

# Simple Rules to Remember If Lost

men, women, and children in the national forests and Washington during summer according to reports from the regional foreman, Oregon. We read the bulletin issued by the (Washington): know the country pretty well as an emergency arises, to volunteer, and often many wear some hours of mountainous and camp persons. They do this cheerfully but they are in a very earnest wish, to acquire some of the powers of close observation, and common sense, or to be somebody who can act as a guide. They never lost person, and women, and men, and a policeman, they hunters, the reports of ten lost persons, the Olympic forest reports in white in the Blue Mountains. The Fremont had six hunters, while the Mount five. Fourteen out of the national forests rescuers during 1927. The following are the following and commonsense number when lost in the mountains: 1. Do not panic. 2. Do not try to dig your way out. 3. Use your legs. 4. By night, fog or storm, and make camp in a safe place. 5. If you find a fire in a place plenty of dry fuel is available after collecting a number about. Travel in injured, choose a prominent, if possible a signal smoke. 6. Do not eat anything. 7. Do not eat anything. 8. Do not eat anything. 9. Do not eat anything. 10. Do not eat anything. 11. Do not eat anything. 12. Do not eat anything. 13. Do not eat anything. 14. Do not eat anything. 15. Do not eat anything. 16. Do not eat anything. 17. Do not eat anything. 18. Do not eat anything. 19. Do not eat anything. 20. Do not eat anything. 21. Do not eat anything. 22. Do not eat anything. 23. Do not eat anything. 24. Do not eat anything. 25. Do not eat anything. 26. Do not eat anything. 27. Do not eat anything. 28. Do not eat anything. 29. Do not eat anything. 30. Do not eat anything. 31. Do not eat anything. 32. Do not eat anything. 33. Do not eat anything. 34. Do not eat anything. 35. Do not eat anything. 36. Do not eat anything. 37. Do not eat anything. 38. Do not eat anything. 39. 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## Home Chats

By MARIE ANN BEST

"Humor dwells with sanity and common sense and truth."—Bishop Brewster.

**The Early Riser**

These dark mornings who likes to get up at midnight? That is what it feels like at 6 o'clock or 6.30 a.m., and the old alarm clock dings, dings until you are just wide enough awake to realize how delightful the warm covers feel.

They say the early bird catches the worm, but one likes to think while in semiconscious state that the worm is also tucked away under the hard ground and won't venture out either in the cold and dark. Then there is that cold gray open window where the wind is whistling around in gusts. What about it?

But all these thoughts make it worse the longer you debate, so perhaps—and it really is the best way—you better spring out of bed without stopping to think about how cold it is and close down the window, for it must be done.

After prodigious exercising one might even feel like smiling and come to the conclusion that it isn't so bad after all. Allowing your thoughts to turn to someone else peacefully snoring you remember how nice it was in bed and perhaps a little vindictive mirth is mixed with the loud call. "Jim, get up! Why do you lie in bed so long? Don't you know it is seven o'clock?"

But after the early breakfast is over there is a most satisfied feeling of having a full day ahead of you when the work planned can be accomplished with time and thought. And isn't it a most provoking feeling to come down an hour late after which it takes all day just "catching up."

**An Excellent Mock Angel Food Cake**

Sift together four times 1 scant cup granulated sugar, 1 cup fine cake flour (such as Swandown's flour), 3 teaspoon baking powder and a pinch of salt. In this pour 1 cup boiling milk and stir until smooth. Fold in the well-beaten whites of 2 eggs. Do not beat. Bake in ungreased cake tin for 45 minutes in slow oven.

