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Woman's World

By Mair M. Morgan

A GOOD SALAD

plain, everyday stewed prunes? Then try these recipes for luncheon or din- firm baked custard. Individual cusner nad overcome all objections.

a concoction very different from stewed prunes for breakfast. A ring of prunes for dessert will be welcomed as a treat, and when the same once despised prune appears stuffed in a salad, no one will recognize it.

Since prunes are graded for market these days, it's quite easy for the housekeeper to get exactly what she liquify and settle to the bottom of wants. Generally speaking the best the cup or baking dish. grades are cheapest in the long run because they contain the smallest the necessity for baking the custard

There are 20 to 30 large prunes in each pound, but if they are to be stoned and sieved, small ones are just as good.

Then there are two distinct kinds of prunes, the sweet and tart. The sweet prunes have firm sweet flesh insures a smooth texture and helps and consequently need little sugar in to prevent curdling. cooking. The tart prunes, usually average larger in size, carry larger pits and ordinarily require more sugar in cooking.

Stuffed prune salad may be varied in several ways. Choose the largest size prunes available for the pur-* * *

PRUNE SALAD

Sixteen prunes, 1 package cream cheese, 2 tablespoons finely chopped nut meats, cream.

Scrub prunes and wash carefully. Cover with boling water and let stand until cool. Drain and remove stones. Chill. Mix cheese and nuts with enough cream to make moist. Fill prunes with mixture and arrange on a bed of lettuce or romaine. Serve with French dressing.

A mixture of Camembert cheese, minced celery, few drops onion juice and minced green pepper make a good stuffing. Peanut butter and cream cheese

combined in equal parts is another good filling. Chopped nut meats, minced pre-

served ginger and cream cheese are also good in prunes. FISH AND VEGETABLE PIE

Two cups milk, 3 tablespoons but ter, 3 tablespoons flour, 1 cup cooked peas, 1 cup diced cooked carrots, 4 tablespoons minced celery, 11/2 cups flaked fish, 1 teaspoon onion juice, 1/4 teaspoon pepper, 1/2 teaspoon salt, 2 cups hot well seasoned mashed Make a sauce by melting butter,

stirring in flour and when bubbling a well buttered baking dish. Season with a fork. Brush over with melted lemon juice and strain. butter and bake 25 minutes in a moderately hot oven until brown.

IDEAL DESSERT

One of the best desserts to serv with a vegetable dinner is custard. That's because the chief ingredients are eggs and milk, two excellent sources of complete protein. And when this factor has been lacking in the meal-as it usually is in a vegetable dinner-the dessert ought to supply it.

The fundamentals of nearly al custards are the same but the flavorings may be varied or different fresh fruit served with them.

be sure that your custard is not over meat from bones and cut in neat, yellow stain wring a flannel cloth out wrath of God?

DETERMINING CONSISTENCY

as thickeners for the milk. Less than Does your family refuse to eat one egg to one cup of milk will not thicken the milk enough to make a tards do very well with this propor-A prune cake cocktail for dinner is tion, but large puddings that are to be unmoulded will need more. Soft custards, commonly called boiled and actually steamed, are made with one egg to one cup of milk. Large puddings should have at least six eggs to

> The amount of sugar used in custards is important. Too much will

four cups of milk.

Another point to keep in mind is in a large pan of hot water which never reaches the active boiling point. The best custard is really "over poached" rather than baked. A slow oven, or one which registers 350 degrees F. should be used.

Also scald the milk before combining it with the other ingredients. This

BAKED CUSTARD This rule is for a custard baked

1/8 teaspoon salt, nutmeg.

in one large mold. Six eggs, 3 cups milk, 2-3 cup granulated sugar, 1/2 teaspoon vanilia.

Beat eggs slightly with salt and sugar. Scald milk over hot water and slowly beat into egg mixture. Stir until sugar is throoughly dissolved Add vanilla and pour into a lightly buttered baking dish. Sprinkle top with nutmeg. Put baking dish into a large pan and at the edge of the pan pour in hot water until it is half-way up the sides of the baking dish. Bake in a slow oven until firm to the touch. It will take about one hour. When a silver knife is thrust into the center of the custard and comes out clean the custard is done. Remove at once from pan of hot water. Cool

and unmold to serve. An attractive way to serve a large custard is to unmold it (after chilling) onto a large serving plate. Surround with a border of riced jelly and garnish the centre with whipped cream which has been sweetened and flavored with vanilla. Force jelly through a potato ricer to make the riced jelly border.

