Making Distant China

Chickens, Dogs and sleep in Houses Are Built With or No Windows

the Women's Page editor to Globe, a woman misof Lomemaking in China: ing in China is very difomemaking in Canada. I one place, which is typier, or even middle class. 'r China. The floor is almost as hard as ceright as you enter the made of boards, and and about two feet from s is covered with a mat, e day they sit on it to or eat their rice. In the oom is a table, on which r food. This table, as ole house, is thoroughly year. It is almost ime a Chinese understand clace clean is so much ean it after it is dirty. hough, that lately my gun to take a pride in minum pots clean, for so nice, and I do not him so. But coming le Chinese home, as I n is sitting on a low all table in front of termelon seeds to bo

WARE POTS.

east cakes.

my best to think of Canada to which I Chinese kitchen, but show, the stoves are pots, into which the out; a kettle is placed rice cooked in this ce is prepared, then e frying-pan, much , and prepare their

no outlet, so it setoom and makes the floor is littered with r burning and the kens. I have more step over a pig or d lie down with a Most of the homes, ens' are built with , as the fewer they the evil spirits will

e front and back at night to protect the whole family nickens, and cats ise also. Is it any natives are sick? er to me that the Most of the bedoms with no light what comes in

and have a meal I will serve you salad, fresh from rawberries with he canned cream eaten egg white). plenty of bananas do not get too e than 10 bunches r garden is best pril; after that it ig to grow. This 0 pineapples, and or jam. The Chia bit with beef."

leld Unlikely es that Saskat-

be faced by come reduction when crop are remote. J. T. M. Anderh Saskatchewan

n lopping 4,000, a's area is not f the province's o be announced A. MacPherson, treasurer.

rom Ground

ion shows, givew 1934 modes. ons recently on ebrun's annual ee Palace. arisiennes pre-

es for the everth displayed ed with trim, tirts 12 inches

chartereuse y beige, navy,

Queen Lift -Percy Titrewery, drove with Her Mang in his little

ed in amaze-

bile had brond Cambridge g from Sanintiques. jesty's plight road. He ofin accepted.

ittle informae."-Nicholas



Woman's World

By Mair M. Morgan

Dried Fruits

In the Winter menu while dried fruits do not supply vitamin C they do retain all other essential properties

of fresh canned fruits. Vitamins A and B, mineral content, add 2 tablespoons sugar and the beatfuel value, laxative properties, alka- en whites of 2 eggs (very stiff). Beat line reaction-all these qualities are the mixture well with a large strong abundantly supplied by the dried egg beater, turn into a greased baking fruits. Prunes, dates, raisins and figs dish or 4 individual greased custard are excellent sources of iron. Peaches, cups. Bake in slow 300 degree oven apricots and apples, though less rich about 20 minutes or until firm. Serve in iron, contribute other mineral con- plain, or with a sauce made from the stituents in goodly amounts. The fact | yolks of the 2 eggs. This may be a that these dried fruits are always plain boiled custard sauce. availablt and are inexpensive makes them worthy of the consideration of all home-makers and particularly those who are trying to maintain a well-balanced and adequate dietary on a greatly reduced food budget.

The uses of dried fruits are many and of great variety. Plain cakes and simple steamed puddings are made interesting and given more food value by their addition.

Raisins or figs may be stewed in little water until tender to make good sauce to use over rice pudding. Cornstarch pudding too, is improved by the fruit sauce.

Cooked Prunes

The reason many people do not like dried fruits is because so often the home-maker does not prepare them to appear appetizing or attractive.

Prunes, for instance, delicious as they are when properly cooked, have been the butt of boarding-house jokes for so many years that many folks completely ignore them simply for this reason.

The packaging and preparation of dates, prunes and figs have been greatly improved within the last few years. To-day the home-maker may buy dates already pitted; figs, too, may be purchased all ready for use.

Housewives may well afford the luxury of attractive looking and deli clous tasting desserts, if they make liberal use of dried fruits. The cos of these fruits is comparatively small and the food value great.

