

**STORIES OF WELL-KNOWN PEOPLE**

**"Father of Irish Bulls."**

Sir Boyle Roche, popularly known as the "father of Irish bulls," once said in a speech in parliament: "Why should we put ourselves out of our way to do anything for posterity, for what has posterity done for us?"

On one occasion Sir Boyle declared himself ready to give up "not only a part, but, if necessary, even the whole of our constitution to preserve the remainder."

His infelicitous mode of conveying an invitation to a noble lord to partake of his hospitality is among the best known of his blunders: "I hope, my lord, that if you ever come within a mile of my house that you will stay there all night."

**Had Him Hypnotized.**

Formerly Governor of Dartmoor Convict Prison Sir Basil Thomson tells the story of a lady visitor who, on being shown round the place, endeavored as she passed to say a few kind words to the unfortunate prisoners.

"Remember, my good man," she chirped to one veteran, "that stone walls do not a prison make, nor iron bars a cage."

"Well," said the old sinner, "they've got me hypnotized then—that's all, ma'am."

**Ice Cream for Hades.**

Billy Sunday, the famous American evangelist, is nothing if not direct. He evinces in impressing his hearers at all costs.

Recently, for instance, he was preaching upon the terrors of the "bad piece" to a gathering of youthful New York "toughs."

"Boys," he said, "you've seen molten iron running out of a furnace, haven't you? It comes out white hot, sizzling and hissing. Well—"

The preacher pointed out a long, lean liner at the side.

"Well," he continued, "they use that stuff for ice-cream in the place I've been speaking about."

**A French Woman Editor.**

Besides being a writer of distinction Miss Jane Minnie is said to be the only woman newspaper editor in Paris. She is in full charge of the woman's page in L'Opinion, a leading Paris daily, and her admirers claim that she is in some measure responsible for the success and circulation of that periodical.

In addition to her editorial duties she devotes a large portion of her time to the feminist movement in France, and she was one of the delegates to the Congress of the International Women Suffrage Alliance which was recently held in Rome. She was one of the speakers at that Congress, and is a firm believer in an international suffrage organization among women.

**Detachment.**

If on some perfect planet we could stand

And with disinterested view the lives we lead,

See through our clearer eyes the life indeed,

Stripped of its daily delect—the small demand—

A clean cut, naked fact; could we command

The strength that we assume, the pride—our creed—

Whereby in confidence we dare exceed,

Or say we do, all else Creation planned?

Could we in that brief interval compare

With tree, with rock, that neither stir nor fret?

With humble soil that doth no pride besget?

We could not. Yet we light our centuries

With "Man shall have dominion over these."

—Helen Præze-Bower.

**"There is a River."**

A beautiful and moving story comes to us from one of the African missions. A well-known white missionary set out for a village that had been determinedly hostile to the gospel. His friends said that he would only waste his time, but he felt bound to go and do his best to help.

After a tedious journey he reached the village with his four bearers carrying his tent and the other necessities. Their arrival was the signal for a great gathering of little black children, many of whom had never seen a white man before. The missionary glanced at them once and then went on with his task of pitching the tent.

After a while one little fellow put his curly head in under the canvas; he was plainly fascinated with the white man. The missionary took no notice of him for fear of frightening him off, but he knew that the little fellow was coming closer and closer.

At last he felt the boy's fingers tugging at his trousers. Then as he paused in his work a little black hand pushed its way into his, and he looked down into the eager but shy little face. Clutching him now with both hands, the tiny representative of a village that did not want the gospel said: "Please, white man, tell me the name of the river where you wash yourself white."

In Russia there are estimated to be 1,225 women to every 1,000 men. Germany comes next with 1,100 and Austria 1,069.

London's Law Courts cover five acres of ground.

**SMOKE**

in 1/2 lb. tins

and 15¢ pkts.



**OLD CHUM**  
The Tobacco of Quality

**Surnames and Their Origin**

**SPOONER**

Racial Origin—English. Source—An occupation.

Family names, particularly those which are derived from occupations, conceal within themselves many interesting side lights on the habits and customs of an age now dim in history.

It's one of those obvious family names. It comes from the word "spoon" (reference being to the utensil, not the action). If family names were being formed to-day there would be none of this one, for though there are millions more spoons in use to-day than there were in the Middle Ages, where to-day you will find a spoon-maker? Loos of manufacturers make spoons, but we don't call them spoon-makers, because they make knives and forks and soup ladles as well. Lots of workmen may specialize in spoon-making in the factories of these manufacturers, but such one handles only a special process, one step in the manufacture. Lots of dealers sell spoons, but they sell so many other things as well that we call them hardware dealers or jewelers.

