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ANCIENT NORSE TOWN EXPLORED

Excavation in Greenland Resuits in Interesting Discoveries.

Copenhages, Denmark. - The Dr. Paul Norland expedition to Greenland has returned to Copenhagen after having made orchaeological discoveries of great historic interest. The excavators had for their main object the old | cathedral and Bishop's house at Igaliko, as the natives now call it- which means abandoned cooking place-and it is in the vicinity of the present colony of Julianehaab. It had been quite an extensive Norse settlement

of 3000 or 4000 people. The main interest centered in the ruins of the cathedral and the Bishop's palace, which boasted a main building 150 feet long containing a banqueting hall of large dimensions, quite equal to those known from the old Icelandic sagas. The outhouses must have been able to accommodate 100 cows besides horses, pigs and sheep, apart from the smithy, etc., covering an area of some

Not far from the Bishop's palace was the cathedral, a footway paved with flat stones connecting the two. The cathedral had a length of some 90 feet, about the same as the oldest cathedral in Nidaros (Drontheim) and there were several chapels attached to the eathedral

Suitable building material for the cathedral was obtained from a sandstane quarry close at hand. The Norsemen of old lived in detached homesteads, built where good pasture was found, and people are still living there, descendants of Anders Olsen, a Dane who settled there some 150 years ago. They occupy themselves by farming, and although they are now Eskimos they keep aloof from the Eskimos of the coasts, who derive their liveli-

Of Erik the Red no traces were found; he did not live at this settlement but at Herjuliernas, where he built his farm at Brottallied on a fjord close by. There excavations were also undertaken and a very interesting stone with a rustic inscription was found. The stone has been brought to Copenhagen for Inspection. Erik the Red was a heathen, but his wife and family became Christians, and she built a small church, of which Dr. Norlund believes he has found the ruins.

The expedition has been favored by fine weather and next summer they hope to set out again for distant Greenland and further examine everything than can throw any light upon these ancient settlements of the Norse.

Repeaters.

Here is a word that carries a heavy burden in our current speech. In our office dictionary there are a dozen disminute last past to a man who votes more than once at an election, an athlete who repeats or duplicates an unusual performance, and a gun or revolver that fires a number of shots without reloading. We are using the word here in still another sense, one that -a boy or girl who has to take over again the studies of a school year; because of a failure to pass the exam-

inations for promotion. Did you ever hear a high-school student say to his father or mother. "? think I shall flunk in English and algebra and French. The're all too And have you heard the indulgent parent reply, "Well, never mind. You can take them over again next year, and they'll be easier then. You're young yet, son. Another year in school won't matter!" We have heard such a conversation more than once.

So the boy stops trying to get through his courses successfully. He loafs, flunks his examinations and appears again the next fall to take his first year in high school over again. Probably he falls into habits of indifference and carelessness and loses year after year-together with most of the good of his education.

Repeaters greatly increase the cost of the public-school system. Taxpayers grumble about the high cost of their schools and then contribute to that expense by encouraging their own children in a laziness that wastes the time and the effort that hard-working teachers are giving to the schools. If parents could be made to pay for the cost of teaching their children the same subjects twice over, we should probably see a sudden improvement in

the quality of school work. . Besides the money cost to the community there is the harm done to the character of a boy who in his formative years is allowed to fall into the habit of listlessness and indifference. A life can easily be ruined by the degeneration of moral fibre so induced. It is not hard for parents to find out what sort of work their boys and girls are doing in school, and a little firmness on the subject is usually enough to keep the youngsters up to the by no means inaccessible standards of our public schools. Don't let your child drift into the habit of failing. That is the road which "leads to a life of incompetence and unhappiness.

