

## Control of the Muscles

Minerva Hunter.

"Are you glad to be back?" Elliston Innes asked her wife when she returned from a visit to her people in the country. "I am afraid you will feel that our little apartment is noisy, after the bigness and quietness of the country."

Lucia smiled. "Quietness, Elliston? It is the noisiest place I have ever known. Poor little Sonny-boy did not get a full nap the whole time we were there."

"It would seem that with twelve large rooms in the house one quiet place could be found," mused Elliston.

"There is no quiet with Evans. He always was noisy, but now that his voice is changing it is hard on one's ears to be in the house with him. His arms and legs are so long he has difficulty in controlling them, and he moves awkwardly about the house, slams doors, jumps down the stairs, whistles and yells, and bumps furniture until other people are thankful when he goes out."

"What about Sonny-boy is older," Elliston suggested.

"The children have to be noisy to be healthy? I somehow doubt it. Couldn't they be trained to make their noise out of doors?" Lucia asked gaily.

"That reminds me of Aunt Rebecca and her boys," Elliston answered smiling. "She trained them to make their noise out of doors and they never crossed who was training them."

"Tell me about it."

"She started when they were mere toddlers," Elliston explained. "Practically everything she did with them had a quiet influence. Of course reading to them and telling them stories naturally would have that effect, but she made up games that gave them something to do quietly."

"One of the games she called 'The House.' As the boys grew older they changed it somewhat and named it 'The Day.' It involved going from one part of the room to another, opening and closing doors and picking up and putting down articles without making a noise. If the one blindfolded could tell where you were and what you were doing, you had to be blindfolded in his stead."

"Another game was called 'Secrets.' In this game the child went into the kitchen and, without whispering, told his mother three things he would like to dinner. The door into the next room was closed and the brothers listened from that side to hear what was said. If they could tell what was said and other of those articles appeared to be funny, then the boy who spoke so loudly received only one spoonful of the favorite dish. Unconsciously the children learned to speak softly."

"Still another game was called 'Secret's Point.' Each piece of furniture was the point of a sword and the aim of the game was to walk all around the room without getting 'so much as a scratch.' The boys liked to put the chairs close together and pass safely between them. Thus they learned to balance themselves and watch out for furniture."

"These games delighted me when I visited in the house and it was not until I was fully grown that I suspected why Aunt Rebecca had invented them. She did not prohibit noisy games, but required the boys to play them in the yard or in the barn loft which was given over entirely to them."

### G. B. SHAW IS SURE TUNNEY WON FIGHT

Says Film Inference of Count-Out in Seventh Round is "Stuff and Nonsense"

London—George Bernard Shaw, who has written about boxers and knows a good deal about the fisty art, now has added his opinion to that of others regarding Gene Tunney's near knockout by Jack Dempsey in the seventh round of the recent battle at Chicago.

While attending a private view of the fight film here Mr. Shaw dismissed contemptuously a caption which implied that Tunney was the real loser because he took full advantage of the count of thirteen.

"Stuff and nonsense," said the dramatist. "Tunney is quite able to get up. He is watching the referee closely. He has got his wits about him. See, he is on his feet, what a wonderful dancer he is."

Mr. Shaw's comment on the tenth round was: "Poor Dempsey! Ah, he is out. No the going just saved him. Was that the last round? I am glad Dempsey can march out with the honor of war."

## DEBILITY DUE TO INDIGESTION

Perfect Digestion Comes Through Rich, Red Blood.

There can be no perfect digestion unless you have rich, red blood. This is scientifically true. It is also true that there is no tonic for the stomach that is not a tonic for every other part of the body. The way, then, to tone up the stomach is to tone up the blood.

The many so-called stomach remedies merely try to digest your food for you. How much better it is to tone up the stomach so that it will do its own work as nature intended. There is no pleasure in eating pre-digested food. Tone up your stomach and your appetite and digestion will soon be normal.

If your digestion is weak and your blood thin you need the help of Dr. Williams' Pink Pills to enrich the blood and restore strength. In addition use care in the selection of your food and your stomach trouble will soon pass away. Mr. Gordon Dundas, Peterboro, Ont., tells as follows what this medicine did for him. He says: "Something over a year ago I was a gasoline salesman when I was taken sick. I felt miserable and lost twelve pounds in weight. I did not sleep well and could not eat as I could scarcely retain anything in my stomach. I went to a local doctor who told me the fumes of the gas had got into my system. He gave me some medicine and told me I had better go to the country for a change of air. I did so, but I still felt listless and groggy, and had no ambition. On the advice of a friend I decided to try Dr. Williams' Pink Pills. I had not been taking the pills long before I was beginning to rest better, and to eat fairly well. I kept on taking the pills until at the end of the seventh box I knew I did not need any more, as I had gained the weight I had lost, slept well and could eat anything. I have since had splendid health and cannot say too much in praise of Dr. Williams' Pink Pills."

