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A NORWEGIAN HOME

Isak set to work making a seat for the cart. . . And when he had got the seat made it looked so white and new that it had to be painted darker. As for that, there were things enough that had to be done! The whole place wanted painting, to begin with. And he had been thinking for years past of building a proper barn with a bridge, to house in the crop. He had thought, too, of getting that saw set up and finished; of fencing in all his cultivated ground; of building a boat on the lake up in the hills. Many things he had thought of doing. . .

Paint he would, in any case; that was decided and emphatic. The buildings stood there grey and bare—stood there like houses in their shirt-sleeves. There was time yet before the busy season; the spring was hardly begun yet; the young things were out, but there was frost in the ground still.

Isak goes down to the village, taking with him a few score of eggs for sale, and brings back paint. There was enough for one building, for the barn, and it was painted red. He fetches up more paint, yellow ochre this time, for the house itself. . .

When Isak had given his walls a first coat, he went down to the village again and brought up all the paint he could carry. Three coats he put on in all, and white on the window-frames and corners. . .

To-day Christopher and I made out our seed orders. Delightful task! to be undertaken only when mood and opportunity are precisely right. One must have plenty of time, with no least sense of pressure or hurry; one must have a tranquil, optimistic mind. For the matter of that, the seed catalogues take care of the latter trait—almost too well—to the endangering of the tranquility. . .

This year, in the interests of a less busy summer than last year's or the year-before's, Christopher and I took pains to remind each other of certain disappointments. Arctotis grandis, hopefully sown for several seasons, has never done well with us. Stock and snapdragon ought to be sown in the house, and we have not had very good luck with that method. Marigolds tend to break at the neck; calendulas are more satisfactory, though they have not such a nice name. We must not plant too many squashes or string beans; last year we had to throw quantities away. Let us by all means make this a season of reserve and limitation; let us confine ourselves to a few plants we can trust. . .

There is something comically inevitable about the exuberance of the seed catalogues. It was too much for Christopher and me. In no time at all, we were reading out loud to each other antiphanally. "No garden ought to be without this charming plant! Let's try it!" "This noble melon—I'll certainly have to have that." Considerations of drought or deluge, weeds, cut-worms, blight, aphids, all were forgotten. . .

On the whole, we have come out pretty well with our list this year. . .

Then Isak washes out the cart down by the river, and puts the seat in. Talks to the lads about a little cursey; he must make a little journey down to the village. . .

"But aren't you going to walk?"
"Not to-day, I've got into my head to go down with horse and cart to-day."
"Can't we come too?"
"You've got to be good boys, and stay at home this time. Your own mother'll be coming very soon, and she'll learn you a many things."
Elesus is all for learning things; he asks: "Father, when you did that writing on the paper—what does it feel like?"
"Why, 'tis hardly to feel at all; just like a bit of nothing in the hand."
"But doesn't it slip, like on the ice?"
"What slip?"
"The pen thing, that you write with?"
"Ay, there's the pen. But you have to learn to steer it, you'll see."
But little Sivert he was of another mind, and said nothing about pens; he wanted to ride in the cart; just to sit up on the seat before the horse was put in, and drive like that, driving ever so fast in a cart without a horse. And it was all his doing that father let them both sit up and ride with him a long way down the road. . .

From "Growth of the Soil," by Knut Hamsun, translated from the Norwegian by W. Worster, M.A.

Mary Jane's Career.
"What shall we do with Mary Jane?" is a question which thousands of fathers and mothers are asking every year. Mary Jane may belong to a clever family—but she isn't clever herself. At least, her parents and sisters don't think she is. She enjoys "pottering about" in the kitchen; she likes doing housework. . .

Well, why not give her the career she is so obviously fitted for? That doesn't necessarily mean making Mary Jane a domestic servant, though "service" is usually quite comfortable nowadays, and a capable girl can qualify herself for quite a good position in it. . .

Where her parents can afford it, however, it is better to give Mary Jane a course in domestic science. Apart from the teaching of this subject in the schools, which is open to women with a University training in it, there are good positions to be had in the catering departments of hospitals, colleges, and similar institutions. . .

Hotel and restaurant work also offers many opportunities to-day. Such posts as managers are likely to go in future to the woman who has a domestic science training. She will probably have to work in the various departments of the business for a little in order to gain experience, but it would be worth it. . .

At 15,000 Weddings.
It was claimed by Mr. T. G. Boulden, who has died at Devonport, England, where he had been registrar of marriages for half a century, that he had officiated at 15,000 weddings.

Live Entirely on Flesh.
Polar Eskimos of Greenland live entirely on the flesh and blubber of the animals they kill.

