None Better GREEN TEA

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Woman's Sphere

a woman's inclination toward bar-

eagerness and thoughtfulness with which these mothers, and I grant also grandmothers and aunts, were selecting books to develop along conselecting the conselection because the conselection conselecting the conselection conselecting the conselection conselecting the conselecting the conselection conselection conselect the children in which they were interested, were entertaining.

I paused at one of the counters with more than ordinary interest in the situation. One prospective cusstomer, drawing upon the opinion of a kindly saleslady, said, "I want a book that is easy for a ten-year-old gir! to read."

This mother undoubtedly did not make this specification because she was afraid of giving the child something hard to do; but rather to instill in her youthful mind that reading is a pleasure.

It is essential also, that the books once. we select for children be interesting to them, as well as easy to read. Stories within the child's sphere of experience in life are most appreciated and leave their impression. Stories of imaginative happenings and unusual incidents are always entertaining and have their part in developing the imaginative nature of the child.

Mother and father may do much to lead the little folks to love the right kind of books. One mother recently told me of her experience in developing the reading habit in her young son. "His father and I often read the books he reads," she said, "so we can discuss it with him afterward. In some stories we try to see who can find the most hidden lessons. If we have other books that will help him to understand more thoroughly the one he is reading, we leave them lying on the library table where they will be sure to catch his eye. When he 4656. finds something himself, that connects jersey and gingham would be good ed cheerfully. up with what he has previously read for this model. The sleeve may be breeze. in a story, it is much more interesting finished short, or in wrist length. The pliances that, once bought, mean hours As she smoothed the sheet at the keen brown eyes and the humorous. to him than as if we called his atten- closing is comfortable and convenient. of time and strength saved.

found that dramatizing certain scenes 31/4 yards of 27-inch material. lesson upon the young mind almost receipt of 15c in silver, by the Wilson before you spend money for its regard a doctor's order but where indelibly. Months afterward the child Publishing Co., 73 West Adelaide St., fringes!

The child's mind is easily molded and molding in the early days has a lasting effect upon the mature life of A PRAYER FOR THE KITCHEN the child. If the child can be led to develop the reading habit as a plea- My labor makes me glad! sure, concentration in his later school May I have eyes to see work comes easily. Wise is the par- Beauty in this plain room ent who sees to it that their children Where I am called to be: read the right kind of books, and The scent of clear blue smoke, plenty of them. The right reading The old pans polished bright, habit developed in a child will cling The kettle's chuckling joke, to him when his school days are The red flame's lovely light. May I have wit to take

TWO RECIPES.

Home-Made Crackers: A good substitute for machine-made crackers can be made thus: Put into a bowl one My labor leave me sweet!



188UE No. 13-'24.

told me there must be a bargain, and least ten minutes, until the dough is in the spring. It seemed that one of ited to things purely professional. gains led me directly to that part of squares, prick with a fork, place on cepting the position was that a graduthe store.

This large book store was promoting a sale of children's books. The ing a sale of children's books. The quite as light as if it had been beaten. A Thomas and bake. If ate nurse be put in charge of each that a numbrous into the hours. That made five engagements for the chopper eight or ten times it will be free to give more time to study. That made five engagements for the chopper eight or ten times it will be free to give more time to study. The Staff acquiesced because James not a single one had waited for her young, you have shown ability and—young, you have shown

Maple meringue is made thus: Beat the white of an egg until dry and reommate asked.

maple syrup. Beat well and use at "And they adore ice cream and fair- Cynthia twinkled as she spoke. A POPULAR PLAY SUIT.

with a little pucker between her big allow is the state of the minutes before she had forgotten that were 330 fathoms long—nearly 2,000ft. brown eyes, surveyed her small do- slim, jolly nurse who told such won- lately acquired dignity and was danc- with a weight of 125 tons! Every installation during the past year, with and festive; the twenty small iron each side, were in fresh white for the through the glass doors of the medi-leg.

gical. He had been told of Cynthia's plan to make a professional hit. Pongee, linen, wool rep, "I should worry," Cynthia answer- on their shoulders, so that Jimmy can life, I couldn't let you dance right out

In working with children I have 5, and 6 years. A 4-year size requires of values; know what is most imor a part of the story impresses the Pattern mailed to any address on and go after it. Buy the cloth of life was wrong—very, very wrong—to dis-

money. Try budgeting, which means only wise and deliberate expenditure; drifting down it .- A. L. P.

