

For lovers of green tea

# "SALADA" GREEN TEA

## TERROR MOUNTAIN

By MADELEINE SHARPS BUCHANAN

Three bandits seize a transcontinental bus and its passengers, and force mountaineers to a lonely log shack. A raging forest fire, creeping up the mountain, threatens to trap the group. The bandits are after a secret new explosive formula believed to be in the possession of a passenger, Finley Trump, chemical magnate. One of the bandits, giving a suggestive twist to the bandana around his neck, hints that Trump may be killed unless he "comes across". May Lawrence, pretty, trained nurse, to whom young Dr. Nicholas Strand has been quite attentive, remembers that she had seen him in confidential conversation with Trump, and fears that he may be carrying the formula.

### CHAPTER II

There were only three cots in the woman's room, and at once, Amelia Bangor announced that she would sleep in the bus. "They won't be you," said Mrs. Jenkins. "To think that man traveling with that valuable formula! Maybe he's got some of the explosive somewhere about him. It might blow us all to kingdom come!"

"Yes," muttered Miss Bangor. "He's on his way to Washington. I heard him say so." Miss Jones snorted. It seemed absurd for a sickly-looking man like Finley Trump to be the central figure in this bizarre and rather alarming adventure. Still, the thought of being present in such cramped quarters when he was struggling with a bandana—if he carried out his threat—shook her nerves.

"I don't really suppose, though, that they'd murder him," she mused. "Why not?" asked Miss Bangor. "Human life is nothing to men like these." Mrs. Jenkins laid a fat, cold hand on Miss Jones' shrinking arm. "I feel it in the air!" she whispered. "Murder! I'm slightly psychic, you know. Once, I was in a hotel where a man was killed, and I told Mr. Jenkins—"

Miss Jones looked at her with contempt. "You'd better keep that kind of thing to yourself," she advised. "But Mrs. Jenkins was not to be squeaked. "Don't you think what with the razors and all the weapons we had, taken from us, it was kind of foolish for that bandit to show us what could be done with a bandana, or just a big handkerchief?" she whispered hoarsely. "I said to myself, 'My, that's a foolish gesture for him to make, all right!'"


As she spoke, a distant explosion shook the log house. Almost at once, the scared face of young Tommy Archer appeared in the doorway. "Gee! They're blastin' down there on the mountain!" the boy told the frightened women. "My uncle says the fire's gettin' out of control sure!" After supper, May Lawrence went out for a stroll in the moonlight. She wished to get away from the dreadful prisonlike atmosphere inside the house, and she wanted to take to Nick Strand. Until she knew he was not travelling with or for Finley Trump, she could know no rest. She was a

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## Two Little Girls Were Lost; A Drama of the Prairies

It takes some such event as a lost child to evoke the deepest and tenderest and most chivalric of human emotions, and to call forth the best in man in a practical, co-operative way.

Take the case of the two little girls, around 10 years of age, who were lost in the bush country beyond Norway, Saskatchewan, for four days and four nights. Going in search of their parents' cattle, they got deeper and deeper into the wooded country and eventually became separated as well as thoroughly lost. It is a region in which wild animals abound. There are bears about—an ugly word for children. The little girls tried to sleep in the dark, forbidden woods. They tried to sleep beside logs. It was a terrifying experience. It was a modern "Babes in the Wood" story.

Above airplanes roared in search. Two hundred farmers and others formed rescue parties. The lost, forlorn children were the sole topic of conversation. There was general distress of mind until both were happily, finally recovered.

When a child is lost it is one of those occasions when concern, even heartache, is a general possession. It is not confined to the family directly involved. It becomes an occasion of deep personal anxiety for all who know of it. This is conspicuously the case in this rural Canadian west, where neighborhood is real, where

the brotherhood of man so often finds expression.

In this hunt for two lost children word finally flashed across the acres that one of the missing girls had been "rescued by Indians," and was being driven in safety to her home. "Rescued by Indians!" How different from olden times! There was terror in the word "Indian" in the early days of Canada's story. It was linked with pillage, burning, the tomahawk of massacre. Today it is a friendly term. The Indian on these plains today is part of a brotherhood in the making. He shares the white man's cares; he sympathizes, understands and helps. —Regina Leader-Post.

### Queer World!

#### Widowed by Stamps

Frau Maria Schmidt is asking Vienna courts for a divorce because she says she is "a stamp album widow." She says that she had been happily married for 15 years. Then her husband took up stamp collecting. Now he is so absorbed in his hobby that he neglects her.

