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## The Fifty Dollar Bill

BY WILSON CLAY MISSIMER

which her husband had given her was before the lady returned. merely one of the odd little surprises The success of her impulsive plan solved.

Settled at last, the hurry and exfor a bit of annoyance to a rather pleasant memory. Reminiscently she She remembered how flustered she had been, how she had ordered the had literally thrown a few clothes snatched up the \$50 bill from the

left the handbag in the seat, and she victim of kleptomania. her money. Hurrying back, she saw quences of it should she be appre- bacon.

money, which she had packed away ing position. However, she had not earefully, but there was no sign of been detected; she had made a really bill. She did not know what lucky move, had recovered her \$50 to do. She glanced about her cau-tiously and found the eyes of the odd-ing herself that she had done a clever ly dressed woman upon her; when thing. And the rest of her journey Mrs. Rockwell looked at her she im- was divided between patting herself

Mrs. Rockwell was not a woman of very decided character and was rather easily excited. She lacked the acumen which enables one to act quick- enough, but even with what she had ly, and she lost much time sitting saved it was quite inadequate to comrather dazedly gazing ahead of her. plete the list she had made out. How-She was at a loss what to do. There ever, when one runs short of funds is to leave out fresh vegetables or was nothing particularly suspicious home or go somewhere where the funds can be replaced, and Mrs. Rockthe only person who could possibly well returned home. have had the time and the chance to well returned home. look into her handbag was the wo-

and went to the water cooler for a peculiar. drink, leaving a black handbag be- "And about your shopping," he

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Her trip had been planned hurried- hind in her seat. Acting on a strange, slight cuts and wounds, and if used at in trim. We know that children who ly and her packing had been done in swift impulse, Mrs. Rockwell took a once is all that is needed, as it is a are not fed enough milk or eggs or haste and confusion, and when she long chance. Glancing through the fine antiseptic and cleanser. It is a lean meat are undersized and anaemic, her berth for her she was two children was very busily engaged good plan to keep a bottle of the soluentered the Pullman and the porter car, she saw that the woman with the those last-minute trips to New York were at the height of their argument. For burns, bind scraped raw potato bodily upkeep. And we know that to do some shopping, decided because So she noiselessly slipped across the onto the burn, renewing when dry. The however "filling" vegetables may be, her husband had made her a present aisle, picked up the handbag, snap- potato pulp furnishes the moiscure they do not give us the vigor that of a \$50 bill, which with the money ped it open and there, thrust in hur- which the burn has taken out and re- bread and cereal foods supply. So we she had already laid aside was suffi- riedly among a confusion of other lieves the burning sensation. cient for her to make the journey things, lay her \$50 bill. Mrs. Rock- For a sprain, bathe well with hot cessary to keep up in the best physical now instead of later, as she had in- well took it, returned to her seat and vinegar and salt solution, or with one condition. tended. The matter of the money calmly deposited it in her own bag

and she had stuck the bill with a pin the extreme boldness of the other wointo the pincushion and decided then man. She had heard and read of the and there not to postpone her trip man. She had heard and read of the der solution. In fact, it is the very laid on both these qualifications to any longer and had begun packing hundred and one little robberies that thing which a doctor will prescribe for good health. Sufficient means just fade to a mere nothing and changed good-looking young woman, whose one-fourth teaspoonful of boric acid much food the body can not use it fast it, was rather an odd selection, should tion, using either an eye cup or a soft nourishment, nor eliminated as waste, and a part remains as poison. What commit robbery in the space of time required for one to pass down the aisle and take a drink of water was twice daily with a weak boric solution, that is, the body poisons itself, and a indeed astounding. She could read- it will be less susceptible to infant dis- train of ills follow. ily appreciate that it was merely be- eases. If the child's eyes are weak or cause the time was so limited that sore, this same solution will be found Breakfast, dinner and supper at the the woman did not ransack the whole beneficial. bag and strip it of its moneyed con-

confusion and excitement and worry, bag to one side and picked up a book acid, four parts glycerine and six her handbag. And now, after all the seat she rather carelessly pushed her here she was safe aboard the train which she had with her and began to parts sweet oil. It is just as valuable and a sandwich at ten, and a similar and apparently none the worse for read, leaving Mrs. Rockwell to won- among the stock as in the home. der what kind of a criminal she was.