JELLIED CHICKEN

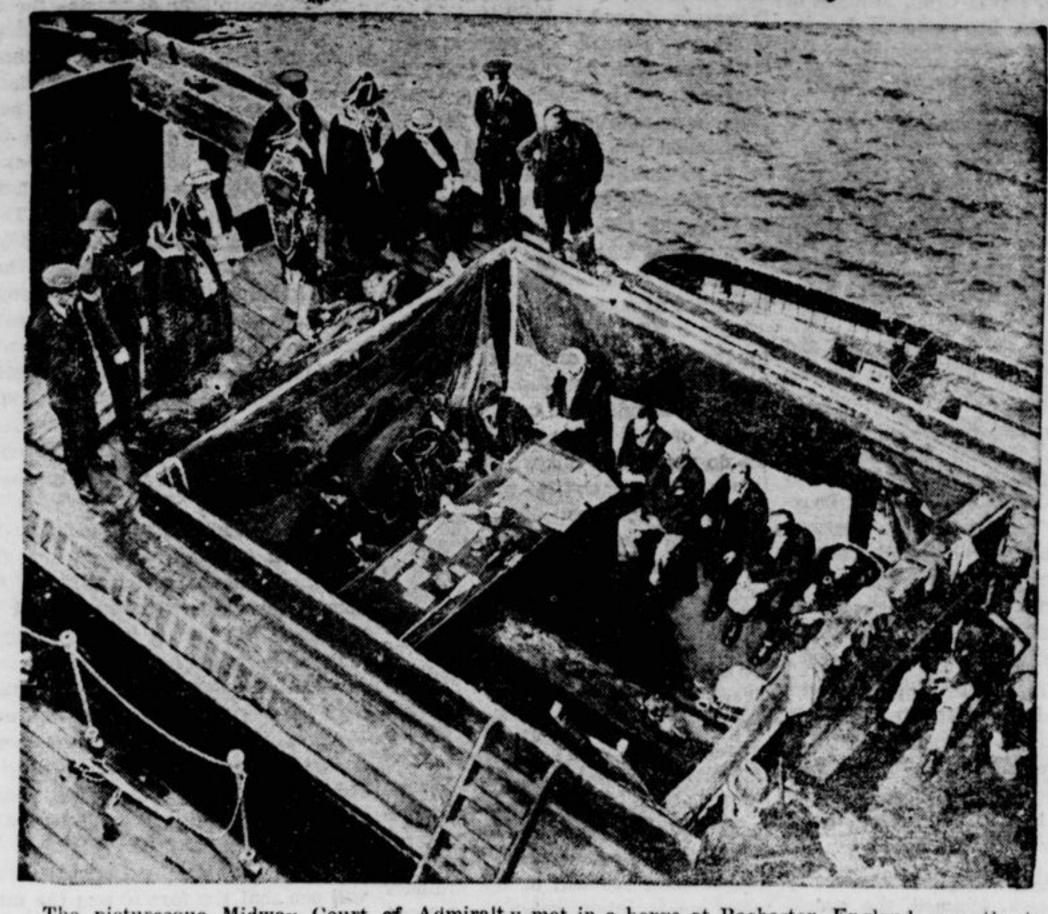
When a particularly delightful cold supper is desired for Sunday night, why not have jellied chicken? Boil a four-pound chicken in water cover until tender, adding to broth one onion, a few cloves, one slowly adding milk. Cook and stir bay leaf, root of celery and a sprig until thick and smooth. Add peas, of parsely, salt and pepper. When carrots, celery and fish and turn into | tender, trim off fat, skin and cut chicken into nice slices. Reduce with salt and pepper and cover with chicken liquor to one quart, then mashed potato. Put potato through add one tablespoon gelatin dissolved

Fill a mold with one-half inch of the jelly and let harden, then add a

CURRIED LAMB PIE potatoes 8 small cooked onions, teaspoon salt, 1/8 teaspoon pepper.

Simmer the meat, which may be cooked and watery. Nothing is more medium sized pieces. Mix the curry in hot water, dip it in glycerine, and "Ye that put far away the evil day." and humble. "And the little house cellar or any place out of the heat.

