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Woman's Sphere

SCRAP-BAG GIFTS.

Christmas is coming, so let's see what dainty gift possibilities the scrap bag holds, though, indeed, it is equally useful when birthday anniversary and

Every bit of silk, lace, ribbon, leftover yarn and half yards of material should be used up, and there are ways for the ingenious woman to make them into unusual gifts.

the little girl as doll clothes. Make a discarded bathing hat.

little feather or ribbon hat; under- weights-anything. wear that will come off; a knitted Get out the scrap bag to-day! blanket, a foot square made from a small ball of rose wool; a little white THE AFTERNOON CUP OF TEA. bedspread—these will bring their reward in a child's gratitude.

If the men are handy with tools make a doll house for the child. Parting this to lemon. To give the tea boots over their slippers. Those little lacking is a railway for the Mhor."

There are many stories about Horizontal to use them. This of disgust. "Why," he shouted, "any doors and proceed to furnish it from a delicate flavor put dried orange peel lacking is a railway for the Mhor."

There are many stories about Horizontal to use them. This of disgust. "Why," he shouted, "any deferred the himself used said to have been the worst ever seen fool could see what it is! It's 'uncon- he was very proud. He himself used said to have been the worst ever seen fool could see what it is! It's 'uncon- he was very proud. He himself used said to have been the worst ever seen fool could see what it is! It's 'uncon- he was very proud. He himself used said to have been the worst ever seen fool could see what it is! It's 'uncon- he was very proud. He himself used said to have been the worst ever seen in a closed far with cube sugar. make a doll house for the child. Parthe scrap bag. The pleasure one gets in making tiny draperies for the windows, choosing small pieces of silk orange flavor just enough to make a they are going to Mrs. Henderson's. never be anything but a drag on you. There was only one compositor in and velvet for door hangings and cupful of sweetened tea delicious. She gives wonderful teas, and they You must go away, Richard Plan- the Tribune office who could read cushions, dressing the pasteboard Sliced lemon served with the orange- will be taken to a bedroom to take off tagenet, and take your proper place Greeley's copy. One day while the furniture in muslin sheets or gold- flavored sugar adds to the tea for their outer coverings, and they'll stay in the world, and forget all about thread tapestry as required, is such as is never found shopping in town for the expensive doll or mechanical plaything you want to give a little girl on Christmas.

Flowers are used on so many things now that they are a most acceptable gift. Make them of organdie, velvet, taffeta or satin and trim with lace or embroidery. It is easy to pick up effective ideas for such work, and both maker and receiver will be pleased with the gift.

Beautiful pillow covers for the bed or couch can be made from half-yard pieces of silks or linen. Even net combines beautifully with linen-a deep rose cushion, veiled with cream net, making an ideal gift for a friend's hope chest.

The porch can always find use for any number of square, round or oblong cushions covered with cretonne, percale, gingham or rep. Plain backs of a contrasting color, using the same in applique on the front, permit using small scraps.

Don't forget aprons! One cannot make the large kitchen aprons from small pieces, but the refreshment or hestess aprons offer no end of oppor-tunity to the scrap-bag possessor. A in flannel, cambric or jersey cloth. "But why?" asked Jean, looking didn't come back, and Great-aunt Ali-tunity to the scrap-bag possessor. A The cost is consistent and is islend to along the dark uninviting road son died, they had only me." very quaint black satin one was made The coat is separate, and is joined to along the dark, uninviting road. from a long narrow piece of material, the hood at the neck. This is a very "They'll wonder what's become of us, wide as the width and only half a popular costume for children's the- and tea will be ready, and Mrs. Hope you know, Penny-plain, I believe it is wide as the width and only half a popular costume for children's the doesn't like to be kept waiting."

yard long. Turned about, the top atricals, fancy dress parties and mas"Never mind," said Lord Bidborslightly tucked at the waistline and querades. ribbons attached, it became a great favorite with its gay orange velvet 6, 8, 10 and 12 years. A 10-year size you, and this may be my only chance.

Bits of left-over crochet cotton may be used up advantageously in making receipt of 20c in silver, by the Wilson marry me?" three-inch filet initials for towels or Publishing Co., 73 West Adelaide St., Jean backed away from him, her told me because she knew I was intermaking lace out of short lengths of Toronto. rickrack or braid. One girl was pleased as could be with a half dozen date Fall and Winter 1924-1925 Book natural. initials and trimming for the end of of Fashions. as many towels for her hope chest.

