

It's Possible To Ward Off Influenza

"On the subject of gargling of the throat, it is necessary to urge the enthusiasts of this practice to be exceedingly careful to avoid using strong antiseptics, write Sir W. Arbuthnot Lane. A weak antiseptic solution gently stimulates the lining membranes of the throat, but a strong one injures the vitality of the membrane and tends to wash away its protective secretion. There is no specific vaccine available to protect against influenza, but it is possible to inoculate against the secondary germs which play so large a part in the disease.

It is sometimes possible to ward off an impending attack of influenza. Immediate retreat to bed after a hot bath, with a hot whisky-and-lemon drink, a dose of specific against colds and two or three grains of calomel may dramatically abort the infection. Should this prove unsuccessful then the sufferer must be confined to bed and proper medical treatment instituted.

HAVE YOU HEARD

HER GOOD POINT.

The only son had announced his engagement to his family.

"What—that girl!" exclaimed his mother. "She squints."

"She can't wear clothes," put in his sister.

"She hasn't any intelligence," put in a maiden aunt.

"She's frightfully stuck-up," added a second cousin.

"They tell me she's very extravagant with money," said an uncle.

"And most terribly common, too," said another aunt.

"Well, she's got one redeeming feature, anyway," said the youth defiantly.

"Oh, and what's that?" they all asked in chorus.

"She hasn't any relations," came the quiet reply.

Lawyer—You say that the hens stolen are of a very special and rare breed, and that is why you are certain they are yours. Would you be surprised to know that I have a few of that particular breed?

Prosecutor—No; I have missed a lot of them.

Dad—That young man of yours stays very late. Doesn't he know how to say good night?

Daughter—Oh, yes, daddy dear; better than any other boy I know.

Some young people think they know more than their parents, and the sad part of it is that many of them do.

A very ragged old man presented himself at a hospital for dogs and cats and asked the porter to take him in. "You can't come in here," was the porter's brisk reply.

"Oh, yes I can," said the old fellow. "I'm an old soldier."

"But that doesn't make any difference," said the porter. "This is a veterinary hospital."

"That's right," said the old man serenely. "I'm a veteran."

It is quite interesting to see some of the modern dancers try to go through the old-fashioned dances.

Man—You and your neighbor seem to get along very well.

Friend—Yes. You see he never borrows anything but trouble, and that's all I ever have to lend.

There is a sign on a Chinese laundry window at Greensboro; that is vividly plain. It reads:

Birds For Sale
Hes, \$3. Shes, \$2.

Says one father: "We were very proud when our daughter's school grades were announced and we learned that she had made 'A' in tap-dancing at college." But let the young excel in whatever they have the ability for.

Diner—There's something wrong with these hot dogs.

Waiter—Well, don't tell me; I'm only a waiter, not a veterinarian.

Mother says when the advertisement says the show is unfit for children you will always find Father comfortably seated in the front row.

Friend—I saw you and your wife last night. Beautiful woman.

Man—Ah, but you should have seen the one that got away.

The reason that we like mules is because no matter how hard they may kick, they never sulk or refuse to pull.

"Everybody is crazy over me," said the inmate of the first floor of the insane asylum.

Still, if we didn't have depressions people never would make a fresh start entirely free of debt.

NOT A RHEUMATIC PAIN FOR 4 YEARS

70-Year-Old Man Praises Kruschen

A man who once suffered severely from rheumatism writes:—
"For a long time I suffered with rheumatism, and at one time was laid up for about nine weeks. About five years ago I was advised to try Kruschen. I did so, and have continued using them ever since. Kruschen did the trick, as I have not had a rheumatic pain for over four years. I am nearly 70 years of age, and feeling fine, and always able for my day's work—thanks to Kruschen."—A. S.

Kruschen dissolves away those needle-pointed crystals of uric acid which are the cause of all rheumatic troubles. It will also flush these dissolved crystals clean out of the system. Then if you keep up "the little daily dose," excess uric acid will never form again.

What A Cow!

"What can I do for you Lars?" asked Lawler Brown in his Main St. office.

"Well," said Lars. "Ay vant some damages on Olson."

"Olson the veterinary? Tell me why."

