orner

ngtish Style. ds steak, 1/2 tock or 2 teaspoons flaky pastry. s about 11/2 dip in flour t a layer at Slice kidney season and eak and conising it nicean the dish the edges of h strips of cover with ter and deces of pastry. uto a quick then bake altogether. with well-

our slices r and cut of uniform 2 cups of r of bread layer of until dish 15 lemon n place in n. Serve

> cup sweet cups flour

> der. Mix

moderate kinds mytomstoes casserole pper and dish for

enp cook-2 tablebutter, 1 and apriapricots ugar and astry and uit julces, with flour. fried in ikes. To on and 2

d pepper. package n salted the meat slices of ive it or together d % can se more Soon as way back 20-to 30with hot vas ques-

ergaging

ommend-

plied the tht excelthe misow long a sailor journer

do you

fellows

DETTY & ie Zent if you sald didn't

ad said cay for W.L.C. MagaOwl Laffs

CHRISTMAS WISHES We hope you have abounding health With nger a care or worry, And that you get much worldly

And get it in a hurry. We wish for you an outlook bright, A past that's free from trouble; We hope you guessed the market years to come.

And saw yor profits double. So may your skies unclouded be And sunny be your weather, And if you meet adversity. May it weigh as a feather.

mean making others happy, then the a complete breakdown. My heart manners and customs.

ANOTHER INVITE A very sub-debutante sent the following message to Santa Claus the tressing symptom left me."

Mr. Santa Claus Your presents are requested Miss Genevieve Van Goldenhesses

on the

Evening of December 25th 7704 Lakeview Avenue.

Consider the Christmas toy; its life

George-Oh, Gladys, dear, this will be the folliest Christmas I have ever for you, to have to listen to that," said spent. Now that we're engaged, I Mrs. Golders. think only of the future.

Gladys-Do you? Well, at this time wors, of it is they're French, and my of year, I think only of the present. husband and I can't understand a May He who in the manger lay

Bring to your heart this Christmas The peace that never fails to bless, The joy that makes true happiness.

The most embarrassing situation one can think of is to wake up on Christmas morning and find that a gir! you hadn't even considered has sent you a Christmas gift.

They were talking about modern music and dancing

"I don't like dancing to jazz," said the girl. "It's nothing but hugging set to music." "Well," asked the man, "what is there about that to which you object?"

"The music," she said. Mandy-"Don't you think it's extra-

vagant to eat bread and butter and jam?" Sandy-"Of course, not! It's economical The same piece of bread does for both."

The reason why it is so hard for college graduates to find jobs is because most firms already have presidents and general managers!

Two little boys were talking. One said to the other: "Aren't ants funny little things? They work and work, and never play."

"Oh, I don't know about that," replied the other. "Every time I go on a picnic they are there."

A financier says that the business spending habits. Well, anyhow, a change in our spending habits has been caused by the slump.

ever, that they don't descend in a di

CHEERFUL REMINISCENCES

In their younger days they had been sweethearts. Now there was silver in her hair and snow on his, and they sat and talked of the times when they were young-their first meeting, their first quarrel, their last kiss, their last quarrel. Perhaps they both warmed a little over the recollections. At length he said, "Ay, Maggie, an' . hae no loved onybody since you! I hae never forgotten you!" "Andrew," she said, with a little moistening of the eyes, "you're just as big a leear as ever-an' I believe ye just the same!"

Mother-That boy of ours gets more like you every day. Father (meekly)-What's he been up to now?

Graf Is Laid Up

Friedrichshafen, Germany. - Dr. Hugo Eckener announced recently that the Graf Zeppelin had finished its 1930 flying season. It will be deflated and given a thorough overhauling during the winter months.

General Sir Henry Rawlinson, whose father was famed for his discoveries among the ruins of the ancient kingdom of Chaldaea, says that the latter used to assert that the oldest joke in the world was the one about the Irishman who had a run of bad luck and decided to commit suicide. A man discovered the Irishman a few hours later. He had a rope tied around his waist and was dangling from a tree. "What are you doing?" asked the Man. "I'm hanging myself," replied the Irishman. "You can't hang yourself by putting the rope around your Waist," said the man. "You should put it around your neck." "Ooch!" replied the Irishman. "I tried it that way, but I couldn't breathe." This story, insist-

Taxes the Health of Thousands of Young Girls.

