

VOICE of the PRESS CANADA, THE EMPIRE THE WORLD AT LARGE CANADA

CANADA AUTUMN BEAUTIES

"The most beautiful sight in America," writes Arthur Brisbane from New Jersey, "is the changing colors of autumn foliage on the North Atlantic seaboard."

"A NATIONAL SHAME" A movement is afoot to persuade the Government to provide more adequate quarters for the National Gallery in Ottawa.

Although it does not seem to be widely recognized, the collection of pictures on show in the present National Gallery building is excellent and highly representative of the European and North American schools.

What a race those Britishers are! Samuel Hoare, Foreign Secretary, has proved a big man in a big place. Once he completed an airplane flight to India and caused Rt. Hon. Stanley Baldwin to remark: "What with Lord Birkenhead winning diving competitions in Madeira, Leo Amery skiing in the Alps, and Sam Hoare flying to India, I feel like a circus manager whose performing felines have escaped."

PRIVATE ROW Windsor man when visiting in Hamilton saw a man and wife fighting and stepping in as peacemaker. He received a beating and was informed it was a family affair.

AN ANNUAL PEST The mosquitoes and the black flies have long departed but we still have to face the pest who says he doesn't want anything for Christmas.—Toronto Saturday Night.

SIGNS OF THE TIMES A man's beauty parlor has opened in New York, which looks like another symptom of prosperity and wild spending.—Hamilton Spectator.

"LIGHT" BOMBS The aviator son-in-law of Signor Mussolini gives the world the assurance that "only bombs" weighing less than 10 pounds each are being dropped on Ethiopian towns and villages. It reminds us of the tuna fisherman who wrote a friend in this office last summer saying: "We were out yesterday, but only got a little fellow weighing 190 pounds." The person who thinks "light" bombs mean little is a person who has never experienced the explosion of one of them.—Halifax Herald.

ONLY A MILK BOTTLE A few years ago the writer was astounded when informed by a local dairy manager that bottle replacement was costing him \$3,000 yearly. Not all broken, by any means, as milk bottles are used for a multitude of purposes not intended when the bottles are left at the householder's door in the dusk of morning.

Writing on this subject of small wastes that grow to be large ones the Kingston Whig-Standard has this to say: From the United States Department of Agriculture comes a reminder of the large cost of carelessness in small matters on the part of many people. Its bureau of dairy industry, which has been watching milk bottles for some time, has given out figures that prove the annual loss in the United States from broken or misplaced bottles at close to \$3,000,000. That is what milk bottle carelessness costs in the United States. The chances are the loss in Canada is proportionate, or nearly so.

The figure is suggestive of our thoughtless wastefulness on this continent by our small regard for little things. It's only a broken milk bottle! Never mind, the dairy furnishes them! How many articles in common use, like the milk bottle, are counted as costing nothing? Who pays for the loss in milk bottles? Somebody has to stand it. The bottles, the bureau of dairy industry tells us, cost a little over a nickel apiece. The manufacturers get their price for the bottles. The farmers and dairies selling the milk charge back what they can to the consumer and take the rest. Somebody has to pay for the losses of a going concern. There is no profit in waste.—Niagara Falls Review.

THE GIFT OF SLEEP But to woo sleep it is necessary to relax, and here we come to the crux of the matter. Difficult and not very profitable is it to attempt to sleep when the body is tense. We must learn to relax, and anything that enables us to relax will help us. Reading in bed aids, providing it is a dull book. One man put himself to sleep with the Encyclopedia Britannica; a minister reports he can not keep awake if he goes over the points of the next sermon.—Hamilton Spectator.

NEED MORE THAN GOOD EYES There is a wide difference between "seeing" and "observing." A man's eyesight may be perfect and his powers of observation low. To be a really good driver you must be observant because you have to watch the poor driver who is dividing the road with you. It is little satisfaction to know that you had "the right way" if your car is wrecked by an irresponsible driver who was dead wrong. The good driver is not insistent on his rights—he "avoids" accidents.

Speed alone is not the primary factor in accidents, but speed plus carelessness is a disastrous combination. The people who argue for a material reduction in the speed limits have a logical argument. The "speed" should be governed not by what is safe for a good driver, who is in the minority, but to safeguard the public from the poor driver who is in the great majority.—Toronto Telegram.

MORE THAN TEACHING There is many an adult today who can thank some lady school teacher for having had a profound influence on him during the years when he was open to receive suggestion. She may have set him out to the school pump to wash his hands and face; she may have shamed him to the point where his hair would be brushed and his teeth cleaned, and it may have been the teacher who insisted that the boy should tip his cap when he met the teacher or any other lady out of school hours.

