Sunday School Lesson

THE MORAL ISSUE IN THE DRINK PROBLEM (International Temperance Sunday). — Romans 13:12-14; I Corinthians 6:9-11; Galatians 5: 16-24.

GOLDEN TEXT—Walk by the Spirit, and ye shall not fulfill the lust of the flesh. Galatians 5:16.

THE LESSON IN ITS SETTING

Time.—The epistle of Paul to the Romans was written about A.D. 57. His First Epistle to the Corinthians was written about 59 A.D., while the epistle to the Galatians was written probably in the year 61 A.D.

Place.—The epistle to the Romans was written to Rome from the city of Corinth, in Greece; the First Epistle to the Corinthians was written from the city of Ephesus; while the epistle to the Galatians was written from the city of Corinth.

12. The night is far spent, and the day is at hand. (See Thess. 5:5). The passage may refer to our Lord's First Advent, when the darkness of heathenism began to pass away and the day of light and gospel purity commenced; it may also refer to the approaching day when the Lord Jesus Christ would come back again. Let us therefore cast off the works of darkness. "No doubt the word darkness suggests also 'the powers of the darkness,' the personal spiritual 'rulers of the darkness,' who tempt the soul and intensify its tendencies to evil. The habit resulting from these deeds is here figured as a night robe which is to be put off as the sleeper rises to conflict." And let us put on the armor of light. "There is the light of sincerity, the light of purity, the light of love, the light of joy."

13. Let us walk decorously, as in the day; not in revelling. And drunkenness. Not in chambering. (Professor Moffat translates this word "debauchery.") And wantonness. It means not only licentiousness, but "wanton insolence and riotous excess." Not in strife. That is, contention, whether it be at home, in school, among neighbors, in social circles, in business, or in a church. And jealousy.

Filled With Things of the Lord

14. But put ye on the Lord Jesus Christ. Christian life is not one emptying of the things of the world so much as one filled with the things of God. We shall not walk in darkness if we put on the Lord Jesus Christ. And make not provision for the flesh, to fulfil the lusts thereof. Let the evil thing die of famine. Let the ungodly suggestion perish for sheer lack of food. Kill your spiritual enemies by starvation. This appears to be the principle advocated by the great apostle for the culture of the spiritual life.

9. Know ye not that the unrighteous shall not inherit the kingdom of God? Unrighteousness is wrong doing of any kind. A person who lives in unrighteousness, the apostle clearly tells us here, and elsewhere, is one who cannot enter into the kingdom of God. Be not deceived: neither fornicators, nor idolaters, nor adulterers, nor effeminate, nor abusers of themselves with men. 10. Nor thieves, nor covetous, nor drunkards, nor revilers, nor extortioners, shall inherit the kingdom of God.

11. And such were some of you, but ye were washed. It possibly means that when they were baptized, having accepted the Lord Jesus Christ, they deliberately put away the filthiness of these sins from their lives. But ye were sanctified, but ye were justified. "It is best to take 'sanctified' in the sense of dedicated to God, and 'justified' as referring to the actual, moral righteousness of life, which is brought about by union with Christ. In the name of the Lord Jesus Christ, and in the Spirit of our God. No matter how great, or deep, or powerful, the sin which most easily besets us, the three persons of the Godhead can certainly subdue this sin, and deliver us forever from its power.

And ye shall not fulfil the lust of the flesh. The meaning simply is "life in its outgoing shall not consist in indulgence of carnal affections, being otherwise occupied, preoccupied, filled up."

17. For the flesh lusteth against the Spirit, and the Spirit against the flesh: for these are contrary the one to the other; that ye may not do the things that ye would. 18. But if ye are led by the Spirit, ye are not under the law. Paul does not mean that we shall live a life in which the flesh plays no part, but that we shall not be slaves to fleshly desires, but shall live in our bodies as the Holy Spirit dictates, not as bodily desires dictate. This conflict is not present in the lives of unbelievers.

19. Now the works of the flesh are manifest, which are these: fornication, uncleanness, lasciviousness. 20. Idolatry, sorcery, enmities, strife, jealousies, wraths, factions, divisions, parties. 21. Envyings, drunkenness, revellings, and such like; of which I forewarn you, even as I did forewarn you, that they who practise such things shall not inherit the kingdom of God. A fourfold classification of the fifteen sins here mentioned has been suggested: (1) sensual vices; (2) religious vices connected with heathendom; (3) malevolent vices, enmities, strife, jealousies, etc. (4) vices of excess or intemperance.

