GROWTH OF MANITOBA

Manitoba has a population of 639,-056, according to a preliminary statement of the census of the province conducted during the past summer. This shows an increase of 273,368 over that of 1906. In twenty years the province's population has increased by nearly seventy-five per cent. According to the latest figures, 360,861 of the people of the province are classed as rural and 278,195 as urban. rural dwellers representing over 56 per cent, of the total inhabitants. Rural population in the five years shows an increase of 12,359 and urban of 16,579. In twenty years, Manitoba rural population has increased by 135,305, or over 37 per

Of the four cities in Manitoba three show substantial increases. The population of Winnipeg is placed at 191,998, an increase of 12,911 compared with 1921, and of 99,308 compared with 1906. In twenty years the population of the Gateway of the West has more than doubled. Brandon, with a population of 16,443, has added 1,046 citizens in five years, and St. Boniface, with 14,187 of a population, has taken on 1,366 souls in the While many of the thirty towns show declines in the past five years, Deloraine, Killarney, Morden, Neepawa, The Pas, Virden, Beause jour, Birtle, Carberry, Hartney and Minnedosa show increases. Increases are shown in the population of practically all of the twenty incorporated villages.

PROGRESS IN AGRICULTURE. Though the first settled and de veloped of the provinces of Western Canada, the progress in Manitoba's agriculture in recent years has been notable. This growth has been achieved in what has been a depressing period for farming in all parts of the continent. In the new and brighter era opening up for the industry in Western Canada, it is impossible to make any estimate of the growth the next five years will bring. That there is still opportunity for wide expansion is disclosed in the recent survey of the Manitoba Government, which revealed that there are 4,349,389 acres of unused land in the

province, of which 42.7 per cent. is owned by the Dominion Government and the rest held by local owners, foreign owners, the municipalities, the Hudson's Bay Company, and the Soldier Settlement Board. YIELD HIGHER COST PRODUC-TION LIMIT.

The advantages of farming in Manitoba have likewise been the subject of some study in connection with the survey, in the reported statement by Prof. H.C. Grant, Economics Department, Manitoba Agricultural College, that the Manitoba farmer is more favorably situated than his neighbor to the south mainly on account of higher yields per acre. In wheat, for instance, the net cost of producing an acre was \$10.76 in 1923 in North Dakota and Minnesota and \$10.03 in Manitoba. The yield per acre, however, in the two states was 10.03 bushels and in the province 12.3 bushels. The cost of producing a bushel of wheat in North Dakota and Minnesota was \$1.20 and in Manitoba only 81 cents.

The Old Road.

You know that road that tiptoes through the fern And runs so fast around the rocky

As if it had a charming tryst to keep On some far, hidden bill where gentians sleep?

You know the hollow where it dips, to

A moment by the birch-rimmed pond where sway To eager winds, the alders and the

We always wonder where that old road

It is so long since any feet but ours

Have followed its faint track through grass and flowers And dreaming larches, out beyond the

Through green and shadowed dimness. Always cool On hottest days, its magic leads us

From one turn to the next.

To-day the hill

Beyond the frozen pond was loud with That caroled joy, though April still is

Away, and February greys the skies. I heard the warm, glad notes of bluebirds rise.

I found a dandelion's early gold, And saw the snowy fragrant spikes Where saxifrages starred the rocks.

The breeze Blew soft across my face. Among the I caught the glimmer of a bright

moth's wing-And knew this was the Secret Road to Spring! -Ruth Aughiltree in Christian Science

Monitor.

Aiding Young Doctors. The Medical Insurance Society of England is enabling medical students without means to buy a practice through leans.

Eagles, larks and crows have been known to fly at a height of 6,000 feet.

& SMILES

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We will ship,

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No obligation to

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The Ramsay Co. Dopt. 278 Bank St. W. Ottawa, Ont.

CARNIVAL AND THEATRICAL -

COSTUMES

SEND FOR FREE CATALOGUE

MALLABAR · Costumer

EASTER NOVELTY

One confectioner bought six on sight. Der.

Bunny, Chickens, all on one chocolate bar,

Act now. Don't delay. Sent \$2.00

H. D. MERS, 345 WAVERLEY, TORONTO

A Handful of "Royal Quality"

OF 100% LIVE ARRIVAL

Though popularly known as "Les,"

Mr. Booth's correct first name is

George. His home is at 271 Perth St.,

Brockville. For the past three years

he has enjoyed vigorous health but

what he endured before then is best

told in his own words. "For twenty

years my arms, shoulders, back and

hips, ached with rheumatism," said

Mr. Booth. "Often I had to quit work

entirely and I remember one bad spell

the help ran the farm. I was prac-

tically helpless. Even my wrists and

hands would swell up so that I couldn't

write my name. I dreaded bedtime,

for I got no rest, but lay there in

agony, waiting for morning. Nervous

spells would seize me and I would

tremble all over like a leaf. I couldn't

get any benefit from my food and had

to force myself to cat. My weight was

"Three years ago I decided to give Tanlac a good trial, for nothing else

had helped me. I could scarcely be-

those Tanlac soon showed. The aching

stopped, my appetite came back and

I could eat heartily. My nights be-

came more restful, too, and I slept

begins as soon as you begin its use.