There were not many people in the! As she studied her Mrs. Rockwell car. Two middle-aged gentleman sat thought the woman had a hard face. three or four seats in front of her, There was nothing about it by which tain families are always complaining heatedly discussing some topic which one could judge her age. The lack of and employing a doctor? Why some she could not overhear. Opposite was the faintest trace of wrinkles might mothers are up every night with crya rather young woman, oddly dress- lead one to think she was young, but ed, whose eyes seemed to wander rest- the lips were too thin and the eyes travel and eat on route without havlessly through the car. Behind, a gazed about too calmly and too care- travel and eat en route, without havmother and two small children were lessly for a person of inferior age. ing a sick spell? conversing tiresomely, the mother en- Her easy manner, too, gave one the Barring accidents, in nine cases of deavoring to answer patiently the suspicion that she had seen lots of of ten, the afflicted parties habitually questions of a very talkative son. the world and that it would take a eat wrongly. For the greater part of well purchased a magazine and pass- Yet there was something about the able to wrong habits of diet. ed an hour or two in its perusal, face that attracted Mrs. Rockwell, Then becoming thirsty, she started and she found herself at times almost

down the aisle for the water cooler; pitying the poor creature and even a very simple matter, once you stop long enough to get the flavor. and it was while drinking a glass of going so far as to advance to herself, trying to make it difficult and scienwater that she remembered having the theory that possibly she was a tific, forget calories and vitamines and realized that this was a most care- The gravity of the act she herself and potatoes, lettuce and apple sauce, less thing to do, as it contained all had committed or the possible conse- turnips and cabbages, and eggs and

with some relief that the bag was hended did not once occur to Mrs. Here is a classification of the differ-Rockwell, obeying some strange, sud-Rockwell, obeying some strange, sudden impulse, opened the bag and looked in. The \$50 bill was not it never occurred to her that if she of the classes. That does not mean had been caught in the act of going of the classes. That does not mean She sat up rigid and stiff, gazing had been caught in the act of going that every meal must be made up of tains directions so simple that any straight ahead of her. She had been story of having first been robbed foods from all five classes, but every streaking, fading or running. Druggist would not have been credited by the day if we are to be kept in the best has color card—Take no other dyel time! She could scarcely believe her conductor, and the other woman had physical trim we should have some-She searched the side comonly to tell a simple little lie to put thing of every sort of food, vegetable MANLEY'S partments of the bag, found her other Mrs. Rockwell in a very compromis- or fruit, animal foods, cereals, sweets

The Five Food Groups: 1. Vegetables or fruits.

2. Milk or cheese, or eggs, or fis or meat, or beans. 3. Cereal: Corn, rice, oats, rye or on the back and watching the move-

ments of this woman across the aisle. 4. Sweet: Sugar, honey, syrup. In New York the money went fast 5. Butter, cream, meat fat, butter

She telegraphed her husband and he met her at the train. There was

to vegetables and fruit, most families But Mrs. Rockwell did not relish an odd little expression on his face city the middle class cook substitutes the task of accusing her openly and when he kissed her and a certain re- meat in quantities out of proportion had just decided to call the conductor serve in his voice when he asked what to the rest of the food, with the result and explain the circumstances to him kind of a time she had had, both of that the family grows irritable and when the lady across the aisle arose which impressed Mrs. Rockwell as quarrelsome, with a tendency towards diseases of the kidney.

The country housewife omits the vegetables or fruit, and gives too much baked stuffs, cakes, cookies and pies, with the result that everyone suffers from constipation. One can see a reason for the city cook, who must buy everything, to omit vegetables. But in the country where vegetables

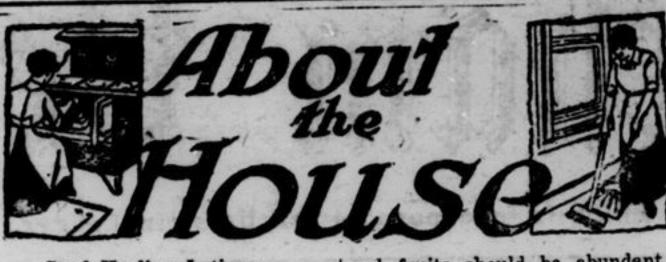
said suddenly. "You didn't do much. "Indeed I did," Mrs. Rockwell re-

"You did!" her husband exclaimed rather wonderingly. "Why, what

pincushion, where I found it the morning after you had gone?"

