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necessary for them to be familiar. being the Bishop of London.

rigid etiquette which always surrounds

of freedom royal personages can en-

for when emancipated from the tram-

able works.

At the Old Bailey.

The King has had many interesting adventures in disguise. On one ocrasion he spent a whole day at the London Hospital as a medical student, a fact that only became known to the hospital authorities several years later. He has spent the best part of a night in a busy rallway goods clearing yard, and has often listened to trials at the Old Bailey in the public gallery.

On one occasion, as the King was coming out of court, a boy standing near him shouted out to his companion, "Why, I'm blowed if that gent ain't the Prince of Wales!"

"Run and tell the gent that," exclaimed his companion, "and 'e'll give yer 'arf a crown." But the Prince, as he was then, had

velled abroad incognito, usually as the

Earl and Countess of Chester. On one occasion a rather amusing experience awaited them. A suite of rooms at an hotel had been engaged | Failure may be quite as important for them, but by some error the rooms as success in character-making. were booked in the names of Mr. and

Mrs. Chester. Curiously enough, the proprietor of the hotel had patrons of that name who were very well-to-do, and he concluded that they were the people who

had engaged the rooms. When their Majesties, with whose identity he was quite familiar, arrived, he mashed forward in despair to inform a member of their suite that he had no rooms available; but a little explanation soon put the proprietor at his ease, and the names in his register | Source-A place name. were quickly altered.

---World's Fiercest Fish.

shark is terrible enough, but he is a of some early bearer. lamb compared with a small fish that And so it was. "Is" is a better word, haunts the rivers of South America.

teeth. Should an unwary traveller Buckingham, England. will be attacked, first by a single fish, nity got its name. is a simple one. man hosts.

beasts, for he is absolutely fearless depressed section of ground or valley. ment frequently found in English being and will attack any animal, no matter Naturally, such places were likely to place names, indicating a village, a being. what its size. The shoal seems to be wooded and to become the refuge word which is obsolete in the language The Arctic Ocean is said to be getknow almost at once that one of their number has found a quarry, for no figurative meaning of the word. Densooner is the victim attacked by a ton simply meant the "town in the valsingle pirhana than the water is thick ley." with frenzied fish biting and tearing as though possessed with the fury of killing. The natives dread them more than the giant alligators that haunt



A Bifurcated Honeymoon. "Honey," said the colored suitor, When we gits married you ain't wine to give up dat job you has workin' for de white folks, is you?" "But ain't we gwine to have no boneymoon an' take a trip on de train

comewhere?" "One of us might go, honey. Des sin't a thing holdin' me, but you's got

King George in Disguise. Royalties delight to travel incognito whenever they can do so, to escape for a time from the artificial atmosphere in which they live, and from the

Now is the Time to Invigorate But apart from the pleasurable sense Your System and Throw Off Winter's Ills.

mels of their high position, it is only An unusually trying winter is almost by concealing their identity that they over, but the spring will find many can make themselves acquainted with whose strength has been sapped and many phases of life with which it is systems undermined by winter colds, influenza, pneumonia or close confine-Oueen Mary, for example, has visit- ment indoors. Recovery from this coned from time to time the poorest quar- dition is often slow, but it can be hasters of London and many other Eng- tened by the use of a true tonic medilish cities in the guise of a district cine. Strength and energy can be revisitor, her guide on several occasions stored, the stomach toned up, headaches banished and nervousness over-Pages might be filled with her ex- come through a fair use of Dr. Wilperlences in the poor quarters of Lon- liams' Pink Pills. These pills have a don. A clergyman who has worked for direct action on the blood, enriching many years in the East-end remarked and purifying it, thus bringing new recently that there were few district strength to every organ and nerve in visitors who knew the poor quarters the body. In this way this medicine of London better than Queen Mary, has brought new health to thousands and the number of persons she has of weak and despondent people. mided in their distress will never be Among those who owe their present known outside the few through whom health to Dr. Williams' Pink Pills is Her Majesty carries on these charit- Mrs. Clarence .E. Misner, Chipman's Brook, N.S., who says: -"I had a very severe attack of influenza, but after the characteristic symptom of that trouble had passed, I was left in a very weak and depressed condition. I could not keep on my feet for half an hour at a time, and words can scarcely tell how badly I did feel. I had been taking the medicine my doctor gave me, but it was not helping me, and as I had used Dr. Williams' Pink Pills on a former occasion with great benefit I decided to try them again. I got half a dozen boxes, and soon after beginning their use I could feel my strength returning. By the time I had used up my supply of pills, my old-time strength had come back, I could do

