

Of Special Interest to Women Readers

Orange Pekoe Blend
"SALADA"
 TEA

SKY GIRL
 By NELLIE GRAF

SYNOPSIS

Elinor Ames tries to escape the heartbreak of her postponed marriage to Dr. Norman Rogers by becoming an air stewardess. Dr. Rogers' mother approves an alliance between Norman and wealthy Francine Bayliss. Norman is jealous of Elinor get her job. Leola Rogers, Norman's sister, is in love with Jack, but they have quarreled. Elinor plans a dinner to bring them together. Norman arrives unexpectedly and leaves, jealously angry when he finds Elinor alone with Jack. Several days later, Elinor sees Norman's silver plane at the airport. She climbs in and finds a newspaper account of Norman's betrothal to Francine Bayliss.

CHAPTER VII

Elinor could not sit there and weep. A sky girl has many duties, she must eliminate all trace of tears, make herself presentable, and get back to her ship.

As she waited for the passengers to come out, she noticed a man standing in the canvas alleyway leading to the terminal. He was a small, dark, foreign-looking man. Clutching a small green bag in each hand, he moved about nervously.

"When the call, 'All aboard, please,' sounded, he hurried toward the plane, after a quick uneasy glance over his shoulder.

"Let me put your bags out of the way," the co-pilot suggested, as he helped the fellow in.

"No—no, I've things in them—papers and some medicine—that I'll need." He spoke with a foreign accent.

As he hurried inside, Elinor spoke to him. "Good morning, seat seven, please." She noted the name, L. Valdimir, destination New York.

The man took the seat, grabbed a newspaper and appeared deeply engrossed. One of the green bags was on the seat by him. The other rested between his feet.

"Won't you allow me to put your bags up here in the rack?" Elinor asked.

"No, no, no! They're all right." His eyes were furtive.

Elinor moved away. The man continued to sit, tense and quiet, as they got under way. Once or twice he glanced back at Elinor. He seemed to be under some sort of strain.

WOMEN WHO SUFFER

WOMEN who suffer in silence often pay a double penalty for wearing this gag of unselfishness or silly pride. Painful periods are nature's warning that something is wrong and needs immediate attention. Growing girls as well as women often are sufferers from female irregularities. They find Dr. Pierce's Favorite Prescription a dependable tonic. Read what Mrs. E. Eberhard, Glenside, Ala., has to say: "In my opinion there is no better medicine for women and girls than Dr. Pierce's Favorite Prescription. Before I found this I had taken one bottle of the 'Prescription' and I noted its value for painful periods. I can always depend upon the 'Prescription' to give relief." Buy of your druggist now.



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 THE SOLID FUEL FOR SOLID COMFORT

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King Authorizes Royal Marriage

King George VI gave his assent to the wedding of Prince Paul of Greece, heir-presumptive to the Greek throne, and Princess Frederika Luise of Brunswick.

The King acted, after a meeting of the Privy Council, under the Royal Marriages Act which requires his permission before any member of a branch of the Royal family may be wed.

The 20-year-old daughter of the Duke of Brunswick is a great great granddaughter of Queen Victoria. The 35-year-old prince, a distant cousin of the princess, is also related to the British Royal family.

Their wedding took place on January 9th, in the cathedral in Athens, Greece.

Some Appetizing Oven Dishes

Here is an interesting and flavourful way of preparing the meat course:

Russian Shaslik
 12 cubes (1½ inch) roast lamb
 3 medium-sized tomatoes, quartered
 6 small white onions, halved
 Salt
 Pepper
 ¼ cup butter
 ¼ cup hot water
 Arrange lamb, tomato quarters and onion halves alternately on six skewers. Sprinkle lightly with salt and pepper and broil under a high flame, basting frequently with combined butter and water and turning often, until done. Serve at once. Approximate yield: 6 portions.

Sausages for Sunday morning breakfast with waffles, pancakes or toast.

