by Walter Forder - - .

Syncpsis

The story opens with a scene in an a British artiste with a great gift for est. stage "magic," has finished his turn.

terrupted by th entry of three men, of the apartmethe younger man come away with heart thumping with the excitement how to sew. But most of them really and appetizing lunch possible. And them. He refuses and the older broth- of the moment. er intervence, with the result that both are shot and left for dead.

Croft, on the East Coast of England. the candles. It has been bequeathed by an eccentric man to his nephew, FRANK DIGof his wits by what seem to be psychic happe ings.

Digby enlists the help of MAXTON HUNTT', who has a reputation for private invistigation, and the two take up residence at Owl's Croft, where they are atten' by an elderly couple, MR. and MRS. BARLOW. The couple are ur ... 'sfactory, but Digby finds that other servants he engages peared to Digby to be a card upon the refuse to stay.

On the first evening of Hunter's ed it with the dagger. stay in the house there are unaccountable noises and ringing of bells, and of the weapon vibrating with the force uncanny things happen to an ancient of the impact as it buried itself into picture of a priest. Presently, foot the table. steps are heard outside the library

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American music hall. "MYSTICUS". Digby peered with ever growing inter-

Slowly the panel moved to disclose In his dressing-rorm he finds await- a black gap bevond, and behind the ing him his young brother, who is wainscot a lean, white hand emerged, endeavouring to escap from a racket followed by an arm and then a body. in which he has got himself involved. A stooping man . tepped into the room Mysticus offers to take "m home to noiselessly from the apert re and England, but the conversation is in stood upright after a moment's survey

The figure _tepped silently over to first one lamp and then the other, and learn." Several years lapse, and the scene speedily extinguished them, and then is changed to an old hours, Owl's proceeded to blow out the lights of

BY, who, on taking possession of the a monk or padre, wearing a bunched from. neglected place, is almost scared out gown falling low about his ankles and tied with a cord around his waist, His head was enveloped in a cowl which shrouded his face completely.

Upon the wall hung a sixteenth-century dagger, an affair of wonderfully laws. shaped brass and steel.

The Empty Air A long, lean hand reached out and lifted it from its hook, placed what apable, and with a vigorous jerk impal-

Pulling his hood still closer, the padre-like figure blew out the one re-

Thud! Digby could see the handle

maining sindle and flitted across the floor into the library. That was Digby's cue for action. He sprang forward, and raced over to the

"Hi, you! Whoever you are. What's

your little game?" He flung open the door which the flitting figure had closed, and then

fumbling for his matches lit a candle and peered into the dark apartment. Only a leather folding screen offered the faintest chance of a hiding place, this, without ceremony, Digby "Come out, I've spotted you. Now

what's the game?"

Once again that chilling sense of the uncanny sent cold shivers coursing down his spine as he realised that he addressed the empty air. "Well I'm jiggered!" he gasped. "Not here-but I could swear-"

He paused, rooted to the spot, for Lose that let-down feeling. Let Garfield outside, borne upon the gusty wind, Acts gently, came that low, mournful howl of the

Write for FREE Then it was that panic seized upon SAMPLE of Garfield him. Blind unreasoning panic, and Headache Powder— stumbling across the hall-lounge he used for constipation. made for the dark night beyond.

acid indigestion, and Blundering and falling in the rain, he made his way through the maze Write: Garfield Tea Co., Dept. 16a, and mystery of the garden. Just how puzzling the lay-out of a garden after dark can be was prodigious, he commented, as he alternately squeezed through the soft earth of a flower bed or blundered through a net-work of clinging vines. His brain raced as he stumbled through the darkness. "Hunter! Hunter!" he called softly.

Gallows On Cliff He reached a spot where a high ton (that's all it takes for one of hedge sheltered him from the force of these adorable easily-washed frocks.) the gale, and he paused to wipe his The bodice is made in simple puff face with his handkerchief.

strange business of the hall lights be- skirt contrasts with bodice, in ing extinguished.

"Now what can that mean?" he mut- round; you have no seams to worry tered, "Why should Mrs. Barlow light about. And how those firm stitches up and then wish to put out the will be admired, how they will wash

Sure enough the lights gave place to make several for gifts during leisure darkness, and Digby kept his stand in summer hours. Pattern 1782 conpuzzlement, watching the windows. tains directions for making the dress Then he saw the glimmer of a match and finally a lighted candle carried an illustration of i' and of stitches from the hall into a side room. The materials required; photograph of adjoining window was accordingly lit pattern stitch. with the candle's faint gleam, and the hall was dark again.