A yard and a half of material can be cut beautifully into one of the combing jacket made of voile is al-

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confection you can buy

-and it's a help to di-

for the mouth

Wrigley's means

benefit as well as

pleasure.

and teeth.

gestion and a cleanser

Purity

Package

ISSUE No. 45 -124.

ways useful and can often be made Weather had little or no effect on

hope-chest remembrances are in order. eon sets. Perhaps by combining two from the trees on the carpet of sodden marry you. It's no good even speak-kinds of material the little doilies and leaves, or the sullen swirl of Tweed ing about such a thing. We belong napkins can be made, trimmed with against the supports of the bridge. "If you mean my stupid title, don't cross-stitch or applique. Just the "As dull as a great thaw," she quot-lunch cloth alone, made of gingham ed to her companion cheerfully. It with a plain border or unbleached does seem a pity the snow should have

her a little bathing suit for her rub- yarn and give everything a touch of wish Mhor wouldn't go on praying for ly. I confess I can't see any difficulty ber or celluloid baby, using an old it. Think over the possibilities and it. It's so stumbling for him when at all—if you care for me a little. woolen stocking, binding it with gay copy the clever work you have seen Christmas comes mild and muggy. If That's the one thing that matters." woolen stocking, binding it with gay copy the clever work you have seen. We could only have it once as you see "My feelings," said Jean, "don't red ribbon, and a little cap made from Make a doll light, a candle lamp it in pictures and read about it in matter at all. Even if there was noa torn rubber glove or the pieces of shade, a telephone mask, underwear, bookssilver or typewriter covers of flannel, She broke off to bow to Miss Wat- Davie and Jock and the dear Mhor? perpetual twilight.

tasty cup of afternoon tea I use they look nice and tea-partyish? Fur aren't far distant-you won't find it orange flavoring, many people prefer- capes over their best dresses and snow unhomelike-the only thing that is in a closed jar with cube sugar. In a chief edged with Honiton lace and you think I would let you burden your- even in a newspaper office. Perhaps the stitutional." few hours the sugar will absorb the scented with White Rose. Probably self with all my family? I would best of the yarns is the following:

TO MEND CHINA.

so complete that it will never break

a crack in a lavatory basin to prevent

WATCH THE ASH PAN.

Violet perfume is the result of a

mixture of three or four essences of

different flowers before the violet odor

For Sore Feet-Minard's Liniment

away. White lead can be pressed into

A POPULAR STYLE FOR A MASQUERADE SUIT.

> "I should think," said Jean, "that of." it would rather appeal to you. Your doings have always been on such a big Jean stared. "You don't suppose and with all eyes turned on him picked scale—climbing the highest mountains Lewis wants to marry me, do you? up the sheets and to the amazement of in the world, going to the very far- Men are the stupidest things! Don't the room started setting up the supthest places-that the tiny and the you know that Lewis. . . . trivial ought to be rather fascinating by contrast."

> was so, and silence fell between them. a horrid conversation this is! It's a "How should I know?" was the reing cast round in her mind for a topic and marriage. It makes the nicest that might interest-"I wonder what people silly. I simply daren't think you will attempt next? Jock says you what Jock would say if he heard us. want to climb Everest. He is fright- He would be what Bella Bathgate fully excited about it, and wishes you calls 'black affrontit.'" would wait a few years till he is "Jean, will it always matter to you

"Jock is a jewel, and he will certain- David and Jock and Mhor think? Will if that time ever comes."

Hopetoun: the avenue to the house explained. "They were left to me. was short. "Would you mind," said Mother said, before she went away Lord Bidborough, "walking on with that last time, 'I trust you, Jean, to look after the boys,' and when father 4900. This model may be developed me for a little bit?"

all the fault of your Great-aunt Aliough, his tone somewhat desperate, death-bed you will like to feel that The Pattern is cut in 5 Sizes: 4, "I've got something I want to say to you sacrificed yourself for others-

requires 5 yards of 27-inch material. Jean, could you ever-I mean, d'you ally tell you about Great-aunt Alison? Pattern mailed to any address on think it possible-Oh, Jean, will you That wasn't quite fair." mouth open, her eyes round with ested in every detail of your life, and Great-aunt Alison explains a lot of

Send 15c in silver for our up-to-prised to be anything but utterly things about her grand-niece."