erly. I feel that these pills have been worth their weight in gold to me, and friven off before the boy could reach I strongly recommend them to other weak, run down people." The King and Queen have often tra- You can get these pills through any dealer in medicine or by mail, post-

my housework and keep on my feet all

day without feeling used up as form-

paid, at 50c a box from The Dr. Williams' Medicine Co., Brockville, Ont. ----

Minard's Liniment used by Physicians. There is one attempt in which failure is unforgivable-the attempt to



Compelled Belief. "So beautiful and charming a girl as should believe I am telling the

"I believe every word."

April Promise.

April, you've a comely name, What may be its root? Latin smooth as cherry bark Must have borne such fruit.

Who'd have thought "aperio" Gave the sweet degree? Open windows, open brooks, Are its prophecy.

Open eyes to loveliness Of the bridal spring, In a midst of emerald Shyly burgeoning.

Open souls to greet the gifts Of a heavenly hand, Pouring glories without stint O'er a radiant land. Open bird threats, rending buds,

Add their jocund share; With such lures the open sloughs We can surely dare; Unafraid of sucking bogs

Tramp we home with mired feet,

In the woodland lanes,

Proud of our campaigns.

"April, April," how it lilts With the bubbling stream! "April, April," thrushes call Through the shower and gleam.

Winter, then, our open hearts Shall no more annoy; They shall greet the April dawn With an answering joy.

-Eliot White. Fiction as she is wrote-"She gave him a black look and he turned white.

Surnames and Their Origin

It's a main highway

become a world-wide way.

This famous table beverage which

has stood the test of twenty five years,

fills every requirement of taste for a

A generous sample tin of Instant Postum sent, poet-paid, for 4c in stamps. Write:

Variation-Dinton.

Racial Origin-English.

You might suspect from the ending of this family name that it had been person bearing it had come from the great engine for fighting forest fires originally the name of a place, used place referred to.

Variations-Farnum, Farnam. Racial Orlgin-English.

Surrey, England.

scores of finny demons and devoured. sacribed to it. In the days before the word "ham," as has been explained in

The way to satisfaction, comfort and contains nothing that can irritate

health through Instant Postum, has nerves or disturb digestion. Even the

hot and invigorating mealtime drink. healthwhile pleasing taste, with whole-

At your Grocer's in

sealed, air-tight tins

Instant Postum FOR HEALTH

Unlike tea or coffee, Instant Postum some, satisfying Instant Postum.

Canadian Postum Cereal Co., Limited, 45 Front St., E., Toronto. Factory: Windsor, Ontario

children may safely enjoy it.

Wouldn't it be well for you to avoid

the harm which so many have found

in tea and coffee? You can protect

Your Job Is Your Key.

"I will never get ahead here. There is nobody here that cares a continental whether I get on or not. It doesn't Mrs. Cooper Declares It Remake any difference how hard I work or how I do my work, nobody pays any attention."

Now, I often hear remarks like that. Employees say, "What's the use? I don't propose to wear my life out for nothing. I am just going to do enough to draw my salary I will look for comething better."

My friend, do you realize that that something better waiting for you depends on how well you can do your work where you are right now? Your present job is the key that will open the door to the place above you, and the door is not likely to open until you open it Success doors don't open themselves. They don't open very easily .- O. S. Marden.

HARD ON BABY

The Canadian Spring weather-one day mild and bright; the next raw and blustery, is extremely hard on the baby. Conditions are such that the mother cannot take the little one out for the fresh air so much to be desired. He is confined to the house, which is often over-heated and badly ventilated. He catches cold; his little stomach and bowels become disordered, and the mother soon has a sick baby to look after. To prevent this an occasional dose of Baby's Own Tablets should be given. They regulate the stomach and bowels, thus preventing or relieving colds, simple fevers, colic or any other of the many minor ills of childhood. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

---Owing to lack of fuel and capital, 20,000 miles of railway under the Russian Soviet has been closed.

