

ST MOTION IN FARMING

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Day. any little divided into several compartments...

From the women's point of view, the Province of Bergen...

numbering out the dieters who

How Collars Came.

The word "collar" is taken from the Latin neck, and the thing is probably as old as almost any article of human dress.

In those days the "collar," often of gold, was a mark of wealth and rank, a sense which still applies to the official collars of the great orders of knighthood.

The collar remained a part of the shirt, until, in 1825, a Mrs. Hannah Montague, a blacksmith's wife in Troy, near New York, discovered in the never-ending task of washing her husband's shirts the advantages of a collar that could be taken off and washed by itself.

Advice to a Salesman. Every time you fail to make a sale, remember that it needn't be all failure. The time is not lost. If you leave him with such a picture in his mind that he will say, after you have gone, "There goes a man. I have met a real genuine man to-day. He made an impression upon me for his manliness, his character, I shall remember him as a real man."

Leave him with a good picture in his mind so that he will say to himself, "I have met a real man to-day, a 100% gentleman. I like that fellow."

Life is What One Makes of It. Life is what one makes of it. If one gives the best one may One shall reap the benefit.

The Truth That Makes Free. "You shall know the truth and the truth shall make you free."

A Giant Spring. Not far from the town of Twin Falls, Idaho, is a spring that runs a big electrical plant. It is called the Thousand Spring, and there is nothing like it to be found anywhere else in the world.

This World First. There is an English church where a box hangs in the porch. It is used for communications for the pastor. Cranks put their notes in it, but occasionally it does fulfil its purpose.

Straight Hair Land. From the women's point of view, the Province of Bergen, in Southwest Norway, is in one respect the least desirable place of residence in the world.

Suppose everybody would recognize the fact that there's no gain but much loss in keeping up hostilities with the stomach!

Suppose the ancient aggravation of improper food on indignant digestive organs should be settled with guarantees of sensible diet and tranquil digestion!

The saving would be beyond all possibility of counting. Yet millions go on declaring war on the stomach and accepting war in return—loading up on starchy, heavy, unbalanced and highly-seasoned food at breakfast or lunch— and wondering why comfort, happiness and efficiency are out of reach.

Order Grape-Nuts from your grocer today, and let a delighted taste pass a treaty of peace along to an enthusiastic digestion and assimilation.

Grape-Nuts—the Body Builder "There's a Reason" Made by Canadian Postum Cereal Co., Ltd., Windsor, Ont.

ACID STOMACH IS SOON OVERCOME

WALTER BRODEUR SAYS HE CAN NOW EAT ANYTHING ON THE TABLE.

Suffered So From Stomach Trouble He Dreaded For Meal-Time to Come.

"For the first time in two years I can eat a hearty meal without fear of distress afterwards, and I certainly am strong for Tanlac," said Walter Brodeur, 1472 City Hall Ave., Montreal, Que.

Everything is changed now, however, and I am like a new man, eat what I want, sleep all night long without a break and get up in the morning feeling as fresh and active as a boy.

The most uncommon sense is common sense.

British shipping was first registered in 1660.

MONEY ORDERS. When ordering goods by mail send a Dominion Express Money Order.

The only civilized state in the world to be ruled absolutely by a woman is Bhopal, the second most important Mohammedan state in India.

Minard's Liniment for Coughs and Colds

INVESTMENT. Good Company, 8% Preferred \$100.00 Stock, with Bonus of one Common share. Price \$100.00. Particulars from Campbell, 49 Adelaide West, Toronto.

PROBISHER. Variation—Forbisher. Racial Origin—English. Source—An occupation.

With the "tip" that the family name of Forbisher or Forbisher is based upon an occupation, can you guess its origin?

Probably not. And the reason is because the word is all but obsolete, and the exact occupation is obsolete also, though there are a great many more or less akin to it in the various industries of modern times.

Occasionally, however, you will run across the word "furbish." Probably a majority of people cannot tell you exactly what it means even though they have heard or more likely, read it. It means to polish.

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Don't Say It!

The harshest words that one can throw are often these, "I told you so."

Some people seem to take delight in anything that smacks of spite—they smile within at other's woes and pelt them with "I told you so's."

Age Mellow Bells. The quality of tone in many old European bells could be accounted for only by their age. After careful investigation, an ingenious bell maker determined that with a century of use the bell clapper and the inner surface of the bell became so worn that they fitted exactly and so worn that they fitted exactly and a considerable surface of each came in contact.

KEEP BABY WELL IN THE SPRING. Mothers who have little ones in the home find the Spring a time of great anxiety. At this season conditions make it necessary to keep the baby indoors. He is often confined to overheated and badly ventilated rooms and catches colds which rack his whole system.

