

## BEST ONTARIO FODDER CROPS SELECT MARKETABLE POTATOES

BY O.A.C. EXPERT.

For nineteen years in succession an experiment has been conducted throughout Ontario in comparing hairy vetches, grass peas and common spring vetches or fodder production. The results for this whole period show the following average yields of green fodder per acre per annum: Hairy vetches, 8.6 tons; grass peas, 7.5 tons; and common spring vetches, 6.7 tons. These are all leguminous crops whose feeding value is high. It is unfortunate that the seed of hairy vetches is expensive and as a consequence the crop which in the co-operative experiments has given the highest average yield per acre is grown in Ontario to quite a limited extent. In 1923 soy beans replaced common spring vetches in this experiment and outyielded the other two varieties included in the test. In 1925 only two reports were received and these show little difference between the three crops in average yield per acre. In 1926 in the average of five successfully conducted experiments soy beans gave the lowest yield per acre of the varieties included in the test. The highest yield was produced by the hairy vetches with a yield of 6.5 tons per acre.

### SUNFLOWERS, SORGHUM AND FIELD CORN.

Mammoth Russian sunflowers, White Cap Yellow Dent corn and Early Amber Sugar Sorghum have been used in the co-operative experiments in each of the past six years. In 1926 as well as in the average of the six years' results the sunflowers gave the highest and the sorghum the lowest yields per acre. Sunflowers are grown in Ontario to a limited extent alone and for mixing with corn for silage. This crop can be successfully grown in the northern sections of the Province where the season is too short for Indian Corn. In favorable seasons on a warm sandy loam type of soil sorghum may be grown, in Ontario with success.

### MILLETS AND SUDAN GRASS.

Japanese Panicile Millet, O.A.C. No. 92 Millett and Sudan Grass were tested in the co-operative experiments in 1926, the O.A.C. No. 92 variety of millet surpassing the Japanese Panicile, however, was less than 2 per cent. for the whole period. The percentage of small potatoes (potatoes less than 1½ inches in diameter) of the Irish Cobbler variety was 12.5 and of the Green Mountain variety 10.

In 1926 in the average of 165 successfully conducted experiments which was the largest number since 1914 the yields of potatoes per acre were as follows: Green Mountain, 226.5 bushels; Dooley, 190.1; and Irish Cobbler, 177.9 bushels. The Dooley variety produced a higher percentage of marketable potatoes than either the Green Mountain or the Irish Cobbler varieties.

### The Baby Chick Says:

Do not feed me as soon as I am out of the shell. I have a good deal of rich food in my body. Let me make use of this before you offer me something to eat. When I am 48 hours old I begin to get hungry. Then rolled oats tastes very good to me.

Do not put too many of us little fellows in the same box, basket or brooder. We are not nearly so likely to pile up and smother each other when there are less of us.

Give me plenty of warm sunshine. I like to be outdoors, the same as you, where I can enjoy the sunshine, run around all I like, play, and hunt worms and insects.

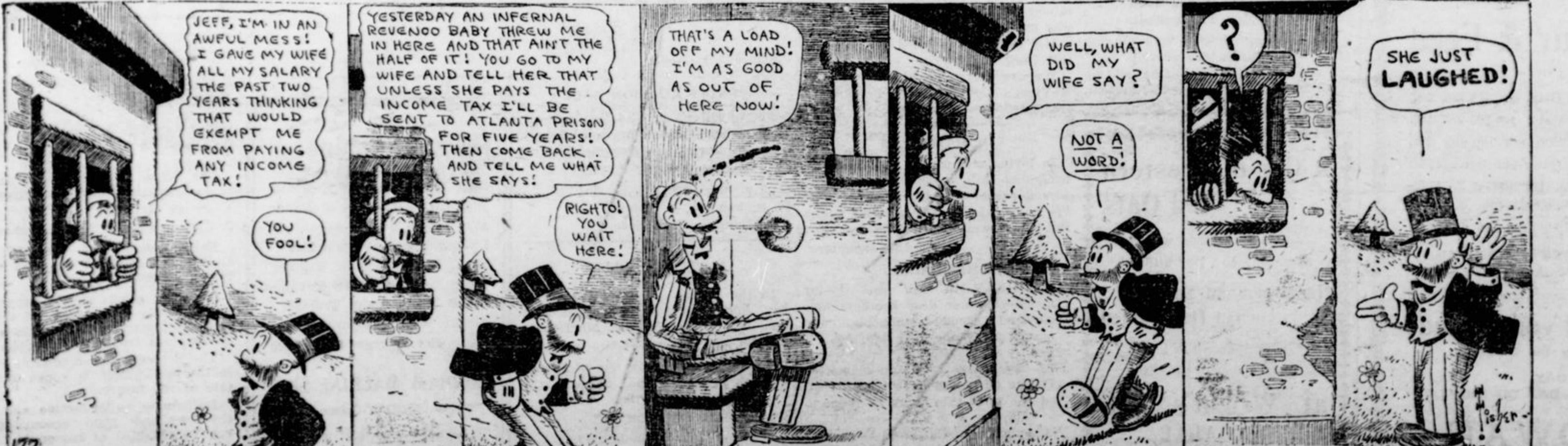
Do not feed me the same food day after day. How would you like oatmeal for breakfast, oatmeal for lunch and oatmeal for dinner—oatmeal the day in, and oatmeal the day out, week after week? I like rolled oats, but I also like other grain foods, milk, cheese, hard-boiled eggs and other foods.

