### The Advent of Tea to England

Tea was not used to any extent in England till about the middle of the seventeenth century, although knowledge of the wonderful qualities of the beverage had reached Europe as early as 1517. During the seventeenth century, all tea was imported from China and cost from \$25.00 to \$50.00 per pound. Not until 1836 did any tea reach England from India. In that year the first shipment was made from the now famous tea growing district of Assam. India today supplies fully half the world's tea requirements and provides some of the finest teas grown. The rich body of "SALADA" is due to the select India teas used in the blend.

# The Backsliding of Barbara

It Brought Happiness and Awoke Love in Four Lives.

BY COURTENAY SAVAGE.

PART I.

and a June morning. A bluebird five-thirty and finished a batch of to enter the grounds. beautiful than he.

Barbara Midgely was standing in the doorway drinking deep of all this ing young woman but too severely to bed possessed to assert itself. Her light brown hair was plastered back from knot. Her plain dress of dark blue linen was buttoned high about her ed. It had been a case of duty to be cementing a life-long friendship. throat and had long sleeves cuffed done. In winter she had plowed Escorted by the puppy, Barbara with white at the wrists. Her eyes, they wondered why a young woman should make herself so unattractive. ten. Then they would learn that Barbara's dictations of Miss Hattie Midgely, Barbara's aunt.

Aunt Hattie, tall, slender and sharp featured, was the younger sister of known but one love and that was money. She was a stern woman who "Well!" Aunt Hattie called when

she saw Barbara standing idle in the doorway. "Ain't you goin' to work?" lay between Wallonboro, her home for a soapy mop and a pail of hot ing, carefully studying Barbara as which in short we might say consists

"That ain't any excuse for wastin, Camdentown, the county town.

ful it would be if she dared put a steeples showing above the tree-tops; that left unwashed pots and pans in "Maybe sister's in the barn. She bunch of those roses in her belt. How the prosaic little town where women the kitchen sink. times in the fall of the years when To the left lay—what? Beauty! That boy of four or five! now it seemed as if she must run away into the heart of the summer

"Well! Ain't you goin'?"

"Yes, ma'am. Good-bye." "Good-bye." Aunt Hattie seemed relieved as Barbara started down the steps. "Be good now. Do your work - and no backsliding."

Barbara did not answer. She had



She hesitated at the entrance of the driveway, wondering if it were just the place for her to ask for a drink of water. To Barbara the house seemed to speak of such grandeur that it seemed possible they might rehad done almost a day's work and it fuse. Still, she was thirsty. It would It was twenty minutes before eight was not yet eight. She had risen at be an added incident to her adventure

All the grimness was gone and in its place was a soft beauty. She rolled

back the cuffs of her dress until they reached her elbow. Her arm was

Thus transformed Barbara felt that

she must let the world look upon her

new-found love iness. She picked up

the straight-brimmed hat she had been

wearing but did not put it on. She

was afraid to spoll the effect of her

and on over Culver's Hill. She walked

slow.y. Once a farmer on an empty

hayrack offered her a lift and a wo-

man driving a car drew up and asked

if she wanted a ride. Barbara refused

both offers. The spirit of adventure

She kept on, crossed over the Hill

and was traveling through the rich

country known as the Camdentown

Valley. She saw fine farms, noted the

prosperous houses and outbuildings

and a longing began to creep over

her. She wanted to talk with some-

one. She realized that the sun was

The girl was now approaching a

house that was most inviting. When

she was quite close she saw that the

house was new, a long low building.

painted white, with green blinds. It

was of Colonial design and the brass

knocker on the door seemed to invite

her. It was really a beautiful house

as were the grounds; a well-kept lawn

with flower beds, gravel walk and

shrubs. Beyond the house Barbara

saw rows of fruit trees, orderly and

well cared for and she decided that

the place must be a presperous fruit

hot and that she was thirsty.

was strong within her.

