

Proves Rural Families Have Less Tension Than City Homes

N.Y.—Thirteen elements in family life build successful relationships according to the study of 206 students at Cornell University... families with both parents and children in a family...

...the elements conducive to family life was lack of tension... parents and children... rural sections and small...

...little education... parents and children... families studied here... cases of much-mother...

...families studied here... cases of much-mother... with 159 cases in which...

...between parents on... to contribute to... the home. Homes with...

...greatly increased... and decreased... mental discipline exercise...

...factors in avoid... between the children... the parents open...

...of the families studied... happy relationships... there was also much...

Baby Rearing
Hoods Deplored

Modern methods of baby rearing are characterized by... at night, Professor...

...vegetables. Neither... it should not be left... to itself or to devise...

...said, "I am glad... to determine if the... isn't due to a... to often."

...has studied th... thirty years and has... children of his own... show that "after...

...and the Indiana... about babies."

...teachers... 4.5 P.C. Cut... school teachers... that their salaries...



Woman's World

By Mair M. Morgan

ROAST BEEF

Roast beef may seem humdrum and prosaic but if you serve it with individual Yorkshire puddings of delicate crispness and appetizing brownness, you have something else again to please the palate of both family and guest.

YORKSHIRE PUDDING

Drizzle for a roast beef, 1 egg, 1-2 cup milk, 1-2 cup flour, 1-4 teaspoon baking powder, 1-4 teaspoon salt.

Use the fat from the roast beef to grease custard cups. By the time the puddings need to go into the oven the roast will be almost done and there will be plenty of fat in the roaster. Heat the cups in a hot oven while mixing the batter. Mix and sift flour, salt and baking powder. Put egg, milk, and dry ingredients in mixing bowl and beat with a rotary egg-beater for five minutes. Pour into prepared hot cups, making the batter about 1-2 inch deep in each cup and bake in a very hot oven (450 degrees F.) for 15 minutes. Reduce heat to 400 degrees F. and bake ten minutes. Turn off the heat and finish baking. It will take five or ten minutes. When puddings are well puffed bake once or twice with drippings from the roast. Serve in a hot oven or the platter around the roast of beef.

BARBECUED BEEF

A delicious way to cook the top of the round of beef is to marinate it thoroughly in a hot barbecue sauce and then baste it frequently during the roasting with this same sauce. The finished roast is tender and flavoured with a distinctive savouriness that whets the appetite. Here is the recipe for the sauce. The quantities given are enough for five to seven pounds of meat.

One-half cup butter, 2 tablespoons vinegar, 1-2 teaspoon dry mustard, 1 teaspoon sugar, 1-2 teaspoon salt, few grains cayenne pepper, 1-4 teaspoon chili powder, 1-2 teaspoon Worcestershire sauce, 1-2 teaspoon tabasco sauce, 1-2 teaspoon black pepper, 1 teaspoon paprika, 1 teaspoon grated onion, 1-4 clove garlic (bruised), 2 cups water.

Put all the ingredients into a sauce pan, bring to the boiling point and simmer 20 minutes. Dip the roast in this mixture, turning it to be sure every bit of the surface is coated. Put the roast into a hot oven for 20 minutes, then reduce heat and baste with sauce. Baste every 15 minutes for the first hour and finish the roast in a moderately hot oven, basting once or twice.

SPRINGTIME DESSERT

A refreshing light fruit dessert and a piece of delicious cake make a perfect finish to dinner now that milder days are here. These two cake recipes will win you new baking triumphs.

Angel Food Cake

1-4 teaspoon almond extract (8 to 10 egg whites) 1 cup sifted cake flour 1 cup egg whites 1-4 teaspoon salt 1-4 teaspoon cream of tartar 1-1/2 cups sifted granulated sugar 3-4 teaspoon vanilla

Remove eggs from refrigerator several hours before using. They beat up lighter and more easily when at room temperature and give increased firmness of grain and delicacy of texture to angel food cakes.

Hot Milk Sponge Cake

1 cup sifted cake flour 1 teaspoon combination baking powder 1/4 teaspoon salt 3 eggs 1 cup sugar 2 tablespoons lemon juice 6 tablespoons hot milk

This mixture may be baked in two lightly greased 8x8x2-inch pans in moderate oven (350 deg. F.) 25 minutes; or in 12x8x3-inch loaf pan in moderate oven (350 deg. F.) 30 minutes. Or turn mixture in 36 small cup cake pans, which have been greased very lightly on bottoms, and bake in moderate oven (350 deg. F.) 20 minutes, or until done.

