Lessons r Young Boys

ble have the idea, that hould learn to cook and k, but I think where rge family of boys, it is and wise idea to teach k and be useful around ven if they are never work like this it is just them to know how to Louise Lake in the Mar-There are times when ay be sick, and unable things, and the income ough to hire help. In s, the boys can do the cely, especially if there n the family old enough asibility. And there are after they have grown men that these home very useful to them. en who have large nen in camps need a nd cookee, and if the ght to cook and wash h work they can often here otherwise they and I think it would and pleasanter cookn the winter season. in the woods. I am oys to cook and also ean now do the washy. There are times working away from ot get home to spend nd they often do their and save the expense one to do it for them. them to sew, and they by sewing small pat-I am very busy at duties. Teach them sings when they are seem to enjoy it betdo when they are

comes Within rom

nould Be Useful Il as Lovely Look At

Morris said, "Have home which you do useful," he was unclating the very pith se doctrine preached alists today, says a story from London. Christian Science teacher as he was, and his generation y before a new centhe errors of the to recognize that quality that can be but must be present beginning, or not at

are backward folk cling to the fallacy s must be ugly, and they should be so. erstand that a clear rpose is a cardinal . So they do not peress things are those the most hideous. out to this day that in which the sittingd with unsightly n which the one ents an aspect of purposefulness is e the busy housewife ecause everything has been made for

and serenely harnedern kitchen can ed in the "streamesigned by Mrs. was one of the most admited enamer exhibition of Burlington House, ng had been made was not a shape eye. There was as l good design in serole as in the ning. That planning ingenuity in the and by orderly er than by close e whole interior an t of airy spacious-

ot possess so modwell equipped a l learn a welcome ection and orderly tudying this truly poseful interior.

day

born:

wning

Thomas Carlyle

Rainbow Gold

BULEY

SYNOPSIS

Dan Prescott and Gordon Westerby his mine?" find gold in the arld bush of Australia. They stake their claim and start the long journey to the coast. Westerby has a flancee, Gladys Clemlieves he is Gordon, Eve Gilchrist,

ed to him," Eve observed. "He's Until more reliable information is best teachers that can be had. quite unsuited to it."

"That's nonsense, Eve." Medlicott said impatiently. "He is not asked to mislead anybody by as much as word. He has only to be himself and tell the truth. Instead of that, he hands out a string of yarns that wouldn't deceive a baby in arms. Ask him to be himself, will you?"

Eve got no chance on that day; and at breakfast next morning, when apprehension. On the face of it, a

DESERT GOLD MINE

"WHERE IS DANDONG?"

"During the past few days (Eve read) we have received countless let- funds to give the United States an ters about the activities of Mr. Milton Medlicott, who describes himself as an 'outside broker'. The writers of General Malin Craig, army chief of these letters are all heavy losers, as the result of following the advice so lavishly dispensed from the office of Mr. Medlicott, and some of the matters revealed to us are now under investigation.

foremost, at the present moment, is tion for the next fiscal year. an effort to sell shares in the Dandong Gold Mining Company. Inquiries annually, including accessories and show that the sole source of informa- ground equipment, he said, 800 plantion about this alleged gold mine is es would have to be provided yeara pamphlet, widely circulated by Mil- ly for three years to meet what the ton Medlicott. This brochure is vivid- war department considers minimum ly written, evidently by somebody needs. with a real gift for literary work, and tells a fascinating story in an alluring way.

ed in the heart of the Australian de. blood cools." - Sir Gerald Campbell. architect. sert by two diggers. Their adventures and the fabulous treasure they unearthed, are set out in detail. The pamphlet holds its sting, like a scorpion, in the tail; for on the back page is the customary form of application for shares."

"Medlicott, following the custom 'outside brokers,' employs a staff of persuasive 'solicitors,' whose mission is to induce the public to sell their holdings in sound securities and to invest the proceeds in such wild ventures as the Dandong Gold Mine. I should be sufficient for our readers when we inform them that shares in this mine are not listed for Stock Exchange dealings, and they will have Reflecting the definite improve- loans of banks are still decreasing. themselves to blame if they are lured ment in financial conditions through- Call loans in Canada also show a

the foot of the rainbow. A gentleman crossed the eight hundred million who has had good reason to regret his mark. Deposits have again duplicatconnection with Medlicott recently ed the remarkable gain of the preentertained Prescott, his intention be- vious year by increasing more than ing to find out what he could about this glittering proposition.

