

Woman's World

By Mair M. Morgan

HOUSEHOLD HINTS
Unless the housekeeper has a memory above average, she will often find it necessary while cooking, to refer to a table of measurements. Even the abbreviations used in recipes are somewhat puzzling to the inexperienced cook. I have always found it an excellent plan to keep a list of these useful items close at hand.

Abbreviations

1 teaspoon	1 tsp
1 tablespoon	1 tb
1 cup	1 c
1 ounce	1 oz
1 pound	1 lb
1 pint	1 pt
1 quart	1 qt
1 gallon	1 gal
1 bushel	1 bu
1 stone	1 st
1 ton	1 ton

Weights and Measures

2 c.	1 pt
4 c.	1 qt
2 tb.	1 oz
2 c. butter	1 lb
3 1/2 tb. flour	1 oz
3 1/2 c. flour	1 lb
2 lb. granulated sugar	1 lb
2 lb. fruit sugar	1 lb
3 lb. brown sugar	1 lb
2 c. granulated sugar	1 lb
2 c. fruit sugar	1 lb
2 1/4 c. icing sugar	1 lb
2 1/4 c. brown sugar	1 lb
2 1/2 c. cornmeal	1 lb
2 c. graham flour	1 lb
1 1/2 c. rice	1 lb
1 1/2 c. rolled oats	1 lb
1 1/2 c. ground coffee	1 lb
1 1/2 c. tea	1 lb
3 1/2 c. cocoa	1 lb
2 c. chopped meat	1 lb
4 c. grated cheese	1 lb
8 or 9 eggs	1 lb
1 egg	1 lb
1 square chocolate	about 2 oz.
4 lb. grated chocolate	1 lb
4 lb. granulated gelatin	1 oz.

Notes on Measuring
1. When measuring liquids, the cup should be as full as it will hold.
2. Fine dry materials, as flour, should be sifted before measuring. The material should not be packed down.

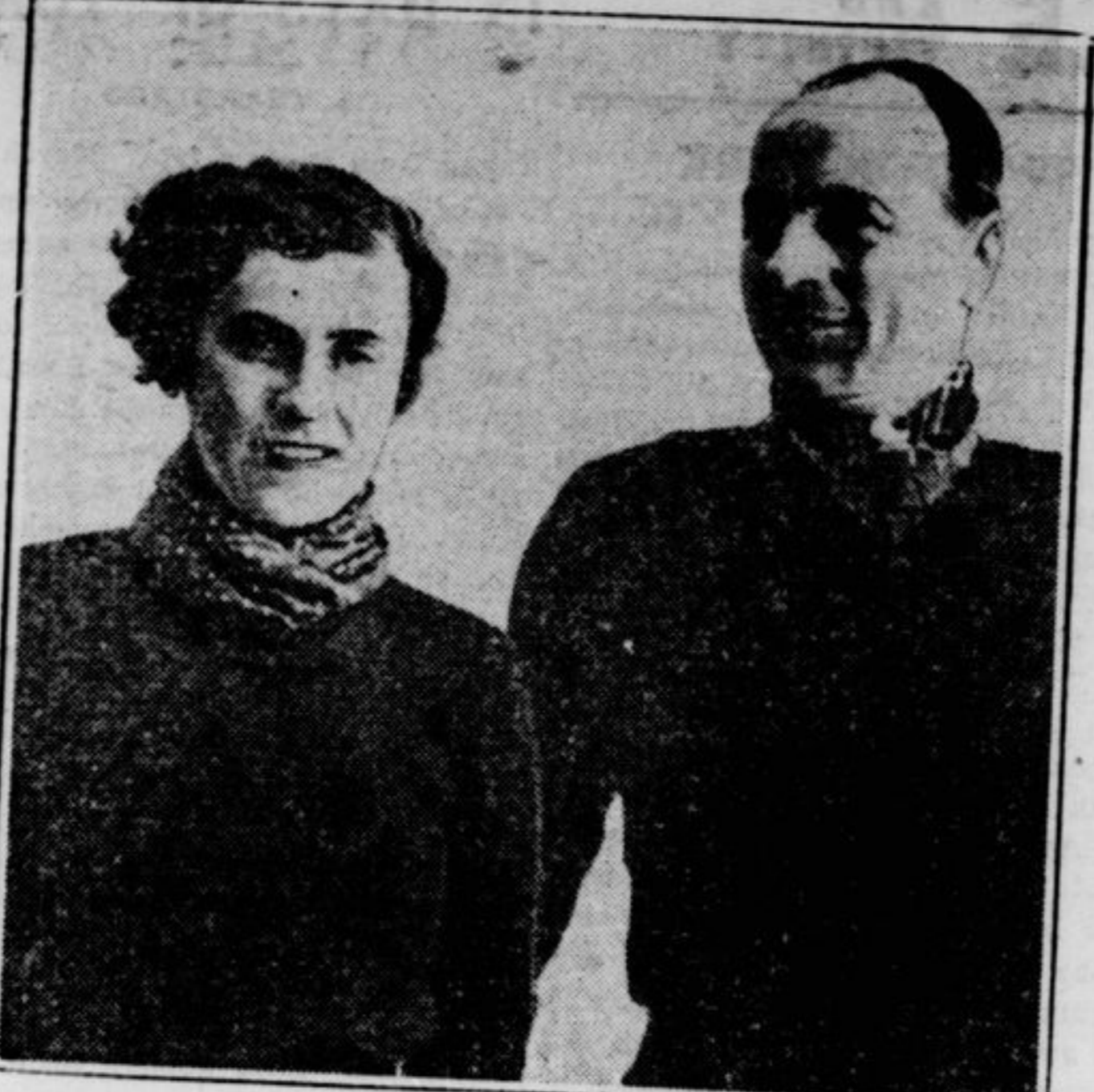
SANDWICHES
Whether you are giving a party on one of these mid-winter days, or getting the children's lunch, or it's a light "snack" after cards with the neighbours, please do not be guilty of serving makeshift sandwiches, because it is a sure sign of a makeshift home-maker, says Jessie Marie De Both. The smarter and tastier your sandwiches, the smarter is your reputation both with your children and your friends—and honestly, it is actually cheaper to make that kind of sandwiches, even with the commonest materials including left-overs out of the refrigerator.