Then came a faint sound of a smash as though something had fallen over. "What on earth is the woman up to, fiddling with candles in that mad

If he had moved one step as he had intended, he would have been seen by cloaked. In an instant he was abreast a swiftly-moving figure which sudden- of where the watcher crouched. ly emerged from the darkness of the building. It came from the shadow and not from the door.

"Hullo, who's this?" there was boisterous wind serving to mask the something familiar in the shadow. Happily at this point the hall lights came back again; soneone inside was for longer than a second or two; but lighting up once more, and Digby caught sight of the sharply outlined form of a man, tall, hooded and



Where Girl Crooks Learn How to Cook

In Unusual Prison Domestic Training Helps to Reform Them

usual prisons in the world

It is the federal industrial institu- ther. tion for women at Alderson, W. Va Its warden, motherly Dr. Mary Har- nic of the season for most of us so 10

Housed In Neat Cottages

are housed in neat cottage type a salad or a delicious cake. It saves powder, nutmeg, and salt, and sift The man, if man it was, that Digby's | buildings which look like a girl's colstartled gaze beheld, was dressed like lege, and would be easy to escape and makes you doubly welcome for ually, and cream together until light

Nearly 50 per cent, of the inmates visit, are narcotic act violators. Another 26 per cent. have broken liquor

Many are released into squalid surroundings. Yet, Dr. Harris said their training in domestic or industrial arts is so effective that few become repeaters. Only 21 of the 861 paroled in 11 years have violated their probation.

Nothing Cooler or Smarter mixed with cut-side of clove of garlic, Than This Laura Wheeler



CROCHETED DRESS PATTERN 1782

Why not make your daughter a pastel crochet frock-perhaps at the lowest price you ever paid for such value, such style! You know how expensive such dresses are to buy. You save greatly by investing in a 1/3 cup butter or other shortening few balls of mercerized crochet cot- 1/2 cup sugar stitch, with picot loop finish, dainty From over the lawn he beheld the as can be, at neck and sleeves. The chain loop stitch worked round and and wear! It's likely you'll want to in sizes 4 to 8 (all in one pattern); 2 dozen.

Send 20 cents in coins (stamps) cannot be accepted) for this pattern to Wilson Needlecraft Dept. 73 Why let your children suffer when West Adelaide St., Toronto. Write an old New England remedy is plainly PATTERN NUMBER, your available. Send two dollars to NAME and ADDRESS.

With certainty of direction despite the dark, the man came on, and Digby, with cat-like caution, stole behind, the sound of his steps.

He could not see his friend ahead his senses served him well and he hung on doggedly. The path .. as cleaner, but the

ground rough, and Digby knew they were beyond the confines of the garden and, judging by the direction of the wind and salty spray, approaching the top of the cliffs. The sea below reflected a lighter

shade than the black heavens above, and he could make cut the form of his (To be Continued)

PICNIC Preparations

Hundred and thousands of Canadian 21/2 teaspoons salt families will be taking to the road on Cook stoves and sewing machines the 24th of May. Some may be just -instead of arms and bars - are going for a drive, others visiting keeping the gunman's moll, the nar- Thousands will be bound towards a cotic addict and other feminine law- grassy slope or a shady grove where breakers inside one of the most un- they can spread out their picnic food and lie in the sun and enjoy the wea-

ris, described it at a conference of let's make it one of the best. The officials of the U. S.' 22 federal pri- out-of-doors seems to whet appetites and picnickers are ready to eat any. % cup sifted flour Few of the women know how to thing by the time the food is served. cook when they come to the institu- Don't let that be a reason, however, tion," she said. "Still fewer know for not preparing the most attractive 14 teaspoon salt enjoy those and other things associ- another thought, if you happen to be ated with home-making, once they thinking of driving into the country to visit relatives or friends, it's good idea to take along something to supplement the hostess' menu. Not a 1/3 cup milk Dr. Harris' 500 women inmates whole meal perhaps, but a meat loaf, your prospective hostess a lot of work again. Cream butter, add sugar gradyour thoughtfulness. Here are various and fluffy. Add egg and raisins. Add But guards, arms, steel gates, recipes which can be worked into your oatmeal. Add flour, alternately with marching prison feet all are missing. picnic menu or taken along on your milk, a small amount at a time. Drop Greece, to London in 1214 hours.

Bolivia Potato Salad 2 cups cold boiled potatoes, cut

1/2-inch cubes 2 tablespoons pimiento, chopped 1/2 tablespoon onion or chives, finely

chopped 3 hard-cooked eggs, chopped 5 tablespoons mayonnaise

1 tablespoon vinegar 1/2 teaspoon salt Dash of white pepper

Rub bowl in which salad is to be if desired. Add potatoes, pimientos, onion, and eggs. Combine 1 table spoon mayonnaise with vinegar, salt and pepper, and add to potato mixture. Toss together lightly and chill 1 hour or longer. Add remaining mayonnaise and blend. Arrange in crisp lettuce cups and sprinkle with chopped chives. Serves 6.