"He describes Prescott as a tall, bronzed man, of engaging appearance, who wore faultless evening clothes, and talked glibly and convincinglyfor a time -of his gold-seeking experiences. Unfortunately for him, his host, with a view to testing him tisfaction the high esteem in which makes the gain for the two years thoroughly, had been at pains to ac- the Bank is held as reflected by over 17 per cent. As was to be ex-

"He look me for a greenhorn," our informant chuckled. 'And I led him on from one tall story to another, by pretending to take it all in. In the end he was gravely telling me yarns that would have turned De Rougement green with envy.'

"'Can you supply a sample?" asked the 'Record Courier.' he had almost succeeded in taiming cutstanding change in liquid assets one which he caught young. Only is an increase in the holdings of some careless person fed it with pea- Government securities of \$58,744,823. nuts, and it died. I could have told him that the buyip was a purely mythical monster, and a superstition of the abcriginal tribes. He might as well tell me he had tamed a young banshee. But I pretended to believe him, and he thought he was impressing me. You remember, de Rougemont industry on account of improved leading Canadian institutions have day."

"Then you are not investing in

gazeteer. That was enough for me.'

fice, the broker who is floating the It is the place where the flying wom- asmuch as the boys and girls in the just as much as Joan Crawford ever bats nest and the young buyips are country, because of their meagre op- did. We can't weight over 118, "He doesn't like the role assign- tamed; but is there any gold there- portunities, deserve to have the very you know." supplied by Mr. Milton Medlicott or the gold is real as the mythical anima's mentioned. There is much of that these individual schools, with big commercial air lines.

> the article was one of furious anger at the injustice of it. But when she read it a second time, and more care-

Seek 2,400 Planes

Washington. - Decision to seek air force "second to none" emerged recently from a conference between staff, and Chairman McSwain, South Carolina Democrat, of the House military committee.

McSwain arranged to go before a House appropriations sub-committee to press for inclusion of money for 800 up-to-the-minute fighting planes "Among the Medlicott activities in the war department's appropria-At a cost of around \$70,000,000

"Nations are like men. If they let the poison of hate run through their

"It isn't fashionable any more to keep the same husband too long."-Annette Kellerman.

Rural Schools

In an address recently delivered at Queen's University Dr. Duncan MacArthur, deputy minister of edu-She Must Be Young, Slender the fact that the boys and girls of the country had not the opportunities of receiving as good an education as those in urban centres. In speaking as he did he undoubtedly pointed out the great weakness the educational system of this province. It is, of course, impossible to impart the same quality of instruction in isolated rural schools with "'Having made inquiries from of- poor equipment as is given in the ficial sources, I was told that no such towns and cities. Perhaps in some ents in England, but when they arrive place as Dandong was known. It does instances the people of those disnot appear in the latest Australian tricts are themselves to blame because of their desire to procure "For the present, no further infor- cheap teachers. This is unquestiontypist, obtains work in Medlicott's of- mation is forthcoming about Dandong. ably a very short-sighted policy, in-

The remedy for this state of afthat sort of gold — at the foot of only a small number of pupils. None is over 5 feet 4 inches tall. should be maintained to the detri- None is more than 26 years Eve's first emotion after reading ment of the instruction offered. In All are registered nurses. fully, anger gave place to a very deep the best teachers and all the neces- on TWA transport planes. opposition, raised against it nothing young women can have time between ideas which housewives have in re"Some people are naturally fat be a supportance of such well."

Helen Bell, daughter of the Laird Bells. of suburban Winnetka, and If Mrs. James Getz, daughter-in-law of George Getz, treasurer of the Republican National Committee.

They were chosen from scores of "From it we gather that a gold systems, they pick up a gun and kill, es Dulaney, creator of new effects mine, rich as Eldorado, was discover- but if they restrain this motion, the in modern art, and Walter Frazier,

The judges' definition of "streamline" was "simplification of everything, absence of non-essentials in dress, and good carriage."

