School Orchestras and Bands Increasing.

The rapid increase in the formation of orchestras and bands in the public and high schools of the United States is one of the outstanding phases of school music to-day, and in this, it is hoped that the experience of the American schools will be that of our Canadian schools. So quickly is this branch of school music going ahead that the Association of Music Supervisors across the line, which has done, and is doing, a splendid work throughout the year, has been supplemented by a special committee on instrument- other remedies, would do well to try al music, to collect information and Dr. Williams' Pink Pills. The tonic of difference between the meaning of assist wherever possible in the further- treatment with this medicine has

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mittees devoted to this work recently poisons through the regular channels said: "If you want to have a school of excretion, the bowels, kidneys and orchestra, and can handle the work, the skin. When this is done rheumastart it; Start it, if your beginning is tism is banished, and as long as the only three or four violins, a cornet or blood is kept pure and rich the patclarinet and piano. About the middle lent will be immune from attack. of the second practice, you will see a This is proved by the case of Mrs. J. tions for membership will start to trouble for a time, but it always came nounce "ee" or the short "i.").

of quality instruments, particularly in took them, and that is five years ago. rhyming with "sailor." the brasses, affirming that almost any I have since used the pills for anaemia improve with age, but it was flatly who may be ailing." ment ever held its own with age, let

supervisors of music in American Ont. schools, it was recorded that there were more applications to join the school orchestra than there was room for, and in this event a junior orchestra, or a school band was started, which not only furnished the elementary instruction in orchestra work, but trained players for the leading school

The First Prince of Wales.

Mr Maynard Bridge, the noted English writer, has outlined the history of each of the Princes of Wales, from Edward of Carnarvon, the son of Edward I., to H.R.H. Edward, the Prince of Wales of to-day, in "Princes of Wales." There is an interesting account of the appointment of the first Prince of

Wales by Edward I .:-"On St. Mark's Day, the 25th of April, 1284, Edward was at Rhuddlan conferring with the chiefs, who were clamouring for a native prince. Queen Eleanor, by accident or design, was at Carnarvon Castle. Imagine Edward's joy when a messenger arrived with the news that a son had been born to him at Carnarvon. He knighted the messenger and loaded him with gifts.

Then he called up the chiefs. Will you accept,' he said, a prince born in Wales, who cannot speak a word of English, and of blameless life." " 'We will,' they answered. " 'Then come with me to Carnavon.'

said the King. "A few days afterwards at Carnarvon, Edward presented his fine healthy baby boy to the chiefs with the words 'Eich dyn!' which means 'Your man' (so it is said)."

For the christening of Edward VII. a special anthem was composed. But the Prince Consort would not hear of

"No," he said, "If we have an anthem we shall all go out criticizing the We will have the Hallelujah Chorus."

"It has been said that the Prince (King Edward) never read books," writes Mr. Bridge. "This is not quite true. He had good libraries of his own at Marlborough House and Sandringham, particularly strong in modern historical works, and he gave what little time he could spare to reading His favorite works of fiction 'Westward Ho!' 'East Lynne.' and the Waverley novels."

#### ---Children and Music.

The appearance of the Boys' Band from Waterloo, Ont., at the band music contest held in Toronto during Exhibition weeks led to a great interest in boys' bands and orchestras. The Salvation Army, Toronto, have a fine boys' band in addition to their several splendid adult bands. The boys' band recently gave a public concert at Sunnyside Beach.

A gramophone equipped with march records does duty this year in supplying music for the boys' marching in and out of classes at St. Paul's Catholic School, Toronto. One of the pupils is appointed by the principal to look after the machine, and the boys are eager to take their turn at playing the music.

An orchestra for the pupils attending Toronto public schools is a proposition being taken up this school

The effect of music's influence on children was strikingly shown recently in one of Philadelphia's public parks, when a symphony orchestra on a Saturday morning gave a concert which drew 1,000 children away from baseball games, tennis courts and owimming tanks to hear the excellent

London and Hamilton, Ont., school boards intend to enlarge greatly their musical activities for children during the current school year.

