British public has been waking up to extremes. the fact that a great proportion of tion. The national physique is deteriorating through lack of the proper | a civilized way." vitamin-carrying foods. Reason given is that the above-mentioned articles of diet are too expensive for the lower wage groups.

Here in Canada it has been estimated that if a family of five are to I necessary to resign, King Carol II receive an adequate supply of vitamin- may take it upon himself to act as containing milk, an outlay of \$2.99 Royal dictator with a pro-Fascist govper week is required, at present prices. | ernment under him, Another dictator-Then the appalling discovery is made | ship, another Fascist State in Europe! that such a sum represents 20 per cent, of the total income of families living on between \$750 and \$800 a

year! Excluding farmers who generally belong to the \$800 income group but who supply the family table from the products of their own toil, the number of Canadians falling below the \$800 mark is indeed very large. There is a wolf outside more doors than we have imagined, and that wolf is Malnutri-

Good news is that the newly-appointed Canadian Council of Nutrition hopes to do something about the situation. Exhaustive research work will be done, and the public made nutrition-conscious,

----SOFT PEDAL: The United States apparently has stopped sending notes to Japan protesting the bombing of the Panay. For a while there, it was thought by some that the incident might lead to war between the two countries. But not by Washington. As the Montreal Star pointed out in a capable editorial, the U.S. Government had to make a huge fuss to satisfy public desire for retaliation, 1 wouldn't have done to have let the cutrage go unnoticed. The last thing | lief of congestion by emigration is bein the world the United States wants | coming less and less necessary.

HALF-STARVED CANADIANS: - 1 is war, so it was a hard course for the During the past couple of years, the | diplomats to steer-between the two

This week the Japanese came out the population are undernourished, in praise of the peaceful settlement that if Great Britain doesn't watch of the Panay crisis which demonstratout, she will shortly become a C3 na- ed, they said, the ability of "two civilized nations to solve their problems in

> ANOTHER DICTATORSHIP: As a result of a vote impasse in the Kingdom of Rumania whereby Premier Taterescu and his Cabinet found it

UNOFFICIAL FLAG: Lancashire, England, has asked the question: "Why should Canada be the only one of the Dominions without a flag of her own?" Lancashire asked the question -and manufactured a Red Ensign with the Canadian coat-of-arms on it. This is quite unofficial but many Canadians seem to like it. They call 'our Lancashire flag," and it has been flown a good deal.

London "Answers" comes back with smart one: "What Lancashire weaves today Canada waves tomor-

But the fact is, we still have no official, distinctively Canadian, flag.

"COLD TO MIGRATION": Dominions Secretary Malcolm MacDonald ast week told the British House of Commons that the time is not yet ripe to ask Canada to co-operate with the United Kingdom in encouraging the migration to Western farmlands of assisted Britons.

The issue may never actually come to a head since, while time is being consumed in preliminaries, the British birth-rate is falling day by day and re-

To Comprehend Whole Phrases at

Once - Reading Is An Art

Where Practice Makes Perfect

rhythm and comprehension in read-

era is employed at Washington Uni-

versity. The machine is rectangular,

about a foot high, four feet wide and

rests on legs three feet high. On the

front is a device resembling a roll on

a player piano, on which reading mat-

ter is printed. The roll, controlled

sired speed, displaying sections of

As the machine ticks off words,

er falls into the rhythm habit. When

In a Definite Rhythm

eves move in a definite rhythm," Dr.

Stephen C. Gribble, of the department

at the university, said: "They move

evenly across the line, stopping about

line, taking in about the same number

of spaces at each fixation and with-

out moving back along the line to re-

'For ordinary reading it has been

determined that a person should need

Read Wholes Not Parts

"The first law of reading is the ap-

plication of the law of relative im-

portance. Be selective and read for

the broadest meanings at first, If you

will focus attention on the more mean-

ingful words, your reading span be-

comes wider, thus increasing both

your speed and comprehension. Read

wholes, not parts. Read sentences, not

The average reader covers 200 to

Psychologists say that reading is an

art in which practice makes perfect;

that there is a correlation between

fast reading and good reading, and

those who read most are likely to be

You have heard that a drop or two

of perfume on your pillow at night

will help to produce a good night's

rest but did you hear that a Greek

poet insisted that perfume had a more

The Greek ladies healed a broken

heart by changing their perfume for-

mula. So if your newest beau seems

hopelessly uncooperative, why not

change your perfume just in case.

