Lily of the Valley.

Down by the river of Adona her soft voice is heard. And thus her gentle lamentation falls

like morning dew. Why fade these children of the Spring, born but to smile

like a parting cloud. shadows in the water.

upon an infant's face, Like the dove's voice, like transient day, like music in the alr. Ah! gentle may I lay me down, and

The Lily of the Valley, breathing in the humble grass.

gentle rest my head." . . .

Answered the lovely maid, and said: "I am a watery weed.

And I am very small, and love to dwell in lowly vales;

So weak the gilded butterfly scarce perches on my head. . Yet I am visited from heaven: and

He that smiles on all Walks in the valley, and each morn ever me spreads His hand. Saying, 'Rejoice, thou humble grass,

thou new-born Hly-flower. Thou gentle maid of silent valleys and of modest brooks:

For thou shalt be clothed in light, and fel with morning manna. Till summer's heat melts thee beside

the fountains and the springs, To flourish in eternal vales,' Then why should Thel complain? Why should the mistress of the vales

of Har utter a sigh?" William Blake, in "The Book of

The Inner Light.

ledge and judgment furnish the mater was headed and kept in motion by rial for conscience. But one thing we steamer of strange construction. . . go against his conscience.

we have only such conviction of right the wind-mill, sailing on the aqueduct as belongs to a method of trial and er- safling through the green corn-lands; we learn by our mistakes, but the most picturesque of things amphi there is that which warns against the bious. Or the horse plods along at a mistake before we make it, and ap- foot-pace as if there were no such plies the lesson afterward in terms of thing as business in the world; and admonition against recurrence. Not the man dreaming at the tiller sees only in the physical world, but much the same spire on the horizon all day more in the moral life of men, there long. It is a mystery how things ever operates what Matthew Arnold called get to their destination at this rate; Power, not ourselves, which makes and to see the barges waiting their for right eousness." The merging of turn at a lock, affords a fine lesson of that Power not ourselves with the how easily the world may be taken. power that is ourselves in the realm The chimney smokes for dinner as moral action is the triumph of God you go along; the banks of the canal working in us, while we concurrently slowly unroll their scenery to conand freely work out our own salvation, templative eyes; the barge floats by he Lord" is an ancient affirmation, de with their public buildings and their the kinship of our sense of lamps at night; and for the bargee, in tight with that which determines the his floating home, "travelling abed essence of God. The candle is it is merely as if he were listening to all at best, but there is always light another man's story or turning the for the next step.

importance of loyalty to consci. Voyage," by Robert Louis Stevenson. ence. Spite of all the evil things that men have done in professed good conscionce, there is no other hope for and life than an intelligent and Do not be afraid of life. comageous loyalty to the light within. It is a mirror to you; There, ultimately, must one listen for It reflects you, does not judge you, the "categorical imperative" of which Gives back now for new. Immanuel Kant wrote and spoke. In that way God works within, while we Gives again the old for old, work out the stable character which It is a mirror only. is own and the world's best hope. It will give you crowds for crowds

Cats.

When God had finished the shell of Or does that ah no,

mountains and volcanoes, such mighty things as these. He thought He'd make the furry things, the swift things and the sleek,

To move about the ways of men each time, we can trade too much upon it. dull day of the week.

So the bear was made,

And the lamb was made,

And the dog and the kangaroo,

And the sharp little rat, And the blundering bat,

And the goat, and the gaunt emu, And a thousand others to keep us kind or keep us in skins and fat.

But the friendliest thing. The most stand-offish thing. Cruelest, kindest, most lovable thing Sofiest, sweetest, most incomprehens-

That He made was the comical Cat. William Kean Seymour

ible thing

A Chestnut.

co I declare on my honor that are the only girl I ever loved." from Harry. The question is how, and simply indicated the section of the Nac You always say such appropriate things, Paul. This is a chestnut-

Stressing the Point. peculiar to Australia?" person was known as his "man." "Chiny." "Quesnay" or "Chesnee" as In the records (tax lists, census re- it was variously spelled in the middle Ine hinoceros, sir." ports and others) of the middle ages ages, the third listed spelling being in-