Actually she was doing a great deal more than teaching things which were set forth in the text books. Possibly the boys in school may have thought at the time the teacher was a "sour old maid," but they know now she was not. Mature judgment has stamped her as a great force and a helpful influence in their lives, and as such they will continue to remember her.—Peterboro Examiner.

THE EMPIRE A LINK WITH THE PAST Among the many distinguished forebears of the Duchess of Gloucester is one whose name should be known wherever Scottish songs are sung. Yet, how many of the countless numbers who are familiar with "Annie Laurie" remember that the writer of the song as we know it now was Lady John Scott, a great-grand-aunt of the Duke of Gloucester's wife.

This song-writer, who lived until the first year of this century, was Miss Alicia Spottiswoode of Spottiswoode, in Berwickshire, and her marriage to the only surviving brother of the fifth Duke of Buccleugh took place in 1836. She was a patriotic Scotswoman, and once declared, "I would rather live in a pigsty in Scotland than a palace in England." She made a wonderful collection of old Scottish songs for her brother-in-law, the Duke of Buccleugh.—Glasgow Herald.

SCOTLAND YARD TEACHES Scotland Yard is teaching the world how to go about its police work. There are a few countries that have not sent representatives to learn from the Metropolitan Police. Among the next batch of "pupils" will be detectives from New Zealand. Police officers have come from Newfoundland, Hong Kong, Singapore, Canada, Australia, France, Spain, Germany, and other Continental countries to glean much from our methods. Superintendent Batley, chief of the Fingerprint Department, is going to lecture to "pupils" on his subject. Chief Inspector Rowe will demonstrate the Criminal Records Office. The wireless cars and broadcasting methods of the "Yard" will be explained by the Radio Chief, Chief

Constable Best. Sir Bernard Spillbury will give lectures on poisons. Dr. Roche Lynch, the Home Office analyst, will teach his own subject. The examination of bullets, cartridges, and clothing—will be shown by Dr. Davidson, chief of the Crime Laboratory at Hendon. Finally, there will be special lectures on crime detection by Chief Constable Horwell and Superintendent Hambrook of the C. I. D.—Overseas Daily Mail.

Designer's Advice To the Over-weight

From Hollywood and the atelier of a rising American designer who is good-looking enough to model her own clothes, comes a warning to the flesh-conscious woman who would be smart though over-weight. Helen Taylor, who created the thirty-six ensembles for Josephine Hutchinson, Hollywood star, offers ten fashion "don'ts" to calory-watchers.

- 1. Don't ever wear shiny-surfaced fabrics—even if Paris insists you may look like last year's date in flat crepe or dull black. 2. Don't wear a blouse or jacket of one color with a skirt of another. Cuts your height at least two inches. 3. Don't fall for tomato red evening slippers when your dinner dress is black. Try black slippers and watch the results. 4. Don't—please—wear huge furs or voluminous collars. Content yourself with small skins worn close to the neck. Reason obvious. 5. Don't affect wide, flaring sleeves or sleeves so unique that they call attention to themselves. Makes you twice as wide. 6. Don't let that crafty millinery clerk talk you into a pill-box hat, even if it does have a flattering veil. Brims are more becoming to the broader face. AND men prefer them. 7. Don't buy a size sixteen when you wear an eighteen. You are fooling nobody but yourself. A wall-paper fit in clothes adds points to your appearance. 8. Don't fasten a large bow on your bosom unless you have the virtues of a brassiere model. It does terrible things to your silhouette. 9. Don't delude yourself into thinking that a hutsau neckline will give you a long line from throat to waist. It will only accentuate the width of your shoulders and make your head appear too small for your body. 10. Don't—ever—wear all white. Miss Taylor believes that a designer's greatest hope in creating original ideas in modern costume lies in the development of new fabrics. She uses cellophane velvets, cellophane laces, metallic satins, ribbed satins and rhinestone cloth—all new departures in screen fabrics. She says she would like to see these materials should be adopted indiscriminately by the average woman. "I know what temptation it is to try a new and rich material," she says, "with designers offering each year a dazzling line-up of unusual woolsens and silks. But the woman who is over-weight must watch her fabrics as closely as her diet. Three yards of rhinestone cloth on the wrong figure can wreck a girl's smartness reputation overnight. An afternoon frock of crepe satin which looks divine on a size 12 can make a freak out of a perfectly nice 36." In addition to building complete screen wardrobes for Josephine Hutchinson, Helen Westley, Laura Hope Crews and Mona Barrie, Helen Taylor has created street and screen costumes for such stars as Merle Oberon, Marlene Dietrich, Marion Davies and Norma Shearer. "Of all the pestiferous insects that annoy mortal flesh, the education snob is the most detestable."—Harold Bell Wright.

