City Now Planned For Empire Youth

In Heart of London, England —Groundwork Underway — Total Cost $5,000,000

A dream dating back to the Coronation — the foundation of a $5,000,000 Empire youth city in the heart of London, England—moved a stride closer toward realization last week.

Before a gathering of United Kingdom headmasters at the Guild Hall, and later to representatives of the Empire press, the Earl of Bessborough, former Governor-General of Canada and the prime leader in the movement, produced for the first time in public architectural drawings for the project and outlined details of what he described as a "glorious ideal".

Sponsored By Lord Bessborough

The idea of a youth city, Lord Bessborough said, emerged from the Empire youth rally at the time of the Coronation, and the entire project has been designed for youth by young people.

Much groundwork already has been accomplished, but such a vital undertaking could not be launched until public opinion throughout the Empire has been canvassed, he said.

The cost would be approximately $5,000,000.

PIDGEON'S YOUTHFUL AMBITIONS

Walter Pidgeon, son of a wholesale mercantile man, was born in St. John, Canada. Starting off life in a brokerage firm, he soon decided it was not for him. He then attended a Dramatic School and later joined up with a Stock Company, this was followed by parts on the New York stage and then Hollywood. Mr. Pidgeon's latest endeavor is with Hedy Lamarr and Spencer Tracy in "I Take This Woman."

Heart Affected By Overweight

In Obesity Due to Eating Too Much Food, the Heart Becomes Overloaded, Enlarged

In an article in The Medical World on the Management of the Heart in Obesity, Dr. Edward Podolsky, Brooklyn, N.Y., speaking of obesity (overweight) due to eating too much food, says:

"In obesity due to eating too much food, the circulation of the blood is increased. The intake and output of the heart is increased and also the blood pressure. The overloaded heart becomes enlarged just as does any muscle whose work is increased."

While this enlargement is natural or normal up to a certain point, the work of this enlarged heart may result in changes in the blood-vessels, kidneys or other organs, especially if there is any weakness there anyway.

Another symptom often present in overweight due to overeating is heart pain, either the vise-like gripping pain of angina pectoris, or the pain which accompanies breathlessness or difficult breathing.

While it has not been proven that fat cells replace the muscle cells or fibres in the heart, that fat cells can get in among the muscle cells of the heart and so weaken the power of the heart is an established fact.

Rich Rewards For Hunters of Crows

Hunters have failed to garner the richest rewards in the Saskatchewan government's crow destruction campaign.

Thousands of crows have been killed but eight high-prized birds, one of which would bring its executioner a $500 reward and another $250 are still at liberty.

Prize bands were placed on crows last spring, valued at from $5 to $500 but when the pay-off came at the end of the campaign December 1, only $275 out of a possible $4,500 was awarded.

The $500 crow; two valued at $250, and five at $100 are still "winging around the continent somewhere".

HAVE YOU HEARD

A man's as old as he looks when he needs a shave; a woman as old as she looks right after washing her face.

The girl entered the bus with a pair of skates under her arm.

A man immediately got up and offered her his seat.

"Thank you very much," came the reply, "but I've been skating all the afternoon."

"The Munich Pact was certainly the peace that passeth understanding." — Exchange

"Your husband looks like a brilliant man. I suppose he knows practically everything."

"Don't fool yourself; he doesn't even suspect anything."

"Oh, it's never a matter of beauty or brawn,
Of learning, or cut of your clothes;
To be really worth while, is to feel like a smile
When somebody steps on your toes."

The Arctic explorer knocked at the door of the Eskimo's house. The Eskimo answered the summons.

"Hello!" greeted the explorer. "Can you direct me to the North Pole?"

"That's easy," returned the Eskimo. "You're at the North Pole now."

The explorer's eyes widened. He pointed at the icy waste.

"You mean," he cried, "that this is the North Pole right here?"

The Eskimo nodded solemnly.

"It is," he asserted.

The explorer waved his arms wildly.

"Hooray! Hooray!" he shouted.

The Eskimo blew on his frost-bitten fingers.

"Stick around awhile," he chattered, "and you'll change your mind."

Canadian National Railways Revenues

The gross revenues of the all-inclusive Canadian National Railways System for the 10-day period ending December 31, 1938, were $4,455,374
As compared with 4,722,048

for the corresponding period of 1937, a decrease of ..... $ 266,674

How Can I?

