

Get into the Spotlight of Fun

6 POINT CEDAR STRIP CONSTRUCTION

CORRECT DESIGN
RIGHT MATERIALS
PROPER WORK
SELECTED PLANNING
A WEATHERPROOF FINISH

PETERBOROUGH BOATS
FOR OVER FIFTY YEARS BUILT RIGHT

WRITE FOR FREE CATALOGUE of canoes, dinghies, rowboats, family outboards, motor boats. Wide range of models with prices that satisfy.

Peterborough Canoe Co., 268 Water St., Peterborough, Ont.

Classified Advertising

AGENTS WANTED

MAN OR WOMAN FOR CUPID concentrated Flavors. Fifty varieties. Large profits. Grand agents wanted. Write or come Direct Sales, 615 Yonge, Toronto.

LIGHTNING ROD AGENTS WANTED to sell Phillips Lightning Protection System. B. Phillips Company Limited, Osborne Avenue, Toronto.

BABY CHICKS POULTRY AND POULTRY EQUIPMENT

JOHNSON'S SUPERIOR CHICKS HAVE BEEN BREEDED IN PRICE. We specialize in two breeds bred to lay Barred Rocks and Barron strain S. C. Leghorns. All breeders are blood tested and proven. The best and the very best type of breeders are used and eggs set weigh between 25 and 30 gm per dozen. Price \$1.50-\$2.50 cents. Leghorns 8 cents each. Total safe arrival guaranteed. J. D. Johnson, Fergus, Ontario.

BUY TWIDDLE EXTRA PROFIT chicks for June. These chicks are over size, all hatched from 25 to 30 gm per dozen. Price \$1.50 cents for June. Twiddle Chick Hatchery Ltd., Box 10, Fergus, Ont.

BADEN SPANDALE CHICKS, LEGHORNS \$6.50, BARRED ROCKS, New Hampshire Birds \$7.50, Large Egg Quality \$8.00 more. Older Leghorns \$10.00. 3 weeks old \$4.00 weeks \$2.50. Baden Electric Hatchery Limited, Box 55, Baden, Ontario.

QUALITY CHICKS FROM BLOOD-TESTED BREEDERS. Leghorns \$6.00, pullets \$4.50, Barred Rock \$5.00, New Hampshire Birds \$7.50, pullets \$5.50, cockerels \$7.50. Large Egg quality hatched from 25 gm per dozen. Leghorns \$10.00, pullets \$8.00. Started Chicks 19 day old and 26 week old \$4.00, 3 week old \$6.00. Top Notch Chickeries, 16 Wilson St., Guelph, Ontario.

ADD TO BABY CHICKS D. C. LOST ONLY 8 OUT OF 1549 HATCHED. Baby chicks. Weighed up to 10 pounds at 8 weeks. For real production this Fall and Winter, buy hardy, fast-growing. Write for price. Baby Hatchery, 120 John St. North, Hamilton, Ontario.

RAISE MORE LAYERS WITH ADVANTAGE of the free price quoted for eggs next Fall and Winter. Baby pullet chicks are available in almost every breed. Write for prices. Baby Hatchery, 120 John St. North, Hamilton, Ontario.

BAILIFFS AND COLLECTIONS

WE HAVE THE FACILITIES TO handle your bailiffing collection problem anywhere in the world. Our results are immediate and satisfactory. Ross and Company, 162 Richmond St. W., Toronto.

BOATS

PETERBOROUGH BOATS, STURDY, reliable and seaworthy. Write for catalogue, also list of used boats. Peterborough Canoe Co. Limited, 268 Water St., Peterborough, Ont.

CLOTHING FOR SALE

FREE HATS, SHOES, SHIRTS, TIES, etc., with clothing purchase. Write for free illustrated catalogues. Both branches, Dept. 1, 102 Yonge Street Clothing Exchange, 562 Yonge Street, Toronto.

FILMS AND PRINTS

RODS DEVELOPED, PRINTED, 16 mm. enlargement, 25¢. Re-prints, 16 for 25¢. Photo-Craft, 182 King East, Toronto.

FOR SALE

YORKSHIRES—AT THE HEAD OF Shadwell Farms herd the Grand Champion, sire of the Grand Champion, "Pete" Murphy, 1st at Royal Winter Fair. Sows include First and Second winners Toronto and First Guelph. 1st and 2nd place with Ontario Registry Bookings. For sale, Shadwell Farms, Box 7, Eden, Elgin Co.

HAIR GOODS

WIGS, TOPIES, TRANSFORMATIONS, Braids, Curls and all types of fine wigs and hair goods. Send for illustrated catalogue. Special attention to repair work. Toronto Human Hair Supply Co., 528 Bathurst, Toronto.

HELP WANTED—FEMALE

WANTED—WOMEN WHO WISH TO earn extra money at home, receive free training. Write Box 8, Listowel, Ontario.