Like most musicians, Mozart, as

## WHY RHEUMATISM OFTEN COMES BACK

The Usual Treatment Does Not

Reach the Root of the Trouble. Most treatments for rheumatism do no more than aim to keep down the oison in the blood and enable nature to overcome that particular attack. Then when the system becomes rundown from any cause the disease again be done over.

or actually growing worse while using "Islander." ance of instrumental music in the proved in thousands of cases that it The chairman of one of the com- ables it to cast out the rheumatic builds up the blood to a point that enback. A friend recommended Dr. fiddle, no matter what it cost, would and found them equally good, and I now recommend them to any friends

You can get these pills from any medicine dealer or by mail at 50 cents a box or six boxes for \$2.50 from The

The Bank of England was founded inally made. by a Scotsman who died in poverty.

Minard's Liniment for Garget in Cows. About 1,100 kinds of insects make their homes in oak trees.

## Surnames and Their Origin

Source-A locality.

with our modern word "eye."

The word from which it is derived : spelled somewhat differently to-day gets the upper hand and it all has to which explains the difficulty. If the family name were spelled "Isler" you'd Sufferers from rheumatism who stand a better chance of guessing the have found their condition unrelieved origin, or perhaps if it were spelled

the medieval word "eyler" and the mordern word "islander." The former meant as much "waterman" as "isrounded by water. According to etymology, however, it is "water-land," a distinction, perhaps, without a difference. In earlier days the Anglo-Saxons called water "ea," and later the the quickest? and then your applica- suffering. I would get rid of the pronounced either as we to-day pro-

Until comparatively modern times,

#### Where They Got Their Names.

Quite a lot of geography can be FROM AUTUMN COLDS learnt in a stroll round a dry goods In a number of cases reported by Dr. Williams' Medicine Co., Brockville, shop, for many of the fabrics and materials we use to-day get their names from the places where they were orig-

days before Manchester was a great manufacturing centre most of the best calico came from Calicut, and even after the industry came to Britain the old name remained. India is also responsible for muslin, which came originally from a place called Mosul.

Two textiles owe their names to France. These are cretonne and cam-Normandy town of Creton, while the second is still manufactured at Cam-

takes its name from China, whence it | A fraction of a grain of musk will kitchen. was introduced into England in 1660? scent a room for years, and the cur-The Latin name for China is Selicum, jous thing about it is that at the end which gradually has changed into the of that time its weight is not dimin- Order. They are payable everywhere. modern word serge.

Variation-Staple.

Source-A locality.

Racial Origin-English.

STAPLES

Here is a family name which has

EYLER. Racial Origin-English.

This is a family name which appears as though it might have some optical significance. But though of pure Anglo-Saxon origin it has no connection

lander." According to geography an island is a section of land entirely surlittle tousled headed boy peeping Hewitt, Beach P.O., Hamilton, Ont, spelling of this root or word developed round the door, and saying to his chum, who says: "For a number of years I into "ey" (not, however, with a pro-'I wonder what I can play,' or, more was troubled with muscular rheuma- nunciation like our word "ee," for in likely, 'What instrument could I learn tism, which caused me a great deal of those days the "y," like the "i," was

The supervisors also urge the advis- Williams' Pink Pills and I have not therefore, this family name was not addition of the "s" was but a tendency ability of recommending the purchase had an attack of rheumatism since I pronounced "Eye-ler," but "Ay-ler," of the tongue, and did not represent a shortened form of the ending "son."

of the year for colds-one day warm, though sea coal was gathered regularthe next cold and wet, and unless the ly from the shore and used in the For example, calico owes its name mother is on her guard, the little ones North. to Calleut, a town in India. In the are seized with colds that may hang on all winter. Baby's Own Tablets are mother's best friend in preventing or banishing colds. They act as a gentle laxative, keeping the bowels and stomach free and sweet. An occasional dose of the Tablets will prevent colds, or if it does come on suddenly their prompt use will relieve the baby. The Tablets are sold by medicine dealers or by mail at 25 cents a box from bric, the first of which came from the The Dr. Williams Medicine Co., Brock-

Three hundred years ago the popu- ported that he had eaten and survived How many people know that serge lation of London was only 150,000.

ished by the smallest fraction.