Admiral's Court Meets In Historic Ceremony



The picturesque Midway Court of Admiralty met in a barge at Rochester, England, recently, to hear disputes or applications brought by free fishers of the Midway River. The mayor of Rochester, as Admiral of the river, presided. Photo shows the court in session, with Councillor J. W. Leach, Mayor of Rochester, and Admiral of the Midway, presiding.

and turn into a baking dish. Cover with small baking powder biscuits and bake in a hot oven for 20 min-

LIVER AND VEGETABLE PIE One pound beef liver, 2 carrots, 3 potatoes, 2 onions, 2 cups tomatoes, 3 tablespoons fat, 3 tablespoons flour.

l teaspoon salt, ¼ teaspoon pepper. Cut liver in slices and parboil 20 minutes. Drain and roll in flour. Brown in hot fat in frying pan and cut in cubes. Cut carrots and potatoes in cubes and cook together in boiling water until almost tender. Save this water to use to make the sauce. Slice onions and brown in the fat in which the liver was brown-

ed. Put liver and vegetables in alternate layers in a baking dish. flour to fat in which liver and onions were cooked and stir until blended. Add stock which has been mixed with of Samaria." The prophet was protomatoes rubbed through a sieve and cook and stir until smooth and thickened. Pour over liver and vegetables in baking dish, cover with baking powder biscuit dough, making slits on quick-sands and marshes. "The and bake 20 minutes in a hot oven.

ORANGE CUP

Let this stand for two hours.

orange juice, the strained juice of guidance. two lemons, one pint of cold water and some cubes of ice.

HERB GARDENS

on ice until required.

meat and cover with stuffed olives of English favorites are found to Syria. "Then go down to Gath of the them that stretched themselves shall cold water in it. Then scrub four lightning and she could punch like cut into thin slices. Add more jelly grow well in our soil. The best place Philistines." Turning far to the pass away." The drunkards shall bricks thoroughly and set them on Dempsey. and set away to get firm in the re- to plant the herb garden is right out- south, Amas asks his readers to con- have a rude and terrible awakening end inside the pan, frigerator. Serve with lettuce and side the kitchen door where it will template one of the five chief cities from their carouse, as is always the Now get a piece of very clean cloth as the first female ever permitted in

SCORCH MARK

mines the consistency. The eggs act and pepper. Add meat and wegetables sponging with clear warm water. to tribunals or thrones in which vio-prophecy of Amos the farmer abounds for baby's battles if possible,

CAKE CUTTING Is the cake or pie fresh and hard | tice. to cut? You will find the slicing is

The Sunday School Lesson

hot water.

Lesson VIII.—August 19. Amos denounces self-indulgence. (Temperance Lesson.) - Amos 6:1-7.11not evil, that ye may live .- Amos

"Woe to them that are at ease in Zion." Amos startled the worshippers of the god of ease-one of the earliest of the false gods. "And to them that are secure in the mountain claiming woe to those who were lulling their consciences in false security, resting their confidence on empty assurance, building their palaces notable men of the chief of the na tions," Here is a sharp thrust Israelitic pride, "You deem Take five oranges and peel and kingdom to be head and shoulders slice them, having first removed both above all other kingdoms," cried the seeds and pith, place them in a tall farmer from Tekoa. "To whom the jug and cover with a cup of sugar. house of Israel come!" The people of the Northern Kingdom came to Pour into the jug one pint of cold these false leaders for counsel and

Various identifications of Calneh have thern Kingdom. Stir this for five minutes, prefer- been proposed; the most profitable a pastry bag or spread it roughly in a little cold water, one tablespoon ably with a wooden spoon, then leave is that which connects it with the Eponym Canon as having been conquered by Tiglath-pileser III. in 738. selves on being the first and fore-first in exile, the foremost to go into layer of white meat of chicken, then a layer of dark ing a Canadian institution. All sorts the great." A famous ancient city of came to pass. "And the revelry of Get a very big clean pan and put gang her, but her paws moved like ful, these cities had already fallen to the most fearful of God's command- sides. the Assyrian hosts, then Amos points ments. "And the great house shall Bricks are porous and will suck Carusos, the Scottis and the writing to them as a warning; if cities so be smitten with breaches." The lord- up the water and keep the cloth very fellows. Minnie was a teetotaler and Bad scorching means that the fibre powerful had been captured, how ly palace shall suddely be rocked with moist. By the process of evaporation all she asked was to be permitted Children who do not like to drink any cheap cut of lamb, in boiling of the fabric is destroyed, in which could the cities of the Northern King- an earthquake and gape asunder. The temperature will be lower than the to stand around, look up and listen. milk may be given it in custard. But water to cover until tender. Remove case little can be done. To lessen the dom hold themselves secure from the same catastrophe that wrecks the outside air.

