His Rheumatism Left Him

Sufferer Follows Good Advice —and Takes Kruschen

The writer of the following letter had a bad attack of rheumatism, and was advised to take Kruschen. He did so, and describes his experiences in the following words:—

"About two years ago I developed a severe attack of rheumatism in my left shoulder blade. I tried all sorts of remedies, but with no results, until one day my brother-in-law, on hearing of my suffering, exclaimed, 'There is only one thing for rheumatism! That is—Kruschen Salts!' I decided to purchase a bottle, and for the first week took a teaspoonful in a glass of hot water each morning. The pain gradually disappeared and has now gone entirely. I am still taking my early morning dose, as I feel convinced that it is helping to keep me fit."—J.G.B.

Rheumatic conditions are frequently the result of an excess of uric acid in the body. Two of the ingredients of Kruschen Salts are notable for their work in dissolving uric acid. Other ingredients of these Salts assist Nature to expel the dissolved acid from the system.

Bermuda Silver Band Entry for C. N. E.

Official entry has come to the Ontario Band Association, which conducts band tournament at the Canadian National Exhibition, from the Imperial Silver Band of Hamilton, Bermuda. Secretary A. L. Robertson of the association says that not in the past fifteen years have there been as many entries at this date..

Mr. Henry Watlington, mayor of Hamilton, has arranged transportation for the band from Bermuda to New York. He has also concluded arrangements for a series of concerts in the Terrace Grill of the Hotel Hamilton for the purpose of raising additional funds with which to defray the expenses of the trip to the Exhibit on. The Imperial Silver Band is under the baton of S. Clayton Pye who has a wide reputation as a conductor and composer. Mr. Pye was at the "Ex" two years ago in the capacity of guest conductor at the band competition. The Bermudians will enter the brass section with an ensemble of twenty-seven men.

Cane Molasses For Pigs

A test carried on at the Minnesota Experimental Station showed that pigs weighing 165 pounds in weight, fed on ground corn alone, did not make as economical gains as when fed oats with 25 per cent. cane molasses was used, thus while you cannot get sugar-cured pork by feeding molasses to swine you can get feeding profits by using the cane molasses in place of part of the corn. Molasses is fed to all classes of live stock and besides being an excellent feed is also an appetizer and aids in conditioning the animals.

Saskatoon. — Alfred Wells' Barred Rock-White Leghorn hen here produced double-yolk egg every third day regularly. One egg was seven inches in circumference, two and three uarter incher long and two inches wide.

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Nature's Own Soil Food

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HU-MAR is the perfect, natural soil and plant food; free of harmful acid and weed seed. Unlike most plant foods and fertilizers HU-MAR retains its ammonia content; its fertile qualities therefore far outlast all other soil conditioners. HU-MAR retains as high as 70% moisture, is an ideal insulator, and acts as a natural scavenger.

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HU-MAR is the trade name for a product found on the Beverley properties in Ontario.

Write for our descriptive folder.

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Hairy Chest No More Proof of a He-Man

Gradually, as they are attacked by scientific study, many so-called sex differences are melting away. It was a shock to many persons when the development of standardized intelligence tests revealed that men are not superior mentally to their womenfolk. Is it possible that hairy chest and "gorilla shoulders" will suffer a similar fate as criteria of masculinity? asks a Science Service

Dr. Howard Gilkinson, University of Minnesota psychologist, raises the question and provides a surprising partial answer.

If sex is a biological entity — a force which man or woman can be thought of as having in greater or less degree—and if this force finds outward expression in such items as beards or pitch of voice, then you might expect the heavily-bearded man to have also a deep masculine voice and broad shoulders, points out Dr. Gilkinson. Yet examination of more than 200 college men showed these "secondary sex characteristics" to exist quite independently of each other.

And only one of the physical measures, voice pitch, was found to have any significant relation to masculinity as revealed by test or by ratings of associates. Hair abundance and hip-shoulder measurements do not correlate with the masculinity test or with voice pitch. Hip measures do correlate positively with shoulder measures showing, perhaps, that the man with the gorilla shoulders might be expected to have "feminine" hips.

A Mean Advantage To Take Of A Cow

Omar Vinole, an Argenine poet, adopted a "sister"—a cow — with which he made public appearances in Buenos Aires to arouse support for his campaign of anti-materialism. He threw convention to the winds and was dubbed "eccentric" because the Argentines, he said, with their increasing prosperity, were drifting from culture and forgetting the "things of the spirit".

Standing immaculately attired, by the side of the cow, the other day, in a city lecture hall, he declared: "I may, temporarily at least, have lost my dignity, but for twenty years I have been preaching the cause of culture, and society has ignored me. To attract public attention I had to adopt my 'sister'. I have had to cause a public commotion, almost a revolution, to interest my countrymen.