Ordinary commercial sliced bread will save you time on family or the neighbor sandwiches; but get unsliced bread and cut it thinner, for party use. There are many kinds of suitable bread you can buy at the stores, such as sandwich bread, raisin, cinnamon, whole wheat, nut, rye, Boston brown, Graham, bran, and certain kinds of coffee cake also make a good sandwich slice.

The fillings for sandwiches are legion. Many of them can be purchased quite reasonably, so that you can keep a supply on hand. These include meat fillings, cheese blends in a wide variety, prepared sandwich spread in a number of combinations, and the like. Frequently you have a reserve of meat, or sea foods, in the refrigerator that combined with a salad dressing of the creamy type will make a delicious filling. Your energy and imagination are about the only limits on what you can work up as a delicious filling.

W.F. 39

Spanish Tennis Star Marries French Count



The former Senorita Lili de Alvarez, Spanish tennis star, and her husband, Count Jean de Gaillard de la Valdene, member of an old French family and a flying ace during the war, pictured at St. Moritz, Switzerland, on their honeymoon.

Then there are croquettes and ramikins and loaves and pastries and gratins, to say nothing of salads and sandwiches, and hashes and ragouts. Creamed fowl in rice ring makes a delicious main dish for a company luncheon. Serve it with asparagus salad, frozen plum pudding, cookies and black coffee.

Rice Ring
Three cups cooked rice, 1 onion, 3 thin slices bacon, 2 cups tomatoes, 1/2 teaspoon salt, 1-4 teaspoon pepper. Peel and slice onion and cook with bacon until brown. Add rice, salt and pepper and cook thirty minutes. Pack in a well oiled mold and bake thirty minutes in a moderate oven. Remove from oven and let stand five minutes. This steams the ring loose from the mold. Run a spatula around the edge and invert on a serving platter. Fill centre with creamed fowl and garnish with tender tips of celery leaves.

Cornish Pasties
One and one-half cups flour, two tablespoons butter, 3 teaspoons baking powder, 1/2 teaspoon salt, water. One and one-half cups minced fowl, 1/2 cup chopped oysters, 2-3 cup of cream-sauce, 1/2 cup rolled cracker crumbs, milk, salt and pepper, minced parsley.

Frozen Plum Pudding
One quart milk, 1 pint whipping cream, 1 1/2 cups granulated sugar, 6 eggs (yolks) 1/2 teaspoon salt, 4 eggs, bitter chocolate, 1 cup seedless raisins, 1/2 cup candied cherries cut in halves, 1/2 cup candied pineapple, 4 tablespoons shredded citron, 1 cup of blanched almonds.

Scald milk. Beat egg yolks with 1 cup sugar and salt until thoroughly blended. Gradually beat in scalded milk. Put over hot water and cook until mixture thickens and coats a metal spoon. Remove at once from heat. Melt chocolate over hot water with 1/2 cup sugar and enough boiling water to make a smooth paste. Add a little hot custard to chocolate and stir until perfectly smooth. Then add this to the rest of the custard and turn into a cold dish. Let stand until well chilled. Fold in cream that is whipped until firm. Turn into freezing trays and freeze until firm around the edges. Beat in fruit which was soaked over night in syrup to cover and drained. Freeze until firm and serve with a garnish of whipped cream and candied cherries.

