corn meal mush, 1 cup nd salt and pepper. Mix igether, make into cakes. nd saute in a frying pan salls, roll in crumbs, egg gain, and fry in deep fat. es each; serving 8. iled Dressing

rofks, % cup sugar, % 1 tablespoon flour, W teaspoon mustard. )

e boiler. One may subbut when boiling milk m butter. Keeps inde-Cape Cod Dinner ions, peeled, slice into

e: 2 pounds of fresh y the spare ribs (or adding water if necesment falls from bone furnips, sliced 15 inch its, sliced, and 6 or 8 , if large. atoes are nearly done.

on large platter, reravy to be used with bread, boiled beets in

ssert of baked apples the dinner will be me cup of corn meal,

p sugar, 2 teaspoons & teaspoon sait. Sift. add I cup milk, 1 egg ze of a walnut. cotch Broth

pous of burley over 5. 2 onlons cut fine. f, in chunks, and r to cover, in a large until meat is nearly from time to time. carrots and 12 cup 10 minutes, salt and d finish cooking. The mother meal, but we t in the broth for a ecomes a stew inpped parsiey or cellot to the flavor of

water 40 minutes. willing water and let Put into greased

man Haddie

almost cover with e with 15 cup dried dot with butter. (40 degrees Fahr.) wn-20 to 30 minie sauce left in the ter, I cup brown

flour, 15 teaspoon salt and % cup

sugar thoroughly; nue to beat. Sift t three times and the first mixture. leave on a board possible and bake in oven 10 mincipes

ey, 1 egg, 1 cup leaspoons baking salt, 2 cups corn-. Cream butter well-beaten egg. fted with baking lastly cornflakes. greased muffin

(400 degs. F.).

Pudding ded and chopped

mis, cut fine: 2 cup honey; 14 baking powder: . Bake 20 minn (375 degs. F.). alphed or plain. fered sugar and

omato cups with

nations

nges, with onlon ginger, white ssing.

line with Roqueessing. th cream cheese

nd melon, with ing.

e with Rusian

fold es, 2 cups water

sugar. th water until Strain through r and stir; then minutes or unld plate. Turn d and cool.

d) to counsel:

What should & five years."

# were a resource come from the house of the house of the second of the se Noise Narrows Width of Field of Vision

on the human body and mind now at- extend outward from the center of the

Produce to be Fea-

tured

tain and Irish Cobbler.

establish the personal contact.

100,000 a Year Draw

bathrooms every year.

mon of accidents:

---

hand, and gas poisoning due to faulty

manipulation of water heaters.

archs and fourteen presidents.

Selling British Goods

tracting so much attention from medi- retina; that is the field of view which cal men and health experts a new one any individual eye possesses. Tested has been added by recent investiga- in this way some eyes turn out to tions of Professor P. P. Lazarev and have wide fields of view, others have Dr. L. Kuper, reported to the Russian | narrow fields. The field of view may Academy of Sciences in Leningrad. It be narrowed, also, by eye diseases, is a decrease in the field of vision of poisons of other bodily disorders. Prothe eye when loud noises are entering fessor Lazarev and Dr. Kuper now rethe ear. Normal people do most of port that it also is narrowed when the their seeing with a tiny spot at the person concerned is hearing a loud. center of the retina or nervous mem- noise. It was discovered some time brane at the back of the eyeball, at ago during noise tests in the New which spot the precision of vision is York subways that dim lighting apgreatest. Most people can see some- parently makes noises seem louder thing, however, even out of the cor- than the same noises would do in ners of their eyes, for the retina brighter light. Now the Russian incovers the whole back of the eyeball. vestigators report the reverse relation, By special apparatus oculists are able that noise decreases the width of to mark off on a chart of the retina vision of the eye if not its sensitivity.