Walk in the Holy Spirit

What should be given the greater emphasis in this lesson is not the vices which we are to put away, and deny, and triumph over, though these certainly should be spoken of, but the meaning of and the daily experience of the glorious privilege of walking in the power and under the guidance of the Holy Spirit. The Holy Spirit is a person, the Third Person of the Godhead. It is by the Holy Spirit that we are indwelt. As a person, he has a most intimate knowledge of each one of us. As the Holy Spirit, his desires for us are always the most holy.

22. But the fruit of the Spirit is, "All these graces spring out of one living root. The origin of this fruit is the Holy Spirit, not man's spirit, but the Holy Spirit himself. Those who are led by the Spirit not only do not do the works of the flesh, but they bring forth the fruit of the Spirit." Love. This stands first, the root of all other graces, love for God and love for one another. Joy. "Joy is opposed to dullness, despondency, indifference, and all the destructions and remorses which are wrought by the works of the flesh. This joy is the spring of energy, and praise wells out of the joyful heart. Peace. This is the first peace with God, which has been obtained for us by the Lord Jesus Christ. This peace leads to perfect tranquility in the human heart. Longsuffering. "It enables us to bear injury without at once avenging ourselves." Kindness. The word means "the soft answer," "a loving and sympathetizing temper." Goodness. It is difficult to distinguish between goodness and kindness, though probably the latter word means the actual, visible manifestation and exercise of the virtue of kindness. Righ here one might remember that love, joy, and peace are virtues that we have in ourselves by the Holy Spirit, without particular regard to others, except God; while longsuffering, kindness, and goodness, are never developed except as we are in contact with others. They are not virtues that have to do with ourselves as we are living among men and women.

23. Meekness. "A grace of the soul which consists in habitual submission to the dealings of God, arising from the sense of his greatness and the mind's own readiness to sin. Hence then, we are to pass over the insults and wrongs inflicted by men as permitted by God, and a part of his discipline." That is, the holding in of the passions and appetites. Against such there is no law. You can never find any law on any of the statute-books of any Christian nation legislating against the virtues here enumerated.

24. And they that are of Christ Jesus have crucified the flesh with the passions and the lusts thereof. By crucifying the flesh and its passions and lusts is meant taking a deliberate and positive stand against their domination and their incitements, a reckoning of one's self to be dead indeed unto sin, but to be alive unto God.

Bathtub Songs Of Men "Best"

Science has explained away man's superiority over a woman as a bathroom singer. Sir James Jeans goes into the subject in his new book of "Science and Music."

A room of small dimensions like a bathroom, he says, will make any note below middle C 'go on echoing round and a bass or tenor voice will resound in all its richness since its harmonies are only filtered out to a slight degree. But this is not true of a soprano. Hence the peculiarly male pleasure of singing in the bathroom."

Discussing the book in an editorial headed "Music of Spheres?" the London News-Chronicle declares: "Sir James Jeans has explained why men sing in the bath. He ought to go on and tell us how to stop them."

Canadian Arctic Maps Improved

2,000 Square Miles Added as Result of Year's Exploration

Two thousand square miles have been added to the map of the Canadian Arctic through explorations this year of two young Englishmen, R. J. O. Bray and P. D. Baird.

They came out on the mission ship, St. Teresa, in September after a year in the Arctic but intend returning "down north" again as soon as possible.

Bray and Baird, who are classifying bird and rock specimens at the Canadian archives, were members of Manning expedition, from Cambridge University.

Many Inaccuracies Existed

It was found that many inaccuracies existed on maps of the western coastline of Baffin Island and at least 2,000 square miles of territory were added. Bafin Island was found to be a huge deposit of limestone.

Baird, a student of geology, doubts if mineral deposits will be found in commercial quantities on Baffin Island.

British Would Laugh Dictator to Defeat

A dictator would be laughed out of office in six months in England, according to Sir William McKin, K.C., legal adviser to the foreign office.

Speaking at Bury St. Edmunds School, he said: "A dictator must always be taken seriously. If he's not taken seriously he cannot dictate.