Rev. Dr. John Pitts, of Liverpool, during a recent address in Toronto, said that everyone, except Mussolini and Hitler, suffered at times from an inferiority complex. How did he happen to omit Stalin and Bernard Shaw? —Brantford Expositor.

## Laura Wheeler Offers Tea Towels Gay with Garden "Goodies"



Juicy fruits—tasty vegetables—create more than their share of kitchen interest when used to adorn a set of tea towels. Here's where color counts, so be sure to use the gayest cotton flannel when you embroider these. Child or grown-up will have fun with this "Set of Six," for it's just 8-to-the-inch cross stitch. Pattern 1504 contains a transfer pattern of six motifs averaging 5 x 7 1/2 inches; illustration of all stitches used; color suggestions; material requirements. Send 20 cents in stamps or coin (coin preferred), for this pattern to Needlecraft Dept., Wilson Publishing Co., 73 West Adelaide St., Toronto. Write plainly PATTERN NUMBER, your NAME and ADDRESS.

where and folks would know about us. See?"

"Here's a dollar now," said Doctor Strand, smiling, "and the other half million your idea is worth, you can collect when we get back to safety."

"Let's try it!" said May. "Sure," agreed Tommy, "but we gotta go in your room and set 'em up in the dark. Those guys won't think about you women startin' anything."

As May moved away with the boy, she looked back at Nick Strand, leaning so nonchalantly against a tree, smoking his cigarette. Was he really carrying that horrible thing for Trump?

Full information regarding the capture of the bus and the plight of its passengers was tied to each fat little balloon before Tommy climbed from the window of the women's bedroom and set them adrift in the strong wind on the mountain-top. It seemed futile to expect much from this venture, but May felt a little better when the thing was done.

TO BE CONTINUED

W. E. Dunlop, issuer of marriage licenses, said that if a girl were under 18 the consent of her father, or in certain circumstances her mother, would be necessary.

At the university, say the authorities, it is quite a rare thing for married men to be in attendance, and almost unknown for married women to be regular day students.

Ask your dealer about the new Coleman Stoves that use gas or kerosene. Write to Coleman Stove Co., Ltd., Dept. 10, Toronto, Ontario.



COLEMAN STOVES

## Few Girls Remain In School When Married

TORONTO.—Unlike a case recently reported from Britain, Toronto collegiate girls who marry do not stay in school after they undertake to be wives and homemakers.

There have been a few cases in Toronto where girls attending school have been wed, but principals say that they know of no cases in which a young married woman remained as a student.

"It is not surprising that a few of them get married so early—we have some remarkably good-looking girls among our students, and nowadays they are taught something of domestic science," said Principal F. H. Clarke, of Jarvis Collegiate.

"There is no law against a girl student being married, other than the requirements as to parental consent," said Dr. C. C. Goldring, superintendent of schools.

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Issue No. 26—'37

AFTER EVERY MEAL



WRIGLEY'S SPEARMINT GUM

THE PERFECT GUM

AIDS DIGESTION

## Woman's World

By Mair M. Morgan



### A Summer Snack

What is more delicately appetizing for a summer snack than golden sponge cake, fresh strawberries and cold, creamy milk? We can't think of anything that would taste better and so we give you this recipe for sponge cake. It seems somehow, a particularly suitable cake for summer because it is light, golden and very tasty.

True sponge cakes never call for baking powder in the recipe, they are made light, solely by the air that is beaten into the eggs. But there is another kind of sponge cake that can be made with baking powder and which calls for fewer eggs. That is the one we have chosen because it is economical and is quite as good as the more expensive kind.

There is one thing you must remember, however, in making this cake and that is to use finely milled flour. If you specify the finest flour on the market when you buy from your grocer, you need have no fear that this cake won't be a success.

### Champion Sponge Cake

1 1/2 cups sifted cake flour, 1 1/2 teaspoons baking powder, 1/2 teaspoon salt, 4 egg yolks, 1 1/4 cups sugar, 4 egg whites, 1 teaspoon vanilla, 1 teaspoon grated lemon rind, 2 1/2 cup boiling water.

Sift flour once, measure, add baking powder and salt, and sift together three times. Beat egg yolks until thick and light. Add 1/2 cup sugar gradually, beating constantly. Beat egg whites with flat wire whisk until light and foamy throughout; add remaining 3/4 cup sugar very gradually and continue beating until stiff enough to hold up in definite, satiny peaks. Add vanilla and lemon rind. Add boiling water to egg yolks, stirring well; then add flour all at once and beat with spoon until smooth. Fold quickly into egg whites. Turn into ungreased tube pan and bake in moderate oven (350 deg. F.) 1 hour and 5 minutes, or until done. Invert pan 1 hour, or until cold.

