From a window-pane 1. a little Hert fordshire village to the pages of miltions of hymn-books, printed in many languages, is the remarkable distinction that befell the work of one writer Harriet Auber. Confined one day to her house at Hoddesdon, she composed the words of "Our blest Redeem er." afterwards amusing berself by scratching them on the window of her room since when they have been sung

by countless voices all over the world. One beautiful spring morning many years ago a young woman, Jemima Thompson by name, was travelling by to think about, she took an old envel- of Dr. Williams' Pink Pills to build up commenced this fall to Japan is reope and a pencil from her pocket and the blood will stop the sensation of sponsible. So far 750,000 bushels have Shorthorn heifer. All these are prostarted to write down almost the first pain in the ill-nourished muscles of been booked to that country. the time she had reached her jour- try Dr. Williams' Pink Pills for the the extent of \$325,000 have been com- cesses of last year. The animals are ney's end she had composed the words blood than to give way to unreason. pleted at the Brandon Manitoba, Ex- travelling to Chicago in a special car. of the famous children's hymn, "I able alarm about your kidneys. If you hibition grounds during the past year, Think When I Read That Sweet Story suspect your kidneys, any doctor can according to a report of the directors.

with the prospect of appearing before fectly healthy you must keep the blood House of Representatives and Senate the House of Lords in connection with in good condition, and for this pur who arrived at Ottawa on November his appointment as Clerk of the Jour- pose no other medicine can equal Dr. 30th for the purpose. The party connal, became so nervous that he de- Williams' Pink Pills. cided to commit suicide rather than You can get these pills through any gress which spent three days studying coated tongue, bad taste and foul face the ordeal. On the day before his dealer in medicine, or by mail at 50 under the guidance of the Department breath, dizziness, can't sleep, are biliappearance he drove by coach to the cents a box or six boxes for \$2.50 from of Finance. The operation of the sales ous, nervous and upset, bothered with Tower Wharf, intending to drown him- The Dr. Williams' Medicine Co., tax was made the subject of a special a sick, gassy, disordered stomach, or

The fact that there were too many people about thwarted him, and he returned to his rooms in the Temple. Here he tried to kill himself by falling on the open blade of a knife, which, however, broke in two. Fortunately, some friends appeared on the scene, and in their company Cowper forgot his troubles. Afterwards he became so full of remorse that he sat up all to start a riot has not strength enough entire plant an aggregate capacity of physic to-night will straighten you out night and contritely wrote a hymn. It to hold his tongue. "God Moves in a Mysterious Way," and it is sung all over Christen- Minard's Liniment for Garget in Cows. to clean 8,000 bushels of grain an hour. Sunday, not probably one person in a hundred knowing how it came to be written.

"Jesu, Meek and Gentle," was composed almost unconsciously by the Rev. G. R. Prynne, vicar of St. Peters Pilymouth. He wrote the famous words one evening while his wife played the piano to him. The lines, he afterwards recorded, came into his mind without the slightest effort on his part, and he scribbled them down on the back of an envelope, without realizing that he had written a hymn which would long outlive himself.

The little fishing port of Brixham | Scottish borderland. is closely associated with what is per-

his customary walk and jotted the history and tradition. words down on a scrap of paper.

tide present to a little girl. John By- tion. They were, in fact, lionized and the grant of lands in Losscraggy and rom, the author, wrote the hymn for respected in much the same fashion Culpedauchis by King Robert Bruce to his small daughter, Dolly, who found that the professional musician is to- one "Patricius de Monte-alto." It in manuscript form with the rest of day, and they lived on "charity" only her Christmas gifts.

was spending his holidays in Scotland, virtually all members of professional upon receiving the grant of lands i a quaint Indian melody being played the patronage of some member of the Sutherland, the family attached Itsel on the piano. The tune took his fancy nobility for their support. curred to him that the tune would tish border and in Wales than in other speaking tongues to Mowat. make a pretty children's hymn. Late that night he composed the words.

Airship Will Not Collapse.

Dirigibles will be made safe by an invention of a Frenchman, according to Lient. Enea Bossi, formerly of the Italian Aviation Service, who arrived in this country from Europe.

