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Some Dishes Came to England By Accident; Others By Honorable Design!

Made Good

Mistakes That

Pork without apple sauce is reminiscent of mustard without beef as threatened by Petruchio in the "Taming of the Shrew." It is significant, but in the country apple sauce, though its raw material is abundant, is seldom served with pork. If you are given anything with your pork it is usually country chutney. Thereby showing that pork was not originally served with apple sauce. Actually the babit comes from Yorkshire, where they are exceedingly fond of mixing sweets with their savouries. Legend has it that a famous Yorkshire gourmet, having partaken of a mighty home-killed leg of pork, felt nausea creeping over him and turned for relief to a wooden bowl full of pipping beside him. With the result that his indigestion was cured and the gourmet had found yet another dish to his palat

It is easy, then, to trace the origin of jam roly-poly with hot mutton, redcurrant jelly with the same, currant dumplings with beef, and orange sauce with duck. (The last an old and favorite recipe from the French Court of other days.'

In France they cultivate and eat the dahlia, having discovered quite by chance, when other food was short, that the bulbous root, cleaned, cut up and fried, makes a pleasant food.

An i in medieval England pigs were used to scent out the delivious truffle, which hides itself just beneath the ground. Truffles, also, are cleaned and cut in slices and fried, to resemble and even rival our friend the mush-

Cream and milk were used to soften the onet-ime harshness of tea until they are now a conventional habit; but the Chinese would shiver if you offered them such additions, preferring to "take it neat."

Ham and eggs is rumored to be the Secttish tribute to British culinary art, and when in olden times bacon was coarser, stronger, and salter than it is in our rarefied days, eggs were obviously used to tone down its saltness, or brine.

Tripe and onions hails from the home counties. Delving into a book of reminiscences, one finds that the old-time tripe dresser was a man of substance; that the dish flourished | Manchester Guardian (Lib.): It is greatly in the early part of the difficult to understand how anybody twentieth century and that not an could suggest that the recent disturto the other but boasted of being the tion to succeed in this task. . . . It is magnificent sum of threepence per back from a task such as this be shoulder of the hill.

portion. mon, currants, pastry, and milk, was

Many dishes there are that owe accident for their origin; they hail from Devon and from Cornwall, from the Midlands, from our coast and from Wales. It is possible, however, that no dish is quite so famous as the complement of bread sauce to turkey, and in this case economy was responsible; at one time the bread sauce outvied the turkey in its largesse. It was used to fill up the stomachs of these who required too much bird!

Siesta

My sword is on the tip-top shelf, The Spanish Main is quiet; Mamma is on the davenport And Grandma's on a diet.

Aunt Rose is on the captain's bridge Where all our foes can see, And there, in spite of canon balls, She drinks her tiresome tea.

The other grown-ups sit around With books upon their laps, And some are taking charcoal pills And some are taking naps.

And all you hear, throughout the sh Are cups and silver spoons, I wish I knew what pirates do

On Sunday afternoons. -Weare Holbrock in the New York Herald-Tribune.

Canada and Britain

London Morning Post (Cons.) Unity of policy is more desirable in the case of the Dominion and the Imperial Governments than in the case of Great Britain and the United States. For good or ill, Whitehall no longer controls the foreign affairs of the British Empire; Canada, for example under its Liberal Government, insists more and more upon separate representation in the chief capitals of the world, and it becomes, therefore, the more important that, as there is no most beneficient of Powers. If the Phillips Milk of Magnesia. It has re sake-now. agree to do things together.

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Dreaded anaemia banished,

TN middle life, when vitality is not as great as it once was, and the blood stream is naturally thinned and devitalized, anaemia easily lays hold on the system. At first, just a tired feeling, it quickly results in bodily weakness that ordinary tonics

cannot avail. Dr. Williams' Pink Pills then become a wonderful aid. They supply the necessary oxygen to the blood, increase the blood count and renew waning vigor.

"I was seized with annemia," writes Mrs. Charles Lambert of Port Hope, Ont., "and was in a very bad state. As a girl I had taken De Williams' Pink Pills for a run-down condition and decided to take them once more. Again the result was marvellous. In a little while I was fully well again.2

You cannot begin too early to check anaemia. Dr. Williams' Pink Pills are sold at your druggist's or by mail. postpaid, 50 cents, from The Dr. Williams Medicine Co., Brockville, Ont.



Britain's Task in Palestine

bringing upon us lasting shame.

mighty relish. It is also a native of content is without three good friends. | fore the glossy vines. .