You can get these Pills from any medicine dealer or by mail at 50 cts. a box from The Dr. Williams' Medicine Co., Brockville, Ont.

### Napoleon's Elba Villa Falling into Ruin

The villa built by Napoleon, on the island of Elba, in which he had probably intended to spend his declining years, is falling into decay. It was at one time the property of Anatole Demidoff, a Russian Prince, who purchased it from the Bonaparte family. Near by, the Prince built a museum in which costly paintings and sculptures were interspersed among many relics of the "Little Corporal." A collection of Sevres porcelain in the museum was said to be the finest in the world.

In 1873 Anatole Demidoff died and his nephew, Prince Paul, sold the contents of the museum at auction, including a tooth of the Emperor's, extracted when he was a child, and a lock of his hair taken from his head after his death at St. Helena.

Signor Gray, a Fascist member of the Italian Parliament, recently paid a visit to Elba. He viewed the condition of the historic villa with surprise, and has decided, it is said, to bring the matter before Mussolini. It is no longer the former, because all of the iron mines have been exhausted. And only prompt aid, it is reported, can prevent the latter attribute's becoming likewise inapplicable.

### When your tea doesn't taste right the chances are that it is put up in an inferior package. To be sure of getting tea of unvarying good quality, see that the package is rust, dust and damp-proof. In other words, make sure it is Red Rose Tea in the bright, clean, sanitary aluminum package—the finest container ever used for tea.

### British Pedestrian Carries Motor Horn

London—The Japanese police injunction to motorists to "tootle with vigor" in warning of their approach now has been emulated by a pedestrian in Southampton. A citizen who dislikes what Lord Dewar called "surviving by leaps and bounds" has fastened a small but strident motor horn to his walking stick and sounds it when about to cross a street.

The disconcerted motorists—hearing the warning but not seeing a motor—invariably pull up while the pedestrian calmly crosses the road.

A New York minister asserts that stopping crime is the work of the church. Judging by results, they must have been waiting to find out which church.

### Simonds Canada Saw Co. Ltd.

Edge-Holding Saws  
**SIMONDS SAWS**  
Fast Easy-Cutting  
MONTREAL TORONTO VANCOUVER ST. JOHN'S

### SPECTACLES ON 30 DAYS TRIAL

Non-Breakable Clear Vision  
Will give you a younger and yet more distinguished appearance  
Built for Strength, Comfort and Beauty. Light as a feather with smooth hand-polished nose bridge and gracefully curved temple bows that cannot cut the nose in case or ears. A work of beauty and a delight for the wearer.

Send No Money—Perfect Satisfaction Guaranteed  
I want to try your Spectacles for 30 Days. Will enable you to read the smallest print, thread the finest needle, see far or near. If you are not satisfied and delighted, if you do not think my spectacles are the best you have ever worn, send them back. You won't lose a cent. You are to be at only \$3.98 equal to those sold elsewhere at \$15.00, send them back. Beautiful case included FREE. Just send your name, address and age on the coupon below. I will also tell you how to get a pair for yourself without cost.

Crown Spectacle Co., Dept. 180  
I want to try your Spectacles for 30 Days. This places me under no obligation. Also please tell me how to get a pair for myself FREE.

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## A Province-Wide Campaign To Prevent Motor Accidents

Highway Safety Committee Takes Spectacular Steps to Make for Greater "Traffic Consciousness" — Laws and Regulations to be Rigidly Enforced

An interesting campaign has commenced in Ontario with the idea of lessening appreciably the number of motor car accidents. While a concentrated effort in accident prevention began on October 7 to last for a couple of weeks, the plan is to continue the work permanently in the hope that Ontario's streets and highways will be more safe for both motorists and pedestrians.

A serious problem has arisen in Ontario because of the sudden increase in the number of motor vehicles. At present nearly 400,000 cars are owned in the province. Even with this number the question of accident prevention would be of considerable proportions, but at certain times the number of visiting motor cars equals the number owned. Several counts last summer established this fact so that Ontario has to deal with nearly 800,000 individual motor drivers.

The chances are that this number will be exceeded during the touring season of 1928.

### Form Special Committee

To the end that accidents may be greatly lessened, a Highway Safety Committee has been formed. The chairman of this committee has as its executive the Ontario Minister of Highways, Hon. George S. Henry and the other members are W. G. Robertson, Secretary of the Ontario Motor League; J. F. H. Wyse, Secretary of the Ontario Safety League; S. J. Dickson, Chief of Police, Toronto; T. Marshall, Secretary of the Ontario Board of Trade; J. P. Bickell, Registrar of Motor Vehicles; and R. M. Smith, Acting Deputy Minister of Highways. Co-operating is an advisory committee comprising all editors, heads of municipal governments, police chiefs, presidents of boards of trade, automobile clubs and service clubs.