Lieut, Bossi says he has been in France observing the work of this inventor whose name is Zangean. He asserts that Zangean has invented a process of building dirigibles which eliminates the danger of collapse in mid-air from fire or explosion.

The new dirigible consists really of three envelopes one within the other. The inner envelope contains compressed hot air. Between the inner envelope and the middle envelope there is a vacuum, and between the middle envelope and the outside en velope there is a substance the nature of which is secret. The dirigible is landed by letting air into the vacuum. thus making it heavier.

Marble Near Pretoria. A deposit of white marble, said to equal the best Italian in quality, has been discovered near Pretoria, Trans-

An electric landing sign marking De aerodrome at Croydon, England, said to be the largest sign in existence, measures a quarter mile in

During heat waves the atmosphere of New York is very humid, owing to its proximity to the sea; hence the heat is less begrable than it would be

in London. An improvement in the seismograph -the instrument used for recording earthquake shocks-has been accomplished by the use of light-sensitive paper in place of the ordinary paper spon which the record is marked by a stylus or pen.

THE CAUSE OF BACKACHE

and flour from the Columbia River and ternational boundary as far north as Only in Rare Cases Does Back- Puget Sound district of British Colum- the Peace River country, are being ache Mean Kidney Trouble.

Every muscle in the body needs constantly a supply of rich, red blood in proportion to the work it does. The muscles of the back are under a heavy strain and have but little rest. When the blood is thin they lack nourishment, and the result is a sensation of movement now being made to the being slaughtered and delivered as pain in those muscles. Some people think pain in the back means kidney trouble, but the best medical authori- ship Company, at a meeting of the Minister of Agriculture. In these ties agree" that backache seldom or never has anything to do with the kidneys. Organic kidney disease may States railroad lines were conrolled or these cattle could be brought to the have progressed to a critical point influenced by Canada. without developing a pain in the back. This being the case, pain in the back should always lead the sufferer to look sideration the project of constructing coach between Taunton and Welling- to the condition of his blood. It will a large elevator at Kobe, Japan. The al Live Stock Show at Chicago include ton. Having nothing to do and little be found in most cases that the use movement of Canadian wheat which two Clydesdale mares and a coli; two words that came into her mind. By the back. How much better it is to of Old," which has long since become make tests in ten minutes that will The Canadian system of taxation set your fears at rest, or tell you the was made the subject of special study Cowper the poet, on being faced worst. But in any event to be per- by members of the United States

Brockville, Ont.

The duration of birds' songs greatly varies. It is two or three seconds for thrushes and chaf-finches, four to five seconds for blackcaps, but from two to five minutes for the lark.

Many a man who has energy enough 95 feet in height, which will give the poison in the bowels. A Cascaret

Surnames and Their Origin

HARPER Racial Origin-English.

Source-An occupation.

If you want to know just what sort of a position the harper held medieval times, you should read historical romances of Sir Walter Scott dealing with medieval life in the

Persons bearing the family name of Harper may count upon it, unless the name was arbitarily adopted at some written by the vicar of later period, that their ancestors in Henry Francis Lyte, and it the Middle Ages were bards, traveling composition. The hymn entertainers, who derived their susof a stroll by the sea tenance from the donations of the no-Sunday evening, after bility; men who travelled about from church. The vicar left the house for eastle to castle, chanting their songs of

They were by no means looked Andrew Young, the writer, not possible to commercialize art, and court of the Scottish monarchs.

disturbed sleep.

Postum instead.

sections of England, though the ha

machinery will be installed adapted

Our Great Dominion.

Continental ports from the Pacific in able.

MOWAT Racial Origin-Scottish.

Here is a family name to puzzle yo it of East Indian origin. As it stands there is nothing to indicate its origin. Fortunately there are records prove its origin, though even then is a little more difficult to grasp the manner in which the change has come

The family name of Mowat is a Scot tish evolution of a Norman French place name. It is borne by a certain branch of the Clan Sutherland The original Norman form of the

name was "de monte Alto," and some of the old records it is found as "Christians, Awake!" was a Yule- down upon as persons of inferior posi- "de Montealto." There is a record of

According to history and tradition. in the sense that authors, physicians the Norman family was one of the A little girl, too, was the Inspiration and members of other respected pro- first to leave the domain of William of that old favorite, "There is a Happy fessions did, for in those days it was the Conqueror and attach itself to the