"I have great pleasure in informing you that Kruschen Salts have worked wonders for me. I have been a great sufferer of liver and kidney trouble, and after trying one bottle bywn a different woman. I had to give up my work, but thanks to Kruschen Salts I am back at work again, and I give my son a little every morning, and I don't hear of the little complaints now which a child generally gets. He is happier and brighter. I have enclosed a snap-shot of son and self. I am 43 years, boy 6 years. I shall always highly recommend Kruschen, and I would not be without them myself in a hurry."

—(Mrs.) M. P. Original letter on file for inspection.

On Passamaquoddy HOW TO RELIEVE Cranberry Picking

Summer, mellow and heavy with clover until late in September, at last was gone. The keen days of October marched in flaming pageantry over the three farms along the river. "It's the fall of the year," Janet Mac-Quarrie reminded Debbie. "The cran-

more, Aunt Janet, that it's time to be preserving them for the winter, and ate use.

I've only been waiting till I was sure they were dead ripe.' "You'd best be doing it now, Debbefore the frost gets at them."

the rocky pasture.

Already the slopes of the Bocabec Hills were dotted with the first cranberry pickers. Debbie, working alone in the pasture, could see the Duncans half way up the hill. Beyond them cents a box from the Dr. Williams young Tony Lufti and his mother Medicine Co., Brockville, Ont. were busy on their knees. Still further up the rocky slopes a group of boys and girls had found some heavily General Smuts: laden vines and their shouts and laughter sounded clearly through the

crisp air. The small red cranberries rattled swiftly into Dibbie's pail. She had been working for some time in the cranberry patch of the rocky pasture when she heard her name called from the fence and saw that Mrs. Duncan bad come dow . the hill.

"It's a good cranberry year, Debble," she called "Some years seem to be good for everything-herring and cranberries and bay." Debbie left her pail on the ground

and went over to the fence. "This has been a good year for us all," she agreed. "Has the White Head Weir been doing well, Mrs. Duncart?" ried alone for so long. 'Ay, Debbie. Angus was saying only last week that if the herring

had for many a year." "For all Harbor By Chance, too, I'm thinking," was Debbie's grave reply.

"We're all glad of that, Debbie." The woman on the other side of the eating house from one end of London bances should shake our determina- fence turned away, and Debbie re- umphs in Europe he found acclamaturned to her cranberry patch. From tion at Capetown, it is true; but he originator of the salubrious dish. Ac- not always wrong or always undigni- time to time she heard the laughter also found gross cartoons in the Afritually, tripe and onions was original- fied for a nation to step back. On of the children clearly across the sun- kaans Press showing him as the ly concocted by a pleman, who sold the contrary, it is right and it is lit distance. She heard their shouts "Handyman of the Empire," in khaki it from door to door over two hun- dignified to step back when our duty when one discovered a new patch, and uniform, next to a baboon tied to a dred years ago, when it cost the to others demands it. But to step she saw them disappear around the pole.

cause we find it difficult and think it | Wave on wave of sunlight and of | This carried the bitter implication Peas pudding and pickled pork hails may be expensive, on the ground that shadow swept up from the asters, blue that he was a "khaki Boer"-of the from Kent. Pudding pie, that quaint it is demanded by our duty to our lat the river's edge, over the brown renegade sort who helped Britain durmixture of eggs-cum-rice-cum-cinna- selves, would be an act of cowardice fields and thickets of goldenrod, to ing the Boer war-tied to his Empire the masses of crimson maple on the pole like a captive baboon. The vilest Bocabec Hills. And on the rocky thing you can call a soldier is 'traitthe por on Easter Sunday as a He that wants money, means and slopes the cranberry pickers knelt be. or," and for years Smuts has had this

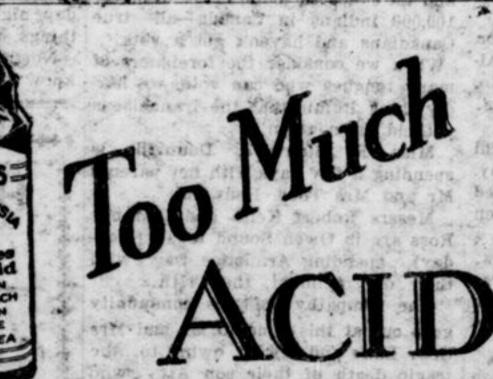
flock of crows flew across the sky tically from childhood to hate him. with a loud cawing. A woodpecker | A politician could have countered drummed on a tree nearby. Steadily with an even viler epithet, but I leave the scarlet berries filled Debbie's pail. you to imagine what pain this must -Francs Gillmor, in "Thumbcap have caused to a great and sensitive

FOR THE HAIR Ask Your Barber-He Knows

When you need any Circular saw-For woodormetal get a "SIMONDS":

-the specially tempered Steel
takes and holds a wonderful edge. our ne rest branche THE SIMONDS CANADA & Simonds

CT. JOHN, W.B.