Invalid children in a Connecticut town are visited several times a week by a public school teacher, so that they

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lications of these commercial organi- and England will be herself again. zations also devote much of their Perhaps nowhere is the man-boy valuable space to them. The recent partnership as prevalent as in medium anniversary number of the Kiwanis sized cites and the surrounding coun- Club, a special number, referred to try. A partnership between the city many man-boy farm enterprises.

thing, but city men have often formed to the boy's and girls' club work, and relations with country boys in an ef- are usually in connection with it. They fort to stimulate the boy's interest in not only benefit the boy from a club better farming, and to make him, and | work standpoint by enabling the boy en to get the little ones to take Baby's | be born in the Spaniard, and he conhis father through hm, better farmers. to get a calf, seed, or pigs for his pro- Own Tablets. The ease with which trives when you are staying in his Minard's Liniment for animal aitments yourself and those who love you, and In most places, where there are ject, but they furnish an added in they are given, as compared with house to put you at your ease and Rotary, Kiwanis and similar organiza- centive to the boy in having a success- liquid medicines, will appeal to every leave you there. His formalities are | Scratches on furniture can be re- tate and injure. Remember that most tions, such co-operation is in evidence. ful business man back him up. He mother. None is spilled or wasted; never aggressive, his kindness seems moved by rubbing linseed oil into the disorders of the stomach, liver and The rural press makes frequent men- gains courage in his contact with the you know just how big a dose has to come from the heart, and the wood in the direction of the grain, bowels are cured by morning with tion of such delation, and official pub- man, and puts in extra effort to make reached the little stomach. As a rem- foreigner who enters Spain with a using a cork for the purpose. good his obligation to the man. It edy for the ills of childhood arising few good introductions will find it hard _____ while you sleep. A 10-cent box from tact with someone outside of his par- bowels they are most satisfactory. ticular sphere of living.

The relationsrip also si of benefit mind him of his days back on the farm, the cares of life are sometimes likely to take away.

Coal dust packed in strong paper bags and moistened with water in which a little saltpetre has been dissolved will keep a fire alight when it is not required for cooking.

Canadian Farmer Tells His Experience

"Les" Booth, widely known Ontario farmer, and a sick man for 20 years, suffered daily, only half alive. Now strong, robust, vigorous, credits new found health to Tanlac

Though popularly known as "Les," George. His home is at 271 Perth St., Brockville. For the past three years he has enjoyed vigorous health but what he endured before then is best told in his own words. "For twenty years my arms, shoulders, back and hips, ached with rheumatism," said Mr. Booth. "Often I had to quit work entirely and I remember one bad spell that kept me in bed for six months.

"My case got to be so chronic that the help ran the farm. I was practically helpless. Even my wrists and hands would swell up so that I couldn't write my name. I dreaded bedtime for I got no rest, but lay there in agony, waiting for morning. Nervous spells would seize me and I would tremble all over like a leaf. I couldn't get any benefit from my food and had to force myself to eat. My weight was

far below normal. "Three years ago I decided to give Tanlac a good trial, for nothing else had helped me. I could scarcely believe such results were possible as those Tanlac soon showed. The aching stopped, my appetite came back and I could eat heartily. My nights be-



soundly. I gained 16 pounds which I still retain, and I now work hard outdoors from 8 to 10 hours a day. I never have an ache. It's hardly believeable? If folks want to know what Tanlac can do, tell them to write to Les Booth, or to come and see me. I'll

If your health is broken from overwork or neglect, profit from Mr. Booth's experience. Try Tanlac, na-ture's own body builder, made from

YEAR BELOW PAR HOPES FOR FUTURE

1926 Reviewed in "The Outlook," of London.

The new year enters hopefully, like all new years; the old year dies without regrets. The last of 1926, like the last of Mrs. Cheyney, has been on its best behavior towards the fall of the curtain, but this belated repentance has certainly not redeemed its previous bad record. The best that can be said about the past twelve months Toronto, for example, as Toronto is and that we have come through rath- country still suffers from lack of railer better than could reasonably been expected. But a general strike, a coal soil and an exceedingly favorable clistrike, and a Cook rampant have been mate, when we remember that it is that John Bull can still show a leg tic Circle. when necessary, and is fairly sound in wind and limb when stormy weather overtakes him.

High Water Mark.

The Government reached its higheral strike collapsed, and since then its fortunes have declined. Its handling of the coal dispute was not altogether happy, and perhaps the best that can be said for it is that it made ernment for ineffectiveness at the very whole of our well-being depends upon deride other people's impotence. . like for all kinds of food.

One Bright Spot.

The one constructive achievement formed the miracle of satisfying Genknows better.

The Future.

a bad year in diplomacy and finance, Dr. Williams' Pink Pills." a lean year in literature and music, an average year in drama and art; whatever happens, 1927 can hardly be worse than 1926, and the present indications are that it will probably be a great deal better. A little more goodwill and a little less talk of class-war.

tive and Easy to Give.