I get cold very easily. I like a warm place to go to for a rest and a nap—especially do I like such a place in cold, windy days.

I do not like to be left out in the rain any more than you do. Be sure to give me a house or other shelter.

### Mrs. S.

MUTT AND JEFF—By Bud Fisher.



## Sunday School Lesson

April 3. Peter Becomes a Disciple of Jesus, Mark 1: 14-18, 29-31. Golden Text—Come ye after me, and I will make you to become fishers of men.—Mark 1: 17.

### ANALYSIS.

I. THE CALL OF JESUS AND PETER'S RESPONSE, 14-18.

II. JESUS IN PETER'S HOME, 29-31.

INTRODUCTION—During the Quarter which now opens we are to engage in the regular study of the religious experience and teaching of Peter, and our object will be "to discover from his life and letter the contribution of Peter to Christian belief about Jesus, and how this belief should influence our lives." How rich and rewarding a field of enquiry this will be apparent to all who consider with what a wealth of voluminous detail the history of the apostle is delineated in the gospel and in the Acts. Peter comes closer to us than any of the other disciples of Jesus. He is the most outspoken and the most transparent, the most passionate and human of the group, and in him more than in any of the others we are able to observe the process by which a willful and variable child of nature is transformed into a strong and resolute man of God.

Before any person can make a contribution to Christian faith or influence the Christian lives of others, there must first be a receiving by that person of the gift of God in Christ. It is of Christ's friends that we all live. Peter's life ought most of all to be studied as a response to the Christ who, as we read in today's lesson, entered so marvelously and so unexpectedly into his life. With many virtues and not a few failings, Peter possessed an unusual power of recognizing the divine in life when it was presented to him. He was extraordinarily sensitive to the spiritual greatness of Jesus, and to this divine quality, and to a great warmth-heartedness of nature, we may trace most of the history which is now to unfold itself before us.

I. THE CALL OF JESUS AND PETER'S RESPONSE, 14-18.

Vs. 14, 15. Before we come to Peter's call as a disciple, we must understand the business which Jesus had for him to do. What was Jesus himself engaged in doing? What object had he set before him? The evangelist answers: "Jesus came into Galilee, preaching the gospel (literally, 'glad tidings') of God, and saying, The time is fulfilled, and the kingdom of God has come near: repent, and believe in the glad tidings." There are two things here. First, the announcement that the kingdom of God, the promised salvation, was at hand. Secondly, the summons to us to turn or turn toward God, and thus to prepare themselves to enter the kingdom.

This call of Jesus to people of his time was inspired by the certainty, which had come to him at his baptism, of being God's Messiah. God had given him this revelation, which accordingly becomes "glad tidings" of salvation to men. Whereas it was commonly thought that much time must elapse before God could set up his everlasting kingdom, Jesus said that the time was now at hand. Whereas men said that "signs" must still be awaited, Jesus said that God had given the sign, and that if men would surrender their wills to God the kingdom would be come near.

V. 16. It is in connection with this mission to Israel that Jesus now fixes his choice on Peter. He finds Peter and his brother Andrew manipulating a casting net on the Lake of Galilee. As we saw in a former lesson, Jesus chose his disciples not from the idlers of Galilee, but from the men of toil. The spectacle of their work, the thought of the qualities to which it had induced them, the spiritual significance of the work, so strangely suggestive of the winning of souls to God, his own knowledge of their characters made Jesus stop and deliver to the two men the summons which the next verse records.

V. 17. The summons is: "Come after me, and I will make you fishers of men." Jesus had a greater task for Peter than that on which he was till this time engaged. He calls him to a part in the mission of winning the men of Israel for God.

V. 18. The response of Peter is instantaneous. He leaves his nets, and takes the road after Jesus. The immediateness of his action reveals the spiritual attraction or magnetism of Jesus and Peter's susceptibility to that magnetism.

### HOW TO ORDER PATTERNS.

Write your name and address plainly, giving number and size of such patterns as you want. Enclose 20c in stamps or coin (coin preferred; wrap it carefully) for each number and address your order to Pattern Dept., Wilson Publishing Co., 73 West Adelaide St., Toronto. Patterns sent by return mail.