SUNDAY SCHOOL LESSON

LESSON X — MARCH 8
Jesus Teaches Neighborliness Luke 10 Golden Text — "Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy strength, and with all thy mind; and thy neighbor as thyself — Luke 10:27.

THE LESSON IN ITS SETTING
Time — November and December, A.D. 29.
Place — All the events of this chapter occurred in Perea, the territory east of the Jordan River, extending from the city of Pella southward half way down the eastern coast of the Dead Sea; the last five verses of this chapter are located in the city of Bethany on the east slope of the Mt. of Olives.

"And behold, a certain lawyer." We should not allow this word to bring before our minds the typical "lawyer" of today. In the New Testament "lawyer" means "teacher of the law" and is a synonym for the more frequently used word "scribe." "Stood up and made trial of him." The fame of Jesus as a teacher, had reached this scholar's ears, and he now undertakes to prove Jesus' skill, to discover if he really is the Teacher of divine truth as others claimed he was. "Saying, Teacher, what shall I do?" The tense supplies that, by the performance of one thing, eternal life can be secured. What heroic act must be performed or what great sacrifice made? "To inherit eternal life?" This man was a legalist, a man who conceives of eternal life as an inheritance.

"And he said unto him, What is written in the law? how readest thou? The very business of this man questioning Jesus was to know the law. "And he answering said, Thou shalt love the Lord thy God with all thy heart." The quotation beginning here is from Deut. 6:5 and 10:12. "And with all thy soul, and with all thy strength, and with all thy mind; and thy neighbor as thyself." The last phrase is quoted from Lev. 19:18. These words need no exposition.

"And he said unto him, Thou hast answered right; this do, and thou shalt live." The verb here translated "do" is a present imperative and could be literally translated "continually do," i.e. not merely do it once for all.

"But he, desiring to justify himself said unto Jesus, And who is my neighbor?" The lawyer saw at once that he had convicted himself of asking a question that he really knew. In his embarrassment, he asks another question to show that he did have a point at first.

"Jesus made answer and said, A certain man was going down from Jerusalem to Jericho, and he fell among robbers. Who both stripped him." An exceptional act of violence and brutality (cf. Matt. 27:28, 31; and Mark 15:20). "And beat him." It was because he tried to keep his clothes and also to disable him, that they added blows to robbery. "And departed, leaving him half dead." One must be reminded of our Lord's words concerning the destructive work of Satan in the lives of his subjects in John 10:10, 12, 13.

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"And by chance a certain priest was going down that way." By coincidence we might say, by that wonderful falling-in of one event with another, which often seems chance to us, being indeed the mysterious weaving-in by a higher hand, of the thread of different men's lives into the one common woof. "And when he saw him, he passed by on the other side."

I am quite sure that, if any one had asked this priest in the temple, What shall I do to inherit eternal life? he would have answered him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy strength, and with all thy mind, and thy neighbor as thyself. But the trouble with this priest was that, as soon as he got his temple duties over, he forgot all that about his neighbor.

"And in like manner a Levite also, when he came to the place, and saw him, passed by on the other side." The Levites were appointed to assist the priests, but were not themselves, like Aaron and his sons, to approach the most holy things.

"But a certain Samaritan." A Samaritan was one absolutely despised by the Jews, and it was to the Jewish people that Jesus was speaking. "As he journeyed, came where he was; and when he saw him, he was moved with compassion." The feeling that one would expect from the heart of a Samaritan was one of actual and powerful hatred. Instead of that, he was touched with the man's suffering. "And came to him, and bound up his wounds." Possibly with strips torn from his own garments. "Pouring on them oil and wine." Oil and wine were recognized household remedies. "And he set him on his own beast, and he brought him to an inn, and took care of him."

"And on the morrow he took out two shillings." Literally "two denarii equivalent to a sum of between thirty and forty cents." "And gave them to the host, and said, Take care of him; and whatsoever thou spendest more, I when I come back again will repay thee. The expression of the "I" and its emphatic position, show that it is meant to imply "Come exclusively to me for money and payment."

"Which of these three, thinkest thou, proved neighbour unto him that fell among the robbers?" Behind this question, our Lord rebukes the lawyer's previous question.

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translated "Thou also habitually do likewise." It was not to be a single act, but life-long conduct.

But the Water Froze

We are happy to report the return to general circulation of a type who has contributed largely in the past to brightening the dullness of the working day. We refer to the wide-eyed innocent who is sent to his factory comrades for a pail of steam or a left-handed wrench or a valve handle. During the war he was the fellow who was dispatched on vain quests for 50 feet of skirmish line or the key to the parade ground. In print shops he gazes with rapt attention into an open form to see "type lice."

