that slender pole with a where I want my furrow I keep my eyes on it all ross, I can make a furrow wheel of the plow runs in row, Get your first one the rest will be straight

that as much depends on rows in life as on the own life and naw in it tooked farrow, I despairwith its fluttering white min heard the plowman ep my eyes on it all the

stood. The crooked fure when my eyes were I resolved that, God would play my furrows coking unto Jesus, the ther of my faith."

k to Save Labor.

mee I've farmed I have my bands do less and e of the labor, to as to re time to do certain at every farm needs. away for a little vaen't always succeeded. come things that have

big job for most of us a. I once saw a man ged horses, making a to the onts barrel for ench horse ate. I've way from that sort of

years ago, when we rm, I arranged all the ot the barn, as we There are no long tchen window, though to is three times as

engine for numping, hustend, I have a Nor do I need to

moes and other

peenful in three

add a little soap tter. When using ects are actually

A TY DOWN

Science in Russia.

of men of science in Russia presents a dismal and depressing picture. A professor of philosophy deposed:

"In my room the water is freezing and meat."

SUPERSTITIONS HOARY foot the sandal with which he had tion for him, of her bashfulness, and Stomachs Can be Restored to a

tinuous horror," wrote another. "We were declared by the Bolshevists to be parasites and drones, and we were deprived even of that miserable food allowance which the workers and the soldiers have been receiving." One of the 420 Russian scientists

who have starved to death in the last three years was Prof. E. S. Federoff, the crystallographer. A colleague who came to him in the last hours gave him a piece of bread. He took and, indeed, at the bride? What say gings; while if she first disclosed the a bite and then refused to take more, the poets? saying: "You are young. You had better eat."

An entomologist yearned for firewood to keep his specimens from destruction, but as for himself: "I tucked myself up in bed fully dressed, with my overcoat on, trying to warm up and to forget and to suppress the feeling of tantalizing hunger."

Another man of learning whose aged wife was begging in the streets bemoaned the fact that his ten years of research on the leprcsy bacillus had gone for naught. A Moscow savant mourned: "I am an old, feeble man, hardly able to move, with feet swollen and with sores from the cold and May is a bad month in which to marry. hungry winter. Yet they are keeping And the same poet, after careful inme in solitary confinement."

There are many parlor Bolshevists. We have them in our midst-those who smile indulgently when the taly cause, as he said, it was "good to the is Bolshevism, and say: "This is only the price that is paid for progress. That June should be a favorite her certain presents called a "wed," or skin will almost instantly become was eating my meals with regularity

But there are few laboratory Bolshe- and other flowers; although the be- part of this "wed" was a ring, which moments. vists. Science cannot surrender to ginning of May was the time of the was placed upon the girl's right hand; In youth the nails are smooth and Williams' Pink Pills." the commissars. Truth cannot change Floralia festival of the old Romans. in brief, an engagement ring, as we usually have a slight rosy tint. As You can procure Dr. Williams' Pink because of a Soviet decree. The Rus- Still the partialty for June has never now know it. That ring was never re- years go on they lose their color and Pills through any dealer in medicine sian professors cannot stultify them- been as marked or as general as the moved, under pain of breaking the en- somewhat of their delicate texture, or they will be sent you by mail at 50 selves and suppress their convictions avoidance of May. While the Romans gagement, until the wedding, when the often exhibiting in later life minute cents a box or six boxes for \$2.50 by at the behest of Communism or be- preferred June, the Greeks greatly in- bridegroom himself removed it and corrugations lengthwise. Careful writing direct to The Dr. Williams'

What Causes the Fizzing?

chemistry.

the other white. The blue one is fatter. Together they compose what one calls a Seidlitz powder.