Luck charms sell well in New South

Wales, where, it is estimated, nine

persons out of ten in every walk of

In Greek Fashion

the most comprehensive readers.

Mending Hearts

important function?

life carry them.

about three stops per line.

300 words a minute.

read part of it.

the same number of times in each

of education in charge of the clinic

"If you are a skillful reader, your

electrically, moves along at any de-

Machine Teaches Commerce Studies Sunspot Problem Slower Readers

Procence Cycle Nearing Its Peak and Radio Interference Will Reach Height

Scientific matters of purely academic interest have a way of becoming of commercial importance. The spots on the sun have been observed and recorded for nearly two hundred years as something of interest to the abstract scientists, but now they are studied by commercial companies. With radio, telegraph and telephone circuits operating over the oceans, it is important to know what conditions are soing to be encountered in order this end the Bell Telephone Laboraent cycle, which is now nearing its | the reader becomes accustomed to the penk, and would like to know how speed of the machine it is stepped high that peak is going to be. The up a notch and the pupil's speed is I gradually developed. higher the peak the more sunspots, and the more sunspots the greater the amount of interference with radio and wire transmission.

A Two-Year Lag

They have charted the studies of magnetic activity on the earth and find a two-year lag between the maximum number of sunspots and maximum number of magnetic storms. This factor is more likely to interfere with wire transmission, since the effect on radio of sunspot outburst is almost instantaneous. Only the eleven-year cyeta is available for forecasting the exfent of the latter factor. It has been found that there is a correlation between the low point of one cycle and the height of the peak in the next cycle, the higher the starting point the higher the peak, and vice versa. As a result they have estimated that the coming peak will be of only moderate height, between sixty and nine-The curve was rising so rapidly during the last year that many scientists thought it would go to extreme heights, perhaps the all-time record of 155 in 1789.

New Eyelids Grafted After Face Scorched

Kenneth Donnelly, of Sharbot Lake, Ont., 14, slept with closed eyes Christmas Eve for the first time since he was ten months old when he suffered burns which left one arm practically useless, disfigured his face and scorched off his eyelids.

A month ago he was taken to Kingston where Dr. L. Noble Armstrong, eye specialist, and Dr. Stuart Houston. plastic surgeon, took diamond-shaped pieces of skin from two to three inches in size from his leg and grafted them onto his eyelids.

Kenneth can now open his eyes only slightly as the muscles are at the stage of development reached when he was ten months old.

Drought is causing the rationing of water in parts of South Africa.

A-C

As Grenadiers Enter City of London



Commander J. R. Poland salutes the Grenadier Guards, as the noted British regiment enters the City of London, colors flying and bayonets fixed, according to the tradition that grants the regiment this privilege. The unit will serve at the Tower of Lendon.

Doctors Would Nationalize Medical Research

Support of Public and Government Is Being Sought For Research Work-Wish to Combat Cancer on Wide Scale.

Canadian medicine plans to put on ts long-range fight against cancer and other baffling diseases on a national basis. The attack will be through a national medical research council, designed to co-ordinate medical and scientific effort against the enemies of public health.

Advise Royal Commission Dr. T. C. Routley, general secretary of the Canadian Medical Association

has announced the C.M.A. would recommend to the Rowell Commission on Dominion-Provincial relations the formation of the research body. A favcrable finding by the commission, the doctors feel, would result in governmental and public support,

Under the proposal, medical re search into cancer which last year killed close to 12,000 Canadians would be placed in the hands of a branch A machine to develop speed, of the present National Research Council. Other baffling maladies such an infantile paralysis would likewise come under the council's scrutiny for

study and experiment. A first step toward nationalizing medical research has already been tak en with organization of a medical advisory committee of the research council. The Canadian Medical Association is represented on the commitsentences according to the reader's | tee by its president, Dr. T. H. Leggett of Ottawa.