**Twilight Hour Story—The Little Chickens' New Mamma**

Chap. 5

When these four little chickens found their mamma had left them and they were all alone in the world, as they were frightened and they didn't look around I can tell you they were frightened and they didn't something like you would feel if your mamma left you all alone down town or in a big city before you know the way home. Isn't it a good thing that you know she never would leave you? Good mamma do everything—yes, just everything, to keep their little girls and boys safe and warm, don't they? Good mamma hens don't run away from their chickens either, but then this one was a bad one, wasn't it?

she? Well, when they grew frightened they started to run. They didn't know where, but they ran on and on until they came to what they thought were a lot of trees. But they weren't really trees. We wouldn't think they were trees. But they were higher than the chicks, much higher, so high the little balls of thistle-down could easily hide in there. What the chickens thought were trees was grass that hadn't been cut and grew so long that they would come up to about your little knees. They all got close together in there and began to feel a little better. But soon the old wind blew them and whoop—he blew at them and they just had to run out again. Then the biggest little chick (let's give him a name. How would Jimmy be? Their mamma ran away before she named them, so we'll have to give them names, shall we?) Well, Jimmy saw a big stone. It looked as big as a house to him, but he made a big jump and used his little wings too, and found himself on top of it. He looked all around and then called out very loudly: "Mamma, Mamma," only it sounded like this, "Peep-peep-peep," and do you know Mamma did hear him. But it wasn't Mamma Hen. It was the nice farmer lady in the big house who heard him. It just happened she came out doors to get the eggs out of the big chickens' house where all the older chickens were.

The farmer lady could hardly believe her ears when she heard little Jimmy calling. She stopped and stared. Then she said, "Do I hear a little chicken?" Then she listened again. Sure enough, it was Jimmy calling again louder and louder than before. Then she saw him on the big stone. She went over to him ever so carefully and then she saw the others too, but as soon as they saw her they ran away in the grass, but Jimmy couldn't get down quite so fast as he was afraid of this big lady, for she was even bigger than Billy when he saw them in the barn. But she came on making a nice soft noise. Really it was a little bit like his own Mamma. "Come chick, chick, chick," she said. By this time he managed to get off the stone and ran a little, then waited till she nearly caught up to him, but when she got near he was afraid again and ran on a little farther. But over near the corner of the house she caught him. Ooh—ooh—he fluttered and even jumped a little, but her hands were so nice and warm. Even then he looked at her sharply out of his little black eyes to see what she would do, but she held him in her cupped hands so warm and gently he could hardly believe he was so comfortable and very soon snuggled down as cosy as could be. Then she heard the others crying in the grass, for the cold wind would not leave them alone, and she went over and caught each little baby until she had them all close together in her two hands.

Next Week—"The Little Chickens' New Home."

**New Velvets**

New models of velvet shown at the recent opening in Paris were labeled spring and summer which means that this very wearable material will continue to be an important factor in dress. The short wrap of white velvet promises to be one of the smartest for the unlined suit of chiffon velvet worn with a blouse of a heavy sheer fabric. Free from fur trimming it is an ideal type for warm weather.

Frocks of shantung are allied with velvet jackets in such gay colors as red or vivid green, making a striking sports costume. A luxury model is the lounging pajama which combines chiffon trousers with a velvet jacket.

**Wax Spots**

Wax spots on dresses or linen can be taken out by putting a clean blotter under the spot and another clean one over the spot and pressing the blotter with a hot iron. The blotting paper absorbs the wax. Move it around until the spot is entirely obliterated.

**Atoms in Rock Crystals Called Cause of Mountains**

The action of atoms composing the crystals of the rocks inside the earth causes mountains and tablelands to rise. The arrangement of the atoms or molecules is altered by the high pressure and internal heat of the earth. In this process the atoms exert powerful forces tending to thrust the earth's surface upward.

Such is the theory advanced by Dr. Bailey Willis, research associate of the Carnegie Institution of Washington, who made careful studies of the rift valleys of Africa.

**Color Touch**

You can carry out the color scheme of your bathroom even to the scouring powder can. Give the wrapper of this can one coat of quick drying paint. Six packages can be done at one time. The cleaner will look so much more attractive it can be kept in sight and serve as a reminder for daily use.

## Sunday School Lesson

January 25, Lesson IV—Jesus Tempted—Luke 4: 1-12, Golden Text—In that he himself hath suffered being tempted, he is succour them that are tempted.—Hebrews 2: 8.

The Temptation narrative is really part of the Baptism story, though Luke has interjected the genealogy of Jesus between the two events. Pictures of the Baptism which are familiar to us suggest some sudden light in the sky and a mysterious thundering voice from heaven, but that seems to be far from the Evangelist