Barbara went back to the turnpike

plump and pretty.

flashed his wings as though he chal- bread, fed the chickens, strained the As she started up the drive an Airlenged June's blossoms to be more milk, prepared breakfast, washed the dale puppy came from the shadow of dishes and had then dressed to go one of the shrubs that dotted the lawn. down to Joe Baxter's store and "clerk" He pricked up his cars, cocked his boy a dressy suit and make him ready until six that night. Then she would head to one side and viewed her with for the party. The waist is easily come home and help with the work grave interest. Then he decided to be beauty. She was rather a good-look- about the place until it was time to go cordial. He started forward with a Peter Pan collar. The trousers, with Yes, Barbara did her work. She his nose to the end of his stubby tail. shoulders with buttors and buttonhad been following that exact routine Babara bent down to pat him and he holes. Cut in sizes 2, 3 and 4 years. since sixteen and now she was nearly snuggled his wet nose into the palm Size 3 requires 1% yards of material twenty-six. She had never complain- of her hand. It was as if they were 32 inches wide for the tronsers and

through the snow drifts, in summer made her way towards the back door. through pelting rains or dust or heat. Timidly she crossed the low-roofed When people first looked at Barbara On Wednesday nights the store was stoop and knocked. She waited. A open until eight, on Saturdays until full minute passed and there was no answer. She knocked again and then There had been no "backsliding" as a third time. Wondering at the lack whole life was lived according to the Aunt Hattie termed any break from of sound from the house, Barbara rigid attention to duty-that is, not went towards one of the kitchen winuntil this morning for while she had dows and peered in. She started back

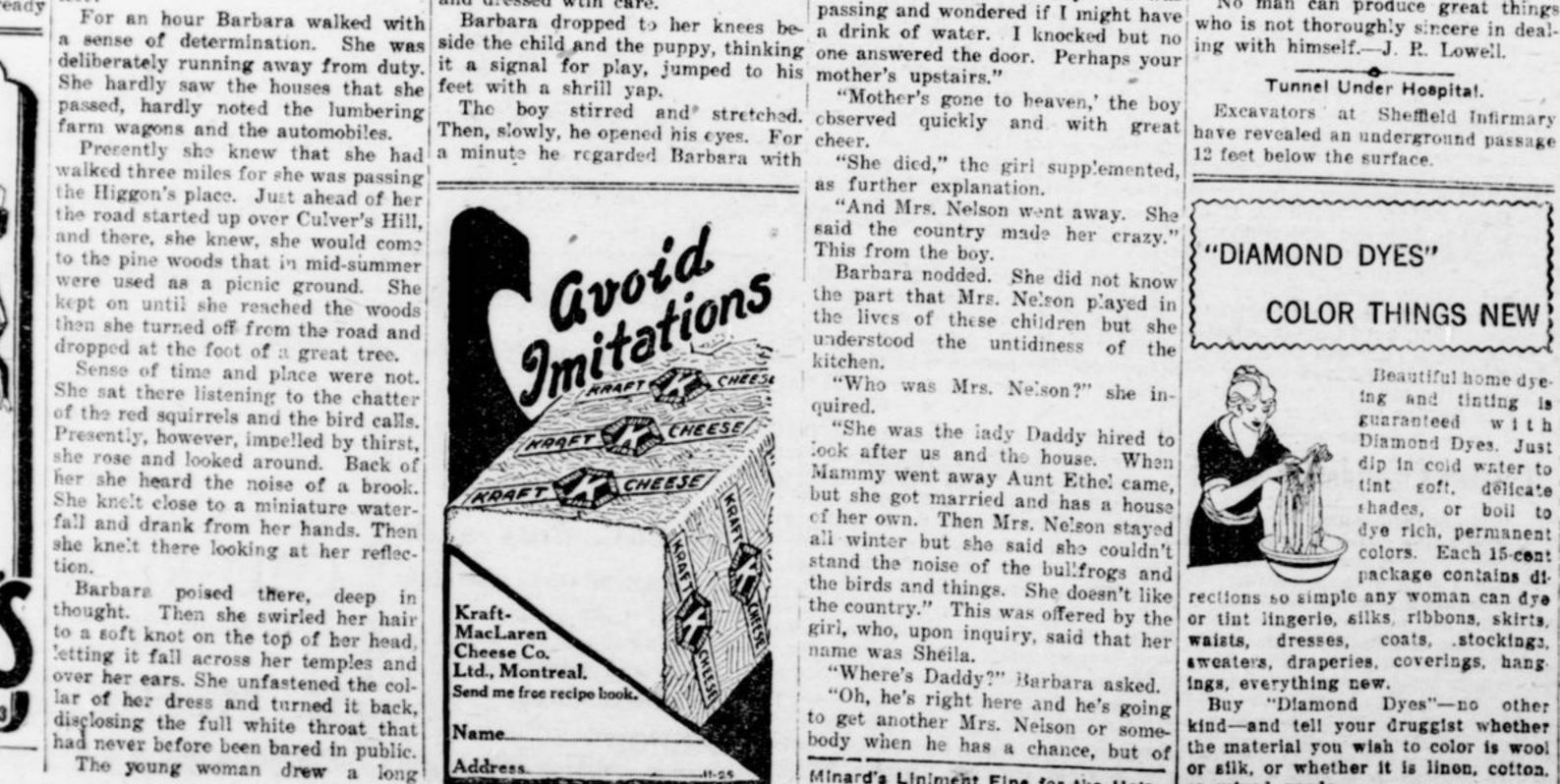
dreamed of rushing away from the with a little cry of amazement! narrow sordidness of the life she led, Barbara had never seen a room the same intent expression that the until this very morning Barbara had quite as disorderly as the one she had puppy had used. Then he smiled. never allowed those dream to take looked into. The sink was piled with Barbara sat down on the grass. dishes and saucepans, the kitchen "Hello! Been asleep?" Revolt! That was it. Last night table was covered with similar articles "Yes, who are you?" as she had hurried home before the while the stove, rusted and covered "Oh, I'm just a lady taking a walk. storm she had felt that she must soon with grease, boasted a couple of un- My name's Barbara; what's yours?" saving and, under the head of saving have a day to herself, a day in which washed frying pans and a kettle. "Richard; it's John Richard Howell. in which we learn the lessons that exto follow the brooks that hurried There was a pile of dirty tea towels Daddy doesn't want people to call me perience offers us. So prudence, tact, across the meadow, a day in which she on one chair, a heap of clothing on Dick." He spoke with a deliberate foresight, and observation all go to