ALMOST HELPLESS WITH RHEUMATISM

A Nova Scotia Lady Tells How She Found Relief.

Among the well-known residents of Nuneveh, N.S., is Mrs. William Silver, who tells for the benefit of other sufferers how she found relief from a severe attack of rheumatism. Mrs. Silver says:—"In the early fall of 1926, I contracted a cold which developed into a severe attack of muscular rheumatism. In fact, it almost totally disabled me, and I suffered great agony most of the time. After trying in vain to get something to relieve me, I decided to take Dr. Williams' Pink Pills, which I had heard highly recommended. I may say that the quick relief they afforded really surprised me, and after taking some six boxes of the pills every twinge of the rheumatism had gone, and I am now feeling better than I have been for some years past. The pills not only banished the rheumatism, but helped me in many other ways."
Try Dr. Williams' Pink Pills for anaemia, rheumatism, neuralgia, nervousness and stomach trouble. Take them as a tonic if you are not in the best of physical condition and cultivate the resistance that will keep you well and strong. Sold by all druggists or sent by mail at 50 cents a box by The Dr. Williams' Medicine Co., Brockville, Ont.

Ordering Seed.
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Live Entirely on Flesh.
Polar Eskimos of Greenland live entirely on the flesh and blubber of the animals they kill.

It is composed exclusively of seeds which are to be "sown in the open ground when all danger from frost is over" (as if one could ever fix that date in Ontario) and which have an established reputation for prosperity.

Oatmeal.

Much has been said for and against oatmeal and oatmeal porridge. The old story will bear repetition. Dr. Johnson defined oats as a grain used in England for horses, and in Scotland for men. The retort was: "And where do you find such horses and such men?"

Certain adverse critics, such as Professor Mellanby and others, object to oatmeal because it is "deficient in vitamins." The term vitamins appears to have become a peg upon which certain learned folk are hanging a promiscuous lot of tatters. . .

We understand the importance of vitamins, but we know that half a glass of milk, a teaspoonful of raw cabbage, two teaspoonfuls of cooked cabbage, a small portion of any other vegetable, or some fruit, raw or cooked, will furnish all the vitamins required for a day's meals. . .

The simple old dish of oatmeal porridge, or other cereal, and milk, furnishes excellent food; but is heavy—not light, as is sometimes supposed. When taken in quantities beyond nature's powers of assimilation, it causes indigestion with flatulences, due to fermentation. . .

One of the occasional results is the "porridge rash"; this may be cured or prevented by taking less porridge and eating a little fruit raw or in the form of jam. . .



Only Natural.
Medium—"Her spirit is very slow in answering the call."
"Sail right, lady, sea take ye time. When I married her she was a telephone operator."

These Will Come.
There will come soft rains and the smell of the ground,
And swallows calling with their shimmering sound;
And frogs in the pools singing at night,
And wild plum trees in tremulous white;
Robins will wear their feathery fire
Whistling their whims on a low fence wire. . .

—Sara Teasdale,
in Harper's Magazine.

Tony was having his second son christened and, being very anxious to have his name recorded correctly on the birth certificate, remarked to the clergyman:

OWL-LAFFS



O. W. L.
(On With Laughter)

When a writer has something to write, that's inspiration; when he has to write something, that's drudgery. . .

Why Not Handle a Woman Electrically?
If she is willing to come half-way—Meter.
If she will come all the way—Re-coil.
If she wants to go still further.—Dis-patcher.
If she gets too excited—Controller.
If she talks too long—Interrupter.
If her way of thinking is not yours—Converter.
If she picks your pockets—Detector.
If she sings inharmoniously—Tuner.
If she wants chocolates—Feeder.
If she gossips too much—Regulator.
If she is wrong—Rectifier.
If she is a poor cook—Dis-charger.

Wales' Great Day.
Patriotic Welshmen decorated their mantelpieces with the leek on March 1, for this plant is the emblem of their Saint, whose feast falls on that day. . .

Free With Every Treatment.
With mud she daubs her rosy cheeks,
Likewise her dimpled chin,
And thus indomitably seeks
Eternal youth to win.

Minard's Liniment for rheumatism.
To-day is your day and mine; the only one we have; the day in which we play our part. What our part may signify in the great world we may not understand, but we are here to play it, and now is our time.—David Starr Jordan.

