember this. But
I never thought Otto could use

Colwell determined the direction of the wind and knew which way Graber must face to land. As the ship banked, coming lower, he started at a dead run for the spot jacket.

it was due to touch. But he hal forgotten Graber's second flare.

It burst alive suddenly, illuminating the two men who raced on across the cleared space. "Down!" Colwell yelled, and hurled himself flat. With a searing curse Quillen

Shot Her Down

But they had been seen . . . the motor, which had been cut out, picked up with a roar. The ship's nose lifted as Graber put her into a climb. Dan's heart stuttered and seemed leaden in his breast. They

Vengefully, Quillen raised his automatic. He, too, could utilize the still burning flare that swung lower on its small parachute. He fired twice, three times. Foolish. of course. It seemed useless.

Or was it? The monoplane was only two hundred feet up. Suddenly the motor spluttered. It died and the plane rode without even a sound. The white magnesium still made the field almost bright enough to read a newspaper. The motor picked and Graber increased his revs anxiously. It spluttered, choked — went completely dead.

(CONCLUDED NEXT WEEK)

Woman Is Assessor, Treasurer, of Town

First woman to run the affairs of a Saskatchewan municipality is Mrs. J. E. Cameron, who has been appointed assessor and treasurer of the village of Findlater.

Mrs. Cameron's appointment was made by the Provincial Government of Municipal Affairs, upon the resignation of the village council and the inability of getting any others to serve on the council.

ALMA SIOUX SCARBERRY'S

New Serial Drama

HEART ON SLEEVE Continent Far Sur

COMING SOON In This Newspaper WATCH FOR IT

Says Women Must Unite For Power

Fannie Hurst, Celebrated Novelist, On Visit to Canada Advises Them to Get Together For Common Good

Expressing hope that the word "feminist" would "sink into oblivion," Fannie Hurst, celebrated novelist, of New York, on a visit to Canada last week said that women had grasped opportunities in the present age to forge to the front in various fields of human endeavor.

It is much more exh:tarating to be a woman than to be a man today, despite handicaps still existing, Miss Hurst said. This age has seen the first woman flier, the first woman Cabinet minister, the first woman minister to a foreign government and the first governor of a state.

"Harnessed" To Be Effective

Women represent a power that
is like a great river — a power
that must be "harnessed" to be
effective, she said. The great
strides forward which have been
made by the world have been the
result of making masses of the
people conscious of their power,
she said, adding that women likewise must unite for the common
good.

You'll Be Proud To Own This Laura Wheeler Jiffy Crochet Cloth



CROCHET CLOTH PATTERN 1837

JIFFY CROCHET CLOTH P

Enrich your table with this lovely cloth. A large hook—two strands of string make this 68 inch cloth grow quickly. You can crochet a 40, 46 or 50 inch cloth from the same pattern! Pattern 1937 contains instructions for making cloth; an illustration of it and of stitches; materials required; photograph of cloth.

terials required; photograph of cloth.

Send twenty cents in coins (stamps cannot be accepted) for this pattern to Wilson Needlecraft Dept., 73 West Adelaide St., Toronto. Write plainly pattern number, your name and address.

Fashion Flashes

Wide, colorful bracelets are featured with daytime clothes.

Big, bulky rings are interesting items for day wear.

-0
After diamonds, aquamarines

are much in favor for evening.

--o
Tiny velvet ribbon beauty bands are tied tight around the throat.

Tiny velvet ribbon beauty bands are tied tight around the throat.

-o
Prints with red are being used

Prints with red are being used under black coats.

The "contrast coat" will be part
of a colorful spring program.

—o—

Deep wine red makes a new
woollen dress by Jean Patou. Two
good bowknots are worn at the

meckline.

-o
Hipbone jacket costumes are perfect under fur coats.

All shades of blue, including Wedgwood, are favorites of Queen Elizabeth.

Mainbocher is having great success with youthful Basque costumes.

Evening sweaters use embroidery, sequins or metal forms to acquire greater formality.

Unusual for active sports is a slack ensemble comprising teal blue corduroy slacks, teal blue jersey blouse, teal antelope skull cap and a rose antelope sleeveless jacket.