popular bed or breakfast jackets. A be smeared on each piece of the and said, "Well, that's not a pretty broken crockery. The parts must then way to take a proposal," while Jean, allowed for the white lead to set hard rather breathless, gasped out, "But the hardening has taken place the joint will stand any amount of heat. and as time goes by the join becomes

COLOR IT NEW WITH

Ashes allowed to accumulate in the fire box of a stove will cause the lining ing and tinting is to burn out. Ashes will also interfere with the heating of the rest of the guaranteed with Diastove. To lengthen the life of the mond Dyes. Just dip in cold water to tint stove, keep the ash pan empty. When a full pan of ashes becomes hot, it will soft, delicate shades, or boil to dye rich, keep the grate of the stove so hot that permanent colors. it will warp and burn out, and some- Each 15-cent package times cause the oven to warp. When contains directions a housewife tries to build a fresh fire so simple any woman

in a stove with a full ash pan, she can dye or tint linwill have to take twice as long before gerie, silks, ribbons, skirts, waists, she gets her stove heated satisfactor- dresses, coats, stockings, sweaters, ily. It is also a waste of good fuel. draperies, coverings, hangings, every. sne was conscious of a similing happiness, something that illuminated and

gave a new value to all the common Buy "Diamond Dyes"-no other kind place daily doings. Now, as in a flash, -and tell your druggist whether the while they waited for the door to open, material you wish to color is wool or Jean knew what had caused the happisilk, or whether it is linen, cotton, or ness and realized that with her own mixed goods.

PENNY PLAIN

BY O. DOUGLAS

Solemn Small Boy-"Penny plain, please. It's better value for

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say anything so silly? And it's my

"Oh, Jean! What a blundering idiot

wrong moment, but I'm hopelessly in-

experienced, and, besides, I couldn't

Jean, that I was head over ears in

"Ah, don't say that. You're not go-

"No," said Jean. "No."

"There's Lewis Elliot."

care for them?"

"Can't you adopt me as well? Do

son. You are thinking that on your

"Oh," cried Jean, "did Pamela actu-

Jean pondered on this for a little

"Pam once said I was on the verge

know what to say kept us."

utes behind the others?"

a difficult lady," he said, "or one

on the doorstep waiting, the light

uncompromisingly truthful?"

"It seems like hours."

CHAPTER XVI.

The day before Pamela and her first proposal, and I've got on golbrother left Priorsford for their visit to Champertoun was a typical December day, short and dark and dirty. I am! I might have known it was a There was a party at Hopetoun in honor of David's homecoming, and

Pamela and her brother were invited, risk waiting; I so seldom see you alone. Didn't you see, little blind along with the entire family from The They all set off together in the early love with you? The first night I came arkening, and presently Pamela and to The Rigs you spoke to me in your

darkening, and presently Pamela and singing voice I knew you were the one the three boys got ahead, and Jean singing voice I knew you were woman in the world for me."

with a yard, if the piece is used over Jean's spirits, and to-day, happy in ing to send me away, Penny-plain?" the head diagonally, and short uncer having David at home, she cared no- "Don't you see," said Jean, "I thing for the depressing mist that musn't let myself care for you, for it's Don't overlook the gingham lunch- shrouded the hills, or the dank drip quite impossible that I could ever

muslin with a deep checked border, gone away before Christmas. Do you "It isn't only your title: it's every-There is nothing which so pleases makes a nice gift for the busy woman, know, all the years of my life I've thing-oh, can't you see?" Remember the old crewelwork in never seen snow on Christmas. I do "Jean, dear, let's talk it over quiet-

> skirts held well out of the mud and "But, Jean, beloved, you don't sup- been such friends eyes, after the briefest glance, de- pose I want to take you away from murely cast down.

"They are going out to tea," Jean I can see you at Mintern Abbas, Jean, If I wish to serve an especially explained to Lord Bidborough. "Don't and there's a river there, and the hills till about eight o'clock and then go Priorsford and Penny-plain, and compositor was out a bird had flown

to see what Pam means when she talks your great houses, and I'll just stay sheets lying on the floor. of the lovableness of a little town. It here. The Rigs is my proper setting." "Why," said one of the printers, air of resignation, "that's what every- a pointed carving knife and a skewer is cosy, as she says, to see people go "Jean," said Lord Bidborough, "will picking up a sheet, "this looks like the body says, but I can't help it." out to tea and know exactly where you tell me-is there any other man?" old man's writing." So saying, he