Wrong. "That's not found Boy Well, sir, that's exactly why

it would be peculiar."

and Harmon have other explanations, at Hastings with William the Con-Easy enough, in these days of radio, which have been discussed in previous queror, as "de Cheyne," "de Cheines" for one to air his views, but not alarticles, ad these others, perhaps, are and "de Chenne." ways without interference. the more usual origins of these names. A "Robert de Chesney" was bishop

He has not learned the lesson of There are proofs to be found, how- of Lincoln in 1147, and later in 1208, life who does not every day surmount ever, in a tracing out of the medieval a "William de Chesne" held the same records, that these family names are ecclestiastical office.

WORK WORN PEOPLE

Find New Health by Improving Their Blood.

If you feel run down, it means that Ah! Thel is like a watery bow, and your blood is thin and watery, that your vitality is low. You do not sieep Like a reflection in a glass, like well and are tired when you rise in the morning. You find no pleasure in Like dreams of infants, like a smile your meals and are .istless and dispirited at your work. You have no energy to enjoy yourself.

Thousands of men are run down by anxieties of work. Thousands of women are broken down by their household toil, with tired limbs and aching backs. Thousands of girls are pale, listless and without attraction. It all means the same thing-thin and watery blood, vitality run down, anaemia, poor appetite, palpitating heart, short

Do not submit to this. Get new blood and with it new vitality. There is no difficulty in doing this. Dr. Williams' Pink Pills Build up and enrich the blood, which brings with it new health end vitality. The man, woman or girl who takes Dr. Williams' Pink Pills is never run down. Their friends notice how energetic they are, what a fine appetite they have and how much they enjoy life.

You can get these pills through any dealer in medicine, or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont. ---

As the Barge Floats.

The canal was busy enough. Every now and then we met or overtcok a long string of boats, with great green tillers; high sterns with a window on either side of the rudder, and perhaps The question whether conscience is a jug or a flower-pot in one of the winan infallible guide is of academic im- dows; a dingy following behind; a wo- ! portance only. That any function of man busied about the day's dinner, the human mind should deserve to be and a handful of children. These called infallible would seem improb- barges were all tied one behind the able We have not infallible know- other with tow ropes, to the number ledge or infallible judgment, and knows of twenty-five or thirty; and the line

know; it is never safe for any man to Of all the creatures of commercial enterprise, a canal barge is by far the To admit that conscience partici- mast delightful to consider. It may in the limitation belonging to spread its sails and then you can see all things human is not to admit that it sailing high above the tree-tops and

The spirit of man is the candle of great forests and through great cities There is constant need to insist on has no concern.-From "An Inland

Mirror.

Lonely for the lonely. Foolish men say life does this-

things, the big lands and the Life's a looking glass, it shows

Your own joy or woe. -George Elliston.

---Our national character is the greatest asset of the Empire: at the same -Lord Burnham.

HARRIMAN.

In view of the obvious fact that

name such as Harrison comes from

the given name of Harry, or Henry,

same given name, wouldn't you?

Racial Origin-English.

Source-A given name.

terchangeably.

Variations - Henman, Harman, Har- of Harriman

Surnames and Their Origin

you will find the forms "John Harri- dicative of the pronunciation of the

The family name forms of Harman, rolls of the Norman host that fought

man" and "Harry's man John" used in- "ch" in the other spellings.

SNOWSHOE TRAILS IN NORTHERN WOODS



"D lane Bec Trails," a new out-of-doors feature which | for spending a winter outing in the woods and the D will take the visitor out into the forests of North- men who will operate them are outfitters who have ern Ontario and Quebec under the guidance of experi- had wide experience in caring for hunting and fishing enced woodsmen and trappers, will be operated this parties. Travel will be over trap lines, on well-beaten winter by several outfitters in the northern sections of trails, by dog team and snowshoes and the visitor these two provinces, it is announced by the Tourist will be able to make woods trips of from 50 to 200 Department of the Canadian National Railways. These miles, under conditions which will provide for the come, have been arranged to meet the demand for facilities fort and convenience of the inexperienced woodsman.

True Giving.