Uses For Salt

It is surprising what can be achieved by the aid of the simplest things. Many willing helpers await you on your kitchen shelf. Among them is salt. We think of it as a condiment, but there are numerous other ways in which it can be of service, as our grandmothers and greatgrandmothers knew.

If anything boils over in the oven, sprinkle the shelf with salt. This will prevent the smell of burning from going through the house.

Salt and coal oil make an excellent cleaner for badly stained

To remove a wine stain from table linen, cover the stain with wet salt, leave it for half an hour, and then wash it out in hot soapy water.

INDIGESTION, GAS?



with gas, heartburn or indigestion,
try a tonic that will
improve your digestion. Dr. Pierce's
Golden Medical
Discovery improves
the action of the
stomach so that food
will be digested betie, 156 Rebecca St. E., HamAfter cating I would get so

IF you are troubled

will be digested better. Mrs. Doris Berrie, 156 Rebecca St. E., Hamilton, Ont., says: "After cating I would get so
bloated and suffered from heartburn and indigestion quite badly. I felt very weak and outof-sorts. I used Dr. Pierce's Golden Medical
Discovery and it was wonderful. It relieved me
of the acid stomach and that weakened condition
and it built me right up." Ask your druggist today for it in liquid or tablets.

Beauty Is More Than Skin Deep

American Illustrator On Visit to Canada Says Girls Of This Continent Far Surpass Those Of Europe

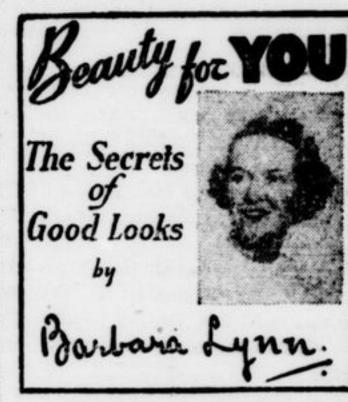
Because girls of this continent spend as much effort "making up" their interiors as their exteriors their general level of beauty is much higher than that of Europe, according to McClelland Barclay, painter, sculptor, and magazine illustrator of New York, who spent a week-end ski-ing in the Laurentians, north of Montreal.

Interior Decoration

"Frankly, I put it down to the fact that the girls of this continent don't rely on the beauty shop alone for beauty. They diet, they train, they keep themselves in good health — and good health is the basis of beauty."

Canadian-American Types
"There are quite a number of Canadians among the better known professional models in New York," he said. "It is quite impossible to say there is a Canadian type. It is just as impossible as to say that there is an American type.

"—The best I can do is to suggest that American and Canadian upbringing imparts something to European types which makes them more beautiful than their parent stock."



YOUR BEAUTY IN THE BALANCE

Last week's article suggested a Beauty Stocktaking, and this week we will consider a few other points of beauty that need to be weighed.

How is your figure? Is it youthful and supple, or is it inclined to sag in parts? Spend a few minutes daily on limbering and stretching exercises to keep the body pliant. If you need to reduce in parts, you must obtain a reducing cream and massage it in, And you also need special exercises. I can tell you a lot more about these if you will write me.

If you are considerably overweight, of course there is nothing for it but a period of dieting and exercise. Don't worry about weight tables, though. Ask yourself whether you're feeling fit and looking well. If your answers are satsifactory to yourself, you can afford to laugh at weight tables!

Do not overlook your hair and hands. Dull, lifeless hair needs a good vaseline hair tonic to bring back its lustre. Once a week have a shampoo; you will find a mulsified cocoanut oil shampoo that will thoroughly cleanse the hair of all grease and dust that accumulates so rapidly. Nothing takes the place of constant brushing, however, so ply your hair brushes religiously every day.

Are your hands coarse and reddish? Use a hand lotion often. When my hands are inclined to chap around the backs of the fingers and knuckles, I rub a little lypsyl salve on them and it is very comforting.