Yum! Yum! Try cooking them in this new and interesting way:

Sausages Baked in Bananas
 Six bananas, unpeeled; six to 12 small link sausages (size, 12 to 16 sausages to the pound). Slice each banana lengthwise from tip to top to form a pocket, being careful not to cut through the skin on the under side. Place one or two link sausages in the opening of each banana. Arrange the bananas in baking dish, slit side up and bake in a moderate oven (375 degrees, F.) about 15 to 20 minutes, until sausages are done. Serves six. Suggestion: To brown sausages, place under broiler two to three minutes after baking, or fry until light brown before inserting into banana for baking.

A grand vegetable to use with that bang-up dinner is squash. Done in the shell it is indeed an appetizing addition.

Winter Squash in The Shell
 1 Hubbard squash.
 2 tablespoons butter
 1 egg
 Salt and pepper.
 Milk

Part of a second squash may be used to make the shell full. Cut off the top of a small Hubbard squash, remove seeds and stringy portion. Place in a pan to bake or steam (about 2 hours) until tender. Remove pulp from shell, being careful to keep shell intact, mash pulp and season. Return mixture to shell. Smooth the surface to a dome shape, score with a knife, brush over with milk and beaten egg. Add bits of butter and place in oven a few minutes to brown.

European Veal Stew
 1½ pounds lean veal.
 Flour, salt, pepper.
 ¼ cup butter
 2 Oxo cubes
 1 small onion, finely chopped
 1 teaspoon curry seeds
 1 lemon
 ½ pint sour cream.

Select an inexpensive cut of veal. Cut in pieces 2 inches square and ½ inch thick. Coat all over with seasoned flour. Make butter very hot in frying pan and brown meat, with onion, in the hot butter. Add curry seeds (if you wish to use them), and the lemon (very thinly sliced) and cook a few moments longer. Add cream and Oxo. Transfer to baking dish and cover (or cover frying pan and complete cooking very gently, in frying pan); bake in a rather slow oven, 325 F., about 1½ to 2 hours, until meat is very tender. Add cream during cooking, if the mixture becomes dry; season further, if necessary.

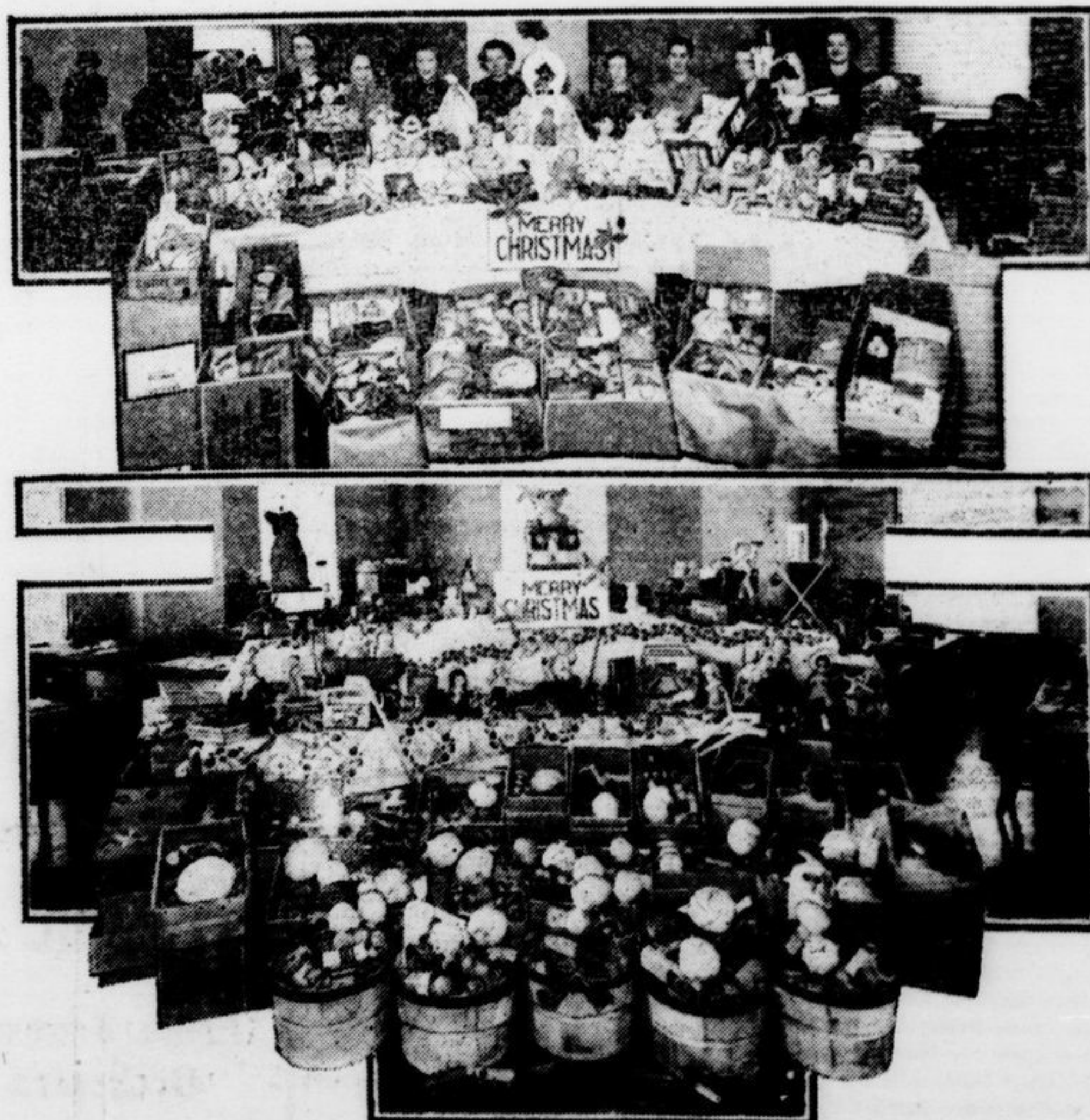
Prettier Bathrooms
 Bathrooms today can be made more beautiful than ever with new tiling, colored bathtubs, basins, etc., and all the beautifully tinted linens on display. Purple blue tiles from the floor to a peach colored ceiling, with peach towels and fixtures, a shower curtain draped like your best living room curtains, and blue tiles on the floor, make a smart combination.