But in the Middle Ages it was different. The very existence of the name Spooner proves it. The "spooner" made spoons and the "cutler" made knives, and neither interfered with the other's trade nor thought of combining the two. And why are there

no "Forkers" to-day? Because in the Middle Ages, in England at least, the fork was unknown as a table "tool."

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**SUTTON**

Racial Origin—English. Source—A locality.

There are not many persons who can guess offhand the original meaning of the family name of Sutton, unless, perhaps, they see it in the company of such names as Easton and Weston. Yes, that is it, "South-ton" would be the full and modern spelling of the name, which, from being the name of a place, has also become the name of many persons whose ancestors hailed from that place.

There is an erroneous idea, still quite widespread, that names originally bearing a prefixed "de" were by virtue of this "de" indicated as of "noble" origin. Nothing could be further from the truth, even though it is true that most of the ancient noble families bore surnames so prefixed.

The "de" meant to the people of Norman England exactly what it means to the people of France to-day. It meant "of," and nothing more. "William de Sutton" means "William of Sutton." Such surnames were borne by the overlords of domains. But they were also borne by anybody, even serfs in many instances, who had come from the places mentioned.

Sutton is a town in Devonshire.

**BABY'S OWN TABLETS OF GREAT VALUE**

Mrs. Hermadis Chagnon, Ste. Theodosie, Que., writes:—"Baby's Own Tablets have been of great value to me in keeping my little one well and I would not be without them." Thousands of other mothers say the same thing. They have learned by actual experience the value of the Tablets in regulating the bowels and stomach; banishing constipation and indigestion; breaking up colds and simple fevers; and keeping the baby free from the many simple ailments of childhood. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.



Yes, indeed. Worm—"Hey, Mr. Bug, don't you think I can get a job in the circus as a contortionist?"

**MONEY ORDERS.**

The safe way to send money by mail is by Dominion Express Money Order.

**Consolation.**

When the young husband returned from the office he found his wife in tears.

"Oh, John," she sobbed, "I had baked a lovely cake! I put it outside for the frosting to dry—and the dog ate it!"

"Well, don't cry about it, sweet-heart," replied her husband, patting her flushed cheek; "I know a man who will give us another dog."

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London's Law Courts cover five acres of ground.

**Lettuce is Rich in Iron.**

To say of a man of unusual strength and vigor that he seems "made of iron" is one of those popular phrases which science has proved to have an almost literal basis of truth. Although the toughest and most enduring individuals have only a few grains of iron in their entire body, these few grains are indispensable to life, and a material reduction in the quantity means immediate loss of strength and the onset of illness.

But people cannot eat iron, and the problem therefore is to get the iron in some form or combination which the body can utilize. Nature has solved the problem by providing vegetables that contain a large enough proportion of iron to be of service.

Lettuce is one of the more important and common of these vegetables, even though it contains only one part of iron in 50,000 of the raw substance, according to analyses recently made by a scientist. This is a much smaller proportion of iron than that existing in the human body, yet lettuce is a valuable source of that necessary element. Doctors and chemists agree that the only practicable way to get iron is to take it as a vegetable or to follow the example of the Eskimo, who can hardly raise grubs and so gets it from the blood of seals and walruses.

The iron in medicinal preparations is in itself of little use, as it combines with sulphur in the intestines to form indigestible compounds. "Medicinal" iron does have the virtue, however, of sweeping the intestines free of sulphur and thus giving the vegetable iron a chance for ready absorption, as the sulphur will also combine with the iron from lettuce or other plants.

But the way to take iron so that it may get into the red corpuscles of the blood and carry the life-giving oxygen to all the tissues of the body is to eat it in combination with things that grow. One of the handiest things that that sort of lettuce, which, coming early in the spring, brings renewed vigor to the bodies needing more iron in their blood.

**Rich Father.**

Friend—"Why is it that your son rides to business in a car, and you always go on the bus?"

Old Gentleman—"Well, he has a rich father, and I haven't."



**SOUTH AFRICA AS A FRUIT PRODUCER**

Recently the Union of South Africa celebrated the shipment of one million cases of fruit to Europe in one season. This is the first time this record has been achieved. The picture shows General Smuts, with some of the members of the Cabinet, examining the millionth case just before it was shipped.

