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Living Cost.

OUR CANDY IS FAMED IN MANY LANDS.

THE CONFECTIONERY

tunities for Development in the Foreign Markets.

The confectionery and chocolate industry of Canada constitutes an im portant activity, absorbing \$80,000,000 of industrial capital. Las year total sales of candy in Canada are reported mark. Such makes of Canadian con-directed towards building up the blood. have now been designed which, though fection as Betty Brown, Patterson, Dr. Williams' Pink Pills act directly on they will develop 1,200 horse-power, Laura Secord, Ganongs, Page & Shaw, the blood, and have proved of the are yet so light that four men can carto coast but the high quality of the or bloodlessness, shown by most ner- found almost indestructible. Inventproduct has extended their fame into vous people, is also corrected by these ors in several countries have had sucmany countries. In the manufacture tonic pills. This is shown by the case cesses with helicopters, machines that of chocolate and confectionery of all of Mr. Kenneth R. McDonald, Tarbot, require no "take off" on level ground, kinds, Canada is in the gratifying posi- N.S., who says: "For a long time I was but can rise from the space of a tennis tion of being not only able to supply a severe sufferer from nervous trou- court straight into the air.

In 1920 the chocolate and cocoa in- always felt tired out. Various medi- General Sir F. H. Sykes, G.B.E., K.C.- equally important. dustry of Canada was carried on in cines I tried had no beneficial effect, B., C.M.G., who during the last part of Steamers and trains have reached nine plants, capitalized at \$5,553,571, until finally I was persuaded to try Dr. the war was Chief of the Air Staff, their highest possible speed, it is to Sometimes a breath of bitterness, with 1,400 employees receiving \$1,245,- Williams' Pink Pills. I found these tells us something of that in his book, the air that we must look for the tra-693 in wages and accounting for a projust what I needed, as after taking "Aviation in Peace and War." We can vel of the future. For the price of a Enough of work, enough of play; duction of \$8,908,277. The kinds of them a couple of months I not only no longer rely solely upon the Navy battleship an air route to Australia A pipe to smoke at dusk of day products comprised chocolate, cocoa, gained in weight, but feit stronger, to defend us, he argues, for unless we could be organized, the value of which To make the day complete. cocoa butter, confectionery and spices, more cheerful and better in every way. can keep the air as we keep the seas, would be beyond contemplation. than half the value of production. Que- too highly for what they have done for bec and Ontario are the centres of the me." trade, there being five plants in the You can get Dr. Williams' Pink Pills former province and three in the lat- through any dealer in medicine, or by ter, with one plant in Nova Scotia.

There are four hundred individual \$2.50 from The Dr. Williams' Medicine plants in Canada engaged in the manu- Co., Brockville, Ont. facture of biscuits and confectionery, of which 225 are located in Ontario, 49 in British Columbia, 47 in Quebec, 28 in Alberta, 17 in Manitoba, 13 in Saskatchewan, 10 in Nova Scotia, 9 in ing benefit through the Ministry of New Brunswick, and 2 in Prince Ed. Pensions. ward Island. The total capital invested in these plants is \$31,217,581, Ontario leading with \$19,253,822. They employ 12,722 persons at salaries and wages aggregating \$10,538,291. The production for 1920 was in value \$54,-658.833, covering buns and pastry, bis- Racial Origin-French. cuits, puddings, confectionery of all Source-A locality. kinds ice cream and other products. products amounting to \$924,363, which you would probably have to wander Variations - Locker, Locker, Locis effected almost equally between the over the map of Europe to find, if you

Exports of Manufactured Confectionery.

confectionery amount in value to more spelling, even though the pronuncia- imagine, for when you dig into its histhan \$2,700,000 annually, going to prac- tion of to-day is not so very far from tory you find out that it has little to tically every country of the globe. that of the French in the Middle Ages. do either with a lock or a heart. Listed in Canadian trade under con- It is one of those family names As a family name it appears to trace fectionery, but not manufactured, there which were originally descriptive of back either to the old Anglo-Saxon 000. This is made up of glucose and those which were brought into Eng- old German form of "Lochard." glucose syrup, maple sugar, maple land first by the Normans. syrup, molasses and syrups of all The locality in question is that of every once in a while in the medieval kinds and sugar of all kinds.

