

**MAURICE FAITHFUL
old
SERVANT**
By James Maurice Tarsy

When the last dray-horse shall have disappeared from the face of the earth, I wonder whether man will even express a word of thanks for the faithful animal that has so greatly helped to establish him in the now comfortable position which he occupies.

Great men who have done great things surely have been honored with monuments of stone and of immortality. But when the day of the horse shall be a closed chapter in the Book of Service, who shall have the right to claim a greater honor for service rendered humanity?

The horse has toiled for man, slaved for him—laid down its life that he might live—in the reeking heat of commerce, on the bloody field of battle, in the zero days of snow and sleet. And for what? Just a bit of hay!

And when the heavy day of work was done, man retired to his comfortable home, with the peace of his family and his restful bed, secure from rain and wind. But the horse retired to its pallet to wait alone for the dreary hours to pass, while the rain merrily trickled in and the wind unceremoniously flew by from a hundred scolding slits and crannies in the walls.

Who shall remember the horse and pay tribute to it? Who shall erect a monument to the faithful beast?

Man surely has suffered, but many times because of his own cruel selfishness and unscrupulous interests. But the horse has toiled most unselfishly—a beating in the bargain!

It is big enough to estimate the amount of suffering that it has experienced.

Why wait to be stricken by this rapidly increasing devastating scourge when you can learn how to avoid it by sending for this FREE BOOK, which will be promptly mailed to YOU, without cost, by CHARLES WALTER, 71 Brunswick Avenue, Toronto, Ont., Canada.

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CANCER

The REAL CAUSE of this terrible disease; how to treat it and how to avoid it, is fully explained by the book on

The Cantassium Treatment

which does away with the danger and suffering caused by surgical operation, radium and X-ray.

In this book are a number of case reports, at home and abroad, which prove the great value of Cantassium Treatment to internal and to external cases of irregular cell-growth and Cancer.

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Note

To meet the requirements of a limited number of Cancer sufferers who desire complete rest, the Cantassium Treatment, arrangements have now been completed for their comfortable accommodation in suitable premises in Toronto, where, if they wish, they can be attended by experienced physicians.

Ants With or Without Wings.

Mr. Vincent, seated on the verandah of his summer home peeling willow wands to make a towel rack noticed a black ant running straight across the verandah. He tried to turn it back with the toe of his boot, but the little creature quickly made its way round. Then Mr. Vincent, using a wand in his hand, turned the ant several times, but he could not confuse it nor deter it. In a moment it was climbing over parts of a radio outfit, which must have confounding it as a mountain forest combined is to a moment stamped his foot in its path.

to give up trying to get his son Allen back. Fall-

no defeat! So it is, I fear, with men and women, boys and girls. Some with many advantages are turned aside from pressing on to the prize of their high calling, and some who are not so equipped but who have will and determination reach the goal. It's a great thing to have determination!

He Forgot the Combination.

A colored man was driving along the road in a ramshackle buggy drawn by a bony, spavined old horse, when a stranger hailed him.

"Hello! uncle! can you get me to the station in time for the next train?"

"No, suh; I can't believe I kin, suh. This is a broken-down ol' cavalry hawse. Yo' can't git him offen a walk nohow."

"Huh! You say he's an old cavalry horse? Let me drive him."

The man clambered upon the seat and looked the reins. "Make ready!" he called out sharply. "Charge!"

The old horse pricked up his ears and broke into a gallop. As they reached the station the man shouted, "Halt!" The horse obeyed. The man flipped old John a quarter.

The next day two young men stopped John and asked him to take them to the station as quickly as possible.

"Suttinly, gen'tlemen," said John. "Git right in." He gathered up the reins and shouted: "Make ready! Charge!" The horse broke into a gallop and soon reached the station.

"Git ready to jumpy, gen'tlemen," John looking frightened, shouted to his fares. "I've done forgot de word what stops him."

THE CAUSE OF SICKNESS

Almost Always Due to Weak and Impoverished Blood.

Apart from accident or illness due to infection, almost all ill-health arises from one or two reasons. The mistake that people make is in not realizing that both of these have the same cause at the root, namely poor blood. Either bloodlessness or some other trouble of the nerves will be found to be the reason for almost every ailment. If you are pale, suffering from headaches, or breathlessness, with palpitation of the heart, poor appetite and weak digestion, the cause is almost always poor blood. If you have nervous headaches, neuralgia, sciatica and other ailments also

A Watch for Time Study.

Methods as appropriate as appropriate often in the time of the day. For the prizes were well deserved where they were awarded and were in the form of a

Surnames and Their Origin

MacALASTER.
Variations—Alexander, Sanders, Sanderson, Saunders, Sanderson.
Racial Origin—Scottish and English.
Source—A given name.

