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Woman's Sphere

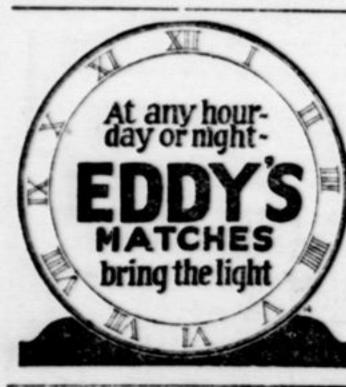
TRAINING THE CHILDREN. Vacation time brings with it added problems in discipline. We make a mistake when we think of discipline as only "making children mind." That, properly understood, it is an

effort on the parent's part so to regulate the instinctive desires of the child that by his own efforts he gradually fits himself to be of worth to his generation.

The ideal is fine and helpful, but two little daughters, aged six and nine, sometimes cause me almost to lose sight of it. They are quite different in temperament and I find that what works with one is not efficacious with the other. The younger child loves to visit at a neighbor's, and after she had been over several times recently, I suggested that she should play at home that afternoon. When she disobeyed and went over there, I brought her home, gave her her supper, and put her to bed. It was only an hour before her usual bedtime, but she so loves to sit up after daddy comes in that it has kept her from running away since. Sometimes she gets angry and strikes. Then I tie a carpet rag loosely around her arm. telling her that when daddy sees that, it will make him know that the little a few minutes before she comes to short length as illustrated.

of worth," all that is necessary is to weeks for receipt of pattern. say, for example, "Jane, you may read -

をあるというできるのできるとはないとう A universal custom that benefits everybody. Aids digestion, a good thing toremember its Purity Package FLAVOR LASTS





188UE No. 30-'23.



A DAINTY FROCK FOR MOTHER'S GIRL.

would rather be punished in any way nice for linen, with the guimpe of con- and but last week we had the ballet the scene more cerie!

It is also officers come here for their pleasure, the scene more cerie!

It came from one or two torches him a mortal insult and stirred up a carried by wild follows with long worse, however, because them. than to wear the rag on her arm. I trasting material. The sleeve may be of Mademoiselle Cici. The police ap- carried by wild fellows with long worse hornet's nest than Rasta's never have to leave it on more than in wrist length with a band cuff, or in prove—but not often, for this is no staves who drove their way into the push.

12 and 14 years. A 10-year size re- dancing! Only a few of my patrons flame into long streamers, dying away The above methods do not work at quires 31/4 yards of 40-inch material. know. Who, think you, will be there?" in a fan of sparks. all on the older child, and never did. Pattern mailed to any address on He bent his head closer and said in the crowd. It was Chinganeh, shoutloves to read, and when I want to get the Wilson Publishing Co., 73 West "The Compagnie des Heures ed not in anger but in fear. her to do the things "that fit her to be Adelaide St., Toronto. Allow two Roses."

after you have practiced your music, Sometimes I get so discouraged that, not before, remember." To be denied were it not for our little bedtime her book is far more of a punishment talks, when the girlies and I go over all for the rosy hours."

"Will the Signor wish to come?" torches high at the full stretch of their arms. They were shouting, too, wild shrill cries ending sometimes in after you have practiced your music. Sometimes I get so discouraged that, tion what he meant. than to be disciplined in any other the mistakes of the day and resolve "Then the fourth hour after mid- a gush of rapid speech. Their words to make a fresh start with the new day. Walk straight through the cafe But these ways don't always work, morning, I should feel like giving up and one will be there to unlock the entirely. And yet, I know that there door. You are new-comers here? is nothing more worth while.-Mrs. Take the advice of Angelo Kuprasso W. H. K.

A NEW IRONING-BOARD.

When everything doesn't go right, must be lifted and rearranged every far off, only a hundred yards to the patch of light. He carried no torch, time a skirt or little frock is to be put right at the top of the hill. on it, then froning is nothing but a When we left his door the night cleanses the teeth, on it, then froming is nothing but a When we left his door the night tiresome job. With the latest in iron- had begun to drop. We hadn't gone scothes the throat. | ing boards at which to do one's work, twenty yards before Peter drew very all these troubles are avoided. The near to me and kept turning his head board rests on its own stand and it is like a hunted stag.

