Lake Louise.

A silver rose sleeps in the jewelled

Where shines as in a glass Victoria's Crested with snow, that falling flake

Fashions a hoary crown. The mountains bleak Are glacier-gored, and crystalline; green aisles

Break through turquoise ,ice-hewn galleries; While at the base, 'mid snow eternal,

The heaven-reflecting water, Lake Louise.

At dawn the lake dreams, shimmering An opal fallen where the shadows

The fragrant breath of morn is all too To mar the image of the green-gold

encrusting gems of

And frozen frondage by a glacier Are brightly mirrored in the lake be-

Like silver apples in a bowl of jade. The first star finds the shadowy lake

The heaven glows, a sapphire at With winnowed blue; and still the

Shines in the water like a burnished

Night-and cooling winds trace quiv-Athwart heaven's imaged glory,

Fall like cypress shades among the And the silver wose in the waters

-Alice M. Winlow, in the Christian search is recalled by the death the to see a bear. She chose a likely spot human instincts of the black bear. Science Monitor.

Ontario Dental Health Day.

been made during the past few de- cated a needle in a patient's hand. cades in the prevention and care of It is impossible to over-estimate the disease, and this improvement is due debt which medical science owes to to a large measure to the scientific men like Hall-Edwards. He began his investigation and research conducted X-ray experiments in 1896, immediatein our laboratories. The knowledge ly after Professor Rontgen's discovery thus gained would be of little use, had been made public, and while the however, unless sent to those who use of safety devices was unknown. need it or those who can apply it in Many of these devices, indeed, were the e ucation or treatment of others. suggested by him as the result of these

The most valuable contributions early experiments. the people are now seldom heard of tute for a forefinger.

frequent causes of disease and the On- institution. tario Department of Health has or- Another celebrated X-ray practition- calls upon every bit of the reserve He falls back because he cannot help ganized a special effort for the pur- er associated with St. Thomas's was strength we have, that we need their it; he is tired. Thirdly, this child is pose of informing the people in regard Sir Archibald Reid, who took charge rejuvenating help. It was then I pretty surely peevish; sullen, grouchy to the prevention of dental diseases. of this department of the hospital's found Dr. Williams' Pink Pills a friend |-just as you would be yourself if you This campaign will take the form of a work in 1912. His death in 1924 was indeed. And again, now that the girl- felt as he does. He needs a rest cure, Dental Health Day, to be held on Wed- a direct result of his X-ray work.

Insurance Companies, newspaper pub- ing upon himself. licity which the press is giving without charge, and window display.

request of the Department of Health, miles. will give private instruction on mouth care to all who desire it, and the general publicity will stress the importance of a proper diet, thorough mastication of the food, and careful cleansing of the mouth.

The educational, health, service and social welfare organizations of the Province are co-operating, and this, the first Province-wide effort of this kind in Canada, promises to be a great

Immortal Love.

Robert Southey was the Poet Laureate for thirty years. He is remembered now almost solely for poems he thought little of himself-"The Battle of Blenheim," "The Inchcape Bell," and "How the Water Comes Down at Lodore"-but in prose his "Life of Nel-

They sin who tell us Love can die. With life all other passions fly, All others are but vanity. In Heaven Ambition cannot dwell, Nor Avarice in the vaults of Hell; Earthly these passions of the Earth, They perish where they have their

birth; But Love is indestructible. Its boly flame for ever burneth, From Heaven it came, to Heaven re-

turneth: Too oft on Earth a troubled guest, At times deceived, at times oppressed, It here is tried and purified, Then hath in Heaven its perfect rest: It soweth here with toil and care. But the harvest-time of Love is there. Oh! when a mother meets on high The Babe she lost in infancy, Hath she not then, for pains and fears, The day of woe, the watchful night, For all her sorrow, all her tears, An over-payment of delight?

the state of the state of the same

Berns and



Martyrs of Medicine.

other day of Major J. F. Hall-Edwards, the famous British surgeon and X-ray pioneer. The first operation ever performed with the aid of an X-ray photograph was, in a case where, by What wonderful advancement has this means, Dr. Hall-Edwards had lo-

made by research workers in so far Even when, owing to X-ray dermati as the health and happiness of the peo- tis, he had lost his left arm and four ple are concerned have been in the fingers of his right hand, he continued field of preventive medicine. Many of his work, managing to carry on with the diseases which years ago afflicted a solitary thumb and a rubber substi-

and still greater results are confident- | Our knowledge of X-rays has been

Even before X-rays medicine had of four children, subject to all the cumstances. The activities will include a motion its martyrs. The famous John Hunter cares and worries of the home. Dr. | Sometimes this rest cure should be picture film which has been prepared took innumerable risks in his experi- Williams' Pink Pills is the only tonic very complete, but in most cases, by the Ontario Motion Picture Bureau, ments, and even infected himself with I take to keep up my health and when taken in time, a sort of modified After about 2 weeks' treatment, goitre radio talks from the various stations, diseases to observe their course more strength, and they have never failed rest cure will do, the work. This becomes soft and spongy, and then instruction to school children, the dis- closely. His death is supposed to have me. Should any ailing girl or weary means shorter hours of school work, gradually disappears. Usually one tribution of special booklets by the been due to this habit of experiment- mother, due to my advice, try these, a cutting down of hard and strenuous bottle is sufficient. Literature and

Animal life ceases to exist in the The dentists of the Province, at the ocean at a depth of one and a half

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and the service thorough. A trip to the British Isles, sailing from Montreal in the Autumn when the Summer tourist rush is over has a charm and allure you will find irresistible.