Sold by all druggists. Price \$1.25 per bottle.

Warner's Safe Remedies Co., Toronto, Ont.

I lieve such results were possible as

far below normal.

"My ease got to be so el-ronic that

that kept me in bed for six months.

Born to Live and Lay

IS WORTH A YARDFUL OF THE CHEAP VARIETY

THEY are bred mostly from flocks mated with Record of

Performance Males, whose allestry proved to be heavy

THEY are strong, hardy, vigorous Canadian chicks, from

Canadian flocks, bred to produce profitably in this climate.

THEY are sold under a TWO-FOLD-GUARANTEE, as to

quality, and a square deal, plus an additional GUARANTEE

WRITE FOR FREE CATALOGUE AND PRICE LIST.

THE CANADIAN CHICK

HATCHERY, LIMITED

HAMILTON, ONTARIO

Canadian Farmer

Tells His Experience

"Les" Booth, widely known Ontario farmer, and a sick

man for 20 years, suffered daily, only half alive.

Now strong, robust, vigorous, credits new

found health to Tanlac

soundly. I gained 16 pounds which I

still retain, and I now work hard out-

doors from S to 10 hours a day. I never

have an ache. It's hardly believeable!

If folks want to know what Tanlac

can do, tell them to write to Les

Booth, or to come and see me. I'll

If your health is broken from over-

work or neglect, profit from Mr.

Booth's experience. Try Tanlac, na-

ture's own body builder, made from

roots, herbs and barks. Your druggist

has it. Over 52 million bottles sold.

tell 'em.

Suffered For Years

Battle Creek, Mich .: "Afflicted with kidney and

liver complaint for over twenty years, I was induced

to try Warner's Safe Kidney and Liver Remedy, and

after using it for a time was completely cured. Am

now well and strong. I can unqualifiedly state this

medicine without any doubt saved my life and I can

conscientiously recommend it to others similarly

afflicted. This testimonial is given without any solicitation and by my own free will." Name on re-

Get Warner's Safe Kidney and Liver Remedy to-day. Improvement

147 King Street East

for Confectioners. The very latest

Fools count their sales, wise men

in being late.

A young husband was anxiously tend to weaken her. No wonder she awaiting news of the birth of his first is often indisposed through weakness, For you to them, are bare and frozen child. He was pacing up and down the headaches, backaches and nervoushospital corridor when the doctor came out and told him to control him- siways be found weak and watery, Of perfect trees and skies and fullself or else take a walk around the and relief will come only through en-

protested the young man. "You needn't be," replied the doc- their use many weak, ailing wives and Nor can one dull regret from you

"I've brought more than 2,000 pables into the world and I haven't ost a father yet."

The modern swain may have his shortcomings, but leaving early isn't head ached all the time and I was not

An itching palm signifies that you using them, and what a blessing they are about to receive something. An proved. Before I had used a half itching head shows that you already dozen boxes I felt like a new person, have something.

A man called on an optician to have health and strength. I take pleasure his eyes tested. The optician held the in recommending Dr. Williams' Pink test card forty feet away and asked: Pills to everyone suffering as I did." 'Can you read that?" TORONTO AND WINNIPEG' 458 SPADINA 344 CUMBERLAND

"No," said the man. The optician came closer. Can you a box from The Dr. Williams' Medicine read it now?"

"No. I can't." The optician came within twenty feet, then ten feet, but each time the answer was "No." Finally he stuck

the card under the man's nose and said: "Well, can you read it now?"

Which do you choose? To adhere to he disinclination of the average man

Co., Brockville, Ont.

and woman to discuss cancer, refuse to learn the facts about it and not be "No," said the man. "I never learn- in a position to help yourself and your friends should the need arise? Or to ascertain the few proven items about cancer and thus help prevent yourself and your friends being listed as one of the victims?

Feeling Worn-Out.

other woman needs rich blood and

health are many and severe. House-

mothers have found new health and

Sarah Cortez, Ellenstown, N.B., says:

I was entirely restored to my former

You can get these pills through any

medicine dealer or by mail at 50 cents

A Matter of Choice.