Mirard's : Iniment Relieves Colds, Eta.

(The End.)



There are certain healing lotions milk is to be found on every farm, the that every housewife should have in reason for the lack of enough green the medicine chest, as the ingredients stuff, fruit and milk in the family diet for some of the best lotions are found is hard to see. Yet the farm table is in nearly every home and take but usually lacking in enough of these imlittle time to prepare.

An excellent lotion for sore or chaff- Many of our ideas about food have ed skin is made by mixing to a paste changed in the past ten years, and a heaping teaspoonful of boric powder, many more are likely to change as formerly of high position in their naed mutton tallow. Allow to stand until working to find new light on the subcold, and when wanted for use, heat ject of food values, so it is not wise a small amount and rub well into the to run to extremes and follow every skin. To keep the hands in good con- new light. But certain things are dedition, rub a little of this mixture over finitely established. We know that them before retiring, covering the sailors, or soldiers, who are for a long hands with old loose kid gloves. Use time deprived of fresh vegetables and a little cornmeal with the soap when fruits, develop scurvy, which is cured washing the hands during the day. | as soon as the missing foods are sup-

A weak solution of boric powder and plied. So we may know to a certainty warm water is excellent to apply to that we need those foods to keep us

can see that all those foods are nec-

pint of hot water in which one table. But the right sort of food is not spoonful of epsom salts has been dis- enough. It must be handled with discretion. That is, it must be eaten in

For sore or inflamed eyes there is sufficient quantities and at regular nothing better than a boric acid pow- intervals. Too much stress can not be ways believed them with rather a sore eyes. Take two-thirds of a cup- enough. Too much is as bad as too shade of doubt. That an ordinarily ful of warm water and dissolve it in little, in fact, worse. If we take too wearing apparel, to say the worst of powder. Wash the eyes with the solu- enough. It can neither be taken up as

If a child's mouth is washed out is known as auto-intoxication follows, same hours every day, and no constant

Then meals should be regular.

nothing more in between. There seems

no end to a growing boy's stomach

capacity, but do not let him be test-

ing it every hour in the day. Fil

him up, but do it at regular intervals.

choosing food. Most men and boys,

and some women, bolt their food with-

Don't drink with the meal. Drink a

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"piecing between meals." Growing An excellent healing liniment for children need more than the three bad cuts and wounds of all kinds is When the woman returned to her made with one part liquid carbolic meals daily, but the lunch hour should be regular. Give them a glass of milk are in school, when school is over, and

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Have you ever wondered why cer-

out properly chewing it first. The starch, which should be digested in the mouth, enters the stomach undigested and is as good as lost to us, and the When the train started Mrs. Rock- great deal to throw her off her guard. the ills to which flesh is heir are traceother foods enter in large pieces which are hard to digest. Take at least an

Yet feeding the family correctly is hour for dinner, and chew the food glass of water when you sit down, or proteins, and deal in terms of meat your tea or coffee at the close. of eating properly any thought begin

ORCHESTRA

The most common mistake of cooks

use too little milk and eggs. In the

"Why, on the money I had saved, but principally on the \$50 you gave Rockwell stared aghast at her. "The \$50 I gave you! Why, my dear, don't you know that you forgot that \$50 and left the bill pinned to your

to-day. You feed your stock a carefully thought out ration. Why not try it on yourself? It is cheaper to eat properly than to pay doctor bills, and ots more fun.

Minard's Liniment For Burns, Etc.

Failure. When fog and failure o'er my spirit

When life looks but a glimmering. murky cloud, No fire out-flashing from the living

Then, then, to rest in faith were worthy victory. -G. Macdonald

Many cultured Russian women a little camphor and a cupful of melt- time goes on. Scientists are constantly tive country are now waitresses in

times

the amount taken

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It is now usually taken in sections. and the results seem to upset many theories. Some astronomers hold, for instance, that there is still volcame action in the moor, and that it is therefore, inaccurate to call it a dead world. One authority indeed, believes that there is vegetation on it.

Photographs of the sun are more re-Silk woven of spider's thread is markable for scientific value than for more glossy and brilliant than that general interest. Those of eclipses obtained from the silkworm. A scien- are so important that a few years tific experimenter once drew from the ago no fewer than five English exbody of a single spider nearly two peditions went to various countries round the Mediterranean specially to photograph one. Still, the views of the sun that are taken dally-and this ies-prove that it is continuously

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cation of the strides being made in

such pictures are those of the moon.