Filled Jam Cookies 3 cups sifted flour

3 teaspoons baking powder ½ teaspoon salt 2/3 cup butter or other shortening

1/2 cup brown sugar, firmly packed 1 egg, well beaten 1 teaspoon vanilla

/3 cup milk Any kind tart jam (apricot, etc.) Sift flour once, measure, add baking powder and salt, and sift again. Cream butter thoroughly, add sugar gradually, and cream together until light and fluffy. Add egg and vanilla; then add flour, alternately with milk, a small amount at a time. Beat after each addition until smooth. Chill until firm enough to roll. Roll 1/4 inch thick on slightly floured board. Cut with 21/2-inch cooky cutter. Place 1 teaspoon jam on a circle, and place another circle on top, pressing edges together. Bake on ungreased baking sheet in hot oven (425 deg. F.) 6 to 8 minutes. Makes 2 dozen cookies.

Gingerbread Cup Cakes

2 cups sifted cake flour 2 teaspoons baking powder 1/4 teaspoon soda

2 teaspoons ginger 1 teaspoon cinnamon 1/2 teaspoon salt

1 egg, well beaten 2/3 cup molasses % cup sour milk

Sift flour once, measure, add baking powder, soda, spices, and salt, and sift together three times. Cream butter thoroughly, add sugar gradually, and cream together until light and fluffy. Add egg and molasses; then flour, alat a time. Beat after each addition cake pans in moderate oven (375 deg.

Pin Worms

CONNECTICUT REMEDY CO. Room 421, 73 Adelaide St. West, Toronto

GENIUS • •



DR. R. V. Pierce, whose picture appears here, was a profound student of the medicinal qualities of Nature's remedies roots and herbs. For nearly 70

years Dr. Pierce's Golden Medical Discovery has been States and Canada. If you wish to have vim, vigor and vitality, try this "Discovery." It eliminates poisons from the intestines, aids digestion, acts as a tonic. Buy now! New size, tablets 50c., liquid \$1.00 and \$1.35.

Savory Meat Loaf 2 thick 2-inch slices of salt pork,

2 pounds round beef, ground ½ cup quick-cooking tapioca 1/2 small onion, finely chopped 2 cups canned tomatoes

1/4 teaspoon pepper Fry out salt pork until golden brown. Add pork and drippings to other ingredients and mix thoroughly. Bake in loaf pan in hot oven (450 deg. F.) 15 minutes; then decrease heat to moderate (350 deg. F.) and bake 30 minutes longer, or until done. This loaf will slice nicely when cold. Serves This will probably be the first pic-

Oatmeal Drop Cookies

1 teaspoon baking powder

1/4 teaspoon nutmeg

½ cup butter or other shortening 14 cup brown sugar, firmly packed 1 egg, well beaten

1 cup raisins, chopped 1 cup oatmeal

Sift flour once, measure, add baking from teaspoon on ungreased baking sheet. Bake in moderate oven (350 deg. F.) 15 minutes. Makes 2 dozen

Most Blondes Live In Northern Zones

Vith Red-Heads, They Are Par-Sunlight, Science Finds

nitely disposed to cancer of the skin," done."-V.L. states Dr. Franz Blumenthal, formerly of the University of Michigan Medical

eration of the cells by affecting the system.



Wrigley's Gum helps you keep fit? Relieves that stuffy feeling after eating. Cleanses crevices between teeth, too . . . assures sweet breath. A simple aid to health!

every meal - millions do!

nucleus. If the cells are healthy, he cepted at full face value, explains only pointed out, the degeneration may half the mystery. lead to cancer. But if the cells are cancerous the degeneration may lead to their death and thus cure the dis-

Travel Made Him Constipated

Him "On His Toes"

"I am a commercial traveller,"

School, in a recent lecture in Minne- ternal cleanliness. The numerous salts Radiation, particularly X rays, rays organs to smooth, regular action. from radioactive substances and ultra Your inside is thus kept clear of those violet light, can both produce and cure impurities which, when allowed to accancer of the skin. It causes degen- cumulate, lower the whole tone of the

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travel world.

moderate cost.