"He cannot possibly afford to become an object of humor but if a dictator ever succeeds in establishing himself in England, the English sense of humor would have him out of office in about six months."

Gold Used in T.B. Treatment

Injections Have Curative Effect In Some Cases

Gold, often charged with money as being "the root of all evil," credited with curative effects in some cases of tuberculosis.

Fifteen of 23 tubercular patients who received an injection of prepared gold showed "fairly encouraging" improvement, Dr. Melvin Tess reported in the American Review of Tuberculosis.

Increase Resistance

In the same 13-month study, only four patients in a control group not receiving the gold injections improved. All those treated were advanced cases at Koch Hospital a sanatorium, New York.

Gold-sodium-thiosulphate, containing 87.4 per cent metal, increased the body resistance and stimulated formation of scar tissue, Dr. Tess said. Increased resistance, included lowered temperature, a gain in weight and a more favorable blood court.

From six to eight grams of gold solution were injected after a 12-hour fast, Dr. Tess explained. Only a light meal follows to minimize complications, chief of which was heavy-metal poisoning.

Use Not to Be General

Dr. Tess stated "there is a very small number of tuberculosis patients, probably one or two per cent, in whom the use of gold is indicated. This group would consist of patients with recent involvement in whom the disease is acute or sub-acute."

He warned against use of the gold treatment by general practitioners but added, "I shall not hesitate to use gold in the future, subject to certain limitations."

Curative effects of gold were claimed as early as 12 years ago, but the study just completed was the first made with adequate laboratory tests throughout, the physician asserted.

Bread and Beans Diet Leads to Long Life

Bread, beans, and cheese may be the road to longevity.

Pavel Biskup, a young Czech doctor who has passed two years studying the reasons for the long lives of peasants and shepherds of a Balkan district, came to the preliminary conclusion it had to do with uniform diets that for generations seem to have been especially suited to the people.

In most cases, bread and beans were the most important foods. Little meat was eaten, and then only in winter.

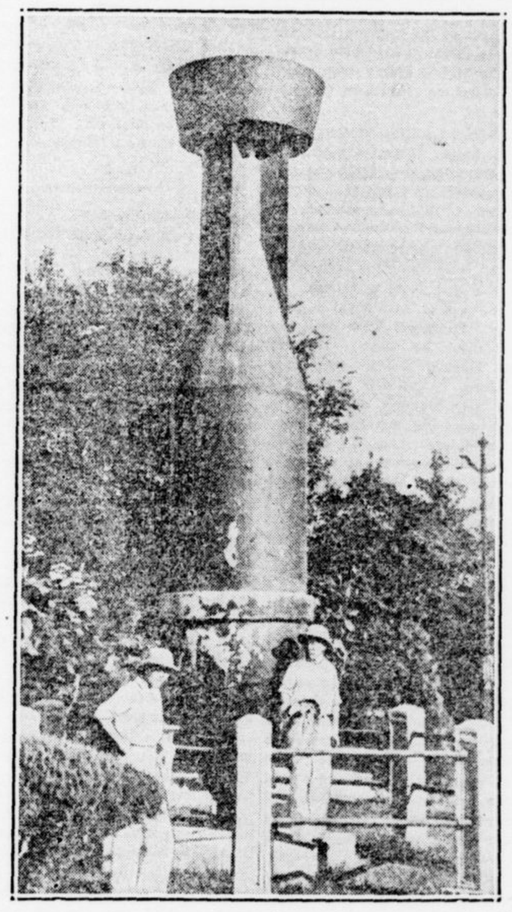
How Smoke Is Inhaled

Many people have the idea that when a smoker inhales, the smoke goes to his lungs and is then breathed out again through the nostrils. It would be impossible for a person to stand so much smoke in his lungs without violent coughing. Even a small amount of smoke accidentally breathed into the lungs brings about instant coughing. Inhaled smoke merely goes to the back of the mouth where the nostrils connect with the throat, and then goes up and out through the nostrils. It may be pushed out of the nose or mouth by exhaled breath from the lungs, but none of the smoke itself goes into the lungs.