# CETS HIM IN FINE SHAPE

nothing to do with the article of hardware of the same name. It is founded last Spring, and now I am getting anrather, upon the same source as our other bottle as a tonic to keep me fit modern adjective "staple" which we for the cold weather," declared Henry used to denote a common article of Duefenbach, 450 York St., Hamilton, commerce. What is the connection? Ont., recently. Mr. Duefenbach has It lies in the original meaning of been identified with the grocery busithe word. A staple article is a common ness in Hamilton several years, and is or usual article of trade. The phrase very well known. has come to have this meaning be-

"My stomach was troubling me for cause it meant originally a "market a long time and I got into a badly runarticle," or a marketable article, and down condition," he said. "Almost in the broad sense only an article in everything I ate upset me terribly, and common demand is freely marketable. gas would form on my stomach and In the medieval period in which keep me miserable. My nerves were family names were being formed, the unstrung, too, and many a night I "staple" was an open market or trad- never got a bit of rest.

"I was feeling simply all played out It was quite natural, therefore, that when I got my first bottle of Tanlac, a man who lived at or near such a but before I had finished it, the pains place should be referred to as "John in my stomach went away entirely, my De La (of the) Staple," or "William food began to agree with me and at the Staple." And, as has happened have never had indigestion since. With with virtually all of these descriptive my nerves calm, my strength back and surnames as they have become family my appetite in fine shape, I expect to names through the loss of their origin- enjoy Christmas dinner and all the al specific meaning, these prefixes good things of the holidays as I have have been dropped in the course of not done for a long time. They can count on me to always give a good Here again is a case in which the word for Taplac."

Tanlac is sold by all good druggists.

Testing Coal for a Queen. London was one of the Sovereign's most all ages printed on bottle. Mother! strange duties have fallen to his lot, get an imitation fig syrup. One of the quaintest was devised by Queen Elizabeth.

Until her reign coal was almost un-The Fall is the most severe season known in the South of England

One day a Northumbrian subject sent her a consignment of coal. The Queen saw it burn on the hearth and enjoyed it pleasant glow. "Can it be used for cooking?" she asked. She was assured that it could. But she was a cautious person. She

sent a quantity to her Lord Mayor, ordering him to use it for cooking his own dinner and to report to her whether food treated in this way was fit for human consumption.

Not until the Lord Mayor had rewould she have coal used in the royal

MONEY ORDERS. Send a Dominion Express Money

An American editor hit upon the following ingenious method of jogging the memories of delinquent subscribers to his paper:

The Gentle Hint.

"There is a little matter that some of our \$ub\$criber\$ have \$eemingly forgotten entirely. Some of them have made u\$ many promises, but have not kept them. To u\$ it i\$ a very important matter-it's necessary in our bu\$ine\$\$. We are very mode\$t and don't like to \$peak about \$uch remi\$\$-

There are more than 300 railway stations within twelve miles of St. Paul's Cathedral, London.

At the age of fifteen years a dog is more decrepit than a man of eighty.

## "Cascarets" 10c

For Sluggish Liver Constipated Bowels

Clean your Loweis! Feel fine! When you feel sick, dizzy, upset, when your head is dull or aching, or your stomach is sour or gassy, just take one or two Cascarets to relieve constipation. No griping-nicest laxative-cathartic on earth for grown-ups and children. 10c a box. Taste like



Lumbago, Neuralgia, or any other pain, apply Minard's Liniment to the aching spot and get quick relief. Minard's is the remedy your grandmother used. There is nothing to equal it.
FOR SALE EVERYWHERE.

COARSE SALT LAND SALT **Bulk Carlots** TORONTO SALT WORKS

C. J. CLIFF

DOG DISEASES

- TORONTO

# MOTHER!

Move Child's Bowels with "California Fig Syrup"



Even a cross, 1c.c.sh, billious, o constipated child loves the "fruity" taste of "California Fig Syrup." A teaspoonful never fails to cleanse the liver and bowels. In a few hours you can see for yourself how thoroughly it works all the sour bile, and undigested food out of the bowels and you have a well, playful child again.

Millions of mothers keep "California Fig Syrup" handy. They know a teaspoonful to-day saves a sick child tomorrow. Ask your druggist for genu ine "California Fig Syrup" which has In olden days the Lord Mayor of directions for babies and children of

Humane education is the training that leads people, young and old, to increased consideration for all animals and kindness to them as well as to human beings.

Minard's Liniment for Distemper.

ung power to run more than helf a

## How to Purify the Blood

"Fifteen to thirty drops of Extract of Root, commonly called Mother Seigel's Curative Syrup, may be taken in water with meals and at bedtime, for indigestion, constipation and bad blood. Persistence in this treatment will give permanent relief in nearly every case." Get the genuine at druggists, 50c. and \$1.00 bottles.

