

## Women Urged To Use Their Great Power

Their Inaction In This Time Of Human Need Will Puzzle Historians, Hugh Walpole Says

That the world is in a mess and they who have the power do nothing about it, is the claim of Hugh Walpole, well-known British writer, who in a recent article in the London Daily Sketch, accuses the women of the world of indifference and of neglecting to use the vast power which is theirs. Women readers will doubtless take exception to some of Sir Hugh's sweeping statements, but there is much food for thought in his comments, which follow in part:

**"Made No Use Of Power"**  
"I am sure that some historian of 1989 or 1999 will say 'Why was it that the women of that time, in the very centre of that world's crisis, when they had everything in their hands, made no use of their power?'"

"It sounds, of course, nonsense to say that they have everything in their hands when Mussolini, Hitler and Stalin, and the Japanese Officers are in command of nearly half the world."

"Nevertheless, it is true that they have arrived, although nobody seems to have noticed it, at the first stopping place in the long evolution of women when men can say to them:

**With Equal Status**  
"For the last fifty years you have been struggling to secure certain independencies. You have said very stoutly that domesticity and motherhood are not enough for you and that if you are given, among other things, an equal status with men, you will be able, by your influence, to help the whole of the present progress of man."

### Quint's New Teacher



Gaetna Vezina, of Ottawa has been appointed teacher to the Dionne quintuplets. Miss Vezina will take up her duties immediately, having just returned from vacation. — Photo by Castoncuzy Studio, Ottawa.

### Tomato Valued As Conditioner

Tonic and Natural Blood Purifier—Fresh or Canned. This Fruit is a Splendid Source of Vitamins A, B, C and G.

The old conception of the tomato as the "love apple" has been reversed, and dietary specialists no longer believe that the vegetable is valueless except for adding flavor and color to a meal.

"Tomatoes are tonics, conditioners and natural blood purifiers," says a dietitian. "They contain acids—correctives for the stomach. They are effective for preventing pelagra."

"Both fresh and canned tomatoes now are known as excellent sources of vitamin C as well as vitamins A, B and G."

This dietitian offers the following suggestions on tomato canning:

"Select fresh, firm, red-ripe, sun sweetened tomatoes. Vine ripened tomatoes make a better flavored and colored canned product, but tomatoes ripened off the vine are about as high in food value as those ripened on the vine. When it is necessary to pick the green tomatoes and let them ripen before canning, wax over the scar on the end of the green tomato, then place it in the shade to ripen. They can be kept in good condition for several weeks if they are stored in a cool, well ventilated place to ripen.

**Preserve Vitamin C**  
"Small red and yellow varieties are best for making preserves.

"Since tomatoes are the best means of insuring the much needed vitamin C in the diet, care must be given to retain it, both in preparation and in the processing.

"Expose juice or cut tomatoes to the air as little as possible. Avoid delay between steps in preparing, pre-cooking, processing and cooking after processing.

# Of Special Interest to Women Readers

## Cool Waters

by REX BEACH

### CHAPTER I

The valley was as dry as powder and as hot as the top of a stove. It lay between barren hills, the naked summits of which were blackened, doubtless by volcanic fires, although one could easily imagine that the ceaseless rays of the vertical sun had burned them brittle. The sandy plain separating the two ranges was covered with desert vegetation—quercus misshapen growths, most of which were blunt and limbless. Some of the trees were mere stubs, others bore clumsy limbs of a sort and a sparse covering of tiny leaves out of all proportion to the size of the trunks against which they clung.

There were cacti of many varieties, of course, huge ribbed ones forty feet tall that resembled tremendous candelabra, others that were smaller and more grotesque in shape with hundreds of fleshy upright cars or with melon-like knobs and protuberances upon their extremities. An occasional shrub or clump of bushes upthrust itself between the larger trees, but every growing thing was somehow distorted; all were twisted by the heat, or bent by discouragement, perhaps; likewise every growing thing, from the tiny cucumber cactus, half buried in the sand, up to the tallest galloway tree, was covered with spikes and spines, with dagger points and talons. All these thorns were poisonous, all made festering wounds when flesh came in contact with them. Virus tipped their points.

