ice of the day wasted crawl out and send ring to the top. In unlight, and instantly freshness of the new r me into my clothes high speed. As for bed, I would wonder indured it, and as for hat was unthinkable. the following morn-

ys a certain number eep the shades down They find satisfacis and old ideas that ir usefulness. They light of a new day, ne get it only as it the pinholes of es. After a while, ood time has been he new method, and others have been them. They shoot ashes the light, and irkened rooms for

ffy beds-at least ing morning! here I lived some discovered that crop. A few of eir shades down. they said, "and or fifteen years: ter a few years. nice chunks of anks, these men They did not ie, however, and ost. After they dered how they mattress until have heard that es the same men

le: Small grain, en king in the Farmers with s been questionre are several c. Walle many read heir apclaim that the t of kin to the s natural sucalso making a sort of tri-A (if the word ber is a lady). e three work armer who is oflowing and hese contendat how about down? What he is in hed head "The for me," he corn, no hog

holes in that

fere with my

90

m Fairies. L pow that sy stopped. ng, yellow I'ME WOR. d climbed but still at it was. rus woll as they ch tell us

A tell us away so y quiet. Squeak. oked his F at all w sun [uesked] ting inbring and I ong and

us. On. gg." id nodvellow in the fairies 5-poly

er the

ut the

The trail value of pulp and paper production by provinces in Canada in 1920 was as follows: Quebec, \$131,822,-000; Ontario, \$113,415,000; New Brunswick, \$11,000,000; British Columbia, \$27,221,000. Quebec produced about 1,000,000 tons of the total woodpulp production, Ontario coming next with 654,000, while British Columbia's production was 218,000. During the same year, however, Ontarlo produced the most newsprint, or \$81,000 tors, compared with Quebec's 358,000, and British Columbia's 136,000. Since then Quebec's capacity for newsprint production has surpassed that of Ontario and is being still further increased through the opening of the new International Paper Company's mill at Three Rivers.

Canadian News.

lumbia represents a capital invest- blood. Sometimes cold, damp weathment of \$16,000,000, and payments to er starts the aches and pains, but it is the producers of the raw material runs the condition of the blood that is at close to \$4,000,000. Cannery em- fault, and only by correcting this, and ployees are paid over \$2,000,000 an- making the blood rich and red can the nually, and the number of persons em- rheumatic poison be driven out. This ployed in the industry exceeds 17,000. is what is done in the treatment of Over \$300,000 is paid each year to rheumatism with Dr. Williams' Pink local merchants for supplies such as Pills. Acute and muscular rheumatism

116,730, which is 299 per cent. greater trouble vanishes. This is proved by than the population of the Island in the experience of Mr. John A. O'Neill, 1911, according to figures compiled on Port Hood, N.S., who says: "I was a the basis of the census figures an- periodical sufferer from rheumatism nounced by the Dominica Bureau of fer years. I tried many remedies, but Statistics recently. The population of with indifferent results, and I had of us. And here are two keys, one for CHILDHOOD Greater Victoria, including the three about concluded that the trouble was you, Pat, and one for me." adjacent municipalities and surround- too firmly rooted in my system to be Pat accepted the key, but seem ing districts, is approximately 60,000, got rid of. While I was suffering to be studying the desk. although details are yet lacking, for from an attack a friend advised me to

by commercial fishermen in Northern I had taken them I felt much better. Manitoba during 1921, giving an ag- Then I got three more boxes, and gregate value of \$125,499. Of this when I had taken them not only was quantity 15,260 cwt., valued at \$96,244, the rheumatism gone, but I was feelwere caught during the winter; 607 ing better in every way. If you suffer cwt., worth \$9,255, during the summer, from rheumatism I strongly advise a and the remainder secured under sell- trial of Dr. Williams' Pink Pills. er's permits. In the winter 132 men These Pills are sold by all medicine yours. were engaged in fishing, using 1,200 dealers or will be sent by mail, post gill nets. Among the fish caught were paid, at 50c a box or six boxes for judgment and industry, and therefore

suckers, ling sturgeon and tullibee. | Co., Brockville, Ont. Farmers of Saskatchewan invested approximately \$6,000,000 in new tractors in 1920, no less than 2,000 tractors being sold to purchasers during the year at a cost averaging \$3,000 each.