"We are being followed close, Corso braced and arranged that it is nelis," he said calmly. steadiness itself; yet it is not a big Another ten yards and we were at cumbersome affair, but light and eas- a cross-road, where a little place ily handled. There is no brace at the faced a biggish mosque. I could see one end, so that one may slip the in the waning light a crowd of people frocks and all the other garments who seemed to be moving towards us. which must be put on the board to be I heard the high-pitched voice cry out ironed right over it without moving a jabber of excited words, and it thing. Imagine how much more quick- voice before. ly the work can be finished with a board of this kind. When one has finished the ironing the board may be folded and placed out of the way, so that it takes up no more room than the old kind which requires supports.

LAUNDERING SUMMER

DRESSES. place small pieces of bar soap or soap It took me a moment or two to realchips in the cheesecloth bag and then ize that we were attacked. Every man make my suds. This prevents small has one special funk in the back of climbed the hillside. flakes of soap adhering to and spot- his head, and mine was to be the of soap is utilized.-G. S.

Keep on Going.

that the only way to keep up is to ness. But in my nightmares I had Then I did a dashed silly thing. keep going. This law may be broadly never imagined anything just like pulled out a sovereign and offered it applies. It is applicable to many this. The narrow, fetid street, with things and to all people.

It is a long trail that has no turning, unknown tongue, the hoarse savage We have been following its rough and murmur, and my utter ignorance as rugged course already far beyond to what it might all be about, made where the turn should have been; still me cold in the pit of my stomach. it is not in sight. Shall we give up old man," I said to Peter, who had

There is but one safe thing for us tols were our only weapons. The to do, and it is the only way of keep- crowd saw them and hung back, but ing our place in the sun, and that is if they chose to rush us it wasn't much to keep on going.

other rodents silos for the storage of background. There were shouts from

2,000,000 tons of newsprint a year.

GREENMANTLE

BY JOHN BUCHAN.

CHAPTER X. ".

house and the fun there. "The Signor is mistaken. I have disappear in; there were no inquisi-no garden-house." "Rot," I said; "I've been here be- police. fore, my boy. I recall your shanty at I wished to Heaven I had a word of the back and many merry nights Turkish. But I made my voice heard

there. What as it you called it? Oh, I remember—the Garden-House of He put his finger to his lips and looked incredibly sly. "The Signor remembers that. But that was in the place is long since shut. The people here are too poor to dance and sing."

"All the same I would like to have another look at it," I said, and I slipped an English sovereign into his He glanced at it in surprise and

his manner changed. "The Signor is a Prince, and I will do his will." He clapped his hands and the negro appeared, and at his nod took his place behind a little side-counter. "Follow me," he said, and led

evenly paved. Then he unlocked a door and with a swirl the wind caught then suddenly the scrimmage ceased. We were looking into a mean little and there was a wavering splash of yard, with on one side a high curving light in that pit of darkness. wall, evidently of great age, with I never went through many worse bushes growing in the cracks of it. minutes than these. When I had been

ing like a dissenting chapel, but up against a real, urgent, physical painted a dingy scarlet. Its windows risk, like Loos, the danger at any rate and its door, tied up with rope, flap- was in for. But here was a threat I

ever open it now?"

and avoid the streets after nightfall.

for quiet men." I asked him to name an hotel, and he rattled off a list from which I when the ironing board wabbles and keeping with our get-up. It was not chose one that sounded modest and in Turkish police. But I changed my

seemed to me that I had heard the

CHAPTER XI.

We battled to a corner, where a jut of building stood out into the street. The fellow was shouting gibberish It was our only chance to protect our at me. His eyes was glassy, like a stone between us. It was only the were never still a second. You would work of seconds. One instant we were think such a figure no better than a When washing ginghams and other groping our solitary way in the dark- mountebank, and yet there was nodelicate fabrics that are apt to fade, I ness, the next we were pinned against thing comic in it. Fearful and sinisnever apply soap directly to them. I a wall with a throaty mob surging ter and uncanny it was; and I wanted

the thought of it-the mess, the blind this witch-doctor." sions different from those of any single blackguard. It was a dark It is an unwritten law of the universe world to me, and I don't like darkthe icy winds fanning the filth, the