In the "teen-age" years when school or office work is exacting and outside activities se up so much enhealth and spoil their happiness for

Pills will be found most valuable in 1846-nine years after Queen Vic- it was felt, had best not be talked They purify and mrich the blood; toria came to the throne and had about in public. It would be hard for build up the nerve cells and correct reached the age of 55 when Victoria the present generation to realize how run-down conditions. Concerning died in 1961. Now, when so much is strict were the rules laid down for them Miss Margaret Torrey, Indian being written about the Victorian Age, girls in those days. It would have Road, Toronto, Ont., says: "When I she comes to its defense by placing on been considered unthinkable for her If the Christmas spirit does not was attending high school I suffered record her memories of some of its to go out with a man at any time un-Yuletide will not hold much real pleas- would palpitate at the least exertion; I feel compelled to write on this sub- were not allowed to walk out alone in I could not sleep and nothing I ate jeet because of all that I read in the London except with a maid, nor even agreed with me. I began taking Dr. present day about the reign of Queen to go in a four-wheeler without a foot-Williams Pink Pills and before long Victoria, written by those who per man on the box. An omnibus was, of I gained in weight and every dis- haps scarcely remember the days of course, unthinkable. I even remem-

medicing dealers or by mail at 50 that is ugly and uninteresting. I am member my grandparents proceeding Medicine Co., Brockville, Ont.

Disappointment

Mrs. Golders was in conversation with a young married friend. "Well, and how do you like your new touse?" she asked.

quarrel all day."

"How very unpleasant that must be torte "Yes," said the young wife, 'and the

word they say."

GABBIE GERTIE



'Many a woman cries because she

Beginner's Luck

Brown was trudging along the road, a smile of triumph on his face, and his when he was confronted by King, a feilow club member.

"Hallo!" said King. "How did you get on in your game today?" "I took sixty-three.

"Sixty-three!" echoed King. "And you just a beginner Why, that's

"Yes," said Brown. "I thought it

panies and large industrial corporations.

# Overwork or Worry Customs of Victorian Age Defended By Lady Leconfield

Says Girls Were Bound by Strict Rules, But Had Gay Times, liberty to one's legs, and I remember, and the Period Was One of Progress

The author of the following article, my young days. We returned after which appeared recently in the New each dance to stand in front of York Times, is the widow of the first | mothers, and when it was first whis-Lord Leconfield and a sister of the pered that a girl had been seen sitting At such a time Dr. Williams Pink afth Earl of Roseberry. She was born upstairs with a partner, the matter.

Edward VII., and who are pleased to ber elderly ladies walking in the park Dr. Williams Pink Pills are sold by, associate the word Victorian with all with a footman following, and I rereached the age of 55 before I saw died out after I grew up. the accession of another sovereign. Il customs of the period.

colors, white-painted furniture, and phaeton of a cabriolet, sometimes even were seen no more. varnished wood for bedrooms, with in a tandem, plum-pudding dogs runbright, shiny chintzes for covers.

Gilt and Plush Chairs Little gilt chairs found their way into drawing rooms, and silk-upholstered furniture, concealed by chintzes in the daytime, but uncovered for evening parties. Then came a craze for plush, for velvet-covered mantelpieces, for brass nails, for fringes and tassels, for woolwork, for little velvet action from what was called the Mahogany Reign of Terror, and led to many sad acts of vandalism, old malady who painted a whole set of mahogany furniture gray with her own

I now turn to that oft-debated subject-the girl of the period, of whom feels better 'after the bawl is over'." I was one. I can assure the public that we never fainted-unless from illness, that we rode, even hunted, that we walked (I admit in button boots) that we played games-though neither tennis nor golf; and if croquet be obgolf clubs swinging over his shoulder, jected to as being non-athletic, I would ask any modern girl to stand with a mallet in her hands, often for four hours at a stretch, in the hope of being able, when her turn came, to drive "Oh, not so badly," replied Brown. a ball through an iron hoop. It was a test of endurance if not of active