"I stand for the reawakening of an old idea—the perfection of man. I am trying to create a philosophic temperament. My object is to establish open-air universities at which philosophical ideas will be taught, together with physical training."

Publicity succeeded with Senor Vinole, for which he has to thank his "sister". He chose the cow because it was illustrative of the Argentine people—a cattle-raising race. Outsiders laughed, but for this poet the cow is a wonderful animal, the only one, according to an Indian parable, that does not let man starve.

He feels that he will soon have to let his "sister" go, but he will always feel indebted to her. For the cow has brought him sufficient attention to expound his gospel. "The rest is up to me—and the masses," says Senor Vinole.

Meaning of Peace

"When politicians in Geneva have been discussing peace, too often they meant by peace a vague word, the state of non-war. It is a state of international mind; it is a plan of national living, not passive inaction, declared M. Hambro, President of the Norwegian Parliament and head of the Norwegian delegates to the League of Nations Assembly at Geneva.

It is essential to prepare peace. You will find in every country in Europe and in America a War Office, but no Government until now has had a Peace Office, a department studying the possibilities of future conflicts, trying to neutralize them before they are born, studying the ways and means of friendly co-operation among the nations that will promote international sympathies.

"Peace is not only absence of war. It is a willingness to join hands across the barriers of race, religion and language, of traditions and institutions. It is an active and fruitful state of goodwill and of well-wishing. And the actions of peace must be prepared carefully.

"They must be made as interesting, as adventurous as the actions of war. They must be made so much more romantic than actions of war, as creation is more romantic than destruction. And this aim cannot be reached only by accepting gifts. It is necessary to pay the price in every country, the full price of peace."

Bobby Hoga, nine-year-old, miraculously escaped death when he fell from a tractor in the path of a trailing disc at Vulcan, Alta. His body becam so deeply imbedded in the soft earth that the sharp discs passed over him harmlessly. He sustained a broken arm and hip in the fall.

An explorer says that he will never marry. This rolling-stone intends to gather no boss.—Montreal Star.

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A Healer of Birds

Marjory Shear, bird physician and surgeon, preparing one of her feathered patients for an operation in her modern clinic in Houston, Texas.

HAVE YOU HEARD

The purchasing agent didn't want to see this particular salesman and instructed his secretary to make some excuse:

Secretary (to salesman)—"I'm sorry, but Mr. Jones can't see you today. He has a sprained back."

Salesman (a persistent go-getter)—"Very well, dearie. Go back and tell Mr. Jones that I didn't come here to wrestle with him. I only want to talk to him."

Knights and Daze

Opinions vary as to which take us to greater heights—
June's lovely days, with skies of blue, or its delightful nights.
Some argus that refreshing winds combined with midday sun,
Inspire adventures and cause rare actions to be done.
While others say, when moonlight sheds its beams on listless souls,
Their lives take on new meaning and they start toward higher goals.
I don't know what your ideas are; but, friends, this is my plight:
I'm living in a blissful daze, inspired by one June knight!

—Lyla Myers.

Do you get up late mornings and have to rush your dressing, bolt your breakfast and dash to work? If so, that is a bad habit, and one that will tend to make you suffer through accidental injury . . . . Good habits of work will produce a good product, and at the same time produce very few accidents, for after all, an accident is simply a mistake . . . . When you hear someone else trying to explain how unavoidable some accident was, say to him: "Forget the alibi, accident are preventable.

FREE CREAM SEPARATORS

Be one of the three lucky farmers to get a brand new 1937 streamlined stainless ANKER-HOLTH separator FREE; send postal for Entry Blank and "How to cut separating costs in Half"; nothing to pay; simply express your opinion. Address ANKER HOLTH, Room 1-3, Sarnia, Ont.

Wife (preparing breakfast)—"There isn't a slice of bread in the house."

Husband (absently)—"Never mind, dear; just make some toast."

Don't make them say: "I spent a year in that town one Sunday."

In a discussion on the type of milk which should be provided school children, the chairman of the health committee in a small town, is reported to have said at a meeting held recently: "What this town needs is a supply of clean, fresh milk, and the council should take the bull by the horns and demand it."

Jim—"Politics mean nothing to me. I'm going to vote for that fellow because I like him."

Hen—"I understand you were going to vote for him because he gave you $10."

Jim—"Wouldn't you like a man who gave you $10?"

The only thing that keeps a lot of men from marrying twice is the fact that their first wives are so disgustingly healthy.

Read It Or Not

In the state of Alabama it is against the law to buy or sell a sack of peanuts after sundown or before sunrise of the next day. It is contrary to law to work for nothing in California. In Kansas no reptiles are permitted to be eaten in public. This includes centipedes, snakes, lizards, etc.

Dr. Bottles met the wife of a patient he had ordered to bed for a few days:

Doctor—"Well, how is your husband getting on?"