Real Rest Depends Largely Upon.

the Depth of Your Sleep

A warning to "light" or "poor" sleepers

you feel. Five hours sound refreshing sleep does

you more actual good than ten hours restless,

into vital tissue and nerve cells goes on more

rapidly when the physical and mental forces are

nerves are agitated with tea or coffee. Both these

drinks contain caffeine, which is sometimes very

stamina that comes to the person who gets sound,

healthful sleep, why not stop taking tea or coffee

for a while, and drink delicious, invigorating

that this was the only thing they needed in order

Drink this delightful cereal beverage of satisfying

flavor, for a week. Perhaps, like thousands of

others, you'll never be willing to go back to tea

made instantly in the cup by the addition of boiling water.

Postum Cereal (in packages of larger bulk, for those who
prefer to make the drink while the meal is being prepared)

Postum for Health

"There's a Reason"

to bring about these very happy results.

made by boiling for 20 minutes.

irritating to the brain and nervous system.

The deeper and sounder you sleep the better

This is because the final conversion of food

You can't get sound, refreshing sleep if your

If you want to know the joy, vigor and

Thousands of people everywhere have found

Order Postum from your grocer today.

ostum comes in two forms: Instant Postum (in tine)

ers travelled the entire island.

Source-A place name.

over the name from it.; original form.

where, in passing a cottage, he heard and artistic callings had to rely upon the territory dominated by the Clan to that clan. Through he centuries and he asked permission to hear it The harp was probably a more popu- which have followed the name "Monplayed again. As he listened, it oc- lar musical instrument along the Scot- tealto" has been boiled down by Gaelic

vincial prize winning stock and Alber-New buildings and improvements to ta is confident of repeating her suc-

"Cascarets" if Sick.

Bilious, Headachy

grain, grasses, clovers and alfalfa from

Statistics show shipments of wheat Alberta, from seed grown from the In-

sisted of about fifty members of Confeeling right-who have headache. have a bad cold. Are you keeping addition to the Northwestern Elevator merely forcing a passageway every money back. Company's plant at Fort William, Ont., few days with salts, cathartic pills or and it is announced that the building castor oil? Cascarets work while you will be completed next spring. The sleep; cleanse the stomach of sour. elevator addition will cost approxi- fermenting food and foul gases; take mately \$700,000, consisting of 60 con- the excess bile from liver and carry

crete tanks, 22 feet in diameter and out of the system all the constipated

more than 900,000 bushels. Cleaning by morning. Protecting Warriors of the Present Day.

When body armor "came back" during the late war, the United States authorities sought hints from the great collection of medieval armor at the Metropolitan Museum of Art in New York City, and consulted specialists in that branch of archeology, says Philadelphia despatch.

So admirable was the craftsmanship of the old-time armorers that impre of the question. But the modern war had at their command two very noteworthy advantages. One of these was steel made extraordinarily hard with dloys of tungsten, nickel or vanadium. The other was machinery.

An old-fashioned sult of armor may have required the labor of a year or more for a skilled hand in its production. Modern machinery can chop out the requisite parts from sheets steel by thousands at small cost. is not required that the metal clothing shall be decorative, but merely that it shall be bullet-proof.

In the war good alloy steel hardly thicker than ordinary blotting paper proved an effective protection against pistol bullets, the light weight of modern armor being one of its most notable advantages as compared with the old style. French hospital records proved that 70 to 80 per cent of the shell fragments which steel of this

small thickness would have stopped. Steel alloyed with manganese was which 7,000,000 were ordered and 2,-700,000 delivered for the American troops before the war's end. To prevent the helmets from reflecting light, they were painted, and while the paint was wet a coat of sawdust was bestowed upon them with a blower.

A Pocket Movie. A remarkable instrument has been invented by two Italians. It is a cine-

matograph camera and projector combined, so small in size that it will slip easily into the pocket.

In appearance it resembles an ordinary folding film camera. On one side of the magazine is a spool containing a roll of film 40 ft. in length, which is sufficient for more than 600 pictures. The end of the film is attached to another spool, which is driven by a small clockwork motor.

