Recent Sayings of British Folk.

It has become a commonplace, but a true commonplace, that fear and suspicion are the great enemies of peace.—Viscount Cecil.

One of the most striking facts about this world of ours is that so much of it is uncultivated, unproductive, unoccupied.—General Bramwell Booth.

If we as private citizens in peace are as worthy as our soldiers were in war, there are no problems we cannot solve, no heights of destiny to which we cannot climb.—Stanley M. Bruce, Prime Minister of Australia.

One of the greatest ornaments of the British judicial system is expedition. Nothing is so subversive of public confidence as what Shakespeare called "the law's delay."—Sir Ernest Wild.

It is an extraordinary comment on the intelligence of human beings that a much larger population should be crowded into the streets and squares and slums of London than is to be found within the 3,000,000 square miles covered by Australia.—Harold Cox.

Our duties to posterity include paying our way, but also paying our debt to the past and the future by keeping in order the treasures which we have inherited.—Sir Flinders Petrie.

It is in a great consolidated Protestant church that we alone can meet the onslaught of the various influences at work undermining religion.—Lord Carson.

A one-minute pause after the daily petition, "Forgive us our trespasses, as we are in the habit of forgiving those who trespass against us," would lead to a little more charity.—Rt. Hon. J. H. Whitley, M.P.

Conscientiousness is no trustworthy guarantee of wisdom or intelligence.—The Bishop of Durham.

A person who is happy only when other people make him so strikes me as a rather miserable specimen of the human race.—Principal L. P. Jacks.

Fiftieth Anniversary of First Wheat Shipment.

Very significant was the celebration organized this autumn by the Winnipeg Board of Trade to mark the fiftith anniversary of the first shipment of wheat from the Canadian West. Wheat had been successfully grown in the Red River valley from 1812 onward but before 1876 only for home consumption. In the latter year there was a serious failure of the spring wheat crop in Ontario, which it was felt was due to the fact that the old Red Fife variety in that province had lost its vigor. The fame of the wheat grown in the Red River valley had begun to spread, and in the autumn a seed merchant of Toronto decided to try to secure 5,000 bushels of wheat for seeding. As railways had not then reached the Canadian West the most expeditious method of travel was to the end of rail at Fisher's Landing on the Red river in Minnesota, and thence by river steamer to Winnipeg. The seedsman arrived in Winnipeg only a day or two before the sailing of the last steamer of the season. In the brief time available he was able to secure only 857 bushels. This was sacked and shipped by steamer to Fisher's Landing, thence by rail to Toronto. At the recent celebration in Winnipeg it was pointed out that the grain movement inaugurated by this tiny consignment of 857 bushels in 1876 had grown to total shipments of nearly 350,000,000 bushels in the crop year 1925-26.

Blue.

What happy chance led me to plant
this flax
Gift of a gracious garden-loving friend,
So near the spot where once at least
each year
Flits a small butterfly, which surely
seems
The chalk down kind, the little Sussex
Blue,
Led all these leagues to my small
clump of thyme?
To-day I saw, beneath a turquoise sky,
A child with lint-white locks wide-eyed
regard
Both flower and butterfly—blue sky,
blue wing
Blue blossom and blue eyes astare, as
though
The sky had fluttered down in azure
flakes
To make this perfect harmony in blue.
—Douglas Hurn.

How to Make Ankle Supports.

If your ankles are naturally weak, you will need supports, if you want to skate. One good, homemade kind consists of two strips of canvas, one and one-half inches wide and about two yards long. Start wrapping well above the ankle, bringing the strip clockwise around the leg and overlapping about half. Wrap down over the ankle, and when you reach the top of your foot, bring the strip around the instep twice. Then continue it up and around the leg and tuck it under the top strip. When you have laced your shoes over the canvas, you will find your ankles nicely supported. Be sure, though, not to wrap the bandage too tightly, or you'll stop circulation and get a bad case of cold feet.

Women who have to face much business worry are warned by an expert that they will run the same risk of going bald as men.

Briar wood used is pipe making is obtained from a species of heath which grows in the Pyrenees and elsewhere. It has nothing to do with the brier.

REGAINED HEALTH IS NOW HAPPY

The Experience of a Quebec Woman With Dr. Williams' Pink Pills.

Mrs. L. D. Bernier, 89 D'Argullion Street, Quebec, is one of the thousands of women who, when she found her health failing, resorted at once to Dr. Williams' Pink Pills, and now finds herself in perfect health. Mrs. Bernier says:—"I was very weak, subject to headaches and was unable to sleep well. Testimonials in the newspapers persuaded me to try Dr. Williams' Pink Pills, and the result has been most satisfactory. I have regained my health, the headaches have left me; I sleep well at night, and I have gained in weight. Naturally I am feeling happy. I strongly recommend Dr. Williams' Pink Pills to all weak people."