You do not have to coax and threatwidens his horizon to have this con- from derangement of the stomach and to outstay his welcome. . . .

says:-"I used Baby's Own Tablets His hospitality and generosity are a in the Canadian Northwest and found part of his honor and the dearest thing them a wonderful medicine for child- in life to him, and the catholicity of and the contact with the boy helps to ren's troubles, especially indigestion his kindness may be gathered from keep alive the human element which and constipation. I have also given the fact that Spanish has but one them to my children for simple fever word "amigo," to express both friend and the restlessness accompanying and acquaintance. It must not be supteething and they always gave relief. I can recommend Baby's Own Tablets limited to those who can afford to disto all mothers."

Baby's Own Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine be no more than . . . an orange or a Co., Brockville, Ont.

Wants to be Shown.

money." there is."

A Wash Line.

Shakespeare?" "Sure. 'Tubby or not tubby, aye,

there's the rub.'

Japanese to Denmark. There has been a comparatively large influx of Japanese into Denmark, mostly engineers and mechanics.

with hot soapy water.

ammonia and hot water.

When ironing starched garments or lace curtains rub the iron with a bit of waste candle tied in a piece of clean rag. This will prevent the iron sticking to the starch.

Sixty smiles an hour makes a pleasant driving speed.

Where the Best Wheat Comes From.

At the international wheat fair at Chicago last month the prize for the finest wheat and oats exhibited went to Herman Trelle, a grain farmer in the famous Peace River country in northwestern Canada. The interesting fact about this award is that the grain was grown in the latitude of northern Labrador-as far north of is that they have been a testing time, north of Florida. The Peace River way facilities, but it has a remarkable a high price to pay for the knowledge only six hundred miles from the Arc-

A WEAK STOMACH

water mark in mid-May when the gen- Can Be Strengthened Through the Use of Dr. Williams' Pink Pills.

Wonderful is the process by which a better show than the Opposition- the chemistry of the body changes which absurdly denounced the Gov- the food we eat into blood. And the with contempt. It may, of course, be process becomes faulty, and then food true that Mr. Ramsay MacDonald de- begins to poison the blood instead of served no better treatment from his feeding it. This is followed by all the masters, after first opposing the gen- pangs of indigestion, such as gas on life of Jesus. eral strike and then accepting it, but the stomach, pains around the heart, it is hardly for this burst bubble to often nausea after eating, and a dis-

The only way to overcome these troubles is to tone up the digestion so that you can assimilate all your food. of 1926 was the Imperial Conference To do this you have only to take Dr. which, under the sage guidance of Williams' Pink Pills. A short course Lord Balfour, our modern Merlin, per- of these pills will quickly tone up the stomach and banish indigestion. Here eral Hertzog and Mr. Bruce, Mr. Mac- is a bit of convincing proof given by kenzie King and Mr. Cosgrave in one Mrs. Chas. Ladner, Ellerslie, P.E.I., brief document. But while the Em- who says:-"For some years I was a pire did better than the pessimists ex- sufferer from stomach trouble. Everypected, Europe did a good deal worse thing I ate caused distress, sour stomtran the optimists anticipated. A year ach and belching. I could not eat ago everybody was drinking the new meat or potatoes, and I grew weak wine of Locarno, and swearing that and nervous. No medicine seemed to it since the world began. Now that Dr. Williams' Pink Pills, and these only the headache is left, the world simply worked wonders. I took the pills faithfully for a couple of months by which time every symptom of the Apart from the Imperal Conference, trouble disappeared, and there has not then, 1926 has been a disappointment, since been the slightest symptom of A barren year in politics and industry, stomach trouble. No wonder I praise

You can get these pills through any medicine dealer or by mail at 50 cents a box from The Dr. Williams' Medi- tyr. But we have to infer this from cine Co., Brockville, Ont.

Spanish Courtesy.

on this earth than a Spanish gentle tian after he supposes his work to man, and when he is extending hos- have been done. Unpleasant traits in quality of the hospitality that matters, how far our own lives are from the your skin is yellow, with dark rings it is the exquisite grace with which it ideal. The task is incomplete. The under your eyes; your lips are parched. that your comfort is the host's first good news. In a very real sense it is tempered. Your system is full of bile consideration. . . .

