

Try these Bakers' Raisin Pies -save baking at home

THERE are luscious rais-I in pies just around the corner, at your grocer's or a bake shop.

Baked to a turn-a flaky crust filled with tender, tempting raisins, the rich juice forming a delicious

Once try these pies that master bakers bake fresh daily in your city and you'll never take the trouble afterwards to make raisin pies at home. Get a pie now and let your

men folks taste it.

Raisins furnish 1560 calories of energizing nutriment per pound in practically predigested

Also a fine content of foodiron-good food for the blood Use raisins frequently, therefore, which are both good and good for you, in puddings cakes,

You may be offered other brands that you know less well than Sun-Maids, but the kind you want is the kind you know is good. Insist, therefore, on Sun-Maid brand. They cost no more than ordinary raisins.

Mail coupon for free book of tested Sun-Maid recipes. Made with tender, thin-skinned, Learn what you can do with meaty, seeded Sun-Maid Raisins. luscious raisins.

SUN-MAID RAISINS The Supreme Pie Raisin

Sun-Maid Raisin Growers Membership 13,000



CUT THIS OUT AND SEND IT

Sun-Maid Raisin Growers. Dept. N-523-7, Fresno, California. Please send me copy of your free book "Recipes with Raisins."

THE DEAL

PART II.

"We have not had the pleasure of imperturbably said as he stepped into the room. "We have not," said Merryweather

grimly. "The only time I saw you!" was in the distance; you were kissing thinks, Mr. Griffiths. I suppose you'll ness to slip away before I came up." agree that it is not Gertrude Ann you most certainly have waited.

brose said shortly. His eyes were was taking stock of his opponent, and stand?" troubled to sum a man up he was never very far wrong. He used his own measure to gauge his fellow men.

the letter you sent to my daughter thing.

"Indeed! I thought that among gentlemen such * * * inadvertences in these things * * * I'm sorry; I was

is not as good as it might be. You know what was in that letter?" "Evidently you do-"

"You made a most dishonest sug- pounds to clear out." gestion to my daughter.' "So long as I didn't ask her to open

father's home at midnight has no should abide by my contract?"

be permitted to say so, Mr. Merry- statement that in return for the weather, you provide an interesting money you agreed never to see my psychological study. I presume your daughter again."

"She does not. Now, I'm a plain pointed out, business man, Mr. Griffith-" "You are!" the incorrigible youth man said firmly interrupted. "Very!" "And I'm open to do a plain busi- sand * . .

The graceless old scamp actually the head. Stop and start all over

said. "There's no need to admit ob- to get up and do their work. vious facts. The position is, though, Stand your hands up on your dyed before. Worn, faded dresses, place; at the third he fired. And often times a day. Recently, the cow hook. Ontario; Niagara Falls, whirlpool and looking at his visitor closely. The my consent not one penny of my finger tips. Put them right behind skirts, waists, coats, sweaters, stock the smoker fell with a bullet in his ed the old man, and now he is suing rapids; the Niagara fruit district; the

and Life had taught him-as it taught could you do with your money if you a healthy one. a greater man than he-that every disinherited Gertrude Ann? Of course, Perhaps you don't desire any more man has his price. What was worry- you could return it to the people with natural oil for your hair. You look ing Ambrose was the price of this whom you have had plain business at the dry-haired woman in envy when "Inadvertently," said the hest with You'd have to found a home for merest flicker of a smile, "I opened broken-down taxi-drivers, or some-

"I assure you I am not bluffing." "Then it's your naturally bad taste attempting to pay you a compliment." "That shows your power of thought "I'm a plain man, Mr. Griffiths." * * * admitting obvious facts.

"I'm open to offer you five hundred "And desert your daughter?"

"That is the proposition." "Cut it out! A man who attempts to accept such an inadequate sum. to persuade a young girl to leave her what guarantee have you that I Hard water can be softened by the adright to mind her being guarded from "It isn't an inadequate sum," pro- lemon juice in the last rinsing water. his cunning by her natural protector." tested Merryweather warmly. "And I

daughter does not know you have "Gertrude Ann will one day be The oily scalp isn't clawed. It's tampered with her correspondence?" worth half a million," the young man pinched into prettiness. Every night,

"Not if she marries you," the old over your scalp with your thumb and

"I tell you what, I'll take a thou-

douries you makes you

bross Merryweather, who had really where we are apending the honey-"No, you won't!" said the young ters in the future. With love, man. "Not if I know it. Notes."