Try Dr. Williams' Pink Pills for anaemia, rheumatism, neuralgia, nervousness. Take them as a tonic if you are not in the best physical condition and cultivate a resistance that will keep you well and strong. If you will send us your name and address a little book, "Building Up the Blood," will be mailed you prepaid. This little book contains many useful health hints.

You can get these pills through any dealer or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

The Timber Pirate.

Have you come in contact yet with another species of Pirate than that found on the high seas? The man who, bent on serving his own interests, makes political appeal to obtain certain choice holdings of timber and, then presto! the man who has a permanent investment in the field finds his choicest fruit taken from beneath his nose. Not content to skim the cream, he leaves the remainder a source of danger from fire to the adjoining timber crops for years. Is there any question of these pseudo settlers ever taking to the land? Investigators say not! In the first place the land is usually strictly forest land, and in the second place the proximity to forests makes the danger from frosts an impossible farming proposition for years to come. The pirates fulfil the minimum requirements required for locating, take out the spoils and say good-bye to the place forever, leaving, as stated before, a fire trap for those whose permanent investment is tied up in the property. Is this honest support of permanent industries? Classification of lands by capable parties would put an end to this menace and would prevent this type of timber mining of our forests. This practice is not confined to the East, but is rampant in the West as well. It brings up the old question of proper classification of lands—an essential step in evolving permanent forest properties where trees would be treated as forest crops, and our forest resources handled for perpetuity.—Canadian Forest and Outdoors.

Further Shipment of Buffalo to North.

During the past summer the Department of the Interior continued the experiment of moving buffalo from the national herd at Wainwright, Alberta, to the great 17,000 square miles of natural feeding grounds known as Wood Buffalo Park near Fort Smith, Northwest Territories. Canada's success in saving the buffalo from extinction is shown by the fact that the national park near Wainwright, which is approximately 15 miles long and 13 miles wide, is not large enough to provide grazing in an average season for a further increase in the herd.

Excepting in a few particulars, the movement was carried out along the same lines as in 1925. The animals were forwarded by rail to Waterways and thence by scow to the unloading point on the Slave river about seventeen miles south of Fitzgerald.

Eight trips were required to transport the 1,435 yearlings, 493 two-year olds, and 83 three-year olds selected, and the last consignment left Wainwright on August 16 reaching its destination a week later. The entire operations were carried out with only a comparatively few loses. Reports made by the wardens, who for some years have been guarding the wood buffalo and who are now responsible for the the new arrivals, indicate that the buffalo shipped last summer have wintered well and are in the best of condition. Quite a number of calves were noticed this year with the buffalo which were sent from Wainwright in 1925; and all the other signs point to the successful issue of this northward transfer of the plains buffalo.

Children Like It—So Will You

At the first sign of a Cold, buy "Buckley's". The first dose does two things—relieves the cough instantly and delights the taste. Different from all other remedies for Coughs, Colds, Bronchitis, Prevents "Flu", Pneumonia and all Throat and Lung troubles. Sold everywhere under money-refunded guarantee.

W. K. Buckley, Limited, 142 Mutual St., Toronto 2

BUCKLEY'S MIXTURE

518 Acts like a flash—a single sip proves it

ISSUE No. 2—'27.

Surnames and Their Origin

RAINES.

Variations—Rains, Raynes, Reynes.
Racial Origin—English.
Source—A locality.

Here is a group of family names the source of which is not at first recognizable because the spelling of the source has changed since the names developed from it.

There is an entry in the records of certain medieval guilds in England referring to "mercerie, canvas, coninspanes, fustiane chalons, draps du Reynes and draps de says."

Those who know their modern French will recognize the word "draps" as cloth and the "soye" as the modern "sole," or silk.

"Draps du Reynes was "cloth of Rennes." Chaucer refers to it as cloth of "Raines."

In the middle ages Rennes, in Britany, was one of the most important commercial and industrial cities of northern France, and was indeed famed for the quality of cloth it produced.

Among the English the name of this city was spelled in various ways, and judging from the fact that most family names developed from foreign cities were borne by merchants, and the fact that Rennes of the Middle Ages was particularly renowned for its commerce, there is little doubt that those who first used it in England were actually merchants, former residents of Rennes, who had settled in England.

Of course the surname at first had a prefix, probably the Norman French "du" or "de," and in its original form was "Thomas of Raines," "Hugo of Reynes," and other similar information.