#### Canadian Poultry Asserts Brown Race At Argentine Show Will Rule the World

Also Agricultural and Orchard Speaker Throws Philippine Audience Into Commotion With Fiery Speech

Ottawa .- Poultry, eggs, apples and Manila-The Philippine Herald, a potatoes will be featured in the exhibit nationalistic newspaper, recently which has been sent to the British Em- quoted Manuel Roxas, Speaker of pire Trade Fair, Buenos Aires, Argenthe House, as saying in a speech that the Philippines were "writhing Agriculture, whose exhibit will repre- in hell," and as predicting some day sent not fancy exhibition stock, but the white man would fall and the the best of the practical commercial brown race would rule the world. supplies which Canadian farms have The newspaper said Senor Roxas threw his audience at Santa Criz, Canada has sent several shipments Laguna Province, into commotion

of registered and high-quality breed- when he bitterly declared: ing chickens to the Argentine within The Philippines are now writhing the last few years. In a recent ship- in the throes of hell, a hell of slament, which went forward from Saint very and foreign domination. Our John, were forty individual birds, of country, the greatest mother of us which twenty-two are registered and all, because she made us what we eighteen are from record perform- are and gave us what we have, is natural stones by electric rays. ance flocks. The registered birds have weeping, pleading, crying to us, her been selected from the best breeding children, to come to her aid and save stock in New Brunswick, Quebec, On- her from eternal damnation." tario and British Columbia, while the | Predicting world supremacy of the

R.O.P. stock comes from Saskatche- brown race, Senor Roxas said: wan and British Columbia. The breeds "All things have their rise and fall ors. When the tube is withdrawn, . represented include the Barred Ply. . . . The black man had his day of the natural stones 'cannot be seen mouth Rock, Rhode Island Red. White supreme power and glory. Black while the synthetic jewels continue France to Hold Annual Salon life, together with his sceptre. Aug. on insect infestation and control by in the apple-sauce and add. Salt salt, Cenerals from Egypt, Cathage and to glow. Arrangements have been made to Babylon once swept the plains of In addition to sorting the natural Paris-French artists under the den of the cottages.

featured for the export trade. The "The white man succeeded the cality the stones were obtained. The The Military of Fine Arts is re-Argentine imports considerable quan- black and today he still rules su- different hues of the colors tell the sponsible for this innovation and preme, he still dominates and tyran- story. One type of sapphire will not more than 2,000 minors have sent The Fruit Branch of the Department nizes, he still looks sown on all oth- glow under the tube rays. Thus is drawings from all parts of France have forwarded displays of apples and er races as inferior. But the day this stone immediately identified. potatoes. In the apples exhibit the will come when the whites will also Dr. W. D. Coolidge, associate direc- Dreams." new commercial pack, along with bite the dust and taste the bitter tor of the research laboratories of the fruit of tyranny. Then will come General Electric plant, is responsible ed by pupils of the Paris public From Ontario representative ex. the brown man's turn. He will hold for the development. Because liter schools is to be a feature of the first been secured. The varieties featured preme over all other races."

#### will include the Dooley, Green Moun-Spring Fashion Will Show Hoop-Skirt Victoria Times: British industry intends to send 5,000 of its most ex-

Be Seen This Spring

with an objective of \$250,000,000 worth of orders for Britain's workers. New York-The hoop skirt-with . . . Irrespective of what may be acmodifications-is due for a comeback complished at the adjourned Imperial This was disclosed recently by Economic Conference at Ottawa this Amos Parrish, fashion experts, in dissummer, if British exporters are real- cussing Spring styles at his semily anxious for Canadian business, annual fashion "clinic".

their best plan would be to send an | And not only the hoop-skirt idea, army of expert salesmen to Canada originated and worn by the Empress For it would be fairly safe to say Eugenie, but several fashion ideas inthat for every representative of a spired by Queen Victoria, are due to British commercial house who comes grace the 1931 miss. Among these to this country soliciting business, will be modern versions of the Victhere are at least fifty from the Uni- torian fitted jacket to be worn as ted States. They find it pays to evening jackets with evening cos-

Other inspirations for Spring have been derived from the ancient Greek Bath Mishap Insurance rish explained, consisted of a piece London-An eminent insurance au- of cloth draped around them in a thority said more than 100,000 people very artistic, yet very simple way.