Itched and Burned. Face Disfigured. Cuticura Heals.

"Large, red pimples were scattered all over my face. They festered and itched and burned so that I scratched them. The pimples were so large that I was ashamed to go among my friends. I would lie awake half the night, and my face was awfully dis-

"A friend advised me to try Cuticura Soap and Ointment. After using them for some time the pimples began to disappear, and when I had used three cakes of Soap and two boxes of Ointment I was healed. (Signed) Harry Feinstein, 36 Pequot St., Hartford, Conn., May 12, 1921. Use Cuticura for all toilet purposes.

## AGENTS WANTED

A GENTS-150% PROFIT. SELL.
Airmeter! The air control for I hakes starting easy; cuts running increases efficiency. Quickly increases without removing carburetor. Moderate price. Write for particulars now! All meter Manufacturing Company, Dept. 219 York St., Ottawa, Ont.

PATENT ATTORNEY R IDOUT & MAYBEE, KENT BLDG. Yonge Street, Toronte, Registere Fatent Attorneys. Send for free bookies

MUSEROOMS WASTE SPACE IN CELLARS all winter, growing Booklet for stamp. Toronto Supply Co. Queen and Spadina, Toronto.

POR SALE. Y ARN-WONDERFUL VALUES AN Coolen Mills, Ont.

## BELTING FOR SALE

ELTING OF ALL KINDS, NEW OF B used, pulleys, saws, cable, hose, etc., shipped subject to approval at lowest prices in Canada. York Belting Co., 115 York St., Toronto.

Radium is 170,000 times more val-

employment selling our complete and exclusive lines of whole-root, freshadug-to-order trees and plants. Best stock and service. We teach and opportunity.

### STOMACH MISERY GAS, INDIGESTION

"Pape's Diapepsin" Corrects Sour, Upset Stomachs at Once

"Pape's Diapepsin" is the quickest, Lions and tigers are too weak in surest relief for indigestion, gases, flatulence, heartburn, sourness, fermentation or stomach distress caused by acidity. A few tablets give almost immediate stomach relief. Correct your stomach and digestion now for a few cents. Druggists sell millions of packages.

# NOTHING BETTER

Lydia E. Pinkham's Vegetable Compound Advised for all Women in Poor Health

Toronto, Ontario.-"I took Lydia E. Pinkham's Vegetable Compound for years and it is the only patent medicine I ever recommend. I am a nurse and if I find a woman is in poor health I always tell her to take it. Although you know that doctors and nurses do not use patent medfcines I must say that I think there is nothing better than your Vegetable Compound. When I first took it many years ago, I was so tired when I got up in the morning that I could not eat, and when I went to bed L was too tired to sleep. My motherin-law told me that Lydia E. Pinkham's Vegetable Compound was just what I wanted so I tried it and only took two bottles when I felt better: Since then I have found that there is nothing that makes me feel so well, for it seems to build my system right up. I don't know any other medicine that has done so much for women."-Mrs. W. H. PARKER, 19 Wellesley Ave., Toronto, Ontario.

that they have been helped by Lydia E. Pinkham's Vegetable Compound "after other medicines have failed." It has been tried for nearly fifty years and not found wanting. If you are suffering from any of the various ailments which accompany female weakness try Lydia E, Pinkham's Vegetable Compound.

Women testify again and again

UNLESS you see the name "Bayer" on tablets, you are not getting Aspirin at all



Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

Colds Toothache Barache

Headache Neuralgia Lumbago

Rheumatism Neuritis Pain, Pain

#### Here's your opportunity to participate in these three big cash prizes. We wish to put THE ATHLETIC GUIDE, our new Sporting Paper on the map and at once. It would take us months and months to reach our circulation objective by ordinary 1st Prize \$6500 canvassing methods so we have decided to spend our money in a way whereby our own subscribers will gain an opportunity to participate in our expenditure which really makes our proposition a mutual one all the way round. 2nd Prize \$3500

3rd Prize

more than the third.

being the same as a full game.