Doctor Approves Women's Scanty Dress

"Women have far more energy and waste far more of it than man," So said a doctor of psychology the other day.

"They rush at things in a desire to get them done, and then find they have gone the longest way round in the end."

It is very true. It is a feminine failing to plunge at a job without a second's thought. It's a masculine failing to think so long over a job to be done that there is not time left to do it.

Why not combine the two. Control your first violent impulse to be up and doing, and, instead, seize paper and pencil and work out a sensible program.

Go through an average day's work and see how many times you have duplicated jobs. How many unnecessary trips to store cupboards or files, how many unnecessary telephone calls you have made and letters you have written.

No employer would be annoyed if you showed him neatly on paper how you could save your time and his—you might even get an increase of salary for your intelligence.

For Limited Wardrobe



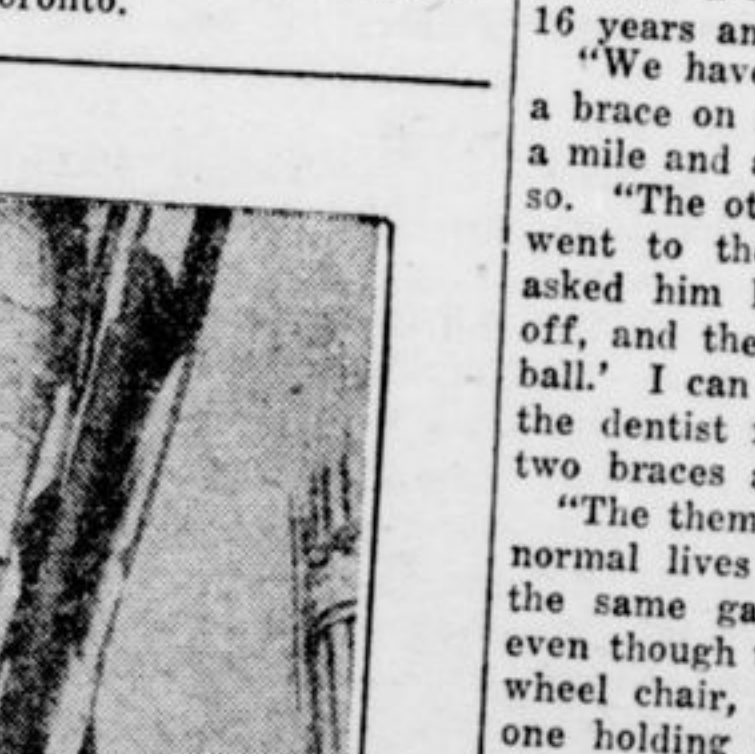
The charming blouse patterned for today, is a life saver for limited budget. It's one of those useful blouses in bright crepe silk that fills a dual role. It's simple enough to wear to the office, and then to keep that dinner "date" at any fashionable restaurant.



Style No. 3209 is designed for sizes 14, 16, 18 years, 36, 38 and 40-inches bust. Size 16 requires 2 1/2 yards of 39-inch material for blouse with cord neck.

HOW TO ORDER PATTERNS Write your name and address plainly, giving number and size of pattern wanted. Enclose 15c in stamps or coin (coin preferred); wrap it carefully) and address your order to Wilson Pattern Service, 73 West Adelaide Street, Toronto.

Smiles Down The usual stern expression of Premier Mussolini as he acknowledges cheering crowds in Rome on the 17th anniversary of peace with Austria.



Dr. Howland Re-elected Dr. Goldwin Howland, re-elected president of the association, described great progress in use of occupational therapy in Scotland, and expressed the opinion that its merits are not sufficiently appreciated by Canadian physicians and surgeons or Canadian hospitals and institutions. He believed the Ontario Government should give some special monetary aid towards the cost of occupational therapy classes conducted in connection with the ex-