The Royal Bank of Canada Presents Strong Statement vegetables popular. If they are that ing.

Total Assets Have Crossed the Eight Hundred Million Mark carrots, turnips, cauliflower hearts, his audience about following any 287 and Are Equal to 58 Per Cent. of Total Liabilities to the Public.

As a result, total assets have \$10,690,196. \$50,000,000. At the same time, holdings of high grade Government bonds have increased to \$209,453,208, up from \$150,708.385. Of special im-

Strong Liquid Position

for the year to November 30, shows terest on a large proportin of the total assets of \$800,919,700, up from bank's deposits outside of Canada. \$758,423,904 in the previous year. Of this large total, liquid assets have reached \$423,673,881, as compared with \$382,172,287 and are "Well, I asked him if he had ever year. Of this large total, liquid asequal to 58% of total liabilities seen a buyip; and he told me, with sets are cash on hand and deposits and Loss Account. all the assurance in the world, that in other banks of \$157.630,042. The

Commercial Loans Up

increase which is encouraging when be added to Profit and Loss Account, sible. it is taken into consideration toat which now stands at \$1,609,554.

into any loss by the specious lan- out the large field it serves, The movement in an upward direction Careless cooking is often the rea-Royal Bank of Canada is issuing to and are reported at \$26,328,679, up its shareholders a statement that from \$23,430.645, a gain of close to the bles. Boiled just right, according to culosis "Among the 'solicitors' we have been able to identify a man named Pressible shows very substantial growth dur
shows very substantial growth dur
\$3,000,000. Call Loans outside of with plenty of butter almost all year. HARMI Canada at \$19,216,857 are down

This is likely due to the very low

Large Gain In Deposits

Of interest to the general public, as well as to the shareholders, portance is the tendency of current the showing made in deposits. These loans to move upward, as a result now stand at \$688,366,512 and are of the gains that have been evident up \$51,000,000 during the year. This quire some accurate information an increase of more than a hundred pected, Saving deposits in Canada about certain sides of bush life in million in deposits over the last two have continued to gain and the de crease in interest-bearing deposits is understood to be due to a policy The general statement, which is of cutting out of the payment of in-

Profit and Loss Account

With lower interest rates pre- vegetables? vailing, profits show a slight decrease, but were sufficient to provide How To Be Happy to for dividends and the usual charges and make a contribution to Profit

\$2,800,000 was applied to dividends, wedding anniversary advise: \$200,000 transferred to Bank Premises account, \$200,000 to the Officers' Current loans of \$328.821,416. Pension Fund and \$1,037.772 for Dom- or wife. against \$326,782,534 at the end of inion and Provincial Government the previous year, show a moderate taxes, leaving a surplus of \$102,700 to

was detected when he talked about business. Liquidation of slow loans shown that Canadian banks have flying wombats. This man was more carried during the depression has never been in as strong a position as ignorant of Australia than deRougecontinued and the general experience
on this Continent is that commercial mercial demands as they develop.

Air Hostess Picked

Line's Chief Stewardess

She must be attractive, she must be young, she must be slender. She must be able to turn down proposals without offending - and she must think only of her career.

"I often think it would be much easier to qualify for the movies,"

"We have to watch our pounds

You Want Your Family To

ADD CELERY AND NUTS

with plenty of butter, almost all ve- HARMFUL EFFECTS getables are palatable.

A good sauce helps. world, mainly London and New York. and peas, for instance.

Appetizingly browned in butter or witch. French fried in deep fat, even parsnips could go to the top of the class -and baking is another aid.

Also you may disguise them in Souffles, scallops and casseroles offer unlimited possibilities. So do gelatin dishes and loaves.

USED IN DESSERTS, TOO alade and butters where you use promotion of national welfare, but I carrots and tomatoes, and vegetable doubt if this has not led to pracsandwiches with peanut butter or tices not only of no benefit to the mayonnaise. Garnishes and cocktails public but actual impairment in you have already thought of, no health. Amongst those who are givdoubt. But how about puddings, ing such advice there are individual cookies, cakes and breads made with men whose ability to deal with this

Though Married

Total profits amounted to \$4,340,- happy marriage, F. E. Bush, 85, and 552, as against \$4,398,217 last year. Mrs. Bush, 70, celebrating their 60th "Pay your bills.