drawing compensation of \$1,500,000 "Long, straight flowing lines," he receive fatal or serious injuries in said, "peplums or short tunics on skirts, draped necklines, cowls and He listed these as the most com- scarfs, draped girdles and sash ties are some of the important fashion Drowning after being overcome as details that are Greek in their inspirathe result of a heavy meal; electro- tion."

cution while reading in the bath and The question of dress length, he holding an electric lamp in a wet said, is no longer a question. "For general street and daytime wear," he said, "skirts worn by a ma-The hundreds of broken limbs, he jority of women this Spring will be added, represent another real hazard. middle-calf length; for the more formal afternoon wear the lower-calf Europe has fifteen reigning mon- length will be most popular, and for evening wear, ankle length."

## Frozen Meat Proves Tastier If Cooked Without Thawing

before cooking but should be sawed or tiny cells and fibres of the meat and chopped apart while still frozen stiff, allow some of the fulces or other put on the grill or into the oven and flavoring substances to escape. The cooked in that condition, allowing the work of the British experts goes to thawing and the cooking to go on side confirm this view, for they also find by side. Meat so cooked, it is report- that the quickest possible freezing ed by experts of the City of London produces meat of the best flavor. Health Department, will be tenderer Quick freezing probably allows no and will have a better flavor than the time for the cell structure of the meat same meat if allowed to thaw out, be- to be broken down and quick cooking fore cooking. Much beef and other without preliminary thawing allows meat now is frozen hard in Australia, no time for the meat juices or flavors South America, and elsewhere and is to escape from cells that do get shipped thus to the markets of Europe broken as the meat thaws. The new or of the United States. Health auth- way of handling frozen meat, esorities approve this frozen meat as pecially in restaurants and other large wholesome but many cooks and other kitchens where tools are at hand to experts consider it inferior in flavor cut up the hard, frozen meat as easily and eating quality to meat which is as ordinary meat, may help to remove

Frozen beef should not be thawed, and thawing, it is believed, break the merely kept sool in a refrigerator but the present popular prejudice against pletion of their 133-day, 7,000-mile voyage from Tallian, Baltic port and capital of their homeland, in their

Men of Letters Meet

VARIO TO A A A STATE OF THE A STATE OF THE A STATE OF THE ASSESSMENT OF THE ASSESSME



Two prominent men of literary world met for first time when George "AE" Russell (centre), Irish poet, and Gilbert K. Chesterton (right), famous English journalist, paid visit to home of Prof. William Lyon Phelps of Yale (left).

### Value of Jewels **Detected By Rays**

eral Electric Company laboratories faster than the speed of a bullet from here, all stones glow or radiate col- an army rifle.

graded eggs, the grade "extra" being ples inhabiting the Continent . . . also help to determine from what lo- own annual salon.

hibits of certified seed potatoes have the world in his hands and rule su- ally millions of jewels are used an salon. nually for bearings in meters and other delicate instruments, the new device is found by manufacturers to be a time saver as well as an accurate gauge of values.

diamonds. Further experimental gas and saying "five gallons, please.", every year than Britain does.

and research work is still being done Old Deeds Tell of Well Where value of their products were not kept damson jam, roll neatly and sprinkle The cathode-ray tube somewhat re-

Exposed to the rays of a cathhode fastest speed ever accelerated second, which is said to be the translated as follows: tube, recently developed at the Gen- man. This is about 300,000 times

display consignments of Canadian Europe and conquered the white peo- from the synthetic stones, the rays age of 15 years are to have their

representing "The House of My

A selection of water colors execut

Larger Gasoline Tanks New cars are showing something of

a trend toward larger gasoline tanks, Tests have also been made with especially down in that sector where diamonds and it has been found that fuel reservoirs have been smallest. pert salesmen to the British Empire Victoria Era Dress Also Will brown when placed in the rays be changed radically by the larger whereas there is no change in real tanks are those of running out of

Finish 7,000 Mile Cruise

Ahto and Ekon Walter, 18 and 23 years of age, of Esthonia, after they arrived in Miami, Fla., on com-