(1) All entries must be made on coupons provided for that

(3) In event of a tie, or ties, prizes will be divided

Matches on coupons incorrectly scheduled, or not

Any coupon which has been altered or mutilated will

equally between those tieing, but should the necessity

arise, the Auditor reserves the right to rearrange prize

money so that the first prize winners will receive more

than the second, and the second prize winners receive

menced, same will be struck off the coupon. In the

event of a game being started, and then discontinued

for any reason whatsoever, the score as registered at

the time the game is terminated, will be accepted as

The Auditor reserves the right to disqualify any coupon

for what, in his opinion, is a good and sufficient reason, and it is a distinct condition of entry that the Auditor's

decision shall be accepted as final and legally binding

in all matters concerning this competition. No cor-

respondence will be entered into or interviews granted.

denote whether you think the HOME team will score

In marking coupon, place cross in column provided;

\$12,000 IN PRIZES \$12,000

3rd Prize \$2000

To participate in this subscription campaign you simply indicate on the coupon below whether in your estimation the HOME TEAM will score MORE, LESS or THE SAME NUMBER of goals than they scored in the corresponding game of last year, by placing an "X" in the column provided in the coupon. Prizes will be awarded to subscriber as follows: The first prize to the subscriber who submits the highest correct estimate. The second

prize to the subscriber who submits the second highest correct estimate and the third prize to the subscriber who submits the third highest. Prizes will be equally divided among subscribers whose estimates rank equally correct.

(7) Should the score shown for last year's games be incorrect it will not affect any estimate as the figures will be taken as printed. (8) Entrants must enclose 25c with each coupon, which will entitle them to five weeks' subscripton to THE ATH-LETIC GUIDE, or \$1, which entitles them to one extra entry coupon and twenty-five weeks' subscription. (9) No two prizes will be paid out in any one

MORE GOALS, LESS GOALS, or the SAME NUMBER

OF GOALS as in the corresponding game of last year.

one subscriber. Employees of THE ATHLETIC GUIDE cannot compete Prizes are awarded on the results received by cable on or before 9 a.m. Monday following date of matches. No responsibility will be accepted by THE ATHLETIC GUIDE for the loss or non-delivery of any coupon. Proof of posting will not be accepted as proof of delivery or receipt.

Coupons received without name or address will be dis In cases of capital prize winners when the address is given as "General Delivery" only, proof of identification will be required before mailing of capital prize.

No. 1

Games to be Played

**Dec. 23** 

Competition closes Midnight

# FOOTBALL COMPETITION

ATHLETIC GUIDE PUBLISHING CO., 508 Dominion Bank Bldg., Vancouver, B.C. I enter this Football Competition with the understanding that I agree to abide by the published rules governing same and to accept the Auditor's decision as final and legally binding. Twenty-five cents enclosed for five weeks' subscription entitles me to one estimate; 50c, ten weeks and two estimates; 75c, fifteen weeks and three estimates; \$1.00, twenty weeks and five estimates.

NOTE-Mark with an X in column provided whether you think the HOME team will score MORE, LESS or the SAME number of goals as in the corresponding game last season.

Mark with X in column provided. "M" is more; "L" is less; "S" is same.

Mark with X	in co	olum	n provided. "M" is	on Villa														
HOME TEAM		ast ar's ore	Away Team	Coupon No. 1 M L S			Coupon No. 2 M L S			Coupon No. 3			Coupon No. 4			Coupon Mo.		
Newcastle	1	2	Aston Villa															
Everton	2	1	Birmingham									-						
Manchester C.	1	1	Cardiff C.						18									
W.Bromwich A.	2	1	Sunderland							243		2, 1	N <sub>S</sub> la					16
West Ham. U.	2	0	Wolverham'n															
Rotherham Co.	1	1	Bury	1														
Hull City	2	0	Blackpool															
Southend U.	1	1	Charlton Ath.		6/5	3					a tra	119			4			
Luton Town	1	0	Portsmouth												6.4			
Nelson	1	1	Darlington		199		1	94		1		1.5						
Hartlepools U.	1	1	Lincoln City	1000											- 4			
St. Mirren	2	1	Motherwell		Sect						Service Contract of the Contra							
Partrick T.	2	1	Raith Rovers			100			-	0.81	To be	3	3					
Hibernians	2	1	Morton		1	100				以 新							3013	-
Palkiek		0	Dundee	1	0.0	13.0		BAN	1	1.31			20	100	0.00	i		