Properly cooked prunes do not need flavoring. the addition of any sugar. Those prunes which require soaking should be covered with cold water and allowprunes that require no soaking should I cup grape juice and simmer the apbe boiled briskly for ten minutes and ples in this until they are tender. five minutes. simmered for fifteen. Or they may be Sweeten with 1/2 cup sugar near the placed in a casserole and baked in a end of the cooking period. Cool. Serve moderate oven until tender. The on buttered toast or on day-old cake baked prunes have delicious flavor slices. and thick rich syrup. If sugar is added, it should not be until the prunes

are almost tender. The mistake most women make it cooking this fragrant and delightful fruit is in adding too much water, with the result that the prunes are tasteless, and the juice thin and unpalatable. There are many sizes of prunes, the smaller ones are just as good as the larger for dishes in which they will be stoned and chopped, so use discretion in purchasing them.

Prunes For Salads

Prunes and figs steamed and stuffed with cottage cheese make nourishing and inviting winter salads. Prunes stuffed with peanut butter in a salad are a treat for the children.

Long, slow cooking is essential for all dried fruits in order to soften the skins. If prunes are soaked overnight pulp, and for each cupful of it, use % sonthe room where Franklin was mons to discipleship with all modesty, have been informed of them by his always below the boiling point for three or four hours and allowed to stand again overnight before serving, they will be deliciously tender, firm and sugar and cook until the consistency recalled in her book published last ably he signalized this great step in that are sick." The Saviour takes the well flavored. If sugar is added it of jam. should be put in just after removing from the fire.

Prunes and Cranberries

1 cup raw prunes, 1 cup sugar, boll ing water, 1 cup cranberries chopped 1/2 box plain gelatin, 1/2 cup cold water. After cooking prunes until tender. drain and measure the juice. Add enough boiling water to make the total If sweet milk is used put soda in with "Franklin, where is your obedience." volugie three cups. Wash the cranberries in running water in a colander. then add the berries to the hot water and prune juice and cook 10 minutes. Add the gelatin, previously soaked tabelspoons flour, 1 tablespoon butter, in the cold water for five minutes, and 14 teaspoon salt, 3 eggs, 1 cup water, 1 the stoned prunes cut in quarters. large lemon, plain pastry.

Turn into a mould, rinsed with cold water, and chill.

Baked Prune Whip

Stone cooked prunes and press them through a sieve. To 1 cup prune pulp

Prune and Cereal Mould

1 cup raw prunes, 1/4 teaspoon salt, 1/2 cup fine breakfast food, boiling water. Prepare prunes as usual. Stone them, measure fruit and juice. Add enough boiling water to make 4

Bananas With Figs

4 ripe bananas, 2 tablespoons powdered sugar, 4 figs, 1/2 cup chopped nut meats. Peel, scrape lightly and slice the bananas. Wash, dry and chop the figs. Spread them over the bananas Sprinkle with the sugar and nut meats and serve cold with whipped and sweetened cream. Sweet cracker crumbs may be used for this dessert instead of the chopped nuts.

Fig Paste (Laxative) na leaves, cold water. Soak the ing. prunes in water enough to cover over night. In the morning add the senna leaves, tied in a cheesecloth bag. Sim- ach. mer together until the prunes are

done. Remove the bag of senna. Stone the prunes, 2 op them fine. ding. Add the finely chopped figs. Place them both with the prune juice and cook together slowly until thick. Use as a spread for crackers, as a filling for sandwiches or cake. This may be beaten into a boiled frosting as a

Dried Apple Sauce

Soak dried apple slices over night simmer in water in which they were soaked until thoroughly swelled. Drain them. To each 2 cups apple slices add

Children's Sandwiches

Soak assorted dried fruits, such as apples, apricots and prunes, overnight in water enough to cover them. In the morning cook as usual until tender. Add little sugar while cooking if apricots are used, and cook until thickened like a paste. Cool it and use on bread and butter as a spread.