Barbara stood awed and excited. with us?" When she reached the point where Something was wrong, terribly wrong. "Oh, no, I just came to ask if I For Sore Feet-Minard's Liniment it. Get to the store a little early for the lane met the turnpike, Barbara This house was far too lovely to pos-might have a drink of water. There Barbara was thinking how wonder- the right lay Wallonbero, it's church laid out the garden were not the type ed."

was it-beauty. She was starved for At her first glance Barbara thought startled her. it, just as other women starved for the child was dead. In terror she ran "She'll come! That's our signal," cases. it. All the soul of her was crying forward but as she drew closer she the boy announced calmly. realized that the boy was sleeping. He Come she did, racing madly, a long-She looked back towards the squat was a good looking youngster with a legged girl of seven or eight with stone house that Aunt Hattie had in- mop of dark hair and long dark eye- bobbed hair flying, brown eyes bright herited from her parents. It was ugly, lashes that swept his cheeks. His face with excitement at the sight of a Her life was ugly. And yet there and hands were dirty; so were the stranger. were God's beautiful hills! She ground well-made garments that he wore, but "How do you do?" she dropped her heel into the dust and a sudden the grubby uncleanliness was of re-curtsey when she was close. determination filled her. When she cent acquisition. Earlier in the day "How do you do?" Barbara rose to

For an hour Barbara walked with Barbara dropped to her knees be- a drink of water. I knocked but no a sense of determination. She was side the child and the puppy, thinking one answered the door. Perhaps your deliberately running away from duty. it a signal for play, jumped to his mother's upstairs."

Presently she knew that she had a minute he regarded Barbara with "She died," the girl supplemented,







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might tramp towards the hills that another and the floor covering cried choice of words that told of his train- make up our quality of common sense, he talked. "Are you going to live here of being sensible and practical.

stopped. Which should it be? To sess such a kitchen. The folks that wasn't anybody home when I knock-

can climb up and sleep in the hay but piled by the Department of Fisheries came and asked for samples of ging- She saw the puppy stretched out on daddy says I musn't. She's bigger the British Columbia salmon pack was ham, a card of buttons or perhaps the grass and beside the puppy, also than me." He jumped to his feet and the second largest on the Pacific coast, bought a few yards of dress materials. stretched out in the shade, was a small uttered a yell. Barbara had never only being exceeded by Southwestern be adjusted! heard such a sound before and it Alaska. The total pack of the pro-

heard Aunt Hattie say those same started to walk she went towards the this handsome boy had, been washed her feet at this formality. "I was passing and wondered if I might have

"Mother's gone to heaven,' the boy

as further explanation. "And Mrs. Nelson went away. She

said the country made her crazy." This from the boy. Barbara nodded. She did not know the part that Mrs. Nelson played in the lives of these children but she understood the untidiness of the

"Who was Mrs. Nelson?" she in-

"She was the lady Daddy hired to look after us and the house. When Mammy went away Aunt Ethel came, but she got married and has a house of her own. Then Mrs. Nelson stayed all winter but she said she couldn't stand the noise of the bullfrogs and the birds and things. She doesn't like rections so simple any woman can dye the country." This was offered by the or tint lingerie, silks, ribbons, skirts, girl, who, upon inquiry, said that her waists, dresses, coats, .stockings. name was Sheila.