A DOORSTOP GIFT.

made, always appropriate and appre- Nurse, the Junior Surgical and two ciated because of its usefulness, is a new internes. Near Commencement, sand-filled doorstop. This may be new internes begin to replace such of made at practically no expense from By all the ethics of hospital practically no expense from By all the ethics of hospital practically no expense from By all the ethics of hospital practically no expense from By all the ethics of hospital practically no expense from By all the ethics of hospital practically no expense from By all the ethics of hospital practically no expense from By all the ethics of hospital practically no expense from By all the ethics of hospital practically no expense from By all the ethics of hospital practically no expense from By all the ethics of hospital practically no expense from By all the ethics of hospital practically no expense from By all the ethics of hospital practically no expense from By all the ethics of hospital practically no expense from By all the ethics of hospital practically no expense from By all the ethics of hospital practically no expense from By all the ethics of hospital practically no expense from By all the ethics of hospital practical pr bits of velvet, gay pieces of cretonne tice, Cynthia should have walked beor other firm material that may be hind this august retinue as it pro- Jupiter is the largest planet, measodds-and-ends box. Cut two pieces of one hand the order book, into which cury, 3,030 miles in diameter, is the Careful and intelligent attention given ling 80,000 horse-power. edge open. Four inches from the dictated by the Staff Man; in the other hand, a clean towel to be opened. If men understood domestic econstitched edges and parallel with these, and spread, without creases, over the omy half as well as women do, then now receive. We will send the bill at Peasant in form and face old Phillippe Fill the outer openings thus made expressed a desire to listen to said tire consequent statecraft would not with clean sand. Stitch up this edge patient's heart. Cynthia demurely be the futile muddle which it is.—Jas. 130 Richmond Street West Toronto and bind all around with a braid of observed these rules until they ap- Stephens. contrasting color. When using this proached Jimmy's bed, when she dart attractive doorstop, insert the flat ed ahead and stooped, like a scrupuwill then remain open at the desired aginary bit of dust from the small travel from the Arctic Ocean north of angle, slamproof against sudden gusts the bed of the foot of Siberia to the East Grenland current, CORRUGATED GALVANIZED

MONEY IS NOT THE ONLY THING TO BE SAVED.

-Nancy Byrd Turner.

Health education, proper associations and surroundings for growing children; time saved from drudgery found a way to iron them painlessly. "Great improvement here!" The to be invested in something more I put a partly folded sheet over the Staff smiled approvingly at the nurse. worth while (such as care of the ironing board, then iron the small "Keeping the weight on the leg all the Dye or Tint Any Worn, Shabtheir bodies) -all these things must napkins-on the sheet. By moving the their bodies)—all these things must hapkins—on the sheet. By moving the replied innocently. He did not know be considered in regard to saving sheet occasionally so that I iron on a Nixie and Pixie.

WALL.

The joy that round me lies.

When twilight folds the earth.

And count the day's good worth.

Whether I brew or bake,

My labor make me wise!

May I have grace to smile

And quiet in my breast,

The night's old gift of rest,

And gather strength to face

To-morrow's busy strife.

Here in this humble place.

My labor bless my life!

An old song in my soul

o welcome tranquilly

The woman who sells her birthright fold and put away .- E. M. of sound nerves, good temper and a ______ ior Surgical, then her glance swept gracious home atmosphere for fancifully decorated or contrived foods and
elaborate furnishings that need much
liestrolysis, which is
solved to solve the face of the face on the face of being truly economical if she fails to assured. We treat all non-contagious Skin. Scalp, left the ward. invest money in wholesome foods that Hair and Complexional Grounds by mail. Booklet "The new Superintendent has asked old, worn, faded thing new, even if she dren; or in household tools and ap- st. lereste.

The Heavenly Foolishness

The Hospital Babies Did Not Think It Foolishness and They Ought to Know.

BY ISABELLA GRIFFITH FLECK.