Dissolved separately and poured together, thew make a big fuss. One drinks the stuff hastily, while the fizz

disturbance in one's inside. Best not to try it. But why should the pouring of the two innocent-looking fluids produce such a relatively tremendous efferves-

cence? It is easily explained. The powder in the blue packet is 25 per cent. common baking soda and 75 per cent. potassium and sodium tartrate. The powder in the white packet

is tartaric acid. What we call baking soda is sodium bicarbonate. The tartaric acid. brought intimately into contact with it in the solution, causes it to give up in a great hurry the carbonic acid it contains, the later appearing in the form

of gas. Hence the effervescence. Any acid coming into contact with any carbonate will cause a similar release of this gas. If sulphuric acid be allowed to drip drop by drop upon lime) the latter will give off carbonic all in one article. acid gas; and, if water be charged with this gas, it becomes what we call growth of the given name of Benedict, ception of the last named. soda water. It gets the name "soda or, to give it the original Latin form, water" from the fact that in former Benedictus. This given name has a ever, that, like Sadler, the rest of days the gas that makes it fizz was de- meaning of "blessed," or more literal- them in the vast majority of cases Where the many toil together, there Speak wisely through your beard, an-

----China's Naval Bases.

soda water and the Seidlitz powder.

Practically all of warfare in these in one shape or another.

a strategic base for the conduct of operations, military or naval, is noth- are Italian forms, the latter being ing new. It is and always has been closer to the original, the "di" meana fundamental of warfare.

China as a country devoid of effective tendency to drop the "di" from transmilitary and naval defences. The fact planted family names. is that she possesses seven first-class modern arsenals-at Tientsin, Shanghai, Nanking, Hankow, Foochow, Chengtu and Canton. The arsenal at Shanghai has an equipment equal to that of any similar establishment in It manufactures fortress guns, ships' guns of largest calibre, projectiles of all sizes and smokeless

China has some formidable coast defense fortresses, garrisoned by an artillery force described as a fine body of expertly trained men who know how to handle their guns.

At Foochow is an up-to-date naval arsenal, developed under the direction of French engineers.

Call Me Lizzie.

Mistress-"It is customary to address all my daughters and all ladies in the house as madam." New Servant-"Lawks; I shall be quite satisfied if you call me Lizzie."

Not Any Best. You can't get the best of some men -they haven't any.

The largest book in the world, over six feet in height, is in University of Rostock, Germany. This remarkable volume is over 400 years old and contains nups of Holland.

Caiform testimony as to the status JUNE, THE BEST

WITH AGE.

Curious, Quaint and Beautiful Customs of Various Lands Are Here Described.

Why are May weddings regarded as unlucky? Why are June weddings why, should old shoes be flung after

All life be in tune.

Marry in May. And rue the day. But, on the other hand: Marry in June.

All three of these superstitions are hoary with age. They were already antiquated when the legend about St. Swithin's Day was invented. It might be too much to say that they are as old as marriage itself. But they certainly antedate the classic age. Thus Ovid, in his "Fasti," refers to what he describes as the familiar belief that

man and happy to the maid." cause of the whim of an illiterate sol- clined to January. The Russians have placed it upon the left hand, to serve manicuring will do much to obviate Medicine Co., Brockville, Ont. dier of the Red Guard with a bayonet. long had a belief, said to have come as the wedding ring. Then he placed any such appearance of change. down from the early Eastern Church, it upon each of the four fingers in sucthat weddings at Easter bring wealth, cession, saying at the first "In the

MONTH OF THE YEAR ental peoples, and is still familiar, of his burden. The distance which Among the Nestorians it was once the his wife let him run before releasing him was variously interpreted as infrom ancient times among other Ori- and kiss him; when he was relieved brides light blows with a slipper, as a was strictly enforced, the man who token that they must thereafter be was last "creeled" having charge of it was an ancient custom for the tion upon the next who was married. specially propitious? And vhy, oh, her with the lash, as a token that she the twentieth century. purse, he would lavish gifts upon her and their domestic life would be happy. A variant of this was practiced by Martin Luther, who, after performupon the bride's pillow, as a reminder that she must always be subservient to her husband. History of Wedding Ring.

The wedding ring, now so essential part of the service and so indispenscance than now. It was given as only that weddings at Easter bring wealth, cession, saying at the first "In the at Ascension Day health, at Whitsun- name of the Father," at the second "In A SMILE IN EVERY DOSE Old man, old man, sitting in the sun, the name of the Son," at the third Sunday many offspring.

The rather, at the second in the name of the Holy Ghost," OF BABY'S OWN TABLETS

What was the struggle worth now the race is run?

The custom of throwing old shoes An old Scottish custom, now prac- Baby's Own Tablets are a regular

Surnames and Their Origin

BENNETT

an, Slavic. Source-A given name.