Orange Banana Salad

6 oranges 2 to 3 bananas Lettuce

Orange Nut Bread

2 cups sifted flour 4 teaspoons baking powder 1 teaspoon salt 1/4 cup sugar 1/4 cup shortening 1/2 cup finely chopped nuts 1 egg 1 tablespoon orange marmalade

Put all the ingredients into a sauce pan, bring to the boiling point and simmer 20 minutes. Dip the roast in this mixture, turning it to be sure every bit of the surface is coated.

Slip Covers

Slip covers cost much less than upholstering and when they are tailored right, and made of new materials, then can be most effective and useful. Especially for homes with children or dogs, slip covers are a tremendous asset.

Buttons

Introduce buttons where you can—they are the essence of smartness. Whether running up your sleeve or down your bodice, they will make a trim finish and lend individuality to your new spring frock.

Care of Velvet

To press the seams of a velvet, dress place a hot iron up-ended on a table with a damp cloth over it. Open the seam of the velvet with the fingers, and carry it back and forwards over the steaming cloth, seam



During a lull in the semi-final round of the Sunshine dancing competition held at Conway Hall, London, some of the entrants in bizarre costumes strolled in Red Lion Square.

side inwards. Do not hold the fabric so tightly as to stretch out of shape.

Household Hints

To have the best success with slicing bacon, place the rind down and do not cut through it. Slice the number of pieces you desire and then cut them free from the rind, keeping close to it and avoid waste.

When you are having a number of guests to a meal and require space in the kitchen to spread out dishes for the various courses, don't forget the card table. It will hold a great deal and come in handy for extra space.

Sunday School Lesson

Lesson IV.—April 22. Our All for the Kingdom. — Matt. 19:13-30. Golden Text.—It is more blessed to give than to receive. — Acts 20:35.

TIME.—March, A.D., 30, in the closing three months of Christ's ministry.

PLACE.—Perea, the part of Palestine, east of the Jordan.

PARALLEL PASSAGES.—Mark 10:17; Luke 9:55; Matt. 19:24; Luke 9:62.

"And behold," Matthew thus indicates his feeling that an important scene is coming

"One came to him." He came (Mark 10:17) as Christ was leaving the house where he had blessed the little children.

"What good thing shall I do, that I may have eternal life?" By "eternal life" the young man meant end-of-joy, endless purity and power and satisfaction and peace.

"And he said unto him, Why askest thou me concerning that which is good?" When we ask a question of another, it is well to first ask ourselves why we ask it.

"One there is who is good." None is good save one, even God? "is the way Mark and Luke report Christ's utterance.

"But if thou wouldst enter into life, keep the commandments." Are there not unmistakable signs round about us that we need these laws with all their roughness—that stern, hard 'not' as it was thundered out from the rocks of Sinai?

"He saith unto him, Which?" The young ruler, like most if not all of his class, was prepared for a discussion of debated points in theology.

"And Jesus said, Thou shalt not kill. Thou shalt not commit adultery. Thou shalt not steal. Thou shalt not bear false witness." Our Lord quotes from the second table of the law, relating to our duties toward men, because those commandments are more obvious, and the young ruler could be perfectly sure that he had kept them.

"Honor thy father and thy mother and, Thou shalt love thy neighbor as

Between Try-Outs



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thysell." This commandment, which is elsewhere given as Christ's summary of the second table of the law, is from Lev. 19:18.

"The young man saith unto him, All these things have I observed." From my youth up, he adds in Mark and Luke. But Christ would probe deeper.

"What lack I yet?" Out of the vague feeling of his own personal unsatisfactoriness, in spite of his moral achievement, he bursts out this question.

"Jesus said unto him, If thou wouldst be perfect," Christ pointed out the only way in which the young man could fill out the lack which he felt, making himself whole and complete in his character.

"Go sell that which thou hast, and give to the poor, and thou shalt have treasure in heaven; and come, follow me." We are to note carefully (1) that this command was for the young ruler, who was rich (verse 22) and whose riches were a snare to him; it is not for any one whose worldly goods are not a snare to his soul; (2) that this command is accompanied by a great promise, that of eternal treasure, it was only a bidding to transfer his "great possessions" to a land where he should never lose them, and (3) that this command is accompanied by a great privilege, that of following Jesus.

"But when the young man heard the saying, he went away sorrowful; for he was one that had great possessions. Alas! the great possessions had him!

"And Jesus said unto his disciples, Verily I say unto you" Another of Christ's emphases, rendered most suitable this time.