powder and 1 tablespoon flour to a sponge gently. Then rinse out all The wicked will not believe in a day with clefts." The same catastrophe Don't use a soiled cloth, one to be smooth paste with a little cold water. trace of stickiness by sponging with of reckoning. They do not like to that wrecks the proud and rich will washed out while the other is in use. Add to the stock in which the meat a muslin rag dipped in one part of think of a God who punishes unrighte- afflict the poor and humble. The number of eggs used in pro- was cooked. Bring to the boiling peroxide of hydrogen to four parts of ousness. "And cause the seat of vio- "Shall horses run upon the rock? Better than no ice, is this home-made

lence is in authority instead of jus-

much easier if you dip the knife in couches. Amos is condemning sloth, ty tin cans or bottles in a barrel or and the calves out of the midst of the are all well washed. Cover the constall." Lamb instead of mutton, veal tainer. instead of beef-our sturdy prophet calls it a waste to use a beast for nurseries nowadays, but they should food until it has grown up.

dered "twitter," used of an effeminate ing directly on him. kind of singing. "That invent for themselves instruments of music like David." Music, which can lift the soul to the skies, and which is one of the prime aids to worship, also be comes, in the hands of the degener-

ates, an instrument of moral decline "That drink wine in bowls." from basins, such as were employed for sacrificial purposes (Zech. 14: 20). because they were larger (and finer) than the vessels ordinarily used drinking. "And anoint themselves with the 'hief oils." Olive oil was liberally used in those Eastern climates for anointing the body; but these effeminate and luxurious rich folk of Israel used the most precious and costly oils to rub on their bodaffliction of Joseph." By Joseph meant the tribes of Ephraim and

tive with the first that go captive cool spring house to keep the bottles Assyrian Kullani, mentioned in the The people of Israel, that prided them-

proud and rich will afflict the poor The whole affair may be set in the meowed.

with these agricultural comparisons. Minnie, the Cat and the fruit of righteousness into wormwood." Justice and righteousnessness should be sweet, palatable, wholesome, but the corrupt courts of the Northern Kingdom, their base judges and unjust rulers had transformed what should be pleasant and helpful into injury and bitterness. was sure: a law governs the un verse, and this law is justice.

"Ye that rejoice in a thing nought. Literally, in a nothing. "That say. Have we not taken to us horns by our own strength?" Horns symbol derived from the powerful weapons of the wild bull. "Behold, I will raise up against you a nation. O house of Israel," Of one thing Amos was sure: a law govern the universe. and this law is justice.

Hot Weather

Cover Crib, Pram and Play late Clare Briggs and the late W. O. Pen With Mosquito Netting To Keep Flies Away—Boil Bottles and Put on Ice

Flies love babies and the pram out jazz age aand the night-club era. She on the porch draws them like a pot was a faithful servant and a good

Mosquito netting is a great comfort numbered 110.

both day and right for baby's bed or Now Minnie is laid up in the animal pram and play pen.

the garbage can. As to the latter, it took Minnie to the hospital in a taxi needs special summer treatment, the other day Scrub it out once a week with hot! The latest bulletin from the pa-"That lie upon beds of ivory." These strong suds and an old broom. Drying tient's bedside was something like were beds inlaid with ivory. "And upside down in the sun destroys fly this; most, shall indeed be the first, but the eggs that so quickly turn into magtheir gots. Wrap garbage up in newspapers, couches." Sprawl out on their but drain dry first. Don't put any emp-"And eat the lambs out of the flock, bucket to dispose of later, unless they

Electric fans are permissible in hot an alley cat." be near the ceiling and turned away silent type, broke down and cried, "That sing idle songs to the sound from the baby, Never let any child sit 14. Golden Text.—Seek good, and of the viol." "Sing" might be ren- close to an electric fan with it blow, where in November, 1920," Mr. Bleeck

Always Boil Bottles

Make a religious rite of boiling the milk bottles. Boil the bottle brush too, and the funnel and caps and the nipples and spoons and everything that touches the baby's formula in the making. Wipe off the neck of the regular milk bottle with a clean cloth before pouring.

Have the doctor give you the for mula for the baby. This is more important than all other things put together. Don't think it queer if he tells you to boil the milk. It's a good old fashioned custom come back in our midst to save the babies.

Fill bottles, put on clean stoppers and keep in the refrigerator until nee. ies. "But they are not grieved for the ded. Never, never use the same bottle is twice without boiling.

