

Looking After House Plants

It's All in the Way They're Watered

Pot plants are in supply all the months of the year, but now is the time which offers widest choice.

There are many attractive possibilities. Cyclamen, with its delicate butterfly flowers, in pink, rose red and wine red, are to be seen in all the shops.

An attractive suggestion is the flowering heath, with its big pyramids of tiny bells in white, purple and bluish pink.

There are also plants whose berries rival the flowering plants for colour. Among them solanum, or Jerusalem cherry, as it is sometimes called, capsicum, with conical berries shaded from green to an orange, and skimmia japonica, with clusters of bright berries rather like holly.

Never Let Soil Dry Out

With care pot plants last a long while. Careful waterings is the secret. Soil should be kept moist and never allowed to dry out. The pots can be placed in a saucer of water for an hour or two each morning, but not longer, so that the roots can absorb the water naturally. On no account should the water be left standing in the decorative holder in which the pots are concealed. A draughty position should be avoided.

Charming Dignity



Charming dignity is expressed in this evening gown worn by Cecilia Parker, Canadian-born movie star. Of black-striped maroon taffeta, the fitted bodice supports a huge poppy of maroon shaded to white.

Household Hints

For a constantly even marmalade, fruit and syrup evenly mixed throughout, cool mixture before distributing in jam jars. When poured hot, the fruit has a tendency to float to the top of the jar.

When making frozen desserts in which there is a quantity of whipped cream, whip the cream only till smooth, not stiff. Cream whipped almost to the butter point tends to separate when combined with other ingredients and frozen, with a resultant curdled texture.

Tight pot lids which do not allow heat to escape out into the kitchen, and cooking utensils that are suitable to the flame of the stove burner, are fuel savers. These two points, as well as the quality and adaptability of the utensil, should be taken into consideration when selecting kitchen equipment.

Three short tips for you, but none the less useful because of their brevity!

If you sprinkle a little vinegar in the water you are soaking, that tired-looking lettuce in the lettuce will cheer up no end.

If you sew a piece of inch-tape down each side of your new roller towel it will last much longer.

And if you wipe the hinges and hooks of your wardrobe with turpentine the moths won't like you a bit!

Be economical in that any season in a family with hearty appetites. To keep the juice between the crusts (not bubbling about on the oven floor) are neat little white crockery funnels which, when inserted in the centre of the top crust, allows the steam to escape but not the delectable filling. Very inexpensive and worth its weight in — well, pie juice, anyway.

Do not move bread dough after it begins to rise, or it is likely to fall. Select a spot, out of a draught, for the bowl. Cover with a cloth and then let the dough alone.

"Sportsman Flies High"

by Lawrence Keating

Synopsis:
Detective Dan Colwell of the Graber-Vael private detective agency is assigned the job of shadowing McDonald whose wife fears gangster enemies are plotting to murder him. McDonald is killed in spite of Colwell's watchfulness. Now, with McDonald dead the smuggling ring which he led has become disorganized. Colwell risks his life to gather evidence by playing one against another.

CHAPTER XVII

Dan replaced the receiver. His eyes met the rich brown eyes of Helen Fane, who looked questioning. He shrugged. They talked of Otto Graber's hunting alibi until the corridor buzzer sounded.

"This fellow won't interrupt us long," Colwell told the girl. "Won't be any rough house, I guess."

He moved to the door, peered through the slot, and saw Sommers with a hulking blond giant. Colwell admitted the man, who clumped inside and dropped his kit of tools, smiling the shy smile of Swedes. "I got right at it," he announced. "I don't stay long."

He walked to the inner office where Helen waited. She was burrowing in her purse. Suddenly she whipped out a gun. His face took on a hard, tired look.

"Sit down," Helen commanded. The steamfitter, stepping cat-like after, shoved a weapon into his back. He hesitated, then obeyed. The Swede without a word returned to the corridor door. He fumbled a moment at the lock and bolt and swung it wide. Otto Graber sauntered in.

"Good work, Telen!" The florid face of the man wore a leer and his blue eyes danced. "How are you, Dan?" He swung a thigh on Colwell's desk and sat facing him. "Come across with it."

Dan scowled from Graber to the girl. He dropped his eyes.

"Guess I'm a sucker," he said. Graber leaned and plucked the gun from Dan's shoulder holster. Then he got the second weapon from his hip pocket. "I want that snow, Colwell, and we'll tear up the place if you don't produce it, quick!"

"Forty grand buys it," Graber's face darkened. "You're asking trouble then? Ole, tear up the floor. It's likely between the floor and the ceiling below. Sit tight, Colwell, because if Ole doesn't find it we'll be wanting next to tear you up. The safe," he said with a wave of his fat hand, "is empty. You forgot to ask the salesman what the combination is. Just a front. But I'll open it to be sure. I got the combination easy—made out we were partners."