"Don't argue with your husband-"Don't use liquor or tobacco. "Stay out of doors as much as pos-

"Lead a simple life. "Do some physical labor every

Issue No. 1 — '36

Like Actresses

and Attractive, Says Plane

Movie actress? Wrong. Air transport hostess.

Miss Lena Kraft, chief stewardess for one air line said with a sigh re-

That is a requirement met by thirty-two pretty young women who Mr. Prescott it may be assumed that fairs is the establishment of consol- were trained in Kansas - City for idated schools. It is not reasonable positions as hostesses on one of the

Title is Awarded that one is easy. If we were we couldn't hold our jobs."

smartly dressed women attending Change the Ways in Which They gent thought up the phrase "This but the individual, and that alone Washington State issues a coin a Upon the sales ability of the cook examples of tests made in his labor- "The problems of food and nutriand her ingenuity hangs the prob- atory at the General Hospital of tion are not simple. There is no one lem of whether or not her family soaps that contained from 28 to 51 diet which is suitable or all people ey" locks the most like a standard gets the proper amount and variety per cent. of soap, of butter suppose- nor is the same diet suitable for the white motel come and white motel come white motel come white motel come and of vegetables. There are tricks in dly 1 1-8 cents cheaper that con- same person at all times. Proper adall trades and the cook must resort tained sufficient salt and water to vice about diet demands knowledge a dime. to many. When the doctor pre- make the actual butter cost 4 1-2 of many things, and the physician scribes disagreeable medicine, he cents a pound more, of cleaning ag- alone is in the position to properly both amused and annoyed, by presugar-coats it. That is what the ents for floors that contained 18 per guide the individual in matters of senting a "milk-bottle-top" coin of Hora are a few hints for making cent water, 2 per cent, sand and 80 nutrition and indiscriminate dieting cardboard, printed on the side with Here are a few hints for making per cent, sawdust with a little color- inevitably leads to serious impair- the legend "Missouri . . . Retailers' One Mill Sales Tay Possint".

Shredded and mixed with celery two people were alike in the effect and nuts or even with fruits for that certain foods had on them, and

has not and we hope never will hesitate to spread that knowledge which by preventing disease will lessen in-Then, of course, there are marm- dividual suffering and tend to the vegetable juice or finely chopped phase of the health problem cannot be questioned nor can there be any



PEOPLE ARE FOOLED aster."

Some "Pure Olive Oil" As Cotton Seed Oil

opposition, raised against it nothing young women can have time between was done. Dr. MacArthur will prove trips to enjoy a normal social life," gard to the importance of such well-and some naturally thin," declared and some naturally thin, and some naturally thin and some naturally thin, and the some naturally thin, an

salmon, declaring that the psycholo- normal, over-weight or underweight nothing much is for sale today at gical effect of advertising was that for height are statistical, they are one mill each. If anything were so people thought salmon to be good averages based on large groups of priced it's likely that people would had to be pink. "White salmon is people. The mere fact that you are be exchanging it for the state "midjust as good as pink salmon, but the not average may not and need not get money," which would make it Like Vegetables of salmon in any other terms than weight — in other words the phy- would be called on to do something salmon is guaranteed not to turn points out the harmful effects of little larger than a nickel, with a pink.' Dr. Rabinowitch gave some indiscriminate diet.

general dieting plan without con- rors for those whose minds are oc. checks been distributed than that sulting physicians, declaring that no cupied." - Frank H. Vizetelly. | tempting blank side was seized by salad, you may use many vegeta- that those women who went in for bles that would be refused if serv- indiscriminate dieting and perhaps

"Notwithstanding the advice which An unpopular vegetable served in ical men and which we read almost rates of interest obtainable in the combination with one that every- daily in the newspapers, I am going leading financial centres of the body likes is a good plan—carrots to point out the harmful effects of this system," declared Dr. Rabino-

"I want to speak against the dissemination of medical knowledge amongst those who have not the promeat stews, pot roasts, and soups. per training to fully appreciate that knowledge. The medical profession

SCRAMBLED SENTENCE CONTEST

The Most Unique Profit-Sharing Prize Contest in History

There are five Classic Sentences in the following group of words,

find these five sentences, then write them correctly, and legibly.