From the manner in which the trade to determine what proportion of the exports is accounted for by chocolates, but there is reason to believe that they are substantial and on the upgrade. There are reports from many countries of the growing popularity of the Canadian confection, and manufacturers record the export trade as being healthy. The Canadian army popularizing Canadian chocolate in the British Isles, Frace and other countries, and in the comparison created by the sending of large quantities of Canadian chocolate to Europe during the war years the Dominion product did not suffer. According to the British Trade Commissioner at B istol. Canadian chocolates are finding a ready market in the British Isles on account of superiority, being larger and retaining moisture better.

Canada's confectionery industry. whilst not relatively a great o . is important in so far as it is adequately meeting Canadian domestic needs and aiding in augmenting the Dominion's export trade. There exist opportunities for much development yet, which in the aggressiveness Canadian manufacturers are exhibiting will doubtless be seized. Sufficient advantage was never taken of the peculiar quality and flavor of Canadian chocolates, and the maple sugar industry up to quite recently was permitted to wane because its delicious product was not known abroad. These maters are being remedied, and the industry is likely to become a more important one to Canada.

The Last Resort.

In answer to the returned summer visitor's questions as to the welfare of Mr. Padgett and his whereabouts. Mr. Dorkin replied that "Jake" was teaching at the little red schoolhouse on Harly's Hill.

"But I thought-" "Well, he is," admitted Mr. Dorkin, understandingly, "an he gets more 'n' more muddleheaded all the time. But what else could we do? We had to put him in school-master to keep him off the town.

"We ain't goin' to pauperize a man." he added, loftily, "if we can find anythin' for him to do."

Press stolidly towards achievement Let others chase fame.

IRRITABLE PEOPLE

INDUSTRY OF CANADA Are Usually Victims of Poor Blood and Weak Nerves.

tions of nervousness, and it becomes XVI., carrying with it a cock, a duck, curately upon ship, camp, or town. strung and approach a state of ex-But There Are Still Oppor- ference, and this state is often only the outward expression of a great deal of physical suffering which friends do headaches, sleeplessness, nervous indigestion and depression. Unless it is promptly checked more serious trouble develops.

of the nerve cells, requiring a tonic, than 100 miles an hour. As the nerves get their nourishment | Every month that passes sees some greatest benefit in a great many cases ry them with ease. A machine made her own reguirements, but engage in ble, with the result that I gew pale and

mail, at 50 cents a box or six boxes for

One person in every fifteen of Britain's population is at present receiv-

The visitor was examining the class. "Can any little boy tell me what a fishnet is made of?" he inquired. "A lot of little holes tied together with strings," smiled the never-falling bright boy.

Fair Enough.

Add this to your prayers: "O Lord. give me a sense of humor and the

power to laugh." Surnames and Their Origin

Here is a family name whose origin

United Kingdom and the United did not first hunt for clues among the Racial Origin-English and German. historical records of medieval England | Source-A given name.

vading army, made up of soldiers gath- menclature was Teutonic. ered from many localities, and many of When it comes to figuring out the

been to refer to some physical peculirity or to a man's parentage.

LOCKHART

Here is a family name the origin of And at that you would be likely to which looks simple. But it's a bit Canada's exports of manufactured miss it on account of the difference in more difficult to trace than you might

is a voluminous export trade in other the locality or community from which given name of "Locer" (the "c" has products amounting to over \$15,500. the first bearers came, and also one of the "k" pronunciation here) or to the Both of these given names appear

history of England and Germany, as The Normans, by their very pres- well as of Normandy, for while the ence in England, contributed largely Normans spoke French, they were of to the rise of the family name. The in- Teutonic origin, and most of the no-

them bearing the same given name, meaning of these given names, things cutting their old ties behind them, and are not quite so clear. The last syllasettling helter-skelter in a new coun- ble, "hart," is one which is frequently try, found frequent use for surnames met with in old Teutonic names, and the larger part of those who in their which would distinguish one Geoffrey had in a general way the meaning of old age are obliged to depend on the from another or one John from an- "strength" and "bravery." In fact we town or province for support. Figures other. And in the majority of cases it get our modern word "hardy" from show that of men who have a trade mean those who are poor in resources. was customary among them to refer this same root. But though there are only one in a hundred thousand has to For the only poverty that grinds, to the place from which a man had many theories to account for the go to the poorhouse, and that of men deadens, and kills is poverty of recommunity the tendency would have tain enough even to bother quoting. is smaller still.

