### Telephones in Canada.

The use of the telephone in the everyday life of the new world has reached a stage of development ungard Canada occupies a very close Second place to the United States, the two countries not being approached by minion is to-day served in a very adequate manner with telephonic com-

munication. population. In the Province of British toba, 10.36; Quebec, 7.39; New Brunswick, 7.11; Nova Scotia, 7.05; number of telephones in the Dominion has more than trebled since 1921.

It is significant in surveying the or agricultual provinces very much to the fore in telephone possession. This should go some way towards dissipating any remaining conception of in the pioneering stage where farming settlement means hardship and general throughout the farming districts and follows closely in the wake 160of settlement.

In no other newly developed country is the telephone found to be in such general usage as Canada, judging by the statistics of foreign telephones drawn up by the chief statistician of the American Telephone and Telegraph Company. As against the 10.2 telephones per 100 of population credited to Canada in the year under review. Australia had only 4.4. The nearest approach to Canada's' figures in Europe was in Denmark, where there were 8.2 phones per 100 of population. Great Britain had only 2.1: France, 1.3; Germany, 3.3; Netherlands, 2.5; Norway, 5.7; Sweden, 6.5; and Switzerland, 4.2.

Similarly, in the life of Canadian cities no European capital or metropolis comes anything like approaching those of Canada in this regard. Last year the city of Calgary in Alberta laid claim to leading the entire world in the per capita ownership of telephones. According to the statistics already referred to, of the cities of Variation-Gregan, O'Grogan. all countries, Toronto in this respect Racial Origin-Irish. is surpassed by only 6 United States Source-A given name. points and Montreal by 18 points. In certain Western Canadian cities the per capita ownership of telephones exceeds the two leading Dominion cities.



Bound to Get Full. "And there's no water whatever on

"None whatever."

"Then with only hootch to drink, of course, it gets full."

# Wood In Our Games,

In more than thirty varieties, about and Scotland, once the backbone of to a sufficient extent to give rise to \$5,000,000 feet of wood go every year the political and social structure of family names in several localities. It to provide us with skis and billiard those countries, have, of course, exist- is a given name derived from the ques, snowshoes and tennis racquets, ed for a great many generations only words of "love" and "theyne" (follower candle pins and pows and arrows, and as family connections. As political or soldier), but the actual meaning of many other things. Wood, says Na- and social structures they have suc- the name was "beloved soldier." ture Magazine, does its bit to keep us healthy, amused, and lovers of sport and the out of doors.

Some New Ones.

"Gems" from answers to language papers in a recent school examina-

"Seaux esprit"-Men of wit and humor! or magazine editors. "Esprit de corps" - Dead men's

drink. "Faux pas" Side-slip. "In extremis"—Stony broke. "Magnum opus"-Hard labor.

"Obiter dictum"-Oh, bitter saying!

"Prima donna"-First subscription.

"Vis comica"-Comical apparance.

No Friends, No Talk.

Mrs. B .- "There goes Mrs. Jenks-I've never heard any unpleasant talk about her at all."

Mrs. W.- "No-they say she hasn't a single friend."

With the object of improving the stand of timber on Dominion forest reserves in Western Canada, and reducing the annual loss from insects, fire, and disease, attention is being constantly directed to the cutting of overmature and dead timber. This system supplies the miners and settlers with the needed timber and at the same time cleans up the forest and gives room for new growth to

Requires a Mother's Constant Care and Watchfulness.

In their early teens it is quite com- with pencil and erasable." for girls to outgrow their sapped by too rapid growth that are none the less true. anaemia develops. The first signs may be noticed by peevishness, lan-that every man should look at

is enriched there need be no cause for will probably say something like this: a course of Dr. Williams' Pink Pills which affect that condition." clutches of anaemia by Dr. Williams' card.



As Busy as the Bee. "You say his business is humming?" the word "kidney trouble." Sure-he's a bee-keeper, you know."

GROGAN

These family names are the Angli-

cized forms of an Irish clan name of

considerable antiquity, and the clan

bearing it traced its ancestry back to

through Conor, his second eldest son.

Surnames and Their Origin

Fargal, the 156th monarch of Ireland, Source-A given name, also a locality.