Richard III Once Got a Drink constantly before the public, they lightly with sugar. Bake in a moder-

sembles the X-ray tube in external | London-An interesting discovery appearances. The electrons xpelled in the title deeds of two old cottages Schenectady, N.Y.-Synthetic sap- from the end of the tube appear as a at Sheepy Magna, Leicesterershire, phires can now be detected from the ball of purplish haze and are shot near the battlefield of Bosworth, was forth at the rate of 150,000 miles per a Latin inscription which has been "With water drawn from this well

Richard the Third, King of England, assuaged his thrist when fighting in the most desperate and hostile man- being synonymous with the word apple. ner with Henry Duke of Richmond. and about to lose before night his

# Brantford Has Lowest

Board of Health challenges this re- world. cord. The tuberculosis death rate for this city is at the low figure of 24.5 per 100,000 population, an average for 1928, 1929 and 1930. The City Council recognized this remarkable record by sending letters of congratulation to the Sanatarium and the various organizations in the cause of anti-tuberculosis work here.

Japan produces 300 more films

## Canadian Apple **Output Declines**

Problems Are Discussed at Quebec Pomological Society Meeting

Montreal.-Fruit farmers of the Dominion have at least one advantage over other Canadians, for according to G. E. McIntosh, fruit commissioner, they have not felt the depression and suffered so much as other farmers have during the past year, although there has been a smaller demand and a slightly lower price for their pro- 4 oz. Valencia raisins and add to the duce. The apple production for 1939 was 3,165,936 barrels, of which 134,400 were produced in Quebec, this being tablespoonful golden syrup; stir this 53,000 barrels less than in the previous year. The total for the Dominion was well-greased basin, cover with greased about 750,000 barrels less than in 1929, paper, and steam for two hours. Serve where the 1930 crop was 934,600 barrels as against 1.737,876 in the previous year. In Ontario the figures were 502,500 as against 878,502. New fuls fine breadcrumbs, one teacupful Brunswick 33,660 against 35,000 bar- sugar, 4 oz. finely-minced suct, and one rels. The only province to increase teaspoonful baking soda. Add the its crop last year was British Colum- rind and juice of a small lemon, then bia, where the production was 1,560,- moisten the whole with one breakfast-776 barrels as against 1,101,357 in cupful buttermilk. Turn into a greased 1929. Commissioner McIntosh told the mould, cover with greased paper, and members of the Quebec Pomological steam for three hours. Society recently that this decrease in yield had been very opportune as the Mix in a basin 8 oz. flour, 3 oz. finely steady the market.

tising Canadian apples, particularly in pieces about eight inches long and Luke, who pointed out that if the with a little milk, spread liberally with Insect Control

There is a large well in the gar- gist at Hemmingford, and an explana- flour and add to the first mixture: Add tion of the importance of each farmer enough flour to make a fairly stiff batkeeping a set of simple accounts so as ter (the amount depends upon the to see how he stands every year. This thickness of the apple-sauce). Pour was given by James Coke, of Ottawa, into a greased pan and bake in a mid-Tuberculosis Death Rate and elicited the remark from the presiderate oven (350 degrees F.) Brantford.-Hamilton was recently dent, E. N. Browne, K.C., that the sixty minutes. One cup of raisins credited with having the lowest tuber- farmer was the only man who could may be added to the batter. culosis death rate in the world, 38 p.c. work at a loss and still make a good 100,000 population. However, the re- living, while the farmer's wifeswas, he cent annual report of the Brantford considered, the bravest woman in the



"Fred is so poetical. When I acmigrant entering a new world." "Well, there's sense as well as a cloth dipped in equal parts of linpoetry in that. Wasn't he just land- secl oil and 'urpentine,

Italy's Birth Rate Falls

According to the reports of the Instituto Centrale di Stastica, the number of births in Italy in 1929 was 1,035,866. or 32,700 less than the preceding year. Tryggve Gran, is preparing a new exsays the Italian correspondent of the pedition to the South Pole. Major Journal of the American Medical As- Gran accompanied Scott on his last sociation. The birth rate, which in expedition. He is experimenting 1928 was 26.08 per thousand of popu- with a twenty horsepower Ariel melation, dropped in 1929 to 25.09. The tor-bicycle, testing it out in the number of deaths in 1928 was 638,818, mountains of Norway. and in 1929 660,609, an increase of 21,- He intends to land on the West 791. Hence, the mortality rose from coast of the Ross Sea and then to 15.59 to 15.98.

was 537,257 in 1929, which signified a a sleigh carrying 800 lbs. of equipdecrease of 54,491, as compared with ment and provisions.