"Trust men, and they will be true to you, a good word is an easy

obligation; -is better than a years' mere study of books. -needs no

definition of sin.—by the progress of a favoured few.—and they will

show themselves great .- whoever has tasted of remorse-treat them

greatly; - a single conversation across the table with a wise man-

which costs nothing.—the progress of democracy can never be meas-

Send your result in on or before Jan. 3rd, 1935, with an entry fee

of Twenty-Five Cents, no stamps. 10 percent will be shared be-

percent. for a correct list. All entrants will receive the results. The more entries received, the more PROFIT to SHARE.

GIFF BAKER, 39 LEE AVE., TORONTO

ured-but not to speak ill requires only our silence."

is delicious

doubt of their sincerity, but there is 000 smidgets running loose in those and laudable practice has led to dis- quite a problem. SCIENCE OF NUTRITION

After pointing out that the human Rabinowitch Debunks system was continually breaking tax, cown and building up

MONTREAL — "So-called pure and building up of constituents must become conscious of the fact that olive oil, packed in Italy and in be kept balanced — if the breaking your state is taking a whack out of these days of good roads and motor A rigid three weeks' course was Rabinowitch, M. D. C. M., D.Sc., F up exceeded the breaking down a Spain are in many cases made of down exceeded the building up a per buses it would be a simple matter given the first group of hostesses— R.C.P., director of the department person gained weight, and the of "midget money" is defeating its cotton seed oil," declared Dr. I. M. son lost weight and if the building every purchase you make. to collect the children and convey selected from hundreds of applicants of metabolism at the Montreal Genthou to larger schools supplied with the nation over—who will be placed to help them to larger schools supplied with the nation over—who will be placed of metabolism at the Montreal Genthe best teachers and all the neces- on TWA transport planes.

on TWA transport planes.

of metabolism at the Montreal Genknown as nutrition. There were than his true percentage of she picked up her newspaper, the "Research and a prehension. On the face of it, a sary equipment. It is not a sufficient answer to say that many of the Rainey, a pilot and "professor" of sity, in a recent address here. "If weight and sex were given the same public health rapper food and the same number of callorthe best teachers and all the necessary equipment. It is not a sufficient analysis of them," said L. A. or medicine and lecturer in Pathological chemistry at McGill University a she picked up her newspaper, the "Record Courier," she realised that Medupon Dan and upon Medicott; but
brightest students in the universities
there are any public health reprefood and the same number of callorfor 10 cents Tax, two-tenths of a
cent. But if there is no coin worth we'l-grounded. The first things that worried over that all the way to the the advantages were greater, the without fear of libel, that I could were not the only consideration in two-tenths of a cent the only thing you can do is leave a whole cent benumber would be vastly increased. will work two days and then have name them 22 products of allegedly construction of diet. There were hind you as tax. And that's a 10 Some years ago the Hon. G. Howwill make the round trip in two days of the market of allegedly other constituents in food essential bercent, sales tax on a 10c purchase some years ago the non. G. How and the rest three days."

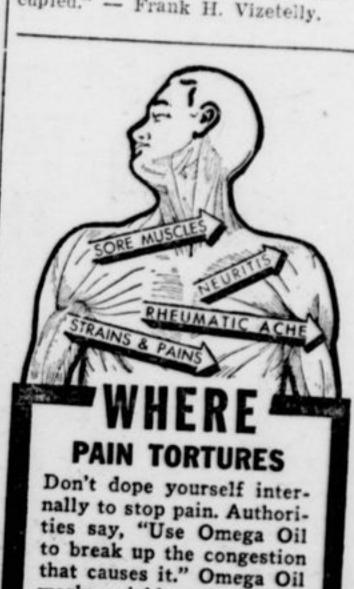
Some years ago the non. G. How and the non. G. How and the rest three days."

olive oil that are sold on the market other constituents in food essential percent. sales tax on a 10c purchase.