HOW NURSE CURBED HER RHEUMATIC AGONES
 Rheumatic Pains are no respecter of age, sex, or social position. Rich men, poor men, busy women and idle women all provide victims for the hospital grounds. That started the Rheumatism. It got into my hands, showing itself by then to a Nursing Sister and she told me to try Fynnon Salt. I have only taken one package and am just starting another, but the pains are much smaller and you can tell what that means to me in my work. You can let I shall keep on with Fynnon Salt and sing its praises everywhere."

Even stubborn cases will generally yield if you take Fynnon Salt every day. In a few days you will notice a new suppleness in the joints, a sleep freedom from pain. Fynnon Salt, the proven British remedy, is now obtainable in any drug store—It is a large package. If you have any difficulty getting supplies, write: Laurence's Agencies, St. Gabriel Street, Montreal.

Missed Her Chance
 William Perry, 75, of Iowa, jilted at the altar 50 years ago, vowed he would not speak again until the girl returned. He is still keeping his vow. The girl in the case undoubtedly made a mistake for William has shown that he would have made an ideal husband.

The Spirit of Service
 Perhaps it is their habit of public service that impels telephone girls all over the province to plan good cheer for underprivileged families at Christmas time. This year hundreds of poor families benefited. The girls in the picture are representative of the thousands of telephone workers whose well-laid plans and well-filled baskets meant a brighter Christmas for so many of their less fortunate neighbors.



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Historic Treasures Found In Quebec's Village Churches

Numerous Art Works of Ancient French Canada Are Discovered in Out-of-Way Places By Investigating Commission.

Discovery of numerous art treasures of ancient French Canada is reported by Jules Bazin, one of six investigators commissioned to record historic relics of Quebec Province and to fill in the gaps of history.

Surveying paintings and art objects in old village churches and raking all through dusty archives and records, the investigators sought to catalogue relics and reconstruct the provincial life of a century or more ago.