To take a "movie" you simply wind up the works, point the camera in the right direction, and press the button. The little motor draws the film across, the shutter at the rate of 900 times a

The camera is used also to throw the picture on to the screen. The film is wound round a spool, the back of the camera is removed, and a lantern attachment is fixed on. Then the motor is wound up, the tutton is pressed, and there you are!

Such an instrument will enable amateur photographers to keep motion records of friends, relations, and

Shelter-Beite and Boll Fertility. A blanket of four or five inches of snow over a prairie farm during winter and until early spring means a large amount of moisture for the soil. The problem is to keep it there and not have it blown away by high winds. This is where shelter-belts on the farm prove their value by preventing drifting and thus retaining mois-

BABY'S OWN TABLETS

bia to have been 54 per cent. greater sent to the International Grain and during July, August, and September Hay Show at Chicago. All of the seed Once a mother has used Baby's Own Tablets for her little ones she would than during the same period last year. has been grown by farmers and the not be without them. The Tablets are Shipments to the United Kingdom and collection is considered unsurpassa perfect home remedy. They regulate the bowels and stomach; drive September alone amounted to 7,843,- The establishment of a finishing staconstination and indigestion 000 bushels. One great change in the tion in Belgium, Holland or France for break up colds and simple fever and export grain busines.: is the large finishing Canadian cattle prior to their make baby healthy and happy. Concerning them, Mrs. Noble A. Pye, fresh beef to London and other Bri-Ecum Secum, N.S., writes:-"I have W. L. Clark, of the Pacific Steam- tish centres is proposed by the Alberta found Baby's Own Tablets of great benefit for my children and I would United States Shipping Board, made countries a shortage of livestock and not be without them." the assertion that thirty-eight United surplus of pasture is said to exist, and mail at 25 cents a box from The Dr. pink of condition after undergoing the Williams' Medicine Co., Brockville, It is reported that a number of long voyage. Canadian grain would Ont.

Canadian capitalists have under con- be shipped overseas for this purpose. Devastating. Talking of school answers, a rather devastating one was given a member of a certain education committee, who thought it well to visit the schools occasionally and ask questions in the

Once he spoke about Mr. Lloyd George, who, he said, was a statesman "Now, can you tell me what a statesman is?" he finished up by asking. Up shot one hand.

"Well, bardly that make speeches, but I am not a states The little hand went up again. "I know, sir, a statesman is a mar

who makes good speeches."

who makes speeches."

MONEY ORDERS Remit by Dominion Express Money Construction has commenced on the your bowels clean with Cascarets, or Order. If lost or stolen you get your

"Waiter, if this is spring chicken

Minard's Liniment for Distemper.

"It was too young to wish, sir."

Cabbages in Cuba grow to such a raised."

His Hearing Restored.

size that a head often weighs 20 lbs.

The invisible ear drum invented by A. O. Leonard, which is a miniature megaphone, fitting inside the ear entirely out of sight, is restoring the hearing of hundreds of people in New York City. Mr. Leonard invented this drum to relieve himself of deafness and head noises, and it does this so successfully that no one could tell he is a deaf man. It is effective when deafness is caused by catarrh or by perforated, or wholly destroyed natural drums. A request for information to A. O. Leonard, Suite 437, 70 Fifth Avenue, New York City, will be given

LUMBERMAN'S FRIEND The Original and Only Genuine



YARMOUTH, N. S.

COARSE SALT LANDYSALT

Bulk Carlots TORONTO SALT WORKS C. J. CLIFF - TORONTO

When your head is dull and heavy your tongue furred, your bowels costive; when you have no appetite for food, no strength for work and no interest in life; your stomach is at fault. You need Mother Seifel's Syrup, which conand leaves, which are wonderfully beneficial upon the digestive orbottles at drug stores. 7-921

Sea Scout-"Well. think about the ocean? Land Scout-"It's too deep for me."

His Sole Attraction. Ancient Adorer-"I could sacrifier all my wealth for your love." Young Adored-"If you did anything so foolish I should never love you."

That's All.

boys, also men and women. grow up and get married.

"Please, sir, a statesman is a man he was a boy."