"It is hard for a rich man to enter into the kingdom of heaven." Wealth brings with it numberless temptations—to undue ease and luxury, to empty vanity, to idleness or to excessive toil—which a man of modest means is spared.

"And again I say unto you" Like all true teachers, our Lord knew the value and necessity of repetition. It is easier for a camel to go through a needle's eye, than for a rich man to enter into the kingdom of God. The "needle's eye" is often supposed to be the small gate for foot passengers of a large city gate.

"And when the disciples heard it, they were astonished exceedingly." Imperfect description of their blank amazement.

"Saying, who then can be saved?" The reign of the Messiah had been pictured by the prophets and rightly, as a time of great and universal prosperity; but how could that be if all but the poor were to be excluded?

"And Jesus looking upon them" His intent gaze saw their amazement

"Said to them, With men this is impossible; but with God all things are possible." All things, even this most difficult of all things, to take out of human hearts the love of this world, and its perishable contents and idle pursuits.

"Then answered Peter and said unto him, He answered" Christ's statement that it is very hard for the rich to be saved.

"Lo, we have left all, and followed thee." They had abandoned their work and some of them had probably liter-

ally left all to follow Christ: "What then shall we have?" We must not be too hard on Peter. The disciples at this time were very material in their ideals.

And Jesus said unto them, "To all the disciples and not to Peter alone. "Verily I say unto you." Our Lord does not hide them for their worldly spirit, but gives them with great emphasis the comforting hope which he knows the will sorely need in the coming years of trial. "That ye who have followed me." Not including Judas, who was following him only outwardly. "In the regeneration when the Son of man shall sit on the throne of his glory." The regeneration is the new birth of the world, when the kingdom of heaven is fully ushered in.

"Ye also shall sit upon twelve thrones, judging the twelve tribes of Israel." If the promise was to be of

THE PAPER ON THE WALL IS REALLY VERY IMPORTANT

You Make Small Rooms Look Bigger and Dark Ones Lighter by Your Choice

April's the month when the house gets a chance to blossom out in new finery. And such finery this year! The new wallpapers are creations to make even a professional painter hanger gasp with joy and house-cleaning is indeed a pleasure because it gives you a chance to use some of them, writes Margaret Currie in the Montreal Star.

Whatever your individual decorating problems may be, there are the right wallpapers with which to meet them.

If you have large, sunny rooms, look at papers with dark backgrounds. If not, then consider the lighter themes that put brightness and light into rooms that are a bit gloomy. Get generous samples and paste them, one at a time, on the wall. Stand back and try to visualize how the room would look if its walls were entirely covered by that paper. Call in the rest of the family and let them help to make decisions. After all, they have to live there too.

New Patterns Plaid wallpapers are favorites right now — large plaids — the bigger, the better. Large dots and broad stripes are next in vogue. And then there are handsome patterns of classic dignity that harmonize with period furnishings. If you desire a distinctly modernistic touch, hang the striped patterns horizontally — vertically, if you don't.

Patterned papers are being used on ceilings as well as walls. Though they must harmonize with each other the ceiling paper's pattern should be smaller. (Personally we shouldn't like this, but it is new.)

If you have a small foyer with a narrow stairway leading from it, use identical paper for the hall and stairway. It gives an illusion of greater size.

Don't try to match up the wall coverings of other rooms in your home unless, of course, the archway between two rooms is so large that they appear to be one huge room. Plain wall papers are best for tiny rooms and dark, bright colors, such as emerald green, are most popular in this category. Floral designs —

tiny buttercups, forget-me-nots, gay little rosebuds, ferns and larger flowers, maybe chrysanthemums — will please the nature-loving household. If you have a penchant for things nautical, look for anchor and dainty ship patterns.

For a young daughter or the whimsical member of the family, there are pretty papers with pastel backgrounds, printed in bowknot designs.

By the magic of new wallpaper, the bathroom may be transformed into a thing of sheer beauty. Mural wallpapers are good here. (Incidentally, they're suitable for any room in the house but they are, unfortunately, too expensive for the average budget.) But it doesn't take very much paper for a bathroom and perhaps you can indulge yourself in this one room. There's nothing prettier than a huge picture of a lily pond on the wall over the tub. On the opposite wall, another piece of mural wallpaper might show a larger pond with graceful swans swimming across it.

For Father's Den The walls of father's den, another small room, would be lovely covered with mural wallpaper too. There could be a hunting scene on one wall and fishing or camping themes on the others.