Provinces Must Co-operate No one province can conduct the health education and research necessary to combat cancer, which took 500 more lives last year than in the pre-

vious year, the Rowell Commission

will be told. The Canadian Medical Association, in line with its four-point cancer compaign, is organizing also a Canadian Society for the Control of Cancer under which both lay and medical forces will be mobilized. The association last March was made the beneficiary of an annual \$14,000 grant from the King George V Silver Jubilee Cancer Fund, contributed in a national campaign in

Four-Point Program

It is pledged to: 1-Educational work within the medical profession. 2-Improve cancer work in hospitals

and existing research centres. 3-Collect statistics for clinical re-

4-Conduct a public campaign to remove cancer phobia or fear among the general public and to enlighten them on the many helpful treatments now available, provided they are used early enough in the development of

Knights of the Garter, the most distinguished Order in the world, must wear some part of their insignia always-night and day.

1938 Ford V-8 Trucks, Commercial Cars

RUGGED BEAUTY is the key- Introduced in the truck line this | Panel delivery, sedan delivery,

note of the newly styled Ford V-8 year is the 134-inch wheelbase, light delivery and station wagon

1938. Leaders in the two lines are | wheelbase of previous years, avail- commercial chassis. The sedan de-

pictured above. (Top) The de luxe able again in standard and dump livery has the front end design of

two-ton heavy duty truck with the truck chassis. De luxe trucks are the standard passenger car and the

157-inch wheelbase and powered continued and the rugged 157-inch station wagon the front end of the

with the 95 horsepower V-8 engine. wheelbase chassis with cab is again de luxe passenger car. The latter

It is shown with a stake body. available. New treatment of the has safety glass windows all around

(Lower photo) The de luxe panel truck radiator grille gives the front which can be locked. More head-

delivery, aristocrat of the new com- end a more massive, impressive room is provided in the cab and in-

mercial cars. It is built on the appearance. This effect is height- teriors are fully lined with washable

112 - inch wheelbase commercial ened by long louvres extending "art leather." Improved braking and

chassis and is powered with the 85 horizontally along the sides of the easier steering are features of the horsepower V-8 engine. hood, which is hinged at the cowl. new trucks and commercial cars.

TORONTO

trucks and commercial cars for which replaces the 131 1/2-inch bodies are available on the 112-inch

Parks Picturized New Films Show Scenic, Recrea-

Canada's National

tional and Wild Life Features of Our Parks

Two new motion picture films have recently been produced by the National Parks Bureau, Department of Mines and Resources, Ottawa. Bearing the titles, "Colourful Days in Prince Albert National Park" and "Playgrounds of the Prairie," these films are fine examples of motion picture photography, and bring to the screen the scenic, recreational, and wild life features of the National Parks. "Colourful Days in Prince Albert National Park" is a fifteen-minute visit to Prince Albert National Park in Saskatchewan, while "Playgrounds of the Prairie" depicts the scenic beauty of Riding Mountain National Park in Manitoba, These films have been produced in natural colour, and are also available in black and white.

84 Subjects In Library As a publicity and educational medium the National Parks Bureau operates a motion picture library containing a great variety of subjects descriptive of the magnificent scenery, recreational advantages, and wild life of the National Parks. The library conthan 1,300 prints, and all subjects are available in both 35mm, and 16mm. sizes. These films are lent to conservation societies, universities and schools, writers, lecturers and other organizations and individuals interested in wild life conservation and in making known the many attractions

of Canada's national playgrounds. New subjects are constantly being added to the National Parks film library, and the increasing demand for films reflects the growing interest in Canada's National Parks. Through the medium of motion pictares the beauties and attractions of these great recreational areas are becoming known throughout the whole world. National Parks films are now in circulation in the United States, Great Britain, France, Austria, Czecho-Slovakia, Holland, Norway, India, Australia, New Zealand, Hawaii, South Africa and the British West Indies, as well as throughout the Dominion of Canada.