**Pat Scored.**

An American was boasting to an Irishman about the speed of American trains.

"Why, Pat," said the American, "we run our trains so fast that the telegraph poles look like a continuous fence."

"Do they, now?" said Pat. "Well, sir, I was wan day on a train in Ireland, and as we passed first a field of turnips, then wan of carrots, then wan of cabbage, and then a large pond of water, we were goin' that fast I thought it was broth!"

**The Man at the Helm.**

How many landmen appreciate the hours of ceaseless anxiety experienced by the navigating officers of the White Star liner Pittsburg, which staggered into Halifax with her bridge torn away in a gale? When a ship's compass room is injured it requires all the knowledge and fortitude of which a seaman is capable to steer a ship, with its living freight, to harbor.

Few people realize how a ship is heeled to her course by that most used and most inaccurate scientific instrument in existence—the mariner's compass.

Its errors are numerous and troublesome. They are only partially understood and partially corrected. They vary with the place the compass occupies in the ship; with her heading at the time of observation; with the direction of her head when being built; with the temporary movement of iron within the ship.

The compass used for laying off courses and taking bearings is called the standard compass. With it are compared all the other compasses in the ship.

There are three north points that the navigator must take into consideration. First, the true north, which is the straight line, the meridian of longitude, joining the poles of the earth. Second, the magnetic north, which is the direction in which the compass needle would point if affected only by variation. Third, the compass north, which is the direction in which the compass needle actually points, affected as it is by the variation of the place and by the local attraction of the ship.

When the navigating officer gives the helmsman a course he first obtains from the chart the magnetic course that he wants. This he corrects for deviation from his standard compass deviation table, and the result is the course by standard compass that he must set.

He then goes to the standard compass and gives orders to the helmsman until the ship's head is on that course, when he shouts "Steady!"

The helmsman notes the reading on his steering compass and steers that course until further orders. The ship is then on her course. The officer of the watch compares the two compasses at frequent intervals, and so the voyage goes on.

Is religion narrowing? Well, so is the gun barrel that keeps the projectile in the rifling; so are the railway tracks that keep the express train from the ditch; so is the steering wheel that holds the car in the middle of the road; but they save from wreck and mean achievement.

**HOW DELICATE GIRLS ARE MADE STRONG**

**Rich, Red Blood Needed to Keep Up Their Vitality.**

It should be constantly borne in mind that pale, bloodless girls need plenty of nourishment, plenty of sleep and regular out-of-door exercise. But a lack of appetite and tired aching limbs tend to hinder progress. To save the weak, thin-blooded sufferer, she must have new, rich red blood and nothing meets a case of this kind so well as Dr. Williams' Pink Pills. These pills not only enrich and increase the blood supply, they help the appetite and aid digestion, relieve the weary back and limbs, thus bringing new health and strength and transforming anemic girls and women into cheerful, happy people. Among the thousands of girls who have obtained new health through the use of Dr. Williams' Pink Pills is Miss Lyla G. Garneau, Freeman, Ont., who says:—"About two years ago I was in a very nervous and run down condition. I could not eat, did not sleep well and was fast becoming an invalid. I was subject to fainting spells which made it very embarrassing to go in company as I never knew when a fainting spell might come on. After several fruitless treatments I was advised to try Dr. Williams' Pink Pills, and by the time two boxes were used I felt an improvement. I kept on taking them, and am now thankful to say that I owe my present health and happiness to this medicine, which I cheerfully recommend to other run-down girls."

If you are weak or ailing, avail yourself at once of the home treatment which Dr. Williams' Pink Pills so easily afford, and you will be among those who rejoice in regained health. These pills are sold by all dealers in medicine, or may be had by mail at 50c a box by writing The Dr. Williams' Medicine Co., Brockville, Ont.

**Drudge.**

He's afeid all day  
In wind and sun,  
Where tall grass rustles  
And shadows run.

The birds sing for him,  
The flowers smell sweet,  
The brown earth crumbles  
Beneath his feet.

What have I to see?  
A stove, a floor,  
Two little windows,  
A narrow door—

I want the flowers,  
I want the birds;  
The wind would sing me  
Soft little words.

I'm just his woman,  
So I must stay  
In a hot kitchen  
Day after day.

Some days I'm wishing  
Even to be  
Only a field mouse  
Just to be free!

—Abigail Cresson.

**Well Informed.**  
Proud Wife (to nervous friend in automobile)—"I feel so safe with George driving, now that he has joined the Red Cross. He is learning first aid, and knows where all the hospitals are."