### Valley of Pain

It was in truth a place of many poisons, a valley of pain, for what discomfort the cat-claws and the dagger points failed to inflict, the blistering sun and the irritating dust accomplished. At night when the weedless, grassless surface of the earth had flung off most of the heat stored up during the day, it was possible to breathe without gasping and to move about without streaming sweat; but this relief was short and it merely served to intensify the suffering that came with the ardent rays of the morning sun. The days were hideously long.

It was not a fit dwelling place for man, and why nature had gone to such lengths of devilish ingenuity in devising means to discourage him was hard to understand. Glorin Fisk often asked herself that question. Probably it was because of the oil, she decided. Oil was precious; the getting of it always entailed hardships and suffering. It seemed to her, however, that Nature had outdone herself here; that she had been more cruel than necessary. She could have economized on at least half of her discomforts and still have left the place a Gehenna. The heat and the glare alone were intolerable; why add the dust and the drought and the poisons and the maddening isolation? Why pour out all her hatred upon this place?

### Oil Country

Other oil fields were not utterly impossible to live in—the coastal fields, for instance, were bad enough, but they were infinitely more livable than this. One could endure damp heat or tropic fever and stinging insects—even the depredations of bandits—more easily than this eternal, dry, blood-thinning heat. Bandits, however blood-thirsty, were better than dust day and night, dust borne on every breeze, dust kicked up by hoofs and wagon wheels and truck tires, dust that got into one's food, one's clothing; one's eyes and ears and lungs; ever-present dust from which there was no escape. Insects, fevers—almost anything was better than the maddening monotony of these rainless days during which nothing, absolutely nothing, happened to divert one's thoughts from one's misery.

There were still other oil countries, of course, where one could live in actual comfort, where one could meet white people and speak English and hear running water and see green grass.

Green grass! Cool waters! Mrs. Fisk with a languid sigh went to the open window, parted the dusty curtains, and peered out. The glare was blinding, heat waves caused the distant derricks to dance and to waver. There was a dryness in the air that caused her throat to contract so that it seemed to rustle when she swallowed. It was a wretched street—a roadway, almost incandescent at this hour of the day—and it ran through a sprawling village of

filmy, unpainted houses all hastily slapped together out of boards and corrugated iron hauled in from the coast by rail. Sun like this demanded thick 'dobe walls, of course, but there was neither clap here at El Centro nor water with which to mix it. No, the water, too, came by rail in hot steel tank cars, most of which were foul.

Not a yard, not a fence, not a vine, not a bush, not a patch of green met Mrs. Fisk's weary eyes—nothing but the melancholy buildings, the road ankle-deep in a choking gray powder that coated roofs and walls and even the scattering desert vegetation round about the town itself.

Where the road came into view over a low knoll, there appeared a rolling cloud created by the wheels of an approaching car. Roads around El Centro were so rough that seldom could a car beat the dust unless favored by a breeze; it must perforce rock and jolt slowly through a suffocating smother that coated a driver's lungs as thickly as his skin. Like a trail of smoke ignited by some invisible brand, this dust streamer would close until Gloria made out her husband at the wheel of his rattle-trap flivver.

All cars were rattle-traps six weeks after they were put over these roads; this one complained loudly, its lumber fenders clashed, a jet of vapor rose from its radiator cap. Its tonneau was piled full of rope and tackle. All automobiles at El Centro carried similar cargoes. Veering drunkenly around the corner of the house, it coughed once or twice as if clearing its one lung; then with a long-drawn sigh of escaping steam it came to rest.

(CONTINUED NEXT ISSUE)

### This Is An Exclusive Laura Wheeler Model



JIFFY KNIT BLOUSE PATTERN 1026

Get out those big needles—some Shetland Floss and you'll be all set to make this lovely blouse. It's an easy stitch—you can tell that by the detail. And it's a blouse you can wear right through Fall. With short sleeves, it's lovely with a suit—with long sleeves (directions for these are given in the pattern), it makes an excellent blouse for the coldest weather. The collar, sleeves and belt are in plain knitting, giving an excellent contrast. You can make a plain knitted skirt to go with it. Pattern 1026 contains directions for making the blouse and a skirt in sizes 16 to 18 and 38 to 40 (all given in one pattern); an illustration of blouse and of stitches; material needed.

Send 20 cents in coins (stamps cannot be accepted) for this pattern to Wilson Needlecraft Dept., 73 West Adelaide St., Toronto. Write plainly pattern number, your name and address.