There is, in this world, an occasion with adoring young eyes. He liked al gay, care-free individual who turns the sporting way she took things, of North Sacramento, Cal., who came

Such a one was Cynthia Streeter. For three years the stern, dignified to-night, or maybe I'll wait until to- which he had just purchased, and of hospital authority had striven morrow, when, looking like a gentle friend at his home and remarked: to form her into the "perfect" nurse: ministering angel in my white uni- I thought this was the last bottle of a silent, reliable, self-controlled indi-vidual but her voice still retained its I'll turn the trick." I thought this was the last bottle of Vidual but her voice still retained its I'll turn the trick." lilt-like quality and no matter how Suddenly the Junior Surgical wouldn't take one hundred dollars for determinedly the still little cap might straightened and reaching for the it." thus proving the high valuation he

of the large book stores in a big city.

My attention was immediately drawn to the number of people crowding around a certain department. Instinct to the number of people crowding around a certain department. Instinct to the number of people crowding around a certain department. Instinct to the number of people crowding around a certain department. Instinct to the number of people crowding around a certain department. Instinct to the number of people crowding around a certain department. Instinct to the number of people crowding around a certain department. Instinct to the number of people crowding around a certain department. Instinct to the number of people crowding around a certain department. Instinct to the number of people crowding around a certain department. Instinct to the number of people crowding around a certain department. Instinct to the number of people crowding around a certain department. Instinct to the number of people crowding around a certain department of the number of people crowding around with a wooden mallet for at around. The change was to be made and an interne is supposed to be limited. full of bubbles. Roll out, cut in the things he insisted upon before ac-

> of corn-starch dissolved in one-quarter cian, pull wires to be assigned to the ly five feet away. cupful of cold water, one egg, two Children's Ward. Possession is ninetablespoonfuls of butter, one-half tea- tenths of the law. So, when the new ment until Pixie, Nixie, and Trixie she was so tired that she wondered if poonful of vanilla.
>
> Supe' arrives he will gaze upon my nounced. There was not a suggestion anything else really mattered.
>
> Supe' arrives he will gaze upon my nounced. There was not a suggestion of a smile in her severe disapproved.
>
> Thank you very much," said Cynstarch (dissolved in cold water) and five inches then glance around the imthe beaten egg; cook until clear Add maculate ward, and remark 'Why ing countenance. Thank you very me this in a small voice.
>
> When the Head is the beaten egg; cook until clear. Add make a change?' Just like that, I the butter and vanilla and beat well. shall have the job! I don't want to Evidently the Probationer did not ap-Line individual baking tins with plain 'special.' To tell the truth, I should prove of her innocent little fairies. In dignity, straightened her cap with the pastry and bake until straw color. Fill die of fright if I were left without a the Probationer didn't appear aid of the medicine-closet glass door

"They haven't long hair, false teeth stiff. Add three tablespoonfuls of or nerves," she answered blandly. Trixie, while you finish the diets." ies. Oh, children are fine fun."

Cynthia sat at the record table and there, the bored little sufferers grin- but she was not in the room fifteen The anchor chains of the Lusitania

the Junior Surgical Interne.

This pattern is cut in 4 Sizes: 3, 4, You must first have a proper sense ly around the room to see that no one stern.

PAINLESS IRONING.

I detest ironing sheets, but I have blue eyes fresh with sleep. new place, the sheet is soon ready to

INTERESTING EXPERIENCE

Tanlac.

Frank Rikert, well-known resident toward joyousness as the tide runs to even things that he suspected hurt. from Illinois in a covered wagen in meet the moon. "What will you do about it?" 1864, along with other hardy pioneers, "Maybe I'll vamp him at the dance recently exhibited a bottle of Tanlac,

have been pinned into place at seven order book wrote hurriedly: Jimmy places on the famous treatment. a.m., by noon it jauntily reposed over Getterman-weight to leg continuous. one ear. Then too there was the mat- And below that: May I have the first not arrive until to-night. I have INTEREST YOUR CHILDREN IN quart of flour, one teaspoonful of salt disregarded and charting that she left over the word including the nurse's few months. Although you are young,

and a quarter of a pound of butter, undone that she should have done. over the ward, including the nurse's you have shown unexpected ability. Rub flour and butter together, add It was near Christmas time that gay little cap and the Probationer

The Junior Surgical looked at her

Cynthia carefully rubbed the six behind, her cap slightly to one side

Cynthia barely suppressed a giggle. "young" candidate for honors walked

On the second Tuesday in June ward, tossing a word here and a smile ing mature when she fihally descended chain of a ship's anchor.

for the little fellow who had to lie her ice cream.