He turns up now at Erie, Pa., in a railroad machine shop. A year ago, the gang was discussing the hard Winter and speculating on a strip of blue that persisted far out in the lake. "That water," observed one of the hands mysteriously, "never freezes." A helper nearby turned this phenomenon over to his mind, and last Summer rowed to the spot indicated in the lake and filled several cans with water.

While the rest of the boys last week were filling their cars with anti-freeze mixture, he brought this lake water from storage, drained his radiator and filled it with the magic fluid. We regret to add that he is now in the market for a new cylinder head, but meanwhile congratulate him on his return to the public eye, which he has so often delighted in times past.—Detroit News.

The Terrible Beam

Half-fainting with the horror of what I had barely escaped, I thought only of getting out of that awful place, and turned my face upward. The trap door was open. There was no sign of the slave girl. "Smith!" I gasped. "She's gone!"

Fruit is canned in a large number of countries, although there are unfortunately no statistics for the majority, says the Imperial Economic Committee's report on Fruit. The United States and Hawaii (pineapples only) undoubtedly provide the bulk of the world aggregate, and these two countries probably account for more than the remainder of the world put (the latter producing canned pineapples exclusively) are the most important Empire producers, but the output of Canada and South Africa is of growing importance. Canning is also carried out in India, and fruit canning industries have been stated in Jamaica, Mauritius, Fiji and Palestine. In Formosa pineapple canning is assuming considerable proportions, although most of the output is shipped to Japan for consumption in that country. A certain amount of fruit is also canned in Argentina, Brazil and Chile, while Japan has recently developed an important orange canning industry.

Taking these countries as a whole, the principal fruits canned are apricots, peaches, pears, pineapples and grapefruit, although many of them can important quantities of other fruits, including raspberries, strawberries, loganberries, apples (mostly canned in water), plums and cherries. These fruits however, are the principal products of the industries of the United Kingdom and Continental Europe. A further distinction may be made in that the products of the European canning industries do not play an important part in international trade; fruits are generally canned or bottled for home consumption, and exports are small.

An important industry is being built up in Russia, where apples, apricots, peaches, pears and cherries are canned. In Germany strawberries are an important item, while the chief Italian product is cherries, with certain quantities of peaches and apricots. Apricots, peaches, plums, and cherries are canned in small quantities in France, also in Spain, with the addition of strawberries and pears. Belgium produces canned cherries, plums and pears, and the output of the Netherlands also comprises these fruits with the addition of peaches. However, in the Netherlands, very little fruit is canned, production consisting mainly of bottled fruit. As in the case of other European countries, some of the raw material of the Netherlands industry is probably imported. There is also a canning industry in Switzerland, where small quantities of fruits are processed including strawberries, and raspberries, currants, cherries and plums, with apricots, pears and apples. Supplies of home-grown fruit are sometimes insufficient for the needs of the industry and imported fruit is used.

Winter Afternoon

(Fred Lape in the New York Sun.)
Earth plans her beauty well, nothing is wasted. These withered stalks of goldenrod and asters Serve now to call the sparrows that have tasted Their seeds before, and come to show what masters They are of standing on their heads and eating. And at the same time spilling notes like bells, Or dropping on the snow to leave their fleeting Tracks in angles and tiny parallels. And father on the weeds give way to grasses In gold waves leaning over the cool snow. Rustling and whispering when a wind passes Over and over them and bends them low. They kindle in the sun like golden hair. This moment's light on them transmutes the earth. How shall I face such magic and not wear, Its mark forever like a mark of birds.

Hog Health Insurance

Hogs always are healthy on the farm of Mrs. R. D. Pence, of Indiana. One reason for this is that two fields are rotated every two years between alfalfa pasture for pigs and grain crops. The field begins with corn, follows with oats with which an alfalfa seeding is made, and is then returned to pasture while the other field takes a turn at the cropping. In the pasture Mrs. Pence keeps portable houses with floor sun pens attached. The house and pen combination, mounted on skids, can be moved easily from a worn place, or from one field to another. A portable waterer is moved the same way. "We never had any trouble with the pigs," said Mrs. Pence, "but for safety we vaccinate them against the cholera."

FU MANCHU By Sax Rohmer



"As you fell through the trap your shot broke the oil lamp over Fu Manchu's head." Nayland Smith told me while we clung to the ladder. "Shen Yen's whole place is in flames..."



Smith pointed into the ruddy pit. "See that beam," he said. "Fu Manchu's devilish trap almost accounted for you, Pence, as it did for Cedley. Mazon, the decoit and heaven knows how many more."



I saw in the glare of the flames, that two sword-blades, deadly keen, were riveted, edges up, along the top of the beam which only just now I had striven to grasp! "The Severed Fingers!" I cried.



Half-fainting with the horror of what I had barely escaped, I thought only of getting out of that awful place, and turned my face upward. The trap door was open. There was no sign of the slave girl. "Smith!" I gasped. "She's gone!"

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