The total value of all sea fish caught in Canadian waters during 1921 was Variations-Capman, Kapman, Chap. "Capman" and "Kapman." \$18.867,062. British Columbia accounted for \$8,359,026 of this; Nova Scotia Racial Origin-English. \$6,738,309; New Brunswick \$2,073,615; Quebec \$1,244,704; and Prince Edward Island \$451,408.

tural Institute at Rome confirm Cana- family names originated. da's assumption to second place among the countries of the world as a you say, must have been makers of in the Clan Gordon may be Gaelic, wheat producer, with a yield of 329,- caps or, at least, dealers in them, and neither the name itself nor the family \$35,000 bushels from the 1921 crop. their surnames were at first descrip- which founded and organized the clan Canada was exceeded in wheat pro- tive of their occupations, later losing were Gaelic. duction last year by the United States their meaning as descriptive of the

The total net debt of Canada on end of December, 1921, an increase of course. But did they call them caps; A later chief of the same name was \$5.711,732. The total amount paid in Didn't they rather call them hats; interest on the public debt during the The answer is that the medieval to join the forces of King Louis IX. of present fiscal year is \$114,579,577, as English, and Normans also, did have France in his crusade of 1270.

used by the pulp and paper mills of hoods. They came to be known as superior discipline and co-operation Canada in 1920, no less than 455,000 "raps," but the more usual designation that was responsible for their vistories horse-power was developed either by was the Norman-Frensh "chapel," and over the Angio-Saxons. The Normans hydraulic turbines, or by electric mo- sometimes "chapelet" (the diminutive who founded clans in the Highlands painted set of buildings," said the old

to Major Fred Ney, founder and honor- Norman speech. ary organizer of the Overseas Educa-Harve, France, on July 1, where they will be joined by teachers from New Zealand and Australia, returning on August 25.

Famous Last Words.

"I've used kerosene to hurry up the kitchen fire for nearly twenty years." "I'll keep chopping till the tree begins to fall."

"This is all foolishness about having to use a staff to lead a bull. Why, I've always used a rope." "I just can't do any more repairing

on this car till I light my pipe." "Oh, I'll get across the track long before the train gets here. My car never stalls."

"I'll stop here under this big tree till the thunder-storm passes." "I don't very often get in front of

the cutter-bar when the mower is in gear, but this team is gentle." "What in the world did they put a danger sign on this bridge for? Why, I crossed it with my tractor less than a week ago."

Lifeboats Equipped With Heated Cabins.

New Brighton, near Liverpool, is to have the first of a new type of 60-foot motor lifeboats designed by the British Lifeboat Institution. The boats will be capable of carrying 150 passengers, fifty of whom can find refuge in a heated cabin. New Brighton always has had the biggest and best lifeboats in the service on account of the dangerous sand banks running fully ten miles out to sea. The new boats are designed, above all, to combat rough seas. Their speed is 'n knots in moderately bad weather.

There are now machines which record emotions, and can show if the person under examination is telling the truth or not.

TRYING TO RUB OUT YOUR RHEUMATISM

It Can't be Done-The Trouble Must be Treated Through the Blood.

The pain of rheumatism is something you cannot rub out. Every sufferer from rheumatism has been advised to rub this liniment or that on the affected part, but after all the rubbing the pain remained. Rubbing did not cure it and can't cure it.

Thin blood and rheumatism come together and if they are properly The salmon industry in British Co- matism is in the blood—in poor watery groceries, and the cans used for pack- show improvement as the thin blood is Vancouver Island's population is restored to its normal condition the

Over 19,870 cwt. of fish were caught I first got three boxes and by the time give Dr. Williams' Pink Pills a trial. "but where is my keyhole?"

whitefish, pickerel, pike, trout, mullet, \$2.50 from The Dr. Williams' Medicine of success.

FROM HERE & THERE

Natural Mistake

her pupils, "I am surprised that you came, he reluctantly drew three hundo not know the date of Columbus' dis- dred dollars from his pocket, and, takcovery of America. It's actually print- ing six, put them in his pocket. ed at the head of the chapter." "I am sorry, miss," said William, the bandit. "but I thought it was his telephone

One on the Prisoner. The prisoner was being cross-examined for the prosecution, when the judge interrupted.

number."

"You say that you dined at the Hotel Metro. What did you partake of?" The prisoner turned to reply. "Beef steak, my lord," he said. The judge looked stern. "On your oath?" he said.

"No, my lord," he said, "on a plate In a Difficulty.

Mike had saved up a little money, and when Pat came over a few years will have \$5,000 with her." later the two brothers went into the

and when it arrived he said to Pat:

"That's all right, Mike," he said

Wisps of Wisdom. To go forward is important. To go straight is more important. Don't sit down and take what comes. Go after what you want. All you've got to do it to want

thing, want it hard, and it's as good as The man who knows enough to keep

Surnames and Their Origin

CAPPER

Source-An occupation.