Dances and Chaperons

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"YOUR SCALES NEED FIXING"

Said a Fat Woman—Indignantly

"Better get these scales fixed," ex- doses will last one person for 30 claimed a rather stout, fashionably days."

dressed woman in a drug store the "Never heard of that treatment,"

other day-"they make me weigh 12 said the scholarly looking man, "but

"All of which goes to show," remarked "I've heard of it," chimed in a well-

the good-natured druggist, "that built middle-aged man who had just

women take on fat so rapidly that come in. " I was 15 pounds overweight

they don't realize it."

—was getting fat—and I give Kruschen

"If that woman doesn't watch out," Salts credit for ridding me of the un-

two weeks from now, the scales will "They'll have your picture in the

"Is there anything that will take off druggist laughingly.

fat outside of three or four hours of strenuous exercise every day?" asked a scholarly looking man who was buying a tube of ointment for his large knee. "No they won't," replied the well-built man, "but I'm not backward about saying a good word for a good product, and I can say in all

dispenser of drugs, "but lately there has been a big demand for a combination of vitalizing mineral salts that

must do the work for I can see for myself that many of them are losing "Glad you came in," said the pro-

fat," continued the drug store man, Kruschen Salts is obtainable at all

he continued, "when she comes in welcome excess baggage."

"It is called Kruschen Salts and it scholarly looking man.

"It's an inexpensive way to take off what you said."

offered free of charge. For full details, write

We also really danced at balls. The chaperons often had a friend of their people. A scientist says that bow legs are he added, "I'm going to try the sechereditary. It is quite obvious, howwas rather good myself. Tomorrow," two-step waltz of my youth carried own and left one at liberty to talk to lowed time for cultivating friendships, trot, and there was no sitting-out in

I haven't any fat to lose anyway."

sincerity that Kruschen Salts are

good condition and I'm more vigorous and active than I have been for years."

"That's good enough for me," said the

prietor. "I'll tell my fat customers

garment: it was in most ways most I objectionable, especially when sitting down in a hurry, or in attempting to enter a crowded carriage, but it had its points, as it allowed unfettered as a little girl, thinking it very comfortable for running in. It gradually altered its shape, became flat in front and finally merged into the bustle of the eighties; but all this can best be studied in old fashion plates, as can also the fashions of evening gowns. which contrast much with those of the bare being then covered, while the shoulders, now always concealed by suitable in the morning for even a less engaged to him: indeed, girls young matron and bonnets were al don even by young girls and always everywhere on Sundays; even the maidservants were forbidden to ap-

Progress of the Age So far I have written only of the cents a box from The Dr. Willams qualified to speak, having been born to church with a footman carrying '80s, and as I remember them, but it before Queen Victoria had been nine the prayerbooks, but these were then is well to realize that the Victorian years on the throne, and having old-fashioned customs and had quite age was not a stagnant pool, icebound Carriage exercise was a great fea- some now seem to think, but on the feel, therefore, that I can claim to ture in Victorian times, and I spent contrary a time of steady progress, know something of the manners and many long afternoons of my youth in not only in politics, science and mata barouche, the large open carriage ters ecclesiastical, which would re To begin with, many now seem to of those days. In hot weather the quire volumes to themselves, but in "Oh, I suppose it's all right," came forget that other sovereigns reigned drive would sometimes be enlivened the manners and customs of which I is brief, but it certainly does get the the reply from the young wife, "but in the nineteenth century besides by a stop at Gunter's, where we sat write. One has only to look back upthere's a young couple next door who Queen Victoria. Much of the furni- comfortably in the carriage under the on the last thirty years of Queen Victure, for instance, now labelled Vic- trees in Berkeley Square eating ices, toria's reign to realize the changes torian, belongs to an earlier period, but more often the day ended with a that they brought. The white print, as I can prove from a house furnished drive around the park, then-as many gilding and chintzes of the '60s gave by my grandfather in 1819, which re- can still remember-crowded with car- way to Morris cretonnes, to green and mained untouched during my youth. riages open and closed, barouches on even black paint, the taste for ma-There you found the straight, hard- C-springs, sociables, chariots (with hogany revived, and country shops backed armchairs and sofas now dub- the coachman on a han mercloth, the and old cottages were ransacked for bed Victorian, but in the '60s we had footman hanging on behind), four-in- old furniture; the barouche gave place easy chairs and couches well stuffed hands driven by amateur coachmen to the victoria and landau, the old with horsehair, kept down by buttons, with their friends clustering on the charlots and coaches with coachmen and the prevailing taste was for light back seats, the solitary male in a on hammercloths and footmen behind