Nellie was not only the smallest in the second grade, but she seemed to have less of material supply and comfort than the other child-In fact, sometimes she hardly neatly dressed in a good school frock.

but apparently had promised not to. stump-arm with a hook at the end or ment, pick up a tumbler, fork, knife measure, it would be natural for the bank, in bunches of leaves enormous Several days afterward the teacher a dummy, and useless hand.

ing and had asked the child if she had man with an artificial leg! more and they just fit her."

It Is Serious Business-

-To be responsible for training tomorrow's citizens.

of other people's money.

loved ones in our hands.

-To own a lot of money and have no great objective in life.

-To stand before an audience of one hundred people for thirty minutes. -To live if one believes that he is

CHENEY.

It is found as a surname first in the

Variations-Chesney, Cheny,

in both English and French.

Racial Origin-Norman French.

NEW LIMBS FOR OLD!

Wonders of a Clever Craft.

One day Nellie arrived at school lost a leg, they had either to face the body take that he must learn so many measures of dazzling, poised low over the water Everyone spoke about how nice wooden peg-stump leg. And, if they The lifelike hands, perfectly shaped, of a football field. For every ten stood motionless and silent on each she looked in them, but it seemed to lost an arm, there was but the choice flesh-colored they are made of a spe- yards gained, a first down is possible, side of the broad stream. At the foot be a mystery how she came to have of pinning the empty sleeve across cial line, and with the usual lines on Whenever a note is fumbled, whenever of the big, towering trees, trunkless them. Nellie seemed to want to tell, their chest, or of having a wooden them, have fingers which, with a move- the fingers stray outside the proper nips palms ros from the mud of the

and the mother of Elizabeth, one of All that, however, has been changed, move about and close on the thumb, whistle and inflict a penalty. Nellie's classmates, were discussing If, now, you had the misfortune to lose in quite natural fashion. pieces of Elizabeth's outgrown cloth- world-tramp was made recently by a limbs must be seen to be believed, arouse all his sporting instincts.

and worn to be fully appreciated. And seep them. Elizabeth said quietly, as These legs are made of duralumin, a an arm weighs but 22 ounces! though she were passing along a dear light but immensely strong metal. To-day's artificial eyes have not a secret. "Why, yes, I gave them to Every joint in the leg is on ball bear- fixed, glassy, lifeless appearance. They Neille! I couldn't wear them any ings, and at the hip there is a "univer- match, move in perfect conjunction sal" joint which enables one to turn with the real member, and dilate and the leg and foot in any direction, contract in company with the natural putation at the hip, the wearer de- Messrs. W. J. Wilson and Co., of sires to sit, a slight pressure releases Bedford Row, London, whose artificial the knee and hip joints, and a seat limbs are described above, told me can be taken in the most natural man- that in one of the last parties of Aus--To be intrusted with the handling genious ball-bearing ones do not get had one or more of these artificial

ner. Unlike natural joints, these in tralians to return home every man stiff with age, gout, or rheumatics! wonders, and of the crowds who -To hold the lives of other people's And there is no rubbing or weight at watched them embark not one noticed the point of amputation, wherever anything!

Story Words. Macadam.

No more fitting tribute to an invent or could be paid than that the product which he invented should bear his name. Thus is John London McAdam, the highway engineer of Scotland, who instituted the use of crushed stone as paving material, remembered through the use of the words "macadam," macadamize," and other deri-

vatives. Although McAdam rose to the position of general surveyor of metropolitan roads with a grant of £10,000 from the English Government for carrying on the work of highway improvement. you'd be strongly tempted to believe The record of this family name and there is evidence in the now obsolete lyeloped illustrates quite clearly that it system of road-making met with op-And if you were so strongly tempt- is only in modern times that the pro- position. The fact that "macadaed that you actually did think it- nunciation of "ch' has been softened mites" was used to designate those who advocated macadamized roads in-The name of Harriman does come | The family name at first, of course, dicates that there were others who

what could it have meant in the first continent from which its Norman bearers came, and was used first in word was used figuratively for break-Merely this. In the middle ages, as the period following the Norman con- ing up anything into pieces. "Flinty often is the case today, the worker, quest of England. . hearts," for instance, are spoken of as the servant, the follower of a given | The place was the town of "Chenee," | "macadamized."