So, led by Illinois, five states Fr U.S. Air Force township schools, but owing to the opposition, raised against it nothing young women can have time between the dispelled a lot of the gastro-intestinal tract. small percentage, but all contain these he listed as vitamins, and So, led by Illinois, five states

can successfully carry out a scheme There's often romance on a plane, first grade and so on. "How many see people who are naturally overadvertised words as standard, prime, the speaker, "and it is a tragedy to piece about the size of a dime, made the education of the children in the "Proposals? You bet we get pro- word "standard" are the lowest tempting to diet, when they are the education of the children in the rural communities at a reasonable posals," she said. "Still, having been posals," she said. "Still, having been posals," she said. "Still, having been grade on the market?" he asked, "Or healthy in every other respect. They to Congress' exclusive power to communities at a reasonable posals," she said. "Still, having been grade on the market?" he asked, "Or healthy in every other respect. They to Congress' exclusive power to communities at a reasonable posals," she said. "Still, having been grade on the market?" he asked, "Or healthy in every other respect. They

Chicago—Now it's the "streamline Miss Kraft's staff dropped avia- As an illustration of the gullibility nize that the standard which we use sales tay But that's only he girl of 1936" and the "streamline tion for matrimony. Another is of the public the speaker instanced in determining whether a person is nothing much is for solve the formula of the public the speaker instanced in determining whether a person is nothing much is for solve the speaker instanced in the standard which we use



works quickly and safely to bring real relief. At all drug stores, 35c.

Canada continues to import dairy products. Our butter imports in October, amounting to 7,351 pounds, were less than a third of the import of a year ago when the amount was 22,915. The import came almost entirely from the United States at 6,-261 pounds. The value in October was \$1,831 and last year \$3.676. Cheese imports amounting to 157,821 pounds with a value of \$37,301, were an increase of 43,002 pounds and \$6,204 in comparison with the same month last year. New Zealand was the largest supplying country with 47,154 pounds, followed by the United States with 33,481, France 29,-897, Italy 19,020, Netherlands 10,-402, United Kingdom 9,809 and smaller amounts from British Guiana, Denmark and Norway. Imports tween those who send in two errors, 15 percent. with one error, 25 gallons during October were approximately half of the import of the corresponding month last year. All of this came from the United States .- Brandon Sun.

Well, a Smidget Is Just a Jigger

Have you ever been smothered by smidgets?

What! You don't even know what a smidget is? Well, a smidget is a jigger, a

chit, a taxi, a ruby, a mill, a token -any one of the names which a half-amused, half-indignant public has tagged on "midget money." F.fteen million people in five states today are using it to get "change for a penny" to pay their sales taxes. There are probably about 110,000,-

no doubt in my mind that this high five states, and it's getting to be The principal function of "midget

money" seems to have been to put the pain back in what used to be called "the painless tax" or sales

through the demands made on it, with a pocketful of jingling alumtissues Dr. Rabinowitch said that in order inum coins, or dirty milk-bottle caps, to keep healthy this breaking down or even stamp-like tax receipts, you

first question we are asked is 'Are asparagus' is the lowest possible six months or a year in a sanataryou married?' and the answer to grade, and that extra fancy, select ium. These are not accidents or ing it wasn't really money because

hole in the middle, Colorado has a

One-Mill Sales Tax Receipt." The

other side was left blank, That was an error. No sooner had "Advancing years can have no ter. the first 15,000,000 milk-bettle-top jesters and protesters as a blackboard to air their grievances and make wise cracks. Most of the M ssouri "midget money" soon sported bitter protests in ink or pencil on one side. Ingenious advertisers were soon stamping all that passed through their hands with an adver-

tising legend. Missouri now has some 50,000,000 copies of this milk-bottle-top money in circulation, and approximately 28,-359,556 of them are emblazoned on the back with facetious or even bitter legends denouncing "Boss" Tom Prendergast, Governor Park, the

New Deal, and life in general. This same backlash against salestax "midget money" by which Missouri hopes to collect \$11,000,000 a year for old-age pensions and other relief work, is being felt in every one of the 24 states now having sales taxes. Four years ago only three states had such taxes.'

Import Dairy Products

ONTARIO ARCHIVES

TORONTO