pear in church in a hat.

## ning behind thhe carriages of their owners, a royal carriage often to be IS Inere a Bab seen making its way through the throng; all this gave the park a more

festive appearance than the rush of

Pleasures of Youth

At balls, quadrilles and lancers-

alternated with waltzes and gave op-

inscrutable reason called breakfasts),

Then as to dress. Much of the pity

bestowed on us for our clothing is

wasted. Do not let any one suppose

that we walked out with our skirts

hanging over our arms, as the modern

maiden is said to have at Ascot this

year. On the contrary, in the early

sixties we had an arrangement by

which we looped up our skirts over a

bright-colored petticoat when we went

out, and later on ankle-length skirts

came into fashion for walking. I ad-

mit that this involved a certain

At a country house party you came

down to breakfast with gloves on and

in a long gown, changed into a short

one for walking. Then began the

fashion for tea-gowns-to be put on in

the afternoon when you came in, and

Nothing, I admit, was ever shown

above our buttoned boots. I remem-

ber one day in my early teens seeing

my mother and her sister-in-law re-

turning from a walk and, bounding to-

ward them, was received with looks of

point out that ever since the days of

ment has been in use by the civilized,

Minard's Liniment for all Pain,

hold this view.

not be dwelt upon.

amount of toil.

motors and taxis can do now.

But let no one suppose that our pro-Is there a baby or young children gress through the streets was unim- in your home? If there is you should peded. When I read in the papers not be without a box of Baby's Own now about the traffic problem I re- Tablets. Childhood ailments come member the half hours we often spent quickly and means should always be tables with twisted legs. It was a re- in trying to get round Hyde Park Cor- at hand to promptly fight them. ner, or in struggling to get through Baby's Own Tablets are the ideal Inhale Minard's Liniment for Asthma. the narrow neck of Park Lane. This home remedy. They regulate the was the only thoroughfare between bowels; sweeten the stomach; banish hogany four-posters being cut down that end of Piccadilly and Oxford constipation and indigestion; break into half-testers, Chippendale chairs Street, Hamilton Place being a cul de up colds and simple fevers-in fact banished into servants' rooms, and I sac; and the turn from Grosvenor they relieve all the minor ills of little have heard of at least one industrious Place into Piccadilly being through a ones. Concerning them Mrs. Moise sharp angle, with traffic struggling to Cabotte, Makamik, Que., writes: get through both ways, and no police Baby's Own Tablets are the best control, the consequences may be remedy in the world for little ones. My baby suffered terribly from indigestion and vomiting, but the Tablets soon set her right and now she is in It may be thought, after what I have perfect health." The Tablets are sold written, that the girl of the period had by medicine dealers or by mail at 25c. but a poor time, but youth generally a box from The Dr. Williams Medimanages to enjoy itself, and the Vic-

cine Co., Brockville, Ont. torian maiden found a partner for life in spite of all old-fashioned notions. Lack of systematic brushing which our mothers and grandmothers gave square dances as they were calledtheir long tresses is said to be responsible for young women of to-day portunities for conversation; supper also was enjoyed in tete-a-tete, then than their mothers and ten years earevening parties-drums as they were lier than their grandmothers. then called-garden parties (for some

riding in Roten Row, where one's ada provides employment for 21,000

Earn \$10.00 a day selling

and the long afternoons spent in cro-Canada's New Shaving Sensation quet did not discourage flirtation. The

No Soaping, Lathering, Brushing or present generation also ignore all the EASE, SPEED and COMFORT agitations of a cotillon at the end of Send 25c for standard trial tube and a ball, but here memory recalls the money back guarantee to EASYSHAVE. blank of an evening when no favors Toronto, Ont. were received, so the subject has best



CHILDREN CRY FOR IT-

CHILDREN hate to take medicine dinner required yet another dress. as a rule, but every child loves the taste of Castoria. And this pure vegetable preparation is just as good as it tastes; just as bland and just as harmless as the recipe reads.