### Be Tender with Strawberries

Strawberries need affectionate handling. They don't like kindly to shower baths. Keep them away from

the faucet. Instead, put them in a bowl of water and lift them out with the fingers somewhat apart to serve as a strainer. The sand and soil from the berries will settle to the bottom. For that reason, don't pour the water of the berries. Unless berries are unusually dirty, two such washings will be enough. Place them in a colander to drain. Then remove caps. Rinse again after removing caps if necessary.

Never allow berries to stand in water to lose color and flavor. To sweeten strawberries before serving, cut in halves or chop rather than crush them in order to keep them as attractive as possible.

### Fresh Strawberry Tarts

(9 tarts)

One quart hulled strawberries, 1 cup sugar, 1 package strawberry-flavored gelatin, 1 cup hot water, 1 cup cream whipped, 3 baked 3 1/2 inch tart shells.

Combine strawberries and sugar and let stand 10 minutes. Dissolve strawberry-flavored gelatin in hot water. Four over strawberries. Chill until gelatin begins to thicken. Fold 4 tablespoons thickened gelatin into whipped cream. Chill. Place layer of whipped cream in bottom of each tart shell. Chill about 10 minutes. Cover with layer of jellied strawberries, pressing hull end of each strawberry lightly into cream. Add thickened gelatin to fill a tart. Chill a few minutes longer and serve.

Heat is the enemy of color and flavor, so use preserving methods requiring minimum of heat. The Bureau of Home Economics suggests this as one of three good processes. It is for 8 pounds of prepared fruit — the maximum for best results.

Processing according to this method you would use a pound of sugar for each pound of berries, and combine the two in alternate layers, then let them stand 8 to 10 hours before cooking. No water should be added, as the sugar draws enough liquid out of the fruit. As soon as they are ready boil them rapidly 15 or 20 minutes or until the syrup is rather thick. You'll need to stir it occasionally but carefully so as not to break the berries.

## Rules for "Ideal" Guest to Follow

### Summer Girl Will Be Popular If She Can Adapt Herself

No one is a more definite asset to a country house or a week end cottage than a woman guest who can and does play tennis or golf or likes to ride or swim and who, when twilight falls, suddenly turns out to be an attractive bridge or dance partner. The trick, of course, lies in being an active sportswoman without looking it twenty-four hours a day. Any girl will get further with the other guests as well as her hostess if she is chameleon-like in her ability to adapt herself to various situations.

This means taking care of your skin and taking care not to over-develop your muscles while doing the things which keep you out-of-doors and make your figure lean, slender and supple. If you play golf or tennis for hours and hours with no sunbath on face and arms and no hat on your head, you just won't be your prettiest at the dinner table.

Unless it is fearfully hot, wear gloves when golfing, and, hot or cold, always wear them when you ride a horse or drive a car. Rubber ones will come in handy the Sunday you are elected to help scrub down the yacht, canoe, howboat or whatever. Do spritz your hands or lotion several times a day, particularly after a prolonged swim, and use cuticle cream every night.

Keep a small hat on your head when it's your turn to ride in the rumble seat and wear a big one if you expect to sit in the sand all morning. Brush your hair every night and remember that there are various pomades to correct dryness in case brushing alone does not do the job well enough to suit you. Get into the swing of rearranging your coiffure attractively before dinner. You can cover up straggly ends with sports bandanas during the daytime, but you can't very well go to dinner with a

shawl draped around your head.

Depend on suntan oils by day and cooling cream by night to keep your complexion from getting a rough, weather-beaten look. Unless you think suntan oils are attractive (you don't, and neither does anyone else), wear tinted glasses during the day.

Wear precious little makeup on golf courses, tennis courts, beaches and bridge paths, of course, but don't disguise it entirely. Lipstick is a must wherever you are, whatever you are doing. Wear a little more at night, but don't overdo the job. During the hot months, simplicity has a lovely charm all its own. Feel like a Dr. Jekyll-Mr. Hyde character if you must, but do manage somehow to look the part whether you are being an active sportswoman or a romantic, slightly clinging dancing girl.

There are 3,096 county divisions and 22 independent cities in the United States.