Minard's Liniment for sale everywhere

**IS SURPRISED TO FIND SHE IS ALIVE**

**Mrs. Gorman Says She Didn't Expect to Survive Her Troubles—Praises Tanlac.**

"Three years ago, before I got Tanlac, if anyone had told me I would be alive now I couldn't have believed it," said Mrs. Hannah Gorman, 414 Arthur St., Windsor, Ont.

"I had suffered from stomach trouble for seventeen years. Many a time I was in such agony I didn't think I could live through the day. I had awful smothering spells, terrible headaches, and was so nervous I was almost frantic and sleep was practically out of the question. Why, I was so weak I could hardly dress the children, to say nothing of taking care of the household duties."

"However, Tanlac gave me back my strength, and I've enjoyed perfect health ever since. I gained nearly ten pounds in weight, have a wonderful appetite and sleep eight or ten hours every night and feel so well life is a pleasure. Tanlac was a godsend to me. No medicine in the world can equal it."

Tanlac is for sale by all good druggists. Accept no substitute. Over 37 million bottles sold.

Tanlac Vegetable Pills are Nature's own remedy for constipation. For sale everywhere.

**The Motor Age.**

A little girl from the city had been visiting in the country, and was being questioned as to what kind of time she had. Finally some one said, "I bet you don't even know how to milk a cow."

"Bet I do," she said. She was pressed for particulars, and explained: "You take the cow into the barn and give her some breakfast food and water," and then you drain her crankcase."

The game of polo has been traced back to 600 B.C.



**ITCHING BURNING ECZEMA ON SCALP**

In Pimples. Formed Hard Crust. Hair Fell Out. Cuticura Healed.

"I had eczema on my scalp. It broke out in little pimples which formed a hard crust. My scalp itched and burned so badly I was up half the night. My hair fell out terribly and I could not comb it."

"This trouble lasted about three months before I sent for a free sample of Cuticura Soap and Ointment. I bought more and I used two boxes of Cuticura Ointment with the Cuticura Soap when I was healed."

(Signed) Miss Gertrude Harrington, 1010 Delaware Ave., Butte, Mont.

Cuticura Soap to cleanse and purify. Cuticura Ointment to soothe and heal and Cuticura Talcum to powder and perfume are ideal for daily toilet purposes.

Samples Each Free by Mail. Address: "Cuticura, Dept. 466, P. O. Box 5403, St. Louis, Mo." Cuticura Soap shaves without rasor.

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**CORNS BUNIONS**

Minard's takes the "heat" out of them. Also a soothing bath for sore, tired feet.



**WOMEN FROM FORTY TO FIFTY**

Will Be Interested in Mrs. Thompson's Recovery by Use of Lydia E. Pinkham's Vegetable Compound.

Winnipeg, Man.—"Lydia E. Pinkham's Vegetable Compound has done me good in every way. I was very weak and run-down and had certain troubles that women of my age are likely to have. I did not like to go to the doctor so I took the Vegetable Compound and am still taking it right along. I recommend it to my friends and to any one I know who is not feeling well."

Mrs. Thompson, 303 Lizzie St., Winnipeg, Man.

When women who are between the ages of forty-five and fifty-five are beset with such annoying symptoms as nervousness, irritability, melancholia and heat flashes, which produce headaches, dizziness, or a sense of suffocation, they should take Lydia E. Pinkham's Vegetable Compound. It is especially adapted to help women through this crisis. It is prepared from roots and herbs and contains no harmful drugs or narcotics.

This famous remedy, the medicinal ingredients of which are derived from roots and herbs, has for forty years proved its value in such cases. Women everywhere bear willing testimony to the wonderful virtue of Lydia E. Pinkham's Vegetable Compound.

Women who suffer should write to the Lydia E. Pinkham Medicine Co., Colburn, Ontario, for a free copy of Lydia E. Pinkham's Private Secret-Book upon "Ailments Peculiar to Women."

**CORNS**

Lift Off with Fingers



Doesn't hurt a bit! Drop a little "Freezone" on an aching corn, instantly that corn stops hurting, then shortly you lift it right off with snippers. Try! Your druggist sells a tiny bottle of "Freezone" for a few cents, sufficient to remove every hard corn, soft corn, or corn between the toes, and the calluses, without soreness or irritation.

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**ASPIRIN**

UNLESS you see the name "Bayer" on tablets, you are not getting Aspirin at all



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