MONEY ORDERS. It is always safe to send a Dominion Express Money Order. Five Dollars costs three cents.

The highest trees have the most pointed leaves.

Minard's Liniment for sale everywhere Forest Fires.

The season of forest fire danger is approaching and the forest services, federal and provincial, and forest protective associations, are making preparations to combat this great destroyer of forest wealth. Everything that modern science has devised will be used in the campaign-patrols, lookout stations, telephones, telegraphs and heliographs, portable Here is another family name which pumps, gasoline trucks, power boats, is simply the development of a sur- railway speeders, and aeroplanes. name indicating originally that the These are all valuable aids, but the

is public opinion. Which is the fiercest fish? The first to indicate the place of residence. The place name, like the surname, is Nearly all forest fires are caused by spelled Farnham, and it is located in human carelessness, therefore when public opinion sets itself solidly The name rather clearly reveals the against this carelessness, and holds it

The pirhana is dreaded by all coming of the Normans it indicated a other articles of this series, is an ele-

HAPPY MOTHER PRAISES TANLAC

stored Health of Delicate Daughter-Gained 11 Pounds.

"Six months ago Tanlac brought robust health to my daughter Stella, who is seventeen, and I wish I could tell every mother what a wonderful treatment it is," declared Mrs. Lillian Cooper, 24 Saulter St., Toronto, Ont.

ground. Her cheeks faded, she was your stomach is sour or gassy, just dreadfully run-down, and so thin she take one or two Cascarets to relieve was just a frame. Her nerves were so constipation. No griping-nicest laxaexcited I feared I would have to take tive-cathartic on eart's for grown-ups her out of school, for while doing her and children. 10c a box. Taste like lessons she could hardly keep still and candy. at times couldn't write at all. Her appetite was so poor she scarcely ate enough to sustain life, and her sleep was so restless she was always tired and worn out.

"I bless the day I bought the first bottle of Tanlac. My daughter has gained eleven pounds, eats heartily, sleeps soundly, and her studies are like play. The Tan'ac treatment is grand, and I believe it should be in

Tanlac is for sale by all good druggists. Over 35 million bottles sold.

How to Purify the Blood

"Fifteen to thirty drops of Extract of Root, commonly called Mother Seigel's Curative Syrup, may be taken in water with meals and at pation and bad blood. Persistence in this treatment will give permanent relief in nearly every case." Get the genuine at druggists, 50c. and \$1.00 bottles.

CHILD'S BOWELS

"California Fig Syrup" is Child's Best Laxative



The pirhana, as it is called, does for the town from which this name method by which it originated, and the not grow much bigger than the perch came in the vast majority of instances, fact that it is a combination of purely large part of the cause of fires will "California Fig Syrup" now will thoror reach of our waters, but it is pro- so far as the available records indi- Anglo-Saxon words. The latter fact disappear. Patriotic citizens can do oughly clean the little bowels and in a vided with an enormous cavern of a cate, is still in existence. Denton is indicates, aside from historical re- a great service for Canada by being few hours you have a well, playful mouth filled with long dagger-like the name of a place in the county of cord, that it was an established community before the coming to England use of fire when in the woods and by billious, constipate! or full of cold. stop to bathe his feet in a river he The manner by which the commu- of William the Conqueror and his Norin the city or the country, a body of mothers can rest easy because it never and then by a whole shoal. If he does "Den," in the speech of the Anglonot beat a hasty retreat he will be Saxon, had a slightly different mean- Saxons means "fern," being in fact the deter the careless and strengthen the nasty bile right out of the stomach dragged under in a few moments by ing from that which now is commonly parent word of our modern English hands of those who protect the forests. and bowels without griping or upset-

Tell your druggist you want only the

Why Are Negroes Black?

There have been many theories as to why there should be black, white, yellow, and red people in the world. It has even been asserted that Adam was black.

The latest theory regarding the color of the skin is that it turns entirely upon the question of salt. The writer of an ingenious book brings together a mass of evidence to show that the darker the race the more it lacks salt as an item of diet.

It seems that in some parts of Africa salt is such a luxury that the Negroes suck rock salt as we would confectionery. They describe a rich man as one who eats salt with his meals.