> Gushing Young Pupil-"Ah, professor, if ever I make a planist I'll owe it away?" all to you." Professor of Music-"Pardon me, ring. young lady, my terms are quarterly-

Always. "What's the new strike about?" "It's hard to tell, but we're in the

Contest Winners.

One of the most interesting campaigns ever held in Canada to select a name for a new product has just been completed by Sheet Metal Pro-

ducts Co., of Canada, Ltd., in Toronto. This firm invented a splendid new stove-pipe which is extremely easy to put in and has three locks in each secwhich prevent it bulging and make it very rigid.

A name was wanted for this product and a contest was held among Canaran from April 24th and ended November 30th, and the lucky winners of the clerk. prize money were:

ner, Ltd., Sarnia, Ont. 2.-W. R. Finlay, Travelling Salesman for Northern Canada Supply Co.,

3.-Laz. L. Brissette, c/o J. O. Paquettes Hardware, 790 St. Catharine St. E., Montreal, Que. 4.-Walter Klinck, Hardware Mer-

chant, Elmira, Ont. And the name selected was Self Made Pipe, which also embodies the never finished Giadstone!" principal letters, SMP, used by this big

Sufficient Evidence. "How do you know Jenkins' wife

"He carries a can opener on his key Most of Them Are. Jerry-"I tell you, it takes conrage

Larry-"Then I've met lots of ver; brave girls."

Sneezing?-Use Minard's Liniment.

Various Blooms.

Far, far away, I know not where, I know not how.

The skies are gray, the boughs are bare, bare boughs in flower; Long lilac sink is softly drawn from \$35.00 guaranteed. Poisson, 340 Mount bough to bough, With flowers of milk and buds of

fawn, a broidered shower. Benecth that tent an Empress sits, with signted eyes.

And wafts of scent from censers flit, a lilac flood;

Around her throne bloom peach and pium in lacquered dyes, And many a blown chrysanthemum,

and many a bud.

She sits and dreams, while bonzes twain strike some rich bell. Whose music seems a metal rain of radiant dye;

Which sprang from earth, which slipped from looms, which sank from sky.

relief through the use of Baby's Own through the English landscape, pre-Tablets. The Tablets are a mild but pared by writers whose pleasure in thorough laxative which never fail to books is of the two-sided kind, and cerning them Mrs. Gaspard Daigle, De | who have the necessary restraint to driving out constipation and indiges- praise in few words, and the necessary tion; colds and simple fevers. Con- scholarship to give information accerning tem Mrs, Gaspard Daigle, De- curately and in the right proportion. main, Que., writes: "Baby's Own Tab- | . . . But once given the true intellets have been of great benefit to my fectual wanderlust, a map like this little boy, who was suffering from con- may lead us far. stipation and indigestion. They quick- In this voyage we are explorers. ly relieved him and now he is in the We may travel over known regions, best of health." The Tablets are sold but even in those there are discoveries by medicine dealers or by mail at 25c to be made. The map we now draw a box from The Dr. Williams' Medicine will not be one that can be bought Co., Brockville, Ont.

---Music as a Game.

Inquiry among pieno teachers, fathers, mothers, guardians and others having relations with youth shows that in about every 10,000 boys there is one who looks forward with growing honor due to founders and benefactors, interest to his music lesson, and practices between lessons without being for our inheritance, and our literatures told that he must. Mostly boys who take plano lessons, or lessons on other musical instruments, deplore the pracfice periods. Ways might be found to Newbolt, in "Studies Green and Gray." interest such boys in prosaic practice, regardless of their dislike for five-finger exercises or the running of scales. Most boys are interested in athletic It is not so many years ago, writes that may be. The weight of a full leg games. Football might be used as an forests cut by the intense glitter of the had enough clothing to attend school. a London journalist, when, if anyone is but three and a half pounds, and example. Rather than tell a boy that river, the sun appeared unclouded and lifelong use of crutches or wear a Arms are more wonderful than legs. measure represents a tenyard section metal. The forests, somber and dull, music, it might be suggested that each that shone smoothly like a band of