A Dublous Outlook

The wealthy young man who was love with the daughter of his employ. thing set before me and digest it as no means clear of obstacles

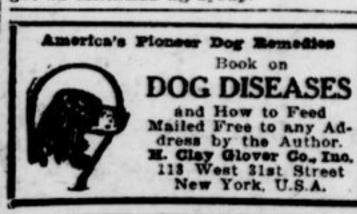
"You tell me that your father of in a crestfallen way. "Is it because am in his employ? I can leave it and go back to a life of idleness if he pre-

"Oh. no. that isn't what he wants." said the fair one. "He says I may marry you just as soon as you're valuable enough to have your salary

Mother! Clean Child's Bowels With California Fig Syrup

aste of "California Fig Syrup." If child is listless, cross, feverish, ful

all ages printed on bottle. Mother! You must say "California" or you may get an imitation fig syrup



JOU can't do your best when your back and every muscle Apply Sloan's Liniment freely, withglow of warmth and comfort.

Good for rheumatism, neuralgia, sprains and strains, aches and pains sciatica, sore muscles, stiff joints and the after effects of weather exposure. For forty years pain's enemy. Ask your neighbor. Keep Sloan's handy. 'At all druggists-35c, 70c, \$1.40.

Liniment (Pain's)

Rheumatism

Neuritis



Never say "Aspirin" without saying "Bayer."

WARNING! Unless you see name "Bayer" on tablets, you are not getting Aspirin at all. Why take chances? 'Accept only an "unbroken package" of "Bayer Tablets of 'Aspirin." which contains directions and dose worked out by physicians during 21 years and proved safe by millions for

> Headache Colds Neuralgia Toothache Earache Lumbago

Pain. Pain Handy tin boxes of 12 tablets-Bottles of 24 and 100-All Drage

PAGE'S PAY CHECK NOW MUCH BIGGER

CAN WORK EVERY DAY SINCE TAKING TANLAC.

Troubles Gone, He Eats Anything and Feels Fine All the Time Now.

"I am putting in full time at work since Tanlac has got me in such fine shape," said William Page, 29 Hamil

ton St., Toronto, Ont "My troubles had been pulling me down for six years and during all that A six-year-old girl submitted the fol- time I hardly knew what it was to lowing composition on "People" to her ever feel good. My stomach was all out of order and as regular as I ate "People are composed of girls and anything I had to pay for it in suffering. There was a burning like fire in "Boys are no good at all until they my stomach, I would bloat all up with gas that nearly cut ca my breath and no at times I had such smothering spells that I thought each breath would be "Poys are an awful bother. They my last. I had frequent attacks of want everything they see except soap. rheumatism in both knees and ankles "My ma is a woman, and my pa is a and sometimes these spells nearly man. A woman is a grown-up girl with laid me out altogether. My nerves were all unstrung, I was restless all "My pa is such a nice man that I night long and could sleep but little. think he must have been a girl when and when morning came I never felt fit for work

"But Tanlac straightened me out and to-day I am feeling fine and in absolutely sound health. I have a corking good appetite and can eat any has just about completely gone. ready for a big day's work."

Tanlac is sold by leading druggists

That he has rediscovered the an cient Egyptian process tar mummifying human bodies is the claim of a

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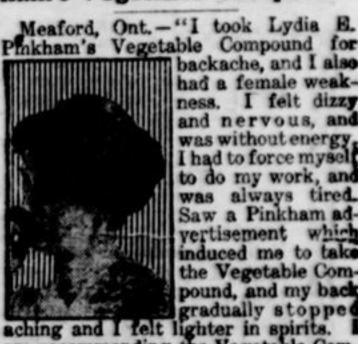
PLAYER PIANO FOR SALE. DELL PLAYER PLANO IN GOOD music rolls, for sale at a bargain

Stops Hair Coming Out; Thickens, Beautifies.



35-cents buys a bottle of "Danderine" at any drug store. After one application you can not find a particle of dandruff or a falling bair. Besides every hair shows new life, vigor brightness, more color and abundance

Removed by Lydia E. Pinkham's Vegetable Compound.



pound with pleasure to all I meet who complain as I did."-MILDRED BROOK,

Meaford, Ont. Woman's Precious Gift ously guard is her health, but she often nent peculiar to her sex has fastened Pinkham's Vegetable Con ill help you, write to Lydia Medicine Co. (confidential lass., for advice. Your lett