The author of the salt theory states that each Briton eats about sixteen pounds of salt every year. In India, however, salt is taxed, and the average consumption per head may not be more than three or four pounds. As everybody knows, the natives of India, although they would resent being called "black men," are certainly not white.

It is remarkable how wide is the difference in complexion, say, between the natives of Samoa and those of New Britain. Anthropologists would say they were of different races, and probably they are, but it seems that "access to salt" is the cause of the difference between the blacks and the light browns!

So scarce is sait in Tahiti that Captain Cook, the great navigator, described how salt water was a royal drink, taken with great solemnity, a sip at a time, on ceremonial occasions. The writer finds, however, that people who live near the sea in that part of the world tend to grow lighter in complexion.

ISSUE No. 13-- 23.

"Cascarets" 10c

For Sluggish Liver or Constipated Bowels

Clean your bowels! Feel fine! When you feel sick, dizzy, upset, "Two years ago Stella began losing when your head is dull or aching, or

> The capital of the Bank of England is \$72,500,000.





Heal Skin Troubles With Cuticura If you are troubled with pimples, blackheads, redness, roughness, tching and burning, which disfigure your complexion and skin, Cuticura Soap and Ointment will do

much to help you. Always include the Cuticura Talcum in your toilet Soap 25c. Ointment 25 and 50c. Talcum 25c. Sold throughout the Dominion. Canadian Depot: Lymans, Limited, 344 St. Paul St., W., Montreal.

Cuticura Soap shaves without mug.

For Rheumatism

The quickness, the sureness

with which Sloan's brings re-

lief has made it the standard

remedy for rheumatic pain.

sore, stiff joint or aching

muscle. The pain that has

seemed so unbearable disap-

pears with amazing rapidity.

Sloan's breaks up the inflam-

mation behind most rheu-

matic pain. It goes to the

source of the trouble. It

scatters the congestion that

Sloan's Liniment-kills pain!

For rheumatism, bruises, strains, chest colds

causes the pain.

Apply Sloan's to that

- Quick relief!

PURE WOOL LATTS. BEAUTIFUL-trom oil or grease. Large cample, enough for comforter, one dollar. Woollen Mills. Georgetown, Ontario. TAKE TEN TO THIRTY DOLLARS

Classified Advertisements.

It daily repairing Tires. Time learnson Vulcanizing Co., 567 King West,

HUBAN CLOVER. H annual. Write for interesting in-



Croup?

Bind the neck with flannel, caturated with hot Minard's Liniment. It penetrates, it soothes, it relaxes the muscles, clears the passages, brings back easy breathing.

Minard's Liniment

The Family Medicine Chest

INDIGESTION, GAS, UPSET STOMACH

Instantly! "Pape's Diapepsin" Corrects Stomach so Meals Digest

The moment you eat a tablet of "Pape's Diapepsin" your indigestion is gone. No more distress from a sour, acid, upset stomach. No flatulence, heartburn, palpitation, or misery-making gases. Correct your digestion for a few cents. Each package guaranteed by druggist to overcome stomach

A Letter from Mrs. Smith Tells How Lydia E. Pinkham's Vegetable Compound Helped Her



I felt as if I would my husband told him what the Vegeta-ble Compound had done for his wife and advised him to take a bottle home for me. After the fourth bottle I was a different woman. I have four children now, and I always find the Vegetable Compound a great help as it seems to make confinement easier. I recommend

it to my friends." -- Mrs. FRED H. SMITH, John St., Trenton, Ont. Lydia E. Pinkham's Vegetable Compound is an excellent medicine for expectant mothers, and should be taken during the entire period. It has a general effect to strengthen and tone up the entire system, so that it may work in every respect effectually as nature intended. Thousands of women testify

UNLESS you see the name "Bayer" on tablets, you are not getting Aspirin at all



Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

Colds Toothache Earache

Headache Neuralgia Lumbago

Rheumatism Neuritis Pain, Pain

Handy "Bayer" boxes of 12 tablets -- Also bottles of 24 and 100 Druggists. the trade mark (registered in Canada) of Bayer Manufacture of Monomanufacture, to assist the public against imitations, the Tableis of Payer Company will be stamped with their general trade mark, the Payer Cross

"There's a Reason"

ONTARIO ARCHIVES TORONTO