BY ANNE ASHLEY

Q. How can I break up nuts more satisfactorily than with the food grinder?

A. Roll them firmly with the rolling pin. This also avoids necessity of washing the food grinder.

Q. How can I clean plaster busts or ornaments?

A. Try dipping them in thick liquid starch. Brush off the starch when dry and the dirt will come off with it. The plaster will be as spotless and clean as when new.

Q. How can I hasten the cooling of pudding?

A. Place the container in a dish of cold water, to which a handful of salt has been added.

Q. How can I make my teeth whiter?

A. One method is to apply a solution of peroxide of hydrogen diluted with one-half water.

Q. How can I freshen a dry coconut?

A. There is quite a difference between the taste of a fresh coconut and one that is not, but practically the same delicious flavor can be had by steaming a dry coconut for about 45 minutes.

Q. How can I save time when darning a hole in a garment?

A. Cut a piece of mosquito netting to the required size, and baste under the hole. Then darn in and out through the meshes of the netting.

Pigeons Banned

Hitler is taking no chances on messages or money being smuggled out of Germany. (German holidaymakers visiting another country are allowed to take only a few shillings with them; refugees—and many others who want to escape the Nazi regime—must leave their money behind.)

So the latest Nazi edict prohibits the possession and breeding of carrier pigeons, except by special permission of the Government.

Spelling Called Vanishing Art

Modern Teaching Is Blamed for Bad Figuring, Too — Farewell to Three R's

The three R's, an educator lamented, are becoming a lost art in America, Paul Moser, Chicago business College head said.

"It is no longer the thing in education to teach 'readin', ritin' and 'rithmetic' for their own value, and as a result we are becoming a nation of poor spellers who can't write legibly or add.

"One reason why people are becoming such poor spellers is the way they are now taught to read as children. No longer is the alphabet drilled into children. They are taught to read sentences at a short glance. In this way, they miss the letters in a word."

They Couldn't Stand "Home Sweet Home"

Annie Laurie or the Dipsey Doodle is okay but it's nix on "Home Sweet Home" for the chimes on the city hall at London, Ontario. A special request was made by a nearby hotel to the London hydro department that "Home Sweet Home" be not played. Guests become too homesick.

The chimes on the municipal buildings are the reproduction through loud speakers of famous carillon records. Since such records are comparatively rare those in charge of the programs use every record they could find. Now following the request from the hotel, the repertoire is one less.

You simply say that every singer you hear is off-pitch. You will always be right.

Their investiture as Boy Scouts on the site of historic Fort Langley, where British Columbia's first government was instituted, and Sir Jas. Douglas sworn in as first governor was the honour that fell to three boys of the 34th Vancouver (St. George's School) Scout Troop. Judge F. W. Howay, who had accompanied the expedition, related the story of the historic incident of eighty years ago.

X X X

Reports disclosed that the first supply of relief clothing to reach Fort Frances, Ontario, following the serious Thanksgiving Day bush fire in that district, was collected and shipped by the Boy Scouts of Portage la Prairie. Appreciation of the promptness of this relief contribution was expressed by the citizens of Fort Frances.

X X X

A blood transfusion service is being maintained by Rover Scouts of the 1st Mimico, Ont., Crew. Each member of the Crew took a blood test at St. Joseph's Hospital, and qualified. The service is given absolutely free, as a Scout good turn.

X X X

Christmas gifts for 100,000 kiddies who otherwise would have been missed by Santa Claus was once again achieved by the Boy Scouts and Girl Guides of Canada, working in a chain of toy and doll repair shops stretching from the Atlantic to the Pacific. The discarded or broken toys were secured with the support of local newspapers, churches, service clubs, public schools and the radio. In many of the places toy admission matinees were given by movie theatre managers. Firemen in Saskatoon, Edmonton, Ottawa, Chatham and other centres shared in the practical work of making, repairing and also painting wooden toys.

In many centres the toy distribution was made in co-operation with the welfare organizations and service clubs. Scouts of the needy districts of Saskatchewan were assisted in meeting the heavy demands upon the Prairie Santa Claus by bulk shipments of gifts from eastern toy shops — London, Hamilton, Toronto, Ottawa, Montreal and St. Johns, Quebec. Other toy shops mailed Christmas parcels to individual families in Manitoba and Saskatchewan. The Scout-Guide-Herald Sunshine Toy Shop at Calgary secured lists of children from the clergy of every parish between Red Deer and the U. S. boundary.