Keep all used bottles away from Manasseh, sons of Joseph, those chief flies. Fill up with cold water and set "Pass ye unto Calneh, and see." tribes standing for all of the Nor- away until boiling time comes around. Suppose you live where you can not "Therefore shall they now go cap- get ice. Perhaps then, you have a

But these are rare today, so it is

that add spice to the cooking and that coast west of Judaea. "Are they bet"For, behold, Jehovah commandwet cloth and wring. Lay it over the waking hours she passed policing the are easily grown in the average back ter than these kingdoms?" Better eth." This sternest of the prophets tops of the bricks. Put the milk in the basement kitchen and she made her yard are: tarragon, mint, chives, than Israel and Judah? "Or is their must also picture Jehovah in his ster- middle of the pan. For more room, bed there in a box filled with saw-Three shoulder lamb chops, % majoram, sage, parsley, leeks and border greater than your border? The nest aspects, for he sees that his put pan on box with shelves. Use a dust. At 5 o'clock every afternoon teaspoon curry powder, 1 cup diced various other members of the onion meaning is uncertain. If, as is doubt-

portion to the amount of mlik deter- point, stirring constantly. Add salt warm water. Rinse this finally by lence to come near." This may refer Will one plow there with oxen? The refrigerator, but try to get real ice \$1 Federal Duck Stamp, which every

That Knew Caruso

Joseph Driscoll in the New York Herald Tribune.

Mirnie, the cat that knew Caruso, is dying and nothing can be done about it, She is a patient at Ellin Prince Speyer Hospital, 350 Lafayette Avenue. Doctors give her two weeks

No cat ever knew more celebrities her head nor made her forget her humble origin, Enrico Caruso and his inseparable friend, Antonio Scotti, used to step across the street from the Metropolitan Opera House to see Minnie and have a dry Martini, Lawrence Tibbett and Mario Chamlee like to call on Minnie and have a quick

Among her many acquaintances Minnie numbered Albert Payson Ter-And The Baby hune, the lover of dogs; Joe Cook, the merry wag of Lake Hopatcong: Winsor McCay, the cartoonist; the

For 14 years Minnie was mascot and custodian of the Artists' and Writers' Club in West Fortieth Street. Her One fly can keep the baby awake, paralleled the prohibition period, the mother. Her offspring, by actual count

hospital down town, John Bleeck Don't park the baby-carriage beside founder and chairman of the club,

is too weak to stand an operation. She won't get any better. A few days more and she'll pass

"She's an alley cat," said one of the veterinaries, "A nice cat, but still

related haltingly. "I had a cafe then over at the northeast corner of Fortieth Street and Seventh Avenue, opposite the Metropolitan. Next door to me was a rathskeller featuring a business men's lunch for 15 cent, in cluding a glass of near beer. No real business man could ever eat the cheap cuts of meat they served. The meat was so tough it attracted rats and the rats used to burrow through the foundations and sneak into my cafe. looking for a decent scrap of sirloin.

cafe, but the rats thought it was a game and came around more than ever. I threw gallons of ammonia into the holes they bored in the walls, but they thrived on that

"Then, as I say, Minnie walked in out of nowhere one cold, snowy day when I opened the front door to oil the lock. Minnie may have come from the opera, but I asked no questions and nobody claimed her. She took immediate possession of the premises and went to work on those rats.

"Inside of six months she had clean-

Duck Stamps a Dollar

U. S. duckhunter must henceforth paste on his hunting license, recognized a familiar touch. About the size of a special delivery stamp, it showed a male and female mallard coming to rest on some marshland.

It was drawn by one of the na tion's best cartoonists and its first anseriformiphile, Jay Norwood ("Ding") Darling, who last March became chief of the Agriculture Department's Bureau of Biological Survery Post Office officials expect it to become a collectors' item.

Conservationists expect the stamps to yield between \$600,000 and \$1,000,-000 yearly for use in buying submarginal farm lands, turning them into duck refuges. Already appropriated for that rurpose are \$8,-500,000 of Federal relief funds . Secretary Wallace took another step

toward duck conservation when he indicated that he would approve the Migratory Bird Treaty Act Advisory Board's recommendations for this year's hunting season. Most important duck-saving clauses: (1) Prohibition of baiting of ducks in the vicinity of shooting stands. (2) A 30-day shooting season (half that of last year) for each state, to fall between October 1 and January '5 .- Time.

MITT AND IEFF-



ONTARIO ARCHIVES TORONTO