Write to me if you want confidential advice in your personal beauty problems, And you can get any of the following interesting leaflets by sending a 3c stamp for each one: Facial Care, Glamorous Hair, Fascinating Eyes, Bust Development, Superfluous Hair, Underweight, Slimming, Hand Beauty, Feet Care and Reducing in Spots.

Please address your letter to: Barbara Lynn, Room 421, 73 West Adelaide St., Toronto, Ont.

MUSCULAR RHEUMATIC PAINS—ACHES

It takes more than "just a salve" to bring relief. It takes a "counter-irritant" like good old Musterole—soothing, warming, penetrating and helpful in quickly overcoming the local congestion and pain when rubbed on the aching spots.

Muscular lumbago, soreness and

Muscular lumbago, soreness and stiffness generally yield promptly.

Better than the old-fashioned mustard plaster, Musterole has been used by millions for 30 years. Recommended by many doctors and nurses.

Made in Canada, in three strengths: Regular, Children's (mild), and Extra Strong. All druggists, 40¢ each.



Quality Gives Flavour "SALADA" TEA

Of Interest to Women . Readers .

MOST POPULAR PIE

Here is a dessert for which we do not hesitate to repeat the recipe at least annually. Because Coconut Cream Pie is, has been, and probably will continue to be, about the most popular pie among men, we make no apology for giving you this delicious version of it.

COCONUT CREAM PIE

4 tablespoons sugar 5 tablespoons cake flour 14 teaspoon salt 2 cups milk

3 egg yolks, slightly beaten
1½ cups coconut, premium shred
2 teaspoons vanilla
1 baked 9-inch pie shell

2 egg whites, unbeaten ½ cup sugar Dash of salt

2 tablespoons water

14 teaspoon vanilla.

Combine sugar, flour and salt in top of double boiler; add milk and egg yolks, mixing thoroughly.

Place over rapidly boiling water and cook 10 minutes, stirring constantly. Remove from boiling water; add 1 cup coconut and van-

illa. Cool slightly; then turn into

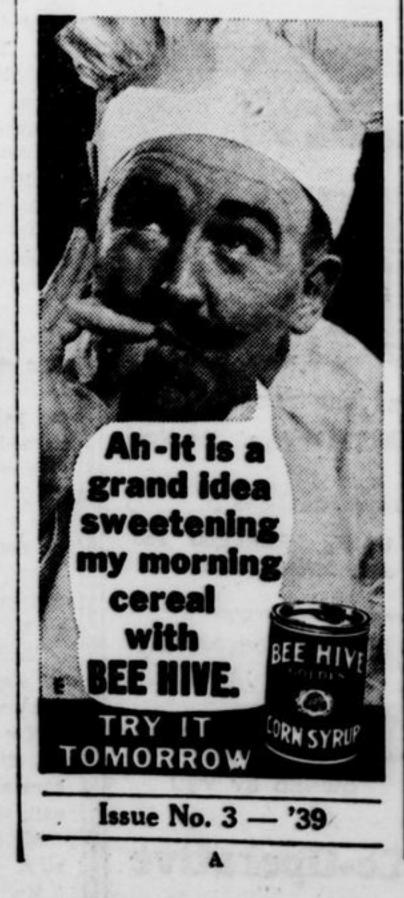
Place egg whites, sugar, salt and water in top of double boiler; beat with rotary egg beater until thoroughly mixed. Place over rapidly boiling water and beat 1 minute; then remove from fire and continue beating 1 minute, or until mixture stands in peaks. Add flavouring. Pile lightly on filling. Sprinkle with remaining coconut.

Three sliced bananas, or 11/4 cups thinly sliced dates, may be added to this recipe. Place 1/2 of fruit in pie shell; then add filling. Arrange remaining fruit around meringue; sprinkle with coconut.

PIE CRUST

2½ cups sifted cake flour ½ teaspoon salt 2/3 cup cold shortening 1/3 cup cold water (about).