MURRAY.

Variations—MacMurray, Moray.
Racial Origin—Scottish.
Source—A locality.

These family names were originally, and still are, of a Highland clan name and its variations. The Celtic form of the Clan Murray's name is "Siol Mhoiridh" or "Siol Mhoirrich." It is simply derived from the fact that the clan dwelt in that section of Scotland known as Moray.

Strangely enough, however, though the clan is distinctly Celtic, its founder was not. It was founded by the grandson of a Fleming who settled in Scotland during the reign of King David I., and who received from that monarch many favors, including large grants of land. The family founded by Freskin became thoroughly established in the nobility of Scotland, but it was a junior branch, not the senior branch of it, which developed the highland clan of that name. The first chief of the clan Murray was a son of the younger son of this Fleming settler in Scotland.

It has been claimed, however, that the Clan Murray does not in the strict sense of the term constitute a highland clan. In 1745 it was stated "The Murrays are no clan family, though the duke of Atholl is the head of a number of barons and gentlemen of the name of Murray in the lowlands; but he is deservedly placed here (among the list of highlanders) on account of his extensive following of about 3000 highlanders." It would seem that these members of the 'clan" retained their membership in various other clans, though they lived under the leadership of the Murray chief.

A MEDICINE THAT ALL MOTHERS PRAISE

Baby's Own Tablets Banish Babyhood and Childhood Ailments.

Mrs. H. Oakes, Sarnia, Ont., says:—"I have used Baby's Own Tablets in my home for the past fifteen years and I believe the good health my children enjoy is due entirely to this medicine. The Tablets are helpful at teething time; relieve colds and are always beneficial in the minor ailments of little ones. I have recommended Baby's Own Tablets to other mothers whose experience with them has been as satisfactory as my own."

Baby's Own Tablets do one thing only, but they do it well. They act as a gentle laxative which thoroughly regulates the bowels and sweetens the stomach, thus banishing constipation and indigestion, colds and simple fevers, and turn the cross, sickly baby into a well, happy, laughing child.

Baby's Own Tablets are sold by medicine dealers or direct by mail at 25 cents a box from the Dr. Williams' Medicine Co., Brockville, Ont.

After a Rainstorm.

It rained heavily all the afternoon, and then, between the hours of five and six, it ceased.

Those who had decided to catch a bus changed their plans and walked.

The town was full of lights as if some brilliant thing had burst, and remained in the air and deep down in the ground.

There was a depth of exhalation.

A tangible happiness drove one's feet along, lifting the chin and setting the face upward.

Everything was very high—very long.

It seemed that the rain in dripping had caused all things to fall out of their natural proportions and remain thus in trembling uncertainty.

The men who walked ahead were suddenly become big — duplicated — their other half walking below them, upside down, in the pavement.

It was very blue down there, the tone one sometimes sees in a clear sky through rain that is still falling; a color drenched in atmosphere.

There were brown clouds, too, a little threatening; and there were many stars—strange shooting stars with tails that shook.

The daylight passed to late evening.

There came another shower which intensified the illusion.

The men walked faster and the lights became more bright.

It seemed the town had risen to the sky, and dropped to meet another sky below. A circling heaven with one rain stretch of earth.

Our faces touched the stars.

And now our walk is done.

We scrape the mud from our shoes and close our doors behind us.

We tread on carpets in drawing-rooms.

We are just little men again.

Climate and Sleep.

Sleep is largely a matter of climate, according to a new theory. In cold regions mankind needs a lot of fatty food and not too much sleep; in the tropics, on the other hand, a lot of sleep ad very little fat in the diet is the best rule.

A dentist is the only man who can tell a woman when to open and shut her mouth—and get away with it.

Don't bury the dead past. Cremate it. Quicker.

Sneezing?—Use Minard's Liniment.

Mr. G. Ghaus

First secretary of the Afghan legation to London, who has received permission from the King of Afghanistan to marry Miss Violet Parish, daughter of Mr. A. Parish, Marylebone. It is the first union of the kind.

Some One of Importance.

There's some one of importance
Come to live across the street,
And you never saw such "goings on,"
No! you never did indeed.

When the father comes from work at
night,
Just on the stroke of eight
Why, he's like to knock the people
down
In his haste to reach the gate.

Then, running up the garden path,
He waves to a window high;
"He must have got a fortune left,"
Said the laughing passers-by.

A fortune left! A fortune left!
Yes! his ship's come sailing in!
There's now a baby in that house,
And there's joy—outside and in.
—Margaret Sheppard.