We know very little about cancer but one point we do know-it is curable if treated promptly. To ensure early treatment, we must know the signals which nature uses to warn us of danger. A lump on the lip of a man, Medicine Co., Brockville, Ont. any unusual discharge, a sore on the skin which will not heal, a lump on the female breast, attacks of so-called indigestion-these are all signs which we should not take the responsibility of disregarding. The only person who can say whether they may safely be overlooked is your doctor.

Just count the number of people you know who have suffered from cancer and you will realize how urgent is the need to learn all you can about it. Men who have given years to its study state that, whereas it is in their power they are only able to apply the necessary treatment in about ten per cent. Why? The same reason is given wherever you go-"I did not see the patient early enough."

Nobody knows how many cases of cancer are in Ontario at present, but everybody is aroused by the fact that this Province lost three thousand of her people from this cause in 1925.

Yet the cancer situation is not hopeless. Prevention of constipation is one means in our hands to aid the pre-

Soap Used as Money.

world is the "soap money" used in British might. Mexico. A traveler says that he frequently received soap in change dur-ing his visit to the interior of that tion cause bad breath. Seigel's Syrup gets at the country. In a certain town he bought cause. Try it and have a wholesome breath. some limes from a girl, and handed her a silver dollar. By way of change the girl gave him forty-nine pieces of the issue as a legal tender. Some of two miles, caught him up. the cakes showed signs of having been! Tommy-"Father, you left your dinin the wash-tub, but that was not im- ner at home." common, and made no difference, provided the stamp was not obliterated. The cakes were worth about one and a half cents each.

Minard's Liniment for rheumatism.

Time to "Come Through." total fortune is estimated at not less than \$2,000,000,000, has refused three separate offers of \$1,000,000,000 for his motor car company). In the last three or four decades Mr. Rockefeller has given more than \$500,000,000 to the cause of education, to the furtherance of peace and religion and for scientific research and other methods of improving the health and promoting the welfare of mankind. No one else has given so much and few have given more wisely. If Mr. Ford has been studying how best to distribute the income from his great fortune, instead of letting it accumulate as it has in the past, he has given the world no sign.

You can rely on

ISSUE. No. 11-27.

Vision.

O happy Winter, with your dreams of Your ecstasies Often Finds Herself Weak and Your artist soul projects a perfect

The nursing mother more than any But keeps it unexpressed and unful-

plenty of it. The demands upon her Dormant, so man may call you, and hold duties and the care of her child- Because they find no color nor yet

ren exact heavy toll, while hurried meals, broken rest and indoor living They cannot heed that harmony un-

ness. In this condition the blood will Your visions of all leveliness to be

riching the blood. For this purpose Though not transformed to actuality, "But I tell you I'm scared to death," Dr. Williams' Pink Pills is the best Still dwell within your soul in snowy blood-making tonic known. Through

strength. As an example of this Mrs. For you, O Winter, dream of Springs -Emily C. Sowerby.

-"While nursing my baby I became run-down, very weak and nervous. My able to do my work. I had often read of Dr. Williams' Pink Pills and began

and by their continued use for a while On Account of the Very Sudden Changes in Temperature.

> Our Canadian March weather-one day bright, but sloppy, the next blustery and cold-is extremely hard on children. Conditions make it neces- Francisco at 4.30 p.m. the following With oth sary for the mother to keep the little ones indoors. They are often confined to overheated, badly ventilated rooms and catch colds which rack their British Columbia are carried to Elko, whole system. To guard against these colds and to keep the baby well till the better, brighter days come along, a box of Baby's Own Tablets should be kept in the house and an occasional dose given the baby to keep his stemach sweet and his bowels working re-

Baby's Own Tablets are a mild but thorough laxative which never fail to regulate the stomach and bowels and thus relieve colds and simple fevers and keep baby fit. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' ----

The War Debts.

Philip Dexter in the London National Review: The great majority of our citizens would undoubtedly approve of revision or cancellation if they could be induced to think about it. The difficulty is that it does not interest them. Most Americans are not merely badly informed about European affairs—they are not informed at all. In the newspapers published in at least threefourths of the United States, inhabited to cure the large majority of cancers, by over two-thirds of the voters, European events are hardly ever mentioned. That is not merely perversity on total lack of interest on the part of their readers. Since the end of the War Europe has been to them little more than a geographical expression. They do not think about Europe.

A Slap from Germany.

Berlin Tageblatt: What is happening now is not the fault of the Governvention of cancer. The danger signals | ment now sitting at Downing Street listed above are not difficult to ob- but of those Ministers who 12 years serve and each means "See the doctor" ago did not consider even the abandonimmediately it is found; this is the one ment of the solidarity of the white powerful weapon in our hand against race too great a risk to take when it cancer - early diagnosis and early was a case of obtaining one more tool for the fight against Germany. That was not only a betrayal of European civilization; the future will show whether they did not break loose the Probably the queerest money in the corner stone of the proud structure of

Securing Information.