Woman Killed While Doctor Is At Door

Mrs. Ellen Barlow, aged 65, sat knitting at the bedside of her 72-yearold husband, Henry, a farmer, of Longdale, near Sefton, England,

Henry Barlow was seriously ill, and they were waiting for the doctor to There was a knock at the door, and

Mrs. Barlow put down her knitting to let the doctor in. A moment later Mr. Barlow heard a thud. He struggled out of bed and

went downstairs. His wife was lying dead with a fractured skull. He had to step over her body to open the door for the doctor. A verdict of accidental death was returned at the inquest.

News In Review

A Fascist Rumania

BUCHAREST - Octavian Goga, the leader of the Fascist-inclined National Christian Party, has succeeded in the forming of a new Government which foreign observers predict will swing Rumania away from Europe's democratic powers toward the Rome-Berlin

Goga was said to have told King Carol that he would not deviate from the National Christian Party program, which includes: 1. Close co-operation with Fascist

2. Severance of relations with Rus-

3. Adherance to the Berlin anti-com-4. Seizure of all Jewish-owned land.

Quints Gain Weight

CALLANDER - Possibly due to the huge Christmas dinner they ate, the announced.

of the month when she added one and line trains fully air-conditioned, one-quarter pounds to her weight to draw up on even terms with Annette for the first time since they were tains 84 subjects, comprising more | born, Annette, prior to this month, has alternated with Yvonne for the heavyweight title among the sisters.

> Husband and Wife Dead MONTREAL - Hacked with an axe Mrs. Joseph Pozsony was found dead in her home last week-end, and soon afterwards her husband's body was discovered hanging from a transom in

an upper room of the house. The 36-year-old housewife was lying in the hallway of the St. Urbian St. home when her son, James, 14, returning from work, saw her sprawled body through the glass of the locked door. She was dead by the time a doctor had arrived.

To Control All Shanghai

SHANGHAI - Japanese army claimed "in principle" this week-end, the right to extend provisions of its military law into Shanghai's International Settlement and French Concesother foreigners make their homes.

nounced the claim, under which the Transport in the work of preparing troops could enter foreign areas still outside Japanese control and arrest and try 'all persons" suspected of crimes against Nippon's armed forces.

New Irish Constitution

DUBLIN - A black flag flew over the headquarters of Sinn Fein this week as the new Irish Free State constitution came into effect - a constitution which, though it is called only "near republican," severs most of the remaining ties with Great Britain and brings the country close to the status of an independent republic.

Sinn Fein disapproved the constitution because it did not provide for an actual republic, with no ties at all. and threatened to hold a demonstration to-night "to mark the resentment of citizens at the enforcement of British Empire constitution which subverts the republic and maintains England's occupation of Ireland's territory and port."

Unemployment Up

OTTAWA, - Industrial employment in Canada dropped by 34,444 persons during November, exceeding the average for the period in the last 15 years although being smaller than in 1929 and 1930, the Dominion Bureau of Statistics reports.

The bureau reported "a large seasonal contraction," at December 1st, from 1,194,171 the preceding month to 1,159,727. The crude index based on the 1926 average as 100, fell from 125.2 at November 1st to 121.6 at December 1st, while the seasonally adjusted index declined from 120.3 to 119,1.

When Does Man Become An Adult?

It is difficult to say exactly when a person is a fully-fledged adult. Dr. Ales Hrdlicka of the Smithsonian Institution, says a man is not full grown at 25, and may not even be at 40. The process of growth continues almost to old age, he says, and may never be complete. The arms, legs and body are known to grow long after manhood and womanhood are considered complete. Women's feet grow more than men's after 25, and a man's chest grows till he is 40 or 50. When old age sets in, the chest and trunk shrink and the legs shorten slightly. The nose continues to lengthen throughout life in most people.

A Doctor Directs His Own Operation

Eighty-two-year-old Dr. Jacob Schwinn, of West Virginia, is recovering after directing an operation on him-

He was given a local anaesthetic, and while the two operating surgeons were busy with their knives he gave they were to do.