Dan did not move or change expression. There was a wrench of splintering wood in the outer office as Ole's crowbar began the desecration of the pine floor. A board here and there gave onto blank spaces between steel beams. His flashlight shined into the dark. His grumbling indicated Ole was having no success.

Methodically the fake steamfitter ripped one board from each beam section. Methodically he dropped on his knees and poked his flashlight for a look. Minutes passed but the tableau in the inner office did not change. Graber had found the safe empty, of course.

Finally Ole stood in the doorway mopping his brow with his sleeve. "It ain't here. I bet it's under the floor in there."

"No use bothering," Dan suggested. "It isn't in the office at all but you wouldn't have believed that before. I could get it in a hurry in case you brought the forty thousand, Otto."

Nobody Else Knows
Graber leaned with a cruise and struck Dan on the head with the muzzle of his gun. The steel bruised Colwell's scalp and hurt. Otto struck again where the adhesive tape criss-crossed. Dan turned pale, sucking his breath.

"Don't do that," he protested angrily. "You knock me out and you'll never get it! Nobody else can tell you, you fool!"

Graber rose and paced up and down, his lips twitching. The Swede watched from the doorway. Finally Otto halted, feet apart, hands on hips, and the automatic still in his fist. "You're tough, Colwell. I never thought you had much guts. But—" He sighed resignedly. "How soon can you get the stuff here?"

Dan's pulse speeded. He did not relish another beating such as Lefty and Graber had administered in the Kennebec Hotel. The question seemed to indicate that Otto knew he had met his match and that he had at last concluded to pay.

"I can get it here in ten minutes. But before I send for it, Ole goes. I want to see him across the river on that boardwalk. Just you and I stay—not Helen either."

"Aw! What's the matter with Helen? She'd have to wait for me somewhere, anyhow. And," he added with suspicion, "how do I know you'll be alone? The guy that brings the stuff in. . . I don't want any tricks, Colwell!"

Chinese Characters
"There won't be any," he fingered the new bruises on his head while he gazed thoughtfully at the girl. "She does ornament the place at that. I'll tell you: I'm keeping my gun out, see? You and Helen don't. When the stuff comes. Those are my terms. Take it or leave it."

Graber hesitated. "Hurry up," he snapped briefly.

When Colwell saw Ole across the river on the boardwalk he picked up the telephone. He looked around. "Put your money on the desk, Graber."

Otto did. Dan gave a number. "Hello, Ah Wei? You savvy which laundry Mr. Colwell? Right. I got 'em laundry slip here but no can read. Think, Savvy? Send 'em quick this number: 1123 Lawyers and Doctors Building. You know right one? All right—quick!"

As he talked he shook the contents of the waste basket, scrutinizing scrap after scrap of paper. At last he found an ordinary laundry slip with Chinese characters painted on it.

(CONTINUED NEXT ISSUE)

Net curtains and lace ones, too, do need washing. If you use a little starch and then put them up wet — after squeezing out all the water you can, you'll only have half the work. Pull them into shape and arrange them and, when they are dry, they'll look as though they have been ironed.

Laura Wheeler Offers Fluffy, Flattering, Angora Jiffy Knits



KNITTED ACCESSORIES PATTERN 1908

They're both entirely in stockinette stitch—the bolero, just the thing for evening wear—the blouse indispensable for daytime use. Pattern 1908 contains directions for making bolero and blouse in sizes 12 to 14 and 16 to 18; illustrations of it and of stitches; materials required.

Send twenty cents in coins (stamps cannot be accepted) for this pattern to Wilson Needlecraft Dept., 73 West Adelaide St., Toronto. Write plainly pattern number, your name and address.

Flew 5,000 Turkeys For Xmas in Arctic

Shipped Complete With Cranberry Sauce, By Plane From Edmonton to Gold Fields

Five thousand fat turkeys, cleaned and plucked and complete with "all the trimmings" including the cranberry sauce, were flown from Edmonton the third week in December. They constituted Christmas dinners for pioneer residents of Canada's northwestern hinterland.

It's an all-time record turkey total for the northland, and a gain of about 1,000 over last year, according to veteran aviation officials here. More than half the increase is attributed to development recorded within the past year of Yellowknife, sprawling gold-mine town, 700 miles north of Edmonton and less than 200 miles south of the Arctic circle.

Right down to the smallest detail, residents of booming Yellowknife this year were able to have Christmas feasts as elaborate and plentiful as any rich family in Edmonton or Toronto — but they'll pay plenty for it. For example, it costs \$5.55 to buy a 15-pound turkey in Edmonton, get it plucked and dressed and equipped with the usual "extras" and delivered in Yellowknife by air express.