Many people, two hours after eat- | You will never use crude method should be at least the unity of a com- ing, suffer indigestion as they call it. when you know this better method. mon purpose and a common policy. It is usually excess acid. Correct it And you will never suffer from excess To be at sixes and sevens would be with an alkalt. The best way, the acid when you prove out this easy in almost Biblical Afrikaens how "the to neutralize one of the greatest and quick, harmless and efficient way, is relief. Please do that-for your own

neutralizes many times its volume in clans for 50 years in correcting excess the alien got up in the front row and stomach acide, and at once. The acids. Each bottle contains full direc-Necessity is the mother of instal- symptoms disappear in five minutes. I tions—any drugstore.

Best, Vernon Carapbell, Kenneth Mig- Laurencer, Miles Charlotte bud Mr sed

All ploo. No ven coll 24; average al. Mrs.W. J. Allon, Nogmanny, were rec-

Baby's Own Tablets.

toms of a cold, such as sneezing, red-"I've been thinking for a week or always have on hand some simple safe and effective remedy for immedi-Baby's Own Tablets act quickly,

contain no opiates or narcetics, are tasteless and harmless. Concerning ble, or you'll not have them picked them Mrs. Jos. Cadieux, Holyoke, It was a day of flooding windy light Own Tablets for my children and find when Debbie at last took her pails to them a very satisfactory medicine. When my little boy had a cold I gave Chance and even from other settle- always benefited. I think Baby's Own ments around the bay, the women and Tablets, are much easier to give a to strip the vines of their scarlet fruit. recommend all mothers who have young children to keep a box of the

Baby's Own Tablets are sold by a

A Great Living

(By a Young Boer)

Rhodes Lectures at Oxford.

tion, a tragic genius penned into a must not die." small holding. Here at least he will find that the people are at last beginning to follow the Empire banner which he and a few like him have car-

Here Smuts is a world figure. All an easier winter for us than we've who would have saved Europe much misery, if only Europe's own statesknow that, in his own country, this "My father's well pleased with the former enemy of England has suffered more for the Empire than any Englishman has done.

When he returned from his tri-

A "Khaki Boer"

epithet flung at him. Many in South The sunlit moments hurried by. A Africa were, like myself, trained prac-

character such as that of General Smuts. The rural tub-thumpers still talk of Smuts and the Rand revolt, accusing him of causing bloodshed among his people of shooting his own blood flat, as the idiom runs. It is a tragedy common among the Boers, inevitable in a race in which the hot blood of the French runs be-

neath the phlegm of the Netherlander. The Boers were divided even on th Great Trek. It ise a greater tragedy still that Smuts should have had to apply his epic qualities to humble but necessary things such as trade treaty disputes and the bilingualism of railway porters. Kruger was the same. He had a brain like Solomon, and would have

towered over most of the statesmen of the past century if he had been

orn in Enurope. Lonely in the first place with the terrible loneliness of the intelectual. Smuts was further estranged from popular sympathy because the scene of his triumphs lay in a land which few of his own people had seen and which most of them knew only as a former enemy. He was nicknamed "Slim Jannie" (Sly Jock) for the same reason that made the average Berliner look upon the great Stresemann as a traffic light, facing all ways at

Before these vicious attacks Smuts was puzzled, hurt, but never resentful. That it caused him deep pain was obvious, for the love of the Boer for his people is a far more intimate thing than European nationalism. He had to stand by and see his enemies forge their way to popular heroism by path that he could only too easily have adopted himself.

Smuts Punished

I have seen him pathetically trying of him. He stood on a wagon in the Marico bushweld once and explained people had punished him for what he had done in the Rand revolt." It was British Empire is to pull its weight in mained for 50 years the standard with Be sure to get the genuine Phillips' lame, clumsy. I remember a meeting the world, its component States must physicians. One spoonful in water Milk of Magnesia prescribed by physi- near Pretoria, where an unscaped lit-

Feet Sore? Use Minard's Liniment.

practically made hay of the tall, solden-bearded figure on the platform Smuts was stammering, uncomfort

Most of Smuts' imperfections lie in Avoid Serious Results by Using people mentally. Socially, he has fewer pretensions than sty, the mayor When a child shows the first symp. charming, but cold. He cannot be vapidly effusive to bazear organizers. ness of the eyes, clogged or running If you disagree with him, he does not nose, prompt measures for relief may argue, but merely says you may do as avert serious results. Mothers should you please. He cannot call people

In Europe you are lucky. You always see Smuts at his great moments. In South Africa we only get the chance rarely, at times such as when he drove by car through the rebel-infested Rand, in the certainty that any Mass., says:-"I have used Baby's of the people he passed would have glee. He does not know fear.