It may not have the sanction of those stillness of the air every tree, every the children. The teacher spoke about a leg, you could be fitted with one Another type of arm has an adjust- who love the planoforte for its own leaf, every bough, every bendril of how nice Nellie was looking the last with which you could, literally, do able ratchet, operating a split hook, sake, but those who may have strug- creeper, and every petal of minute few days, and how happy she was that everything, and none would know you That will grip and swing) a golf club, gled with a so-called blossoms seemed to have been beshe was able to have such warm cloth- had an artificial member. You could bat, rod, chisel-anything. A flex might find that he would learn music witched into an immobility perfect and ing. The mother then told the follow- walk, run, ride, play golf, cricket, movement of the arm stump raises the and learn it well if it happened to be final. Nothing moved on the river ing incident: She had missed several hockey-anything. A 5,000 miles hand to the mouth. These scientific taught to him in a way that would but the eight paddles that rose flash-

A Wreath for Persephone.

Weaving soft garlands The meadows she roved. These are the flowers Persephone loved.

Almond and asphodel, Violets blue, Myrtle and marjoram, Roses and rue. Lilfes and lotus bude, Parsley and thyme. Amaranth, cowslips And flowering lime.

Dreaming of summer Dark meadows she roved These are the flowers Persephone loved. -Marie Emilie Gilchrist, in "Wide

Pastures."

----Minard's Liniment,-ever reliable.

An Incomplete Vote.

The great English universities return members to Parliament, just like The Times (London) the borough cities. But the election is traditionally a viva voce affair. The dian hardware merchants. Contest voter annuonces his choice, which is thereupon registered by the election

Sometimes the practice has its 1.-C. M. Farrow, c/o G. & A. Gardi. amusing side. In the famous election in which Gathorne Hardy ousted Gladstone from one of the seats for Oxford University there was a dispute over one vote given by a graduate who was

voted thus: "Glad-I mean Gladstone's supporters claimed the

"That may be" was the retort, "but

he never began Hardy." Happiness lies in the absorption of some vocation which satisfies the so

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-William Osler.

Goldsmith Bros. 21 Dundas St. East Toronto

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A Map of English Literature.

The time has been-it is, perhaps, not wholly past-when the words "pleasure" and "education" seemed to jar with one another. But modern thought is recovering for us an old and almost forgotten wisdom. We are learning to see education as the growth of the human powers Just as no one can for long devote himself even to a game without beginning to take an interest in the technique and even the history of it, so for any child In this strange birth of various blooms who is really a reader the time will come when the technique and the history of Literature will redouble the interest of the book itself. . . .

_It will be worse than useless to offer either to young or old a guide to the beauties of Literature or a handbook to literary appreciation. What can be done is to provide, on whatever scale, a conspectus or map of the long Constipated children can find prompt course of Literature as it flows

even from the best professional because it is the record of our own observations, and traced upon the chart of which we slone have the secret. and the use. It will not be a man of our own island merely, but a survey of the inhabited world. For though we in modern Europe have not the we have the wide lands of the past more ancient rivers of thought have flowed down as tributaries .- Henry

The Forest Lagoon.

At the end of the straight avenue of or even a pin! The two forefingers teacher—acting as referee to blow a and heavy, that hung unstirring over

ing regularly, dipped together with a single splash; while the steersman swept right and left with a periodic and sudden flourish of his blade describing a glinting semicircle above his head. The churned-up water frothed

alongside with a confused murmur The men poled in the shoaling water. The creek broadened, opening out into a wide sweep of a stagnant lagoon. The forests receded from the marshy bank, leaving a level strip of bright green, ready grass to frame the reflected blueness of the sky. A fleecy pink cloud drifted high above, trafling the delicate colorings of its image under the floating leaves and the silvery blossoms of the lotus. A little house, perched on high piles, appeared black in the distance. Joseph Conrad, in

The Test.

"The Lagoon."

What a man can do well is the test of his worth, and the idea that be sentially inferior to others, is as false as the converse proposition which is now so often and so loudly heard .--



Throat Husky? Minard's Liniment gives quick relief. Rub it on the throat



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