The instinct of hospitality seems to worketh hitherto, and we work.

With the best type of Spaniard the Mrs. Rose Veyer, Willimantic, Conn., old forms are no mere empty words. posed that Spanish hospitality is pense it. On the contrary, the very poor are delighted to do something for a stranger who is sympathetic. It may handful of olives, but there is some gone. No more distress from a sour, thing in the way in which the gift is acid, upset stomach. No flatulence, offered that magnifies its intrinsic heartburn, palpitation, or misery-mak-"I wish there were no such thing as value a thousand-fold. Even among ing gases. Correct your digestion for those whose days are passed in cease- a few cents. Each package guaran-Penniless One-"But I have no proof less toil, who live far remote from the teed by druggist to overcome stomach company of their fellowmen, you find evidences of the inborn courtesy that is one of the most striking charms of "Can you give me a quotation from the complex Spanish character.-S. L. Bensusan, in "Home Life in Spain."

Those old enemies, gas, acidity, pain and discomfort are soon knocked for a fare-thee-well by Seigel's Syrup. Any drug store.

A Perfectly Good Present Spoiled. Sandy was engaged to a girl who, a few days before her nineteenth birthday, succumbed to the prevailing

To clean a bath, first wipe over with feminine craze and had her hair a rag dipped in paraffin, and leave for shingled. All her girl friends conabout three minutes. Then dip the gratulated her on her appearance, and same rag in salt and rub again. Wash it was therefore without any misgiving that she showed herself to her sweetheart. But Sandy viewed her Silver articles and ornaments soon with grave disapproval.

tarnish when expose to the air. The "It is hard on me, lassie," he wailed, brightness can be rewored by dipping "verra hard! After I've just bought the articles in a strong solution of ye a packet o' hairpins for your birth-



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The Gospel of the Incomplete.

Scholars are agreed that of the four New Testament narratives of the life of Jesus the Gospel according to John is much later than any of the other Highest commissions paid, exclusive territory, handthree. Its author was evidently fa- some free outfit. miliar with the earlier narratives, or Wellington, Toronto some of them, and his work is both a supplement and an interpretation. But he does not tell us that he thinks TICTROLA STYLE, FULL CABINET, PLAYS his narrative at all complete. On the \$95.00 for \$35.00 guaranteed. Poisson, 340 Mount contrary, he closes his book with the words to the effect that Jesus said and moment when the Miners' Federation this being maintained day after day, did many other things, of which, if was treating the official Labor party year in and year out. Sometimes the they were completely recorded, "the stone for free book Trench's Remedies, Limited, world itself would not contain the Dept. W., 79 Adelaide East, Toronto, Canada, (Cut books." We do not know, and we never shall know, the whole story of the

No such statement appears at the end of the Acts of the Apostles, but house." the Acts is clearly incomplete. What we have in that most useful book is a very few of the acts of a very few of the apostles, and of the apostle whose deeds are most fully recorded an abrupt ending of the narrative, at almost its most exciting point. The story of Paul's arrest, imprisonment, voyage, shipwreck, sojourn on the island of Malta and arrival in Rome is told with dramatic particularity; it is evidently the work of an eye-witness. Then in two verses we are told that Paul lived for two years in a rented house, a prisoner awaiting there had never been any liquor like help me until I was persuaded to take trial, but preaching freely to those who came to him. There the story

> Was he tried and convicted? We rather think not, at that time. We judge that the case was dismissed for lack of evidence, the long delay having wearied out the prosecution, that he was set at liberty and later reimprisoned, under conditions of greater severity, and that he died a marcertain allusions in the later epistles.

The narrative itself is incomplete. Life itself is like that. At no stage do we find it finished. Evils die hard There is no better mannered man and rise again to confront the Chris-

INDIGESTION, GAS, **UPSET STOMACH**

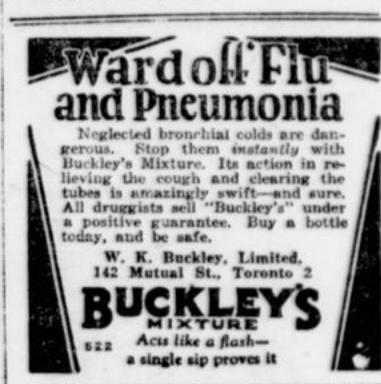
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