Family names in this group are quite widespread, not only among Eng. Variations-Seller, Seeler, Sadler. lish-speaking peoples, but among vir- Racial Origin-English. tually all the countries of Enrope So Source-Occupation.

Bennett is the survival as a surname of a Norman diminutive of the given name. Bennis represents a shortdays, on land or sea, is applied science ening from Bennison, which in turn was a development of "Bennettson." But recognition of the necessity of Benn is a still further shortened example. Benedetto and Di Benedetto ing "of" and standing for "son of." In We are accustomed to think of this country there has been a strong

Benedict appears for the most part Benedikt betrays German influence.

Saves Time-Saves Health

made as quickly as you can

pour hot water into the cup

INSTANT POSTUM

delights the taste, and causes none of the harm

that often comes from

tea and coffee.

There's a Reason"

Here is a table drink

SELLERS.

marble dust (which is carbonate of it is not practicable to discuss them curacy in the the individual case The group, of course, is the out- names have come from, with the ex-

> Sadler is a form of the name traceable to the Anglo-Saxon word. "Sell," however, was the word most often used by the Normans in the early period to denote a saddle, and it endured for a long time. In fact, it did Seeing,, it is a gladdening thing; not become obsolete until after Spen- White birds against a morning sky. "He left his loftey steed with golden

And goodly gorgeous barbes." to be a straight English development however, may also be derived from the from the given name, while the "k" in old word "seler," which was the ap-

ly, "well spoken of." It naturally rank- come from the occupation of making name, and quite logically there de- is any connection with our modern veloped from it a host of family names. Word "seller," or salesman, is erron- I, the peace that passeth knowledge, eous, for the medieval English did

The form Sellers, Seller and Seeler

Benedetto, Di Benedetto, Bennewitz, to notice the similarity of this ending Medicine Co., Brockville, Ont. Benedict, Benedict. ... and the old Norman-French prefix Racial Origin-English, German, Itali- "Fitz," with exactly the same mean-

many variations are there, in fact, that It is not possible to tell with ac- Trained a carpenter in Nazareth, which of two sources these family They who tread the path of labor fol- And leave undone, to reap

It may be taken for granted, how-

pellation of those craftsmen who

tisement. The same custom of carry- walk, about the town until his wife A ing a slipper or sandal has prevailed saw fit to run after him, overtake him, A DESIRE TO EAT

submissive to their will. In Russia directing and superintending its inflic- whatever he pleases is the dream of every dyspeptic. No one can honestly groom on the wedding night to require Burdensome and even painful as promise to restore any stomach to the bride to kneel before him and pull some of these ancient customs were, this happy condition, because all off his boots. In one of the boots was it may be that some couples of the people cannot eat the same things a small whip, and in the other a purse present day would find them less with equally satisfactory results. But of money. If she pulled off first the grievous and embarrassing than some it is possible to so tone up the digesboot containing the whip, he struck of the more sophisticated practices of tive organs that a pleasing diet may cause no discomfort.

is no quicker way to restore it than It is only within very recent years to build up the blood. Good digestion that women have thought it worth without rich, red blood is impossible, while to give proper care to their and Dr. Williams' Pink Pills offer the hands. Nowadays the average shoping the wedding ceremony, took off a girl bestows more attention upon her this reason these pills are especially ain't so fast as I was supposin'." good in stomach trouble attended by thin blood, and in attacks of nervous There is much other care given to dyspepsia. Proof of the value of Dr. the hands, including massage—the latter of special importance because it gestion is given by Mr. John A. Mc- ago." tends to keep the flesh plump and dis- Donald, Tarbot, N.S., who says: courages wrinkles. Wrinkles common- "Every sufferer from indigestion has ly appear on the hands before the my heartfelt sympathy, as I was once able an object, seems to have come inface shows any, and thus a woman's myself a bond slave to it. Eating at last wi-wish to ask you be-before we good I can hardly realize that I'm the

an emblem of eternity, was meant to neath the skin gradually shrinks with advertised, but to no avail. Then a Th-Thursday as us-usual?" vestigation of the various months of indicate the lasting nature of the mari- the passage of years; the skin be- friend said to try Dr. Williams' Pink She: "I wi-will, George." cestors it was the custom for the pros- The skin on the back of your hand fore they were done I could feel a pective bridegroom, on becoming be- shows how old you ara. Pinch it and change. Then I got six boxes more, trothed to his intended bride, to give you will see. If you are young the and by the time they were used I There is an exact parallel with the month for wednings is explicable from pledge; from which word the word smooth again. Later in life, if pinched and enjoyment. My general health is

generation or two ago.