### Queen's Heart Is Enshrined

Marie of Rumania Expressed Wish That It Be Placed In The Chapel of Her Favorite Palace.

King Carol has given final approval of plans to enshrine the heart of his mother, Dowager Queen Marie, of Rumania, at Balck.

Queen Marie died July 18 and her body was buried six days later in the royal Rumanian tomb at Kurtea de Argeah. Her heart was kept in an urn in Bucharest and the king directed that, in keeping with her wish, it be taken next Monday to the shores of the Black Sea and placed in the chapel in the garden of her favorite palace at Balck.

The army and the government are planning elaborate ceremonies to "honor" the heart which beat, suffered and felt for Rumania."

### Mary's House

Mary has the nicest place; Truly, it is sweet, I have never seen a house Nearly so complete.

No, it didn't cost so much—Just a four-room flat; But Mary has a special way Of doing this and that.

Hook rugs on her shining floors; Painted by her clever hands Seems no trick at all.

Just a clever little place—Needpoint and jade—But a singing sort of house Has our Mary made.

Flower-sprigged her house frocks are, Frilly yet so trim. Even these she fashions thus, Thinking of her Jim.

Not a costly thing about, Up the stairs or down, But Mary has the sweetest place In our town.

—Helen Loomis Linham, in Good Housekeeping.

Earnings of the Swedish Merchant Marine last year were \$91,126,800, a gain of 21 per cent. over 1936.

## August Ends with GRAPES

By Katharine Baker

The arrival of grapes heralds the end of summer and the end too of the jam and jelly making season. By now the wise and thrifty housewives have their cupboards filled with something more than good intentions and have just enough space left to add the necessary number of bottles of grape preserves.

A good supply of grape jelly is almost essential in every household. There is nothing the family will like better and it is delicious with meat dishes, on toast, on blanc mange and other puddings. By making grape jelly and using the pulp to make grape butter, you can get two kinds of conserves which anyone will admit is very practical and thrifty. And it's not a long messy job either. A few minutes is all the boiling time needed when bottled fruit pectin is used and besides saving time, it saves juice, flavour and colour. Ripe grape jelly and ripe grape butter are a grand duo, economically as well as dietetically.

### COMBINATION RIPE GRAPE JELLY AND BUTTER

To prepare fruit, stem about 5 pounds fully ripe Concord grapes and crush thoroughly. Add ½ cup water, cover, and simmer 5 minutes. Separate juice from pulp by placing hot fruit in 2-quart sieve. **FOR JELLY:** Run enough juice through a double layer of cheesecloth held in a small sieve to obtain 4 cups of strained juice. **FOR BUTTER:** Rub through sieve grapes from which juice has been drained to obtain 4½ cups pulp. Use the excess juice or water if necessary to fill up last ½ cup.

### RIPE GRAPE JELLY

4 cups (2 lbs.) juice, 7½ cups (3½ lbs.) sugar, ½ bottle fruit pectin. Measure sugar and juice into large saucepan and mix. Bring to a boil over hottest fire and at once add pectin, stirring constantly. Then bring to a full rolling boil and boil hard ½ minute. Remove from fire, skim, pour quickly. Paraffin hot jelly at once. Makes about 11 eight-ounce glasses.

### RIPE GRAPE BUTTER

4½ cups (2¼ lbs.) pulp, 7 cups (3 lbs.) sugar, ½ bottle fruit pectin. Measure sugar and pulp into large kettle, mix well, and bring to a full rolling boil over hottest fire. Stir constantly before and while boiling. Boil hard 1 minute. Remove from fire and stir in pectin. Pour quickly. Paraffin hot butter at once. Makes about 11 eight-ounce glasses.

## You'll Find Belts On Winter Coats

Except Boxy Types; May Be Of Fabric or Leather

NEW YORK.—What goes with what for autumn? In other words what accessories are being worn with the new dresses, coats and suits?

Coats for winter are pretty generally belted, at least those that are being shown for August sales are, except, of course, the boxy types. Sometimes the belts are of the coat fabric, and sometimes they are leather.

### In Unique Design

Dresses, too, show both unbelted and belted waistslines. And then again some are belted with the material of which the dress is made and sometimes with leather or other contrasting fabric.

New belts that contrast with the dress are original in styling and very attractive.