Seventeen Dynasties Instead of Forty-one. Seventeen sovereign ruling dynasties exist in the world, as against forty-one in 1914.

She Turned Out the King of Sweden. One day a scholarly looking man, plainly dressed, went into a church in Holland and took a seat near the pulpit.

Surnames and Their Origin. Variation—RODGERS. Racial Origin—English. Source—A given name.

The family names of Rodgers and Rogers have been formed from a given name, through the regular method of adding the termination "son," which in the course of time has been shortened to a mere "s," and in some cases dropped altogether, thus bringing the family name back to the same word "war" itself, as well as developed.

The name of Rodger, or Roger, is Teutonic. In one form or other it is to be found among most of the Teutonic languages in the least of all the Teutonic languages in the course of time, it was "Hrothgar," being a compound of the words "hroth" and "gar," and having a meaning of "famous spear."

Six New Instruments Added to the Violin Family. It has been said by musicians that the violin family is composed of two pygmies—the violin and the viola—and two giants—the violoncello and the double bass.

The Fire-Bug and the East Wind. "It's time to hit the trail again," the careless camper said. And left his little fire ablaze within its leafy bed.

New Forests for Great Britain. A shipment of seven hundred pounds of Douglas fir seed was recently forwarded from the Dominion Forestry branch seed-extracting plant at New Westminster, B.C., to Great Britain.

When Will There Be A Disarmament of Dining Tables? Suppose everybody would recognize the fact that there's no gain but much loss in keeping up hostilities with the stomach!

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Hemp Hurds for Paper Making.

An interesting investigation recently carried out at the Pines Products Laboratories of the Department of the Interior, Canada, relates to the value of hemp hurds as a paper-making material.

Hemp hurds are the waste stalks of hemp from which the fibre has been removed. Considerable quantities of the hurds, at present a mere waste product, are available in Canada. Some attention has been given to this subject in the United States, where experiments have been made in which the soda process was used. The work at the Laboratories, however, has been directed towards the application of the sulphite process, widely used in Canadian pulp mills for the manufacture of chemical wood-pulp.

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SHE FOUND RELIEF AFTER FIVE YEARS

An Ex-Service Man Tells How His Wife Found New Health.

"I wish to testify," says Mr. R. A. F. Hughes, of Hamilton, Ont., "as to the efficiency of your Dr. Williams' Pink Pills for the following reasons: "When I returned home in May, 1919, after nearly five years absence on army service, my wife had changed from a healthy, robust woman, to one whose life was a burden and ordinary duties almost impossible.

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Flowers Think.

Luther Burbank says that flowers think; that they have intelligence, and respond to our thought; that they know whether we love them or are indifferent to them.

Some people can raise flowers almost anywhere, even with very little sunshine, while others can do nothing with them under the most favorable conditions. That is because, as Mr. Burbank says, the little mind cells of them and plants know who like them and who do not, and respond accordingly. A very intelligent woman I know says that she never could grow flowers, and that they will hit the moment she puts them on her person.

A Youth Preserver. A noble life aim is more than an ambition preserver; it is also a powerful health and youth preserver. It is a tonic that prevents premature aging. When the faculties are employed in working out a splendid destiny we are happy, contented; the mind is so fully occupied that it cannot rust out or lose its buoyancy. And it is the mind that keeps the body young.

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COARSE SALT LAND SALT. Bulk Carlots. TORONTO SALT WORKS. C. J. CLIFF - TORONTO

For Spanish Influenza. The Liniment That Relieves All Ailments. MINARD'S "KING OF PAIN" LINIMENT

FARMER'S WIFE REGAINS HEALTH. Gives Credit to Lydia E. Pinkham's Vegetable Compound

Permanent Hair Health Promoted by Cuticura. Frequent shampoos with Cuticura Soap, assisted when necessary by gentle anointings with Cuticura Ointment, afford the purest, sweetest and most economical method of freeing the scalp of dandruff and scalings and of establishing a hair-growing condition.

WARNING! Say "Bayer" when you buy Aspirin. Unless you see the name "Bayer" on tablets, you are not getting Aspirin at all. Why take chances?

Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

Colds, Toothache, Earache, Headache, Neuralgia, Lumbago, Rheumatism, Nouritis, Pain, Pain

Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists. Aspirin is the trade mark registered in Canada of Bayer Manufacture of Monheim, Germany. While it is well known that Aspirin means Bayer, the public is advised to be sure that the Aspirin they buy will be stamped with their own trade mark, the "Bayer Cross."