U. S. Ambassador "In a Hole"

[illegible] cannot take themselves out in [illegible] by a bomb in China, so they play safe and skid for a dug-out when the planes start droning overhead. The cameraman snapped Nelson T. Johnson, the United States Ambassador to China, on September 25, stepping out of his private dug-out on the Embassy grounds in Nanking during [illegible]

Grim Spectres of War to Educate China



[illegible] replicas of the messengers of death so freely used by Japanese bombers on raiding expeditions over large Chinese cities, have been erected in the parks of Nanking, China, to make the people there air-raid-minded. The giant symbols are four times the height of a normal man.

Shipping handled at the Port of Glasgow, Scotland, in the last fiscal year totalled over 15,000,000 tons, an all-time record.

The richest growth of bamboo is in tropical Asia, where the plants thrive as far north as Japan and to 10,000 feet or higher on the Himalayas.

Summer Beard Grow Twice As Quickly

Tests Show That Whiskers Grow That Much Faster in Warm Months in Florida

In Florida, whiskers grow nearly twice as fast in summer as in winter.

The Florida hair growing experiments, announced in Science by Paul Eaton and Mary Wright Eaton of Jacksonville, indicate whiskers probably do the same everywhere else in the United States.

In Jacksonville where whiskers records were kept for one entire year, it was not possible to discover the effect of zero weather, because the lowest average temperature was 54.

N Critical Temperature 65

But it appeared that something happens to whisker speed at about 65 Fahrenheit. That, Eaton observes, is the average temperature at which heat is turned on in homes and offices.

That is the "critical" temperature for whiskers, the dividing line between fast and slow growth. In January, with an average temperature of 58, the daily growth of whiskers was a bit over a hundredth of an inch on the face measured by the Eatons.

It was two hundredths of an inch in September, when the average temperature was 79. A 12-month table shows the whiskers apparently making New Year's resolutions to grow bigger and better. From January to October the Florida whiskers grow progressively faster month by month.

September The High

September was their high. Then in October, November and December they declined. The sharp drop however came in November when the heat was turned on.

The Eaton method was to measure whiskers three times a month. This was done for three days early in the month, three in mid-month and four toward the end.

Sample whiskers were obtained by taking one stroke of a straight razor on the right cheek in front of the ear. An area of a square inch was thus harvested.

The whisker cutting was done at about the same hour every test day and always with the same technique.

Learn Chinese Etiquette From Book of Rules

It Comes in Handy to Tell Hollywood How Natives Should Act in a Film

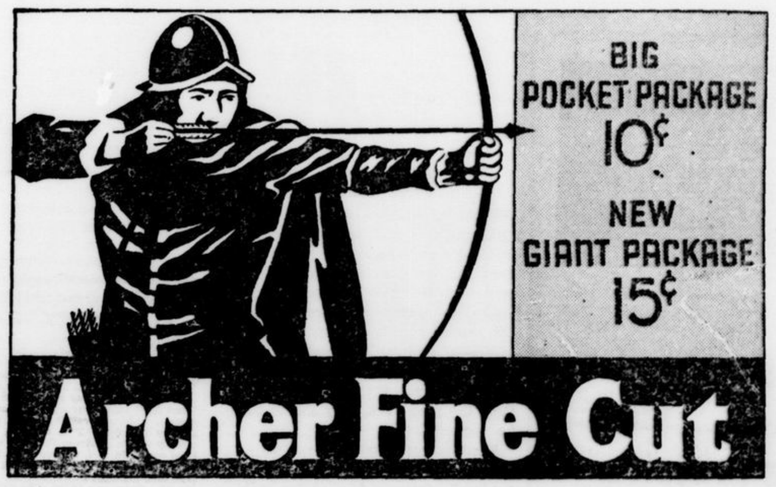
The Chinese "Patterns of Filial Piety" proved a valuable reference in the making of the film "The Good Earth." Striving for authenticity in depicting Chinese deportment, speech and manners, Sidney Franklin, the director, found repeated occasion to consult this volume, corresponding very roughly to American books of etiquette but a much more important factor in the lives of the Chinese. On the set also was General Theodore Lu, technical adviser, lent by the Chinese government.

Luise Rainer, the O-Lan of the photoplay, could not walk side by side with Paul Muni, as Wang Lung, for that would have been a breach of public etiquette. A Chinese wife walks behind her lord and master.