Government Pamphlets You Ought to Have
ONE tells about beautifying the grounds around your home—the other, how to get bigger crops from the same soil. "Crop Rotation and Soil Management"—Goes into this matter fully. Gives best rotations for dairy farms, mixed farms, and those farms specializing mostly in grains and clover seeds. Is based on years of experience at Dominion Experimental Farms. Tells how best to utilize clay, sandy and peat and muck soils, and what to do with hill-sides and rolling land. "Annual Flowers"—Lists the flowers that grow best in each locality across Canada. Enables you to select those most suitable to your district. Gives details as to coloring, height, planting dates, etc. There are over five hundred free government pamphlets on all the different branches of farming. Write for the 1927 list. Fill in and mail this slip POST FREE to:

PUT STOMACH IN ORDER AT ONCE
"Pape's Diapepsin" for Gas, Indigestion or Sour Stomach

Instantly! Stomach corrected! You never feel the slightest distress from indigestion or a sour, aching, gassy stomach, after you eat a tablet of "Pape's Diapepsin." The moment it reaches the stomach all sourness, flatulence, heartburn, gases, palpitation and pain disappear. Druggists guarantee each package to correct digestion at once. End your stomach trouble for few cents.

You can rely on SHILOH FOR COUGHS

Dickens.

Yes, he had many grave faults. So had Sir Walter and the good Dumas; so, to be candid, did Shakespeare himself—Shakespeare, the king of poets. To myself he is always the man of his unrivaled and enchanting letters—is always an incarnation generous and abundant gaiety, a type of beneficent earnestness, a great expression of intellectual vigor and emotional vivacity. I love . . . to reflect that even as he was the inspiration of my boyhood so is he the delight of my middle age. I love to think that while English literature endures he will be remembered as one who loved his fellow-men, and did more to make them happy and amiable than any other writer of his time.—W. E. Henley, in "Views and Reviews."

MAKE CARE OF BABIES EASIER

Stomach disturbances and constipation are responsible for much of the peevishness of babies and young children. When the baby is cross or irritable the mother should not resort to so-called soothing mixtures to correct the trouble, for in the majority of cases these mixtures simply drug the child into an unnatural sleep. What is needed is a gentle laxative that will sweeten the stomach and regulate the bowels. Such a remedy is found in Baby's Own Tablets. They are easy to take and guaranteed to be entirely free from opiates and narcotics. Concerning them, Mrs. Jos. Toussaint, Ste. Sophie, Que., writes:—"I would like all mothers to know that I feel there is no other medicine to equal Baby's Own Tablets. I always keep a box in the house and their prompt use never fails to restore my little ones to health." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

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Now packed in Aluminum, the same as years ago.

RED ROSE TEA

"is good tea"

RED ROSE ORANGE PEKOE is extra good.

An Old Cameo.
Within an oval of unshaded blue The figure of a dancing nymph is seen. Moving with measured step and air serene

In some enrapturing dance that wood-folk knew
In days when skies were of a softer hue,
And forests wore a more delicious green
Than now. And nevermore such shape and mien
Beneath the skies shall happy mortals view.

Of less unearthly grace the forms appear
The keen frost carves from crystal.
We may bless
The wind of time that froze this airy sprite
To immobility and kept her here
In all her fragile, gleaming loveliness
Through these unchanging years for our delight.

—Antoinette Scudder.
Buried Cities.
Buried cities which are being unburied in India prove that there was a mighty empire in that country 2,500 years ago. These cities had been built on top of one another.

Wine still preserved in the cellars of a wine-dealer in London dates back to 1540 and 1651.

PATENTS

A list of "Wanted Inventions" and Full Information sent Free on Request. Write to: The Ramsay Co., Dept. 23, Bloor St. W., Ottawa, Ont.

"Buckley's" for Throat Health

A sip night and morning relieves soreness and hoarseness, and prevents more serious developments. A bottle of Buckley's—40 doses for 75 cents—is an economical guarantee of healthy throats for the whole family. Pleasant to take—Instant in action—positive in relief. All druggists sell it.

W. K. Buckley, Limited, 523 142 Mutual St., Toronto 2

BUCKLEY'S MIXTURE

Acts like a flash—single sip proves it

ATHLETES!

Minard's will limber up stiff muscles and sore joints. Use it for a rub down.

MINARD'S "KING OF PAIN" LINIMENT

FOR COLDS



ASPIRIN

Proved safe by millions and prescribed by physicians for

Colds Neuralgia
Pain Lumbago
Headache Neuritis
Toothache Rheumatism

DOES NOT AFFECT THE HEART

Safe

Classified Advertisements.
P. ANVARD PIERON KING FEE WILSON C. LINDERS and associates. Guaranteed for 12,000 miles. Patent Motor Bus Co., 22-24 From St. W., Toronto.

UNBREAKABLE GLASS FIBRETECH FOR poultry houses, hot beds, greenhouses, plant burn plants. Delivered 450 square feet. Forries Poultry, Elms, Ont.