"Where's Daddy?" Barbara asked. ings, everything new. "Oh, he's right here and he's going to get another Mrs. Nelson or some kind-and tell your druggist whether body when he has a chance, but of the material you wish to color is wool Minard's Liniment Fine for the Hair. or whether it is linen, cotton.

Women often ask me — says Mrs. Experience – how I get my table linen so immaculate"



"I take it as a real compliment, because most women do try to excel in their table linen.

"Of course, I tell them the way I've found easiest and best is with Sunlight-just rubbing the linen lightly with Sunlight, rolling it up and putting it to soak. After soaking, perhaps a light rubbing here and there may be called for, then just rinse, and the linen is spotlessly clean. Fine linens should be protected and never come into contact with anything but the purest soap.

"As a household soap there is nothing better or more economical than Sunlight. Every particle is pure soap, with no wasteful 'filler'. Sunlight is mild and easy on the hands, too." Lever Brothers Limited of Toronto, make it.

course," she sighed, mimicking an older woman, "Mrs. Nelson just had to go right in the middle of strawberries when Daddy hasn't a minute to spare from the picking and pack-

(To be continued.)

Common Sense.

Common sense is the application of posed to exceptional gifts or knowledge obtained by education. Some people have, or at least show,

more of it than others, but everyone not mentally deficient has at least something of this natural knowledge. As we grow up we must gain experi-

British Columbia Salmon.

According to statistics for 1924, comvince last year amounted to 1,738,31' ---

What About the Blackfeet.

The Snake Indians were so called because of the characteristics of these natives in quickly concealing themselves when once discovered. They seemed to glide away in the grass. sage-brush and rocks and disappear with all the subtlety of a serpent

No man can produce great things who is not thoroughly sincere in dealing with himself .- J. R. Lowell.

Tunnel Under Hospital.

Excavators at Sheffield Infirmary 12 feet below the surface. 

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package contains disweaters, draperies, coverings, hang-

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"Jack dear, why not let us end if all right now?"

"For the simple reason that I have five bottles of Scotch home that haven't touched yet."

The First One.

The original cross-word puzzle was and absence of shade. the first argument between the first | Game. Game animals attract for automobile driver and the first traffic eign tourists and induce Canadians to -----

Defective Brains Accused. quite as many automobile accidents as and food. Forest fires are therefore are defective brakes. But brakes can very destructive of such wild life.



## The Right Way to Boil Potatoes

Put the potatoes in an SMP Enameled Potato Pot. Cover with water. Add salt to taste. Boil until soft. When finished, drain off all the boiling water through the strainer spout. No danger of steam scalding the hands because the handle securely locks the cover on. If your family uses potatoes, you require one of these.



Town Planning, its Progress in Canada

The International Town, City, and Regional Planning Conference held this year in the city of New York. April 20-25 (the first time in America) was attended by delegates from twenty-four countries, including Great Britain, the United States, New Zealand. and Canada. Canada was represented by Mr. W. W. Cory, C.M.G., Deputy Minister of the Interior, and the Town Planning Institute of Canada by the President, Mr. Noulan Cauchon, of Ot-

Mr. Cory in his address recalled the fact that Charles Dickens once declared that he had systematically used his art to show the preventable wretchedness and misery in which the masses of the people dwell and had again and again expressed his belief that the amelioration of the living conditions of working people must precede all other reforms and that without this reform all others must fall. The science of town planning, said

Mr. Cory, was based upon the desire to provide better home conditions for the less fortunately placed in life, Mean streets produce mean people. Our cities are more than centres of trade; they are, or should be, places where utility, comfort and beauty can be found: places where the poorest may find decent habitations and some charm in the business of living.