From this listing of variations, racial origin and source you can form a! The name of Gordon is irrevocably

alone, which had a yield of 794,893,000 bearer's trade and becoming identifica- place in Berwickshire. The founder

But, you ask in sudden doubt, did Adam de Gordon, who settled in the January 31st was \$2,372,572,984, as the medieval English speak of caps as south of Scotland in the twelfth cencompared with \$2,366,861,252 at the we do. They were head coverings, of tury.

compared with \$120,042,240 during the caps, but they were not the sort of A genius for organization seems to head covering that we designate by have been one of the chief traits of the Of the 616,000 horse-power actually that name. They were more like medieval Normans, for it was their tors, leaving only 160,000 horse-power form). And it is interesting to note appear to have been no exception. In citizen complacently, "and the best developed by steam, gas or gasoline that our modern word "chapel" meant a few generations the Gordons rose part of it is that there ain't an hour's father doesn't object to my paying originally a little building that remind- from the position of settlers and over- work in the whole job; just spare min- you visits?" A party of over three hundred Cana- ed men of the shape of the hood. The lords of land to leaders of one of the utes."

Le Capier" and without the "the" as

GORDON Racial Origin-Anglo-Norman. Source-A locality.

The latest figures of the Agricul- pretty good guess as to how these linked with Scotland, for it is the name of one of the Highland clans. The first bearers of these surnames, But though the majority of the blood

tions of the individuals themselves. of the clan was a Norman knight,

dian school teachers will tour Europe word is derived, of course, from the most powerful clans in the Highlands, during the coming summer, according Latin "caput" (head), through the which was recruited with the native inhabitants of their newly acquired

shut generally draws healthful breath as well as a good

Business is Business. A train in the Western States of America was held up by bandits, who

ordered the passengers to give up all their money. One of the passengers was a Jew "William," said a teacher to one of from New York, and when his turn

"What do you mean by that?" asked

"Surely," answered the Jew, "you don't mind me taking a 2 per cent. discount on a cash transaction?"

The Belle of the Family.

"Yes," said the old man to his visitor. "I am proud of my girls and would every sick person in this world knew you have doubled the like to see them comfortably married, what I know about Tanlac," said Miss and as I have made a little money Irene St. Jean, 298 Maison Neuve, so soft, lustrous, and

The young man reflected a moment "It is simply wonderful the way this It goes right to the roots, invigorates and then asked, "You haven't one One day Mike bought a roll-top desk, about fifty, have you?"

Constipation—that disordered state of the digestive tract which is nearly always caused by improper feedingcan be readily regulated by the use of Baby's Own Tablets. These Tablets are a mild but thorough laxative. They are easy to take and are absolutely free from injurious drugs. Concerning them Mrs. Joseph Dion, Ste. Perpetue, Que., writes: -"I have nothing but praise for Baby's Own Tablets. When my baby was three months old he was terribly constipated but the Tablets soon set him right and now at the age of fifteen months he is a big healthy boy and this good health I attribute entirely to the use of the Tablets." They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Home and Love.

Because I like to sit at home And hear the robins call and sing, Or breathe the sweet the breezes

've grown to pity those who roam And have no spot however prest, Where he can whisper, "Here I rest."

cause I like to hear the tone That says I love you, needs no

pity those with none their own Their very own to understand The language of the eye and hand.

Because life has so much unrest, Because for each the strife and

And loving hearts, His best bequest

from Germany, where it was the cus- ments." tional League. A similar but smaller which these descriptive surnames are The Gaelic name of the Cian Gorafter the wedding, "moon," of course, meaning "month."

FROM HEAD TO FOOT

MISS ST. JEAN WISHES EVERY SICK PERSON KNEW THE WONDERS OF TANLAC

She Thought She Had Heart Trouble

"For one whole year I didn't know will "There is Mary, twenty-five years what it was to eat anything without will old, and a really good girl. I shall suffering the greatest distress after weeks use, when you see give her \$1,000 when she marries. wards. At times my heart palpitated Then comes Bet, who won't see thirty- so that I would go almost distracted. five again. I shall give her \$3,000, and I thought I had heart trouble, but I growing all over the scalp. "Dander-the man who takes Eliza, who is forty, know now that indigestion and nothine" is to the hair what fresh showers

grand Tanlac overcame all troubles. I just feel like a new per- faded hair to grow long, thick, heavy son in every way. I have a splendid appetite, my digestion is perfect, I have a calm and restful sleep at night | RHEIMATIC ACHEC bright and cheerful."