### USES FOR BREAD DOUGH.

Coffee cake is often made on "bread day." To two or three cupsfuls of dough add one egg, one-fourth cupful sugar, butter size of an egg (melted), a little nutmeg. Work with the hand until perfectly blended and smooth, pour

## COOK FOR TO-MORROW, TOO ADVANTAGE OF PLANNED SURPLUS

BY FLORENCE TAFT EATON.

Headwork must help housekeepers if they are to keep pace with the times. Nowhere is this principle more successfully applied than in cooking. Therefore, if you keep the following day in mind when cooking for the present day's meals, you will cook not only what you need for the dish you are concocting for Tuesday's dinner, but will also have Wednesday (or Thursday) in mind.

There are certain every-day-cooked staples that I always make in quantity and plan to keep on hand (in icebox or pantry), and I find this habit a great time-saver.

Potatoes, for instance—I always boil more than needed for the meal impending. Next day they are ready to cream, fry or hash. For breakfast, I can dice, sauté in bacon fat (adding left-over corn the last five minutes), and season with salt, pepper and minced parsley. Or dice, sauté, and just before taking up, push aside in the middle, break in an egg or two, and scramble potato and egg together lightly after the egg has begun to set; or, the potatoes are all ready for vegetable or meat hash. Or, scallop the potatoes, them, dice, with cream sauce, pouring them into a buttered glass baking-dish, topping with crumb and butter—and brown in a quick oven; this is delicious. Next day take the remainder of fish, add more diced potato and a little diced celery if hand, combine with homemade mayonnaise or boiled salad-dressing, and serve the delicious resulting salad on lettuce or shredded cabbage. Always wash a whole (big) head of lettuce or several small ones, roll in a piece of cheese-cloth, put in a cool place and have it ready for two or three salads. It is no more work to wash and roll a lot a little. Also, in winter, keep cabbage on hand for cole-slaw or combination salads; this is full of vitamins, very healthful and should be served often.

### MASHED POTATOES.

I always make a double quantity. Smoothed into a buttered baking-dish, topped with grated cheese or melted butter, you have a delicious potato dish with no trouble. Or, you can brown it in the frying-pan like an omelette. Also, we often mix left-over mashed potato with shredded fish and brown it in the frying-pan, providing a nice, quickly made main dish for breakfast or luncheon.

SAUCES.

Make twice as much cream sauce as you need for the dish at hand, and the next day's creamed dish can be prepared in a minute. Or, plan to use the sauce left over as foundation for cream soup for next day, adding enough hot milk or water in which vegetables have been cooked to make it the right consistency, and a little puréed left-over cooked vegetable for flavor. If milk is used, season highly.

Make enough sauce of fresh tomatoes for two or three days; in winter make a quart can of tomato juice at once. The surplus is ready to add to cream soup for mock bisque, to add liberally to chopped meat which is to be warmed up and put on toast for lunch or supper, or to surround Hamburg steak. There are dozens of delicious dishes of which tomato sauce is a part.

Home-made mayonnaise or boiled salad dressing can be made in liberal quantities, as both keep well.

### HAMBURG STEAK.

I always plan to have from one-fourth to one-half pound of cooked Hamburg steak left over. Next day I run that "left-over" through the meat chopper, add a very liberal amount of highly seasoned tomato sauce and put on toast for a main lunch or supper dish; or I make "beef patties," using the same mixture as a filling for baking-powder-biscuit patty. (A slightly richer baking-powder-biscuit dough cut in rounds and baked in two-half-inch layers, the bottom one brush with melted butter.) Pour more of the sauce and beef around, garnish with parsley, serve very hot. If you have luncheons to put up, use the minced left-over Hamburg, just moistened with tomato sauce, for a sandwich filling—a sandwich always especially liked by the masculine members of my family.

Canned tomato soup is a nice substitute for home-made tomato sauce—but remember that that is one of my recommended double-quantity concoctions.

USES FOR BREAD DOUGH.

Coffee cake is often made on "bread day." To two or three cupsfuls of dough add one egg, one-fourth cupful sugar, butter size of an egg (melted), a little nutmeg. Work with the hand until perfectly blended and smooth, pour

## Best Varieties of Swede Turnips for Shipping.

Swede Turnips—There has been a large amount of interest in the production of Swede turnips in Ontario in recent years. Not only for the production of feed for stock, but also for table use, and particularly for export to the United States. The variety which has made the highest score as a shipping turnip, as determined in the experiments at the O.A.C., is the Perfect Model, which has been grown at the College since 1915. In the cooperative experiments in 1924 in the average of 9 successfully conducted tests the Perfect Model superseded the Bronze Top and the Superlative. In 1925 the Perfect Model held an intermediate position in yield of roots per acre, the highest yield in the Perfect Model, which has been grown at the College since 1915. In the cooperative experiments in 1924 in the average of 9 successfully conducted tests the Perfect Model superseded the Bronze Top and the Superlative. 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