A Peep at the Future of Britain's Aviation

the sciences. It is only 141 years since foe with great fleets of aircraft.

The aeroplane has been with us warfare of the future will begin with Often we talk of a man "hailing power rose into the air with a human air battle may be joined within as cribed as "out of his depth,"

Since those days progress has been rapid. We have machines now whose The treatment for the earlier stages engines develop as much power as of nervousness, as well as the more railway locomotives. They can carry advanced condition, is one of nutrition loads up to four tons at speeds of more

What is to be the future of aviation But though we must be prepared weak, lost weight, slept poorly, and in view of all its new wonders? Major- against air attacks, civil aviation is

Three Lives.

he could not put up a fight at all.

ground over which they passed.

To live for self and from self all the This man has not found the way! He sees not, he hears not, he cares not,

he fears not. His life is a game of play! To live for God, yet from self all the

This man is lacking in power! He works and he worries, he plans and he hurries.

He sighs through each passing hour. To live for God and from God all the

This man is indeed most blest, He is guided and guarded, urged on and retarded. He has entered the life of rest!

What is a Baby?

Some definitions of a baby: "The bachelor's horror, the mother treasure, and the despotic tyrant

"The morning caller, noonday crawl er, and midnight bawler." "The only precious possession tha

never excites envy.' "The latest edition of humanity, of which every couple think they possess the finest copy."

A native of all countries, who speaks the language of none." "A few inches of coo and wiggle, writhe and scream, fitted with suction | "O Rachel! And what is the name and testing apparatus for milk, and of this other one?" automatic alarm to regulate supply." "A thing we are expected to kiss harm?"

and look as if we enjoyed it." "A little stranger with a free pass sell him the ring at a bargain." to the heart's best affections."

Bachelors and spinsters make up come, whereas within the Anglo-Saxon "loch," there are none which are cer- with a college education the proportion sources.

Language of the Sea.

Describing a man's conduct in busine's, a judge said it was obvious that Aviation is one of the youngest of we are at the mercy of any foreign the man in question was fond of "sailthe first weird-looking balloon design. The giant 'planes of to-day can car- used a nautical term pure and simple. ing too close to the wind." The judge Irritability is one of the manifesta-ions of nervousness, and it becomes the astonished eyes of King Louis ing half a ton, and can drop them aced by Montgolfier rose into the air be- ry six or eight huge bombs each weigh- When a vessel sails too close to the drifts away from her course, and trou Sir F. H. Sykes believes that the bie is bound to follow.

> barely nineteen years, says an English air attacks. "Whereas in 1914 it was from" such and such a country. This writer. It was in 1903 that a machine twenty days between the declaration is a term used at sea when vessels made by the Wright Brothers and of war and the exchange of the first "speak" to one another by means of driven by an engine of eight horse, shots," he writes, "in the next war the flags. A man in difficulties is desmany hours, and an air attack launch- "having lost his bearings." ed almost simultaneously with the de- terms are understood at sea to mean that a vessel is prevented by some-

Huge bombing machines will as- thing from keeping on a safe course. semble, he believes, as soon as war is When a person wants to know an imminent, and once it has begun they other's thoughts, he " sounds" him will make straight for important That is just what a vessel does if she towns, mobilization centres, arsenals, wants to know where she is-she harbors, and railways. A few swift sounds with a line and lead.

blows might so paralyze an enemy that If a man feels that he is losing ground he tries to "make up leeway. Aircraft can now drop poison gas "Leeway is the distance lost by a ship upon towns beneath. It may be con- when sailing to windward, through her tained in bombs, or it may simply be hull slipping out of the wind's track sprayed from the skies, falling by its to leeward. Such distance must be own weight and dealing death to all made up by skilful manoeuvring.

whom it reaches. In recent tests aero-"On one's beam ends," "low ebb," planes using a new gas more potent and "at loggerheads" are common exthan anything previously devised des- pressions which have the tang of the troyed every living thing on the salt sea in them. We use them without thinking of their origin.