Evaporated Fruit Butters

Evaporated or dried pears and peaches make especially fine fruit butters when the winter's supply of fresh fruit butters runs low.

cooking of dried fruits. Use enough "my boy, Franklin." water to cover the fruit. In the morntender, then press the fruit through mother remembered the sunny upa sieve. Measure the juice and the stairs room in their house on the Hud-

Boston Brown Bread

Mix together one and one-half cups ly fatal to us both. yellow cornmeal, one cup graham the molasses. Raisins or chopped dates may be used if desired.

Lemon Sponge Pie One and one-fourth cups sugar, if I don't give the orders nothing

Defies Injunction



Miss Mary McCormic on arrival in London to sing at the London Palladium despite an injunction to prevent her singing except in Florida.

Line a deep pie dish with plain cups. Add the salt, sift in the cereal pastry. Mix and sift sugar, flour and first mixture and turn into the pastry body, but also the sin in the man' lined pie dish. Put into a hot oven for soul. ten minutes. Reduce heat and bake 40 minutes in a slow oven. The oven should be 425 deg. F. when the pie is put in and the heat should be reduced to 324 deg. F. to finish baking.

Household Hints

The drier the cheese, the better is for cooking purposes. Add two tablespoons of tomato cat-

tractive garnish for the steamed spin- man" (John 2: 25). "Said, Where-

mold for a gelatine or cornstarch pud. before they clothe themselves in words Oranges and lemons to be grated

remove soil from handling. Boil onions in milk instead of water sults in a delicious dish.

use carefully matched yarn, and re- first was infinitely harder to do; the inforce with a long and short stitch second, to say. on the inside before the holes actually

hold it to the steam of the kettle for

A good way of mending a towel is to bind the edge with gingham.

Child Was Father Of the President

Orders, Nothing Would

Happen"

ing, simmer in the same water until his 52nd anniversary, the President's men." Men, for our Lord had identi-

ening of the butter. Cook it down 20 that January day 52 years ago. For, to him. "He saw a man, called Mat- words. "He said, They that are whole minutes to half an hour, then add as the President's grey-haired mother thew." His name was Levi, but prob- have no need of a physician, but they year, "When he was born I was given his life by the adoption of a new and Pharisees at their own estimation, too much chloroform, and it was near-

teaspoon salt. Have batter thin, pour Mrs. Roosevelt; such pictures as the into cans and steam for three hours, time when she admonished him, and he grinned, "My bedience has gone upstairs for a walk."

would happen."

Sunday School Lesson

***************** Lesson VII.-February 18. Power to Help-Matt. 9.1-13. Golden Text - I desire mercy, and not sacrifice; for I came not to call the righteous, but sinners .- Matt. 9:13. TIME-Midsummer and autumn of A.D. 28, the second year of Christ's ministry.

PLACE-Capernaum, "And he entered into a boat." The same boat in which they had crossed the sea, probably Peter's. "And cross. ed over." They left Decapolis because the foolish Gagarenes, dismayed by Christ's supernatural power, had begged him to leave their territory. "And came into his own city." Capernaum

the city of his adoption

"And behold." Matthew's introduction of a special marvel. brought to him a man sick of the palsy." The disease known as palsy (shortened form of "paralysis") was sometimes painless, causing only a deadening of the parts involved, and was sometimes a form of catalepsy or cramps, causing the most intense agony. "Lying on a bed." The thin mattress which constituted the Eastern bed. "And Jesus seeing their while stirring constantly. Cook in a salt. Rub in butter and add grated to Mark 2: 15; Luke 5: 17-26. "Said double boiler 1/2 hour, stirring at first rind and juice of lemon. Mix thorough- unto the sick of the palsy, Son." Or to prevent lumping. Turn into a mould ly and add yolks of eggs beaten until "child," a term of pity and of love. rinsed with cold water, and let cool. thick and lemon colored. Add water "Be of good cheer." This seems to have Unmould and serve with cream and and beat with a rotary heater. Beat been a favorite greeting with Christ. whites of eggs on a platter with a wire "Thy sins are forgiven." Christ sees whisk until stiff and dry. Fold into not only the paralysis of the man's