What Science Is Doing

BLOSSOM TIME DELAYED

If spring arrives too late, the farmer this year can make his fruit trees wait to blossom until the danger of frost is over.

This can be done with potassium napthalene nitrate, by a method of spraying discovered at the Boyce Thompson Institute for plant research.

The spray delays the blossoming a week or more. It has worked with peach, plum and cherry trees, which tend to "come out" too early in the spring.

The same chemical will retard sprouting of potatoes so that storage is easier.

ELECTROCUTE GERMS

A new method of electrocuting disease germs with light waves is announced.

Dr. Harvey C. Rentschler and Dr. Rudolph Nagy, of the Westinghouse Research Laboratories, Philadelphia, report they have found one of the weak spots in the lives of bacteria. Apparently, each different type of germ, of which there are thousands, can be killed by subjecting it to a special intensity of light for a definite period of time.

NEUTRALIZES MUSTARD GAS

A new chemical compound for virtually complete protection for soldiers and civilians against one of war's worst horrors, the burns of mustard gas, has been discovered.

"Mustard", 20 years after the Great War, still rates as the most effective poison gas. The new chemical, sprayed on clothing, is announced as protecting for months against the burns.

RED-FEATHERED LEGHORNS

Robin Red-breast's feather colors were given to white leghorn chickens in a new genetic experiment reported to the American Association for the Advancement of Science. Dr. Mary E. Rawles of the University of Rochester took from robin eggs a bit of embryonic bird that becomes robin's skin. She put it into a white leghorn egg, placing it on a "bud" which develops into the hen's wing. The result when the chickens hatched was feathers with white leghorn shapes but robin tints.

NEW VITAMIN A SOURCE

Heretofore considered useless and thrown away, the viscera of fish used in cod-liver oil manufacture has been discovered rich in vitamin A, a valuable ingredient in cod-liver oil, the Dominion Fisheries Research Board reports.

ITCH Use D.D.D. on eczema, rashes and other externally caused skin troubles. STOPPED QUICKLY. At all druggists 35c, 60c and $1.25

Foreign Trade Shows Decline

Decrease in Both Export and Import Figures for Canada Is Revealed in Report by Dominion Bureau of Statistics

Canada wil have a credit balance on its world trade for 1938 of approximately $280,000,000, according to estimates based on Bureau of Statistics returns for eleven months and interim reports for December. Last year the excess of the value of exports over imports was $316,000,000.

Credit Balance, Nevertheless

Canada's exports this year of domestic products will total around $922,000,000 and foreign goods exported around $44,000,000. The imports will be approximately $686,000,000. Last year the exports were $1,110,000,000, foreign goods re-exported $15,000,000 and imports $800,000,000.

Canada will have a credit balance with United Kingdom of around $224,000,000 with exports at $345,000,000 and imports $121,000,000. Last year the figures were $405,000,000 and $147,000,000.

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Modern Etiquette

BY ROBERTA LEE

1. Is it proper to use a visting card when sending regrets to an invitation?
2. What constitutes real social happiness?
3. Are menu cards ever used at a dinner given in one's home?
4. If Frank invites John to drive out in the country with him for a day, and stops to buy gasoline, should John offer to pay for it?
5. May one touch the lips with tips of fingers that have been dipped in the finger bowl?
6. When a bride has no father, would it be all right for her mother to give her away?

ANSWERS

1. No. If an answer is requested the invitation must be answered by a written response on personal stationery.
2. It has been said that social happiness is attained only through friendship that has no regard for age, sex, or creed.
3. Not unless the dinner is a very formal and ceremonious affair.
4. This is not necessary, but John can offer to pay for their luncheon.
5. This is often done, but one should learn to eat in such a way that the lips do not become greasy. The napkin placed to the lips should really be sufficient.
6. Yes, if she wishes.

C.N.R. Is Canada's Biggest Purchaser

Purchases of $51,600,000 were made from 8,000 firms in Canada by Canadian National Railways during 1938, Vice-President R. C. Vaughan said this week. He added the amount made the C. N. R. Canada's largest purchaser of supplies during the year.