Punctual Briton Refuses London-Although Richard Mat-

hamshire, who has just celebrated in crossing it. He is planning his his eighty-ninth birthday, could re- route to avoid the huge areas of cretire on a pension, he prefers to re- vasses that wore out the strength of He has had sixty years of un-

broken service with a local firm and during that time has never been late for work. He is so punctual that New Hollywood to Rise his fellow-workers set their watches

things at the local chemist's shop. As In the register of the Berlin Court he was collecting his change he knock. of Commerce the following entry ed-over a bottle of iodine and smash. was requested: ed it. Most of the liquid was spilt on "Neu Holly wood Company, Limithis clothes. Noticing this, McAndrew ed" made a dash for the door. "You need The business of this new enterto cut my finger."

### Puddings For Cold Days

During the cold days weat-giving foods should figure largely in the menu. For the following cashes beef suet should be used in preference to

Friday Pudding

This is a very economical pudding Mix 4 oz. each flour and fine breadcrumbs in a large bowl, then add 4 oz. finely-minced suet, one teaspoonful ground ginger, a pinch of salt, and half a teaspoonful baking soda. Stone other ingredients. Melt in half a teacupful of milk 4 oz, of treacle and one into the dry ingredients, pack into a with a white sauce.

Military Pudding

Mix in a basin three breakfastcup-

Baked Roly-Poly

smaller supply had had a tendency to minced suct and a pinch of salt. Bring to a stiff paste with cold water, then A talk on the importance of adver- turn out, knead well, and roll into the newspapers, was given by E. B. five inches broad. Moisten the edges and other fruits that were fighting for Little more sugar over them, and serve

Apple-Sauce Cake

One-half cup of butter for substi-

Cleaners and Revivers

A cheap and reliable soap for cleaning and reviving the colors of carpets and rugs: Shred 2 oz. good yellow bar soap into a saucepan containing one quart of boiling water, and stir until the soap is thoroughly dissolved. When this has cooled, add 3 oz. of ammonia and 1/2 oz. washing soda; then stir well and pour into bottles. Use four tablespoonfuls of this mixture to every pint of water required. Rinse with tepid water to which a generous quantity of vinegar has been added. An excellent mixture for "feeding" and polishing leather can be made of vinegar. Smear a thin film over the leather, allow to remain for a few minutes, then polish lightly with a pad of soft cloth.

To remove stains from an aluminum saucepan, boil some slices of lemon in the pan for about half an hour. Then rub well with dry block salt,

Cracks or peratches on furniture should be filled with softened beeswax. Then rub over the surface with

Hot vlnegar will remove paint stains from windows.

Motor-Cycling to the Pole The Norwegian explorer, Major

take his motor-bicycles by air fifty The excess of births over deaths miles inland. Each cycle will draw

Quite a train of motor-cycles' and sledges will be needed for the expedi tion, but with his 800 lb. sledge load, each member should be self-support-To Retire at Eighty-Nine ing for some time. Major Gran says that the great plateau over which his hews of Stony Stratford, Bucking- motor-cycles should have no difficulty

On River Near Berlin

Berlin-A second Hollywood on the banks of the River Spree is the lat-McAndrew had been buying a few est German enterprise,

not be afraid," the chemist shouted prise is described in the application after him. "I won't make a charge for as the founding and construction of it." But McAndrew nexer slackened a film c ty with the name "Neu Hollyhis pace. "It isna that," he bawled wood" (New Hollywood) in or near over his shoulder. "I'm awa" hame Berlin similar to the Hollywood of United States.