The executive have held a number of meetings during which every phase of the situation was discussed. The views of all experts were canvassed and finally boiled down to the conclusion that motor car accidents can be prevented by the exercise of common sense and courtesy. It was felt that the province had sufficient laws and regulations affecting motors. The next step was to impress the individual driver with a sense of his or her responsibility. It was ascertained that many drivers with years of experience had failed to realize the great increase in traffic, while the motor car had become so common that new drivers had not appreciated its dangers. In other words an effort had to be made to get the public "traffic conscious." Coming to concrete

measures, the Highway Safety Committee has taken several steps. The first was to have the Ontario Department of Highways are doing all in their power to suppress reckless driving, and those drivers who cut into traffic. It is planned to weed out such drivers by cancelling their licenses. Of course no mercy is being shown those who attempt to drive while under the influence of liquor. Drivers who suffer from any physical or mental infirmity that makes their a menace on the highway will also be refused licenses.

During September 54 convictions were registered for intoxication when in charge of motor cars. The penalties imposed varied from seven to thirty days, while every driver so convicted had his license to operate and his motor vehicle permit suspended. They could not drive and their cars were tied up. During the same month 68 motor vehicle permits were suspended for reckless driving and these drivers were prohibited from driving any car for periods ranging from three days to two years.

It was determined first to arouse this traffic consciousness in the public by a publicity campaign and by a rigid enforcement of laws and regulations. Co-operation was readily secured throughout the province on the part of the police, heads of municipal governments, and the traffic patrol officers.

Striking advertisements calling attention to the need of more care in accident prevention are appearing in most papers throughout Ontario. Posters are hung in every garage and filling station and stickers with the words "I'm for Care and Courtesy, Are YOU?" have been sent to every filling station and garage to be pasted in the lower right hand corner of windshields. Half a million of these stickers have already been sent out. Information was supplied to practically every newspaper so that the editors might call attention to what was being attempted. This information was used in many ways in the newspapers. The radio stations and motion picture houses also co-operated. Prominent men and experts on safety gave talks over the radio, the first one being given by Hon. Mr. Henry. Billboards are also used, so that nothing has been overlooked to arouse what officials call "traffic consciousness."

In the meantime officials of the Ontario Department of Highways are doing all in their power to suppress reckless driving, and those drivers who cut into traffic. It is planned to weed out such drivers by cancelling their licenses. Of course no mercy is being shown those who attempt to drive while under the influence of liquor. Drivers who suffer from any physical or mental infirmity that makes their a menace on the highway will also be refused licenses.

### OWL-LAFFS

A girl may express her individuality but pa usually pays the freight.  
Minard's Liniment for Lumbago.  
"He could not resist her lustrous orbs," says a serial. The eyes have it.  
If Mr. Coolidge doesn't choose to run he better not try to cross any of our down-town streets.

### Heats Quicker Saves Fuel

Comes to the boil far quicker than other wares. Gets the work done faster—thus saving fuel. The kettle sings sooner when it is SMP Enamelled Ware. The vegetables are done on time. You waste no time and you use less fuel. Ask your local hardware merchant for that economical, fuel-saving SMP Enamelled Ware.

Flirtation is attention without intention.  
Freedom from debt is one kind of freedom some folks never know.  
If you cannot boost or cannot help in any other way, keep still and don't knock and you will be doing something.  
Stealing a kiss is really only petting larceny.  
Theatrical folks as a class," says a writer, "do not take enough daily exercise." Yet how they enjoy a long run.  
A play two thousand years old was acted the other day; but it is not true that a number of revue-writers went with the idea of picking up new gags.

Old Lady (stopping "double-deck" bus in the pouring rain—"Any sitting room?"  
Cheerful Conductor—"No, ma'am; but there's a bath upstairs."  
There came a premonitory knock at the door, and into the editor's private sanctum walked a very angry man.  
"You are the editor?" he snapped.  
"Yes."  
"My name is Morgan T. David. Yesterday your paper printed an article about me. You called me a thief, a

robber, a blackleg and a lot of other things?"  
"We did," said the editor.  
"Well, sir, I'm here to tell you my middle initial is T. and not H. If you can't spell my name correctly, have the goodness to leave it alone."

While 65 per cent of the divorces are obtained by the wives, they also get 100 per cent of the alimony.  
The Skirtlet.  
When the grass with dew is wet; Little skirt, you need not fret; Up above it you're so high That you can't help keeping dry.

How many of us feel like arbitrating when we feel sure we can lick the other fellow?  
It's getting so the magazine ads are prettier than the covers.  
It seems the more money a man has the more reluctant he is about going to jail.