The Irish form of the family name which the family names in this group

s "O'Gruagain," or more anciently have come. In reality there are two

"Ua Gruagain," and it signifies "the groups of names, but it is better to con-

descendants (or clan) of Gruagain." | sider them as one, owing to the fact

the ancient and medieval Gaels, in spelling has often led to the substitu-

both the Irish and the Highlanders of tion of one for another at various

Gaelic words, and means "the hairy | One source has already been re

But among the settlers of the Scot, that of the locality. "Loft-house" is

tish Highlands, who came originally the clearest spelling of it, the meaning

from Ireland, principally in the period being, of course, "tall' house" or "high

from the third to the sixth centuries, building," though the spelling which

it either never was developed into a was more frequently found in the ear-

family name, or if it did, it has since ly middle ages, and from which the

died out, for it is not to be found in name Loftus has developed, was "loft-

Scotland except in a few scattering hus." There is a locality of this name

settled in that country in comparative- The other source of the family name

ly modern times. It is not numbered is the given name of "Leofthegn," one

in the authoritative lists of Highland not unpopular among the Anglo-Sax-

The clan systems of both Ireland which survived the Norman invasion

Scotlad. It is a compound of two times in the past.

instances owing to Irishmen having in Yorkshire.

clan and sept names.

"Gruagain" was a given name among that their similarity of sound and

# What's On Your Card?

"Every man has a card on which his name, his address, and the fact that he will die are written in indelible ink. The date of his death and the disease from which he will die are also written on this card, but the writing is

This statement was recently made strength, and mothers should careful- at a meeting by Dr. Charles Mayo, the ly watch the health of their daughters distinguished surgeon. Of course he at this time, for it is when strength is spoke in parable but the statements

guor and headaches. The face grows card about once a year. This looking pale, breathlessness and palpitation at the card once a year is called "physical examination on your birth-At the first symptom of anaemia day." Such an examination, if it mothers should act at once. Neglect- properly made, should size up the ed anaemia often leads to decline, but person's condition in every respect. if you see that your daughter's blood When he has finished, the physician

anxiety. The finest blood enricher "You are not like the deacon's oneever discovered is Dr. Williams' Pink hoss shay, due to go to pieces all at Pills. The pure, red blood created by once in every part. I find your heart these pills will quickly banish all scores 100, but your kidneys score signs of anaemia. They will build up only 70. In so far as I can judge, you your girl's health and ensure her a may die in 1933 of a kidney trouble, robust Girlhood. Give your daughter unless you change those of your habits has been done to reconsider the pos- east of this line areas of barrenness

These indications of conditions of girls and women throughout Cana- which may be changed by methods of da who have been rescued from the living are written in pencil on your

> Let us suppose you are sensible and erase "1933" and write "1943." years will mean much to you, and you make up your mind to have them.

efficient kidneys last an additional ten partment of the Interior. years. You learn that you must change your habits, go to bed at a regular hour, get more sleep, change your food habits, protect yourself against infections, take better care of yourself when you have a cold. You decide that the game is worth the candle. When you have taken the right steps you again take your eraser. You erase

Then you go on for one year, happy in the prospect of a gain of ten years. Secrets are like money-good for Another birthday comes around. You nothing unless placed in circulation. go to the card box. You take your

cumbed to the English legal and social

order and the complexities of modern

industrial life and material civiliza-

LOFTUS

Variations-Lofting, Lofts, Loftison.

There are two distinct sources from

ferred to in a previous article. It is

ons in the pre-Norman days, and one

Racial Origin-English.

# CANADA'S "BARREN LANDS"

der the name of the "Barren Lands," flowing to Hudson Bay. there has been very little authentic mouths of these rivers exceeds 1,500 information available about their na- miles. It may readily be appreciated

ture and possible resources. Most of that as the head waters of all these the exploration throughout these re- rivers closely approach the lake series gions was carried on in the earlier the route by these waters is important days-from 1770 to 1834-in the way in giving access to a vast area of in-Continuing this idea, we might say of various overland journeys in con- land country and an extensive stretch nection with Arctic expeditions by sea, of coast line. In this connection it searching for a Northwest passage to might be noted that a practicable water the Orient. These lands then lay far route was discovered in the course of from the outposts of settlement and, the survey connecting with Copperwith the primitive forms of transpor- mine river. tation available at that time, esti- It was observed that the country bemations of their possible value and re- came less rough toward the north and sources were bound to be based upon east and that the accumulation of soil restricted standards.