Request.

Give me a little anger: A salt of grief and wrong: To walk sometimes in lonely ways,

Sometimes among the throng:

A bluebird's wing, a cricket's call,

A hand to touch at evenfall To make the days a song.

-Victor Starbuck,

ous to the life of little ones as is the ment. It is antiseptic, soothing, healing and gives quick relief. summer. The excessive heat throws the little stomach out of order so quickly that unless prompt aid is at hand the baby may be beyond all human help before the mother realizes he is ill. Summer is the season when diarrhoea, cholera infantum, dysentery and colic are most prevalent. Any of these troubles may prove deadly if not promptly treated. During the summer mother's best friend is Baby's Own Tablets. They regulate the bowels, sweeten the stomach and keep baby healthy. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

No Need to Waste It.

"I give you your freedom, Solomon

"Wretch! You would do him "Not at all. But perhaps I could

Minard's Liniment Relieves Neuralgis Are You Poor?

Heaven help the poor! I do not mean the poor in money.

When sorrow comes the poor in reources have no wells of inner happiness from which to draw.

When their money is gone they have no inner riches. When they are bereaved they have no tides of Faith to support them.

They are poor in self-mastery, and their environment overcomes them. They are poor in discipline, and their own selves fall upon them and devour

They are poor in enthusiasms, and when their one little interest is gone they have no other.

They are poor in friends, and to their calamity is added loneliness. They are poor in thoughts. As Robert Louis Stevenson said, they do not have so much as two ideas to rub against each other while waiting for a

They are poor in work, having never found their task, without which no soul can be happy.

They are poor in beauty, having never learned to see it, let alone feed

ing in through the window at the warmth of life; hungry souls begging of every passer-by the bread of praise which they cannot digest. It's terrible to be poor, poor in ali

They stand like shivering souls look-

that makes life rich and strong and It's pitiful, too, to see povertystricken souls trying to buy real riches with money.-Dr. Frank Crane.

---Highest Water Fall. Believed to be the highest water fall

in the world is one in British Gu ana, where the water descends 822 feet, having a clear drop of 741 feet before it is broken by rocks.

IT SAVED HER LIFE

Whole System Had Given Way From Stomach Trouble.

"There is no doubt in my mind that Tanlac save! my life," said Miss Gratia Brousseau, 335 Notre Dame St.,

"I had chronic indigestion for fourteen months and for four months of out suffering afterwards and I almost starved myself. My nerves finally

gave way and I had to give up and take to my bed. "I will never be able to express my gratitude to Tanlac for restoring me to the splendid health I now enjoy. I When I the sunshine of thy bloom be never felt better in my life and can I was in such a wretched condition."

Close Call.

Smith-"I woke up last night with a horrible suspicion that my new gold watch was gone. So strong was the impression that I got up to look." Brown-"Well, was it gone?" "No, but it was going."

---MONEY ORDERS. Dominion Express Money Orders are on sale in five thousand offices throughout Canada.

Originally, all men were black.

The Admiralty flag is never lowered, not even upon the death of a Sover-

NOTHING TO EQUAL



No season of the year is so danger- injury is to apply Minard's famous Lini-

COARSE SALT LAND SALT Bulk Carlots TORONTO SALT WORKS

C. J. CLIFF . TORONTO

Mrs. Geo. Warman Tells How Cuticura Healed Pimples

"I had a breaking out of pimples on my face which irritated so much at night that I began to scratch and they broke out in deep, sore eruptions. My face looked so badly that I did not want to go anywhere. ment and I bought them. After using

saw an advertisement for Cuticura Soap and Ointone and a half boxes of Cuticuri Ointment, with the Cuticura Soap, I was completely healed." (Signed) Mrs. Geo. Warman, 13 Duchess St., Toronto, Ont.

Cuticura Soap, Ointment and Talcum promote and maintain skin purity, skin comfort and skin health. The Soap to cleanse, purify and beautify, the Ointment to soften, soothe and heal and the Talcum to powder and perfume.

Sample Each Free by Mail. Address: "Lymans, Limited, 344 St. Paul St., W., Montreal." Sold everywhere. Soap 25c. Ointment 25 and 50c. Talcum 25c. Cuticura Soap shaves without mug.