HEALTH GLASS.
UNBREAKABLE GLASS FIBRETECH FOR poultry houses, hot beds, greenhouses, plant burn plants. Delivered 450 square feet. Forries Poultry, Elms, Ont.

BUILDERS' SUPPLIES.
HEAVY PLATE-GLAZED ROOFING, 12, 18, 24, 30, 36, 42, 48, 54, 60, 66, 72, 78, 84, 90, 96, 102, 108, 114, 120, 126, 132, 138, 144, 150, 156, 162, 168, 174, 180, 186, 192, 198, 204, 210, 216, 222, 228, 234, 240, 246, 252, 258, 264, 270, 276, 282, 288, 294, 300, 306, 312, 318, 324, 330, 336, 342, 348, 354, 360, 366, 372, 378, 384, 390, 396, 402, 408, 414, 420, 426, 432, 438, 444, 450, 456, 462, 468, 474, 480, 486, 492, 498, 504, 510, 516, 522, 528, 534, 540, 546, 552, 558, 564, 570, 576, 582, 588, 594, 600, 606, 612, 618, 624, 630, 636, 642, 648, 654, 660, 666, 672, 678, 684, 690, 696, 702, 708, 714, 720, 726, 732, 738, 744, 750, 756, 762, 768, 774, 780, 786, 792, 798, 804, 810, 816, 822, 828, 834, 840, 846, 852, 858, 864, 870, 876, 882, 888, 894, 900, 906, 912, 918, 924, 930, 936, 942, 948, 954, 960, 966, 972, 978, 984, 990, 996, 1002, 1008, 1014, 1020, 1026, 1032, 1038, 1044, 1050, 1056, 1062, 1068, 1074, 1080, 1086, 1092, 1098, 1104, 1110, 1116, 1122, 1128, 1134, 1140, 1146, 1152, 1158, 1164, 1170, 1176, 1182, 1188, 1194, 1200, 1206, 1212, 1218, 1224, 1230, 1236, 1242, 1248, 1254, 1260, 1266, 1272, 1278, 1284, 1290, 1296, 1302, 1308, 1314, 1320, 1326, 1332, 1338, 1344, 1350, 1356, 1362, 1368, 1374, 1380, 1386, 1392, 1398, 1404, 1410, 1416, 1422, 1428, 1434, 1440, 1446, 1452, 1458, 1464, 1470, 1476, 1482, 1488, 1494, 1500, 1506, 1512, 1518, 1524, 1530, 1536, 1542, 1548, 1554, 1560, 1566, 1572, 1578, 1584, 1590, 1596, 1602, 1608, 1614, 1620, 1626, 1632, 1638, 1644, 1650, 1656, 1662, 1668, 1674, 1680, 1686, 1692, 1698, 1704, 1710, 1716, 1722, 1728, 1734, 1740, 1746, 1752, 1758, 1764, 1770, 1776, 1782, 1788, 1794, 1800, 1806, 1812, 1818, 1824, 1830, 1836, 1842, 1848, 1854, 1860, 1866, 1872, 1878, 1884, 1890, 1896, 1902, 1908, 1914, 1920, 1926, 1932, 1938, 1944, 1950, 1956, 1962, 1968, 1974, 1980, 1986, 1992, 1998, 2004, 2010, 2016, 2022, 2028, 2034, 2040, 2046, 2052, 2058, 2064, 2070, 2076, 2082, 2088, 2094, 2100, 2106, 2112, 2118, 2124, 2130, 2136, 2142, 2148, 2154, 2160, 2166, 2172, 2178, 2184, 2190, 2196, 2202, 2208, 2214, 2220, 2226, 2232, 2238, 2244, 2250, 2256, 2262, 2268, 2274, 2280, 2286, 2292, 2298, 2304, 2310, 2316, 2322, 2328, 2334, 2340, 2346, 2352, 2358, 2364, 2370, 2376, 2382, 2388, 2394, 2400, 2406, 2412, 2418, 2424, 2430, 2436, 2442, 2448, 2454, 2460, 2466, 2472, 2478, 2484, 2490, 2496, 2502, 2508, 2514, 2520, 2526, 2532, 2538, 2544, 2550, 2556, 2562, 2568, 2574, 2580, 2586, 2592, 2598, 2604, 2610, 2616, 2622, 2628, 2634, 2640, 2646, 2652, 2658, 2664, 2670, 2676, 2682, 2688, 2694, 2700, 2706, 2712, 2718, 2724, 2730, 2736, 2742, 2748, 2754, 2760, 2766, 2772, 2778, 2784, 2790, 2796, 2802, 2808, 2814, 2820, 2826, 2832, 2838, 2844, 2850, 2856, 2862, 2868, 2874, 2880, 2886, 289