Belts and suspenders designed by one firm include such unique things as turquoise studded copper plaques combined with leather thongs. Some of them have etched Indian designs on them. One of these depicts the "thunderbird."



Use MEMBA-SEALS  
Clear as glass. Beautify your Jams and Jellies. Packet of 25 Seals complete 10c. at all grocers, drugists and 10c stores.

## How To Fix Your Sewing Machine

If you know What's Gone Wrong It Isn't Always Necessary To Call In A Repair Man.

When your sewing machine goes wrong, in most cases the fault is simple to find and put right.

If it is missing stitches—Look at the needle. See that it is put in the right way round, with, according to the type of needle, the long groove or the flat side facing inwards. Is the needle blunt? Check the threading.

If the cotton breaks on top—Examine the needle and the threading as above. If it does not put the trouble right, take out the tension screw, clean the plates and remove fluff. Is the cotton caught round the reel pin?

If the material will not go through the machine—Take out the screw and remove the plate with the hole through which the needle passes. This will expose the feed which draws the material along. Is this clogged up with fluff? Clean with an old toothbrush. If this does not cure the trouble, tip the machine back from the base onto its side. You will then see the screw that adjusts the feed. Loosen this very slightly until the feed is working properly.

If the feed tears fine materials—Look on the top of the machine, close to the needle bar. Here is a screw, through which the needle bar moves up and down. Unscrew this a little.

## Skirts Stay Short For Daytime Wear

Either Very Tight or Gored In Widely Flaring Lines

PARIS.—For daytime skirts remain short. They are either very tight or are gored in widely flaring lines. Whatever the hem, hips and waist are always trim and narrow. Shoulders are either wide or high. The majority of waistslines are tight and normal, a few are slightly lower and a few raised a bit. The top of the silhouette is often emphasized by bloused effects or with drapery over the chest and bosom. Numerous crossed sashes and belt drapes are noted even in velvets or in fur trimmings on coats. Bodices and jackets are made with yokes. Sleeves are supremely important; often they are the basis of the whole silhouette. Most conspicuous are huge high-draped mutton sleeves; dolman or batwing types; ruffled cape sleeves. Long tight sleeves with wrinkled forearms and Louis XIV double or triple puffs. Stiff, high-shouldered Italian suitons lend interest to many an otherwise simple silhouette. All houses show sleeves in a contrasting fabric or color, or both.



Wrigley's Gum helps you keep fit! Relieves that stuffy feeling after eating. Cleanses crevices between teeth, too... assures sweet breath. A simple aid to health!

## When She Defied A Native Custom

Japanese Island Girl Gets A Thrashing For Selecting Her Fiance From Wrong Group

Eight young men, from 16 to 20, beat a 17-year-old girl so badly that she was crippled for several weeks, all because she had contracted an "extra-group" engagement to marry. At the island town of Takamatsu Japan, it transpired upon investigation, the peculiar custom is followed that when a boy falls in love with a certain girl, he and all the other members of his "group" leave their homes and go to live with the girl's parents. If the girl decides that she does not like the boy who made the first advances she is entitled to select another, but only from that group. Once she has picked one the rest leave the house of her parents and the marriage ceremony follows.

While the courting is going on the girl lives the life of a queen, waited on hand and foot by her suitors and his group. But she must not fall in love with a member of another group. A whipping is the penalty. At the trial of this case several citizens testified as to the good character of the young men, but they all received a 3 months' imprisonment sentence.

### Golden Wicket

A cricket match was once scratched in Australia because the ground was the scene of a gold rush. Claims were pegged out on the pitch.

## IT'S ALL AROUND TOWN!

—So why not get your copy of this week's Toronto Star Weekly while in town.



Extra values at no extra cost... that is your positive guarantee when you buy Firestone Tires. Among these are Firestone's 2 Extra Cord PLYS under the tread that bind the tread and body into an elastic inseparable unit making it safe at any speed. You pay nothing for this extra feature that gives you extra safety and extra mileage.

Get the most for your money. Firestone Tires do not cost one cent more than ordinary tires. Have the nearest Firestone Dealer replace worn tires today. Specify Firestone tires as original equipment when buying a new car.

## LOW PRICED TIRES

No matter how little you can afford for tires go to the Firestone Dealer first. He has a genuine Firestone tire to suit every purse that will give you the safest lowest cost mileage.