Results of the survey, made during the summer, will be forwarded to Jean Bruchet, assistant provincial secretary, said Bazin, librarian of Montreal Beaux Arts School, who worked in the Montreal district with Gerard Morissette, provincial director of drawings. "One of the survey's objects," he added, "was to record the work of the Quebec artists of the 18th century, lost with the influx later of German, Italian and English influences in the art field."

Their true value unknown to the priests, many treasures were found in old churches of the province's villages and hamlets. For instance, in the parish church of St. Martin Village, we found two valuable paintings by Francois Malepart dit Beaumont, prominent artist of the time, and dated 1769 and 1794.

"And in a tiny church in a nearby town we unearthed two gold and silver eucharistic wine cups, bearing the stamp of the French-Canadian silversmith who made them more than 100 years ago," he said.

Of the other teams, Antoinette Bernier and Raymond Parent delved into the archives of Montreal while Gordon Neilson and Maurice Gagnon combed records and relics of the lower St. Lawrence River region, from Quebec City down along the Gaspé Peninsula.

Psychology Must Study Headaches

Must Accompany Medical Research in Finding the Cause of This and Similar Ailments.

A complete understanding of headaches, fainting spells and epilepsy requires studies that are both medical and psychological, according to a paper delivered before the Association for Research in Nervous and Mental Disease meeting at New York.

The paper advocated a combination of two schools of thought on the diagnosis and treatment of such ailments.

Change in Emotional State
 "Changes in the body, certain biochemical processes and certain psychological states can affect the blood circulation of the brain," the paper said. "It is therefore important, whenever investigating people who have such complaints as fainting spells, epilepsy and headaches, to have studies that are both medical and psychological to determine which of these processes is causative of the patient's complaint."

"Most people under the effects of strong emotion have an increase in the heart rate and the blood pressure. However, we have seen some who react with a slowing of the heart or a fall in blood pressure. Some individuals will blush under circumstances wherein others will definitely grow pale. Similar varied vasomotor responses can occur in the brain."

Seeks Cure for Epilepsy
 Dr. Wilder Penfield, of Montreal, the president of the association, read a paper based on observations of epilepsy patients under surgical operations, which indicated the cause of epilepsy to be due to alterations in the flow of blood through the brain. Dr. Penfield saw stabilization of this clot as a possible cure for epilepsy or an avenue of approach to the treatment of epilepsy in the future.

Dr. John R. Graham, of Boston, through a study by means of reflected light on the temporal artery, demonstrated the effectiveness of ergotamine in relieving headaches.

Jilted Women Heckle Groom

Drown Out Bride's Answers With Chorus of 'I Will'

When the officiating clergyman at a marriage at Chudwin, Czechoslovakia, said, "Will you take this man to be your lawful husband," there was an unexpected commotion in the body of the church.

Came two loud cries, "I will" from among the spectators, completely drowning out the quiet reply of the bride. The bridegroom had proposed to three women, and the two whom he had jilted had conspired to wreck the wedding. They continued their demonstration and almost succeeded in their purpose, but the police were called and escorted them from the church.

LESSON III

BEGINNING A LIFE OF SERVICE
 Mark 1: 14-28
 Golden Text — "The time is and the kingdom of God is at hand; repent ye, and believe in the Gospel."

The Lesson in Hebrews
 Time — April and May
 Place — Capernaum at the end of the Sea of Galilee
 Between the thirteenth and fourteenth chapters, which closed last week, in which Mark briefly recounted the life of Jesus, and the tenth verse of this chapter which our present lesson is taken from, we find the beginning of the Gospel of Mark.

Jesus came into Galilee, not from any other place, but from the town of Nazareth, the home of his childhood. He was a carpenter, and his mother's name was Mary. He was about thirty years of age when he began his public ministry. He was a man of a meek and lowly character, and he was full of grace and power. He was the Son of God, and he came to save the world.

And saying, the time is fulfilled, and the kingdom of God is at hand; repent ye, and believe in the Gospel.

The thought here is of the oneness of the moment. The Son of God is here, and the kingdom of God is at hand. This is the message of the Gospel, and it is the message that we must believe in and live by.

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