"And behold." Matthew is filled with awe at the spiritual miracle rather than at the physical miracle, "Certain of the scribes." A party of scribes (and Pharisees, see Luke 5: 21 (was sitting there, seeking to catch Jesus in some unorthodox statement "Said within themselves." They did not venture in that company to speak openly. "This man blasphemeth. 1 lb. raw prunes, 1/2 lb. figs, 1 oz. sen- sup to the pan in which the fish is bak- can forgive sins but one, even God? Mark 2: 7 adds their thought, "Who "And Jesus knowing their thoughts. Strips of crisp bacon make an at- For "he himself knew what was in fore think ye evil in your hearts?' Stale cake may be sliced to line a There is One who knows our thoughts

> that fall from our lips. "For which is easier, to say, Thy should be washed well beforehand to sins are forgiven; or to say, Arise and walk?" Christ proposed at once t say the second, which was much the more difficult, because the falsity of if you are locking for a real delicacy. the claim to work the physical cure It takes away all strong taste and re- would be at once exposed if he should fail, whereas no one could prove him In darning stockings, it is best to false in claiming to forgive sins. The

"But that ye may know that the Son of man hath authority on earth If you are using wool for darning, to forgive sins." He here puts himself forward simply as the Son of man upon earth, in contradistinction to God Almighty in heaven. "(Then saith he When sweaters need mending and to the sick of the palsy), Arise, and and manfully fulfill our destiny in the s world, rising from the paralysis of neurotic excitements and overstrained the Romans as supremely wicked pleasures, we may never forget that Matthew evidently used the occasion first we have sins to be forgiven, and as an advertisement of Christianity, that still the Son of man hath power and invited all his publican friends to on earth to forgive sins.

"And he arose, and departed to his house." The New Testament seldom With the freedom of Eastern ways, takes time to describe the feelings of they had entered the dining hall and Franklin Roosevelt Said as a those whom Christ healed, but we may those whom Christ healed, but we may were looking on sneeringly. "They said silks with fitted jackets and lacy for the lean days when the snow cov-

While the United States celebrated who had given such authority unto and the sinner. fied himself with his fellows.

Pictures from his boyhood recur to low me." In Levi's ears rang Christ's "But go ye and learn what this crinkled washable velvet gives slender crashed the fences. There was somesentence which he himself recorded, meaneth." They, these self-appointed fitted lines to a floor-length gown with thing in the air which they didn't like

Think of all that obedience involved. | of their Scriptures, and needed to go meat in the house." This was at the not sacrifice." A familiar passage. She sees, too, that more significant great feast (Luke 5: 29-32) which Hos. 6: 6, one of the loftiest sayings scene when she said, "Don't give all Matthew gave to signalize his entrance of the Old Testament, bringing it very into Christian discipleship. "Behold, close to the New. "For I came not to And her son answered, "Mummie, many publicans and sinners same and call the righteous, but sinners." Thus sat down with Jesus and his disciples." does Christ summarize a great pur-Publicans and other sinners, for the pose of his life. His life was all love, Jews regarded the tax-gatherers for bodying forth he infinite love of God.

Smart Simplicity

By HELEN WILLIAMS.

Illustrated Dressmaking Lesson Furnished With Every Pattern



If yu want to look really smart, you must have a new right woolen dress. The original was diagonal pattern in flame colored rabbit's-hair woolen with toning suede belt and bone but-

It is a simple straightline model, yet distinguished for its charming and different look. Its slimming bias lines make it suitable for quite a number of figures.

It's so quickly and easily fashioned. Printed or plain silks would also be of the troop train.