Classified Advertisement

HENS WANTED ALIVE; 25 CENT a pound. Albert Lewis, 666 Dunds West, Toronto. WANTED, A FARM IN ONTARIO; small Manitoba farm as part pay, balance cash. Give full particulars and lowest price. Address, M. J. Kent, Box 419, London, Ont. Real Estate Mortgages and Agreements bought.

WEEKLY NEWSPAPER WANTED TOT E HAVE A CASH PURCHASER for a weekly newspaper in On-Price must be attractive. Send full information to Wilson Publishing Co., Ltd., 78 Adelaide St. W., Toronto.

THREASHIRE BELTS AND SUC canada. York Belting Co., 115 York

Early Goldenrod.

hardly realize that a short time ago And pluck and bear thee home with fond caress.

Tanlac is sold by all good druggists. I am richer for thy lavishness. Advt. Thy Midas touch hath turned the land to gold For me to have and hold

-Abbie Frances Judd.

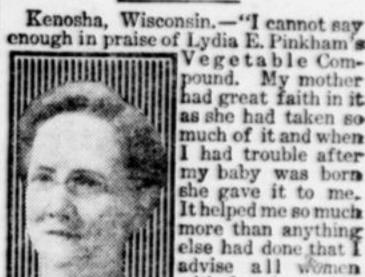
Minard's Liniment for sale everywhere The first iron railroad was laid in

England in 1767.





Her Mother's Faith in Lydia E. Pinkham's Vegetable Compound Led Her To Try It



Vegetable Comhad great faith in it my baby was born more than anything else had done that

and I am sure they will feel as I do about it.-Mrs. FRED. P. HANSEN, 562 fifty years and that receives the praise and commendation of mothers and

grandmothers is worth your considera-If you are suffering from troubles that sometimes follow child-birth bear in mind that Lydia E. Pinkham's Vegetable Compound is a woman's medicine. It is especially adapted to correct such

The letters we publish ought to convince you; ask some of your women friends or neighbors - they know its worth. You will, too, if you give it a

UNLESS you see the name "Bayer" on tablets, you are not getting Aspirin at all

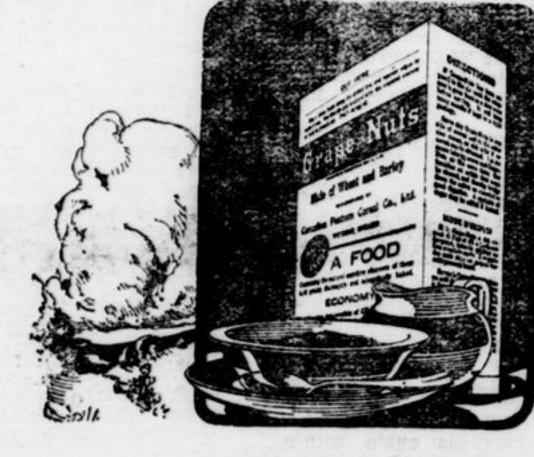


Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

Colds Headache Toothache Earache

Rheumatism Neuralgia Neuritis Lumbago Pain, Pain

Handy "Bayer" boxes of 12 tablets-Also bettles of 24 and 100-Druggists. aceticacidester of Salicylicacid. While it is well known that Aspirin means Bayer manufacture, to easist the public against imitations, the Tablets of Bayer Chupany will to amped with their general trade mark, the "Bayer Cross"



is not there, after all— TERY often the hill we seem

to be climbing, after the middle years, is made out of the common mistakes of diet which starve tissues and nerves and slow down energies with faulty nutrition and stored up food poisons.

seemed to be when we were young. Simple, natural food may level old-time level path doesn't come

Suppose you try it!

Begin today with a dish of Grape-Nuts with cream or milk (fresh or preserved fruit, too, if you like) for breakfast or lunch. Keep up this crisp, delicious, strengthening food in place of How smooth and level the path heavy, ill-assorted, starchy breakfasts and lunches-and see if the old-time zest and speed on the

Maybe that hill

Grape:Nuts_THE BODY BUILDER

that hill to a smooth path again. back again.

"There's a Reason"

Made by Canadian Postum Cereal Co., Ltd., Windsor, Ontario

ONTARIO ARCHIVES

TORONTO

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