Father left home for his work in the soap about the size of a water-cracker, early morning one day, and when his Each cake was stamped with the son rose later he saw his father's dinname of a town, with a mark indicat- ner still lying on the table. He ran ing that the Government authorized after his dad and, after sprinting for

"Eh, lad, so I have; where is it?"

Tommy "Home, father."

Keep Minard's Liniment in the stable. Scientist on a Stamp.

Madame Curie's likeness adorns one of the new stamps just issued by Po-Chicago News (Henry Ford, whose land. It is a delicate way of recalling that the scientist is a native of Poland, although by her marriage to Pierre Curie, she adopted the French nationality. It is a rare event for any government thus to honor any one who is not one of its citizens.

IF STOMACH IS

TROUBLING YOU

Instantly! End Indigestion or Stomach Misery with "Pape's Diapepsin"

As soon as you eat a tablet or two of "Pape's Diapepsin" your indigestion is gone! Heavy pain, heartburn, flatulence, gases, palpitation, or any misery from a sour, acid stomach ends. Correct your stomach and digestion or a few cents. Each package guarantead by druggist.

Pure tea of finest quality, free of dust and packed in Aluminum.

"is good tea"

RED ROSE ORANGE PEKOE is extra good.

U.S. AIR MAIL ROUTES

Letters Are Carried for Extra Ten Cents Per Half-ounce.

United States have been made available to Canadians. For an extra ten Poultry, Elmira, Ont. cents per half ounce, letters from Canada will be carried by the coast-tocoast air mails operated under contract with the United States Govern-

Letters posted in Montreal-Ottawa district in the afternoon leave New York at 11 a.m. next day and reach San day. Letters posted in the Toronto Rubber boots, bot district are picked up at Chicago by shoes can be fixed. Standard bit the same mail. Letters destined to Household Size Fifty Cents. Postpaid, Used by Nevada, by air, transferred to a Seat- 4 Hospital St., Montreal, tle train and from there transhipped to Vancouver or Victoria. A net saving in time of at least a day is sure in the latter case. Letters to United States points on the Pacific Coast are delivered at least a couple of days earlier on the average.

The announcement of the United States Post Office Department, recently issued, points out that the extra ten cents for air mail routes must be prepaid from Canada in United States postage stamps.



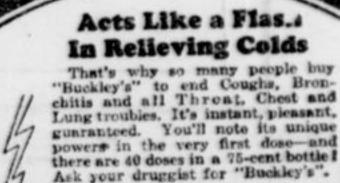
with Minard's. It stimulates dandruff.

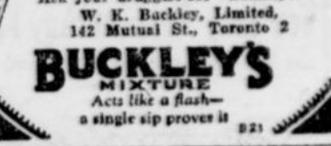


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No Headache, Sour Stomach, Bad Cold or Constipation by morning

Get a 10-cept box now.

Furred Tongue, Bad Colds, Indigesion, Sallow Skin and Miserable Headaches come from a torpid liver and clogged bowels, which cause your stomach to become filled with undigested food, which sours and ferments like garbage in a swill barrel. That's the first step to untold misery-indigestion, foul gases, bad breath, yellow skin, mental fears, everything that is the growth of the hair. Stops | horrible and nauseating. A Cascaret to-night will give your constipated bowels a thorough cleansing and straighten you out by morning. They work while you sleep-a 10-cent box from your druggist will keep you feel-"KING OF PAIN" and women take a Cascaret how and then to keep their stomach, liver and bowels regulated, and never know a miscrable moment. Don't forget the ing good for months. Millions of men good, gentle cleansing, too.



Dissolve two "BAYER TABLETS OF ASPIRIN" in four tablespoonfuls of water and gargle thoroughly.

For

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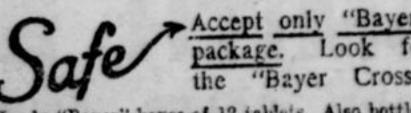
and

SORE

THROAT

Swallow some of the solution. Don't rinse the mouth. Repeat gargle every two hours if necessary.

This is an effective gargle proved safe by millions and prescribed by physicians.



Handy "Bayer" boxes of 12 tablets. Also bottles of 24 and 100-Druggists. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Mononcetic-acidester of Salleylicacid (Acetyl Salleylic Acid, "A. S. A."). While it is well known that Aspirin me to Bayer manufacture, to assist the public against imitations, the Tableto of Payer Company will be stamped with their general trade mark, the "Payer Ortes."

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