"Oh, you see my cow von't eat, so I tell Olson and he give me bottle of medicine to fix it. He say to put a funnel in cow's face, den pour in the medicine and cow will get hungry."

"Ay ain't have regular funnel, so I ask Olson vill dinner horn do. He say it vill do."

"So ay shove small end of dinner horn in cow's face and pour in the medicine. At vonce dat cow get so hungry she try to eat de horn. But she can't—it stick in her neck. Den she cough and the horn go tought. Cow get scared and run up de road coughing and tooting."

"Purty soon she come to de river. De man on de drawbridge tenks a boat han tooting so he open bridge and my cow fall in. She get drowned too, so I tenk Olsen should pay."

Catarrhal Deafness May Be Overcome

If you have catarrhal deafness or head noises go to your druggist and get 1 oz. of Parmit (double strength) and add to it ¼ pint of hot water and a little sugar. Take 1 table-spoonful four times a day.

This will often bring quick relief from the distressing head noises. Clogged nostrils should open, breathing become easy and the mucous stop dropping into the throat. It is easy to prepare, costs little and is pleasant to take. Anyone who has catarrhal deafness or head noises should give this prescription a trial.

Get Rid of Disfiguring PIMPLES, BLOTCHES AND ALL SKIN RASHES WITH D.D.D.

Dr. D. D. Dennis' Liquid Prescription, made and guaranteed by the makers of Campana's Italian Balm. Trial bottle 35c at your druggist.

BUILD UP THE BLOOD

Dr. C. W. Vollick of 14 Polette St., Hamilton, Ont., said: "I have found Dr. Pierce's Golden Medical Discovery to be the best tonic to build up a weak and run-down system. It also regulated my digestion, increased my appetite and strength."

New size, tablets 50 cts., liquid \$1.00. Large size, tablets or liquid, \$1.35. Write to Dr. Pierce's Clinic, Buffalo, N. Y., for free medical advice.


The Abundant Vitality of Cod Liver Oil PLUS PLEASANT TASTE

For over fifty years doctors have specified "Scott's Emulsion," wherever the bone-building, strengthening qualities of pure cod liver oil were indicated. For Scott's Emulsion is more than just cod liver oil. Scott's Emulsion is pure cod liver oil, emulsified for easier digestion, greater efficiency and pleasant taste.

I BUILT BONES, I'M VITAMIN D. HEALTH & STRENGTH DEPEND ON ME!

SCOTT'S EMULSION

THE COD LIVER OIL WITH THE PLUS VALUE
For Sale by Your Druggist



SCOUTING
Here - There Everywhere

A brother to every other Scout, without regard to race or creed

Over 200 Scouters and Committee men from all parts of Ontario participated in the Scout Leaders' Conference and Provincial Annual Meeting at Hamilton, February 9th.

For a winter carnival to be held at Huntsville in the latter part of March, the manager of a local hotel has placed a large attic at the disposal of visiting Scouts, free. Their only expense will be meals. Scouts interested in attending the carnival, may communicate with Scoutmaster Fred Loft, Box 385, Huntsville, Ont.

A library in which Scouts may read magazines and books between 7.15 and 8 p.m., when the meetings begin, is an experiment of the 1st Hudson, Ont., Scout Troop.

One of Saskatchewan's active Scout troops is the 16th Saskatoon, at the Provincial School for the Deaf.

The joint birthday of Lord and Lady Baden-Powell, February 22nd, was celebrated by Scout banquets in every part of the Dominion. On Sunday, February 24th, many special Scout and Guide church services were held. In Toronto, Roman Catholic Scouts throughout the city, attended morning mass at St. Peter's Church.

Boy Scouts of Ste. Anne De Belleveue, Que., held an entertainment in benefit of the local branch of the Victorian Order of Nurses.

Clever work as a magician by Scouter Denis Thyme, was a feature of a largely attended entertainment of the 1st Sudbury Troop. He duplicated many professional tricks, producing live rabbits, eggs, etc., from unexpected places, and finally escaped from a nailed-up box, to reappear at the rear of the audience.

Toronto recently formed its first Scout troop of coloured boys, with headquarters at the Grant African Methodist Episcopal Church.