When Baby's cry warns of colic, grave displeasure. "My dear, young a few drops of Castoria has him ladies do not show their legs like soothed, asleep again in a jiffy. Noththat," said my aunt. No, in those days ing is more valuable in diarrhea. When coated tongue or bad breath Nor was sun-bathing considered a tell of constipation, invoke its gentle necessity. The sun, when it appear- aid to cleanse and regulate a child's ed, shone on us through our clothing | bowels. In colds or children's diseases, and no one invited us to take it off. you should use it to keep the system Mrs. Grundy is supposed to be a pro- from clogging. duct of the Victorian age, but I would

Castoria is sold in every drugstore; the genuine always bears Chas. H. our first parents some form of gar- Fletcher's signature.

and it is hard that we old people Hetchers should be ridiculed because we still Then the abuse that is heaped upon CASTOR

Bachelor is the . largest selling . . 10c cigar in . . one and you will

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# WILSON'S

STILL MOST FOR THE MONEY

Not So Customary Fred met Dick on the way to the

"Good gracious, old man,' said Fred, "how did you manage to hurt your

"It was done by a man whose wed- wonderful "milestone" which indiding I attended as best man," Dick ex- cates the way and distance by air to plained. "Just because I kissed the London, Bagdad, Bombay, Delhi, and bride."

"But, my dear old man," exclaimed his friend, "it's the custom for the best man to kiss the bride." Dick put his hand to his injured eye.

"Yes, I know it is,' he replied, "Bu this was five years after the cere-

On With the Game

captains were inspecting the ground. "Don't like it." said the visiting skipper, shaking his head. "What don't you like?' 'asked the

"Hardly a blade of grass to be seen." "Well, you didn't come 'ere to graze,

"There is nothing so satisfactory as a clear conscience." "No." answered Senator Sorghum; "and the next best thing is a good lawyer."

having grey hair five years earlier BLACKHEADS

The salmon-canning industry in Can- | blackhead will be dissolved. The one blackheads. Satisfaction guaranteed or money refunded. P. W. SCARP & CO.

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nips at all unprotected parts. For frost bite, rub well with Minard'sit kills the pain-heals the injured



# DON'T SUFFER WITH DANGEROUS INDIGESTION

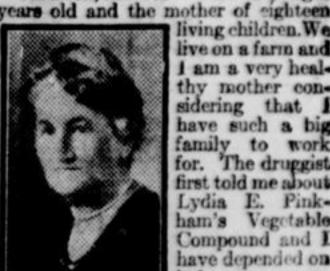
Do you suffer after meals with a belching, from sour and acid stomach? Many believe they have heart trouble and tremble with fear, expecting any minute to drop dead. This condition can be prevented, likewise relieved. Take Carter's Little Liver Pills after meals and neutralize the gases. Sweeten the sour and acid stomach, re-

lieve the gas and encourage digestion. The stomach, liver and bowels will be cleansed of poison, painful and dangerous indigestion disappears and the system enjoys a tonic effect. Don't delay. Ask your druggist for a 25c pkg. of Carter's Little Liver Pills.

# FROM MOTHER OF EIGHTEEN

Read How This Medicine Helps Her

Cardston, Alberta-"I am fifty-eight



living children. We live on a farm and I am a very healthy mother considering that have such a big family to work for. The druggis first told me about Lydia E. Pink-

When I had this picture taken, the photographer was telling me about his wife's ailments and after I told him about the Vegetable Compound he went to the drug store and bought her two bottles." Mrs. Bertha Sallen-BACE, SR., Cardston, Alberta.

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