"We've got it in the neck this time. and stop? When the bicycle stops it out the pistol the commandant at Rustchuk had given him. These pis-

of a barrier two pistols would make. Rasta's voice had stopped. He had To prevent depredation by rats and done his work, and had retired to the grain in Mexico are made of concrete. the crowd- "Alleman" and a word "Khafiyeh" constantly repeated. didn't know what it meant at the time, The United States consumes about but now I know that they were after us because we were Boches and spies. There was no love lost between the Minard's Liniment for Corns and Warts Constantinople scum and their new



(Copyrighted Thomas Nelson and Sons, Ltd.)

masters. It seemed an ironical end "You are Mr. Kuprasso," I said. for Peter and me to be done in be-"I wanted to show this place to my cause we were Boches. And done in friend. He has heard of your garden- we should be. I had heard of the East as a good place for people to

for a second in a pause of the din, of sailors who had brought down big guns for Turkey, and were going home next day. I asked them what the devil they thought we had done? old happy days before war came. The I don't know if any fellow there place is long since shut. The people understood German; anyhow, it only here are too poor to dance and sing," brought a pandemonius of cries in which that ominous word Khafiyeh

> Then Peter fired over their heads. He had to, for a chap was pawing at has throat. The answer was a clater of bullets on the wall above us. It looked as if they meant to take us alive, and that I was very clear should not happen. Better a bloody end in a street scrap than the tender mercies of that bandbox bravado.

I don't know what happened next which was pitch dark and very un- Some one squealed, and I looked the

Some scraggy myrtles stood in broken hunted in the past weeks there had pots, and nettles flourished in a cor- been mystery enough, but no immediner. At one end was a wooden build- ate peril to face. When I had been and skylights were black with dirt, had been clear. One knew what one couldn't put a name to, and it wasn't "Behold the Pavilion," Kuprasso in the future, but pressing hard at to the leader. I had some kind of To sweeten any kind of frying fat, the nearest coal depot—at Coronel.

with feeling. "What times I've seen real. The patter of the pistol bullets deed. there! Tell me, Mr. Kuprasso, do you against the wall, like so many crack- He brought his stick down on my ers, the faces felt rather than seen in wrist and sent the coin spinning in He put his thick lips to my ear. the dark, the clamor which to me was the gutter. His eyes blazed, and he "If the Signor will be silent I will pure gibberish, had all the madness of made his weapon sing round my head, get that "Leave a place as you like friction. "Oh, well, chief, we can but tell him. It is sometimes open—not a nightmare. Only Peter, cursing He cursed me—oh, I could tell cursing to find it" has long been a rule with do our best! Better reduce her to often. Men must amuse themselves, steadily in Dutch by my side, was real. well enough, though I didn't follow a gentlefolk. 4387. This will be charming in even in war. Some of the German And then the light came, and made word; and he cried to his followers

time for too much gaiety. I will tell heart of the mob. The flickering glare me repentant and begs me to forgive The Pattern is cut in 4 Sizes: 8, 10, there will be dancing— wonderful strous shadows. The wind swung the

At first I could not see the new-"Oh, indeed," I said with a proper comers. They were hidden in the tone of respect, though I hadn't a no-light, for they were holding their did not seem to be directed against us, but against the crowd. A sudden hope came to me that for some unknown reason they were on our side.

The press was no longer heavy Stamboul is no safe place nowadays against us. It was thinning rapidly and I could hear the scuffle as men made off down the side streets. My first notion was that these were the mind when the leader came out into a but a long stave with which he belabored the heads of those who were

It was the most eldritch apparition you can conceive. A tall man dressed in skins, with bare legs and sandalshod feet. A wisp of scarlet cloth clung to his shoulders, and, drawn over his head down close to his eyes, was a skull-cap of some kind of pelt with the tail waving behind it. He capered like a wild animal, keeping up a strange high monotone that fairly gave me the creeps. I was suddenly aware that the

crowd had gone. Before us was only this figure and his half-dozen companions, some carrying torches and all wearing clothes of skin. But only the one who seemed to be their leader THE COMPANIONS OF THE ROSY HOURS, wore the skull-cap; the rest had bare heads and long tangled hair.

backs, to stand up with the rib of man who smokes hemp, and his legs to do anything but laugh. As he shouted he kept pointing