Salesman Says Kruschen Keeps



and then do, or refrain from doing whatever he tells you. You will be lucky if the following Monday isn't the bluest ever. Insufficient Rest A Canadian physician came to grips with the difficulty when he told a convention celebrating health week that w ok-ends, with their mild dissipa

Buy some now! Small in co but big in benefits! Enjoy it after

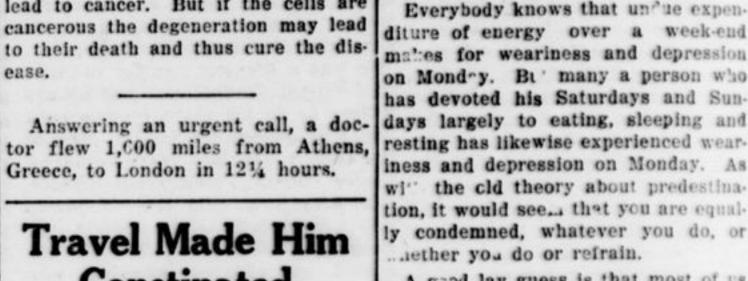
ticularly Sensitive to Strong mobile I find that I become constipat welcome rest to the body, but clean. Kruschen Salts is the only The blonde and the red head are thing that will do this effectively and found almost exclusively in Northern not interfere with my work. I take a temperate zones. A reason for this large dose of Kruschen every Saturmay be found in the fact that these day night and on Sunday, when I have types are particularly sensitive to ex- no work to do, the Salts act on me. posure to the ultra violet rays in sun- On week-days I take a small dose on light. 'Red-haired and fair persons rising. It is necessary that I be 'on who have work that exposes them my toes' all through the day, and this continuously to these rays are defi- is the only way that it possibly can be

Kruschen Salts is an excellent recipe for maintaining a condition of inin Kruschen stimulate your internal Children's Fears



tions of picnics, radios and movies are often bad for school children. Assert

writes a correspondent, "and due to it the machine itself. When a week endless travelling by train and autoed if I do not keep myself internally frir to expect the body to take up in



A good lay guess is that most of us are in bondage to blue Monday because most of us are slaves to habit.

Physician Gives Reason For That

day Morning

"Let-Down" Feeling on a Mon-

Notwithstanding scientific contribu-

Suppose you consult your doctor

ing that about 1 percent, of these have

chronic ailmonts of the heart, he ar-

gued that this was doubtless due to

"fficient rest. But even this, if ac-

We Expect Too Much

The fundamental error 's perhaps in expecting too much of the automatic .d let-down is marked it may afford hour or so on Monday morning all the slack p " out between Friday afnor a ! Mor : " morning.

Apparently then, the only thing to e done about blue Monday is to be as philoschical about it as possible onable with all with whom he may day is perhaps to impose too severe a strain upon human nature.

Mostly Acquired

Professor of Psychology Warns Parents Against Frightening Offspring

The child has only three or four natural fears, and those which are acquired during babyhood are usually the most dangerous and the result of improper care and attention

That is the belief of Dr. Paul C. Young, professor of psychology at Louisiana State University. Dr. Young picked up a few fears when a child, he said, and knows whereof he spoke. Produce Fear Complex

"Many parents play on the fears of their children in order to make them obey, to keep them from interfering, to keep them down," Dr. Young said "only to find later that they are bring ing up a shy, timid, stay-at-home dream creature. He is afraid of his own shadow, afraid that he will lose his job, afraid to speak to those he meets, afraid that those he meets might speak to him, and more afraid that they won't speak to him. Only Few Natural Fears

"By careful investigation," Dr. Young continued, "it has been found that the child has only three or four natural fears. The rest are acquired. He screams or cringes with fear, first, if he is all but allowed to fall; second if a loud sound is made near him; third, if some sudden, intense, or long continued pain afflicts him; fourth, if he is handled too roughly." All other fears, Dr. Young warned,

are learned. Parents who scare their

children with bogey-man stories to

make them be quiet, or put them in

closets, or otherwise punish them for

misbehaviour are instilling dangerous

fears in the child, he said Indian Woman Died

for an hour and then come to life again is one of the experiences of Dr. A. Nand, of Agra, India. He is a medical officer for the United iting the University of Toronto to heart stopped beating. Dr. Nand swears. She was a member of a religious sect which held the belief that it is necessary to dissociate oneself from the body to achieve true meditation, Dr. Nund said. Her control over her muscles, even to lungs and heart, was so perfect that she could practically cease to live, he added. Dr. Nand declares he is sure science can learn something

LESSON MAINTAINING PE EFFICIENC (A Personal Aspect of

Golden Text.-Every THE LESSON IN IT

wrote his First Epistle at Corinth before A.D. Place.—Babylon was of the Mesopotamian va the lower part of the E Asia, almost directly a

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For One Hour Only Seeing a women stop breathing

Provinces' Health Service and is vis study public health measures. woman ceased breathing and

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