LEARN TO FLY

DUFERIN FLYING SERVICE gets your license on easy terms. Gines "A" Instructors. New Cubes. Address Barker Field, Toronto, Ont.

FURNITURE

LYONS TRADE-IN STORE 478 YONGE ST., TORONTO BARGAINS GALORE

Every article thoroughly cleaned, reconditioned and sold under a definite money back guarantee of satisfaction.

4.95 Large chesterfield, tapestry cushion, reversible, spring cushions.

13.95 3 piece chesterfield suite, reversible, four cover, reversible Marquise spring cushions.

24.95 Beautiful 3 piece chesterfield suite, velour, cover, flanneled, reversible, Marshall cushion.

49.00 Modern 3 piece chesterfield suite, new hard wearing rope cover, Marshall reversible cushion.

45.00 Chesterfield bed suite, three pieces, (Kroehler) velour cover, reversible, solid oak.

24.95 Solid oak dining room suite, buffet, extension table and 6 leather seat chairs.

49.00 Extension dining suite in rich walnut finish, buffet, refectory table and 6 leather seat chairs.

55.00 Beautiful 9 piece dining room suite, buffet, china cabinet, extension table and 6 leather seat chairs.

79.00 Large English oak dining room suite, buffet, extension table and 6 slip seat chairs, with cane panels.

89.00 Beautiful solid walnut dining room suite, buffet, chin cabinet, extension table and 6 blue leather seat chairs.

55.00 Smart kitchen cabinets with matching porcelain top.

BUDDIES \$10.00, \$12.50, \$15.00, \$17.50, \$20.00, \$22.50, \$25.00, \$27.50, \$30.00, \$32.50, \$35.00.

Write for free illustrated catalogue showing hundreds of other outstanding values in new and reconditioned furniture and free gifts with purchases.

LYONS TRADE-IN DEPT.

478 Yonge St., Toronto

MEDICAL

G. & S. RHEUMATICM AND stomach, "The Great Eliminator," contains ten of Nature's most potent remedies for removing and eliminating. Rheumatism, Stomach troubles, Arthritis, Neuralgia, Constipation, etc., \$1.50, \$2.00, \$2.50, \$3.00, \$3.50, \$4.00.

EUZEMA SKIN ALIMENTS, SORES, quickly healed by the antiseptic, German white antiseptic ointment. Samples mailed free direct. 25 cents at all drugstores. Twenty Cent Druggists' Remedies, 87 Inglewood Ave., Toronto.

PERSONAL

ARE YOU BUTTERFLIED? RELIEF—comfort, positive support with our advanced method. No elastic or under-straps or steel. Write Smith Manufacturing Co., Dept. 219 Press-Ont.

QUILT SEWACOY, SNUG, EASILY, comfortably heated by the antiseptic. Testimonials. Guaranteed. Advice free. Write Box 1, Winnipeg.

EVERY MARRIED COUPLE AND those contemplating marriage should read—"Sex and Youth," 164 pages postpaid. \$1.00. Our 16 page illustrated catalogues of bedding, sundries, etc., free upon request. Supreme Specialty, 169 Yonge, Toronto.

PHOTOGRAPHY

ENLARGEMENT FREE WITH EX- exposure. \$1.00. Each print developed and eight prints 25¢. Reprints 3¢. Established over 26 years. Brightling Studio, 29 Richmond Street East, Toronto.

USED BOOKS WANTED

GOOD PRICES PAID FOR LARGE PRIVATE LIBRARIES, first editions, pictures also wanted. State approximate quantity and kind—subjects, artists, etc. Write—B.L. Box 501, Postal Station "F", Toronto, Ont.

MISCELLANEOUS

GEM ELECTRIC FENCER, Canada's own. The unit that makes ordinary fences too expensive to build. A single strand of wire and a simple tall wooden fence post will stock where they belong.

Ask for circular and name of the GEM agent nearest you. Groh's Cooler, Limited, Preston, Ont.

THEY'RE OFF ! ! A NEW RAC- ing game even to reach Canada. Enclose an envelope for mailing race. Send 25¢ in coin for sample order or write for full particulars. Agents wanted in all communities. G. S. Sales Agency, 57 Bloor St. W., Toronto.

Issue No. 24-'38

A-C

Health In Secondary Schools

How Are Canadian Teen Age Boys And Girls To Keep Fit?

National Fitness Campaign Sponsored by the Ontario Secondary Schools Teachers' Federation.

1. INTRODUCTORY

One of the most evident facts today is that any nation which wishes to survive and to take its proper place in world affairs must seriously and systematically plan to make its citizens as fit as possible, physically, mentally, morally and spiritually. These are complementary fitnesses, interdependent, and any nation failing short in one of these must sooner or later meet disaster.

Now in the adolescent years spent in Canada's Secondary Schools nothing is being done systematically and persistently to ensure that these the citizens of tomorrow shall enter manhood and womanhood as perfectly fit as possible. After making a lukewarm attempt to supervise and check the health in elementary schools, this is dropped at the very age when some of the most serious and fatal diseases develop.

