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### Pithy Anecdotes Of the Famous

#### A Sailor Finds That Kruschen Keeps Him Free

Four years ago this sailor had an attack of lumbago. Kruschen put him right again - and has kept him right since: -  
"Four years ago," he writes, "I was troubled with lumbago intermittently, and tried several remedies, without getting any relief. I started taking Kruschen Salts, following the directions for lumbago, and I can assure you that after a few weeks I felt the benefit. For four years now I have never felt any recurrence of lumbago, although I still continue with Kruschen. I would not quit if they were double the price. I am sixty, and work on sailing craft, and apart from that lumbago have hardly ever had a day's illness." - E.O.

Kruschen is a combination of several salts which assist in stimulating your liver and digestive tract to healthy, regular activity. They ensure internal cleanliness, and help to keep the blood-stream pure. Thus lumbago, rheumatism, headaches and indigestion are less apt to trouble you.

### HIS LUMBAGO HAS GONE

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### New Heater

#### Small Fan Sends Warm Air To All Parts of Room

One of the newest bathroom gadgets is a portable heater that looks like a miniature radio. Convenient and inexpensive to operate, its small bladed fan forces the air past the hot coils circulating it to various parts of the room. It is mighty nice where there are small children in the family.

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### SCOUTING

#### Here There Everywhere

A brother to every other Scout, without regard to race or creed.

#### Scouting Here There Everywhere

Nearly 1500 Boy Scouts of London and adjacent counties took part in what was described as the biggest musical show ever put on at the Royal Albert Hall, London. The play, "Boy Scout," depicted the Scouting history of a London boy who joined a Scout Troop in search of adventure.

Armed with a pair of binoculars, adventures, crusaders, soldiers of Wellington and sailors of Nelson, formed a background for his various experiences, and wished him well as their modern descendant. One scene featured 1,000 Indians.

A prize which has created keen competition between the different patrols of Fort Erie Scouts is a week-end to be spent at the district Scout cabin early in May.

#### LIVE STOCK MARKETING

Shipping on the co-operative plan has been productive of splendid results. Selling on the open market means real value for the owners. Get in touch with us.

#### Grow Strawberries

Our Hardy Georgian Bay Plants Succeed Everywhere

#### New Seed Potato Certified WARBA

The new Warba potato is without a doubt, the finest origination of a century in the early potato class. It has been tried in many parts of United States and Canada and all results have shown that it is fully two weeks ahead, and more productive than the well known early variety Irish Cobbler.

### Perfects Navy Bean Adapted To Northern Ontario Climate

An outstanding achievement in agriculture and one of great interest to northern Ontario is the development of an early maturing navy bean in the Rainy River district. This new bean is adapted to more northern districts than those now recognized as the "bean zone," where the standard 125 to 130 day varieties are grown, in that it repeatedly matures in from 80 to 90 days from date of planting.

The originator of this new early bean is A. C. Gohn of Emo, Ont., who came to the Rainy River district in 1923 from the province of Saskatchewan. Mr. Gohn brought with him a sample of beans, unrecognized by the dominion seed branch at Ottawa, from which he had by carefully selecting for uniformity, productiveness and earliness, developed a variety that is most dependable.

#### Awarded Many Prizes

This new bean was under test for three seasons by the dominion seed branch and in February 1934 the commissioner granted its license as a new variety to be known as "Gohn's Rainy River," thus showing that it originated in a district far north of the standard bean zone.

Apart from this new navy bean being extremely early, it has already proved that it holds a high place in competition. It won a major award at the Regina World's Grain Show. It won the Canadian championship at the 1934 Toronto "Royal," also defeated all the "International." Twice in succession it won the special at Chicago.

#### Teaching a Calf To Drink

"We were reading a tribute written about pioneers, and it recounted changes which have taken place in the years which separate us from pioneers," writes the Peterborough Examiner. "Like this: 'If the pioneer came back today he would marvel at the manner of 1936 agriculture; the manner of feeding has changed; the way in which milk is taken and separated at once; the putting down of production. It would seem strange to him to turn a button and illuminate the barn. He would find himself in a changed world.'"

"It went on like that for quite a distance, and no doubt there's quite a bit of truth in it, but the change is not as great as stated. The pioneer farmer would find some things had not changed at all, and we mention just one - teaching a calf to drink out of a pail. We dare say he did it just the same as it was done on the Tenth Concession some years ago and just the same as it is being done on farms all over the country today.