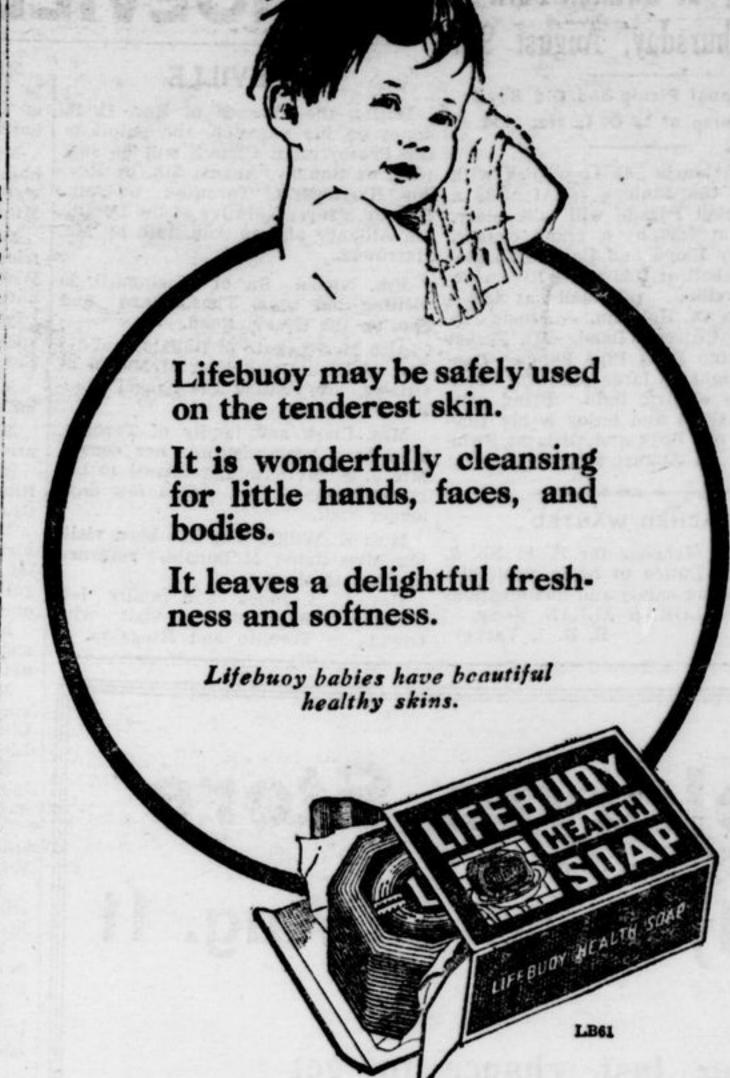
"He means us to move," said Peter. ting the material, and also every bit quarry of an angry crowd. I hated "For God's sake let's get away from

> struggle, the sense of unleashed pas- I couldn't make sense of it. but one thing was clear. These maniacs had delivered us for the moment from



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notion of showing gratitude, and as cook fresh sliced potatoes in it until

and they cursed me too. I had offered Minard's Liniment for Coughs & Colds

(To be continued.)

sweet, no matter how rancid it was.

where you can be most cheerful.





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LIFEBOATS AS FUEL

Before leaving Buenos Aires, bound for the Strait of Magellan and then north to Valparaiso, the captain sends for his chief engineer.

"Plenty of coal on board, chief?" he asks. "We have twelve days' steaming to Coronel. How much have you?" "Four hundred tons," replies the other: "sufficent for seventeen days. That's plenty; besides, coal is expensive here."

Out from Buenos Afres and down into the Roaring Forties they go. where always the west wind blows with screaming force, piling up mountains of seething water.

Gale follows gale and slowly, very slowly, the tramp-steamer plugs her way south. Coal is flung into the furnace with generous hands, but a bare six knots is the result.

An Anxious Time.

Through the Magellan Strait after ten weary days, and then up the Patagonian coast. But here it is no better; the westerly gales blow straight across the Pacific on the rocky coast to leeward, and the ponderous gait of the old ship is as heartbreaking to the weary officers, tramping up and down the spray-sodden bridge, as to the engineers, who, with anxous eyes, see the small stock of coal rapidly dwindling.

Eight bells, and those ragged clouds to windward speak of another night of shricking wind and high-running seas. The chief engineer, clad in overalls, cimbs against the wind to the upper bridge, in search of the captain.