Mustn't Bow to Younger

In one sequence Walter Connolly, as Muni's uncle, was called on to bid his nephew a happy New Year. Connolly, speaking his lines, bowed. Lu explained that the older man could not, according to the "Patterns," bow to the younger. Similarly, when children address their elders they may not adopt an informal or casual tone. An honorable prefix and a bow must accompany each salutation.

Rules for children were most intricate. When two brothers were shown at play, the older, though he was only eight, had to be sedate, while the six-year-old romped and frolicked. As an older brother it was necessary for the eight-year-old to set an example in dignity. He countenanced the little fellow's frisking, but regarded it merely as the folly of youth.



Wedding Rings Made Into Ammunition

Chinese Women Sacrificing Jewelry to Help War Fund

Moved by the appeal of Mme. Chiang Kai-Shek for help to fight Japan, China's women are converting their wedding rings into bullets.

Every day thousands of pieces of gold and silver jewelry are national war fund. They are converted into money to purchase additional arms and munitions.

Whole piles of heirlooms were seen today at the central bank of China's receiving station, where they were contributed as payment for war loan bonds.

Surrender Family Valuables

Not only the women are answering the earnest appeal to surrender their precious ornaments, but the richest coolies and peasants crowd the receiving station to turn in their last family valuables for bonds.

One old man was seen to give up a set of gold teeth.

Burglar Pauses To Do Massage

Operations Are Suspended While He Gives Victim Stiff Rubbing

How a burglar stopped work long enought to massage his victim's neck to relieve pain, caused by a sinus infection was related in district court by Police Sergeant James M. Igoe, of Waltham, Mass.

Sergeant Igoe, prosecuting Robert E. Ulrich, 25, of Boston and Stockton Calif., on a charge of armed robbery at the home of Misses E'sie and Rosamond Coolidge, of Watertown, said the ministrations occurred in the home of John Cronin.

The officer said Ulrich awakened Mr. Cronin, who said: 'I'm sick, don't make any noise." "What's the matter?" the intruder asked. "Heart trouble and sinus trouble," was the answer.

Relieves Victim's Pain

The burglar recommended a massage to relieve sinus trouble, the officer added, and administered a stiff rubbing. Then, Sergeant Igoe told Judge P. Sarsfield Cunaliffe, Mr. Cronin indicated where a "few dollars" were hidden and Ulrich took them and departed.

The testimony came out at Ulrich's arraignment on the Coolidge charge only, in which $125 in cash and two rings with an aggregate value of $400 were alleged to have been stolen. The case was continued and Ulrich was held in $25,000 bail.

Women's Feet Are Now Four Sizes Larger

Past Two Decades Have Seen A Change of Average from Size 4 to Size 8 — Still Growing

Milady's foot, once distinctive and smart only if appearing ultra-small, has grown an average of four sizes in the past two decades and is growing still.

Furthermore, modern, well-dressed women no longer object to wearing larger-sized shoes.

They ask for them. They have renounced the tiny foot as a criterion of feminine loveliness and are going in for comfort in their footwear, according to the president of a shoe store chain.

"The average size of women's shoes twenty years ago was a 4," Griffin said but "today it is an 8."

Shoes Fit Better

Women's feet will continue to grow larger for several years, Griffin believes, now that shoes actually fit and permit proper pedal development.

"Most important of all, women today don't worry about their feet being large. They are willing to be fitted, instead of demanding certain sizes usually too small, Griffin added.

He explained the increasing size of womens' feet as due to a gradual change from too-small, cramping, styled-for-comfort and not-for-comfort shoe to narrower, longer and made-to-fit shoes which the women of today insist on buying.

Allow Normal Growth

"It allows normal foot growth, Griffin explained. "Women say, too, that corns and bunions are much less frequent."

Griffin said that in the 20 years he had sold women's shoes sizes increased to the No. 8 average.

"The new demand for a style that fits the foot, instead of the fancy, is shown by the fact that many shoes from 5 A's to triple E's — are sold now — a thing undreamed of a year ago.

"Today by far the greatest number of shoes are size 8, while requests and fittings in 9's and 10's are nothing unusual.

No Longer Ashamed

'More women are working and on their feet today than 20 or 30 years ago, and continued standing on feet or use of them tends to make them spread."

Griffin emphasized, however, that the "most healthy sign" is that women no longer are "ashamed" of big feet and therefore want the size they should have for normal growth and comfort.

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