#### IT ALL DEPENDS ON YOU

Through life grumbling and feeling blue, Because things in this life don't "pan out" just right for you; Trouble's here, and trouble's come to stay, but this is true - Joy's here, too, fifty times as strong as trouble, and it's for you. This world's a garden filled with flowers, if flowers'll do, Or it's a land where darkest shadows lie - it all depends on you.

#### U.S. Antarctic Land

It is difficult at this time to conceive of the specific importance to the United States of 350,000 square miles of Antarctic territory just claimed for that country by the intrepid Lincoln Ellsworth.

#### WAKE UP YOUR LIVER BILE

And You'll Jump Out of Bed in the Morning Ready to Go



### HAVE YOU HEARD

Most of us like to sit and gossip. It is really an idle habit. It encourages loose foolish talk. Even a fairly industrious person spends almost as much time swapping yarns with his neighbors and chance acquaintances as he does at work.

#### Heavy Demand Evidenced for Small, Reasonably Priced Homes

Ontario's annual big move with its hustle and bustle brings a brighter picture to the construction industry and housing problems for cities to solve. A heavy demand for small reasonably priced homes has made its appearance as Summer approaches and moving vans start their yearly round.

#### Active in Sudbury

A real rosy tint to the picture is painted in Sudbury, where \$1,000,000 will go into construction jobs, many large business blocks are to make their appearance and accommodations for more than 400 families anticipated.

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Issue No. 20 - '36

### IT'S A REAL CHEW!

## BIG BEN

The PERFECT Chewing Tobacco

### Building Outlook Reported Bright

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#### Classified Advertising

WEEKLY NEWSPAPER  
ADVERTISER WOULD PURCHASE a country weekly at reasonable terms. Send particulars to Box 42, Room 421, 72 Adelaide St. W., Toronto.

QUALITY MEAT SUPPLIES - HAMS, Frames, Sausages, Foundation, Honey Pails and Jars, Extractors, etc. Prompt shipment. Illustrated catalogue on request. We take business in exchange for supplies. H. M. Chubb and Co., Inc., 1640 W. Bradford, Ontario.

GORN'S NAVY BEAN  
CANADA'S NEW NAVY BEAN - "Gohn's Rainy River" - ripens earlier than any navy bean. Heavy yielding. Frost resistant. International winner since 1922. Foundation stock, grade 1, \$2.50 per lb., 15 or more pounds at 40c lb. delivered. Albert C. Gohn, Emo, Ont., originator.

WASHO - WASHES EVERYTHING. Used daily every month. Cleansers, economical. Free needle threader with each package. Beats all sales records. Good repeater. Good commission. Exceptional proposition. Write quick to Washo Bldg., Alexandria, Ont. 624

POK SALE  
RASPBERRY CANES, VIKING \$20.00 thousand. Alberta Farms, Cooksville.

BULLS  
GLADIOLUS - 100 for \$1.00 POST-paid. Blooming size. Halibut nature. R. Cormack, Harriston, Ont.

SALES LADIES WANTED  
Sales ladies, fast selling Canadian magazine with liberal commission. Write to Kaitiaki and Honecraft, Department 7, Daily Building, Montreal, Quebec.

FREE ANGLERS FREE  
SKINNERS new 40 page illustrated Fishing Tackle Catalogue ready for delivery at once, including fish and game laws.

WRITE TODAY FOR YOUR COPY

78 Victoria St. Toronto Ontario

HOW'S YOUR BLOOD?  
YOU lose vital nerve force if you allow your stomach to distress you. When nervous and run-down you need a tonic - when your weight is below normal, and you feel tired and weak, follow the advice of Mrs. Rose Cook of 101 Walnut St., Hamilton, Ont., who said: "My daughter, Doris, (picture above) was in a badly run-down condition when she was six years old. She was quite thin, had no appetite and had pimples on her face, caused by faulty elimination. Dr. Fiere's Golden Medical Discovery built her up so that she ate better, gained weight and the pimples cleared up. Buy now. New size, tablets 50 cts, liquid \$1.00 and \$1.35.

CORN PAIN AND WOTTA WART  
Undeniable proofs of Mrs. Public were removed by Green Corn Salve  
Price 50c per Jar Try Green BUNION Salve a good one. Made in Canada. Sold by all Drug and Dept. Stores. Distributed by Harold F. Rhodes & Company Ltd., Toronto.

INDIGESTION  
A THING OF THE PAST  
GASTRONOX  
will give you relief from indigestion and other gastric disorders! Let it help you to better health as it has helped thousands. GASTRONOX, an amazing alkaline stomach powder, neutralizes acid and pepsin up. Business and social success depend upon physical fitness. Eat and drink what you like and take GASTRONOX! Get it today! Sold at all drug stores.