exploration to the present day, over a of the vegetation. The name "Barren span of nearly a century, with its Lands" as applied to the greater porgreat strides in settlement and in the tion of this country is a misnomer. It development of transportation and is true that trees do not grow beyond economic machinery in general, little a certain line, and to the north and hibilities of these regions in the light exist where soil is either lacking or of present-day conditions. In order too coarse for ordinary plant life, but to obtain first hand information about in the greater portion of the country the country, and at the same time lay a variety or shrubs and mosses cover down a skeleton system of survey for the hills and grasses flourish in the all possible future development pur- swampy valleys. poses, control traverse and explora- The animal of outstanding interest, you can make good on that 1943 entry, Blanchet, D.L.S., of the staff of the sed forms the outer fringe of the form-

of the western Arctic, Coppermine hundreds were observed.

and again read it. In other

words, you take another examination.

As a result, you may erase the old en-

tries and make new ones. You may

further modify some of your ways of

Might Well Appear Rattled.

His Hearing Restored.

to A. O. Leonard, Suite 437, 70 Fifth

avenue. New York city, will be given

Antelopes Are Dainty.

which has the least mold about it.

Antelopes will not eat clover hay

Sue Thompson says if her house

burned that the radio is the last thing

she'd try to save. When the baby cried

the other night, Harvey, her husband,

got up to feed him. He put the milk

on the stove to heat and tuned in on

the radio while it was heating. When Sue woke up in the morning the milk

had all boiled away and Harvey was

sleeping in the big chair with the ear

When ordering goods by mail send

School children of to-day are har-

dier than those of a few years ago: thanks to the care of school doctors most pupils now leave school with

Dominion Express Money Order.

phones on his head .- E. C.

sound teeth and good vision.

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in memory, is without life's best rewards and life's best defences .- J. G.

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or Any Local Tourist Agent

tinue them .- R. G.

to be rattled."

Although nearly one-sixth of the river of the middle Arctic, Backs river area of the Dominion is included un- of the eastern Arctic, and Thelon river

The coast line included between the

was greater with a corresponding im-From the close of that period of provement in the amount and variety

tion surveys were extended during the native to the country, is the Barren past season through a series of water- Lands caribou. Vast herds range these ways lying to the north and east of areas, leaving the open lands for the the easterly part of Great Slave lake, woodlands for a short period in the This work was carried on by G. H. depth of winter. The country traverhow you can make your 70 per cent. Topographical Survey of Canada, De er range of the musk-ox and from the to fight the object of his rage. He be FARM LOANS MADE. AGENTS fact that only one was seen during the comes hot-blooded because the acces-The waterways followed consist of a season it may be assumed that either sion of carbonaceous material intoxiseries of large lakes draining to Great the herds have been reduced in num-Slave lake which lie in a great play bers or they have retired to the more teau region of uniform elevation and inaccssible portions of their range. An change is due to a tiny gland about OLD and RARE generally subdued topography. This interesting discovery was that a sumrepresents the drainage peak of the mer breeding ground of the ivory bill normally a person remains calm and country in which some of the waters loon which winters in Norway and Iceflowing into the great rivers of the land was found in the upper waters of too lavishly, hatred, passion, and quarnorth take their rise-Mackenzie river Coppermine and Back rivers where reis ensue.

living, or, having found those of the past year satisfactory, you plan to con-Tablets for her little ones she would half pounds of the oil a day. It is not be without them. They are the canned and shipped abroad for use i ing guaranteed to be absolutely free used either for cattle fodder or for from opiates or other harmful drugs, fertilizer. They are a gentle but thorough laxa-Jim-"Do I? Well, we've just had cents a box from The Dr. Williams eries were established. a big shake-up in this office, you see." Medicine Co., Brockville, Ont.

The invisible ear drum invented by A strange fact about the medical A. O. Leonard, which is a miniature men of England is that they don't care megaphone, fitting inside the ear en- to be called by their professional tirely out of sight, is restoring the titles. Except on official occasions, an hearing of hundreds of people in New English medical man had rather you brellas York city. Mr. Leonard invented this called him "mister" than "doctor." drum to relieve himself of deafness and head noises, and it does this so renown was golfing one morning when

successfully that no one could tell he an acquaintance shouted to him deafness is caused by catarrh or by ing. doctor!" perforated or wholly destroyed natural "Good morning, wholesale dealer in

drums. A request for information boots and shoes!"

Beaver in Captivity.