Claims Many Victims in Canada and should be Guarded Against.

Is a Great Preventative, being one of the oldest remedies used. Minard's Liniment has relieved thousands of cases of Grippe, Bronchitis, Sore Throat, Asthma and similar diseases. It is an Enemy to Germs. Thousands of bottles being used every day. For sale by all druggists and general dealers.

Mother! Open Child's Bowels With California Fig Syrup

taste of "California Fig Syrup" even if constipated, billous, irritable, feverish, No spoken word, to cheer and praise or full of cold. A teaspoonful never fails to cleanse the liver and bowels. In a few hours you can see for yourself how thoroughly it works all the sour bile, and undigested food out of the bowels and you have a well, playful child again.

Millions of mothers keep "California God sends the humble home to bless, Fig Syrup" handy. They know a teaspoonful to-day saves a sick child to-Not gold nor pleasure, pomp nor morrow. Ask your druggist for genuine "California Fig Syrup" which has But Love that makes Life not in directions for babies and children of all ages printed on bottle. Mother! You must say "California" or you may get an imitation fig syrup.

He (time 11.45 p.m.)—"I hope your

MONEY ORDERS. The safe way to send money by mail is by Dominion Express Money Order.

Colors That Stimulate.

with a view to increased production, are among the bright ideas of modern decoration specialists. In one case, at

firm of expert house decorators.

phere created by that scheme was remarkable."

wall coverings really make their "victims" sad, mad, or sublimely happy? Several decorative artists think they may, especially as regards emotional. highly sensitive natures.

trated not only the wall-paper and colored wall industry, but also has crept into furnishing and furniture. To dignity, beauty, and comfort in house decorating modernists have added the mental and moral assets of complete schemes. For instance, soft, gentle yellows

to find calm. It would be unwise for a wife to enter into a contentious domestic discus-

sion within red walls. Large patches of red in the home are admitted to be an irritant.

summer holidays have, in many parts of the Principality, helped to compile

may safely set him down as stupid.

Suffered So After Every Meal

"I just can't begin to express the dandruff, stops itching gratitude and joy I feel over my re- and falling hair, and, storation to health and I just wish in a few moments,

and strengthens them. This delightful, RHEUMAIN ACID

Taniac is sold by all good druggists.



Minard's Liniment Company, Limited, Yarmouth N.S.

Your little one will love the "fruity"

sleep Her hair would not grow, and her head was disfigured. "This trouble lasted for several months and I finally sent for a free sample of Cuticura SoapandOintment. Then I purchased a cake of Cuticura Scap and a box of Cuticura Ointment and now she is healed." (Signed) Mrs. Lydia E. Kling, 760 Ashland Ave., Ocean Park, Calif. Use Cuticura for all toilet purposes. Sample Each Preeby Mall. Address: "Lymans, Lim-ited, 344 St. Paul St., W., Montreal." Sold every-where, Soap Sc., Cintment 25 and 50c. Talcum 25c. Cuticura Soap shaves without mug.

She-"No; but I think he would pre-The word "honeymoon" originated fer having you pay them in instal-

Color schemes for factory workers,

"We were asked to decorate a factory so that it would produce better workers" explained a member of a

"The walls were done in daffodil yellow; the corners and the capitals of the pillars being picked cut with deep blue. The stimulating atmos-

Do the colors and designs of our Thus, the psycho-craze has pene-

hust be the background of a room in which sufferers from neurasthenia are

Welsh school children during the

Whenever you hear a man sticking to his own opinions with obstinacy and urging them with vehemence you MANADIAN MATRIMONIAL PAPER

Minard's Liniment prevents Spanish Flu

AND ABUNDANT

only 35 cents a bottle.

HE racking, agonizing rheumatic ache is quickly relieved by an ap-

plication of Sloan's Liniment

For forty years, folks all over the world have found Sloan's to be the

You can just tell by its healthy.

Keep Sloan's handy for neuralgia,

stimulating odor that it is going to do

sciatica, lame back, stiff joints, sore

At all druggists-35c, 70c, \$1.40.

Liniment (Pain's

Scalp Sore and Inflamed.

Cross and Fretful. Lost

Sleep Cuticura Heals.

"From early infancy my little

head and her scalp was

sore and inflamed. She

was cross and fretful

gir! had a scale and rash on her

and suffered lose of

Headache

Colds

natural enemy of pains and aches.