The family name of MacAlaster probably would remain much of a mystery were it not that this clan name of Scotland is traceable directly back through the centuries to a son of Angus Mor, who was Lord of the Isles in the year 1284, which son, it is a matter of record, bore the name of Alaster as a variation of Alexander.

Yet, taken in this connection, in view of the variations of the Christian name Alexander, which existed about this period in England and the Scottish lowlands, the variation became more understandable.

The name, of course, is Greek in origin, but it was taken by the medieval residents of England and Scotland from the Bible, and they spelled it as they pronounced it rather than as it was spelled in the Latin. They spelled it "Alisander," or "Allessandre."

If you just slide over the third syllable or drop it out, you'll shorten the name into something like "Alis-der," which isn't far from "Alaster."

The abbreviation of this name into "Alce" is not found in any of the medieval records. Instead, at that time, the tendency was to shorten it into "Sander" or "Sander." Indeed we have the Scottish form of "Sandy" today.

MacAlaster, of course, means "Alaster's descendants," and Sanders and Sandersons are simply shortened forms of "Sander's-son" and "Sanderson's-son." It is not likely that such a name as "Alexander's-son" could have lasted in uncorrupted form long enough to remain as Alexander when the "son" finally was dropped. It probably is a change back to original spelling at a still later period.

Town Lot Poultry Keeping.

By S. W. Knife.

Only a small space is required to keep a few hens in which would supply table eggs all the year.

But someone says, "I have no one to look after them and I am not able myself." This obstacle has been overcome in many families where there are no boys or girls. I was much interested in the poultry displays at the school fair this Fall, and I had the pleasure of visiting quite a number. One small town in particular (of one thousand inhabitants) had an exhibit of close on two hundred fowl, all colors and stages of growth. The prizes were well deserved where they were awarded and were in the form of a

NELSON
Variations—Nelson, Neal, Nellie.
Racial Origin—Middle English.
Source—A woman's name.

It would seem that women, after all, did amount to something in the middle ages; and though, perhaps, they did not have the privilege of the vote, hundreds upon hundreds of them were prominent enough in their own communities to do what not even the suffragists of to-day are claiming as a privilege. They bequeathed their own names to their descendants.

Perhaps it would be more accurate, however, to say that the communities in which they lived did so, for family names were a growth of custom through many generations rather than the definitely adopted appellations of families.

There are literally dozens of family names common in America today which trace back to the given names of women in those days following the Norman conquest, when wars on the continent wrested from the Norman-English monarchs and their nobility their holdings in Normandy and left them no alternative but to call themselves Englishmen.

Eleanor, or, as it was more commonly spelled, Alianora, was a popular name for girls among the Normans. In the course of the centuries succeeding the conquest it became variously Alianora, Annot, Allnot (Norman diminutives), Ellen, Leonora, Lina, Linot and Nel (diminutive resulting from the Anglo-Saxon influence).

Nelson simply means "the son of Nel." The earliest records of the name occur in this fashion as Fitz-Nel and "El, Nel." "Fitz" was the Norman method of expressing "son of," and "El" was the abbreviation of the Latin "Alisus," meaning son, commonly used by the clerks of that day. Neal and Nellson are variations, as is Nellie, which has no connection with the Celtic names of O'Neil and MacNeill.

SMOK OLD CHUM

The Tobacco of Quality

1/2 LB. TINS

and in packages

Manufactured by Imperial Tobacco Company of Canada Limited

a boy of 13 years, who had the caring for 25 pullets of real good stock. They got finest care and attention possible, with the result that their average production for the year was 216 eggs each in a pen 16 ft. by 14 ft.

Get your boy or girl interested in poultry and thereby instill into their young minds a fundamental knowledge of business, also their ability to assume responsibility. It will benefit them mentally as well as financially.



And That's Heavy Enough.
Dealer—"I assure you, sir, this is strong coal."
Customer—"Must be always seems so."

Why Doctors Go Mad.
Insurance Doctor—"Were you ever in the hospital?"
"Yes, once."
"What for?"
"To see my aunt."

Eggs covered with boiling water and allowed to stand for five minutes are more nourishing and more easily digested than eggs placed in boiling water and allowed to boil for three and a half minutes.

Mother! Give Sick Baby "California Fig Syrup"

Harmless Laxative to Clean Liver and Bowels of Baby or Child

Even constipated, bilious, feverish, or sick, colic babies and children love to take genuine "California Fig Syrup." No other laxative regulates the tender little bowels so nicely. It sweetens the stomach and starts the liver and bowels acting when they are sluggish. Contains no purgative drugs.