"Then you'd better sit down while I "Eleven-thirty!" get them * * * pou've got the mak- Merryweather to himself. "It was ed over the notes in return for the have allowed him to swindle me! I'm document in which the young man certain she wouldn't." Suddenly he agreed never to see Gertrude Anne remembered the sound of the first

affairs. It is really a pleasure to have typewritten letter, without address or a little deal with you. As we shall signature: not meet again, I bid you farewell." But in spite of his words Ambrose

out through the French window. not down when her father entered the me! I should have had to force all breakfast-room. Indeed, the second the locks of your sideboard (I found gong sounded before any sign of her. that they were locked while you were The maid whom Ambrose sent up to upstairs getting the notes), and even

"Beg your pardon, sir," she said, "but she's not there!" "Not there?"

"No, sir. Bed hasn't been slept in." Something was very wrong indeed.

note she gave him and read: "Dear Father:

the dressing-table."

"I discovered that you've been at it Cheerio, and again thanks!" again and have taken a letter which "Bother!" said Mr. Merryweather-Mr. Griffiths sent to me. It is the or words to that effect. last straw. I have arranged with him

over the phone to be here at eleven-In the end they compromised on thirty, and as soon as you go to bed I shall slip out. Don't worry. I shall "I'll give you a cheque," said Am- be all right and will let you know moon. You really must not open let-

ing of a business man, Mr. Griffiths." past twelve when he came to the Five minutes he raturned and hand-dining-room. Surely she would not "I hope we part as friends, Mr. have been that of the eloping couple. Merryweather," he said as he was He was completely purnled, and pass-"Even though you would not ed a very uncettled day wondering have me for a son-in-law, you are what had happened. The evening post splendidly prompt in your business brought the solution in the form of a

"Door Mr. Merrywesther: "I cannot refrein from writing to Merryweather did not like the grin thank you for your exceedingly couron the young man's face as he went teous reception of me last night. have never been welcomed so effusive-In the morning Gertrude Ann was ly before. And the trouble you saved

her room returned with a white, then I doubt if I should have found eight hundred pounds' worth. And notes are so much handier, aren't they? I have never met Gertrude Ann, and I shall keep my contract with you to the letter and never see It seemed to the stern father that the you were, I could hardly expect you her in the future. After all, kind as "There was a note for you, sir, on in spite of his educational advantages, really likes the excitement of being With unsteady hands he opened the a burglar. Perhaps you will apologize to Mr. Griffiths for my using his

name, but you rather forced it on me.

(The End.)

Woman's Sphere

For Added Charm.

her mind about hats and hair and a panoramic knowledge. He does not necklines. Hats still set down closely hesitate to admit his weakne along on the head, but a soft fluff of hair lines foreign to his specialty. There and the curve of a neckline must show is absolutely nothing belittling if, for somewhere beneath it. So if you want example, a person says he cannot to make the most of your appearance, teach harmony and tells a prospective don't overlook your neck or your hair. pupil to consult another teacher.

glossy, abundant and wavy hair. No, ental heart. He is interested in each indeed; but modern science offers you student as an individual. The real a new way to fool nature and have teacher does not cloak himself with a just the kind of hair you want. It's mantle of superiority. He tries to exercise for the scalp. Special kind make the student feel at ease with of exercise for the dry, undernourish- him. Real music teachers are as rare ed scalp-other exercises for the oily, and as precious as exquisite jewelry. overfed scalp.

then you want to do this exercise, category and deserve little credit. ness deal," the elder man continued right behind your ears, with the you find a real music teacher the apthumbs at the base of the head. Slow- preciation never wanes. meeting before, I'm afraid," the man "I've heard you were rather good ly swing them in circles up and outward until they meet at the crown of Dye Any Garment

again. Do this for about five minutes. Clawing is another exercise that causes your hair to gleam with unexpected lights, or, if it is gray, simple directions in every package. Mow, in the course of time his son-in-law one half of a cow, and prairies at harvest time, or for that "That I cannot admit," the young gives it an attractive silvery glow. Don't wonder whether you can dye or they noticed that at the first puff of then refused to divide the milk, main- matter, at a time when the crop is in; This exercise is particularly designed tint successfully, because perfect smoke escaping from the cigarette the talning that he sold only the front half. the drives around Winnipeg; the Great "Naturally, maturally!" the old man to persuade hair cells that are lazy home dyeing is guaranteed with Dia. Moroccan across the lines opened his The buyer was also required to feed Lakes; the Muskoka lakes; the Algon-

accumulated cunning and experience my consent not one penny of my of a lifetime was in the glance. He money will she have. You under-backward and forward all backward and forward all over your become like new again. Just tell your prudent, therefore took to blowing out _____ drives around Toronto, Ottawa and "Perfectly. You make yourself head, being sure that you do not leave druggist whether the material you the match. This quickly became a the tiniest space unclawed. Be vigor- wish to dye is wool or silk or whether superstition, which continued after the ous, but don't imitate a bad-tempered it is linen, cotton, or mixed goods, end of the war and later was passed "Bluff, my dear sir. Bluff. What pussy cat. A scratched scalp can't be Diamond Dyes never streak, spot, from Spain to France.