New equipment accounted for $11,100,000 of the amount, and fuel for $10,000,000.

Twenty New Wells For Turner Valley

Planned for 1939—Dominion's Major Oilfield, 45 Miles Southwest of Calgary

With their greatest year behind them, Alberta oil men are confident that 1939 will bring many surprises. Efforts are being made to improve marketing outlets and increase production and reserves.

At least 20 new wells are planned for the Dominion's major oil-field, Turner Valley, 45 miles southwest of Calgary, and exploration is planned or underway in 11 large areas, said Herbert Greenfield, president of the Alberta Petroleum Association.

From a survey of present explorations or wildcat operations and in view of late 1938 developments to the west of the Turner Valley, Mr. Greenfield stated "It is not unreasonable to expect that within the next 60 days a new picture may be painted to indicate another large Alberta crude area."

Recent Crude Oil Discoveries

"What today is a wildcat area, may be proven structure tomorrow."

Recent crude oil discoveries in Okalta, No. 6, a mile west of the present South Turner Valley crude producers, and at Home-Millarville No. 2, 15 miles northwest of the main wells, are of vast importance, Mr. Greenfield said. "The proven area and field reserves undoubtedly have been greatly changed."

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Issue No. 3 — '39

NORTHERN MINING NEWS

A study of the mines of Ontario and Quebec indicates a generally healthy condition, with share values of the senior golds on a thoroughly sound investment basis. In the secondary producing group, where there is a combination of investment and speculation, mine conditions warrant special commendation for the following: — Central Patricia, Little Long Lac, Preston East Dome, Kirkland Lake Gold, Kerr Addison, Chesterville, Omega, Aldermac, Bankfield, East Malartic and Sladen Malartic.

In the less advanced operations, mining news appears to favour—Malartic Goldfields, Francoeur, Barber Larder, Martin Bird, Fernland, Anoki, Augite, Nabob and Gillies Lake.

In the Junior Juniors, from which group mines have their beginnings, favourable indications appear to select—National Malartic, East Lacoma, Shawmaque, Amity Gold, Wiltsey-Coghlan, Continental Copper, Joliet, Arntfield, Pelangio, Arjon, Orpit, Larder Add, Armistice, Tovarich, Rouyn Reward, Lacoma, Federal Kirkland, Cheminis, Central Porcupine, Woco, Bobjo and Crowshore.

Perhaps never before has a more ground-floor basis of participation been available to the public.

Quebec's Malartic mining camp promises to attain major camp status in 1939. East Malartic, although a young property, is already a thousand ton operation with vast possibilities indicated. Sladen Malartic and Canadian Malartic, also in production, adjoin to the west. Other properties in the camp are East Lacoma, National Malartic, Rand Malartic, Malartic Goldfields, Dubuisson Gold and Shawmaque. Malartic Goldfields will be the next producer. East Lacoma's first drilling is known to be important. Further drilling plans are announced. Rand Malartic have also obtained good results. National Malartic have financing arrangements under discussion. Altogether, the outlook for the camp is full of promise.

The Squirrel

A gray interrogation-point in fur
He leaps and scolds and makes a mighty stir
That all this backyard world he used to know
Should hide his nuts and not a landmark show.
Just like him, to be arguing with snow!

—Charles Malam

Lord Ravensworth said his castle which is near Gateshead, Eng., would be pulled down and rebuilt in the form of 30 ideal homes.

The New York Zoo has a tigon, which is the hybrid child of a Siberian tiger and an African lion.

CONFINED ABED BY LUMBAGO

In Pain for Weeks

Acting on his principle of "when you know a good thing tell your friends about it," a man who has had very bad lumbago pains writes as follows:—

"I suffered from lumbago, and for weeks could scarcely move in bed. I had treatment, but it did not ease the pain very much. A friend said, 'Why not take Kruschen Salts? Take them every morning, and you'll likely get relief from that pain in your back.' So I have taken them every morning for some time and I am in fit condition for my work again — thanks to Kruschen."—C.B.

Why is it that lumbago, backache, rheumatism and indigestion in many cases yield to Kruschen Salts? Because it is a combination of several mineral salts that are vital for your bodily well-being. Each of these salts has an action of its own. Stomach, liver, kidneys and digestive tract are all benefited and toned up to a high state of efficiency.

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