It penetrates without rubbing.

muscles, strains and sprains.

you good.

town? You can earn \$25.00 daily. We teach you. Write Chief Instructor. Canada Vulcanizer. London. Ont. ARTICLES POR SALE THIN, FLAT HAIR DEEKEEPERS' SUPPLIES-LANG STROTH and Jumbo hives and GROWS LONG, THICK stock of beekeeping requirements send for our catalogue. Ham Brothers Com-pany, Ltd., Manufacturers, Brantford

BELTING FOR SALE ALL KINDS OF I.EW AND UMED selting, pulleys, saws, cable, bose, packing, etc., shipped subject to approval at lowest prices in Canada. TORK BELTING CO., 115 YORK, STREST, TORONTO.

Classified Advertisement

S'THERE A VULCANIZER IN YOUR

A little fire is quickly trodden out which, if suffered, rivers cannot

Minard's Liniment for Coughs and Colds

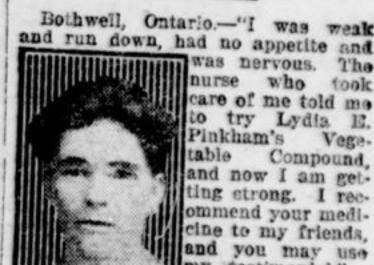
COARSE SALT LAND'SALT

Bulk Carlots TORONTO BALT WORKS C. J. CLIFF . TORONTO

"Faddy" Appetites

When the digestive of of order you need the help of Mother Seigel's Syrup. The herbal medicinal extracts of which the Syrup is made restore tone and strength to jaded stomachs, make from the many ills which indigestion brings. Mother Beigel's Syrus is now sold in 50c. and \$1.00 bottles at drug stores.

Nurse Recommended Use of Lydia E. Pinkham's Vegetable Compound



well, Ontario.

care of me told me to try Lydia 13 Compound and now I am get ting strong. I recommend your medicine to my friends and you may use my testimonial."-MRS. D. MAXWELL, R. R. No. 2, Both

The reason why Lydia E. Pinkham's Vegetable Compound is so successful in overcoming woman's ille is because it contains the tonic, strengthening properties of good oldfashioned roots and herbs, which act on the female organism. Women from all parts of the country are continually testifying to its strength ening, beneficial influence, and as it contains no narcotics nor harmful drugs it is a safe medicine for

women. Lydia E. Pinkham's Private Text-Book upon "Allments Peculiar to Women" will be sent you free upon request. Write to The Lydia E. Pinkham Medicine Co., Lynn, Mass.

CASCARETS 10\$

For Constipated Bowels—Bilious Liver

The nicest cathartic-laxative to to-night will empty your bowels comphysic your bowels when you have

pletely by morning and you will feel splendid. "They work while you Biliousness sleep." Cascarets never stir you up Indigestion or gripe like salts, Pills, Calomel, or least, the idea has been adopted with is candy-like Cascarets. One or two box. Children love Cascarets too. Oil, and they cost only ten cents a



WARNING! Say "Bayer" when you buy Aspirin. Unless you see the name "Bayer" on tablets, you are not getting Aspirin at all. Why take chances?

Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during. 22 years and proved safe by millions for

Colds Headache Toothache Neuralgia

Earacha

Rheumatism Neuritis Pain, Pain

Lumbago

Wishing for sleep is a poor way to get it

What you do at noon often has more influence on sleep than what you want and hope for, at midnight.

effort can avoid.

turbance to nerves or digestion. Even the little children can share in the enjoyment of Postum at any meal. It's better to anticipate warnings

than to be driven by them. It's better to encourage and preserve sound nerves and complete health than to listen to the clock ticks at night and say, "I wish!"

good food or drink is sold and served. An order today may be the beginning, for you, of the great satisfaction and comfort which so many others have found in Postum.

Your grocer has both forme: Instant Postum (in tine) made instantly in the cup by the addition of boiling water. Postum Cereal (in packages of larger bulk, for those who prefer to make the drink while the meal is being prepared) made by boiling for 20 minutes.

Postum for Health-"There's a Reason" Made by Canadian Postum Coreal Co., Limited, Windsor, Ont.

A LITTLE wisdom in the daytime is a better assurance of rest than any amount of anxious wishing when nerves are a-jangle at night.

Tea and coffee's drug element, caffeine, whips up the nerves, and when its use is continued there's usually a penalty which no amount of mental

> thousands have found, is to turn away from nerverich, delicious Postum as the mealtime drink. Postum delights the taste, but brings no dis-

The part of wisdom, as so many stimulation and adopt

You can get Postum wherever