Wife—"Oh, doctor, I do wish you'd change his medicine!"

Doctor—"Isn't it doing him any good, then?"

Wife—"I don't know, but we have such a job getting him in and out of the bath?"

Doctor—"Bath?"

Wife—"Yes, sir. It says on the bottle of medicine you sent: 'One teaspoonful to be taken three times a day in water'."

Husband—"Well, I suppose you're plenty angry because I came home with a black eye last night."

Wife (sweetly)—"Not at all, dear, because when you came home you didn't have that black eye."

A lot of men wake up to appreciate great truths—after its about ten years too late.

Lack of Money Aid To True Smartness

If Extravagant Let It Be In Accessories

HOLLYWOOD, Cal.—An unlimited clothes budget has nothing to do with being smartly attired, according to Adrian, famous M-G-M designer. As a matter of fact, he believes lack of money is a boon to those women who seek true smartness.

"With just so much money to spend,' Adrian says, "most women will get the simple frock suitable to many occasions. A woman who can spend as much as she desires will often buy too much jewelry, too many furs, and spoil the simplicity of the costume.

"Proper carriage of the head and body can give an inexpensive frock of good line the appearance of the smartest creation. Line of a garment should be the first consideration, and then fabric. Fabric is important to line. Inferior fabric stretches and loses shape. It is poor economy to conserve in this way.

Try Courtesy On Highways

Science Cannot Prevent Accidents Without Help of Courtesy — A Vita' Challenge

TORONTO. — Sounding a strong warning that the heavy traffic increase on Ontario highways expected this summer will inevitably result in more traffic accidents and deaths unless every motor vehicle operator exercises constant care in driving, Hon. T. B. McQuesten, Ontario highways minister, has announced that his department is launching, for a second year, a newspaper campaign urging every one of Ontario's 700,000 drivers to "Try Courtesy".

"The steady increase in motor traffic," Mr. McQuesten declared, "presents a vital challenge to every user of our streets and highways to aid in checking and reducing the horrible toll of lives which motor traffic costs us each year."

Travel is Faster

Modern motoring, he pointed out, is geared higher than ever before and this influence of speedy travel is steadily increasing. "Every resource of science has been applied to make this faster pace a safe one. Shatter-proof glass, improved four-wheel brakes, wider and smoother highways, more effective day and night road markers, new designs and construction in tires, better lighting equipment on automobiles and streets — all these factors have made their contribution to safer motoring.

"But no scientific factor," Mr. McQuesten insisted, "no matter how efficient or fool-proof, can ever have the slightest chance of success unless the simplest and most fundamental principal of human relations is applied. This element can be expressed in many different ways. It can be called 'consideration for others' or 'do as you would be done by."

"In our newspaper campaign this year, as last year, we are urging drivers to "try courtesy". The dictionary says courtesy is "politeness of manners combined with kindness" and we believe the sincere application of this simple idea by every driver in Ontario can eliminate death and destruction from our streets and highways and make them safe and useful servants of mankind they should be.

How Tourist Dollar Is Divided Up

We have been reading reports of the amount of money that tourists spend in Canada, the approximate number of visitors who come to Canada each holiday season, but who knows how, where and when the elusive dollar rolls around the country and who benefits the most, writes the Oshawa Times.

After travelling through some of the Canadian tourist resort areas for the past three years, one is impressed with the fact that thousands of visitors do come to our lakes and streams each year and they return year after year to enjoy the more favorable climate and scenery which Ontario offers.

Recently "Motor Magazine" has made a careful survey of the channels through which this much coveted dollar passes. Here it is:

Miscellaneous purchases at stores, 25 per cent.

Transportation, 20 per cent.

Hotels and other lodgings, 20 per cent.

Restaurants and other eating houses, 21 per cent.

Amusements, 8 per cent.

Confectionery, 6 per cent.

The wide-spread benefits bestowed by these imported spenders, the tourists, are impressively significant. Scarcely any interest in the lucky tourist community that does not share the benefits brought by tourist expenditures. The fact that 66 cents of every dollar finds access to the tills of the local merchants, the hotels and the restaurants, should impress the obligation these various classes of business owe in encouraging and fostering the tourist trade.

School Principal Pleads For More Men Teachers

WINNIPEG. — Plea for greater masculine influence in public schools to guide growing boys was made here by J. J. Wilkinson, Winnipeg school principal. He told a service club that women teachers outnumbered men 40 to 1 in junior high schools and 160 to 1 in elementary schools of Winnipeg.

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and Falling Hair, use Minard's exactly as you would any hair tonic. Do this 4 times a week and the result will be a Clean Head and Glossy Hair

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MINARD'S "KING OF PAIN" LINIMENT

Issue No. 25—'37

A—1

Classified Advertising

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FRECKLES MUST GO WHERE "FRECKleen" is used. See that rough or freckled skin change to lovely, clear smoothness. Order now. Money back guarantee. $1.00 per bottle. Elinor Toilettiers, 1068 Burnaby St., Vancouver, B.C.