14, 16, 18, 20 years, 36, 38 and 40 my foot was caught and I was unable surface water is dried up.

inch material. HOW TO ORDER PATTERNS.

ly, giving number and size of such I was pulled out of what was left of veal or dies on the range. patterns as you want. Enclose 15c in the coach in which I had been riding. In the Southwest a man was constamps or coin (coin preferred; wrap A few minutes later it was nothing) sidered a newcomer or a fool if he you have no wool to match them, care- take up thy bed, and go unto thy address your order to Wilson Pattern it carefully) for each number, and but a blazing mass." fully remove the pockets and unravel house." If we are to arise and walk, Service, 73 West Adelaide St., Toronto.

meet Jesus.

"And when the Pharisees saw it." tion and the joy of his loved ones at proach the Master with their criticism, so majestic was he, with all his "But when the multitudes saw it, boldness. "Why eateth your Teacher they were afraid." Filled with solemn with the publicans and sinners?" No-New York .- Mrs. James Roosevelt awe at this exhibition of divine power. thing in the life of Jesus gave so much Soak the fruit as directed for the recently recalled the first birthday of Even the scribes and Pharisees hushed offence to the religious people of his their criticisms. "And glorified God, time as his attitude to the publican

"But when he heard it." Christ may have conjectured the Pharisees' ob-"And as Jesus passed by from jection by their lowering looks, or have fore adding the sugar to prevent dark. It came near being a dark day sentences, though it meant everything ernatural knowledge of their incensed devoting to it only one verse of two disciples, or may easily have had supsignificant name, for Matthey means that they were spiritually sound, if all The Gift of God. "Sitting at the place other were unsound; it would have of toll." He belonged to the despised been wasted time to try to convince "The nurse said she never expected class of publicans, or collectors of the those souls seared by pride that their flour, one cup white flour. Add 14 the baby to be alive, and was surprispublic revenues required by the Ropublic revenues required by

"And he arose, and followed him." grossly ignorant of the real meaning "And it came to pass, as he sat at to school again. "I desire mercy, and

France Recalls War Train Crash With 535 Killed

Recent Accident Brings to Light Catastrophe Long Kept Under Cover by Censorship

Paris.-Sixteen years after it happened, the worst disaster in railroad history-the wrecking of a French troop train with 535 killed and 243 injured-has been brought to light,

Investigation into the recent Lagny train wreck, in which 200 died, brought forth details of the 1917 tragedy, long hidden by war censorship. Of the 1,200 French soldiers on leave who boarded the military train by detachments at Modane, near the Franco-Italian border in the Graian Alps, more than half were killed or

Another troop train catastrophe had out leaving their offspring unprobeen credited with the largest number | tected. of rail fatalities in a single accident | During branding season sometimes until the French wreck was brought a couple of thousand cows and calves to light. This was the death of 227 are rounded up and milled around for

Despite the protests of the engineer their calves become separated from of the French troop train at Modane, each other. But as soon as they are who insisted that two engines were set at liberty, both the cows and calves needed to control the heavy train on high-tail it back to the spot where the sharp Alpine grades, he was given they saw each other last. Is this inonly one locomotive. Coming down a stinct or sense? grade about 30 miles from Modane, he | Sheep and goats will graze a paslost control and the whole train piled turage clean, but not so cows. They up in a tangled mass at the bottom of will eat the leaves and certain bushes a slope near the town of Saint Jean weeds and grass, but they never eat de Maurienne. The first few coaches anything down to where it is killed were derailed and the rest crashed They protect their grazing further by

SURVIVOR'S STORY.

The train was composed of wooden coaches, as was the wrecked express tion furnishes the most nourishment at Lagny, and fire was responsible for and does the least harm to the plant the terrible loss of life. The wooden In grazing steep, hilly country cars burned like tinder and hundreds cows lay it out in trails that would of soldiers trapped in the debris died do credit to an engineer. Grazing before their comrades could reach trails seldom have more than a six

Engineering Corps and one of the sur- whole hillside that cannot be reached vivors, told the story of it after the from a trail. Lagny disaster. He himself as badly In the spring, range cows graze injured and trapped in the wreckage back from permanent water, drinking

Style No. 3286 is designed for sizes myself," he said, "when I found that around water till later on when the to move. My comrades tried to free Cows are even psychic! I'll prove Size 16 requires 21/8 yards of 54- me, but I told them to help those worse it. You will see one cow absolutely