after the bride is of comparable antically if not entirely extinct, was that joy giver to the little ones—they Under your bald pate what lingers in tiquity, though it has assumed many of "creeling" the bridegroom. It was never fail to make the cross baby different forms. Among the Jews, practiced on the day afer he wedding. happy. When baby is cross and fretprobably before our era, it was cus- Early in the morning, often before ful the mother may be sure something I wonder if you cherish still tomary to carry a slipper, preferably the newly married couple had arisen, is the matter for it is not baby's na- The blue day on the windy hill To drink first one and then the other one well worn, at the head of a wed- the neighbors flocked to the door, and ture to be cross unless he is ailing. When first your eyes met hers, and ding procession, in token of the com- summoned the bridegroom to appear. Mothers, if your baby is cross; if he plete submission of the bride to her Then they seized him, bound upon his cries a great deal and needs your con- Bright as a pigeon's sheeny wings husband; though it is not known that back a large creel, or basket, and stant attention day and night, give Flashed through you, and delight it was indicative of his use of it after filled it with stones. Thus laden he him a dose of Baby's Own Tablets. They Burned you with kisses white. the orthodox manner of inflicting chas- was compelled to run, or at least to are a mild but thorough laxative which will quickly regulate the bowels and stomach and thus relieve constipation and indigestion, colds and simple fevers and make baby happy-there surely is a smile in every dose of the Happy to toil and strive Tablets. Baby's Own Tablets are sold That you should be alive! indicates "son," comes from farther by medicine dealers or by mail at 25 Variations-Bennis, Bennison, Benn, east, in view of which it is interesting cents a box from The Dr. Williams' Is gladness hid in moonlit eyes

The Path of Labor. Never in a costly palace did I rest on

golden bed. Never in a hermit's covern have eaten idle bread. Born within a lowly stable, where the

have toiled and found it good. low where my feet have trod; Sounder and sweeter sleep? They who work without complaining do the holy will of God.

It is the same kind of fizz for both ed high in the Middle Ages as a given saddles. The assumption that there workman sleepeth, That I may have good dreamings when

dwell amid the daily strife, not use this word to designate trades- I, the bread of heaven, am broken in the sacrament of life.

-Henry Van Dyke. Ask for Minard's and take no other.

A Poem. Blowing poppies, nodding grasses, Light that grows and fades and

Young leaved poplars shining high. And God be thanked that gave us hea

For children's laughter, sweet an

For winds that whisper old hills For every intimate sweet sound The quiet golden evenings hold.

But oh, 'tis scent that makes immortal The little lives of mortal men! Roses with haunting sweetness

Incense, to lift men's hearts to Heaven, Lilacs, to draw them home again. -Margaret Adelaide Wilson.

Father Knew. After correcting Tommy for the thousandth time for talking in school his teacher decided to speak of this fault to the lad's father. She therefore added this remark to her next

"Tommy talks a great deal." "In two days the report came back, correctly signed by Tommy's father, with the comment:

"You ought to hear his mother The sun gives 800,000 times light than the moon.

WHAT YOU WANT

Healthy Condition.

Not to be limited in diet, but to eat be selected from articles of food that

Age Shown by the Hand. When the stomach lacks tone there

grow old sooner than the face. The former self. I took all sorts of re- Geo-George?" one among various presents and, as fatty tissue that lies immediately becommended medicines, doctors' and He: "Wi-will you me-meet me next have recommended Tanlac to any its character as the month of roses "wedding" is derived. An essential up, it will retain the crinkle for some now good, and it is no wonder that I

How does life look to you now its al

wonder do you dwell with pride

On those rough days in which you Your strength against your fellow men, And won and lost and won again-

leaves? Or is it garish, stressful days To which your hungry fancy strays-Green seas, the busy mart,

Which wrote upon your heart? Have you regret for marriage ties? Did children make you sad and wise? What mattered much? What not at

And, prithee, what would you recall

Old man, old man, drawing near the

life is done.