Some of the most interesting of

astronomical photography.

"Skyscapes" are rapidly becoming

BY CLOCKWORK

Why the Heavens are Photographed. Stellar photographs, however, are both valuable and interesting. They may be taken direct or through a telescope. By either method the apparatus must be driven by clockwork to counteract the apparent motion of the stars, or, as a long exposure is necessary, those bodies are represented on the plate by streaks, and not dots. Actually of course, it is we who are whirling through space.

Within limits, the number of stars which can be photographed on a plate is in proportion to the length of the exposure. If plate after plate is exposed gradually increasing periods, the time soon comes when every star visible in the most powerful telescope is recorded; but if the exposure be still further increased, more and more stars will be added to those already photographed on the earlier plates.

These are stars of extraordinary interest. Never has the eye of man seen them. Perhaps the light from them has been travelling towards the earth for thousands of years, and, though still moving in our direction with a velocity of 186,000 miles a second, will not be visible from this planet in our life-time.

There is a still stranger probability. It is not at all unlikely that by means of a long exposure we may photograph a star which vanished before Man began to inhabit the earth.

Amazing is the number of stars which thus indicate their presence in the heavens. In a certain part of the stellar regions only 200,000 could be charted by telescopy, whereas photographs discovered and recorded in exactly the same area more than two millions.

Photography has in this way alone added enormously to our knowledge of the stars. It has perhaps been most valuable in other directions.

Some years ago it was pressed into service to determine the distance of our nearest neighbour in the heavens. 61 Cygni, and it supported the conclusion that that distance is between forty billion and sixty billion miles

A further service has been rendered to astronomers by photography in conjunction with the spectroscope. This is the determination of the chemical composition of the sun and other

For some years a gas-to which was given the name of helium, or the sun element-was not known to exist anywhere except in the sun; but ultimately it, too, proved to be an element of the earth as well.

For these and other reasons the heavens are now photographed reguiarly and systematically. At Harvard alone as many as 6,000 stellar photographs have been taken in a year, and an enormous amount of similar work has been done at other observatories, as well as by amateurs, some of whom have obtained valuable re-

What's the Best Diet?

Vegetarians have often argued that a meat diet rendered human beings more combative and brutal. On the other hand, it has been declared that vegetarianism was productive of mollycoddles. But the argument does not seem to work out satisfactorily either way.

There is no more peaceful and harmless man than the eskimo, yet he is almost exclusively a flesh eater, and will commonly consume ten pounds of meat per day. The Japanese are notoriously war-

like, yet their diet consist of beans,

rice and vegetables, with only occasional meat or fish. The farmers of New England have on occasions shown themselves as flerce fighters as any, yet their diet is chiefly bread, beans, pie, doughnuts and vegetables, supplemented by

meat when a hog or a cow is butch-The Roman legionaries fought of barley savored with lard. The athletes of ancient Greece subsisted on

cereals and olive oil.

The gorilla which is the most formidable of all fighting animals, eate nothing but fruit.



- Chickens, roosters, h all sorts of barnyard por ject to a particular ki culosis and may show symptoms suggesting paralysis. During the infantile paralysis which red at intervals since affected fowl were sent laboratories or describe cians as perhaps suffe fantile paralysis, but, in jority of cases, tubercule to be the cause of the sumption," as it would it were the human lu affected. This tubercu try, although a true t bird germ which is not that which causes hu losis. This bird germ the human germ but so it cannot cause human There are three tube to be found on man

avian, just described, a produces tuberculoss the bovine germ, while produces tuberculosis hogs, and also in the h larly in children; and germ, which grows it only: the latter is fo about 1 per cent, of the the northern half of N The avian germ in gives no symptoms of until the fowl is opene spots on or in the liver The birds may be fat a

appearance. City heal

consulted at Thanksgiv

mas by purchasers of birds concerning the po and so forth, they have from the farmer or bal



How Jesus Was Recei 11 and 12. Golden T 11: 1-6. In the Prise

reacher John, whom r Baptist, the man of ch prophetic vision, the tipas, because he had taken? He sent his dis

he powers of evil or ne kingdom of God's MERKER SERVICE SERVICE

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