deals! But that's very unlike you, you start shampooing for the third time in one month. You never can keep the wave in your hair, and, no matter how much pains you take with your coiffure, it always breaks into

strings and looks untidy. Before I tell you about the exercise just designed for your kind of scalp, "Oh, don't keep on saying that let us make sure that you really have oily hair. Too often soap is left in the hair after the shampoo. In a few days this residue of soap gives a greasy appearance. Or you may sham-"Supposing I were foolish enough poo your hair in hard water. This always leaves the hair dead-looking. dition of borax or soda or a little "Do you mind if I smoke? If I may should want you to sign a written things, as an excess of them defeats your purpose and brings back more

oil than the shampoo takes away. no matter how tired you are, pinch all forefinger. Be careful that you do not leave a single inch of the scalp unpinched. This has the effect of squeezing out all the surplus oil, and gives the glands a chance to rest and relax.

I needn't tell you how important diet and fresh air are to the oily-haired woman. Indigestion, faulty elimination, food that is too rich or stimulating, all help to make your hair look just the way it shouldn't.

Real Music Teachers.

The real music teacher knows his New Tife Remedy Company subject thoroughly and, moreover. makes it a point to keep himself well posted on the progress that is being Minard's Liniment for Diphtheria

made. He never tries to teach sub-This season Fashion has changed jects or instruments of which he has

Nature doesn't give everyone The real teacher possesses a par-

Cheap jewelry is easily accessible, When your hair falls out easily and so is the person holding a diploma. breaks off quickly, when the scalp is The one is supposed to be a piece of covered with a fine dust-like dandruff jewelry and the other is supposed to that looks so untidy on a dark dress, be a teacher. Both belong in the same

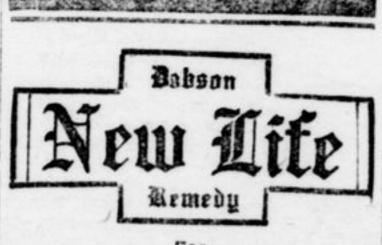
Spread your ten fingers just as wide But when you buy real jewelry the as you possibly can and put them gratification lasts a lifetime. When

or Old Drapery

fade, or run.

"I wish I had a baby brother to ingenious instrument for measuring wheel in my go-cart, mamma," said the depth of fog above above the startsmall Elsie. "My dolls are always get- ing place at Croydon or Abbeyville,

Duty is an alarm clock that causes some men to rise in the world. Others turn over and take another nap.



RHEUMATIC SUFFERERS

Testimonial:

Dear Sirs,-After suffering from Sciatica for over 15 years and spending money on medicine. baths, electric belts, etc., which did me no good, I was cured by using one bottle of your NEW LIFE REMEDY. Yours truly,

Wm. Gilfay. Gerrard St. East., Toronto

One bottle for One Dollar: Six bottles for Five Dollars. Mailed direct to customers.

Bobson 78 West Adelalde St., Toronte

Right The Fatal Third Puff.

Packed

Tight-

Kept

"Never light three cigarettes with the same match," cried the third smoker, who immediately blows out the flame which you hold before his nose. For he does not care to die in the course of the year.

This superstition now generally established in the public's mind is said to have had this origin:

In the war which Spain carried on against Morocco in 1911-1912, and which was principally an ambuscade war, the Spanish officers. who are great smokers, puffed cigarettes in orin Diamond Dyes der to kill time in the trenches. Some-

Measuring Tog.

The Paris-London air service has an and so to determin; whether there is clear, dry weather a few hundred feet up. The instrument, which is based on the property of human hair of contracting sharply on passing from wet to dry air, consists of a hair attached to a trigger that holds a ring. The instrument is sent aloft with toy balloons on a string; as soon as it reaches dry air the hair contracts, pulls the trigger, and down comes the ring on the string.

The cost of living has increased

THE postman or express man will bring Parker service right to your home.

Whatever you send-whether it be suits, coats, dresses, lace curtains, tapestry draperies, etc., etc.-will be beautifully cleaned by the Parker process and speedily re-

> We pay carriage one way on all orders. Write for full particulars.

Parker's Dye Works, Limited Cleaners and Dyers 791 Yonge St. Toronto

Remarkable Bird.

MEAL

Satisfies the sweet tooth, and

-aids appetite and digestion.

Cleanses mouth and teeth.

relieving hot, dry mouth.

benefit.

A great boon to smokers,

Combines pleasure and

Don't miss the joy of the

Chew it after every meal.

new HIPS—the candy-coated

peppermint tid bit!

me of the most remarkable birds in the world. Almost as soon as it is paper and pulp? hatched the young hoactzin crawls out of the nest by using its wings as forefeet. The "thumb" and "forefinger" of As soon as the wings grow strong to be fully understood. enough to support the bird in the air the claws disappear.