Explorers Advance Toward Mt. Everest.

Somewhere in the tangled maze of the southern Himalayan Mountains party to which a number of notables and for Pain. Handy tin boxes of three parties of British engineers are has been bidden. working their way through unexplored gorges and passes toward the base of bling, for he knew that unpunctuality in Canada. Aspirin is the trade mark Mount Everest, says a despatch from was the one unpardonable sin in his (registered in Canada), of Bayer Manu-Darjeeling, Bengal. They are blazing father's eyes. the way for the expedition that will attempt later this summer to scale the granite walls of Everest and conquer the highest peak on the globe.

The first party to leave here was commanded by Major Morshead, which proceeded up the Teesta Valley and over what is known as the Kangrila route. The other two units, commanded by Colonel Bury, intend to meet the Morshead party at Khamba Jong. Then the combined expedition will strike westward toward the vil- ped oats, ground peanuts, and a little thirty miles north of the Everest group. A permanent base will be selected near that village and from it
will start the party which will try to
reach the summit of the dominating neak of the range.

Rural Route No. 1, Mascouche, Cutous Sirs,—I feel that I should be doing a wrong if I neglected to write you. I have had four tumors growing on my head for years. I had them cut off by a surgeon years. I had them cut off by a surgeon

warrior class, and two fighting ants of different tribes will put up a great battle, and with their powerful nippers make short work of one another more pers make short work of one another make short work of one another tendon, and am hoping for some results.

Signed below the strained with their powerful nip
Minard's Liminent on mare for a strained tendon, and am hoping for some results.

Fixed C. R.

FROM HERE & THERE

Good Joke; Few Clothes. He-"Will you marry me?"

me in clothes?" He-"Well, partly in. You wouldn't want to dress out of style, would you?"

In the Good Old Summer Time. "How's this back to the farm move ment progressing?"

"Fine right now," said Mr. Cobbles. "All the town kin I've got want to come out an' pay me a visit."

Not So Fast.

Uncle Hayseed: "Then city folks Aunt Furby: "How's that, John?" Uncle Hayseed: "I went to one of them theatres and they were still a-Williams' Pink Pills in cases of indi- playin' 'Hamlit' that I seed ten years

Definitely Located.

An emigrant ship was wrecked, and me." many survivors landed on the Falkland Islands. When the news reached home, the minister of a church to which some of the emigrants had beam an enthusiastic advocate of Dr. longed included in the service a prayer for the victims of the wreck. Being a very cautious man, he worded his prayer in this way:

"Be with our brethren stranded in the Falkland Islands, which are situated in the South Atlantic ocean."

Following Advice.

rein off his tail." "We won't forget," they said.

how they got on. "Splendidly," they explained. "We had one sharp shower, but we took it in turn to hold the umbrella over the horse's tail, so there was no real danger."

Common Taters!

A country clergyman was preaching on an obscure point of theology which he explained in an original and striking manner. He concluded by saying, "This is entirely my own view. Commentators do not agree with me." The next day he was informed that

him. Going into his study he was greeted with cordiality by one of his When love comes sighing through the sidesmen, who happened to be a market gardener. "Morning, sir," beamed the caller. "Heard you say yesterday as common

taters didn't agree wi' yer, so I've brought a sack of my best. Hope you'll get on better with them."

MONEY ORDERS. Send a Dominion Express Money

Order. They are payable everywhere.

Why He Was Late.

Amongst the many stories that are current concerning the new Unionist leader, Mr. Austin Chamberlain, is one about an incident that happened at Highbury, his father's seat near

Birmingham. Mr. Joseph Chamberlain had laid out a plantation of younger fir trees in the grounds, of which he was exceedingly proud, notwithstanding the fact that the majority of the sapplings

measured no more than two or three feet in height. Austen turned up late at a dinner matism, Earache, Toothache, Lumbago

"You are very late, Auste," said the cylicacid. "Yes, I'm sorry," replied the culprit, at a loss for a moment for a suitable

Then his face brightened and twinkle came into his eyes. "Couldn't possibly get here before, father," he said. "I lost my way in

"Milk," manufactured from choplage of Tengri Jong, which is about water, is said to resemble the creamiest product of the cow.