## WAKE UP YOUR LIVER BILE—

And You'll Jump Out of Bed in the Morning! Ready to go!

The liver should pour out two pounds of liquid bile into your bowels daily. If this bile is not flowing freely, your food doesn't digest. It just decays in the bowels. Gas builds up your stomach. You get constipated. Harmful poisons go into the body, and you feel sour, sunk and the world looks pink.

A bowel movement doesn't always get at the cause. You need something that works on the liver as well. It takes those good, old Carter's Little Liver Pills to get those two pounds of bile flowing freely and make you feel "up and up". Harmless and gentle, they make the bile flow freely. They do the work of colored but have no calomel or mercury in them. Ask for Carter's Little Liver Pills by name! Stubbornly refuse anything else. 25c.

## BLACKHEADS

Get two ounces of peroxide powder from your druggist. Sprinkle on a hot, wet cloth and rub the face gently. Every blackhead will be dissolved. The one safe, sure and simple way to remove blackheads. Have a Hollywood complexion.

## Bride's Make-up Should Be Natural

Lipstick and Nail Polish Can Be Dark for Church Wedding

NEW YORK. — Asides are full of June brides these days — church brides, and the aislelike corridors of the city hall, and country houses — not many. One of the big questions about every bride has to be considered — the color of the gown and the place in which you are going to wear it.

Naturalness is the keynote of bridal make-up. If it's the little chapel at the city hall, the problem is quite simple, since you'll have an ordinary street makeup keyed to the color of your frock. If you're wearing the traditional white in the formal setting of a dimly lighted church lipstick and nail polish, can be dark. But if it's an intimate home wedding, anything striking, such as dark fingernails or an overdose of eye-shadow, shows up horribly. After all guests at a home wedding "see" you at much closer a range than in church.

As the head of one leading beauty salon says, "white needs contrast." But you can get enough contrast by using a vivid shade of rouge and lipstick with a peach-bloom shade of powder. As far as nail polish goes, the lighter shell-pink shades are recommended. They are more fragile and bride-looking. Eye-shadows should be kept light-blue or gray-green — never the too-sombre brown or black. The elaborate coiffure that looks so stately in a church aisle is best given up in favour of the simple hair arrangement for the home wedding.

At this salon the head hair stylist is doing some lovely coiffures to wear with the different shapes and types of bridal veils. And the salon also has a "Bridal Beauty Day" service, in which they do everything but place the wedding bouquets in your hands. Brides come and spend the entire day before the big event getting a special coiffure, manucure, pedicure, facial make-up and even a soothing massage to relax nerves that get thoroughly frayed running around in the pre-wedding excitement of plans and parties. The service includes sending a skilled operator to the bride's home on the wedding morning for a final make-up.

## Perfect Figure Erect in Posture

Proportion of Greater Importance Than Actual Weight; Keep Exercising

The perfect figure is sleek and trim and graceful — not boyish flat and angular or fat and lumpy in spots, says Alicia Hart. Smart women know that one should pay as much attention to proportions as to weight and that muscle and firm flesh make for figure beauty.

Regardless of what you weigh or how tall you are, your stomach should be flat. Once you have corrected your posture half of this battle is won.

Stand before a full length mirror and look at your body from all angles. Is there an exaggerated hollow in the centre of your back? If so, the chances are ten to one that your stomach protrudes and that your hips look larger than they actually are.

Now walk over to wall and stand against about eight inches away from it, place the centre of your back firmly against the flat surface. Never mind about shoulders. Concentrate on that hollow for a few minutes.

As you press your spine backward, thereby flattening it, pull stomach up and in and elevate chest. Now, very gradually, of course, flatten all of your backbones against the wall, raise arms above head and make shoulders touch the wall, too. Lower arm, keeping shoulders and spinal column flat and straight. Notice that your hips tilt forward now. Hold the position a few seconds. Relax and repeat. As soon as you get used to do this new-to-you correct posture, you will be able to maintain it when walking or just standing.

## Must Learn To Be Good Losers

The element of competition does not enter in very strongly in all country fairs. We like to know whether or not an animal we own is better individually than the one exhibited by someone else. If we win, the satisfaction found in many cases is sufficient without prize money. The placings, if not made according to our ideas, may or may not change our prejudices, but we must learn to be good losers as well as good winners.

A prominent breeder and exhibitor of swine makes the statement that he learned more about swine the week that he exhibited at a neighboring fair, where he lost heavily, than he had ever learned about swine previously.

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