Beau Brummel Styles Appear for Women

Paris.—Beau Brummel modes of the she won't go to the creek if she has 18th century have now made an ap- far to go. When it is going to be a

jabots, affected by dancies more than ers the ground. 100 years ago, have been adapted for A cow can always tell when she is wear by modish modern women. Styles coming to the end of her span. Cows include suits of black quilted satin, de- give little trouble when being driven signed with fitted jackets and worn to new pasturage, but just head them with high cravats of white elastic lace. for the slaughter-house! There will

Sport styles are fashioned on easy- be everything from stampedes or fitting lines in contrast to the former down. They know what's coming. I square-shouldered geometric silhou- know a rancher in New Mexico who ette. Skirts are slightly longer and decided to transfer about four hundred jacket shoulders smoothed to a natural head a distance of ninety miles. Not line. Sports suits of beige crinkled caring to drive them, he headed them linen, pale blue cloque pique, and for the railroad loading pens. Everyheavy beige shantung are designed thing went fine, the cows marching with plain skirts, fitted hip-length, or into the cars with apparent satisfacloose three-quarter length jackets, action. Two months later, they were

Two new fabrics appeared in even- this time it was an entirely different ing modes. A heavy midnight-blue story. For five hours, every hand was

HER PARTY

The damsel wept To see accept The girl she fairly hated, While those thought fine Had to decline Or so they sweetly stated.

Work is Less Tiring

If You Sit Correctly Correct sitting posture applies to the girl who works in an office as well as to the woman whose activities are

largely social. If you have hours and hours of typing ahead of you, you'll get through it more quickly and certainly more easily if you put your feet directly in front of you, flat on the floor. Sit back until the base of your spine touches the back of the chair and then straighten out your spinal column, neck and head into one straight line. Don't get too near the typewriter. Give your arms a chance to work freely,

The promised revaluation of gold in the United States will give that country a profit of around \$2,000,000,000



Dumo "As damb as a cow," Haven't you used this much-heard remark yourself? But the trite simile is all w.ong. This, then, is in defence of "Bossy," who lays claim to more sense thar she is credited with. It is not the "tail" of one cow, but a collection of well-known (at least among old cowmen) traits and instincts of the coas of the open range not the modern sheltered and scientifically tended kind who, for all I know, may well be dumb,

Cows Aren't So

not having to shift for themselves. Range cattle have a deep sensibility regarding their maternal obligations They never leave their calves alone while grazing or watering. It is not an uncommon sight to see six or seven young calves around a sing e cow. The next day, at about the same place, you may see the same calves, but another injured less than half an hour later. gether in this way, the mothers can trek several miles after water with-

troops at Gretna Green, Scotland, in a day or two while the branding is being done. Naturally, cows and

eating only certain kinds of vegetables at certain seasons of the year-the season when that particular vegeta-

per cent, grade, and are laid out so Jules Brice, attached to the Eighth there isn't a spring of grass on the

out of pools and puddles of surface "I had almost succeeded in freeing water, saving the grass near the year

injured than I. Then the fire broke foolish about her calf, and another out and the flames began to approach one take no particular interest in hers. me. I felt that I was lost. Fortunate- Nine times out of ten, the calf that Write your name and address plain- ly other soldiers came to my help and receives all the attention is sold for

prophesied on the weather, but if he knew cows, he could foretell a storm and never miss. At a certain time every day, or every other day, depending on the distance she has to go, a cow will start for water. But if it is pearance in the 1934 pageant of fem- hard winter, a range cow spends little

companied by blouses of multi-colored ready for market. The car loading -they were on the way to the

> slaughter-house! If you still think you are justified in using the incorrect saying, "as dumb as a cow!" at least direct it towards something a little more intelligent than many people. This will make your comparison more reliable Cows may be dumb about such matters as mathematics and technocracy, but they know a few things that continue to amaze their all-wise owners!