In the chart-room he finds him. "Sixty tons is all we have," he laconically remarks.

But the captain, with tired eyes pouring over the chart, does not reply. He is measuring the uncomfortably long line between the ship and

"That is the old place," I observed And yet I couldn't feel it was quite I had no words I had to show it by they are done. The fat will become tance," he says "and if the weather was at all decent we could do it; but as it is-" He taps the barometer, Automobile parties should not for- and the chief sees the indicator full of half-speed; she won't burn so much." No Coal and Fifty Miles to Go.

> Another day and another night pass over, and still the old ship covers The best place for a vacation is those long miles all too slowly, at a tremendous cost in fuel. Fifty miles to go, the last shovelful

is gone, and if once the steam goes back very far it will be almost an impossibility to raise it again. Something must be done to get her

over the last lap, especially as the weather looks better. So then it is that the ast drastic

resource is used. The ship must be burnt to drive the engines. First the paint and the varnish and the whole contents of the bos'un's store go down to the stokehold and into the dying furnace. Already the H.P. crankshaft goes over with a more determined thrust, and the flames leap out

of the ship's funnel. Now the derrick-booms are unstripped, cut into short lengths, soaked in

coa-tar, and thrown to the flames. Slowly, very slowly, the patent log records the miles as we pass along. Now the dstance to go is down to forty miles; another watch brings it down to thirty, but the emergency-fuel rations are running low.

Next, the cabin furniture; bunks are ripped out. Gaily-painted chests, relics of Limehouse and Commercial Road, E., al! make their contribution to the common cause. Bookcases, chairs, tables, and all the paraphernalia of cabins are remorselessly burnt.

Burning Their Boats.

Here is someone's trouser press. there a mahogany bridge table. It is heartbreaking to have to part with the companions of many a long voyage; but it has to be, for the alternative will be infinitely worse.

The last resource is the lifeboate. and every man hopes that they, above all other things, can be saved. But no, there still remains the last ten miles, so the carpenter and a couple of seamen start with axes on the captain's dinghy, and the broken ribs, planks, and seats are handed down below. In the red glow of the dawning a hatl comes from the lookout: "Something ahead, sir!"

Binoculars are whipped out and levelled. Is it? Yes. Coronel piers are no more than two miles away; we shall save one boat, at least. A tired smile flits across the cap-

tain's weather-beaten face when at length he gives the order: "Prepare to coal ship."

The Decoy.

A clergyman, taking occasional duty for a friend in a remote country parish was greatly scandalized on observing the old verger who had been collecting the offertory quietly abstract a fiftycent piece before presenting the plate at the altar rail.

After service he called the old man into the vestry and told him with some emotion that his crime had been discovered.

The verger looked puzzled for a moment. Then a sudden light dawned on "Why, sir, you don't mean that old half-dollar of mine? Why, I've led off

Do you plan your schedule of work day by day, and as far as possible

with that for the last fifteen years!"



BACON, NOT

bacon manufacture-or old difficulty in accentu pressing upon Canadian is the growing propor which, when slaughtere is known as "soft porl eists of softness in the f eral flabbiness which m sible to prepare a "be side from these hogs. only be classed as sec in the trade, while in t they are almost valuele en undue number of this year are cutting of

This is all the more Canada because it is of scientific bacon prod generally considered most thoroughly studio soft pork investigation perimental work has b the effect of feeds and quality of the ultimate G. B. Rothwell, Dom man, wrote in a recen Ontario Agricultural and the Central Expe Ottawa, many years a experimental work on apparently its practi has been lost. "One of the greatest

ity with which Canadi to contend is a tendence sides to turn soft dur of curing," to quote E. Day, who wrote abo ness has nothing to d in fact, a thin side is velop softness than a soft side the fat is and sometimes even the ed . . . The percentag is sometimes very hig understood that such value; and this loss is flected in the prices for his hogs. This therefore, which all packer. It affects the as a whole and the fi later, must shoulder Professor Day enul

causes of softness in meal feeding, corn, be ercise, unthriftiness, holding back and lack For the comfort o and packers alike it that this is a problem tries also. In the c "The Journal of the 3 culture" in Great B "The lack of uniformi is one of the chief h curer. Soft fat is becon and hams not or wastage when cooks cause such fat develor appearance of the ba

throu

System Saving is possible

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