An acid stomach caused by indigestion often creates rheumatic symptoms. Set your stomach right with Seigel's Syrup. Any drug store.

"Salt of the Earth."

"Ye are the salt of the earth," said the Master to his disciples, using a common figure of speech to describe their function in society. The primary mission of Christianity is discharged without noise. It works most effectively when it is allowed to express itself in its own way. Like true salt, it does not attract notice while it makes its works. Men are influenced by it most deeply when it comes upon them unawares, working in them through the silent energies of the spirit found in devout and faithful men, from whom there issues the vitalizing power which lays hold of all who come in contact with them. So Christianity grows and spreads, transforming men's lives, giving them new visions, and filling them with joyous energy in their obedience to the will of God. When Christians fail in the zest and spice of faith, they are not merely ineffective, but become actually the source of mischief. But wherever its vigor and tang is felt in a man, his companions cannot ignore it. Contact with those in whom it operates has its inevitable influence.—The Times (London).

Socks worn by babies should have, according to one expert, a compartment for the big toe, just as their gloves have for the thumb.

Announcement to RED ROSE TEA Enthusiasts

CENTURIES ago, when tea was first introduced to the English Nobility, the precious leaves—then almost priceless—were packed in sealed lead containers.

For many generations lead continued to be used as a protective package for all fine quality teas. Then the modern metal, Aluminum, was introduced. But during war-time and later, paper bags and paper boxes were largely used and have held sway ever since.

In our 30 years experience putting up Red Rose Tea we have used all these containers and each has some particular merit.

But careful tests over a long period prove that Aluminum is by far the best container that has yet been found, and paper packages of every kind the poorest. When in contact with dampness paper absorbs moisture which soon affects the quality of the tea, and in some instances completely spoils it.

Having found the paper package unreliable and uncertain, we have again adopted the Aluminum package which we used years ago. For we know now that Aluminum can be better depended upon than any other.

Unlike paper, Aluminum does not absorb moisture. It preserves all the original flavor and strength. So now and in the future Red Rose Tea will be packed in the Aluminum package, as it was in years gone by.

T. H. Estabrooks Co., Limited

Saint John Toronto Winnipeg Calgary Edmonton

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Canadian Tree Seeds.

One of the many interesting activities of the Forest Service, Department of the Interior, Canada, is the collection and extraction of tree seeds. Four special seed extraction plants now operate in the western provinces for the purpose of securing seeds from the cones of coniferous trees. During the winter of 1925-26 these four plants extracted twenty-five hundredweight of seeds. Large quantities of seed are supplied to the Forestry Commission of the British Isles for use in carrying out the program of reforesting unoccupied lands in Great Britain. Seed has also been shipped to the Forest Service of New Zealand for a similar reforestation program in that Dominion. In the latter connection it is interesting to note that the New Zealand Forest Service is headed by a Canadian who received his forestry training in Canada.

Plans For Homes

Last word in builders' aid. Practical, up-to-date suggestions on planning, building, furnishing, decorating and gardening. Profusely illustrated, and scores of actual dollar-saving suggestions. Send 25 cents for current issue.

MacLean Builders' Guide
344 Adelaide St. W., Toronto, Ont.

Frostbites.

Ease the pain with Minard's. Counteracts inflammation, soothes and heals.

MINARD'S "KING OF PAIN" LINIMENT

Resourceful.

Teacher—"How would you tell the height of a tower by means of a barometer?"

Bright Boy—"I'd lower the barometer from the top of the tower, and then measure the rope."

Minard's Liniment,—ever reliable.

There's no fool like the young fool who tries to act like an old fool.

OLD CHINESE ECZEMA REMEDY
For External Use Only

For centuries a cure relief for Eczema, Itch, Pimples, Ulcerated Legs and any skin disease. No matter how long or how bad. Give it a trial. Generous Jar $2.50 Postpaid

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Classified Advertisements.

GRAMOPHONE.

VICTROLA STYLE, FULL CABINET, plays all records, 48 selections, automatic. Value $95.00 for $35.00 guaranteed. Poisson, 340 Mount Royal East, Montreal.

How many secrets are betrayed through vanity! One likes to show that he was thought worthy of confidence.

Give the children SHILOH FOR COUGHS

BAYER — Genuine ASPIRIN

Proved safe by millions and prescribed by physicians for

Colds Headache Neuritis Lumbago
Pain Neuralgia Toothache Rheumatism

DOES NOT AFFECT THE HEART

Safe — Accept only "Bayer" package which contains proven directions.

Handy "Bayer" boxes of 12 tablets. Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid (Acetyl Salicylic Acid, "A. S. A."). While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

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