Lord Bidborough admitted that it he ever looks the road I'm on. What what it was, "I wonder," said Jean politely, hav- great mistake ever to mention love more than anything in the world what

ly go with me when I attempt Everest, you never care for anyone as you They had reached the entrance to "But they are my charge," Jean

astonishment. She was too much sur-

"Are you asking me to marry you? of being a prig, and I'm not sure that The answer restored them both to

she wasn't right, and it's a hateful A thin layer of white lead should Lord Bidborough laughed ruefully thing to be. D'you think I'm priggish, Richard Plantagenet? Oh no, don't kiss me. I hate it. . . . Why do you be pressed together and held in place flushed with shame at her own rude- want to behave like that? It isn't with string. Plenty of time should be ness, and finding herself suddenly nice. "I'm sorry, Jean." "And now your voice sounds as if before the article is used. When once How could I know you were going to you did think me a prig. . . . Here we are at last, and I simply don't

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"It's this word, Mr. Greeley."

Not His Fault.

thing else in the way, what about the light, shutting herself out to a ply. You know that you alone can now famous, but when he was held in

A velvet or silk evening cape; a bookmarks of ribbon with flower end son and her sister, Miss Teenie, who I must always stick to them-at least "If only you hadn't been a man," ask him." passed Jean and her companion with until they don't need me any longer." she said miserably, "we might have Reluctantly the baffled compositor he had been their ruler for five or six

> them? There's room for them all. . went in together. (To be continued.)

> > A Little Bird Writes Copy.

A servant opened the door and they

Minard's Liniment Heals Cuts.

Lord Bidborough laughed. "I begin your career and be a fit mistress for ing ink and then on a number of loose to the little 4-year-old.

they are going, and what they'll do aren't any men in Priorsford to speak them on the absent compositor's case. It all before you die. Presently the compositor came back and with all eyes turned on him picked

posed "copy." Presently, however, he hesitated at

"Nothing. Only you needn't think a word and asked the man nearest him

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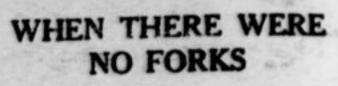
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Antiquarians have an intimate knowledge of the ways in which the Greeks and Romans lived. They know that they reclined on lounges when they ate, resting their heads on one hand and eating with the other. They know that they were accustomed to get very drunk at their big feasts, and they know the delicacies which they ate. But no mention is found of their eating with forks. The food was brought to the diners by servants and was already prepared, being sliced ready for

Lucullus, or any other epicure who was dining, would then use the fingers. The explorations at Herculaneum and Pompeii, which towns were destroyed in the first century, added much to the information of modern, as to the customs of the ancients. Only two instruments resembling table forks were found in Herculaneum. None were found at Pompeil and archeologists do not believe that these forks were used as we use forks. If they were ued at all, they were very uncom-

It was in Venice in the year 997 that forks are said to have first made their appearance as aids to the eating of food. The merit of their adoption belongs to the Doge Orsola, who at the wedding of his son produced a silver fork and a gold spoon.

It excited great comment and added much to the already great reputation Lb-4-92 of the doge as a gourmand of great extravagance. The device was very much ridiculed at the time. Orsola is read the old man's writing. Better contempt. Elected unanimously by the people, they got tired of him after took the sheet to Greeley's sanctum. years and they rose and murdered "Well," said the great man, "what is him.

Three hundred years later the fork reached France, like other gastrono-Greeley snatched the sheet from the mic ideas of the Italians. John the man's hand, looked at the alleged word Duke of Burgundy was the first There are many stories about Hor- and threw himself back with a snort Frenchman to use them. History reone and offered the other to his most distinguished guest, but they usually preferred to use their fingers, having a contempt for the Italian fashion.

At that time loaves were made "Why, Charles, how much you look round, and they were cut in slices, marry someone who will help you with into the office, walked into some print- like your father," remarked a visitor which were piled by the side of the carver, who was called "ecuper tran-"Yes'm," answered Charles, with an chant,' or "cutting squire." He had of drawn silver or gold which he stuck into the joint.

Don't waste your time. You'll need Having ccut off a slice he took it on the point of the knife and placed the slice of meat on a slice of bread and handed it to the guests, who took the morsels with their fingers and bulched it as we do sandwiches. The meat always had a piece of paper or cloth wrapped around it, of which the carver would take hold when cutting the meat. This custom still survives in some parts of Germany and Italy.