Owen Sound Sea Scouts have been given an old 16-foot lifeboat by the Dominion Transportation Company. They will spend the balance of the winter fitting it out for summer cruising. Captain Slocum is giving the boys instruction in navigation.

The mouth organ band of the 1st Sudbury Troop, was invited by Bandmaster Robert Barker of the Sudbury Nickel District band, to contribute numbers at the band's next public concert.

Digby, N.S., has a Boy Scout work shop equipped for wood working of various kinds, to which boys may come at any time and "make things."

At the recent Ontario Scout leaders' Conference at Hamilton, the Gilt Cross for gallantry was presented to Scout Donald Marshall of the 5th Hamilton Troop, for saving from drowning another boy who had broken through the ice on Hamilton Bay.

C. H. ("Punch") Dickens, Canadian north-country flying ace, and one of the original members of Edmonton's first Boy Scout troop, told over the radio of the value of his Scout woodcraft training during his flying experiences in uninhabited districts of the great North-West.

The Scouts of New Glasgow, N.S., are this winter operating a skating rink for the benefit of the community. To give young skaters a safe chance to enjoy themselves, the rink is reserved to them every afternoon until 4.15, and during that time no hockey sticks are permitted on the ice.

BETTER BREED OF HORSES DESIRED

Celebrated Clydesdales For Eastern Ontario

Two of the ten Clydesdale stallions recently imported by the Dominion Department of Agriculture are to be kept in this district in an effort to improve breeding stock. The remainder will be sent to other points in Canada. Of the two to remain in or around Ottawa one is a five-year-old which will be ready by 1936.

Believing that unless something definite is done there will be a great dearth of good farm horses in all parts of Canada within the next few years, Hon. Robert Weir, Minister of Agriculture, has formulated a definite objective is to secure good breeding material.

Under the plan formulated free service, free board at the breeding station and half the cost of transportation will be paid on approved and selected pure bred mares of the highest quality. From these it is hoped to secure a number of high-grade stallions and mares which will be sold for breeding purposes.

In the event of a sufficient number of these highly selected mares not being available in any locality where one of the imported stallions is located, a second class of mares, not quite so good as the selected class, will be given services on a \$5 and \$10 basis. If more mares are needed a third class of grade mares will be arranged for on a payment basis and the foals be sold as grade geldings for work purposes. From the first two classes it is hoped to secure breeding stock.

The scheme goes further in that it arranges for the sale of the foals from the first two classes mentioned. This will be by yearly auction at central points in Canada, the auctions to be under government auspices and widely advertised so that breeders and farmers desiring breeding stock of known ancestry will be able to go to these auctions and bid on the animals.

The two animals to be kept in Eastern Ontario will likely remain at the Central Experimental Farm in Ottawa, where they are at present.

GOLD EXPORT IS NEARLY DOUBLE

Canada's January Total Sustains Increase Of Past 10 Months

Ottawa.—Gold bullion exported in January amounted in value to \$10,835,000, all of which went to the United States, the Dominion Bureau of Statistics reported. In the corresponding month last year the value was \$5,627,384.

Gold bullion exported in the ten months ended January amounted to \$80,643,431 against \$49,320,692 in the same period last year.

Raw gold exported in the ten months ended January was valued at \$3,227,639 in comparison with \$1,486,464 in the corresponding year last year.

Exports of aluminum in January amounted to 14,942 cwt., valued at \$234,923, more than double that of January, 1933, when it was 6,806 cwt., at \$140,913, the bureau reported yesterday.

Junior—I'm glad I'm not a snake. Father—Why, son?

Junior—Because when a snake has a stomach ache, how does he know whether it is a stiff neck or what it is?

INFANTS' COLDS Relieved!

Young children easily catch cold. So Mrs. Russell Ward, of Hilton Beach, Ont., wisely says: "If I notice that there is any sign of a cold I give Baby's Own Tablets and find they are a great help."

Thousands of mothers do the same not only for colds but for fretfulness, indigestion, constipation, teething troubles, colic, upset stomach and so on. Baby's Own Tablets are safe and sure in relieving childhood's common ailments. Price 25c.