Ready to Enjoy Life

Teachers in Secondary Schools know that untold time and money

is wasted because pupils are under par and not fit to take full advantage of their opportunities.

It is useless to change and enrich curricula, and to add cultural objects to be presented to those who are not in condition to enjoy them. Many pupils have decayed teeth, defective eyesight, are undernourished, and are quite noticeably not well, but there is no school nurse to look after them, and no medical or dental man to inspect.

This does not mean that Canadians are all weaklings, but it does mean that a large percentage in this formative age in Secondary Schools are under par, not nearly at their best. Statistics to be quoted in later articles prove it.

There are over one hundred and twenty thousand of these boys and girls in the Secondary Schools of Ontario alone. They are the ones counted upon to be the leaders of the next three decades, Canada's future is in their hands. Are they or their parents or the state going to remain satisfied that anything short of their maximum fitness is sufficient for them to play their part to enable their country to fulfil its destiny?

More Demand Is Made On Eyes

Today Than Ever Before In The World's History; Widespread Eye-Strain Results.

In the past quarter of a century man has changed his ways of doing things and his eyes have been taking much of the ensuing punishment.

This was part of the message of Dr. Harold Judd, of Detroit, who appealed to the members of the Ontario Optometrical Association meeting in Toronto recently to help solve the problem of adjusting nature to new conditions.

"Present accentuated circumstances have evolved with a speed that formerly took centuries," said the Detroit specialist. "As a result there is a need for more help today than at any other time in human history. This is manifested by a greater demand forocular attention.

In his opening remarks, Dr. Judd traced the evolution of the human eye from the lowest animal life and its reaction to light. He suggested the possibility of the insect eye evolving from lower forms of life.

Must Constantly Be Adapted

"Much of the eye discomfort of today can be traced to nature's efforts to adapt man to new conditions. In preceding generations man was so much more agrarian than he is today. Today he has largely moved from the fields where his visual functions swept across the wide open spaces.

"Today, 75 per cent. of man's time is spent looking at objects and concentrating on them within an eye radius of 20 inches," said Dr. Judd. Much of our lives are spent in offices, factories or schools.

"As a result, man and his kind is experiencing a discomfort due to his forced adaptation to a new environment and to new occupations," he said.

Assemble Prehistoric Monster's Skeleton

CELEBRATES GOLDEN JUBILEE

As a new feature of its display in the Educational Pavilion at the Canadian National Exhibition this year the University of Toronto will assemble the skeleton of a dinosaur. The prehistoric monster is now at the Royal Ontario Museum. Dr. L. S. Russell of the Museum will co-operate with university authorities.

W. J. Dunlop, Director of the Department of University extension, who has charge of the U. of T. display at the Exhibition, also plans a display of small live animals from the Department of Biology.

Man—Well, I'm the gentleman that's going to introduce you."

We don't believe that the writers of these three classified advertisements said just what they meant:

"WANTED—A young man to look after a horse of the Methodist persuasion."

"LOST—A cameo brooch representing Venus and Adonis whilst walking in Hyde Park on Sunday morning last."

"WANTED—A woman in the far west to wash, iron and milk two cows."

We are beginning to have more respect for age now that we realize how many summers comparable to this one older persons must have experienced.

Apparently it makes a difference whether one stands or sits:

Customer—"I've brought that pair of trousers to be re-seated. You know I sit a lot."

Tailor—"Yes, and I hope you've brought the bill to be receipted. You know I've stood a lot."

Better Look Over Your Bookcase

"I give humble and hearty thanks for the safe return of this book, which having endured the perils of my friend's bookcase and the bookcases of my friend's friends, now returns to me in reasonably good condition.

"I give humble and hearty thanks that my friend did not see fit to give this book to his ashtray for his burning cigar, nor as a teething-ring for his puppy.

"When I lent this book I deemed it lost. I was resigned to the loss of the long part, I never thought to look upon its pages again.

"But now that my book is come back to me, I rejoice and am exceedingly glad. Bring hither the fatted morocco and let us rebind the volume and set it on the shelf of honor: For this my book was lent, and is returned again.

"Presently, therefore, I may return some of the books that I myself have borrowed."

Native—"Yeah, we're pretty tough in these parts, stranger. Hanging on that tree outside is Leatherneck Joe. We got sore at him last week and hung him.

Stranger—"Why don't you cut him down and bury him?"

Native—"Bury him? Gosh, no! Do you think we want to bury him alive?"

A censor is a man who knows more than he thinks other people ought to know.

THEY'RE OFF ! ! A NEW RAC-

ing game even to reach Canada.

Enclose an envelope for mailing race. Send 25¢ in coin for sample order or write for full particulars.

Agents wanted in all communities.

G. S. Sales Agency, 57 Bloor

St. W., Toronto.

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"DO AN OGDEN'S ROLL