Before the actual work of scaling about fifteen years ago, but they grew again till about three life I lady's Everest can begin, however, engineers thimble on the very place where my hair mountain and try to find the most embarrassing in public that it was a con-practicable route to the top. This re-stant worry to me. About three months ago I got a bottle of your liniment for connaissance work is the chief task another purches and saw on the lab assigned the men now working their good for tumors. Well, I tried it ar Communities of ants have their that they had been cut fifteen year warrior class, and two fighting ants asked for this testiment. I have not been

AFRAID TO GO CUT ON STREET ALONE

MRS. BEVERAGE LIVED IN FEAR OF ATTACKS.

She-"Do you think you could keep Dizzy Spells Overcome After Taking Tanlac and Doesn't Feel Like Same Person.

> "Taniac has relieved me of my suffering and I just can't praise # enough," said Mrs. Margaret Beverage. 305 Hughson St. North, Hamilton, Ont. "For two years my appetite was very poor and I suffered a great deal from formation of gas on my stomach. I was also troubled with frequent attacks of dizziness and was actually afraid to go out or even get away from something to hold on to. One of these dizzy spells came on while I was calling on one of my grandchildren one day and I just fell right down on the lawn. Last spring, when I started taking Tanlac, I had been confined to my bed for a month and was

so weak I could not walk. "Tanlac helped me from the very One might even say that the hands on I became a mere skeleton of my | She (sobbingly): "Wha-what is it, gone, my appetite is fine and everything I eat agrees with me perfectly. I number of my friends and, I am glad to say, it has benefitted them all. just wish I could tell everybody who suffers as I did what Tanlac did for

Tanlac is sold by leading druggists

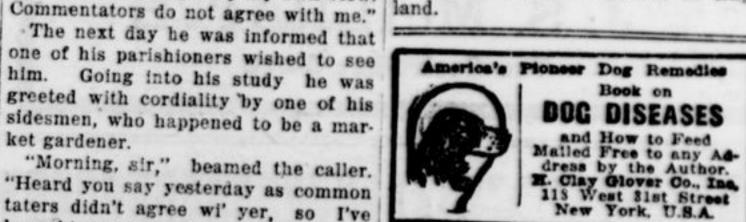
New French Stamps.

The French recently held a competition for designs intended for new issue of postage stamps. Nearly all of the designs submitted were suggested by the war; the best ones show a splendid Gallic cock crowing in triumph, the head of a poilu in a stoel helmet and a head representing France in a winged cap. None of the "He's perfectly quiet, ladies," re- designs won the highest prize offered, marked the man to the two girls who for none was thought sufficiently origwere about to hire a pony and trap. inal or striking to merit it. It may be "Only you must take care to keep the that none of the three prize-winning designs will replace the present graceful design of the Sower, though the When they returned he asked them matter has not yet been decided.

Minard's Liniment Relieves Neuralgia

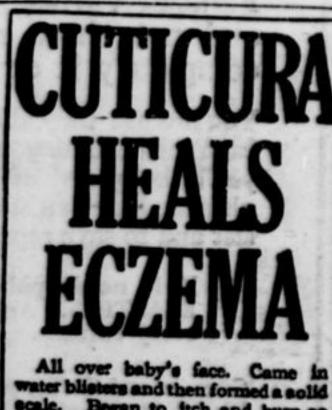
It's good to have money, and the things that money can buy, but it's good, too, to check up once in a while, and make sure that you haven't lost the things that money won't buy.

There is one divorce for every seven marriages in Japan, one for every ten marriages in the United States, and one for every ten thousand in Eng-





Warning! Unless you see the "Bayer" on package or on tablets you are not getting genuine Aspirin In every Bayer package are directions One evening it chanced that Mr. for Colds, Headache, Neuralgia, Rheutwelve tablets cost few cents. Drug-The son entered in fear and trem- gists also sell larger packages. Made facture of Monoaceticacidester of Sall-



For every purpose of the tolle Cuticura Soap, Ointment and Talcum are supreme.

UT No. 10- 21.

ONTARIO ARCHIVES TORONTO