Promoted Best Interests. He believed that town planning held out the promise of improving the housing conditions of the people; it made for a city, planned and controlled in the best interests of all the various classes who compose its population. It was, he thought, a significant fact that chambers of commerce and boards of trade of the North American continent (composed, as they are, of hard-headed busines men) were among ? the strongest supporters of the move-

Mr. Cory briefly reviewed the progress of town planning in Canada and stated that of the nine provinces seven had already passed town planning acts and that in the two others there was evidence of a very active interest in the subject. He gave special attention to that part with which he had been most directly brought into touch, the planning of improvements in the Canadian National Parks in the Rockies. The towns of Banff and Jasper, were he showed, laid out to fit into and harmonize with their scenic settings, the plans of proposed buildings were pass ed upon to secure their suitability, and provision was made for broad streets good water, lighting, and recreation facilities. In planning these and other town-sites in the parks, in laying out the roads and trails to give access to outstanding beauty spots, in the construction of the famous Banff-Windermere highway, and other improvements the principles of town and regional planning had been applied so far as possible and with the most gratifying results. ---

Fish, Game, Fur and Birds.

Fish. Canada has easily the fines! inland fishing in the world, but these splendid food and game fish require plenty of clean, cold water in the streams in order to ensure prolific reproduction. Forest fires destroy this possibility by causing drought, erosion

seek pleasure, health and adventure in the great outdoors. These animals are distinctly a forest resource-utter-Defective brains are responsible for ly dependent upon it for protection

The late Dr. Gordon Hewitt said: "Because of forest fires and lack of adequate protection, many forms of our wild life are melting away into a memory of regret."

Fur.-For hundreds of years trapping has been an important primary industry in Canada. Many thousands of people depend on it for a living and the annual value of the fur harvest is from 15 to 20 million dollars. Generally speaking, north of a line

running from the Gulf of St. Lawrence to James Bay and on west to Reindeer Lake and the Liard River Valley. the forests are distinctly more valuable for their fur crop than for timber. If this vast fur-forest were protected from fire and properly managed, it could yield several times the presnt "catch" in perpetuity, as well as adding to timber supplies.

The trappers say "No self-respecting wild animal will live in a brule" Their trap-lines always follow the green timber. Fire prevention is essential to the success and prosperity of our fur industry.

Birds.-Trees are the houses of the birds-where they nest and live. Aslde from their beauty and their song, the presence of birds is of incalculable value in maintaining the balance of nature. Their consumption of destructive insects and slugs saves the farmer and fruit grower hundreds of millions of dollars a year.

A great increase in the bird population of the prairies has been noted since the planting of shelterbelts and protection of natural "bluffs" has become general.

----Russia Molds Cavaire. Russia has stopped the export of caviare, it is stated.

Wants which go every which-way oust have a sense of direction.

SIX-LEGGED

Summer Boarders Who Al

BY WOODS HUT Early to led and early to rise; There is a reason—the answer is

So sings the poet, Spoopenduyk, of Polterkill. No danger of oversleeping on sunny morning in the good old summer time with the flies right on the job from earliest daylight. You've

Of all the minor plagues and pests the worst, with mosquitoes a clos second and five-finger exercises, kield ing cows and dishwashing left at the How can you keep a cool head, when your face is a fly pasture, your fore-

head a dancing floor, the backs of

your hands a drill ground and the top

of your bald head a skating rink!

got to get up or go mad.

While every inch of spare surface in between is alive and crawling with tickly, sticky, filthy feet. right at home and friendly every where, slaps everybody on the back and puts his feet-all six of 'em-up

ed and protected the birds of our gar

RELENTLESS ENEMIES.

apples to the liver fluke

Traps for the living, abortions for the unborn. Poison the adults, prevent attack them from both ands, open fire on flank, front and rear

pendent upon us for support, born in y out from under them. They soon

They are the reincarnation of our as a bedoug. Flies, like curses, com-

The spring is the very best time of

usually on the sides of the floor

that hatchery of diseases and den of

This is the age of concrete, and all

germ proof. We don't care to "keep the pig in

And the pig will enjoy it and promit by it as much as we will and be prace tically safe against hog choices and Just as soon as the ground in

of the fly and kill any of his eggs a Don't forget to scrape and sweep out all corners and to rake out ever

thing in reach from under the barn Also it is a pious idea, at the same time, to clean up thoroughly under the porch and under the house, for flind

can breed only in filth, garbage piles, refuse heaps, piles of sweepings and The same whirlwind of cleaning through the house itself, with an es tables and fruits in the cellar, the

heaps of old clothes and rag bags in closets and under the stairs and the - piles of trash up in the attic. The fly is particular about his nurse loves is horse manure, because it gives moisture, warneth and air which his

Cow manure, though rich, moist and warm enough is too wet for them to breathe in; it liverally smothers them.