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Man Fights Drought

LA FLECHE, Sask.—T. H. Bourassa has decided to handle his own drought problem. He planted 1,000 trees and arranged an ingenious pumping system to distribute river water over his land.

In Switzerland, melting glaciers form the chief means of water power which furnishes the country with electricity.

COMPLETE PERSONAL SERVICE

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The Canadian Service vessels of these great Steamship Companies, offer individual attention and a complete personal service to all passengers.

Seasoned travellers also appreciate their many additional fine qualities:

Food of choice quality served in accordance with the best standards.

A complete shipboard holiday—willing helpfulness eliminates all care.

Friday sailings from Montreal to Belfast, Glasgow, Liverpool, Plymouth, Havre and London at rates which represent substantial savings in travel costs.

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but the man to see is your local agent.

Grandmothers Have Fine 'Get-Together'

Twenty-Two Pioneers of West Recall Trials and Joys of Years

WINNIPEGOSIS, Man. — Grandmothers had a party; the Local Women's Institute invited the 22 to tea and gave prizes for the oldest and youngest.

Many hundreds of years were summed up in the list of ages — if there was such a list. The secretary, Mrs. M. E. Ogrosky, said the oldest grandmother was Mrs. Susan McAuley; the oldest great-grandmother was Mrs. J. Carcroft. "Magical alchemy preserved for one hair as black as a raven's wing; while another's of similar age, was now soft white," said the secretary.

"One beloved little old lady with cheeks the color of a Canadian wild rose and the gallant spirt of a Viking, leaned on her cane and 'spoke a piece' to the delight of everyone."

The grandmothers recalled their "first impression of Manitoba." "One demure lass from Dorset, England, was embarrassed by the apparent friendliness of the passengers on the local train. The atmosphere was so different from that of the formal English coach. Finally she decided that the feather in her hat was probably too giddy. She removed it so as not to attract any more attention . . ."

Grandmother Jean Marcroft came in 1897 from Guelph, Ont., furniture and family all travelling together.

Mrs. J. Grenon, a pioneer of '97, told of coming by team from Antler, N.D. Grandma Frederickson came in '98, delighted to get a whiff of fish when she stepped from the train. Iceland did not seem so far away after all. Grandma W. Paddock came from Brandon to Bicton Heath in 1901 with 25 sheep, 12 horses, eight cows and calves. Grandma Susan McAulay arrived in 1900 from Southampton, Ont. Mrs. W. B. Dempsey came from Ottawa 25 years ago, arriving in an epidemic of diphtheria "and ever since she's been talking and working for health."

You Can't Be A Great Teacher If You're Not in Love

Spinsterhood Is "The Burglar Peeking Out From Under The Bed"

OKLAHOMA CITY. — Enforced spinsterhood was described to Lovers' Church as the "burglar peeking out from under the bed of tens of thousands of women teachers in the country."

"Love is the great law in teaching," asserted Dr. W. A. McKeever, psychologist and founder of the church as he described a ban which he said existed in many cities against marriage of school teachers.

About 200 persons attended yesterday's session, most of them women of middle age. Dr. McKeever started the Lovers' Church to combine romance and religion.

"There is no great teacher but that he or she is in love with somebody," he said. "The denial of love means auguish, bitterness and a frequent threat of nervous collapse."

How Population Grows

Letter in New York Times:— In May, 1927, the International Statistical Institute of the League of Nations estimated the world's population at 1,960,000,000, which shows a net gain over the figures of Professor Ernest George Ravenstein, geographer and statistician for the Royal Geographic Society, of 399,100,000 since his estimate was made in 1890. Professor E. M. East of Harvard University says that 150,000 are born every day, and 100,000 die. At that rate the population of the earth will double itself in about sixty-six years. Medical science has just about perfected arrangements whereby man may live far beyond the age of sixty-six, though just why he should want to is becoming another problem. In view of our present-day labor troubles which continue to grow despite politicians' efforts to make the earth easier to live in and on, the patent increase in the globe's population does not seem to offer very many future Elysiums for the footsore and the weary.—Leighton Bonner Robinson, Mexico, D. F.

Balancing the Books

In paying off a loan to the Home Owners Loan Corp., David M. Lloyd overpaid his bill 1 cent, according to H.O.L.C. accounts. To make the books of this corporation balance, a check for 1 cent was mailed to him.

Lloyd thought he would keep it as a souvenir. He later received an agitated letter from the United States' Treasury, asking why he hadn't cashed the check—that the books were out of balance to that extent.

When he started a search for the check, it was missing, and he had to sign an affidavit to get another check to straighten out the situation for Secretary of the Treasury Morgenthau.—Wall Street Journal.

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