tory resonant as Cicero's and graceful up the by-elections down there til as Burke's; at the unveiling of a war they are made more than mild initamemorial at the top of Table Mounttions of Donnybrook Fair. He cu tain, at De Wet's funeral, at the re- the Liberal majority in Compton dedication of Kruger's. memorial in the bone and his present campaign in

berg peaks. His mind is like a mel- the Federal field remains to be seen. low sun, embracing al a man's ac- But the fact remains that the Liberals At De Wet's funeral, under the great fiery Frenchman. There are still Conneedle of the Concentration Camp servatives in Quebec and if Mayor Memorial, he spoke like a Roman at Houde rallies them to the polls, who the bier of a brother fallen in civil knows but that the long-promised

On the top of Table Mountain his thing more than a pre-election dream Empire Figure words hung man's destiny in pictures before our eyes, from the time when he was a speck in the slime.

And now I must make the bitter General Jan Christian Smuts, the confession that to you in Europe, greatest living Empire figure, has ar- Smuts means more to us in South of gain, we should seriously consider rived in England and is delivering Africa. He is an intellectual. Shaw's how many goods there are that money King Magnus might be Smuts when General Smuts is no longer a Pre- he tells his grocer-like Prime Minismier sunk in the sterility of oppositer: "There are things in me which will not remedy, and these the worst. HOW TO PROTECT THEM

THE CALL OF THE WILD

oiled and all the other gear of the jamin Franklin. sportsman overhauled - the hunting season is under way. Reports from Englishmen know him as the grave the haunts of the moose, the bear and stay inshore for a little longer it'll be pleader at the Versailles Conference, the deer are like music in the hunter's ear. Game is plentiful. The dry spells in the spring were favorable for men had not barred the way. But few the game birds. Partridge are whirring and the curiew calling. There's plenty of them if you know where.

TORONTO girl is

Prize Winner...

"CONSTANCE was cross and fretful a lot," says Mrs. J. Flatt, 99 Highfield Road, Toronto,

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"California Fig Syrup has changed

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ly, improved her appetite and diges-

tion. She has had no trouble since;

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day friends say she's a regular

Mothers by thousands are prais-

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THE RICH, FRUITY LAXATIVE

AND TONIC FOR CHILDREN

are upset

twice as serious at night. A sud

den cry may mean colic. Or a

sødden attack of diarrhea-a con-

dition it is always important to check quickly. How would you

meet this emergency-tonight?

nothing that acts quite the same,

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For the protection of your wee

one-for your own peace of mind

-keep this old, reliable prepara-

endorse it. A pure vegetable prod-

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Blending Red Rose Tea is an art. To obtain the fine flavor and full-bodied richness required years of experience. Every package guaranteed.

E A "is good tea" RED ROSE ORANGE PEKOE is extra good

Is Quebec Waking Up?

Toronto Telegram (Ind. Cons.): We only see him at his greatest Mayor Houde, of Montreal, the new His thoughts then are gigantic. His up and doing. Whether the revival words are like a wind in the Drakens- the Ancient Province will spread into

Minard's Liniment for Coughs.

To cure us of our immoderate love | ple the world over. will purchase, and these the best, and how many evils there are that money -C. C. Colton.

The use of money is all the advant-Guns are bing examined, high boots age there is in having money .- Ben-

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BEST PAID WORK

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cause it helps tone and strengthen

creases; digestion improves with its

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name California. That marks

child and see how it helps!

it be an everyday aid. Its gentle

influence will ease and soothe the

nfant who cannot sleep. Its mile

whose tongue is coated because of

sluggish bowels. All druggists have Castoria; the genuine bears Chas. H. Fletcher's signature on

use! A youngster's entire system

Classified Advertisements

SITUATIONS VACANT hiltop, and there, too, the cranberry well the next day. I gave them to the vines were clinging. From Harbor By children for constitution of the conservative party in the has stirred to the conservativ

Ramsay MacDonald in the

London Daily Herald (Lab.); Mr. mere sentimental gesture, but an honest, well-planned effort to persuade the problem of giving effect to the

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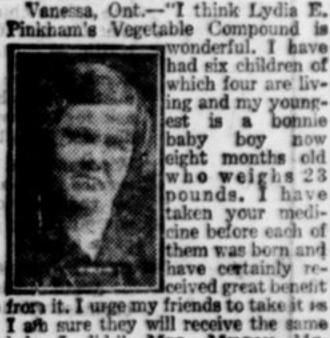
DE GELLE S GREEN HOUNTAIN

Earache

drops of liniment and four drops of sweet oil in it, mix and put one or two drops in the ear.



Read This Letter from a Grateful Woman



help I did."-MRS. MILTON MI MULLEN, Vanessa, Ontario.