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Palermo12 hrs.	Jan. 25	Mar. 4	Apr. F	May 13
Naples 12 hrs.		Mar. 5	Apr. 6	May 14
Piraeus-Athens 24 hrs.	Jan. 29	Mar. 8	Apr. 9	May 17
Constantinople . 24 hrs.	Jan. 31	Mar. 10	Apr. 11	May 19
Beyrouth 14 hrs.	Feb. 3	Mar. 13	Apr. 14	May 22
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scratchandalsocaused

eruptions. The pim

ples spread down the

with an itching, burning, painful

sides of my face and caused disfig-

"I tried several remedies without

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cura Soap and Ointment and in

about two months I was completely

healed." (Signed) Mrs. L. MacMil

lan, Box 521, Kenora, Ontario.

wanted. Reynoids, 77 Victoria

### What Makes Men Quarrel?

A well-known pathologist has recently made an interesting discovery. He has found that bad temper has the curious effect of increasing the amount of sugar in the blood by from 10 per cent, to 30 per cent, in the course of

That is why an angry man wants cates his muscular system.

The strange thing is that this rapid the size of a pin. When it functions even-tempered. If the essence exudes

Toronto, Ontario. Pinch the skin of a freshly plucked emon, and a deliciously fragrant spray will spurt out. That juice, tracted commercially in Sicily by Take a bottle of Minard's with you BABY'S OWN TABLETS tracted commercially in Sicily by sponge in a wooden bowl. A workman Once a mother has used Baby's Own can press approximately one and a ideal home remedy for the baby; be- making perfumes. The refuse rind is

tive and have been proved of the The reports received by the Dept. greatest aid in cases of constipation, of Marine and Fisheries are to the efindigestion, colic, colds and simple fect that heavy runs of sockeye salmon fevers. Concerning them Mrs. Ernest reached the spawning grounds of Lak-Gagne, Beausejour, Que., writes: "I else lake and Babine lake on the have used Baby's Own Tablets for Skeena River watershed. The hatchconstipation and colic and have found eries located at these two points were them so successful that I would not filled to capacity with over 17,500,000 be without them. I would strongly re- eggs and large numbers of salmon Friend (who has dropped in) - commend every mother to keep a box were left to spawn in the natural way. "What's the matter, Jim? You seem in the house." The Tablets are sold The collections at both places were by medicine dealers or by mail at 25 well above the average since the hatch-

There is a walking-stick farm in Surrey devoted exclusively to the growth of sapling ash and cherry for manufacture into sticks and um-

have bought their farms in Western is a deaf man. It is effective when cheerily across the links: "Good morn- Canada from the Canadian Pacific. A remarkable Fact. Think! There is a

land to suit every farming need. Fair price, fair contract, and fair dealing combined with abundant fertility of soil, good climate and social conditions make farm life there desirable and attractive. Thousands more will select their farm from our virgin lands, from our improved farms, and with some capital and determination to work, can make a home and pay for it. Write for our booklet, "The Prairie

Provinces of Canada," and leaflet "Western Canada Forges Ahead." C. L Norwood, Land Agent, Canadian Pacific Railway, Desk W., Windsor Station, Montreal, Que.

### Cuticura Soap, Ointment and Talcum promote and maintain skin rity, skin comfort and skin health. The Soap to cleanse and purify, the Ointment to soothe and heal, the Talcum to powder. Sample Each Pree by Mail. Address Canadian Depot: "Outloars, P. O. Nox 2616, Montreal." Price, Soap 26c, Olatment 25 and 50c, Talcum 25c, Try our new Shaving Stick.

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Cornwall, Ontario .- "I am now giving your medicine a fair trial and it surely

am going to keep norning that I didn't that feeling is leaving me now. I also sleep better and fee nore like working. ears I have had

and across my body. I read letters in the newspapers saying what good Lydie E. Pinkham's Vegetable Compound had done others. My husband says I quit too soon, but I am not going to stop taking the Vegetable Compound and Lydia E. Pinkham's Blood Medicine until I am better and haven't an ache or a pain. Isn't that the right way? I have great faith in your medicines. They must be good when those who take them speak so highly of them. I am recommending them to my friends and I will gladly answer letters from women asking about them."-Mrs. BURT H. HART,

Box 1081, Cornwall, Ontario. Mrs. Hart wants to help other women and is willing to answer letters from sick women asking about the Vegetable Compound.

ISSUE No. 1-128,



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