"There are none for her," Cynthia liked; his square jaw and alert mannod of her gay little head. "The cause she doesn't believe in them." new internes often lacked. It was using a bladder of goat skin. She pushed the hair back from his just then he glanced up and their eyes Nowadays enormous ingots of steel so this is my last day on duty. And white forehead, where it lay in damp locked. Cynthia blushed and turned are heated in furnaces, and the hythe new 'Supe' will not arrive until curls. It was exceptionally hot for away furious at herself. June. "Drink your milk. That's a They met in the Paul Jones when he place of the blacksmith's hammer and "Too bad," consoled the Junior Sur- good fellow. Now close your eyes quietly danced her out of the room anvil. The hammer wielded by the tight while I make the sign for Nixie on to the small side porch. and Pixie to come lift the had weight "After dancing straight into my

bottom of the bed, she glanced quick- lift to the mouth that had seemed so will give voluntary reference to the Toronto. Allow two weeks for re- Being thrifty isn't stingy. It rebellion had grown in her breast.

doesn't mean endless going without. What could a strong, husky Staff doc- unofficially-to see his girl, and he -It means getting the most for your tor, who visited the ward once a day, went to the sentry and stated his case. know about a baby's courage; when it had reached the breaking point? sailing up the financial stream with in her eyes as she resumed her chart- night. It's 'Idiosyncrasy.' There was something a little defiant ought to have the password for to-

A half hour later she rose hurriedly to her feet. She recognized that unmistakable firm, deliberate ring of a Staff member's heels in the corridor. A unique all-year-round gift, easily With the Staff man was the Head

languishing in your sewing basket or gressed from bed to bed, carrying in uring 86,500 miles in diameter. Mertogether, right sides out, leaving one write certain cabalistic characters portion under the open door, which lous young housewife, to fleck an im- lee takes four and a half years to

a sigh of relief. The weight had been weather. skillfully removed from the shoulders of Nixie and Pixie. Jimmy stirred and opened two big WOMEN! DYE FADED

"Continuous," the Junior Surgical

Cynthia was honest. She raised her head gallantly to contradict the Jun-

mean a life of vigor to growing chilinscription of the limited free write siving particulars.

in household tools and apst. leveste.

In household tools and apst. leveste.

Frank Rikert, Who Left Illin- "I believe Taniac really saved my CANADA'S GROWTH IN ois for California in Covered life when I took it after the Flu about a year ago," continued Mr. Rikert, "for Wagon in 1864, Wouldn't the attack left me 20 pounds off in

Take \$100 for Bottle of weight, and unable to turn over in my bed without assistance. I tell you, I thought my time had surely come.

"But, thanks to my wife's insistance, I kept on taking Tanlac till I was able to do all my work again, had 1864, along with other hardy pioneers, back all my lost weight, and I've been feeling years younger ever since. I'm statement Honorable Charles Stewart, always telling my friends about Tan- Minister of the Interior, reviewed the lac, and can't say too much for it."

Take Tanlac Vegetable Pills.

He-"Would you give me a kiss if

She-"No indeed-but if you stole

Minard's Liniment Heals Cuts.

A Liner's Safety Chain.

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WHEN IN TORONTO VISIT THE

559A Yonge St.

The terrible effects which might re-

will have to admit that last year I Cynthia, standing in the middle of the ward, her hands clasped tensely

The Head was no longer young and, asked you for one?"

one, what could I do?" with maple mixture, cover with maple doctor in a house with a typhoid pameringue and brown in a slow oven. tient. The Children's Ward for me." either. She was a nice old thing just ing bunch of violets from her apron "Why pick on the children?" her the same, even if she was so painfully band. The Probationer had seen the "I'll attend to Pixie and Nixie and That night she remained in her room until after the first dance. It would sult from carelessness in a blacklook so ridiculous to have five men smith's work are well illustrated by the Canada's total more than 900,000 horse-As she stepped gaily down the claiming it. She was feeling exceed- great importance of every link in the

that had grown dim from suffering. There was something about him she

draulic forging press is taking the

comes, instead, a hammer equal in go to sleep. And I think I will en- again, now could I?" he inquired. weight to one of thousands of tons! courage Trixie to stir up a small Cynthia laughed and perched her-

(To be continued.) ---

Too Much for Him. Bill wanted to slip out of barracks-"Well," said the sentry, "I'll be off duty when you come back, so you 253 Bloor St. West, Near Avenue Hoad, Largest

"Idio what?" "Idiosyncrasy." "I'll stay in the barracks," said Bill.