This stoic doctor, after the operation, insisted on dressing his own wound every day, and finally removed, without any assistance, the stitches that the surgeons had made.

Steady Progress Seen For 1938

Index Furnished by C. N. Railroad Earnings Points to a Good Year Ahead - 1937 Achievements Renewed.

Increased traffic on the Canadian National Railways, due to improved business conditions, this year has necessitated the acquisition of new equipment, both passenger and freight. During the year the following freight equipment was purchased; 3,000 steel box cars; 400 gondola cars; 400 freight refrigerator cars; 200 automobile cars; 49 flat cars; 30 steel sand cars. Practically all of this equipment has been delivered. The balance will be delivered early in January,

Fifty air - conditioned first - class coaches of the latest design were also purchased. Each car has sufficient reversible-reclining chairs to seat 64 passengers. Individual prismatic lens Dionne quintuplets, now three years lights, windows proof against frosting, and seven months old, all registered | and private smoking-compartments for weight gains during the past month, ladies, render these cars the last word Dr. Allan Roy Dafoe, their physician, in comfort. These cars have enabled the Canadian National to attain its Emilie furnished the major surprise objective of having all principal main

Trans-Canada Air Lines Construction of the Noranda-Sen-

neterre branch to serve the gold fields of Northern Quebec has proceeded to the point where it became possible to open for service the 36 miles from Senneterre to Val d'Or. On November 29, 1937, train service was inaugurated on this section of the line. An Act of Parliament was passed

on April 10, 1937, creating the Trans-Canada Air Lines to operate regular services transporting mails, passengers and express. Operation will be under exclusive franchise, over routes specified by the Dominion Government, extending across the Dominion. -Trans-Canada Air Lines is controlled by the Canadian National Railway Company, which at present owns all of the airline's stock. Fifteen planes of the latest type have been ordered, five of which have now been delivered. They are said to be the fastest transport planes being built today. Excellent progress has been made in the training of Canadian pilots and ground forces to handle the planes, and in the sion, where thousands of Britons and installation of two-way radic and other ground facilities. Good progress has The Japanese army spokesman and been made by the Department of landing fields, lights, radio beams and meteorological equipment. A considerable amount of further work of this nature must, necessarily, precede commercial operation,

Bright Hopes For 1938

The Canadian National has contributed its share to the slow but sure reduction of the burden of unemployment. Together with the other rallways of Canada it is restoring wage rates, on a sliding scale, to a level which by the first of April, 1938, will equal the pre-depression high-mark, Due to this wage restoration and to the employment of additional forces required because of increased traffic, wages paid by the Canadian National to its Canadian employees in 1937 exceeded by more than five million dollars the wages paid in 1936. Nevertheless it is anticipated that the requirements of the system, in the form of cash expenditure by the Dominion Government to meet fixed charges will be still further reduced for the sixth consecutive year. The reduction this year would have been much more substantial but for the Saskatchewan crop failure and the recent recession

This hesitation in business activity must be recognized as a factor affecting the future. Nevertheless, railway earnings are a significant index and although at the present time there are signs of the general upward trend being slightly retarded, we may look forward to the year 1938 with every hope that the steady progress during the past four years will be maintained.

Shark Attacks Bather Twice

Boy Swimmer Off Australian Coast Is Victim of

Thomas McDonald, aged 16, was swimming at Byron's Bay, New South Wales, when there was a sudden cry of "shark". Immediately afterwards, he felt a searing pain along his side and the

monster flashed past him. McDonald kicked out and struggled away, but the shark again snapped at him. Teeth Marks Found Breaking free, the boy was carried to the beach on a breaker, where two

sets of teeth marks were found on his body-one on the upper part of the chest and the other on the abdo-The shark, a "grey nurse" about eight feet long, had previously attacked a man named Dening who was riding a surf-ski. Dening drove it off

with his paddle, but it came again and he raised the alarm. The shark then made towards McDonald's cousin, who frightened it away by them detailed instructions of what kicking. After that, it attacked Mc-

McDonald is considered to be one of the luckiest youths in Australia, his wounds being only slight. Sharks, when they make such attacks, seldom release their target.

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