Major Walter Hale, superintendent of the Edmonton postal district said it costs \$17 for express charges alone on a 12-pound turkey that is flown from Edmonton to Aklavik, 1,500 miles to the north on the Arctic rim. But that doesn't prevent Aklavik residents from ordering turkeys by the dozen.

The Best Pelts Seen At Show

Ontario Fur Farmers Get Together—1,700 Breeders—Championship Cups Awarded

L. B. Pollock won the grand championship award in silver foxes at the fifth annual Ontario fur farmers' pelt show at Toronto. The Kewick, Ont., breeder also took the reserve grand championship and four other championships and three reserve titles.

The Suncro Cup, awarded to the breeder with the highest aggregate score in open classes, was won by O. W. Thompson, of Kitchener, one of the largest of Ontario's 1,700 breeders and president of the Ontario Fur Farmers Association.

Pollock displayed the champion adult silver fox pelt, winning a cup donated by the Ontario Government.

The grand champion mink pelt was displayed by Martin and Stevens, St. Mary's, Ont., mink breeders. A cup donated by the Ontario government went with the grand championship.

Mother On Relief Hands Over Gift

\$50 She Received from Old Country is Offered to Gananoque Relief Board

"You take this money, Mr. Relief Officer; it belongs to you, not to me," was the statement of a young mother whom the Gananoque relief board has been looking after for some time, when she appeared at the relief office last month.

The mother, who has two children, is appreciative of the kindness she has received. She received a ten-pound note from her uncle in Scotland and immediately went to the relief officer, Fred Mooney and handed it to him.

Mr. Mooney conferred with the welfare board and it was decided to keep \$30 of the money and place it in the rent account, which is paid direct by the town, and hand remainder back to the woman with the suggestion that she use it for Christmas cheer.

Scenic Highway North of the Pas

427 Miles Long, It Runs From the Southern Border of Manitoba Through Souris and Assiniboine Valleys

Most people will be surprised to learn that Manitoba has thrust a highway north to The Pas, says the Timmins Daily Press. Running for 427 miles from the Peace Gardens to The Pas, this highway leads through Turtle Mountains, across the Souris and Assiniboine valleys and the Riding Mountain, past Clear Lake and along the flank of the Duck and Porcupine Mountains and the northwestern shore of Lake Winnipegosis.

This highway is numbered No. 10 and according to The Winnipeg Tribune is the longest and scenically the most interesting in the province's whole system.

The West has been kicked all around but apparently it has lost but little of its optimism when it can accomplish highway building to this scale.

Of Interest to Women Readers

THE AFTERMATH

Or What To Do With Left-Overs

By Katharine Baker

When you sit down to your New Year's dinner, you will probably think that here is one meal where there will be no left-overs. But when things are finally gathered up and put away, there will be the odd bit of this and that to store away. These odd bits of food will come in handy in the economy program which most of us are forced to adopt after the spree.

The left-over vegetables can be muddled in lime or lemon flavored jelly powder to make delicious and good-looking salads, which, incidentally, will be welcome after the heavy holiday meals.

The chicken or turkey which you had for the big dinner, can be used as hot luncheon sandwiches, with brown gravy, or in pot pies, croquettes, or souffles. This recipe for chicken croquettes or cutlets will show you how.

Chicken Croquettes or Cutlets

3 tablespoons quick-cooking tapioca

1/2 teaspoon salt

1/2 teaspoon paprika

2 tablespoons green pepper, chopped

2 tablespoons pimiento, chopped

1/2 cup milk

1/2 cup chicken stock

1 1/2 cups cooked chicken, chopped

Sifted bread or cracker crumbs

1 egg, beaten with 3 tablespoons milk and dash of salt

Combine quick-cooking tapioca, salt, paprika, green pepper, pimiento, milk, and stock in top of double boiler. Place over rapidly boiling water, bring to scalding point (allow 3 to 5 minutes), and cook 5 minutes, stirring frequently.

Add chicken and mix thoroughly. Chill—mixture thickens as it cools. Shape into balls or cutlets. Roll in crumbs, dip in egg mixture, then roll in crumbs. Fry in deep fat (350 degrees F.) 1 minute, or until golden brown. Drain. Serve with red current jelly. Makes 8 croquettes. If chicken stock is not available, canned consommé may be substituted or chicken flavored bouillon cubes (2 cubes to 1 cup water).

Women Could Work Wonders

If They Would Put Forth a Special Effort to Help the Poor at Other Times Than at Christmas Season

In addition to the special efforts at Christmas-time, (says Miss Ruth Millett, well-known columnist), which should not be forgotten it would be a fine thing if, in the coming year, not-too-busy women (and there are many) would decide to give a little of their surplus time and energy to help improve the conditions that make basket-giving to the poor at the festive season necessary.