Sift flour once, measure, add salt and sift again. Cut in shortening until pieces are about the size of small peas. Add water, a small amount at a time, mixing lightly with fork. Handle as little as possible. Wrap in waxed paper, chill thoroughly. Roll out on slightly floured board. For pie shell, use 1/2 recipe. Line a 9inch pie plate with pastry, rolled 1/8 inch thick, allowing pastry to extend 1 inch beyond edge. Fit loosely on plate. Fold edge back to form standing rim; flute with fingers. Line with large piece of waxed paper and fill with rice or beans to hold shape; or prick shell with fork. Bake in hot oven (450 degrees F.) 10 minutes; then remove paper with rice, and continue baking 5 minutes, or until browned. Bake pricked shell 15 minutes.



Husband Gives Helpful Hints

If You Watch and Listen You Can Learn Valuable Tricks From Him on Grooming

Your husband can give you lots of helpful hints on grooming, if you'll let him.

He can tell you, for instance, that the rubbing alcohol he uses after shaving is an excellent skin tonic.

He can point out that shoe socks protect women's shoes—especially seldom-used evening shoes or summer shoes—just as well as they do men's.

Other things you might learn from hubby if you listen and watch are:

The petroleum jelly he uses on his hair—and you borrow to make your eyelashes glisten—is an excellent protection against rust. So, before you put your cuticle scissors or nippers up on the bathroom shelf, rub a little of it over the cutting edges.

Take a tip from hubby's constant whisk-brooming. Hang a large whisk broom in your closet so it will be handy. Then brush off the collar of your coat and your hat every time you put them on.

Santa Claus Togs Bogey to Eskimes

In his own back yard Santa Claus is just a bogeyman—unless he wears mufti. Mrs. Donald B. MacMillan, wife of the Arctic explorer, said that when a red-uniformed, bewhiskered Santa first made his appearance at the MacMillan-Moravian School in northern Labrador, the Eskima children fled and hid in closets. Since then, she said, the Labrador Santa makes sure to don "civies" instead of the togs traditional to millions of youngsters on this continent.

How Women in Their 40's Can Attract Men

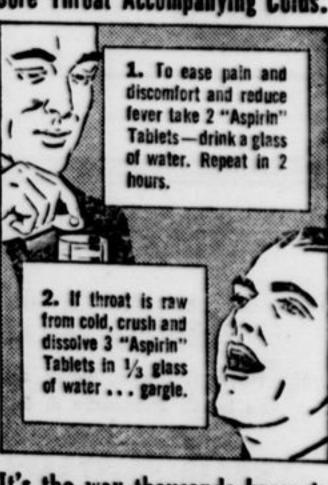
Here's good advice for a woman during her change (usually from 38 to 52), who fears she'll lose her appeal to men, who worries about hot flashes, loss of pep, dizzy spells, upset nerves and moody spells.

Just get more fresh air, 8 hrs. sleep and if you need a reliable "WOMAN'S" tonic take Lydia E. Pinkham's Vegetable Compound, made especially for women. It helps Nature build up physical resistance, thus helps give more vivacity to enjoy life and assist calming jittery nerves and those disturbing symptoms that often accompany change of life.

Pinkham's is WELL WORTH trying.

COLDS

Simply Follow These Easy Directions to Ease the Pain and Discomfort and Sore Throat Accompanying Colds.



It's the way thousands know to get almost immediate relief. Make sure you get "Aspirin" Tablets.

The simple way pictured above often brings amazingly fast relief from discomfort and sore throat accompanying colds.

Try it. Then—see your doctor. He probably will tell you to continue with "Aspirin" because it acts so

fast to relieve discomforts of a cold.

And to reduce fever.

This simple way, backed by scientific authority, has largely supplanted the use of strong medicines in easing cold symptoms. Perhaps the easiest,



Ocean

Expect B atlanti urated

Regular airmail se hour Engle service, between S Imperial London, E The Bel that it was vice with ed 24-ton ching via E wood, New York State of the Bel that it was believed the Bel that it was believed the Bel that it was believed to be the Bel that it was believed to be the Bel that it was believed to be the Bel that it was believed. New York Bell that it was believed to be the Bell that it was believed to be the Bell that it was bell that it was bell to be the Bell that it was bell to be the Bell that it was bell that it was bell to be the Bell that it was bell that it was bell that it was bell the Bell that it was be

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