The homemaker owes it to himself to see that her "work place" is bright, attractive and cheerful and nothing can brighten up the kitchen like new wallpaper. There are such pretty designs to be had on washable paper. Cream with green, white with blue, pale yellow — these are only a few of the color schemes you may use to dress up your kitchen. Paint your chairs to match the design in your wallcovering, and use a little of the paint to give your food containers a new dress. Remember you usually live with your wall papers for several years so "take time out" to consider your choice carefully with regard to your pictures, draperies, light or lack of it, furniture and rugs before you finally decide. Be sure you're right — then go ahead.

Both Sexes

Are Fickle

Women No More So Than Men, Research Shows

New York.—Women aren't any more fickle than men. This is the comforting announcement of Dr. R. T. Rock, of Fordham University, in a paper presented at a meeting of the New York branch of the American Psychological Association.

Dr. Rock offers cold figures to refute the mass of evidence gathered these many years by love-seekers and husbands who accompany their wives on shopping tours — evidence which has bolstered the theory that women change their minds abruptly and often.

He reports the results of applying to large groups of high school and college students, both male and female tests designed to reveal their interests and how they change.

Re-applying the examinations after short and long intervals indicated, strongly, Dr. Rock said, that: "The women weren't more changeable than men.

There is no relationship suggested between one's intelligence and the tendency to change one's interests. One is more constant, in his likes than in his dislikes; one gets more tolerant with the years.

Several other reports rendered at the meeting furnished statistical support or refutation of ancient platitudes and axioms.

Catching up with the New Testament, L. W. Crafts and R. M. Allen, of New York University, broadened somewhat the application of a Biblical prescription.

Their advice was: Let not the left hand know what the right is doing — in certain acts of learning as well as in giving aims. They reported that an activity requiring simultaneous use of both hands could better be learned by practicing it first with each hand separately.

The authors said that tests made of two groups of college students required to use both the "successive" and "simultaneous" methods in an act showed the superiority of the former technique.

Another popular belief—that persons having genius or high ability in a certain field are rather stupid in others—received a jolt from Dr. G. M. Smith, of the College of the City of New York.

In experiments to determine the correlation between abilities, he found that if you are capable in one mental pursuit you are likely to excel in others.

Says Screams Hard on Heart

Sarasota, Fla.—Charging that his wife's screams made his pulse rise as high as 100, John Ringling has filed a bill of complaint in his divorce suit against Emily Haag Buck Ringling.

Ringling first filed suit for divorce on July 26 of last year, but this was withdrawn.

Asserting that Ringling is suffering from a disease or ailment known to medical science as "thrombosis," with accompanying complications, the complaint says that she had been repeatedly instructed and warned by doctors and attendant nurses that he must be allowed to remain quiet without worry. But, the document continues, she constantly refused to heed these admonitions.

Ringling charges that on March 12, when asked to go out to dinner Mrs. Ringling flew into a rage, "villifying the plaintiff" and screaming in a loud voice. Ringling's pulse is alleged to have risen from 68 to 82.

A few days later, the bill recites, "over Ringling's protest, the defendant began to insist that he sell certain property and when he refused she is alleged to have denounced him in a loud voice in the presence of servants and his nurse. This time, the complaint relates, his pulse rose from 76 to 100.

To Get Degrees Five Prominent Men to Be Honored by Toronto University

Toronto.—Governors of the University of Toronto announced recently that award had been made of five honorary degrees of doctors of laws and one of doctor of music.

Those on whom the doctor of laws degrees will be conferred here June 5, are: Cardinal Villeneuve of Quebec City, Hon. L. P. D. Tilley, premier of New Brunswick; Hon. Charles McCrea, Ontario minister of mines; Dean A. T. Delury; Prof. W. S. Ferguson, of Harvard University; and Percy J. Robinson of St. Andrew's College, Toronto.

Edward Johnson, native of Canada, tenor of the Metropolitan Opera of New York, has been awarded honorary degree of doctor of music.

Roaming Bunnies Timmins.— Another traffic problem has arisen in Timmins. Rabbits have become so plentiful that they roam the main city intersections. They have proven a menace to motorists, who try to avoid striking the frightened animals. Several have been killed, however, by dogs

Teachers 4.5 P.C. Cut

In school teachers' salaries that their salaries be cut 4.5 per cent. next year. Employees of the city are to be cut 1.5 per cent. The included in the 1934 salary plan which totals \$71,242,610 which is an increase of 15 per cent. The plan was made last year by the Council, and will take effect from 1935 to 1940.

MUTT AND JEFF



Size Nor Color Make No Difference