Lots of women play bridge three and four afternoons a week. And wouldn't it be a good idea for a bridge club, whose members are already a little weary of each other's small talk and biddling idiosyncrasies, to put their facial money into some constructive social service, and assist personally in it a day a week or every two weeks, urges Miss Millett.

Constructive Things to Do
Or a not-too-busy woman might get into politics and work for some badly needed reforms. Or enlist her services with some big charitable organizations. The constructive things a fairly intelligent woman with time on her hands can do are limitless.

And such a spreading out of the good will that hits many once a year would pay big dividends in her own life. Busy, helpful women who are doing important work have a glow about them that no beauty parlor has for sale.

Australia has donated 500,000 doses of serum for fighting cholera in China as part of a world gift of 6,000,000 doses.

KOMOL In the great struggle for life, everything depends on the age you appear to be; but don't be discouraged. KOMOL with its 19 natural shades, gives a back to hair its lost youth. Sold at all drug stores and beauty parlors.

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Portrait of Queen Mother to be Exhibited



The personal property of the King, this painting of Dowager Queen Mary, by Simon Elwes, famed British Court painter, has been loaned for its first public showing in an exhibition of Elwes' paintings in New York.

Beauty for YOU
The Secrets of Good Looks by Barbara Lynn.

SECRETS OF SLIMMING

It is commonly supposed that women MUST get fatter as they grow older. This is not so. You can retain your slim and attractive figure despite advancing age, if you are prepared to pay the price!

There are some exceptions, of course. Certain glandular and functional changes, peculiar to women, sometimes affect one's weight. And some diseases, too, have a similar tendency. Women who are subjected to these conditions should seek medical advice before attempting drastic reducing.

However, most cases of overweight — 55 in every hundred — are due to under-exercising and to over-eating! A regimen of increased exercise and reasonable dieting is, therefore, the answer to the problem of surplus weight.

Here is an exercise which will help to make you more supple; stand erect, feet fairly wide apart, arms outstretched at the level of the shoulders. Swing the body sideways to a right angle, then bend down. Whilst in that position reverse the body, come up and go down on the opposite side. Breathe out while going down; breathe in while coming up. Repeat five times.

My special leaflet on "How to Slim" gives further interesting exercises, as well as complete dieting advice. You can obtain a copy, and any of the following helpful leaflets, by sending a 3c stamp for each one required: Face Care; Bust Development; Reducing in Spots; Superfluous Hair; Eye Beauty; Your Hair; Hand Beauty; Feet Care; Underweight. Ask about your personal beauty problems at the same time. All letters are confidential.

Please mention this paper, and address your letters to: Barbara Lynn, Room 421, 73 West Adelaide St., Toronto, Ontario.

I found sweetening my morning cereal with BEE HIVE Syrup aids digestion.

TRY IT TOMORROW

Fabrics Of 1900 For New Styles

Colors, Textures, Patterns of New Materials Are Victorian Or Edwardian

Not only are many forthcoming fashions to be based on ideas adapted from the early 1900's, but so are the colors, textures and patterns of silk materials.

Victorian and Edwardian mauves, pale blues, and rose shades are significant colors.

Stripes, plaids, and small weave patterns have been adapted from the French fabrics that were synonymous with the styles of the early 1900's.

Crisp, rather formal-looking materials are also coming swiftly into fashion, such as taffetas, moire, surahs of many different kinds, stiff duchesse satins, bengalines, and ottoman, all of these in more pliable modern versions than their Victorian prototypes.

The trend toward laces and ribbons is also strengthened.

Even a number of modern soft materials are harking back to the thin finely crinkled crepon the sort first used after crepes were taken up as dress material during Edward VII's reign.

Silence of Hemlocks

No quiet on earth is like the hush that these groves of shaggy hemlocks share. Here beneath a veiled thin silver sun With a scent of snowfall in the air.

Each bough is poised expectantly As if listening to a far-off call; Each lacy needle waits in utter stillness For the first white flakes to fall.

HOW YOU CAN ATTRACT MEN



Of course, you have no men friends if you've let yourself become dull, cross, and nervous. Men like lively, peppy girls—girls with plenty of energy to go places and enjoy life.

Don't let love and romance pass you by. Help build up your pep and you, too, should have gay friends. Here's good advice: Start taking time-proven, reliable Lydia E. Pinkham's Vegetable Compound and note the difference. This famous Compound, made especially for women from wholesome herbs and roots, helps Nature tone up your system and thus soothes jumpy nerves and gives you more pep to really enjoy life.

Tear out this notice NOW as a reminder to get a bottle of Lydia E. Pinkham's Vegetable Compound TO-DAY without fail.

For over 60 years one woman has told another how to go "smiling thru" distress from female functional disorders with Pinkham's Compound. Let it help YOU.