Ask your steamship agent about the St. Lawrence route to Europe, or write-

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Quebet and rang a peal in each. CUNARD

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ing on a business trip)-"Don't forget, dear, to take some cotted lines with CANADIAN SERVICE 187 you." Minard's Liniment relieves stiffness. CONTRACTOR CONTRACTOR

Human Traits of Black Bear



(1) Bear cub stepping out. (2) Black Bear family in native haunt. of recognition from the tourists.

One of the epic stories of medical re- Rockies, and desired above all else monstrated one of the many almost ments."

Pink Pills a Friend Indeed.

blood-building tonic.

equally good as I have done."

Scientists Testing Truth

studying the temperature of the skin,

covered and uncovered, and found

the opposite, is not stated. However,

the experiment would seem to indi-

plain all: It is still a mystery why

more heat is given off over the fore-

head, the chest, the shins and the

Bell Ringers on a Tour.

Surrey towns, during a holiday tour in

Somerset and Wilts visited 13 towns

Necessary.

Wife (to salesman-husband, depart-

Thirteen bell-ringers, mostly from

coolest bedfellow on a hot night.

Co., Brockville, Ont.

It's a "fifty-fifty" proposition with and waited and waited, but in vain. Canadian black bear, the most popu- Later when out on a stroll she came sweetened. lar wild animals in the parks of the upon a bellhop with a bottle of milk. Canadian Rockies. They have not re- She watched, without making her pre- had such success as has Baby's Own sented man's intrusion but instead sence known. Scon a bear appeared Tablets. They banish constipation have exhibited an ever-increasing with two cubs. The boy approached and indigestion; break up coids and storms affect milk has no foundation curiosity about man's affairs. In the fearlessly, took the top from the botvicinity of Banff and Lake Louise they the and gave the cub a drink. When, colic and promote healthful sleep by accur toward the end of hot summer have become so tame that it is a com- however, he tried to take the bottle regulating the functions of the stom. days. On such days milk is also likely mon sight to see them amble across away in order to share it with the ach and bowels. Concerning them to turn sour. This, so far as known, the roads, and even stop for a sign other cub, the cub refused. The moth- Mrs. L. M. Brown, Walton, N.S., is the only connection between the er bear asserted her authority and writes:-"I cannot speak too highly

The Tired Child.

It is hardly possible nowadays to NEED RICH BLOOD take up a paper or a magazine without being reminded that we live in a rest-Just because she is a woman there of the young to offset it. To begin story.

blood, give strength and restore tone much in later life. to the aching nerves. The anaemic But physicians have to look at this Palestine. girl who is languid and pale; the wife question from the physical point of whose back feels like breaking; the view first, though they remember that Judeda he took many of the inhabitmatron whose health fails as she there is another side, which we call ants to Babylonian captivity, but we reaches middle age for all such suf- the psychic. There are certain signs are told that he allowed some, includdearly won. Dr. A. Barry Blacker, one ferers Dr. Williams' Pink Pills are in- which infallibly indicate the over-tired ing the prophet Jeremiah, to remain The prevention of disease is largely of the first men to introduce X-rays ina matter of education. It cannot be to hospital practice, also paid the women is usually caused by poor blood is almost certain to be "skinny," howaccomplished through the efforts of penalty of his pioneering work. He or insufficient blood. These pills have ever ample is the home table and howthe physician alone; he will lead the had to be operated on again and again, proved a blessing to thousands of ever much he seems to eat. Secondly, this ancient city took place when Ishway but the general public must be and finally died of a disease caused by others, why not you? At various the fatigued child is almost certain to taught to take such an interest in their the action of the rays. But his experistages of life Mrs. G. R. Lake, Walton, "slump," 'to sit in bad postures, to comed by the Babylonian governor own health that they will be willing to ments in a small basement in St. N.S., has proved the value of Dr. Wil- stoop and slouch when he walks, and Thomas's Hospital were the start of liams' Pink Pills. She says:-"I first to fall back into these faults quickly which he suddenly rose and killed Dental infection is one of the most the famous X-ray department of that used these pills when a young girl, for no matter how sharply he is admonishit is during the 'teen age when nature ed to "sit straight" or to "stand up." throwing their bodies into a pit. hood stage is past and I am a mother just as you would under the same cir- ters goitre? Do not worry. Goitre

pills. I know they will find them as play, and, above all, longer hours in bed, because it is while the child is off You can get these pills from any his feet that the cure goes on quickmedicine dealer or by mail at 50 cents est. It is not necessary to say that a box from The Dr. Williams' Medicine the additional hours in bed should not present themselves to the patient as punishment; rather they should be regarded as a special privilege. That is, breakfast in bed or lying down during of Cold Shoulder Theory the day with a few toys or picture Scientists of Amsterdam have been books is understood to be distinctly measuring the amount of heat given approved of. The first sign of imoff by the human body to find why provement will be a gain in weight, some parts give off more heat than accompanied by a serenity which has others. Drs. E. Sluiter and G. van long been missed; but the return to