> The oldest English fork known is of silver and bears the date of 1610, when it was evidently given as a present. For a long time after the introduc

tion of forgs they were regarded as great luxuries, and when a gentleman was invited to dinner in France, before the revolution, it was the custom for him to send his servant ahead with his knife, fork and spoon. If he had no servant he carried them in his pocket, and on this account they were often made to be folding, like a carpenter's rule or a case knife. Even today some of the Tyrolese peasants carry a case in their pockets containing a knife and fork.

The Sun As Your Doctor. Have you noticed how the weather affects your health?

Doctors are realizing more and more that changes of weather cause changes in the human body. They say that sunshine and rain, cold and heat, are important factors in our health. The study of the relations between health and weather has become a new science, which is called "climatology."

Different kinds of weather affect different people in different ways, but as a rule we feel better when the sun is shining. Damp is an enemy of health: a cool, bracing day a friend. Doctors frequently order their patients a "change of scene," and they are now learning that the benefits of such a change are greater even than they had thought, because a change of scene usually means a change of climate as well. Temperature, the amount of moisture in the air, the height above sea-level-all these things can affect our health. Not only has weather a direct in

fluence on our health, but an indirect one also. Our lives are arranged to suit the weather and climate. Bad weather keeps us indoors, and consequently, in winter, when darkness hampers our movements in the open air, many of us lead unhealthy lives. Another discovery made by "climatologists" is that sunshine has a wonder-

ful healing effects in such diseases as tuberculosis and rickets. The direct rays of the sun on our bodies form a treatment which is being given more frequently every year. In the same way, the study of weath-

er reports has become of increasing importance in deciding the situation of hospitals, sanatoria, and convalescent ----

Pastor (addressing church fair)-My dear friends-I will not call you "Ladies and Gentlemen," since I know you too well.

Efficient

CHEATING THE OLD SCRAP PILE.

Few farms, indeed, have no gray yard for old machinery and parts. passerby, familiar with factory met ods, wonders at the dismantled wrea of mowing machines, once respiende in shining red and yellow paint, m rusting in a slump of burdeck a brambles. Perhaps all that is wro is a broken axle. A crippled tedd that might still be kicking out the lo windrows of hay in the low mead on July mornings but for a stript and toothless gear, and a bent ca shaft, disconsolately forms a ru trellis for wild morning glories. Dozens of smaller parts are alwi-

there, too. A flywheel from the three from the rim. A broken pump han Cracked transmission housing fr the tractor-how long was the spr plowing delayed while the tractor a come in? Plowpoints, dozens of the and half a hundred small who gears and pinions. Parts from car and the trucks. Harvester pa cultivator parts, parts from the engine and windmill-no one of Such a scrap pile nearly always

to be found on the best mans farms as well as those run by the the farm, the larger is likely to be heap of discarded metal parts. N ern machinery converts the up-tofarm into a well ordered manufact ing plant. This situation is follo by the manufacturing plant's prol -the maintenance and repair of

sightly heap of junk, possibly dangerous to children and to stock, a haven for field mice an possible fire hazard from the tall stalks of the over-grawing we what does this scrap pile mean? V significance has it to the owner It is a monument to waste. Every piece on the scrap pile

had to be replaced. From the me was once important and necess and when thrown away a new had to be bought so work could go Industrial plants, faced with grine problem, would weld these paired parts. Many scrap piles r

senting thousands of dollars in

chinery have been wiped out, nev

reappear, and the salvaged part

immediately required have in

instances formed a reserve supp

be drawn upon as needed. The

ings made in these plants have fied the investment in welding e ment many times over. However, to reclaim worn or by

farm equipment it is not necessar

TRAINING OUR CHILDREN

"How does it happen that The is making such a fine success of work?" Aunt Tacey Ellen, wi anything but diplomatic,

"Happen?" little Mrs. Robers lenged, with a slight trace of it

and everything he undertook. A completed develops self-confid

"Rut, my dear," Aunt Tacey objected, "he probably had a char he was the type of child that t

"Indeed." Mrs. Rogers said er "He was the type of child who clined to procrastinate and to made up my mind to help him this tendency, which is not cone

library and the public library for coss stories of great men wh

"Didn't Threek's own handical worry him?" Aunt Tacey Elle "If it ever did. I never heard

Mrs Rovers replied, "Some v that he would ever be anythin "And he hasn't been anything

Some weeks later I was spen few days in the great city in Throck is making a name for self. Coming out of a store on

UNTARIO ARCHIVES TORONTO