### IS THERE A BABY IN YOUR HOME?

Is there a baby or young children in your home? If there is you should not be without a box of Baby's Own Tablets. Childhood ailments come quickly and means should always be at hand to promptly fight them. Baby's Own Tablets are the ideal home remedy. They regulate the bowels; sweeten the stomach; banish constipation and indigestion; break up colds and simple fevers—in fact they relieve all the minor ills of little ones. Concerning them Mrs. Mollie Cabotte, Makamik, Que., writes: "Baby's Own Tablets are the best remedy in the world for little ones. My baby suffered terribly from indigestion and vomiting, but the Tablets soon set her right and now she is in perfect health." The Tablets are sold by medicine dealers or by mail at 25c a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Because a girl refused to marry him a man in Essex has stayed at home for fifty years; but we've known a man to do that just because the girl did marry him.  
We shall simply have to build more and bigger stadiums, that's all. It looks like they are being born even faster than one a minute.  
In the search for success, vision and foresight are both essential.

Will there be snow in England?  
In Scotland the ponds freeze and they go skating at Christmas, but England often sees a green December. It would be a wonderful change for you to go home; and the comfortable old lady is alone a good holiday. Are you going?  
The Anchor-Donaldson Steamer "Lettitia" leaves Montreal for Scotland on November 26th. The steamer "Aurora" leaves Montreal for the Channel Ports on November 25th.  
Special Christmas sailings from Halifax for the second week in December will enable you to arrive in plenty of time for plum puddings and haggis, bagpipes and pantomimes.  
Round trip from \$155.00 up; everything included. Children half fare. Your Steamship Agent will make all arrangements.

### Safe

Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets. Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monrovia, California, U.S.A. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitation, the Tablets of Bayer Company will be stamped with their general trade mark, the Bayer Cross.

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## RED ROSE TEA "is good tea"

RED ROSE ORANGE PEKOE is the "best tea you can buy"—flavored when only three days old—juicy, pucker-filled leaves. Now packed in Aluminum.

### Classified Advertisements

#### MUSICAL INSTRUMENTS

ULTRAPHONIC GRAMOPHONE, 33 U selections \$125.00 for \$150.00. Guaranteed. Tolson, 240 Mount-Royal, East, Montreal.

#### BUSINESS CHANCES

CAN START YOU IN PROFITABLE business making unbreakable glass substitute on wire base for porches, greenhouses, henhouses. Sample information sent. Box 261, Exeter, Ont.

FARMS FOR SALE. MANY BARGAINS. Write for free list farms. Mr. Douglas, Herkimer, N.Y.

MARRY—RELIABLE MATHEMATICIAN paper mailed free. Many Canadian people interested. Address Friendship Magazine, Medina, N.Y.

BOYS \$2.00 Given. NO SPORK. Simply sell 50 Sets of Our Famous Christmas Socks for 10c a set. When sold send us \$2.00 and keep \$2.00. We trust you till Xmas. St. Nicholas Sock Co., Dept. 604, W.L., Brooklyn, N.Y. U.S.A.

Commander Savage, of the American Legion, said in Paris: "It is a splendid sight to see European peace. It isn't, but it would be."

A generation ago there were a thousand men to every opportunity, while to-day there are a thousand opportunities to every man—Henry Ford.

### Sore Throat

Spread on brown paper and apply on outside. Reduces swelling and eases pain.

### MINARD'S "KING OF PAIN" LINIMENT

### RUN-DOWN AFTER BIRTH OF BABY

Ottawa Woman Made Strong by Taking Lydia E. Pinkham's Vegetable Compound

Ottawa, Ontario.—"I was terribly run-down after the birth of my third baby. I had awful bearing-down pains and was afraid I had serious trouble. I was tired all the time and had no appetite. My sister-in-law is taking Lydia E. Pinkham's Vegetable Compound and cannot praise it too highly, and asked me to try it. I have had splendid results and feel fine all the time now. Any one who needs a thorough pick-me-up soon learn from me what to take."—Mrs. HENRI PAQUIN, 312 Cumberland Street, Ottawa, Ontario.

### Terrible Backache

Hamilton, Ont.—"After my baby was born I had terrible backache and headaches. I could not do my work and felt tired from the first minute I got up. But worst of all were the pains in my sides when I moved about. I had to sit or lie down for a while afterwards. I could keep my house in order, but many things had to go undone at the time, because of my ailments. I was told by a neighbor to take Lydia E. Pinkham's Vegetable Compound, as she said it would build me up. I was relieved before I had taken the first one and have not had any trouble like it since."—Mrs. T. MARLEY, 60 Burton Street, Hamilton, Ontario.

### Safe

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