De. Williams' 136
BABY'S OWN TABLETS

DAIRY PRODUCTS IN CANADA

Total milk production in Canada, says "The Agricultural Situation and Outlook," published by the Dominion Department of Agriculture in co-operation with the Department of Trade and Commerce, continues to show an upward tendency which has been due almost entirely to the greater number of cows being milked. It is likely that this trend will continue during 1935. Cheese production continues to decline steadily with milk being diverted mainly to the manufacture of creamery butter and to the fluid milk market, due to more remunerative returns from these sources. Prices for cheese have been lower both on the overseas and Canadian markets during the past season, while butter prices on Canadian markets have improved during the past two years.

Creamery butter production has increased to such an extent that storage stocks are considerably higher than in the previous year. These high storage stocks will tend to keep butter prices at a lower and more uniform level during the early months of 1935 than in the past season unless some of the surplus stocks are exported. If no export movement takes place, a small carry-over in butter stocks is not unlikely, with a consequent depressing influence on prices which may cause a diversion of milk into cheese manufacture. Increased production in many dairy countries and in Canada does not point to any marked improvement in returns for dairy products. Moreover, a general improvement in pasture conditions in 1935, with a consequent increase in butter production, would probably lower Canadian prices of butter. Canadian dairymen, however, can improve their economic position by a careful culling of unprofitable cows and by better herd management in breeding and feeding operations to increase the average production per cow.

A Man's Strength

You can't measure all men by the same standard.

You call one man wise because he invests his savings in real estate, and the other foolish because he spends all that he has for an fishing, but they are both equally foolish.

Each invests in the thing that will bring him the largest measure of satisfaction. Each buys the thing that to him is bread.

Collecting butterflies is another man's golf; a rose garden is another's gold mine.

If you prefer staying at home with a pipe and a book while another man takes his lady to a dance, do not claim to be wiser or better than he. You may need to dance as much as he needs to read. In any case, each is feeding his appetite and doing the thing he enjoys most.

You don't measure a man's strength by the thing he indulges in, but in the degree of his self-indulgence.

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GIFF BAKER
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Issue No. 10—'35

Eastern Canada Potatoes Now Under Regulation

The Eastern Canada Potato Marketing Scheme submitted by representatives of the potato industry, has been approved by Hon. Robert Weir, Dominion Minister of Agriculture, and the Governor in Council, upon the recommendation of the Dominion Marketing Board.

The scheme embraces the provinces of Prince Edward Island, Nova Scotia, New Brunswick and Ontario. The potato growers in these provinces have been receiving inadequate returns for their potatoes and the position of the growers has been particularly difficult this year. A very large crop and lack of organization has resulted in demoralized marketing conditions. The '34 potato crop for the four provinces is placed at 3,308,000 bushels, an increase of 8,188,000 bushels compared with the production in 1933.

Under the scheme, it is expected orderly marketing will result primarily through control of the grades of potatoes entering the commercial channels of trade and potatoes of inferior grades will not be allowed to glut the market. Consignment selling, which has been contributing largely to price demoralization will be prohibited and sales will be made under firm contracts. The scheme also provides for the development of export markets and for increasing domestic consumption of potatoes.

Feed Sunshine

Cod liver oil, the sunshine substitute, in one of the most important items in the properly balanced poultry ration. Where birds are closely confined during the winter months, as is the case in most parts of Canada, they receive very little direct sunlight, and with the rations usually fed, they do not receive all the vitamins they require. Calcium and phosphorus are two minerals specially required for laying pullets and hens in the manufacture of


H. M. Army and Navy Veteran's Mutual Benefit Society

One result of the very promising financial report that was tendered the members of this time honoured organization at their recent annual meeting, was the indication that there was every possibility that another object of the body may be achieved in the course of the current year. The establishment of a veteran's home in Toronto, to be operated by this body.

Little more than ten years ago it was felt by the then officers that the organization should have a band, this was achieved after great expenditure and brought to a state of such perfection, that before long, and for the past many years the band of His Majesty's Army and Navy Veterans has led the annual Warriors Day Parade on the opening of the C.N.E. This section of the organization also presents high class concerts at varied times and places throughout the year.

Blondes, it is said, are happier than brunettes. The fun of the fair.

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Application for attendances should be made to the Principal of School



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