----Minard's Liniment for Dandruff.

If thou seest a man of understand- \$1.50 yard postpaid. Remnants only

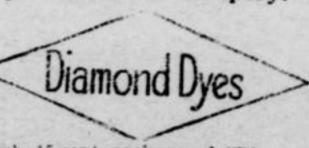
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to all inquiries regarding your favorite publication from England, United place a firm row of machine stitching. patient's chest when the august Staff their political economy and their en- lowest prices later. Highest references.

angle, slamproof against sudden gusts the bed. Then she straightened with where it begins to affect our own

THINGS NEW AGAIN

by Garment or Drapery.



resitively the only sure. The Head remained after the rest that any woman can dye or tint any

PROGRESS IN POWER DEVELOPMENT

PAST YEAR.

Large Number of Projects Under Construction—Reason for Optimism in Future.

Early in the new year in a public progress during 1923 throughout the Tanlac is for sale by all good drug- Dominion of the development, distrigists. Accept no substitute. Over 40 bution, and use of hydro-electric energy. He pointed out Canada's fortunate position in this regard and held that with low priced power-the key to all key industries - so abundantly available almost everywhere in the Dominion, there was a good reason for

national optimism for the future. It was shown that among the countries of the world Canada not only now ranks with the highest in per capita power development, but is certain to greatly increase her ratio during coming years. In the industrial progress of nations, that country which has the cheapest, surest, and most lasting source of power in quantity and suitably located, is certain to outstrip the others, everything else being equal. Canada, with her unique water-powers fortunately located in or close to her industrial areas, with vast and varied resources of raw materials, and with unrivalled transportation facilities both by rail and water, offers to manufacturers and financiers abundant and unusual opportunities for profitable trade and investment.

An analysis of the development which took place during 1923 discloses the fact that some 255,000 horse-power was added, thus bringing the total water-power installation in Canada to 3,228,000 horse-power. A more significant feature, however, is the large number of projects actually in progress of construction at the present time or actively in prospect. These projects when brought to completion within the next two years will add to

Ontario Leads in Development.