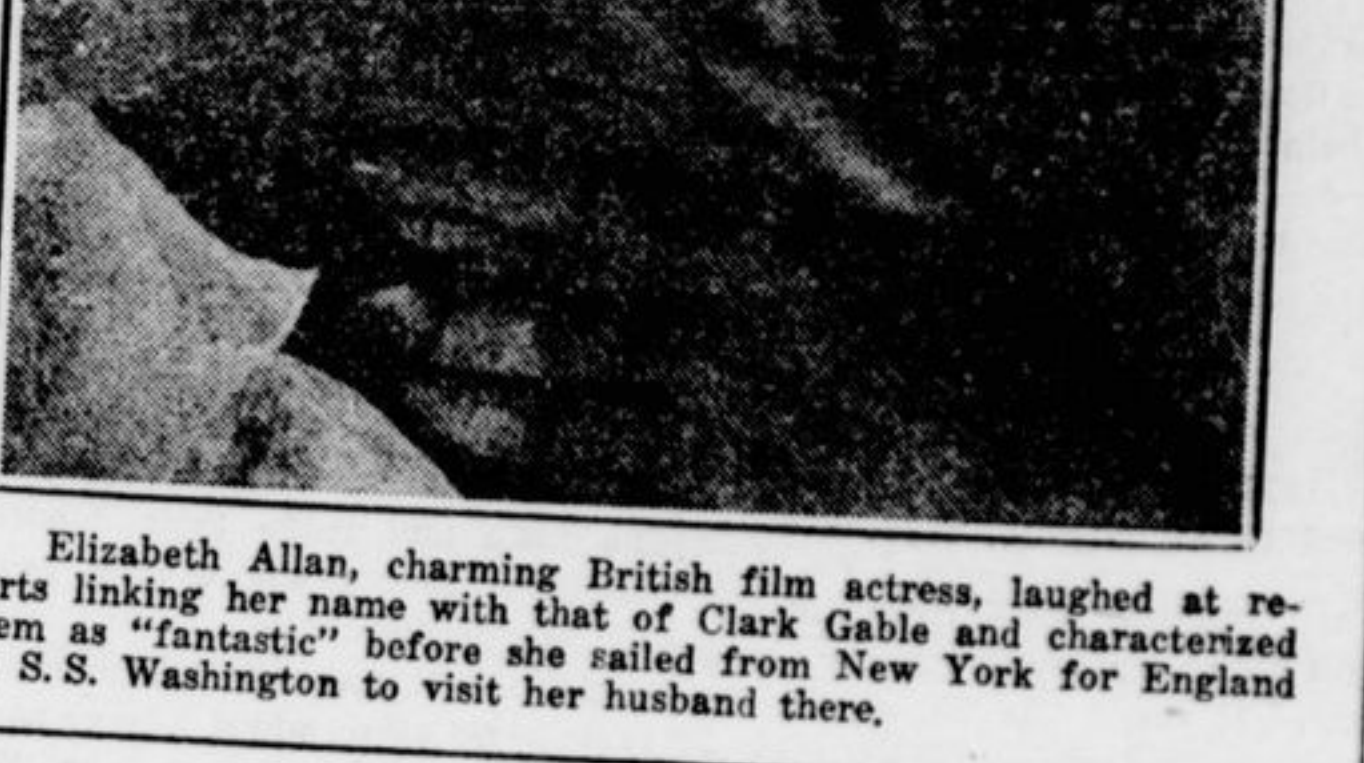
"Fantastic" Royal Research Ships to Antarctic

(London Times) The Royal research ship Discovery II, has sailed from London for her fourth commission in the Antarctic. She is expected to be absent from home for about 20 months.

After calling at Cape Town she will circumnavigate the Antarctic continent, making observations on the distribution of whales and investigating conditions along the ice edge and at the junction of the Antarctic water with the warmer water farther north. She will make calls at Australia, New Zealand, and the Falkland Islands, returning to Cape Town in June next. Then after a short rest she will return to the South for a further season's work before returning home in the early part of 1937.

During the circumnavigation of the Antarctic in 1925-36 the scientific officers on board will continue the observation made during preceding voyages, thus providing material for a comparison of conditions in various seasons. These investigations are designed to acquire knowledge of the stocks of whales which form the basis of the southern whaling industry—their abundance, distribution, life history, and migrations.

The work is controlled by the Discovery Committee, acting on behalf of the Falkland Islands Government under instructions from the Secretary of State for the Colonies. Mr. G. R. Deacon, M.Sc., will be in charge of the scientific work, and the ship will be under the executive command of Lieutenant L. C. Hill, R.N.R.



Elizabeth Allan, charming British film actress, laughed at reports linking her name with that of Clark Gable and characterized them as "fantastic" before she sailed from New York for England on S.S. Washington to visit her husband there.