Minard's Liniment for Colds, etc.

The Meanest Man.

For Nervous Headaches

TSTHE RELIEF from bead-A ache or neuralgic pains worth one cent to you? That's all it costs for an application of "Vaseline" Mentholated Jelly. With the first indication of a headache rub a small amount of it gently on the forehead and temples. So convenient, effective and economical l

MENTHOLATED MINE

CHESEBROUGH MANUFACTURING

COMPANY

(Consolidated) 1680 Chabot Ave. Montreal



It scatters congestion You get quick relief from a cold by ap-

plying Sloan's. By quickening circulation of blood the congestion is broken up.
Millions have also found in Sloan's welcome relief from rheumatism, Keep it handy for sore, bruised muscles, back-nobes and neuralgia,

Made in Canada Sloan's Liniment-kills pain!

WHY BUSINESS MEN SHOULD SEE CANADA

Under the above title, The Canadian Manufacturer, in the August issue, contains an article which is of particular interest to every Canadian business man. The Easterner who has not seen the West and the Westerner who has not seen the East are working under a severe handicap.

That the Montreal business men are keenly aware of this fact is indicated in the recent tour of the Montreal Board of Trade to the West, who had, as their guests, a number of British industrial men, members of Parliament and financiers. Knowledge is power, and the soundest knowledge is that which is obtained directly by oneself on the ground, heard with one's own ears and seen with one's own

It is an extraordinary thingnevertheless a fact-that there are in the East generally many prominent business men who, year after year, do business with the West, yet who have never personally visited it. They make frequent trips to Europe and to the United States, but when it comes to personally visiting the Western section of their country, they "pass it up" in favor of some other trip. The United States slogan "See America First" might well be adapted to "See Canada First" by those business men who can, if they will, see more of their own country. The article referred to is as follows:-

If you would build up a national business, you should know Canada; you should understand the difference in the viewpoints of the Westerner, from that of the man in Ontario, the man in Quebec and the man in the Maritime Provinces.

To understand men one should be familiar with the conditions under which they do business. To do this, one must visit the city or town where they do business and get close enough to see in what ways conditions are different in one locality from another.

We all know that the needs of a customer in a manufacturing city like Windsor are very different to the needs of a prairie city like Saskatoon. But to thoroughly understand, and to be in a position to answer any demand in these places, the business man should visit these places and study each one in relation to the product he manufactures.

For instance, how many business men in Canada know what towns are affected by drught in a certain district in the West? How many know what The Hoactzin of British Guiana is towns would be affected by a great increase in demand for Canadian

One cannot know his market too intimately; and, as every one in business in Canada knows, the distances the wings have claws with which the here are great indeed and the diversyoung bird climbs about the branches, ity of interests entail serious study

Travel In Itself Is Worth While,

Apart from the purely business aspect of the matter, however, Canada offers to the tourist a wealth of places worth seeing: The beauties of the Pacific coast

times it happened that three of them | The meanest man on record is said cities and their parks, the Rockies, the Buy "Diamond Dyes" and follow the lighted their cigarettes with the same to live in Shrewsbury, Mass. He sold Okanagan and other B.C. valleys; the mond Dyes even if you have never eyes; at the second cloud he noted the the cow and carry water to her three quin Park; the pastoral scenery of Montreal; the Parliament Buildings and the view from Parliament Hill: the St. Lawrence and Saguenay River trips; old Quebec; the hunting and fishing grounds of New Brunswick; the seafaring life along the shores of the Maritime Provinces; pastoral Prince Edward Island; the apple valleys of Nova Scotia; the harbors and beauty spots of St. John and Halifax -and these are only high spots that

come readily to mind. Travel in itself is worth while. The business man should be, and generally is, a good mixer. On the train or boat the good mixer soon meets men and women worth knowing. The consequence is a mental rejuvenation, or

brushing up, that is good for any man. One thing is sure, the man who starts out to see Canada is going to come home an enthusiastic believer in his own country and an optimist as to the future of his own business

Ask Yourself.

Do you regard your job as your best friend, knowing that if you take care of it, it will take care of you, will regard and treat you as you can regard and treat it? Are you painstaking in regard to

your personal appearance? Are your nails properly attended to, and is your clothing always pressed, neat and clean?

Can you stand up under rebuffs, laugh at opposition?

Does failure make you all the more determined to win out at any cost, or do you become easily discouraged and give up when the odds are against

Do you keep yourself so fit that every morning you are in a condition to do the best and biggest thing possible to you, or do you turn night into day and jeopardize your health in foolish living?

One way to be happy is to sat a limit to your wants and keep them



covered and straw