"Well, Jimmy!" she teased. But "Is the new 'Supe' here?" she asked honor towners ture. Such work rethere was a tender look in her eyes the Junior Surgical as he was serving proper temperature. Such work requires infinite care, for in no case is ton and Ontario Power plants of the day; the rows of bottles showing with a heavy weight suspended to his over there, talking to that new the saying truer that the chain is only of the days of the d cine closet were newly labeled; and she said," he whispered, nodding to- he looked just as Cynthia expected safety of a giant vessel and the lives of a giant interne." He nodded toward the end as strong as the weakest link. On sion and in developments connected the scene, making scintillating pools ward the Probationer, "that there he would, heavy, distinguished, with of perhaps 2,000 people may depend. some 44,000 horse-power comprised warn't no such things as fairies." Two slightly greying hair and a vandyke. The earliest blacksmith's forges chiefly in additions to the Cedars plant "Penny for your thoughts," said tears welled up in the big blue eyes. Then her glance shifted to the other. known were holes in the sides of hills, of the Montreal Light, Heat & Power known were holes in the sides of hills, of the Montreal Light, Heat & Power known were holes in the sides of hills, of the Montreal Light, Heat & Power known were holes in the sides of hills, of the Montreal Light, Heat & Power known were holes in the sides of hills, of the Montreal Light, Heat & Power known were holes in the sides of hills, of the Montreal Light, Heat & Power known were holes in the sides of hills, of the Montreal Light, Heat & Power known were holes in the sides of hills, of the Montreal Light, Heat & Power known were holes in the sides of hills, of the Montreal Light, Heat & Power known were holes in the sides of hills, of the Montreal Light, Heat & Power known were holes in the sides of hills, of the Montreal Light, Heat & Power known were holes in the sides of hills, of the Montreal Light, Heat & Power known were holes in the sides of hills, heat & Power known were holes in the sides of hills, heat & Power known were holes in the sides of hills, heat & Power known were holes in the sides of hills, heat & Power known were holes in the sides of hills, heat & Power known were holes in the sides of hills, heat & Power known were holes in the sides of hills, heat & Power known were holes in the sides of hills, heat & Power known were holes in the sides of hills, heat & Power known were holes in the sides of hills, heat & Power known were holes in the sides of hills, heat & Power known were holes in the sides of hills, heat & Power known were holes in the sides of hills, heat & Power known were holes in the sides of hills, heat & Power known were holes in the sides of hills, heat & Power known were holes in the sides of hills, heat & Power known were holes in the sides of hills, heat & Power known were holes in the side was a side of hills, heat & Power known were holes in the side of hills, heat & Power known were called boomeries. The Romans invent-Consolidated, and in new plants for Cynthia indicated the ward with a whispered softly, with a cuddle, "be- ner, and an air of self confidence that ed the first bellows about the year 350, Price Brothers & Co. at Chicoutimi and the Lower St. Lawrence Power Company near Metis. In Manitoba 28. 000 horse-power were added by the Manitoba Power Company, and British Columbia closely followed with 26,500 horse-power accounted for by a new strong arm of the village smithy be- plant of the East Kootenay Power Company and additions to the plants of the Granby Consolidated Mining. Smelting and Power Company and the Pacific Mills, Limited. Nova Scotia increased its total by 7,800 horsepower in new developments for the Nova Scotia Power Commission and the Avon River Power Company, and in New Brunswick 2,500 horse-power were added to the Maine and New Auto Starter and Generator Repair Brunswick Power Company's plant. With regard to works at present un-

der way or in active prospect, Quebec leads with a very extensive program included in which are such outstanding developments as those of the Quebec Development Company, on the permanent exhibition in Canada, Archaeology, Saguenay River, the St. Maurice Geology, Mineralogy, Palaeentology, Zoology, Open Power Company, on the river of the Thursday evenings. Bloor, Bay, and Church care. | same name, and numerous others totalling more than 550,000 horse-power. Ontario also has an extensive program ahead, including a number of developments and additions for the Ontario From Warehouse, Fox's Indigo Serge, Hydro-Electric Power Commission, a Pure Wool, Navy Blue, Black, 56 inches development for the Hollinger Consolidated Gold Mines, and other lesser 300,000 horse-power. The other provinces are also well represented, with activities under way in Mantoba, British Columbia, and Nova Scotia total-

Upon broad snoeshoes in the soften

That spread its whiteness through the sugar-wood. Above him cawed the first returning

A blue haze danced upon the hilltop's Where early April wrought her magic spells:

And from tin buckets filling fast to The dropping san rang out like sanctus bells

And as old Phillippe heard the echoes Among the maple trees and silver

That rose above him like the vaulted And painted pillars of the village

He looked up toward the blue mysterious sky--

Then bowed as though the Host were passing by. Prof. Oliver Call, Bishop's College,

the loss of little pigs. pigs that are born an clean, but among thos during February and conditions that are ve the presence and Bacillus Necrovoris. teria have gained ention the body where th knees, sides of foreat annot penetrale a

Bacon Type I Length without smooth does smoothness and

be light and smooth, biness in the former ness or openness in the jowls generally go wi coarse hogs. Heavy the side out of bala should be fairly flat, with the shoulder and depth dropping stra back. No round-ribbs in the select class. T round off even with back and should show at the tail head. The fairly full yet tapered the hock. The hone and strong, and the be no tendency to wrink should be trim and whole body show that ency which denotes le than fat."-Ontario Go

My Penni Grandma gives t They rattle in my pe folly way. I always like to feel the where they are

The shining little pe the dark must st A little song they're s of cheerful jing I'm careful not to even let them fa

You see because I they're not like o More nice, and kind and so I save th -

In setting out to cut of look out that you do no imbs that bear the fru