Indulgence Bad For Crippled Child

Needs "Intelligent Encouragement," Dr. Keith Maintains.—Handicaps Overcome. Toronto.—Apathy and indulgence are the enemies of crippled children, and "intelligent, resourceful and sustained encouragement," their greatest friends, Dr. William Keith of the Hospital for Sick Children, told the fifth annual convention of the Canadian Association of Occupational Therapy here recently. In co-operation with Miss Jean Hampson of the Wellesley School for Crippled Children, he showed motion pictures describing results achieved at the school by occupational therapy.

"One has only to see the retrogression that too often takes place when the school is closed in the summer months to realize the danger of over-indulgence by parents," he remarked. Occupational therapy is playing an invaluable part not only in the remedial field but in adjusting children to society he said. As examples of success achieved by children in overcoming handicaps, Miss Hampson showed work of pupils that had taken first prizes in competition with the work of normal children. One article was a dress, trimmed elaborately with binding, made by a little girl, paralyzed below the waist, who operated a treadle of her sewing machine by her crutch. Another was a home spun scarf made by a boy on a loom which was used to straighten out his flexed wrists and to limber his shoulders.

Another little girl, 10 years old, whose right arm is paralyzed, embroidered a towel that took first prize in a section of the C.N.E. for 16 years and older. "We have a little girl who wears a brace on a leg, but who can swim a mile and a half," said Miss Hampson. "The other day one of our boys went to the dentist. The dentist asked him how he broke his tooth off, and the lad said, 'playing football.' I can imagine the surprise of the dentist for this boy walks with two braces and a pair of crutches."

"The theme of our work is to lead the normal lives and our children play the same games as other children, even though the umpire may sit in a wheel chair, and it takes two boys, one holding the basketball and another to hit it, to get it over the ring." Surgery so steadily progresses in achieving wonderful results that parents should never cease, no matter how hopeless the outlook seems, taking their children at regular periods for examination by a surgeon, she said.

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Over-Subscribed!

Whites the Peterborough Examiner—"A remarkable expression of confidence in their country by Canadians." That is what Hon. Charles Dunning, Minister of Finance, said when he announced the Dominion loan of \$75,000,000 had been oversubscribed. He secured money at low interest, 2-15 per cent. on short term and 3.08 for long-term money. Mr. Dunning is not the first Minister of Finance to make use of that phrase about the people showing confidence in the country by purchasing its bonds. It has been said many times before. Probably it does show confidence, but it also shows a desire for security. People know they are eliminating risk when they buy government bonds; they are taking a low interest rate but they are safeguarding their capital. That desire for safety is probably a greater factor in the situation than any desire on the part of the people to show confidence in their country. It would be better for the country, if we had arrived at the stage where people would once again take their surplus money and put it out to do a day's work. That is actually the sort of confidence we need right now. It is nice of course for a government to get cheap money, but there should not be confusion between what is called confidence in the country and the desire on the part of the people to do nothing more than make a perfectly safe investment of surplus funds."

Some Turkish Proverbs

A foolish friend is more troublesome than a wise enemy. Even if your enemy is small as a fly, fancy him as large as an elephant. He who rides only borrowed horses will seldom mount into the saddle.

Police Answers Questions

(Edmonton Journal) Of intelligence tests there are many in these modern days, and their vogue extends to nearly all fields of service. A case in point is an examination held a short time ago in Los Angeles for patrol policemen. The California city is reputed to have a particularly fine police force, with a system of training and inspection that is more than usually exacting, and the recent tests were presumably a part of this highly efficient system. The papers turned in by the patrolmen, who were seeking to qualify for higher positions, contained some howlers as good in their way, as any of the schoolboy variety. For instance, the following, which were vouchered for by the secretary of the police commission:

Question: What do you do in case of a race riot? Answer: Get the number of both cars.

Question: What is sabotage? Answer: Breaking the laws of the Sabbath.

Question: Name an act that would constitute reckless driving. Answer: Driving without regard to the Presbyterians on the street.

Question: What first-aid treatment would you give to a person having an epileptic fit? Answer: Take him to a doctor and have the bite treated.

Question: What would you do for rabies? Answer: Rabies are Jew priests and I would be very glad to do anything I could for them.

Question: To what extent may an officer use force in effecting an arrest? Answer: Use good common sense, and if not capable, summon help.

Wintering Bees

Bees must be well wintered. Putting them through the cold days with nothing but syrup made of sugar and water may sustain life but it does not build vitality and reserve as does the genuine and natural food—honey, and feed syrup at the expense of the bee.

The quality of honey is of major consideration, it often establishes and holds a market in face of price cuts and keen competition. This may be obtained by close supervision and care at the time of straining and extracting.

"The fickleness of the women I love is only equalled by the infernal constancy of the women who love me."—George Bernard Shaw.