Rijnberk devised an apparatus for the complete normal will be slow. To An English Teacher.

that much less heat was given off over layers of fat and a great deal more I wad that Bobbie Burns were ge'en where the skin lay close to bony sur. To hear ye read his lines between Sae fu' o' love. His Scottish lore _ Was nair sae beautiful before. Whether this means that people built on generous lines are as cool as

cucumbers on the outside and "red An' aft I wish there listened here Some ither poets far and near hot" within, with skinny folks just Whose words ye read, and aft gie oot Mair love than aye they dreamt aboot. -Rosaile S. Jacoby, in "Kaleidoscope cate that a fat person might make the

Dr. Slutter thinks that some of the The rarest stamp in the world is differences in heat radiations at varithe one cent. 1856, British Guiana, ous places may be explained by the printed in black on magenta. This nearness of large blood vessels to the was sold for £7,317 in 1922. surface, but this, he says, does not ex-

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- Description on the

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For there amidst the rushes, Beneath the open sky. Afloat on dusky waters, Most delicate and shy Are water-lilies gleaming Like jewels in a crown. Oh, where the rushes beckon Traveler, come down! -Elizabeth Fleming.

CHILDHOOD AILMENTS

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but nine-tenths of them are due to one operas. The maximum prize is to be an ell of moan in any state of market." cause and one cause only-a disorder- 100,000 lire, for each new work, of says one of the old English fathers. ed condition of the stomach and which eighty per cent. goes to the Pilgrims at the shrine of Mecca conminor ailments of babyhood and child- duces the work and twenty per cent. to their devotion that they call upon the hood the bowels must be made to work the composer and librettist, regular and the stomach must be

No other medicine for little ones has An English lady was visiting Cha- gave the obstreperous cub a wallop. of Baby's Own Tablets as I have found teau Lake Louise, in the Canadian This settled the dispute, and only de them excellent for childhood ail-

passing laws regarding the dresses Baby's Own Tablets are sold medicine dealers, or by mail at 25 cts. a box from The Dr. Williams' Medicine Co., Brockville, Ont.

---Buried History.

less, undisciplined and driven age. If Near the site of the ancient city of that is so, we cannot hope that the Mizpah, in Palestine, a party of scien-This Lady Found Dr. Williams' chilren will escape; indeed, they must tists recently discovered a great pit be the first and the chief sufferers. But into which they think the bodies of once the danger is recognized, much Gedaliah and his followers were can be done by parents and guardians thrown, as related in the Biblical

are times when every woman needs with, fatigue and lack of proper dis- A number of rock tombs containing help and strength in the form of a cipline are sure to go together. The a mass of early pottery were also spoilt child is always a restless, fid- found, and the scientists confidently To thousands of girls and women gety child. He is growing up without expect to unearth, amongst the relics Dr. Williams' Pink Pills have proved that training in quiet, in self-control, of this two-thousand-five-hundreda blessing because they enrich the in co-ordination which he will need so year-old city, records telling the full story of the Egyptian campaigns in

When Nebuchadnezzar conquered

The historic crime associated with mael came to the colony and was welwith a great feast, in the midle of Gedaliah and his friends, afterwards

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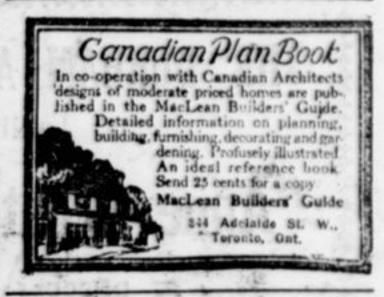
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ing. It is said that he contemplates

It seems that the Government of Somebody has described laughter as Mussolini is anxious for a revival of "a faculty bestowed exclusively upon Italian music, more especially of man," and one which there is, thereopera. Various theatres have been re- fore, a sort of impiety in not exercisacquired, and now the Government is ing as frequently as we can. One appealing to native composers, and may say with Titus that we have lost prizes are being offered by the Minis a day if it shall have passed without The ailments of childhood are many ter of Public Instruction for new laughter. "An inch of laugh is worth bowels. To quickly banish any of the theatrical management which pro- sider laughter so essential a part of prophet to preserve them from sad faces,-From 'Harper's Easy Chair,

Old Salt Mines. Salt mines in the Carpathian moun



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